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*The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.*

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## A Few Words from the Newsletter Team

Welcome to the summer edition of the ADTA Newsletter! It's that time of year, where schedules are filling up and everyone is busy. During this time, don't forget to mark your calendar for the ADTA's 50<sup>th</sup> Annual Conference. It is sure to be a special event you won't want to miss. Registration is now open and early bird rates are only available for a bit longer. Register now to catch these great savings.

The ADTA Newsletter needs your contributions! Submit pictures, articles, thoughts, etc. for the next issue. The DMT community would love to hear from you. Send in your submission by August 31<sup>st</sup>.



Above: Jody Wager, Catherine Davidson, Brigitta White and Nalini Prakash from the MD/DC/VA Chapter participate in the Tragedy Assistance Program for Survivors (TAPS) grief camp in Virginia. Read more about it on page 16.



## Board Reports: President

Submitted by Jody Wager, BC-DMT



*And the seasons they go round and round  
And the painted ponies go up and down  
We're captive on the carousel of time  
We can't return we can only look  
Behind from where we came  
And go round and round and round  
In the circle game \**

*-Joni Mitchell*

Dear Colleagues,

So much has happened since I last sat down to write to you. I conducted my first in-person board of director's meeting, I represented our association at national conferences and gatherings, and I witnessed spectacular committee work by members of our board of directors and their teams.

Additionally, and on an entirely different note, I experienced the loss of two remarkable women who significantly impacted the world of dance/movement therapy and touched my life deeply and personally; Claire Schmais and Arlyne Stark.

Claire was my first teacher and mentor (alongside Elissa) ... she supported me and believed in me and encouraged me to leave NYC for Washington, DC to pursue an internship at St. Elizabeth's Hospital. Little did I know then that that decision would change the course of my life. I have remained in the DC area to this day and owe so much to my time with Claire. Her lessons live on in me and guide me daily. When I saw her last, at the local service for Arlyne, we hugged one another and made a date to have lunch the next time I got to NYC. She told me she was proud of me and called me "Prez" ... and I cried.

My relationship with Arlyne was different. I had been working as a dance/movement therapist just outside of Washington, DC, when Arlyne approached me and invited me to join her staff at Goucher College. She was directing the DMT program and it was expanding. I was hired to be a field supervisor and was thrilled to be working alongside Arlyne plus the likes of Sharon Chaiklin, Judith Fischer, Peter Madden and others. She was a wonderful teacher, role model, advocate, visionary, artist and colleague.

May their memories be a blessing!

I encourage you take the time to read through this newsletter and discover all that has been happening behind the scenes. I hope you find inspiration and discover ways in which to become more actively involved in the work of our association.

I would like to take this opportunity to share with you some of the activities I have been involved in over these past few months. Here are some of the highlights for me thus far:

1. On February 20, I attended Georgetown University Hospital's Roundtable Discussion on Dance in Healthcare. This year's presentation highlighted Dance and Parkinson Disease.
2. I participated in the Walter Reed: Third National Summit: Advancing Research in the Arts for Health and Well-Being across the Military Continuum on February 27.
3. I attended the Nancy Hanks Lecture at the Kennedy Center in celebration of the Arts Advocacy Day annual event on March 23.
4. I co-presented a workshop, with Naomi Nim, at the Psychotherapy Networker Symposium on March 29 and conducted a movement opening for 100+ attendees for the sixth consecutive year.
5. From April 25 to 27, 2015, I represented the American Dance Therapy Association at a meeting attended by 36 arts and health professionals and creative arts therapies leaders from across the US. The meeting was hosted by Texas Children's Hospital, Houston and co-organized by Texas Children's Hospital and Arts on Call. The meeting's coordinators and several participants had been active in the former Society for the Arts in

## Board Reports: President

*Continued...*

Healthcare, later Global Alliance for Arts in Health, and, most recently, the Arts in Health Alliance, which dissolved in late 2014.

This recent Houston meeting was convened to explore a sustainable vision and plan of action toward the establishment of a new national arts in health entity. Out of the ashes of the defunct Arts in Health Alliance has arisen a groundswell of interest in the potential establishment of a new group that would serve, advocate for and grow the field of arts in health. Having representation from art therapy, dance/movement therapy, drama therapy and music therapy at this particular meeting was most significant. This is a very important conversation to be engaged in and having a place at the table is most critical. I will keep you informed as the process continues and develops further.

6. On May 9, I had the honor of representing the ADTA at the annual meeting of the National Coalition of Creative Arts Therapy Associations (NCCATA) in Chicago. This was my first face-to-face meeting with this coalition and it was a privilege to work alongside the presidents of our sister organizations. Robyn Cruz, the current chair, conducted the meeting. This was to be her last meeting, as she prepares to step down from this role. We welcomed Joan Phillips, Chair-Elect. Joan is a Past President of the American Art Therapy Association. The session opened with each President reporting on top priorities, which included: licensure, expanding scope of practice, financial expansion, military collaboration, insurance reimbursement, diversity and social justice and expanding and retaining membership.

A highlight of this meeting was when Marete Wester, Senior Director of Arts Policy at Americans for the Arts (AFA) conducted a presentation via phone on the "National Initiative for Arts & Health in the Military." She gave some background about the AFA and its relationship with Walter Reed Hospital dating back to 2011 and the first military summit that Walter Reed organized. There have been two additional summits since that date and the momentum is growing. AFA is also a major sponsor of Arts Advocacy Day, of which the ADTA has participated in for many years. There is much excitement over a newly created AFA webinar series and Marete thinks there is potential for CATs involvement and contribution. In summary, Marete is very interested in collaborating with all of the NCCATA organizations. Overall, the NCCATA group seemed quite pleased to have this firm recognition from AFA and looks forward to future opportunities for working together.

Some closing thoughts ... to those of you who participated in our recent elections, thank you for voting! It was our highest turnout yet but I would like to see an even stronger level of engagement. I am committed to finding ways in which to increase our membership's involvement; from participation in committee work, to increased voting, to attendance at conferences. We are a membership organization ... the board of directors is here to serve and represent YOU ... please join us as we embark together on our next 50 years. As I have said before, these are very exciting times to be a dance/movement therapist. Won't you join the dance?

With gratitude, *Jody*



## Board Report: Past-President

Submitted by Sherry Goodill, BC-DMT



Dear Fellow Members of the ADTA,  
Warm greetings to you. Many thanks to those who voted in the recent election, which included revisions to the ADTA Bylaws. The substantive aspect of these revisions was to change the length of terms for the President of the association and to revise the role of the Vice President to that of a President Elect. These revisions were approved by the ADTA Board of Directors in the November 2014 meeting and then, according to the ADTA Bylaws, were brought to the membership for ratification. In the recent balloting, the voting members did ratify these changes. The new arrangements will bring the ADTA more into alignment

with how leadership succession and length of service is manifest in many similar professional associations.

In the Fall of 2016, the current President (Jody Wager) and Vice-President (Margaret Migliorati) will complete the two-year terms to which they were elected. Thus, the spring 2016 election cycle is the appropriate time to begin the transition to the new roles. The Board is finalizing a transition calendar for the Nominating Committee to use as we move to new length of terms and the use of the President Elect role. When this is completed later this summer, we will publish this calendar for the membership. Thank you for your support.

## Board Reports: Vice President

Submitted by Margaret Migliorati, R-DMT



It's that time of year again – time to go to the ADTA website and register for the annual conference (<http://adta.org/2015-Conference>). If you haven't been to an ADTA conference for a while, this is the year to do it. In addition to the usual rich opportunities for learning and connecting with colleagues, this year the ADTA will be commemorating its 50<sup>th</sup> conference as well as kicking off a year-long celebration leading up to the 50<sup>th</sup> anniversary of the ADTA in 2016.

### **ADTA 50<sup>th</sup> Annual Conference: Reflecting – Reaching – Moving Forward October 22-25, 2015; San Diego, CA**

In honor of this momentous anniversary, as well as David Letterman's recent retirement, I have assembled the following:

#### Top 10 Reasons to Attend the 2015 ADTA 50<sup>th</sup> Annual Conference

10. Opportunity to choose amongst 40 peer-reviewed workshops, including some in the swimming pool, and 8 in-depth pre-conference intensives.

9. Chance to give back to and expose a new community to DMT at the Day of Service.

8. Poster session, an international panel and membership meetings...oh my!

7. NEW: a self-renewal room with movement classes and quiet space throughout the conference.

6. Hear an inspired talk by Marylee Hardenbergh at the annual Marian Chace Foundation Lecture.

5. Get a mini-vacation at a beautiful hotel in sunny La Jolla, CA.

4. Time to reconnect with old colleagues and make new ones from the fast growing global DMT community.

3. Dance, learn, play and revitalize your work.

2. SPECIAL THIS YEAR: 50<sup>th</sup> Anniversary programs and events throughout the conference that will allow you to actively participate in and celebrate this historic occasion.

And the Number 1 reason to attend the 2015 ADTA 50<sup>th</sup> Annual Conference:

1. The sweatiest, most kick-butt Saturday night dance party anywhere!!!

So take your rightful place in ADTA's history and run (or dance), don't walk, to the ADTA website to register now – you won't regret it!



## Board Reports: Secretary

Submitted by Gail Wood, BC-DMT



Greetings members! I hope this summer is treating you well. The membership sub committees (student and global) have been working hard at answering questions about becoming members of the ADTA, about becoming a dance/movement therapist and making/creating connections with others across the globe.

The Student Network Facebook page is doing well and will soon be inviting new students in the upcoming months. Because of this success, the Global Membership Sub-committee will be trying an International/Global Membership Network Facebook page. This summer, the Sub-committee will work out the specifics and then send out requests to join. As

with the Student Network page, the International/Global page will be a closed group, open to all International/Global members of the ADTA. We hope to have everything up and running by the Fall Conference. Stay tuned for a late summer update!

By now many of you have received your ADTA 50th Conference Brochure and membership renewal. How exciting the times are! The theme of *Reflecting, Reaching and Moving Forward* means so much to me as a member of the ADTA. So, as each of you are renewing your memberships, I ask that you *Reflect* upon why you became a member of the ADTA and the benefits that you glean; what you are personally/professionally *Reaching* towards and how the Board of the ADTA can help to *Move* all members *Forward* in this ever changing world.

## Board Reports: Education, Research & Practice Committee

Submitted by Susie Imus, BC-DMT



Hello Dear ADTA Members,

I am writing my newsletter report on a very chilly Chicago morning. Where is spring? Chicago is awaiting its arrival. I will try and generate a bit of warmth as I type my news to you.

The ERP Committee currently includes the following sub-committees: 1. Academic Degree Education, 2. Alternate Route Education (ARES), 3. Research and 4. Practice.

1. The Academic Degree Education Sub-committee consists of all accredited & candidacy degree program educators and is chaired by me, Susie Imus. Members include representatives from the following colleges/universities: Antioch University, Columbia College Chicago, Drexel University, Lesley University, Naropa University, Pratt Institute and Sarah Lawrence College. Educators recently shared information with each other around scholarship opportunities to assist one school in providing additional funding for its students. We will continue our work in enhancing cultural humility with the Multicultural & Diversity Committee (MDC) at the 50<sup>th</sup> Anniversary Conference in San Diego.

2. The Alternate Route Education Sub-committee (ARES) is led by Barbara Nordstrom Loeb. The Core Team of this sub-committee is made up of

representatives from the following constituencies: Linni Diehl, from the Dance/Movement Therapy Certification Board (DMTCB); Ellen Schelly-Hill from Academic Degree Educators; Thania Acaron, Alternate Route Education alumnus; Nana Koch, alumnus from the Sub-committee for Approval of Alternate Route Courses (SAARC) and Bonnie Bernstein from Alternate Route Educators. This Core Team continues to work in smaller teams answering questions from Alternate Route students and educators. The Web Site continues to be updated for improved communication. Thank you Barbara! Check us out at Education & Training in DMT.

We encourage ALL Alternate Route students and educators to thoroughly read the DMTCB's Handbook. Go to: Education & Training in DMT/Alternate Route Training/Information for Students/2. R-DMT Applicant Handbook. You will find updates in this document. The ARES is working to clarify some of the updates that affect the delivery of alternate route education. The DMTCB is a separate organization from our ADTA. ARES is working to establish a communication channel between the two organizations to assist in improving our understanding and communication in delivering alternate route education. Questions around alternate route international education are being collected and forwarded to the Executive Committee of our Board of Directors. International education is a complicated situation that our Board of Directors is working on addressing through the development of an International Task Force.

## Board Reports: Education, Research & Practice Committee

*Continued...*

3. The RESEARCH Sub-committee is under the leadership of Laura Downey. Active on this sub-committee are the following members: Lenore Hervey, Robyn Cruz, Sondra Malling, Cynthia Berrol and Jennifer Tantia. Lenore has worked tirelessly on updating our website. Thank you Lenore and Renee! Please find this work on our ADTA website at: Resources, Research Resources and Research Listings! Robyn, Cynthia and Jennifer will be presenting the annual research workshop at the 50<sup>th</sup> Anniversary conference called: Reading and Understanding Qualitative Research, C2. The Research and Thesis Project Poster Session call for our 50<sup>th</sup> Annual Conference went out earlier this spring. Please see this on our website by clicking: ADTA's 50<sup>th</sup> Annual Conference/Research & Thesis Project Poster Session.

The Practice Sub-committee is led by Vicky Wilder. Membership includes Sharon Chaiklin, Shannon

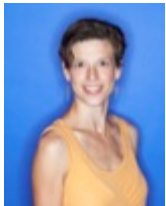
Lengerich Suffoletto, Elizabeth McNamara and Judith Fischer. The Practice Sub-committee is active in assisting our Public Relations Committee in proofreading entries for the new ADTA Blog! In addition, our team worked with PR to develop two new Clinical Information Sheets (CIS) this past year for DMT in Education and DMT in Psychiatry. These two new public relations practice pieces are undergoing editing and will soon be available under: Resources/Public Relations.

A motion was accepted by the Board of Directors during our April meeting to split the ERP into two separate board committees: Education and Research & Practice. The By-Law Committee is currently working on this motion and will present it to all members for a future vote.

The sun has appeared as I complete my report. I am thankful.

## Board Reports: Committee on Approval

Submitted by Jessica Young, BC-DMT



Congratulations to all of the recent graduates and to those who have completed alternate route training! It is so exciting to witness the growth of our field as you positively shape your communities through the work of dance/movement therapy.

The Committee on Approval held a closed meeting in Chicago on March 29<sup>th</sup> to review the annual reports of each approved program and Naropa's six-year approval. It is always such an honor to review the high quality education that is being offered that clearly reflects passion, commitment and dedication to the field. The six approved programs include Antioch University New England, Columbia College Chicago, Drexel University, Lesley University, Naropa University and Pratt Institute. Sarah Lawrence College is in Candidacy, and the committee is looking forward to convening this summer to review their approval application.

We extend heartfelt gratitude to Claire LeMessurier for her dedicated service to the committee over the past five years. Thank you, Claire, for your gentle perspectives and thoughtful contributions to the work of the committee. We will miss you! We are also pleased to welcome Susan Loman to the committee as of July!

She will serve as the representative for Antioch. Other members who graciously serve on the committee include: Wendy Allen (Naropa), Nancy Beardall (Lesley), Valerie Blanc (Supervisor), Ted Ehrhardt (Pratt), Craig Haen (Public Member) and Anne Margrethe Melsom (Drexel).

The Subcommittee of Approval for Alternate Route Courses (SAARC) membership includes: Janet Lester (Chair), Valerie Blanc (Committee on Approval representative), Danielle Fraenkel (alternate route educator representative) and Susan Saenger (former DMTCB representative). Please note that all applications and accompanying syllabi for alternate route course approval should be sent to the chair, Janet Lester, at [janetlester@earthlink.net](mailto:janetlester@earthlink.net). SAARC has had 18 applications and course syllabi submitted since January! This is quite a testament to the robust education that is available to alternate route students. While many courses are still under review, the following have been approved between the time period of February 17<sup>th</sup> and May 17<sup>th</sup>. For more information on each course, please see the website <http://adta.org/Information-for-Students>.

"Transference and Resistance in DMT", Marcia Plevin Inspirees Institute, Beijing, China

## Board Reports: Committee on Approval

*Continued...*

“DMT Practice Application for People with Developmental Disabilities”, Shannon Sheldon Kinnections, Rochester, NY

“Body/Movement Observation and Assessment II”, Nancy Beardall Beijing Apollo Education & Consulting, China

“Authentic Movement: Dance Therapy and the Moving Imagination”, Tina Stromstead CMER, Berkeley, CA

“DMT Theory & Practice”, Bonnie Bernstein CMER- JF Kennedy University, Berkeley, CA

“DMT for Children & Adolescents”, Danielle Fraenkel and Danielle Brown Kinnections, Rochester, NY

Finally, the Education Standards Revision Task Force met on April 8<sup>th</sup> to review the progress of first draft revisions to input based standards submitted by each of the three work groups. The next meeting is scheduled for July 28<sup>th</sup> during which time a full draft of the outcome based standards will be reviewed and progress on revisions to input based standards will be discussed. Many thanks to those serving on the Task Force: Nancy Beardall (Approved Program Educator Rep.), Meg Chang (Standards & Ethics/Multicultural & Diversity Rep.), Robyn Cruz (Research Subcommittee Rep.), Beth McNamara (Practice Subcommittee Rep.), Anne Margrethe Melsom (Co-chair, Committee on Approval Rep.), Julie Miller (DMTCB liaison), Joan Wittig (Alternate Route Educator Rep.) and Ellen Yacoe (Government Affairs Rep.).

May you enjoy the long days of summer which are hopefully filled with sunshine, love and some rest and recreation.

## Board Reports: Government Affairs Committee

Submitted by Allison Winters, BC-DMT



Greetings ADTA Community.

I hope this newsletter finds you well as we transition into the warmth and rejuvenation of summer. During the upcoming months I will be on maternity leave as I am expecting my second child to arrive sometime in June. During this period, Robyne Davis, BC-DMT, GAC member, will be stepping in as acting chair, so please feel free to reach out to her with any questions or concerns. Thank you

Robyne for taking the reins during this special time in my family's life.

GAC had a fruitful Arts Advocacy Day this spring, with great thanks to incoming GAC chair, Alison Salter, BC-DMT, for representing us on the Hill. Please take a moment to read her lovely report of the day. I hope it will inspire you to join in future advocacy efforts for the ADTA. New advocates are always welcome. You can meet our newest advocate, Rebecca Conners, R-DMT, in GAC in the Spotlight. Welcome Rebecca!

As always, wishing you all health and happiness. I look forward to connecting with you all again soon.

### GAC in the Spotlight:

#### Welcome new GAC member, Rebecca Conners!



Rebecca Conners is a registered dance/movement therapist who recently relocated from Cambridge, MA to the greater NYC area where she grew up. Rebecca primarily works with children and families with emotional and behavioral issues as well as older adults suffering from memory loss. Rebecca holds an M.A. in dance/movement therapy with a specialization in mental health counseling from Lesley University and a B.A. in English Literature from the University of Virginia. Her former involvement with the ADTA includes serving as Lesley's Student Representative and the New England Chapter's Member Outreach Coordinator. In addition to dancing, she loves to travel and write poetry. Rebecca's interest in government affairs is focused on Arts Advocacy Day so watch out for her on The Hill!

## Board Reports: Government Affairs Committee

### A Day on the Hill – Arts Advocacy Day

Submitted by Alison Salter

As I stood on the steps of the Cannon House Building in Washington DC, I realized I had found my voice. It was 5 pm, over the past six hours I had talked with five US House of Representatives' Legislative Assistants and two Senators' Legislative Aides. I had discussed everything from the funding of the National Endowment for the Arts, to the arts ability to improve academic performance in public schools, to the arts being 4.3% of the national GDP, to 78% of healthcare programs using the arts to shorten hospital stays, reduce pain and reduce medications. Forty-eight hours before this moment, I thought I would be a quiet observer soaking up the wisdom of the experts before me. What I realized was that, in one day, I was an expert. Arts Advocacy Day had inspired and empowered me to share the knowledge, which 28 years of being a dance/movement therapist and 40 years of dance had already taught me. All I needed was the facts. You too are an expert, with years of experience just waiting for the facts and the inspiration.

Arts Advocacy Day is a two day event and is both a learning opportunity and an opportunity to teach. Day One is a full day of lectures designed to pass along to advocates the necessary facts and figures which our elected officials need in order to make informed decisions about proposed policy. The morning is spent learning current legislation, needs of the National Endowment for the Arts and the impact the arts has on the US overall. Advocates are grouped by states with each delegation having a state captain to organize and guide the various congressional visits for the following day. Breakout sessions in the afternoon provided the opportunity to learn more in depth critical information regarding a range of specific topics: Health, Education, Cultural Exchange, Nonprofit Tax Issues, Technology,

Entrepreneurs, Small Businesses, Foreign Guest Artists, Museum Services, Students and Community Media. Day Two starts with the Congressional Arts Kick Off Event geared to inspire and excite each advocate for the full day ahead. Then each state delegation spends the next several hours talking with the various House Representatives and Senators' aides and assistants.

One issue stood out during Art Advocacy Day, HR 271 "Creating Options for Veterans Expedited Recovery

Act", or otherwise known as "COVER ACT". HR 271 would establish the Veterans Expedited Recovery Commission to examine the potential benefits of incorporating complementary and alternative treatments available in treating veterans suffering with PTSD (Post-Traumatic Stress Disorder) and TBI (Traumatic Brain Injury). In February 2014, the American Legion conducted a survey of 3,000 effected veterans, 59% of the participants reported no improvement or feeling worse after receiving traditional therapy. In this bill, "music therapy, equine therapy, training and caring for service dogs, yoga therapy, acupuncture therapy, meditation therapy, outdoor sports therapy, hyperbaric oxygen therapy, accelerated resolution therapy and other therapies the Commission determines appropriate" are listed. The first question is: where is dance/movement therapy? In YouTube video *Support of the Cover Act* (posted April 29, 2015), Congressman Ruiz states, "This bill will ensure that no stone

is left unturned in exploring ways to provide timely, effective veteran centered mental healthcare for those who have served in our armed forces." We need to make sure Dance/Movement Therapy is represented on this bill. This is our opportunity! This is our time to use our voice! The second question is: can we rise to the occasion and be heard?



Feeling left out?  
Get involved with ADTA!

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter





## Board Reports: Standards & Ethics Committee

Submitted by Ellen Schelly Hill, BC-DMT



First of all, hearty congratulations to Paul Sevett who is the chair elect of the ADTA Standards and Ethics Committee. Paul is well prepared to lead and brings strong clinical practice experience with him into the role. Paul has served on the committee and worked with care and commitment on the revised code. He has made contributions in many ADTA arenas relevant to ethics, including guidance to the membership in ethics and technology. The committee welcomes Paul as chair in the fall. In addition, Angela Tatum Fairfax and Aisha Bell have been reappointed by the Board to three-year terms on the committee.

### **Revised Code Progress**

The Dance/Movement Certification Board (DMTCB) has now reviewed the draft of the proposed revised Dance/Movement Therapy Code and Standards and ADTA committees have reviewed and commented on sections relevant to the domains of their committee activities. The Standards and Ethics Committee has welcomed and considered recommendations from these bodies and made changes accordingly. Next step is legal counsel and the dance/movement therapy “public”- DMTCB credentialed therapists and members of the ADTA. Look to receive the draft for your review and comment this summer!

### **Navigating Multiple Relationships**

I just finished a discussion/S&E consultation with a DMT colleague who is about to transition a supervisor/supervisee relationship into a therapist /client relationship. The DMT supervisor had already been very thoughtful and deliberative in engaging in an

ethical decision making process about this transition and considering how to close out the first relationship prior to beginning the next. As is often the case, the code itself provided limited guidance. Consultation allowed her to hear herself think out loud about some of the questions and responsibilities involved in this transition. The situation initiated a conversation between us about how complicated things can sometimes be in the relationships within our very small DMT professional community, in which we often bump up against one another in multiple roles. The dual relationship issues that present themselves in rural communities are active in our own midst. The chair of my department at Drexel is a dance/movement therapist and my direct report, we serve on the ADTA board together, we are friends. We sometimes engage in the practice of putting imaginary hats on our heads to signify that we’ve just shifted from one role to another -- a fun way to clarify boundaries within our conversations. Often what is most important in navigating the sometimes inevitable and unavoidable overlaps in relationships within the dance/movement therapy community is that we talk with one another about how to manage the role interfaces, being aware, thoughtful and deliberate in making decisions about the boundary issues that arise.

### **Standards and Ethics Consultation**

A reminder that the Standards and Ethics Committee retains a consultation line via an email address [adta.ethics@gmail.com](mailto:adta.ethics@gmail.com). We will return contact promptly by email or phone with respect for any indicated contact preference.

## Board Reports: Public Relations Committee

Submitted by Lora Wilson Mau, BC-DMT



The Public Relations Committee has been exceptionally busy these past three months, promoting ADTA members and the field of DMT during Creative Arts Therapies Week, National Dance Week, Autism

Awareness Month, Mental Health Awareness Month and many other awareness weeks and days. Creative Arts Therapies Week (#CATW2015) was an especially productive time, and you can read about the details of that campaign in the PR Feature co-written with committee member, Melinda Mahler-Moran.

My work as PR Chair allows me to see daily the growth and expansion that is happening in our field in the media and across numerous platforms. Social media analytics track the successes of our campaigns and provide quantifiable data so that we can measure the impact of our strategies. The numbers are exciting! The results are rejuvenating and I encourage you to review the *Social Media Update* so that you too can feel the excitement of our growth and feel inspired by the knowledge that EVERY DAY the reach of the ADTA is growing and more people are learning about dance/movement therapy.

## Board Reports: Public Relations Committee

*Continued...*

As noted in Melinda's *CAT Week Recap*, social media campaigns succeed not by the efforts of a few committee members but by collective engagement. Your individual role in the success of our campaigns cannot be overstated. Every single click, share, "like," comment... has an exponential effect. Whether you feel you are social media savvy or whether you are just timidly entering this virtual world, I invite you to attend the PR Committee's seminar at the 50<sup>th</sup> Conference: *Educating, Advocating, Networking: Harnessing the Exponential Power of Social Media to Grow DMT Globally*. If you are a beginner, you will leave the

seminar confident in using at least one platform. If you are a social media all-star, you will learn how to maximize the impact of your actions. Everyone in attendance will learn easy, small things to do that will make big differences in ADTA public relations campaigns. Because, as every PR Chair has said before me, **WE ARE ALL PR.** ☺ It only takes seconds to do your part and the results can be brilliant. Come to our seminar in La Jolla and learn how.

See you at #ADTA50!!!!

## Board Reports: Public Relations Committee

### PR Feature on Creative Arts Therapies Week

Submitted by Melinda Mahler-Moran, R-DMT & Lora Wilson Mau, BC-DMT

Creative Arts Therapies Week (CAT Week) was March 15 - 21 and, thanks to the engagement of ADTA members around the world, it was a huge success. The seven ADTA blog posts published during CAT week were viewed a total of 3,480 times due in great part to the active sharing across social media by ADTA members. These numbers resulted in March being the highest views-per-month since the blog's launch. The dance/movement therapy community also participated in the first Public Relations Committee Comment Contest, which encouraged members to write comments on the ADTA blog and on ADTA Talks housed on ADTA's YouTube Channel. Participating ADTA members contributed a total of 36 comments during CAT Week. These comments continue even today to help ADTA material rise higher in search engine results when people are looking for answers about dance/movement therapy on the Internet. Congratulations to contest winners: Julia Morozova, Michelle Joubert, Lauren Higgins, Rachel Marie

Kimball, Sophie Headford, Donna Newman-Bluestein and grand prize winner Deanna Roberts.

Facebook and Twitter also played a big role in the CAT week campaign. If you missed the posts in March, you can still find them by simply putting #CATW2015 in the search box – our posts are still out there! PR Committee Member, Brianna Martin, designed a number of original cover photos for Facebook that celebrated dance/movement therapy, and these banners were displayed by many members. The cover photos were a first for the CAT Week campaign and will definitely be continued in future years. The increased social media activity during CAT Week resulted in double the average likes to The Official ADTA Facebook page per day! Furthermore, CAT Week posts reached over 65,000 newsfeeds and yielded 487 post shares - the highest per week the ADTA has seen in the history of the page. Thank you to all the ADTA members who engaged and promoted DMT during CAT Week. We did it TOGETHER.



## Board Reports: Public Relations Committee

### Social Media Update

Submitted by Lora Wilson Mau, BC-DMT

Our growth in the social media spheres in the last three months, since the last newsletter:

#### ***Moving Dance/Movement Therapy Forward: The Official Blog of the ADTA***

<http://blog.adta.org/>

Totals since launch January 11, 2015

48 posts; 109 subscribers; 25,123 views; 87 comments

#### **The official ADTA Facebook Page (the voice of the organization on Facebook)**

<https://www.facebook.com/AmericanDanceTherapyAssociation>

Launched March 13, 2014

2,617 "likes" (+442)

+ 20%

#### **ADTA YouTube Channel**

<https://www.youtube.com/user/ADTAorg>

Launched officially on April 2, 2014

675 subscribers (+133)

+ 25%

ADTA Talk total views

54,604 (+13,870)

+ 34%

#### **ADTA Facebook Group Page**

<https://www.facebook.com/groups/2209175161/>

4,501 members (+209)

+ 5%

#### **ADTA Group on LinkedIn**

[www.linkedin.com/groups/american-dance-therapy-association-adta-3945307](http://www.linkedin.com/groups/american-dance-therapy-association-adta-3945307)

2,663 members (+171)

+ 7%

#### **ADTA Twitter Account @ADTAorg**

[www.twitter.com/adtaorg](http://www.twitter.com/adtaorg)

1,234 followers (+95)

+ 8%

#### **ADTA Pinterest Account**

[www.pinterest.com/adtaorg](http://www.pinterest.com/adtaorg)

9 boards; 139 pins; 288 followers (+39)

+ 16%



## Board Reports: Members at Large

Submitted by: Amber E. L. Gray, BC-DMT; Crystal Smith, BC-DMT; Naomi Nim, BC-DMT



On Sunday, May 3, 2015, the MAL's "hosted" a Board Chapter Leaders call. We discussed solutions for viable succession planning which will culminate in a Chapter Leaders Information Sheet to be permanently housed on the ADTA website very soon. Items include: ADTA annual requirements, job descriptions, ethics, engaging chapter membership, taxes and finances and by-laws.

We are also discussing some innovative formats for sharing this information more "dimensionally" (e.g. webinars, google chats, etc).

Other key topics were the national conference and increased presentation submissions; regional conferences; licensure issues in Texas and other states; increasing our visibility by teaching more professional workshops and publishing more and the process for NBCC provider accreditation.

Chapter Leaders: Be on the look-out for an invitation to the next Quarterly call via Doodle Poll.

Our doors are always open to questions, feedback and ideas.

## Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



The National Office receives many emails or calls wanting a dance/movement therapist who specializes in a specific population in a particular area. We go directly to the ADTA database and search for dmts who meet that criteria. Please update your profile on the ADTA website by simply logging into the website with your username and password and click on view profile to keep your profile current.

Membership for the 2015 fiscal year is being accepted and is due by **June 30th**. Don't let your membership lapse, the dues from the membership helps ADTA support dance/movement therapy. As part of the ADTA mission states "Support the growth of the ADTA and the profession by recruiting new members and responding to current membership needs." **Since we are leading up to the 50<sup>th</sup> ADTA Conference (2015) and 50 years of ADTA (1966-2016) why not take the challenge and recruit a new ADTA member?**



Renew your membership, credentials and chapter dues online for the upcoming fiscal year (July 1, 2015 through June 30, 2016):

1. Go to [www.adta.org](http://www.adta.org)
2. Login with email address and password (lower left of screen)
3. Then click "view profile" at bottom left of screen below your name
4. Under "member details" click button "renew until 30 June 2016"
5. Follow the instructions\*

\*You will also be asked if you want to renew your R-DMT or BC-DMT and Chapter Dues - so scroll to the bottom of each screen.

The ADTA 50<sup>th</sup> Conference is only 4 months away! Have you registered for the conference? Don't miss out on the Early Bird Rates, available only to **July 15<sup>th</sup>**. <http://www.adta.org/RegisterforConference>

Plan ahead and make your sleeping room reservations <https://resweb.passkey.com/go/ADTA>

## ADTA 2015 Election Results

After 1,111 ballots were sent to Professional and Retired ADTA Members. 295 ballots were cast and calculated; 26.55% of those polled voted. See below.

### ADTA Nominating Committee, Eastern

Choice	Votes
Meghan Dempsey	153
Emily Ray	75
Sarah Workeneh	64
Write-In	3

### ADTA Nominating Committee, Central

Choice	Votes
Nancy Tonsy	195
Charla Weatherby	98
Write-In	2

### ADTA Member-at-Large, Western

Choice	Votes
Amber E. Gray	196
Marybeth Weinstock	98
Write-In	1

### ADTA Member-at-Large, Central

Choice	Votes
Crystal Smith	293
Write-In	2

### ADTA Secretary

Choice	Votes
Leslie Armeniox	152
Heidi Ehrenreich	85
Shawna Solsvig	55
Write-In	3

### ADTA Treasurer

Choice	Votes
Jacelyn Biondo	77
Danielle Brown	84
Vicky Nichols Wilder	131
Write-In	3

### ADTA Government Affairs Committee Chairperson

Choice	Votes
Leslie Best	113
Alison Salter	180
Write-In	2

### ADTA Standards & Ethics Committee Chairperson

Choice	Votes
Paul Sevett	224
Jennifer Frank Tantia	69
Write-In	2



## ADTA 2015 Election Results

*Continued...*

### REVISION #1 ARTICLE IX, REVISION #2 ARTICLE V, REVISION #3 ARTICLE XIII

Choice	Votes
Yes, I accept the amended language	287
No, I reject the amended language	8

### REVISION #4 ARTICLE XVII

Choice	Votes
Yes, I approve the amended language	286
No, I reject the amended language	9

### REVISION #5 ARTICLE XI

Choice	Votes
Yes, I approve the amended language	293
No, I reject the amended language	2

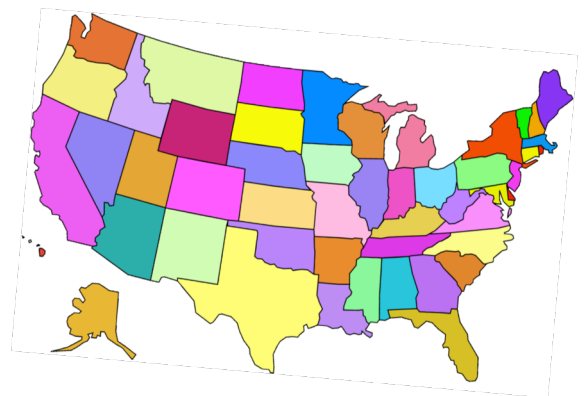
## ADTA's 50/50 Campaign

Submitted by Robyn Flaum Cruz, BC-DMT on behalf of the 50<sup>th</sup> Conference Committee

*In 2016, the ADTA celebrates its 50th year as an organization.* Beginning at the ADTA's 50th Conference in California and concluding at the 2016 Conference in Washington DC, the ADTA will be facilitating opportunities for celebration throughout the US. We invite you to be a part of the movement!

Celebrate 50 years of ADTA with the **50 Years/50 States Campaign!** Commit to advocating for Dance/Movement Therapy in one of the 50 states (your own state or another state). What do we mean by advocating? Taking an action to educate the public about DMT – big or small, all of it counts in the 50/50 campaign!!! For example:

- ❖ Do an in-service where you work for colleagues unfamiliar with DMT
  - ❖ Offer a free experiential group at a nursing home, hospital, clinic, school, etc.
  - ❖ Present a workshop at a local chapter of a nonprofit organization like the Alzheimer's Association
  - ❖ Present at a national conference for an allied profession
  - ❖ Offer a movement opening or closing at an allied profession's conference
  - ❖ Offer a "What is DMT" lecture/experiential at your local university/college/community college/high school
  - ❖ Offer a workshop at your local yoga studio, or health and wellness studio
  - ❖ Propose to give a TEDx talk
  - ❖ Create a flash mob and leave flyers about DMT behind
- OR go traditional:
- ❖ Have breakfast with a local government official – visit state or federal policymakers
  - ❖ Write a letter to the editor or an op/ed piece for your local paper
  - ❖ Your idea here



WE CAN DO IT TOGETHER – we can advocate for DMT in all 50 states in our 50<sup>th</sup> year! Join Us! The La Jolla Conference will be here before we know it. Start dreaming now about how you will help us advocate for DMT across the entire nation. Want inspiration?

Email Kris Larsen [putzter59@sbcglobal.net](mailto:putzter59@sbcglobal.net) or Robyn Cruz [robyncruz@comcast.net](mailto:robyncruz@comcast.net)

## Chapter Reports

### New Jersey Chapter

Submitted by Anat Ziv, BC-DMT; Susan Orkand, BC-DMT; Naomi Nim, BC-DMT



with delicious food, a movement ritual and wonderful conversation.

The NJADTA went through the process of changing our by-laws to add the Newsletter Editor as a voting member on our Board. We distributed a beautiful newsletter filled with introductions, announcements, honorees, photographs and inspiring words from several authors. We recently held our Spring Workshop, "Poetry in Motion", at Montclair State University (MSU), New Jersey. It was a huge success. We had a great turn out, and students of the MSU Dance Department have been involved in our chapter workshops for many years.

One of our Board members represented the NJADTA at the Dance Parade in New York City to show collaboration. One of our Board's priorities is to build

### Carolina Chapter

Submitted by Virginia Hill, R-DMT

The Carolina Chapter of the ADTA held a two day workshop on May 15-16, featuring Patricia Capello, BC-DMT, Clinical Senior Dance/Movement Therapist and Acting Team Leader at Maimonides Medical Center's Department of Psychiatry in Brooklyn, New York for over 30 years. The topic of Friday's three hour session was "An Intra-Interactive Approach to Dance/Movement Therapy: Engaging the Creative Process in Group Treatment." Saturday's six hour session focused on the power of music and lyric entitled, "Songs of Our Selves: Uncovering the Power of Music & Lyric to Reveal the Hidden Stories in Dance."

The workshop brought together thirteen participants who danced and roared together (think "Eye of the Tiger") as they experienced the impact of music and lyrics in the healing process. In addition to these learnings, the workshop brought three new members

regional connection and support among the Northeastern states.

The NJADTA Board is co-sponsoring the Thesis Presentations at Drexel University's dance/movement therapy department. We are hosting the celebration with the PA chapter and members of the Board will show support by attending this milestone event for their graduates. In the early Fall, we will be hosting an on-line journal club. In honor and memory of our dear dance/movement therapy pioneer Claire Schmais, we will be discussing one of her writings and reflecting on the immense contributions she has made to DMT.

Our Board is vibrant and filled with talent. We couldn't be luckier. Our energy to keep coming up with creative ideas is strong. We plan on organizing professional opportunities with other professionals throughout the state and provide dance/movement therapy exposure to vulnerable people who otherwise would never encounter such an experience.

We look forward to seeing everyone in San Diego for the 50-year anniversary party!



Above & Below: workshop participants



into the chapter and increased the chapter's financial standing. Special thanks to Angela Wiley, BC-DMT, who jumped through all the hoops to become an approved NBCC continuing education provider. As a

result, workshop participants were able to receive NBCC certificates for participating.

At the chapter's annual meeting that followed the workshop, new bylaws were adopted that set checks and balances for financial transactions, allowed for giving to a charity and established guidelines for the behavior of the chapter's executive committee members.

The chapter's book club continues through June but will undergo a change for the upcoming year. Rather than meeting each month for book club, we will meet once a quarter and consider participating in national Webinars when offered.

## Chapter Reports

### New England Chapter

Submitted by Leah Brett, R-DMT

In the spring of 2015, the New England Chapter of the ADTA welcomed a new board! Chapter leaders include president Leah Brett, vice president Judith Ehrman-Shapiro, BC-DMT; returning treasurer Sivan Rose Elefson, R-DMT and secretary Melanie Johnson, R-DMT. The four of us have entered our work together with much excitement! We would like to publicly express our gratitude to the outgoing board, consisting of president Kim Robles, BC-DMT; vice president Michelle Joubert, BC-DMT and secretary Brooke Kimbro, R-DMT. Their years of tireless service have given us a solid foundation on which to build, and their dedication to the New England Chapter has helped foster our enthusiasm as we begin this journey.

As the NEADTA board initiates our efforts, we are looking forward to Membership Appreciation Day as well as to granting two students the opportunity to

attend the ADTA conference through the Penny Lewis and Norma Canner scholarship funds. We are also eager to begin planning the NEADTA conference, which is to take place in the spring of 2016. Our board



is looking forward to collaborating with the other chapters as we strive to develop and support the growth of the dance/movement therapy professionals, students and community of New England. The NEADTA board may be contacted at [neadta@gmail.com](mailto:neadta@gmail.com).

### MD/DC/VA Chapter

Submitted by Nalini Prakash, BC-DMT & Emily Hall Ray, BC-DMT

The MD/DC/VA Chapter continues to prepare the groundwork for improved access to the Maryland (MD) LCPC. In January, the MD Board that licenses professional counselors affirmed that the course of study for a dance/movement therapy graduate degree is comparable to a counseling degree. Currently the regulations committee of the Board is considering our proposal for several changes and additions to the regulations that would facilitate a more transparent and reliable path from a DMT degree to the LGPC and LCPC and raise the status of DMT to be on par with counseling rather than an associated or adjunctive field. The MD Board has expressed a willingness to work with DMT LCPC applicants and has created it's own guidelines to help the credentialing committee understand DMT transcripts. We expect to have a decision regarding our proposal sometime this summer and have urged MD DMT's, and anyone who would like to work in MD, to apply now for the LGPC or LCPC.

On Memorial Day weekend, Jody Wager, Catherine Davidson, Brigitta White and Nalini Prakash from our chapter participated in the Tragedy Assistance Program

for Survivors (TAPS) grief camp in Virginia. Over two days, they provided five, 60 minute dance/movement therapy sessions with children, designed to help them dance and move in honor of their loved ones killed in military action. The children embodied feelings and qualities while thinking of their loved ones, and words like strong, family, love, peace, survivor, sad, brave and many more were shared through their postures. A closing sculpture brought the sessions to an end.



Above: MD/DC/VA Chapter Spotlight Conference

The MD/DC/VA Chapter wants to express our appreciation to Kalila Homan, BC-DMT who presented an inspiring and thought-provoking workshop for our chapter's annual spring conference. The workshop, entitled *Brain Dances: Moving through the exquisite realities of our neurophysiology*, was held at the University of Maryland, College Park on May 1, 2015.

There were 34 dance/movement therapists in attendance.

In March 2015, our very own Jody Wager led the opening movement for the large scale Psychotherapy Networker Conference in Washington, DC. Jody and Naomi Nim also co-led a workshop during the



## Chapter Reports

### MD/DC/VA Chapter *Continued...*

conference. Kristine Winner, Mary Szegda, Sara Rubinstein, Warin Tepayayone, and Catherine Davidson from our chapter advocated for dance/movement therapy by passing out literature and information about dance/movement therapy from a booth in the exhibition hall.

Our wonderful chapter members Naomi Nim, Kristine Winner and Catherine Davidson brilliantly coordinated the second annual Maryland Expressive Arts Therapy Conference in February 2015 at Springfield Hospital in Sykesville, MD. The conference is a collaboration between our chapter and other Maryland based creative arts therapy associations (art therapy, music therapy and psychodrama). Robyne Stone Davis, Joyce Wolpert, Ashley Duquette, Dawn Morningstar

and Nalini Prakash presented their work in dance/movement therapy through workshops at the conference.

In January, our own Sara Rubenstein presented an enlightening workshop about her experiences introducing dance/movement therapy to at risk teen girls in a Druze village in Israel and the unique perspective on multiculturalism that emerged from the dance/movement therapy interventions.

Our chapter is looking forward to participating with the Indian Embassy in its celebration of the first ever International Yoga Day (IYD) on June 21, 2015 at the National Mall in Washington DC.

### Southern Chapter

Submitted by Voniè Stillson BC-DMT

Greetings from the Southern Chapter!



Above: Congratulations to graduating DMTs

We are excited to share our recent updates. We have elected our 1<sup>st</sup> board! Secretary Lauren Higgins, Treasurer Dr. Charnè Furcron, Vice President Amy Jacques and President Voniè Stillson. We also want to share congratulations to Ambria Cunningham and Lauren Higgins as well as all the recently graduating DMTs. In February, Charnè Furcron was featured on the ADTA blog under Profiles of

a Dance/Movement Therapist. Voniè presented "Mental Health and Aquatics" at the Aquatic Therapy Rehab Institute's Conference in Washington DC in March and in April was featured on the podcast series "Below the Surface". In May, "The Use of Creative Therapies in Treating Depression" was released and features a chapter, "Rising up from Depression" by Michelle Whitacre. This summer, Susan Kierr is again participating in Breakthrough New Orleans, a program for high school students, intended to introduce young people to career choices, including DMT. Please check out our Facebook page for updates as we continue to grow, create connection, provide support for fellow DMTs and spread the work about DMT ([www.facebook.com/southernchapterofadta](http://www.facebook.com/southernchapterofadta)).

### **REGISTER NOW!**

**ADTA's 50<sup>th</sup> Annual Conference**  
**Reflecting - Reaching - Moving Forward**

October 22 - 25, 2015

Hyatt Regency La Jolla - San Diego, California

Starting our year-long celebration to culminate with the 50-year anniversary of ADTA in 2016

## ADTA Voluntary Contributions

ADTA wishes to thank the voluntary contributors for their generous support.

**Received March 1<sup>st</sup> through May 31<sup>st</sup>**

Antonia Arboleda-Hahnemann  
Joan Berkowitz  
Anne Brownell  
Mari Bukofsky  
Jane Cathcart  
Sharon Chaiklin  
Johanna Climenko  
Gina Demos  
Meghan Dempsey  
Jean Alfred Dorvil  
Orit Etzion-Rosenberg  
Pamela Fairweather  
Toni Freni

Simona Georgescu  
Rosemary Gonsalves  
Malgorzata Hausdorff  
Lenore Hervey  
Takane Hirai  
Stacey Hurst  
Elissaveta Iordanova  
James Ryan Kennedy  
Susan Kierr  
Nancy Kowalczyk  
Michele Lees  
Ann Lohn  
Susan Lovell

Patricia Lucas  
Shira Musicant  
Kathryn Prendergast  
Marianne Leeds Quiroga  
Kim Rothwell  
Edward Semansky  
Shawna Lynn Solsvig  
Tina Stromsted  
Debra J. Sutton  
Jody Wager  
Marybeth Weinstock  
Valerie Winborne  
Marcel Zobel



### Dance/Movement Therapy Courses: 10 Day Experiential Intensive Courses

Approved by the ADTA as an Alternate Route to R-DMT Certification  
4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area – 2 hours east of NYC

Attend one or both:

June 1 – 12, 2015

December 27, 2015 – January 6, 2016

- Established experiential training in dance/movement therapy since 1972
- Open to practicing and student dance/movement therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications
- Known for small classes which allows for both group and individualized instruction
- Learn dance/movement therapy theory and skills, group process in dance/movement therapy, and movement analysis
- Participate in clinical field work
- Authorized certificate will be issued on completion of the course

Tuition: \$975 per two-week program

Housing: Hampton's Bed and Breakfast available at additional cost

Contact: Linni Deihl, BC-DMT

P.O. Box 743

Quogue, NY 11959

(631) 653-8750

LinniADTR@aol.com

## Marian Chace Foundation

Submitted by Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



The trustees are greatly saddened by our shared loss of Claire Schmais, who in addition to her meaningful life of teaching, writing and mentorship, was one of the first trustees of what was then the Marian Chace Memorial Fund. She was someone

passionate about furthering the profession of dance/movement therapy and served in many ways to enable our growth. It is difficult to lose a person such as Claire. We will miss her spirit.

In contrast, we wish to celebrate the Antioch University New England Dance/Movement Therapy community. Through their effort of creating and performing a dance concert, among other endeavors, the community of students, faculty, parents and others raised funds which were contributed to the Marian Chace Foundation to support its mission. To quote the note that came with the funds... "YaY for DMT!" We are so very grateful. Thank you all!!!

We are so pleased to have Marylee Hardenbergh, BC-DMT, as the Lecturer at the next conference in San Diego. Look for the time and day and make sure to be there for what will be a most pleasant and likely unusual moment in the conference.

The ADTA has received a grant from the Foundation to continue once more with the "ADTA" talks as their value as been shown through the high number of viewers. These new ones will likely be filmed at the time of the San Diego conference.

In recognition of the year of the 50<sup>th</sup> anniversary of the ADTA, the trustees are planning some possibilities...as yet incomplete.

We thank most sincerely those who have donated to the Foundation. It is through your support that we are able to continue the mission of making our profession recognized for the substantial modality of healing that it is.

### Donations received March 1<sup>st</sup> through May 31<sup>st</sup>

#### FRIEND (up to \$36)

- Zoe Avstreich – *In honor of Claire Schmais*
- Susan Sandel – *In memory of Claire Schmais*
- Jody Wager – *Dedicated to my husband, John, in honor of his birthday and in honor of his strength and resiliency*

#### SUPPORTER (\$36 - \$99)

- Johanna Climenko – *In loving memory of one of our most powerful souls, Arlyne Stark*
- Zehava Fulda – *In memory of Claire Schmais*
- Tammi Fox & Family – *In memory of Claire Schmais*
- Penny Lewis Estate
- Mary Moncrieff – *In memory of Claire Schmais*
- Susan Shafer – *In memory of my teacher and mentor, Claire Schmais, who has been an inspiration to many...may her life's work continue to reverberate throughout the community*
- Erin Ward – *I've always loved dance and believed in its healing power...I am happy there are people using the art of dance to help people*
- Brenda Brook & Joe Feinstein – *In memory of Claire Schmais*

#### PARTNER (\$100 - \$499)

- Antioch University, New England – *Yay for furthering scientific, educational, literary and artistic development of dance/movement therapy*
- Joan Berkowitz – *In memory of Claire Schmais, beloved teacher and pioneer in dance/movement therapy*
- Ann Lohn – *In loving memory of Claire Schmais and with deep gratitude for her lifelong, ceaseless commitment to standards in education, practice and the ADTA*
- Lee Strauss-Maslansky – *In honor of Miriam Roskin Berger's birthday*

# DMTCB

Dance/Movement Therapy Certification Board

Submitted by Linda Aaron-Cort, BC-DMT

## Dance Movement Therapy Certification Board Election Results

After 1,111 ballots were sent to Professional and Retired ADTA Members, 295 ballots were cast and calculated; 26.55% of those polled voted. DMTCB election results:

R-DMT – Western  
Jeanetta Scholefield 293  
Write in - 2

BC-DMT – Western  
Pattee Russell-Curry 294  
Write in - 1

*Congratulations*

### BC-DMTs credentialed between March 1<sup>st</sup> and May 31<sup>st</sup>

Danielle Arana  
Antonia Arboleda-Hahnemann  
Melinda Bailey  
Inga Benson  
Louise S. Binette  
Laura Boyer  
Danielle E. Brown  
Laurel Crawford  
Robyn E. Davy  
Cheryl Delaney  
Lindsay M. Edwards  
Danielle a. Fitz  
Orit Greenberger

Rachel Greene  
Kendra Kambestad  
Gianna Marie Lafronza  
Kelly Long  
Heidi Anne McCardell-Wentworth  
Amarillis Y. Vazquez Morales  
Kara A. Mycek  
Valerie Perdue  
Kim Tompkins  
Sara R. van Koningsveld  
Himmat Kaur Victoria  
Rachel Wagner-Cantine  
Andrea Marie Welling

### R-DMTs credentialed between March 1<sup>st</sup> and May 31<sup>st</sup>

Jennifer Benetato  
Victoria Botvin  
Amy Capomacchio  
Ok Kwang Chung  
Kristen Davies  
Ervin L. Dix III  
Lauren Elise Peterson Higgins  
Elissaveta G. Iordanova  
Jeanette Jacques  
Alicia Kimball

Ifetayo Kitwana  
Jeong Mi Lee  
Zina A. Mercil  
SunYoung Park  
Annette V. Ruedenberg  
Jessica Sorentino  
Margot R. Wodkowski  
Jamie Yasgur  
KyungSuk Yoo

## In Memory of Claire Schmais

### Obituary for Claire Schmais



On May 7, 2015, Claire Schmais, PhD, CMA, BC-DMT passed away. A charter member, she was one of the founders of ADTA who headed up a steering committee in 1964 to form an association for dance/movement therapists. After incorporation, she held many offices on the Board: Education Chair (twice), ran two ADTA conferences, Approval Chair, Co-

Editor of American Journal of Dance Therapy (AJDT), Editorial Board member of ADJT and was one of the first trustees of the Marian Chace Foundation. In 1971, Claire, while teaching part-time at Hunter College, received a two-year grant from the National Institute for Mental Health (written by Claire, Elissa White and Martha Davis) to start a model training program in dance therapy. It is noteworthy that in this grant we requested and received stipends to recruit and train men and women of color. Other aspects of the program are discussed in *An Interview with Claire Schmais and*

*Elissa White* by Nana Koch (AJDT, Vol 26, NO. 2, Fall/Winter 2004).

She gave many presentations and workshops in the U.S. and abroad. "The Journey of a Dance Therapy Teacher: Capturing the Essence of Chace," (2004, Marian Chace Foundation of ADTA), is one of many published writings on dance/movement therapy theory.

Besides the grant from NIMH, she received many academic and professional honors: ERO Award of post doctoral research on empathy, Honorary member of the Brookdale Faculty, George Shuster Faculty Award for research on group development in dance therapy, Listed in Who's Who of American Women and ADTA's Lifetime Achievement Award in 2006.

Claire, whose husband, Aaron, died in 2007, leaves three children, Beth, Michael and Libby. Condolences can be sent to the family c/o Beth Schmais, 192 Flatbush Avenue, Apartment 3W, Brooklyn, NY 11217. Donations can be made to the Marian Chace Foundation of the ADTA.

### Remarks for Claire

Submitted by Elissa White, BC-DMT

I received many emails and phone calls from people expressing condolences, sympathies and what a loss to the community Claire's death is. This is readily summed up by a 5 year old boy, David Atticus, who at the moment is engrossed in Star Wars. His mother Valerie, a former student of ours, was explaining why she was so sad: "Mommy is sad because my teacher who taught me so much, was a master dance therapist and she just died." His reply: "Oh, does that mean there's a shift in the force?" Little did he know what a tremendous shift it is in the dance therapy world to not have her voice anymore. I suspect this is also true of her social world, her dream group and the current activities she was involved in.

Claire and I were friends and colleagues for over 50 years. Lately, we marveled at the fact that we were still alive. In our early relationship, we were gung ho about dance/movement therapy, what it was, the value of it and how to explain it to others. She was the theoretician and I was the practitioner. We argued, fought and were totally enthusiastic. Claire was the wordsmith – as her writings so reveal.

Not many people saw the sides of Claire that I was privy to. She sometimes exuded a sternness about her, sometimes quite business-like, but underneath all that she was quite vulnerable, loving and warm. It was sometimes difficult for her to show that. Fortunately for me, I experienced it all.

Needless to say I have a million stories about us that I could tell (It's rare to have a friend who can tune into all aspects of your life. We did that for each other from politics, to work, to husbands and children.). One favorite story is when I had a dress from a place called Design Research. Claire weighed a bit more during our younger years and I (sign) was thinner; the dress fit us both. We took turns wearing the dress mainly at dance therapy conferences. Perhaps, that may have been the time when people started calling us by each other's names.

What seemed so coincidental to us is the fact that Claire was a Pisces and her husband Aaron was a Virgo. I am a Virgo and my husband was a Pisces. Our Virgo-Pisces relationship lent itself to many

## In Memory of Claire Schmais

### Remarks for Claire *Continued...*

revelations such as “oh yes, I can explain what your husband meant by that.” She was quick and I am slow. She was direct and I am indirect. We respected each other for who we were and allowed space for us to grow and develop. How great is that?

### Remarks for Claire

Submitted by Nana Koch, BC-DMT

Yesterday, I spent part of the day wandering through nurseries looking for plants for my garden. The sun shone brightly and many of the plants were resplendent in their colors. I kept saying to myself that Claire would have loved being there too. At this time of year we often spoke about gardens and how to cultivate them. But as I think back about these conversations, what I'm coming to realize is that while we were chatting about how to best plan and care for my garden, what we were really talking about was how to nurture growth. For the 35 years of our friendship, this is something I have been fortunate to observe in Claire. In this realm, and in so many others, she was a champion. She knew how to provide just the right support when it was needed and guide change.

Claire was my mentor. She was my colleague. She was my friend. We moved back and forth between these relationships, from which I learned more than I could have imagined. Without trying, she modeled what it meant to be a professional and also a devoted friend. By example, she showed me the importance of maintaining integrity in the workplace, being honest in relationships, how to work through disagreements and how to be firm and also vulnerable. As a mentor, she worked with me to become a better writer, taught me how to navigate the political world at Hunter and how to find my professional voice. On the light side, she also showed me how to channel competition in the service of friendship when we took to the Brookdale tennis courts one year. It was both our natures to be

It is with heavy hearts that we inform you of the death of our longtime ADTA Charter Member, Claire Schmais. Needless to say, we will all miss her more than words can express. She was not just a longtime ADTA member but a very close friend and teacher to so many as well. Our thoughts and prayers go out to her family during this period of grief.

So, my dear friend, we are here to say adieu and to celebrate your life. You gave so much to us that many of us are heartbroken and bereft because we know that no one can ever take your place.

competitive, but we agreed that instead of playing to win, which could have been fierce, we played to just enjoy ourselves and perfect our strokes. In all, Claire saw what was possible in me and did all she could to nurture it but, I think she did this for everyone she knew, as it was in her character to be empathic and do as much as she could to ensure the growth of others.

I learned another important lesson from Claire. One day, long ago we were discussing marriage. She and Aaron had been married for many decades and my marriage was young in comparison. I asked her how she managed to stay married for so many years. Without missing a beat she said that she and Aaron had decided that no matter what, they would just stay married, honor their commitment and work out any differences that arose. She seemed to live her life in this way...once she devoted herself to an idea, a cause, a relationship, her commitment had no bounds. She also knew when to step back and stay out of the way of another person's process. This was all part of her success in life...she never wavered from doing what was right and just.

With an earthly ending to such a vital life force as Claire's, it seems important to determine how to move forward without her presence in my life. What I hold on to now is all that I learned from this wisest of women and all that I hold inside me that was nurtured by her loving care.

Below are a few snippets from emails received in the ADTA office:

*My heart reaches out to all of us as we collectively experience Claire's passing. She was my teacher and my guide and I will miss her.*

----Jody Wager

## In Memory of Claire Schmais

*Continued...*

*I will miss you, Claire Schmais, a charter and founding member of ADTA, a superb teacher, mentor, supervisor and writer. You and your best friend and colleague, Elissa White, brought visibility and acceptance to our profession in the psychiatric world. Thank you, Claire. You touched my life and made me a better dance/movement therapist.*

---Linni Deihl

*We as the ART THERAPY ITALIANA DMT department send our participation in the sadness of this great loss. We had the honor of having Claire as our teacher for some years from 1990 until 1995, and her teaching is part of our curriculum. We miss her deeply and connect in prayer, she is alive inside us.*

-----Rosa Maria Govoni, and the teachers team Art Therapy Italiana

*My mother, Elizabeth Polk, and Claire shared many creative moments in the early days of dance therapy. Elizabeth spoke very highly of the work Claire was doing and trained Claire's Hunter students in her classroom(s). To all those at the ADTA who remember both women, I send my condolences at the loss of Claire and trust that the two of them are off dancing together.*

---Grace Polk

*I am sorry to hear the sad news of the passing of Claire Schmais. How could so much time have passed so quickly? I remember Claire since 1978. As a dance therapy pioneer and especially as an author and writer of so many books and articles, Claire leaves a legacy of great teaching and inspiration for generations to come. Dance/Movement Therapy touches the lives of so many people who can share the gift of dancing together....dancing for joy and sharing their grief. It is an honor for me to have known her. Condolences and prayers for all her family and friends.*

---Anne Mitcheltree

*We are sorry for your loss. Claire Schmais was a respected dance therapist, not only in America but for the DMT community in Japan as well. In her memory, we send our sincere condolences to her family and friends.*

-----Shoichi Machida, President of Japan Dance Therapy Association

*Thank you for letting us all know. We are growing in size but you keep the sense of intimate connection and community going. Claire gave so much to our field on*

*many levels and I will be thinking of her and all she loved.*

----Nancy Jo Cardillo

*My heartfelt condolences to all her family and friends. She will continue to live on within us all.*

----Jacqueline Mayer-Ostrow

*I was working on a course presentation on the early and so important dance/movement therapists and then received this news of Claire Schmais. Yes, thoughts and prayers to her family and to the entire Dance Therapy community.*

----Joanabbey Sack

*She was my mentor and inspiration. I am deeply saddened about the news of her passing.*

----Susan Shafer

*My condolences to Claire Schmais's passing from this realm. I lighted incenses for her swift flight to the One Light.*

----Lady Fucius

*How very very sad!! Claire was my teacher at Hunter.*

----Leni Serlin

*I am so very sad and sorry to learn of Claire Schmais' death! She was a great lady and an important grandmother of our profession.*

----Tannis Hugill

*She was a fine woman and a fine teacher. I studied with her at Hunter and gained much from her. She had been in my thoughts a few times over the last several months. She will be sorely missed.*

----Katherine Howard

*Thank you for apprising me of Claire Schmais's passing. I feel sad. I did not know her well, but I liked her. My condolences to the ADTA and Claire Schmais's family and friends.*

----Judith E. Klein

*I was Claire's student long ago and then her colleague. This is a great loss.*

----Deborah Sherman

*I was just thinking about her and how I need to reach out. It's been so long since I've spoken with her. I'm so upset.*

----Marybeth Weinstock

## In Memory of Claire Schmais

*Continued...*

*My sympathies to all for such a loss.*

----Jorge Luis Morejon

*Claire Schmais was my thesis advisor!*

----Kerin Nadler

*I am very sorry for ADTA's loss. I didn't know her but what I do know is that sometimes our mentors who have witnessed our growth and change as we have theirs are the greatest losses. Condolences.*

----Janyse Hrynkow

*My heartfelt sympathy goes out to Claire's family and friends. I will always remember the knowledge she imparted when I was a student in Hunter's Dance Therapy Masters Program.*

----Barbara Bell

*Thank-you for sharing such sad news with the DMT & ADTA community. Such a surprise. I feel like Claire represented a direct connection to Marion Chace the founder of the ADTA and her teachings. She will be greatly missed especially at the annual conference where her beautiful spirit and energy was felt by all the members.*

----Suzanne Eagan Beverly

*Please pass on my condolences.*

----Kedzie Penfield

*I was one of Claire's students at Hunter College, have not been in touch with her for a long time. Claire was an extraordinarily attuned teacher central to my development as a person and movement therapist at the time.*

----Isabella Scapini-Burrell

*I am saddened to hear of the death of longtime colleague and teacher to so many, Claire Schmais. She gave so much of herself to the development of Dance Movement Therapy from its very roots. She will be greatly missed and greatly remembered, I am sure. My thoughts and prayers go out to her family during their time of mourning.*

----Michele Lees

*So sad, sorry to hear.*

----Jiandan Payza

*Claire was my teacher at Hunter College with Nana Sue Koch and Elissa Q. White.... So many memories attached to thoughts of Claire as she guided me and another student through our Double Masters devised by Claire and her husband who headed the school of Social Work at NYU. She will be remembered for all she did for Dance Therapy, Her Students, and Life in General.... Love and Light to her family and friends.*

----Diane Godynick-Shevlin





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## Newsletter Submission Guidelines

*All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.*

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to [info@adta.org](mailto:info@adta.org).

### Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

#### Newsletter **Deadlines:**

##### *Submission Deadlines:*

February 28, May 31, August 31, November 30

##### *Publication Deadlines (on/before):*

March 28, June 28, September 28, December 28

