



THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY ASSOCIATION

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A Few Words from the Newsletter Team

Welcome to the fall edition of the ADTA Newsletter! Make sure you read up on the ADTA's 50/50 Campaign and the 50th Anniversary Mural Project. We are so excited for this year's conference. Eek! Only one month left! We hope to see you all in sunny California.

The ADTA Newsletter needs your contributions! Submit pictures, articles, thoughts, etc. for the next issue (aka 'The Conference Issue'). We know you will be taking lots of pictures and having amazing experiences at the ADTA's 50th Annual Conference...so share them with us! The DMT community would love to hear from you. Send in your submission by November 30th.



Visit us on the web for all of the latest DMT news, events, webinars, etc.

The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:
 Mat Winer, Copy & Content Editor
 Gloria Farrow, Co-Editor
 Amber Falls, Format & Design

The screenshot shows the ADTA website with a navigation menu on the left (Home, About ADTA, About Dance/Movement Therapy (DMT), 2015 Conference, ADTA CE Webinars, Become a Member, DMT in the News, DMT Photos & Videos, Education & Training in DMT, Events, FAQ, Find a Dance/Movement Therapist, Forum, Online Store, Resources). The main content area features an article titled 'The benefits of dance/movement therapy (DMT) as a psychotherapeutic intervention are well-established...' and a 'NEW! ADTA Continuing Education Webinar' announcement for 'Creating Health: Dance/movement therapy's contributions to suicide prevention'. A 'NEW! View recorded ADTA webinars for CE's anytime! Click here' link is also visible.

Your go-to spot for all things DMT related.

Board Reports: President

Submitted by Jody Wager, BC-DMT



Upon learning that the cancer he had been battling for the past 9 years had metastasized to his liver, Oliver Sacks shared in a New York Times op ed *"I feel intensely alive and I want and hope in the time that remains to deepen my friendships, to say farewell to those I love, to write more, to travel if I have the strength, to achieve new levels of understanding and insight."* Dr. Sacks passed away on August 30, 2015. He was a man who remained fully engaged in his life until his very last day.

I have been thinking about personal engagement a lot lately. At the hospital where I have worked for the past 25 years, we struggle with our employee engagement scores annually. As part of the administrative team, I work to better understand why our staff might feel disengaged and what we might do to turn this around. As the director of the expressive therapy department I strive to strengthen the level of engagement my staff feels with our department, our patients, our work and our hospital. As therapists, we work with our patients and clients to help them better engage with themselves and others. As a dance/movement therapist with 35 years of experience, I wonder how I remain engaged in my work and continue to find pleasure and satisfaction on a day-to-day basis after all these many years. As a supervisor, I challenge myself to find ways to support my supervisees who experience burnout and a lack of engagement with their patients.

What is engagement? Is it about commitment? Or relationship? Is it about connection or disconnection? Is it about feeling supported? What does it feel like to be engaged? And what does it feel like when we are disengaged? Where does it live in our bodies and how does it show itself in movement? So many of the patients I work with speak of feeling disenfranchised and alone. Some seem to find such comfort within the hospital setting that they would prefer to stay than to go back home. What does the hospital offer them that makes this so? Inevitably I hear ... "a sense of community, a place I feel understood, an environment where I don't feel judged" ...

in short; they feel a sense of connection, support, acceptance and engagement!

As president of the ADTA I wonder how I might better appreciate your level of engagement with our association and the field of dance/movement therapy. Understandably, you may have a different level of engagement with each; it need not be the same. Some of the questions I'm curious about are: Do you feel engaged with the association? If not, why not? What can we both do to improve this? What does it mean to be engaged with one's professional association? What are your expectations of this level of engagement? If you do feel engaged, is there something in particular that has contributed to this feeling?

As our 50th ADTA conference approaches, we will all be invited to look at our personal relationship and level of engagement to the ADTA and to the field of dance/movement therapy. We will be encouraged to take part in the 50/50 challenge ... to find ways in which to bring DMT into each of our 50 states. Will you be moved to advocate? Will you feel the desire to bring DMT to an underserved community or a group that has never heard of us? I hope so ... I really hope you join in this movement. I hope that you join in the many opportunities that will be provided throughout the conference ... and the year leading up to the 2016 conference ... to bring us together as a diverse community and assist us in moving forward together into the future. I encourage you to attend our closing workshop specifically designed to address the direction in which we as an organization will move. Our future's success relies upon each of us contributing our unique voice, talent and vision.

I look forward to being with those of you that are able to attend our conference and to hearing from those of you who are not. Please feel free to share your thoughts on engagement with me. I hope my questions and commentary have piqued your interest. May we all honor the memory of Oliver Sachs today by living a full and engaged life ... both personally and professionally.

With gratitude, *Jody*

**Feeling left out?
Get involved with ADTA!**

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Board Reports: Vice President

Submitted by Margaret Migliorati, R-DMT



This is it. This is my last chance to convey to you the excitement and opportunity that is the ADTA's 50th Annual Conference through the magic of the newsletter. First, let me remind you that there is a legion of volunteers within the ADTA diligently working to bring you a conference that tributes our past, celebrates our present, and dreams big for our future. The entire conference has been planned with the deepest intent of honoring the unique role each and every DMT and ADTA member, past and present, has played in our first 50 years. Our sincere hope is that you will join us and take your rightful place within this celebration.

While I am certain that all of you read my last newsletter submission in which I listed the top 10 reasons to attend this year's conference, just in case you missed it, let me start with a recap:

10. Opportunity to choose amongst 40 peer-reviewed workshops, including some in the swimming pool, and 8 in-depth pre-conference intensives. *For more information on workshops and intensives, visit the ADTA conference website at: <http://adta.org/2015-Conference/>*
9. Chance to give back to and expose a new community to DMT at the Day of Service. *. If you are interested in joining the Day of Service, please email Erin Howe at erin.howe@loop.colum.edu to volunteer or for more information.*
8. Poster session, an international panel and membership meetings...oh my!
7. NEW: a self-renewal room with movement classes and quiet space throughout the conference.
6. Hear an inspired talk by Marylee Hardenbergh at the annual Marian Chace Foundation Lecture
5. Get a mini-vacation at a beautiful hotel in sunny La Jolla, CA.
4. Time to reconnect with old colleagues and make new ones from the fast growing global DMT community.
3. Dance, learn, play and revitalize your work.
2. SPECIAL THIS YEAR: 50th Anniversary programs and events throughout the conference that will allow you to actively participate in and celebrate this historic occasion



And the Number 1 reason to attend the 2015 ADTA 50th Annual Conference:

1. The sweatiest, most kick-butt Saturday night dance party anywhere!!!

Why Else Should You Attend the Conference? Special 50th Anniversary Programming

These 10 reasons are only the beginning of the special events at this year's conference. Below is a quick highlight of other, once-in-a-lifetime reasons to attend this year:

1. **ADTA Talks 2015:** ADTA Talks 2015 will be filmed just around the corner from the conference hotel on Thursday, October 22nd from 10 am -6 pm and we would love to have you in the audience. *For more information, see Lora Wilson Mau's Public Relation report in this newsletter.*
2. **ADTA Vision 2021 Session:** Every five years the ADTA Board of Directors participates in a strategic visioning session to set the course of our work for the next five years. This year we would like input for our membership to help us establish priorities for the Board's strategic planning session, which will take place in April 2016. Please join us on Sunday morning from 9:00 – 10:00 am for a special session as together we explore our hopes and goals for the ADTA as we move into our next half century.

Board Reports: Vice President

Continued...

3. **Special Commemoration of Past Members:** Join us on the evening of the banquet for a memorial for ADTA members who have passed over our first 50 years. Help us to honor and celebrate our legacy.
4. **Closing Session:** Join us for a special closing session on Sunday morning from 10:30 am – 12 noon as we welcome new R-DMTs and BC-DMTs, wrap-up our 2015 conference experience and set the stage for our ongoing 50th year celebration.
5. **50TH Anniversary Mural:** As part of the ADTA 50th anniversary celebration, we want to take the time to reflect, share, and present memories, history, statements and words of excitement by creating a virtual mural project. ALL MEMBERS of ADTA are invited to contribute! *See the article in this newsletter on the 50th Anniversary Mural for more details.*
6. **50 Years/50 Ways to Advocate:** Come join the kick-off of this amazing campaign which aims to empower all of us to engage in advocacy work on behalf of DMT and the clients we serve. *See the article in this newsletter on the 50 Years/50 Ways to Advocate campaign.*
7. **50th Anniversary Memorabilia:** there will be special, limited edition items honoring our 50th Anniversary available at this conference. Trust us, you won't want to miss these!

17 reasons to attend and counting! Now it is up to you...register for this momentous event and be a part of ADTA history in the making!

Finally, In Other News:

I am pleased to announce the formation of a Continuing Education Subcommittee within the ADTA Board of Directors. This subcommittee will be responsible for developing an array of continuing education offerings and represents a significant opportunity to both support the professional development of our members and to share our expertise with allied professionals and the larger world. Please help me welcome Annabelle Coote as the inaugural chair of this committee. Annabelle is a seasoned DMT with extensive experience in training, supervision, management, and the use of technology. She also has amazing passion for the ADTA and DMT. We are very lucky to have her! *For more information on the work of this subcommittee, see Annabelle's article in this newsletter.*

Board Reports: Secretary

Submitted by Gail Wood, BC-DMT



I love this time of year. The color of the leaves on the tree change and prepare to let go. It's a time of reflection, of honoring what we have done and what we will do. With that said, it has been a pleasure serving you as Secretary to the ADTA over the past two years. I'm so glad that I had the chance to serve the membership in this way. The experience of being on the Board has taught me so much. I shall carry the memories, joy, excitement and connections made with me throughout the years. Now, is the time for me to move on to other journeys that will still keep me connected in different ways to the ADTA, especially since we are celebrating our 50th for a whole entire year! How exciting is that?

To all of the new students getting ready to embark on their journey, welcome to the ADTA membership, and I hope those who have gotten their invites to join in the Student Network Facebook Group Page will respond soon and get the conversations going. If you haven't received your invite yet and would like to join, please contact me at gmwoodadta@yahoo.com. You have to be a member of the ADTA, and all kinds of students are welcome (undergrad, masters, alternate route, PhD).

Since the summer, the Global Membership Sub-committee has worked on the Facebook Network Page for our Global/International Members and we are happy to say that we will hopefully be ready during the Conference to start making those connections and maintaining them.

Board Reports: Education, Research & Practice Committee

Submitted by Susan Imus, BC-DMT



The ERP Committee currently consists of four sub-committees:

Approved Degree Programs, Alternate Route Education, Research and Practice. Thank you to the three sub-committee chairs for all their hard work over the past year: Laura Downey with Research, Vicky Wilder with Practice

and Barbara Nordstrom-Loeb with Alternate Route Education. Each of these dedicated BC-DMTs have given their all to serve our membership and I have felt honored to serve with them.

Vicky will be moving onto the Board of Directors (BOD), and Laura Downey is stepping down after four plus years of committed and superb leadership. Barbara will continue another year. The shift in leadership for Research and Practice is timely, since the BOD moved to separate the ERP into the Education Committee and the Research & Practice Committee. New By-Laws are being developed

and will be brought forward for a membership vote. If this By-Law is accepted, a new chair will be elected who will serve both Education & Practice.

Conference ERP Meetings

Each sub-committee has been very active this summer and is currently preparing for the fall conference.

Approved Degree Program Educators will meet Thursday afternoon from 1:00-3:30 p.m. **Alternate Route Educators** will join them at 2:30 p.m. The **Research Sub-committee** will meet on Friday during lunch. The **Practice Sub-committee** will meet over lunch on Saturday.

Meeting locations TBD and will be posted on the Information Board near the Registration Desk.

A more detailed report will be submitted for the fall newsletter.

Board Reports: Continuing Education Sub-committee

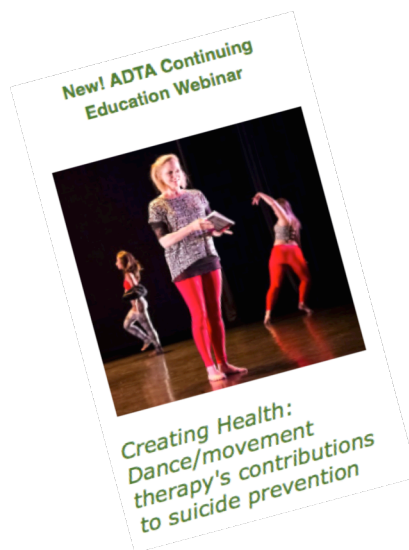
Introducing the Newly Formed ADTA Continuing Education Subcommittee

Submitted by Annabelle F. Coote, BC-DMT

As I write, I hear Donna Newman-Bluestein's voice speaking with quiet passion during her recent and wonderful webinar *Cultivating Engagement: Effective Communication Skills for Dance/Movement Therapy with People with Dementia*. She spoke about harnessing the skills of performance for maintaining attention, appreciating the small results that plant the seeds for greater change and being open to who the person is in front of you in *this particular* moment. She also emphasized the importance of self-care for living our own vibrant lives and in being able to bring ourselves and our energy into our work. Listening to Donna, I felt a deep resonance with the ideals and principles that she presented, even though my work takes place with very different clients and settings.

The ADTA webinars are a valuable addition to the lineup of continuing education opportunities for DMTs. I am excited and honored to take on the role of chair of the newly formed ADTA Continuing Education Subcommittee, working closely with VP Margaret Migliorati, whose vision led to the webinar series. We have been

charged with developing and supporting meaningful continuing education for the ADTA membership and beyond. Initially this committee will focus on expanding the webinar offerings, finding ways to utilize this format to reach more people with useful and accessible material and discovering innovative ways to make them truly embodied and creative experiences.



At its best, continuing education nourishes and sustains, challenges and inspires. It is a vital ingredient of professional development – for individuals and for the profession. Dance/movement therapists are hungry for more DMT-specific continuing education, for more connection with one another and for growing the profession as we move into our next 50 years! We are eager to create venues for DMTs to share their expertise and to learn from one another, as well as to promote understanding of DMT outside of the field.

Check out a webinar through live presentation or on demand as a recording, anytime, anywhere. Look for new offerings coming your way. And, please let us know your ideas and needs for DMT continuing education.

Board Reports: Committee on Approval

Submitted by Jessica Young, BC-DMT



It is with great excitement that we welcome Sarah Lawrence College as the seventh approved program of the American Dance Therapy Association! We extend heartfelt gratitude to Cathy Appel, program director, for the enormous amount of time and energy that she has dedicated to this labor

of love. Graduates of Sarah Lawrence can now apply for their R-DMT through the approved program process! This is a historic moment for the ADTA, marking the expansion of DMT education and, in turn, increased numbers of qualified dance/movement therapists who will bring the healing, re-vitalizing, uniting and hope-inducing power of dance to every corner of the world. Congratulations to all of the faculty, staff, administrators and students!

The Committee on Approval held a closed meeting on August 14th to review the three-year approval application for Sarah Lawrence College. We will be meeting during the conference to discuss the ongoing work of the Education Standards Revision Task Force, including the preliminary development of procedural guidelines for rolling out the revised standards when the time comes. We are excited to expand membership on the committee to include a representative for Sarah Lawrence College. We hope to have someone in this role by our fall meeting. Current members who graciously serve on the committee include: Wendy Allen (Naropa), Nancy Beardall (Lesley), Valerie Blanc (Supervisor), Ted Ehrhardt (Pratt), Craig Haen (Public Member), Susan Loman (Antioch), Anne Margrethe Melsom (Drexel) and Jessica Young (Columbia College Chicago). I am truly thankful for your service.

The Subcommittee of Approval for Alternate Route Courses (SAARC) membership includes: Janet Lester (Chair), Valerie Blanc (Committee on Approval representative), Danielle Fraenkel (alternate route educator representative) and Susan Saenger (former DMTCB representative). Please note that all applications and accompanying syllabi for alternate route course approval should be sent to the chair, Janet Lester, at janetlester@earthlink.net. Following are courses that have been approved as of May 18, 2015. For more information on approved courses, please visit the website <http://adta.org/Information-for-Students>.

Body as Voice: Restorative Movement Psychotherapy with Survivors of Trauma
Amber Grey
Kinectons - Rochester, NY

Life is Movement ~The Dance Legacy of Blanche Evan:
Functional Technique, Creative Dance, and Methods of Depth Dance Therapy

Iris Rifkin-Gainer
Kinectons - Rochester, NY

Psychomotor Therapy: Liljan Espenak's Dance Therapy Approach
Nana Koch
Kinectons - Rochester, NY

Dance/Movement Therapy Practice & Application:
Children & Adults in Psychiatric Setting
Jody Wager
Kinectons - Rochester, NY

Introductory Laban Movement Analysis/Bartenieff Fundamentals Immersion Course
Cadence Whittier for Integrated Movement Studies
Kinectons- Rochester, NY

Group Dance/Movement Therapy: A Jungian Perspective
Kalila Homann for Nanine Ewing
Embodied Neurobiology - Austin, TX

Finally, the Education Standards Revision Task Force met on July 28th. It was awe inspiring to see the compilation of a very robust list of competencies for core content areas. The task force is now focusing its efforts on delimiting the number of competencies and mapping standards related to theory. In addition, we continue to make progress in revising input based standards and have made significant gains, especially related to clinical standards. We have a slightly more aggressive work plan that includes meeting in September to discuss the mapping of theory and meeting in October to present a second draft of the outcome based standards and progress related to input based standards. Between these meetings, each of the three work groups are also meeting. Needless to say, we are very busy, and I am so grateful to the members of this group for their enthusiasm, commitment and wisdom. As difficult as this task is, I continue to feel nourished by the rich perspectives and lively contributions that are shared. Many thanks to those serving on the Task Force: Nancy Beardall (Approved Program Educator Rep.), Meg Chang (Standards & Ethics/Multicultural & Diversity Rep.), Robyn Cruz (Research Subcommittee Rep.), Beth McNamara (Practice Subcommittee Rep.), Anne Margrethe Melsom (Co-chair, Committee on Approval Rep.), Julie Miller (DMTCB liaison), Joan Wittig (Alternate Route Educator Rep.) and Ellen Yacoe (Government Affairs Rep.).

To those who are beginning a new school year, we hope it is a rich and rewarding learning experience. As we begin to change seasons, may you notice moments of surprise, wonder and curiosity along the way.

Board Reports: Government Affairs Committee

Submitted by Allison Winters, BC-DMT



Greetings ADTA Community. It is an exciting time of change and growth as we shift into the autumn months ahead. As many of you are already aware, there are some important changes happening around counseling licensure and portability. These changes may be helpful to many of you, so please see the included information from The American Counseling Association. Feel free to contact the ADTA GAC with further questions.

At the federal level, there are several bills regarding veteran care still awaiting action. These bills are addressing the diverse needs of veterans, specifically access to care, including complementary and integrative care. This is all positive for dance/movement therapy, and GAC will continue to keep the ADTA community updated on any changes. For further details about these bills, please see the report by Myrna Mandlawitz, ADTA policy consultant.

This fall also marks the beginning of our yearlong celebration of the 50th anniversary of the ADTA. At our conference in San Diego, I will be passing the torch of GAC chair to Alison Salter, BC-DMT. I have truly enjoyed serving as GAC chair for the last two years and will continue to participate in GAC activities as a committee member. I will also continue to serve veterans and military members in my daily work but in a new role as the wellness coordinator at the National Intrepid Center of Excellence at Walter Reed National Military Medical Center in Bethesda, MD. My family and I are packing up our home in California as I write this newsletter piece. I am looking forward to taking on this new challenge and am hoping to connect with many of you east coasters!

Without further ado, I present your incoming GAC chair, Ms. Alison Salter. I cannot think of a better person to be filling this position. You will be in good hands with Alison.

Take care and be well.

Allison

GAC in the Spotlight: Alison Salter



Alison Salter, BC-DMT served two years as the Government Affairs Chair for the California Chapter of the ADTA and currently serves on the Legislative Committee for California Association of Licensed Professional Clinical Counselors. While serving as GAC for the CCATDA, she had the privilege of seeing licensure become a reality in California. She was the last of many Dance/Movement Therapists who worked with the California Coalition for Counseling Licensure, over ten years, to effectively pass Senate Bill 788, granting licensure to Dance/Movement Therapists in CA. Alison assisted many dance/movement therapists from all over California with navigating through the complex grandparenting application process to become licensed clinicians in California. Her time spent on the Legislative Committee for CALPCC is focused on reviewing and evaluating current bills within the CA Assembly and Senate to ensure appropriate language of inclusion of LPCC and the creative arts within the existing and proposed CA codes and laws.

Alison earned her BA in Dance Performance & Choreography and MA in Dance/Movement Therapy

from the University of California, Los Angeles. She currently lives in Silverado, a small rural community in Orange County, California. Over the past 27 years, she has developed a small group for independent contractors who provide Dance/Movement Therapy along with other creative art therapies to various acute hospital psychiatric programs and partial hospitalization programs throughout Southern California.

Alison finds her own sense of balance and fulfillment with her family and her love for the outdoors. She recently became a grandmother with the birth of her granddaughter this past month. A deep connection with nature through dancing meditations, alpine hiking, rock climbing and mountain biking, brings Alison a sense of peace, joy and purpose. A recent interest in photography provides her with a new avenue of creative expression. *Taking Flight*, a photo honoring both her own father and her father-in-law, won the NBCC Foundation Winter Honor Card Photo Contest.

As the incoming Government Affairs Chair, Alison is excited to serve the Dance/Movement Therapy community through advocacy and teamwork.

Board Reports: Government Affairs Committee

Veterans' Bills Awaiting Action

Submitted by Myrna Mandlawitz, Esq., ADTA Legislative Consultant

Only four months remain in the first session of the 114th Congress (2015-16). While no bills related to veterans' health have been completed in 2015, ADTA is pleased to see continuing interest in ensuring veterans have broad options to address their physical and mental health needs. Several of the bills introduced this year have broad bipartisan support and include strong references to complementary and alternative medicine.

Following is a brief review of veterans' health legislation and the status of those bills:

Expanding Care for Veterans Act (HR 444):

Representative Julia Brownley (D-CA), ranking member of the Veterans' Affairs Subcommittee on Health, introduced this bill in January. The bill has two cosponsors – Reps. Ryan (D-OH) and Tonko (D-NY). The bill is still awaiting action in the subcommittee.

HR 444 directs the Secretary of Veterans Affairs to develop a plan to expand the scope of the VA's research and education on, and delivery and integration of, complementary and alternative medicine services. Through the VA's Office of Patient Centered Care and Cultural Transformation, a program would be instituted to (1) assess the advisability and feasibility of integrating complementary and alternative medicine services with other VA health care services and (2) identify and resolve barriers to providing and integrating these services. This program, to be provided at no fewer than fifteen VA medical centers, would focus on veterans with mental health conditions, chronic pain and other chronic conditions.

Veteran Wellness Act (HR 2555): This bill, also introduced in January and still awaiting committee action, is sponsored by Representative Tim Ryan (D-OH) and has four bipartisan cosponsors. Representative Ryan is chairman of the House Caucus on Addiction, Treatment and Recovery and co-chair of the House Military Mental Health Caucus.

HR 2555 directs the Department of Veterans Affairs to carry out a two-year pilot program with grants to nonprofit veterans services organizations to (1) upgrade their community facilities into health and wellness centers in at least ten different geographic locations and (2) promote and expand complementary and integrative wellness programs. Facilities in economically depressed areas and at a distance from any VA medical center would receive priority.

Creating Options for Veterans Expedited Recovery Act (COVER Act; HR 271):

The COVER Act, sponsored by Veterans' Affairs Health Subcommittee chairman Gus Bilirakis (R-FL) with 29 bipartisan cosponsors, passed the Subcommittee in May. The bill is now awaiting action by the full Veterans' Affairs Committee.

The bill establishes the Veterans Expedited Recovery Commission and lays out its charge. The Commission would conduct a patient-centered survey in the Veterans Integrated Services Networks to determine, among other issues, veterans' experiences in seeking mental health services and with complementary alternative treatment therapies. The Commission is also charged with examining current research on complementary alternative treatment therapies for mental health issues and identifying what benefits use of these treatments could provide. After receipt of the Commission's report, the Secretary of Veterans Affairs must submit a report to Congress with an action plan to include how report recommendations, including a time frame for implementing complementary alternative treatments, will be accomplished or justification for why any recommendations are not appropriate and alternative solutions to improve the efficacy of the therapy model.

Jason Simcakoski Memorial Opioid Safety Act (S. 1641):

Senator Tammy Baldwin (D-WI) and fifteen bipartisan cosponsors introduced this bill in June. The bill currently is awaiting action by the Senate Veterans Affairs Committee. Senator Baldwin serves on the Appropriations Subcommittee on Military Construction and Veterans Affairs.

Under S. 1641, the Departments of Veterans Affairs and Defense are required to jointly update the VA/DOD Clinical Practice Guideline for Management of Opioid Therapy for Chronic Pain. The update must address, among other issues, prescribing opioids for outpatient treatment of chronic pain; contraindications for opioid therapy; treatment of patients with post-traumatic stress disorder, psychiatric disorders or a history of substance abuse or addiction; and options to augment this therapy with other clinical and complementary and integrative health services to minimize drug dependence. The bill also calls for expansion of research and education on, and delivery and integration of, complementary and integrative health services into veterans' health care services, including services provided to veterans with mental health or chronic conditions

ADTA hopes some or all of these bills will see action in 2016. We are monitoring these and other issues of importance to our members and will keep you posted as the 114th Congress continues.

Board Reports: Standards & Ethics Committee

Submitted by Ellen Schelly Hill, BC-DMT



During an ADTA Standards and Ethics Committee Skype conference call, Ellen Searle LeBel coined a catch phrase that the rest of the members immediately embraced.: **“Living ethics- it’s not just what we do, it’s who we are”**.

Something sounded familiar and I looked back through time to the newsletter four years ago in which former ADTA Standards and Ethics chair Lenore Hervey welcomed me as new committee chair and in which she reflected on the nature of the work required. She concluded it “is not so much about doing as it is about being”. So here we are again.

The “being” of the committee, for much of the stretch of the last four years, has involved the immersive process of crafting a revised code of ethics to comprehensively reflect the dynamic integrity of our profession, represent and communicate who we are. The revised code was born of a medium that was in fact its message--- committee members worked together with commitment and respect, took counsel with ourselves and others, sought truths, questioned, tolerated ambiguity, held compassion and respect for our clients near, made tough decisions.

I love this kind of collaborative work and I was gifted with an amazing team of people with whom to engage in it: committee members Aisha Bell, Annabelle Coote, Angela Tatum Fairfax, Ellen Searle LeBel, Kiki Nishida, and Paul Sevett, Many others reviewed in-process drafts and contributed recommendations: the Dance/Movement

Therapy Certification Board; the ADTA Board of Directors; the ADTA Committee on Approval; Education, Practice, Research, and Alternate Route Education Subcommittees; the Multicultural and Diversity Committee, ADTA legal counsel, individual ADTA members and credentialed therapists. The finalized code belongs to us all, launched in this 50th year of our profession.

At the ADTA conference business meeting in October Standards and Ethics committee leadership will pass to Paul Sevett, whose authenticity in work and “being” I deeply respect. Carry on, Paul, with the care and commitment you embody.

Note: There will be a vacancy on the committee with Paul’s shift to the chair position. The committee will accept nominations at zsevelt@mac.com. Include a brief statement of reason for nomination and a cv/resume. From the P&P: “The committee will review candidates with an interest in a committee composition that represents a diversity of professional and multicultural perspectives. The committee will give consideration to ethics related interests and experience.” In this procedure the committee recommends a candidate to the board who makes a formal appointment.

Standards and Ethics Consultation
A reminder that the ADTA Standards and Ethics Committee maintains a consultation line via the email address adta.ethics@gmail.com. We will return contact promptly by phone or email with respect for any indicated preference.

**TIMBERLINE KNOLLS
JOB POSTING**

Timberline Knolls is an equal opportunity employer and affords equal opportunity to all applicants for all positions without regard to race, color, religion, gender, national origin, age, disability, sexual orientation, veteran status or any other status protected under local, state or federal laws.

Open Position: Dance/Movement Therapist		Date of Posting: Posting Expiration: Until Filled
Department: Expressive Therapy	Hours: Full Time Schedule: It includes a weekend day	Supervisor: Lisaura Lozada-Goode

Minimum Qualifications: Seeking a Master’s level registered and licensed dance/movement therapist (R-DMT or BC-DMT, and LPC or NCC). Individual will support residents by facilitating dance/movement therapy groups on a full time basis. Clinical experience in treating individuals with mood disorders, substance abuse, and/or eating disorders is preferred.

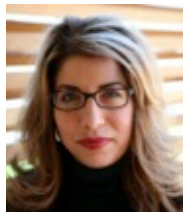
Job Description: Plans, schedules and implements dance/movement therapy and leisure sessions so that residents are offered a wide range of expressive therapy opportunities.

PAID ADVERTISEMENT

Board Reports: Public Relations Committee

Marian Chace Foundation Awards Grant to Film "ADTA Talks 2015"!

Submitted by Lora Wilson Mau, BC-DMT



In 2013 at the 48th Conference in New York City, the ADTA filmed fifteen educational talks about dance/movement therapy (DMT) in the spirit and style of TED Talks. Supported by a significant grant from the Marian Chace Foundation, these "ADTA Talks" are now housed on

the ADTA YouTube Channel and have been viewed over 64,000 times.

The ADTA is deeply grateful for the support from the Marian Chace Foundation to produce a second series of videos in conjunction with the 50th Annual Conference in La Jolla, California.

ADTA Talks 2015 will take place just around the corner from the conference hotel on Thursday, October 22nd from 10:00 am - 6:00 pm, and we would love to have conference attendees in the audience. ADTA Talks 2015 is bigger than ever with thirty speakers sharing information and anecdotes on dance/movement therapy practice. While the precise speaker schedule has yet to be determined, we are excited to announce that the following dance/movement therapists will be on stage in La Jolla:

Sherry Goodill, Jessica Young, Maria Rivera, Jennifer Tantia, Nancy Beardall, Danielle Fraenkel, Nana Koch, Amber Elizabeth Gray, Jenny Baxley Lee, Joan Wittig, Ryan Kennedy and Tina Stromsted

The speakers listed above will be sharing the stage with sixteen additional storytellers who auditioned for the opportunity to share, in four minutes or less, a *Moment in Dance/Movement Therapy*. These shorter pieces are compelling clinical anecdotes that clearly and ethically communicate the nuanced therapeutic process involved in dance/movement therapy. There were far more therapists who auditioned for this opportunity than there were speaking slots and, regretfully, we could not accept all who auditioned due to time constraints. We are proud, however, to know so many dance/movement therapists are excited and prepared to speak publicly about our profession and look forward to seeing them in the future

on many stages. Join me for now in congratulating the speakers who will be sharing the ADTA Talks 2015 stage: Gabrielle Kaufman, Dawn Morningstar, Annabelle Coote, Amy Hunter, Meghan Dempsey, Emma Barton, Diana Franschman, Jody Wager, Candy Lo, Ashley Fargnoli, Reetu Jain, Dee Wagner, Rena Kornblum, Linni Deihl, Sarah Campbell Arnett and Lenya Treewater.



Above: The David & Dorothea Garfield Theatre,
Site of the 2015 ADTA Talks

If you are interested in being in the audience at the taping or volunteering for the crew, please email me directly to receive details as the date approaches (lorawilsonmau@mac.com).

See you in California!



Board Reports: Public Relations Committee

Social Media Update

Submitted by Lora Wilson Mau, BC-DMT

Our growth in the social media spheres in the three months since the last newsletter:



Moving Dance/Movement Therapy Forward: The Official Blog of the ADTA

<http://blog.adta.org/>

Totals since launch January 11, 2015

65 posts

141 subscribers (+ 32)

+ 29%

39,319 views (+ 14,196)

+ 56%

The official ADTA Facebook Page (the voice of the organization on Facebook)

<https://www.facebook.com/AmericanDanceTherapyAssociation>

Launched March 13, 2014

3,000 "likes" (+383)

+ 15%

ADTA YouTube Channel

<https://www.youtube.com/user/ADTAorg>

Launched officially on April 2, 2014

781 subscribers (+106)

+ 16%

ADTA Talk total views

64,301 (+ 9,697)

+ 18%

ADTA Facebook Group Page

<https://www.facebook.com/groups/2209175161/>

4,612 members (+111)

+ 2%

ADTA Group on LinkedIn

www.linkedin.com/groups/american-dance-therapy-association-adta-3945307

2,803 members (+140)

+ 5%

ADTA Twitter Account @ADTAorg

www.twitter.com/adtaorg

1,234 followers (+95)

+ 8%

ADTA Pinterest Account

www.pinterest.com/adtaorg

9 boards; 139 pins; 314 followers (+26)

+ 9%

Board Reports: Members at Large

Submitted by: Amber E. L. Gray, BC-DMT; Crystal Smith, BC-DMT; Naomi Nim, BC-DMT



Chapter Leaders now have a Leader Information Sheet at their disposal with the details of responsibilities regarding everything from Board transition to financial requirements. This new document has already proved very helpful to incoming and veteran chapter leaders. We are discussing an interactive video to help flesh out specific areas where questions often arise and to provide a more interpersonal component to this document.

Technology is bridging the divide within our expansive chapter regions and helping DMTs feel less isolated in their work. Chapter leaders are using Google hangout to bring together members who live hours from one another for meetings, book and journal discussions and, of course, movement. In addition, all forms of social media are supporting connection.

Whether in person or online, chapters are wonderfully creative in offering opportunities for professional development, community-building within the chapter and outreach to surrounding communities and other mental health providers. In our recent quarterly chapter leaders' call, we discussed the importance of outreach that is linguistically and culturally attuned and relevant, whether to potential clients or to other mental health professionals.

Join a chapter today and enjoy the reciprocal benefits of sharing and receiving knowledge and support!

Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



In my last newsletter report three months ago I specified:

Part of the ADTA mission states "Support the growth of the ADTA and the profession by recruiting new members and responding to current membership needs." Since we are leading up to the 50th ADTA Conference (2015) and 50 years of ADTA (1966-2016), why not take the challenge and recruit a new ADTA member? ***Thank you so much to those of you who took the challenge and recruited new members – we need more of you to do the same!***

October 22-25, 2015, our 50th ADTA Conference!

Don't wait any longer to register for this exciting conference! To register, remember to log in as a member to receive the discounted regular rate.

Make your hotel reservations now – sleeping room discounted rate is only available until September 17, 2015!

Make hotel reservations: <https://resweb.passkey.com/go/ADTA>

Do you have a room and want a roommate for the conference? Or not have a room but would like to share a room? Email info@adta.org for the list

Go to the ADTA website and read about all the special events, seminars, intensives and bios of the presenters.

<http://www.adta.org/2015-Conference>

When writing dance/movement therapy always put the slash (/) between dance and movement; however, when writing **DMT** or **dmt** no slash (/) is written.

Does your employer request the ADTA Dance/Movement Therapy Scope of Practice? http://www.adta.org/about_dmt

The ADTA National Office is available to its members by:

Voicemail – 410-997-4040

Email – info@adta.org

Fax – 410-997-4048

Postal Mail – 10632 Little Patuxent Parkway, Suite 108, Columbia, MD 21044

ADTA's 50/50 Campaign

Submitted by Robyn Flaum Cruz, BC-DMT on behalf of the 50th Conference Committee

In 2016, the ADTA celebrates its 50th year as an organization. Beginning at the ADTA's 50th Conference in California and concluding at the 2016 Conference in Washington DC, the ADTA will be facilitating opportunities for celebration. We invite you to be a part of the movement!

Celebrate 50 years of ADTA with the 50 Years/50 Ways to Advocate for Dance/Movement Therapy! Commit to advocating for Dance/Movement Therapy in your community. What do we mean by advocating? Taking an action to educate the public about DMT – big or small, all of it counts in the **50/50** campaign!!! For example,

- * Do an in-service presentation where you work for colleagues unfamiliar with DMT
- * Offer a free experiential group at a nursing home, hospital, clinic, school, etc.
- * Present a workshop at a local chapter of a nonprofit organization like the Alzheimer's Association
- * Present at a national conference for an allied profession
- * Offer a movement opening or closing at an allied profession's conference
- * Offer a "What is DMT" lecture/experiential at your local university/college/community college/high school
- * Offer a workshop at your local yoga studio or health and wellness studio
- * Propose to give a TEDx talk
- * Create a flash mob and leave flyers about DMT behind
- * OR go traditional
 - Have breakfast with a local government official – visit state or federal policymakers
 - Write a letter to the editor or an opinion piece for your local paper
- * Your idea here

WE CAN DO IT TOGETHER – advocate for DMT in our 50th year! Join Us! The La Jolla Conference will be here SOON and we will kick off the campaign with a fun skit at the Opening Ceremony – you don't want to miss it!! Start dreaming now about how you will advocate for DMT.

Want inspiration? Email Kris Larsen putzer59@sbcglobal.net or Robyn Cruz robyncruz@comcast.net

Dance/Movement Therapy Courses: 10 Day Experiential Intensive Courses Approved by the ADTA as an Alternate Route to R-DMT Certification 4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area – 2 hours east of NYC

Attend one or both:

December 27, 2015 – January 6, 2016

June 1 – 12, 2016

- Established experiential training in dance/movement therapy since 1972
- Open to practicing and student dance/movement therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications
- Known for small classes which allows for both group and individualized instruction
- Learn dance/movement therapy theory and skills, group process in dance/movement therapy, and movement analysis
- Participate in clinical field work
- Authorized certificate will be issued on completion of the course

Tuition: \$975 per two-week program

Housing: Hampton's Bed and Breakfast available at additional cost

Contact: Linni Deihl, BC-DMT
P.O. Box 743
Quogue, NY 11959
(631) 653-8750
LinniADTR@aol.com

Chapter Reports

Southern Chapter

Submitted by Voniè Stillson BC-DMT

The Southern Chapter has been busy with our mission of creating connection and spreading the word about DMT!

We continue to utilize our Facebook page and have added a LinkedIn page as well. We have had meetings via Skype and Google Hangouts. We are looking forward to in person meetings this winter, including our 1st meeting in our region! DMT in the South continues to grow! There are currently 3 DMTs working at Moving in the Spirit in Atlanta, GA, providing positive youth development and community outreach, Ambria Cunningham, Laurie Jones and Charne' Furcron.

The DMTCB rotates its spring meeting among East, West and Central cities. The board chooses cities in each region, depending on where members live. In 2016, the certification board meets in the



central region, specifically New Orleans, where DMTCB Member and Southern Chapter Charter Member Susan Kierr lives. Susan chairs the BC-DMT panel.

Southern Chapter Charter Member Dee Wagner's new book called Naked Online: A DoZen Ways to Grow from Online Dating is newly released. It takes a dance/movement therapy approach to the subject of online dating, the information and exercises help readers be more grounded and centered, more in their social engagement biology during a process that can send folks into fight/flight or freeze/faint. Elephant Journal, an online publication, is also publishing an article of Dee's: Polyvagal Theory. What Mindful People Need to Know. The science of mindfulness from a polyvagal junkie.

ADTA Voluntary Contributions

ADTA wishes to thank the voluntary contributors for their generous support.

Received June 1st through August 31st



Kayoko Arakawa
Sarah Arnett
Emma Barton
Beate Becker
Bonnie Bernstein
Karen Bradley
Pamela Brennecke
Bonnie Brunton
Hilary Cadwell
Nancy Jo Cardillo
Beverly Carinus
Maria Castella
Allison Celimli
Susan Kiristis Creighton
Stefani Danahy
Kimberly Dye
Suzanne Ecker
Danielle Fitzpatrick

Norma Fox
Sue H. Fredrick
Judy Given
Autumn Gillmore Joyce
E. Connor Kelly
Simone Kleinlooh
Christine Linnehan
Kathleen Mason
Melanie Nesbitt
Erika Pranzo
Barbara Reese
Julia Blair Rice
Dorothy Rosenbluth
Joannabbey Sack
Linda Sirois
Rachelle Smith-Stallman
Sabrina Washington
Mat Ottenberg Winer
Simone Yeomans

DMTCB

Dance/Movement Therapy Certification Board

Submitted by Linda Aaron-Cort, BC-DMT

Congratulations

BC-DMTs credentialed between June 1st and August 31st

Sandy Dibbell-Hope
Keli M. Laverty
Melissa A. Sanchez

R-DMTs credentialed between June 1st and August 31st

Lauren Albert
Andrea Infantini de Almeida
Marissa Angeletti
Molly Arney
Kathryn Boland
Julie Brannen
Jenna Caggiano
Fatina Cannon
Anjoli Chadha
Larissa Chobany
Ambria Cunningham
Celia DeVoe
Stephanie Driscoll
Danielle Joy Foley
Karen Jensen
Evelyne Kane
Jayme M. Kelton
Miyoung Kim
Julie Kowalchuk
Jill Leversee
Chih-Hsien Lin
Karin Linden

Allison Linn
Wakelyn Malitz
Mary Martin
Dana Meshil
Catherine Miller
Giannina Mixco
Elizabeth Norris
Amorn O'Connor
Sara Ogawa
Lacie E. Omps
Jennifer Otero-Negron
Faith E. Palma
Tajah Schall
Ali Schechter
Deborah Silver
Rachael Singer
Nicole Stackpole
Amy VanBecelaere
Hilary Kathryn White
Kaitlin Williams
Elizabeth Zelesny



Marian Chace Foundation

Submitted by Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



Donations received June 1st through August 31st

FRIEND (up to \$36)

- Roberta Feinstein – *In loving memory of Claire Schmais*

SUPPORTER (\$36 - \$99)

- Deborah Hirsch-VanderLaan – *In memory of Claire Schmais; smart, strong, therapist, writer and teacher who had enormous influence on the growth and development of our profession of dance/movement therapy...she will remain in our hearts*
- Mary Ita O'Connell

PARTNER (\$100 - \$499)

- Tina Erfer – *In loving memory of, and in honor of, Claire Schmais; so many dancing/moving feelings...her spirit lives on in us*
- Kathleen Fluegel – *Earmarked for Global Site Performance projects*
- Nana Sue Koch – *In loving memory of Claire Schmais*
- Lynn Koshland
- Penny Lewis Estate
- Claire Schmais' Family – *In Honor of Mark and Miriam Berger*

Professional DMT Community

Using DMT to Aid Parents in Understanding What Their Infants Need to Thrive and Be Happy

Submitted by Nettie Becker, BC-DMT

Anthony cried every time his mother placed him on his stomach. While some infants are starting to raise their heads and torsos at three months, Anthony did not. He simply lay on his back, unhappy when he was turned over. While it is not unusual for some infants to start turning over a month or so older than Anthony, I decided to see what a little stimulation would do.

While his mother turned him on his stomach, I placed a toy in front of him, near enough for him to see it. It was a toy with a smiling face, not a fearful one, the kind that studies show infants prefer. It worked. The simple prop helped him to lift his head and upper body and enjoy being on his stomach as he looked at it. In another week or two, he would probably be reaching out for it.

This experience illustrates the elementary need of most infants and toddlers. A smiling face belonging to a toy along with a smiling face, a soft voice and a soothing word belonging to an adult human being is the thing most young children need from their earliest development.

"When infants are rocked, hugged, smiled at, spoken to, and seen with love and affection by the caregiver, they experience through touch, smell, sight, sound, and

movement, physical sensations (that) babies knit together, through connected circuits of neurons," declares Mary Jane Maguire-Fong in *Teaching and Learning with Infants and Toddlers*. "These circuits generate feelings of safety, security and calm . . . A baby who feels seen and soothed builds neural pathways of safety and security, and a baby who is neglected and whose cries bring no relief builds pathways that expect rejection. " These pathways of safety and security are the first steps on the way to development and learning.

This work is the essence of sessions I conduct with infants and their parents in Nassau County, New York. My training in dance/movement therapy provides the background for my ability to work with parents as they interact with their babies. I find it important to talk to parents about emotional development at the beginning of the sessions to emphasize the needs of newborns.

When the parents and the infants sit around in a circle with toys on a quilt that attract the infant's curiosity, we observe how they play with these toys. When we know the developmental stage of the children, we know how and why they prefer certain toys. We also know when to assist them and when to give them the freedom to explore on

Professional DMT Community

Using DMT to Aid Parents in Understanding What Their Infants Need to Thrive and Be Happy *Continued...*

their own. Observing their facial expressions and body rhythms helps us to further understand their needs. Infants learn in the areas of social, emotional, cognitive (language) and motor development all within the context of relationships.

Parents, as a result, are able to observe many possibilities for infants to build trust, self-confidence and different emotional states that include joy, satisfaction, pride and accomplishment. They become aware of how infants interact with us during the sessions - are they sad, joyful, anxious? We observe their emotional reactions to different situations to enable us to help in their learning process and emotional development. And we note what the child is learning when he is exploring the toys and interacting with his/her caregiver and other people in the room. I talk about what the infant is intending to do, what might the infant be feeling and thinking, and how s/he begins to understand cause and effect.

I emphasize to parents that babies are born to look for those who care for them for information about what to do and how to do it. Parents feel important when they hear this about their babies and how their babies need to interact with them in order to know that they exist. This is the way babies develop a sense of self and other. Babies are born motivated to engage in social interaction. Furthermore, as Maguire-Fong points out, "A review of studies of newborn competence shows that newborns prefer to look at a face rather than an object... (and) When given a choice, babies just one to three days old prefer to look at videos of their mother's face than videos of the face of a stranger."

I talk about motor development pointing out the need for the baby to have the space to move freely. I discuss during the sessions how we develop the senses through sensory motor activities. Background music is played during the sessions. The babies shake rattles and push buttons to cause different sounds. We move to music as parents dance around the room together holding their babies. Parents are encouraged to speak to their babies as they interact with them. I teach massaging techniques and different ways to exercise with the babies. I explain why it is important that babies have a chance to move their bodies in different ways in order to help their brain organize joints, muscles, tendons and sensory and motor neurons into complex systems. As babies repeat motions and combine them, they create new ways of moving through space and more refined ways of manipulating objects.

By interacting and moving with the baby we understand each other's feelings, which helps to build our relationships. As Susan Loman and Hillary Merman note in their essay *The KMP, (Kestenberg Movement Profile) as a Tool for Dance/Movement Therapy*, (in *The Meaning of Movement*, a collection of essays by Janet Kestenberg Amighi, et.al.) "Movement observation and interaction encourage empathy and relational embodiedness both of self and other."

The question of what and how infants learn helps us to understand the cognitive development of infants. It's very gratifying to mention to the parents the way their babies are learning as they interact with others and play with the toys.

Or, in the words of Maguire-Fong, "As infants explore objects and people, they think, compare, interpret, reason, and solve problems, all aspects of cognitive development. They build foundations for thinking and reasoning that will influence their understanding for a lifetime." Children experiment with cause and effect and spatial relations when they play with their toys.



In order for babies to develop language skills, it's very important that when caregivers engage with their babies they talk to them about what they are doing throughout the day. It's also necessary to understand what the babies' gestures and facial expressions mean when they are communicating their needs. Finally, I tell the parents educational toys are great but the best educational toys that they can give to their children is their loving relationship aided by lots of hugs and kisses.

Professional DMT Community

Professional Relations Liaison for Counseling

Submitted by Leslie Armeniox, BC-DMT

The American Association of State Counseling Boards (AASCB) recently released news of progress toward portability of state counseling licenses. AASCB and several membership associations have been working actively toward a portability agreement for the last 20 years. Anyone who has a counseling license who has tried to relocate to another state has discovered that states require a re-application. Depending on the state, sometimes this involves taking another exam, taking additional coursework and/or accumulating additional internship and supervision hours. As the ADTA's Professional Relations Liaison for Counseling, I have participated in the discussion about portability and consulted with a handful of ADTA members who were running into licensure roadblocks that could be addressed by a portability agreement.

AASCB has proposed that licensed counselors who meet certain criteria (see below) who are establishing residence in another state shall be eligible for licensure in that state. AASCB has proposed, as part of the criteria, that the licensee have at least 5 years experience in active practice post-receipt of licensure in order to be eligible for portability. ACES, NBCC and AMHCA have proposed allowing portability of license after two years of practice. Regardless of the criteria agreed upon, each state board must decide independently whether to adopt a new rule concerning portability. It is important to note that not all state boards are members of AASCB, so only a portion of them received a letter of proposal for portability from AASCB.

The letter of proposal from AASCB is provided below. The information provided may be very helpful to those working with licensing boards to advocate for portability. I urge all DMTs who are licensed as counselors to contact their state board with a copy of this letter and a request to add the question of portability to the next board meeting agenda. While this particular issue may not affect you directly, deciding this question could open the door to other concerns about licensure. For example, the question of portability for licensed counselors who want to work in several states, but not necessarily relocate, could be posed. As you know, these questions can take decades to be decided, so I strongly urge you to advocate within your state to help expedite a decision.

The Statement below was released on August 26, 2015.

AASCB Proposes 5-year Plan for Portability

(This letter was mailed to all State Licensing Boards with membership in AASCB August 17, 2015.)

Dear State Counseling Board:

The American Association of State Counseling Boards, an organization composed of State Boards from across the country, has been grappling with the problem of licensure portability for a number of years. This letter comes to you to in the form of an initiative supported by AASCB that we believe will further the portability process.

The issue of portability of licensure continues to be a huge dilemma for most licensure boards and for licensed counselors across the United States and its territories. Because of the process by which licensure was gained, state boards have a patchwork of statutes and rules that often preclude the possibility of licensed counselors in one state having the mobility to improve their lives though a job change to another state, of following a spouse whose work requires a transfer to another state, or of providing distance counseling to a client who has moved to another venue and desires to continue an already established counseling relationship. Licensure Board members at the annual AASCB conferences over the last several years always name the issue of portability as one of the top problems they face in dealing with public protection.

A significant focus of AASCB over the last several years has been that of identifying where statute and rules agree rather than that of looking at where they disagree. All states require a Master's degree in counseling; in some cases a degree in a related field is also accepted. This degree must come from an accredited university or, in some cases, an accredited program. The majority of states now require a 60-hour graduate degree. An examination that tests knowledge (either the NCE, the NCMHCE, or both) are used by the majority of states. The average number of experiential hours required for licensure hovers around 3000.

Analysis of all of these issues for a newly-minted graduate of a counseling master's program and/or for an individual who has just completed accruing experiential hours requires a licensure board, whose mandate is the protection of the public, to be vigilant in making sure that all requirements have been appropriately met.

However, what about the practitioner who has received a license in one jurisdiction, has successfully worked in an agency or a private practice setting for a number of years, and who may or may not have fulfilled every single idiosyncratic requirement that a state to which the counselor wishes to move may have? Is there a way to establish a more respectful relationship with other state boards?

Professional DMT Community

Professional Relations Liaison for Counseling Continued...

AASCB proposes the following:

A fully-licensed counselor, who is licensed at the highest level of licensure available in his or her state, and who is in good standing with his or her licensure board, with no disciplinary record, and who has been in active practice for a minimum of five years post-receipt of licensure, and who has taken and passed the NCE or the NCMHCE, shall be eligible for licensure in a state to which he or she is establishing residence. The state to which the licensed counselor is moving may require a jurisprudence examination based on the rules and statutes of said state. An applicant who meets these criteria will be accepted for licensure without further review of education, supervision and experiential hours.

AASCB is aware of the recent proposal endorsed by ACES, NBCC and AMHCA that suggests allowing portability of license after two years of practice. AASCB appreciates ongoing efforts from these and other organizations in striving toward portability. Given the number of states already implementing this five-year proposal, AASCB continues to encourage this proposal. It is our understanding that eight states and the District of Columbia currently have five year rules or policies. Other states have the policy under advisement. AASCB's proposal honors the reality of experience as a way to level the differences in state licenses that have plagued the portability issue. A counselor who has been licensed, based on the statutes and rules valid in his or her state, and who has actively practiced for a minimum of five years, has been tempered by experience. Given our mandate as regulators to protect the public, at this time we will stand by the five-year proposal.

AASCB is open to research supporting a shorter time period if the research indicates no difference in disciplinary issues with those licensees who have less experience.

Portability of licensure is a need that the profession must deal with now. Taking this step would protect the public and add to the strategies through which licensed professional counselors across the country may provide the critical services for which they are trained, while at the same time creating a network of reciprocal relationships across the country. AASCB respectfully requests that the members and directors of your state board carefully consider this direction.

Please place this correspondence on the agenda of your state board's next meeting for discussion. Should you wish to patch in a conference call during the board meeting concerning the initiative, please contact the Managing Director of AASCB, Deneen Pennington, at [\(918\) 994-4413](tel:9189944413), to discuss this process.

If AASCB can answer any questions or be of service in any way, please let us know. We hope to see you at the annual conference in Tampa in 2016.

With best regards,

AASCB Executive Committee

- Karen Enegeess, MA, LMHC, President
 - Susan Hammonds-White, EdD, LPC/MHSP, Past-President
 - Susan Meyerle, PhD, President-elect
 - Mary Guth, MS, LPC-MH, LMFT, Treasurer
 - Erik Oosteninck, MA, LMHC Secretary
 - Mary Alice Olsan, Executive Directors Representative
- CC: David Kaplan

REGISTER NOW!

Only a few weeks left!

ADTA's 50th Annual Conference

Reflecting - Reaching - Moving Forward

October 22 - 25, 2015

Hyatt Regency La Jolla - San Diego, California

Starting our year-long celebration to culminate with the 50-year anniversary of ADTA in 2016

Professional DMT Community

Existential Psychotherapy in China: Verbal and Nonverbal Cultural Exchanges

Submitted by Ilene Serlin, BC-DMT

On August 6, 2015 at the American Psychological Association (APA) meeting in Toronto, Dr. Ilene Serlin chaired a panel on Existential Psychotherapy: Verbal and Nonverbal Cultural Exchanges.

The first panelist, Dr. Ruthellen Josselson, co-director of the Yalom training program, presented her work training Existential Psychotherapy at the China Institute of Psychology in Beijing. The course is finishing its first two-year cycle, and therapists are beginning to utilize an existential/philosophical approach to group dynamics.

Dr. Ilene Serlin, co-director of the International Institute for Advanced Practice in Dance Movement Therapy with Dr. Marcia Leventhal, presented her work at the China Institute of Psychology in Beijing where students learned The Art of Embodiment; a movement approach to an existential/depth approach to group dynamics. This program is also finishing its second year, and students are

beginning to apply their training to their own process groups.

The symposium at APA explored the training of an existential/depth/relational model of group psychotherapy in Beijing and considered issues of cross-cultural values, communication and relationships. It introduced students to existential themes in group process.

Students learned Kinaesthetic Imagining, a form of embodiment that connects with the authentic self and the imaginal process and creates images that shed meaning on one's life. They learned about Existential Group Therapy and Movement: Freedom, Individuality, Death and Freedom in groups and developed experience with Symbolic Movement and Group Dynamics Imagery, Archetypes and the Self: creating figures, archetypes and myths of the self through art.



Upcoming Advanced Dance/Movement Therapy Training in Athens, Greece

Submitted by Marcia Leventhal, BC-DMT

Dr. Marcia B. Leventhal, BC-DMT will be conducting an advanced dance/movement therapy training in Athens, Greece in conjunction with the International Institute for Advanced Training in Dance/Movement Therapy. The training will be from December 19 - 22, 2015 titled "DMT as Primary Treatment Modality - Training the Trainer". The methodology will include theoretical discussion, experiential exploration, case consultations and supervision. All work presented will be translated into DMT events, so moving and verbal interaction and discourse become integrated organically.



About Marcia: Assoc. Professor and Director of graduate DMT Program, N. York University (1973-1990). Marian Chase keynote speaker and Honoree, ADTA. Co-Editor in Chief, *Journal of the ADTA* and Editorial Board. Co-Founder Dance Therapy Institute of Princeton. Founder and Director of Training, and Co-Founder of IDTIA, Melbourne, Australia. Co-Founder of Roehampton University DMT Program, (1st European based program). Guest Professor and Lecturer: (Kyoto University-JAPAN, Loyola Univ.-L.A., Duke University-N.CAROLINA, UCLA, University of PARIS). Founder of DMT Programs in Argentina, Australia, Greece, Japan, Sweden. Author numerous articles and book editor. Recipient of numerous awards of recognition and grants worldwide.

Newsletter Advertising Information

Ad Size	Member Rate	Member Rate	Non-Member Rate	Non-Member Rate
	2 Issues	4 Issues	2 Issues	4 Issues
Full Page	\$275	\$440	\$350	\$560
Half Page	\$175	\$280	\$250	\$400
Quarter Page	\$100	\$160	\$175	\$280
Eighth Page/Business Card	\$25	\$40	\$100	\$160

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter **Deadlines:**

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28