

THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY ASSOCIATION

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The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:
 Mat Winer, Copy & Content Editor
 Gloria Farrow, Co-Editor
 Amber Falls, Format & Design

A Few Words from the Newsletter Team

Welcome to the first newsletter of 2015! This is a big year for the ADTA as we celebrate the association's 50th Annual Conference. We hope you will join us. Make sure you mark your calendars to save the date. You don't want to miss it!

A couple new happenings since the last newsletter...

- ADTA Blog is now live
- ADTA website has been given a facelift – look out for a big makeover in the next couple of months

You may have noticed these updates but if you did not, take a moment to check them out.

We hope you enjoy this issue of the ADTA Newsletter. Don't forget to send in your pictures, thoughts, articles, etc. for the next one. We love to hear from our members.



Above: A strong dance/movement therapy presence at the Third National Summit on Arts, Health and Well Being across the Military Continuum, held Friday February 27th at the National Institutes of Health in Bethesda, MD and jointly sponsored by Americans for the Arts and the National Center of Complementary and Integrative Health/National Institutes of Health (with support from the National Endowment for the Arts). Pictured here (L to R): ADTA President Jody Wager BC-DMT; Jenny Lee, BC-DMT; ADTA Eastern Region MAL Naomi Nim, BC-DMT; ADTA GAC Chair Allison Winters, BC-DMT; ADTA Past President Sherry Goodill, BC-DMT.

Board Reports: President

Submitted by Jody Wager, BC-DMT



President Roosevelt accomplished so much during his first 100 days in office, presidential historians have said, that the period soon became the common barometer by which future presidents -- including Barack Obama -- would be measured.

Now, I am by no means comparing myself with the President of the United States, nor am I suggesting that the work of our association is on par with the work of our nation. I just thought it would be fun to reflect on my first 100 days in office for my first newsletter report as President.

So here goes ...

Since becoming President of the ADTA on November 6, 2014, the following firsts have occurred:

- I have written my first newsletter report as President ... and here it is!
- I have introduced myself to others as President of the ADTA (although it continues to feel somewhat surreal)
- I have written my very first blog entry ... that was fun!
- I have presided over my first board of directors meeting via teleconference.
- I have represented our association at a number of wonderful public events, including: The Georgetown University Hospital's Roundtable discussion on 'Dance in Healthcare' and Walter Reed's Third National Summit: Advancing Research in the Arts for Health and Well-being across the Military Continuum (See GAC report for more information).
- I have been actively engaged in the exciting licensure work of our Maryland and New Jersey chapters. In Maryland, I had the wonderful opportunity to sit before a Maryland Board of Licensing and speak to the relationship between the fields of Dance/Movement Therapy and Counseling. I would like to publically recognize our members Naomi Nim and Eve Hanan for spearheading this very important project in the pursuit of counseling licensure. I would also like to recognize Tina Erfer, Joan Berkowitz and Eri Millrod for their efforts alongside their local drama

therapy counterparts in New Jersey in their pursuit of dance/movement therapy licensure. This is a complicated and huge undertaking, and I am grateful for their dedication and vision (See New Jersey Chapter report for more information).

- I have participated in stimulating and creative discussions and brainstorming sessions with the 50th conference planning committee and the 50th Anniversary task force. These are exciting times indeed (See Vice President report for more information)!
- As ex-officio member to all committees, I have had the wonderful opportunity to work alongside the board of directors addressing questions and issues arising in their committee work.
- I participated in my first NCCATA conference call and look forward to my first in-person meeting in May.
- I have participated in my very first Web team phone meeting and began learning the behind-the-scenes complexities and nuances of creating and managing our website, blog site and all the other social networking platforms.
- On February 28th, I had the delightful opportunity to attend the 2nd Annual Maryland Expressive Therapy Conference. It was an excellent example of collaboration between dance/movement, art, music, drama and psychodrama therapies. The quality of the presentations was strong and the respect for one another's perspective was evident. I would encourage more of our chapters to look into creating these types of opportunities to work alongside your expressive therapy counterparts.
- Although this didn't occur during the first 100 days of my presidency, by the time you read this, I will have conducted a movement opening, and closing, at the Psychotherapy Networker Symposium in Washington, DC. This annual conference is attended by thousands of national and international psychotherapists and the movement opening has become a welcomed, respected and anticipated tradition. This year, for the first time, Naomi Nim and I will conduct a movement closing. As we draw from our rich DMT repertoire, we hope to share some of our work with others from related fields while providing them with an embodied way of taking the conference home with them. This is a

Board Reports: President

Continued...

powerful way of introducing dance/movement therapy to a much larger audience. Again ... I would strongly encourage each of you reading this message to identify conferences in your community where you might offer a movement opening or closing. Not only would it be a tremendous gift to their attendees, but it would serve as a great PR opportunity. Please feel free to contact me if you would like to hear more about how I initiated this relationship.

- Looking ahead ... what will the next 100 days bring? Creative Arts Therapy week is nearing ... what will you do to spread the word? How will you celebrate the work you do? Please share your events with our PR committee so that we might celebrate as a community. May I be the

first to wish you a happy Creative Arts Therapy Week!

On a personal note, this has been a period of growth, challenge, great satisfaction, acclamation, affirmation, reaching out and connecting, establishing myself as a new leader and learning how to balance and integrate these new skills and demands into my already full life. I am honored and humbled to serve in this role as president and I vow to do my very best as I represent you, our membership, out in the world. Thank you for your trust in me and for your dedication to our field.

Respectfully submitted,
Jody

Board Reports: Vice President

Submitted by Margaret Migliorati, R-DMT



ADTA 50th Anniversary: Honoring the Innovator In All of Us

As I write this, your Annual Conference Committee (ACC) is deep in our work of planning for the 2015 conference – ADTA's 50th! The

annual conference is always a singular event for coming together with colleagues near and far to connect, learn together and dance. And 2015 promises to be even more special, as we kick off a year of celebration from our 50th annual conference in 2015 to the 50th anniversary of our organization in 2016. There are many people within the ADTA, including the ACC and the 50th Anniversary Committee, working together to make this year of celebration a time of reflecting, renewing and reaching toward our future!

As your ACC conference chair, I have had many rich conversations over the past several months about how to best celebrate our anniversaries and honor the spirit of our origins as well as all that has come after. I have read through ADTA charter documents and spoken with our elders and current and past leaders. Through it all, I have been struck by how fortunate we are to have so many of our charter and early members remain actively engaged in DMT and continue to generously share their wisdom with us.

Few organizations turning 50 can say that. Please reach out to these amazing early innovators, ask them their stories and thank them.

It has also become clear to me that each one of us who becomes a Dance/Movement Therapist is an innovator in our own right. Though our personal reasons for becoming DMTs may vary, each of us carries a passion for this work that propels us through the barriers we often face as we attempt to bring dance/movement therapy into the world. In this way, we must innovate every day, stretching limits for that which we dearly believe in: the healing potential that resides in dance and in each of our bodies.

For over 50 years, the world has been lucky to have us. And 2015/2016 is our time to step back together, reflect on all we have accomplished as well as all that is to come and celebrate!

So stay tuned for the many events and opportunities you will have to be involved in this monumental year of celebration. We hope that you join us, you DMT innovator, and take your rightful place in the unending flow of our history as well as the co-creation of our future in the manner DMTs do best: dancing all the way.

Board Reports: Vice President

Continued...

ADTA Continuing Education Webinars

Have you taken advantage of the ADTA continuing education webinars yet? These affordable, easy to access and professional webinars are a great way to stay current on DMT and counseling issues, build skills and learn from your colleagues, all while obtaining ADTA and NBCC CE credits.

Coming Soon: your ADTA Webinar Team is working on new expanded programming including the development of different series devoted to a single topic to allow for deeper learning. We are also

almost ready to launch our new webinar platform which will enable you to access pre-recorded webinars for continuing education any time, day or night. Watch your email from the ADTA for updates on these exciting changes.

To access the current webinar schedule go to the ADTA website home page and click on “ADTA CE Webinars.”

ADTA CE Webinars: sign up, sit back and get ready to learn!

Board Reports: Treasurer

Submitted by Meghan Dempsey, BC-DMT



It's almost time to renew your ADTA membership. With over 1,650 members, the ADTA is larger than ever! We are working hard to offer services that help you and our community. Imagine if each member shared the benefits of joining the ADTA with just one non-member...

Here's a review of some of the benefits member receive:

- Reduced Conference Registration Rate: Early bird registrants save \$50!
- Reduced Webinar Rate: Register for an AMAZING webinar and earn CEUs for only \$25. This is a \$10 savings!
- Clinical Consultations: We continue to offer year round, low cost consultations. Well-seasoned DMTs have generously volunteered their time to give back to both the organization and the community. The initial consultation is offered at a discounted rate with the proceeds going directly to the ADTA. The rate of the following sessions will be discussed directly between you and your consultant. You can view a brief description about each practitioner on our website to find the right match for you. Consider this option if you need assistance with a presentation or are working with a new population.

- Access to our Quarterly Newsletter: This is a great way to find out how the National Board of the ADTA is working for you. Want to know what's going on in the community? Looking for a workshop or training to gain more CEUs? Post an ad to reach the entire membership. Submit an article and let everyone know what you're up to!
- Listed in the Member Directory: Professional members of the ADTA have the opportunity to be listed in the ADTA Member Directory. When someone in the community is looking for a local dance/movement therapist or supervisor they often search this listing. Have an area of expertise? Make sure your information is up to date!

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| Members Only Section | Clinical Consultation |
| Online Store | Newsletter: Current & Archives |
| Resources | Materials for Members |
| American Journal of Dance Therapy (AJDT) | Technology Corner |
| Dance/Movement Therapy Certification Board (DMTCB) | Member Directory |
| DMTCB Members | Supervision |
| Marian Chase Foundation | Chapter Documents |
| | Members Store |

Board Reports: Secretary



Greetings ADTA Members and welcome spring! In this brief report, I am very happy to announce that the ADTA Student Network Facebook Group Page is up and running! So far so good. For all of the students who have been contacted and joined, we hope that this will be beneficial and supportive for you and your process.

The Global Membership Sub-Committee is also considering setting up a Network page as well for members and more information will be available this summer about the progress with this development.

Our ADTA Facebook page continues to grow in numbers and, as a result, there have been more postings of offerings and workshops. Because of the increase in postings, there will be new guidelines posted to the page soon to help guide this so the threads themselves don't get lost or overwhelming.

It's that time of year for the Awards Ballot for 2015! An initial eblast was sent and more will come. The deadline for getting in your nominations for the awards described below is March 20th, 2015. Please email your nominations with a brief description to gmwoodadta@yahoo.com.

ADTA Membership Committee Annual Recognition Awards

Outstanding Achievement Award

The Outstanding Achievement Award is awarded annually in recognition of an ADTA member who has made a specific, significant contribution to their local town, city, county and/or chapter for the advancement of the field of dance/movement therapy.

Excellence in Education Recognition Award

This is awarded on an as-needed basis in recognition of outstanding education in dance/movement therapy. Recipients could be educators of ADTA approved, non-approved, international, or alternate route training courses. This is awarded to an ADTA member who has made a specific, significant contribution and demonstrated excellence in the education of dance/movement therapists.

Exceptional Service Award

Board Reports: Public Relations Committee

This Award(s) is given annually and can be nominated by or given to board members, chapter members, chapter leaders, committee members for exceptional service *in their local regions* to the ADTA and/or chapter. Several Exceptional Service Awards could be awarded each year as determined by the selection process.

Leader of Tomorrow Award

This award is given to a dance/movement therapist and Professional Member of the ADTA who demonstrates leadership within the first five years after becoming a Professional member of the ADTA. Criteria for the award are based on significant achievement, such as serving in Chapter leadership roles, creating a program for providing DMT services, advocacy in regulatory or legislative affairs, completing or publishing a research project, public relations/marketing achievements, winning a grant or other successes. More than one award can be given each year. **This person should be in the field for less than five years.*

Lifetime Achievement Award

The ADTA Lifetime Achievement Award recognizes a specific individual for her or his lifelong and significant contribution to the American Dance Therapy Association and to the growth and development of the profession of dance/movement therapy.

Abundance Award

The ADTA Abundance Award is given to an individual or individuals who demonstrate extraordinary achievement or service in one or more of the following areas:

- 1) Fiscal Leadership in the ADTA or an ADTA Chapter
- 2) Initiating and/or expediting significant generation of revenue or cost savings to increase capacity and/or impact of the ADTA.

Innovation Award

This Award(s) is given annually to individual(s) who have made a specific contribution to the field of dance/movement therapy through new, alternate and creative ways. Recipients can be members of the ADTA or individuals associated with DMT and can be nominated by any member of the ADTA and voted upon by the Board of Directors.

Submitted by Lora Wilson Mau, BC-DMT



I am excited and proud to announce that all of the ADTA Talks that were filmed in New York in 2013 have now been published on the ADTA YouTube Channel (see stats in the social media update)! The most recent one – of Susan Kleinman -

was strategically launched and promoted during National Eating Disorders Awareness Week. A small but diverse catalogue of topics on dance/movement therapy is now freely available to the public.... and each of YOU can contribute to ensure that these videos are where the public is getting their questions about DMT answered.

We all know the difference a kind word can make in our day. A kind word or two in a comment on ADTA Talk can also make a difference – a *significant* difference in the rise of these official videos to the top of the search rankings on Google and YouTube.

Prior to the publication of the original ADTA Talks, Google and YouTube searches for videos of dance/movement therapy produced content that primarily depicted dance classes inaccurately labeled as “dance therapy” or material that was humorous or sexual in nature. I’m sure you remember these days as well as I do (though we’d all like to forget them). While those videos still exist, today, when one does a Google search for

“dance/movement therapy” videos, ADTA Talks dominate 16 of the first 20 links; indeed, the very first video listed is an ADTA Talk. Using the search term “dance therapy” produces less consistent results (8 out of the first 20) but these numbers are a vast improvement over legitimate dance/movement therapy videos not appearing in the search results at all.

The second biggest search engine in the world is YouTube. Only Google is used more frequently. When people want to know what dance/movement therapy is, most are going to look for those answers on Google and YouTube. If every ADTA member took a few moments to write a comment on each of these videos, integrating the words “dance/movement therapy” into those comments somewhere... these and other ADTA videos will rise and remain at the top of all future searches.

In the social media sphere, a community does not need to be large to be heard. The community only need be passionate and active. We are that community. Use your voice. Declare your pride in your profession. Take a few moments this Creative Arts Therapies Week and this National Dance Week to comment on the ADTA Talk videos and share them via your networks. Together, we can bring dance/movement therapy into its proper place in the 21st century: visible, understood and in demand.

Board Reports: Public Relations Committee

Highlight on the ADTA Blog

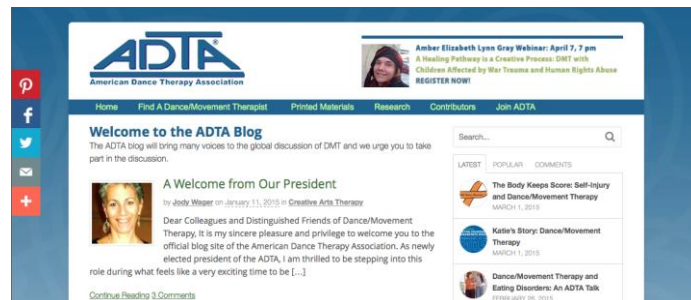
Submitted by Melinda Malher-Moran, R-DMT

Fellow dance/movement therapists, did you know that the ADTA launched an official blog in January? *Moving Dance/Movement Therapy Forward: The Official Blog of the ADTA* is run and managed by a branch of the Public Relations Committee with the objective to strengthen branding, recruit to the field and disseminate fresh content about DMT. The blog is also set up to drive Internet traffic to the ADTA webpage, encourage new memberships and inform the population on a regular basis.

In its first two months, the blog has published over 20 posts from 11 authors on a variety of topics including special populations, advocacy in the field,

calls to action and frequently asked questions about dance/movement therapy.

Thus far, the blog has been a great success with over 8,000 site views since official launch! The blog's



Board Reports: Public Relations Committee

Highlight on the ADTA Blog

Continued...

highest traffic day included 794 unique views. At the end of February, the blog was up to 100 regular subscribers. Blog posts have been shared on Facebook, Twitter, LinkedIn, Pinterest and the ADTA website. You can contribute to the blog's ongoing success by sharing the posts via your own networks and by commenting on the individual posts.

The blog team is looking for ADTA members to

author posts and help inform the Internet community about the many facets of dance/movement therapy. Submit an idea for a post or link dance/movement therapy with an upcoming awareness day; contact Jennifer Giuglianotti at tapieng@gmail.com.

Visit blog.adta.org to view current publications and subscribe to receive email notifications about posts as they are published.

**Feeling left out?
Get involved with ADTA!**

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Dance/Movement Therapy Courses: 10 Day Experiential Intensive Courses

Approved by the ADTA as an Alternate Route to R-DMT Certification
4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area – 2 hours east of NYC

Attend one or both:

June 1 – 12, 2015

December 27, 2015 – January 6, 2016

- Established experiential training in dance/movement therapy since 1972
- Open to practicing and student dance/movement therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications
- Known for small classes which allows for both group and individualized instruction
- Learn dance/movement therapy theory and skills, group process in dance/movement therapy, and movement analysis
- Participate in clinical field work
- Authorized certificate will be issued on completion of the course

Tuition: \$975 per two-week program

Housing: Hampton's Bed and Breakfast available at additional cost

Contact: Linni Deihl, BC-DMT

P.O. Box 743

Quogue, NY 11959

(631) 653-8750

Linni.deihl@gmail.com

Board Reports: Public Relations Committee

Social Media Update

Submitted by Lora Wilson Mau, BC-DMT

Our growth in the social media spheres since the last newsletter:

NEW! ADTA Blog

Moving Dance/Movement Therapy Forward: The Official Blog of the ADTA

<http://blog.adta.org/>

Launched January 11, 2015

18 posts; 100 subscribers; 8,047 views

The official ADTA Facebook Page (the voice of the organization on Facebook)

<https://www.facebook.com/AmericanDanceTherapyAssociation>

Launched March 13, 2014

2,175 "likes" (+360)

+ 20%

ADTA YouTube Channel

<https://www.youtube.com/user/ADTAorg>

Launched officially on April 2, 2014

542 subscribers (+123)

+ 29%

ADTA Talk total views

40,734 (+9,116)

+ 29%

ADTA Facebook Group Page

<https://www.facebook.com/groups/2209175161/>

4,292 members (+226)

+ 6%

ADTA Group on LinkedIn

www.linkedin.com/groups/american-dance-therapy-association-adta-3945307

2,492 members (+219)

+ 10%

ADTA Twitter Account @ADTAorg

www.twitter.com/adtaorg

1,139 followers (+48)

+ 4%

ADTA Pinterest Account

www.pinterest.com/adtaorg

9 boards; 138 pins; 249 followers

+ 8%



Board Reports: Government Affairs Committee

Submitted by Allison Winters, BC-DMT



Greetings ADTA community. I am happy to announce that the Third National Summit Advancing Research in the Arts for Health and Well-being across the Military Continuum was a great success. If you recall, I, along with Sherry Goodill, Jody Wager and Jenny Baxley Lee attended the 2nd summit in spring of 2013 at Walter Reed National Military Medical Center in Bethesda, MD. This year the summit was held on Friday, February 27th at the National Institutes of Health (NIH) also in Bethesda, MD and was

sponsored by the Americans for the Arts and the National Center for Complementary and Integrative Health. The summit's focus, research in arts and health in the military, brought together an impressive and diverse group of creative arts therapists, health care providers, research scientists, medical experts, Veterans and military personnel.

Dance/movement therapy was well represented this year by ADTA President Jody Wager, ADTA Past President Sherry Goodill, ADTA Member at Large (Eastern Region) Naomi Nim and Jenny Baxley Lee, BC-DMT. I had the pleasure of also attending and the honor of presenting my work with the military and Veteran population as part of a panel entitled Research Innovations on Integrative Care in Military Health Settings and Applications for the Arts. The panel and discussion, facilitated by Moira McGuire,



Above: Allison Winters presents her work with the military and Veteran population as part of a panel

CAPT, USPHS, DHA, Assistant Chief, Integrative Health Services, Walter Reed National Military Medical Center, explored the connections between the arts and integrative health and how creative arts therapies practices can inform practice and research being conducted in integrative care across the military treatment facilities and VA clinical settings. I was joined by esteemed colleagues Heechin Chae, M.D., director of the NICoE Intrepid Spirit/TBI Clinic at Fort Belvoir; Frederick Foote, M.D., CAPT, (Ret), MC, USN, Institute Scholar, Institute for Integrative Health and Adjunct Assistant Professor, Uniformed

Services University of the Health Sciences, and Eric Schoomaker, M.D., Ph.D., LTG, (Ret), USA, Professor and Vice-Chair for Centers and Programs, Department of Military and Emergency Medicine, Uniformed Services University of the Health Sciences. The discussion portion of the breakout session proved rich and full of innovative ideas for future collaborations.

However, the best part of the session was when we all

danced, truly experiencing the integrative power of dance/movement therapy together.

I look forward to continuing working with this dynamic group of people. If you are interested in this kind of advocacy work, please do not hesitate to contact a member of the ADTA GAC. We are always happy to hear your thoughts and ideas. I hope you are all well and happy spring!

Board Reports: Government Affairs Committee

GAC in the Spotlight: Ellen Gold Yacoe, BC-DMT

Submitted by Allison Winters, BC-DMT



I am a longstanding member of the Government Affairs Committee (GAC) and have had the opportunity to be Chairperson for four years. I often needed to step out of my comfort zone. While Chairperson, I organized the ADTA

Hill Day in Washington DC, which included organizing dance/movement therapists' meetings

with legislators to educate them on our profession and asking for their support.

I am continuing to work with the GAC in the legislative realm, building on a grass roots GAC effort that goes back many years. One focus has been getting lawmakers to support more mental health services to our communities. Another is to get approval for state licensure for dance/movement

Board Reports: Government Affairs Committee

GAC in the Spotlight: Ellen Gold Yacoe, BC-DMT Continued...

therapists. Unfortunately this is an area where dance/movement therapists face many obstacles. I have attended several annual conferences of the American Counseling Association, seeking to inform ADTA members of the current state licensure trends.

My career spans 35 years of working within behavioral health programs. For the past nine years, I have been employed by the INOVA Health System located in Northern Virginia, where I have worked with psychiatric and medical detox inpatient units. Currently, I am working at INOVA's Mental Health Partial Hospitalization Program and Intensive Outpatient Program for addiction. My message to patients is that they embrace the importance of self-

advocacy in recovery and have an awareness of the resources available to them. This includes the wide range of programs, both private and public, and the laws that mandate parity between medical and mental health treatment.

I would also send a similar message to our ADTA membership: please take time to advocate for our profession and follow the work of the GAC and its targeted legislation, programs and advocacy events. I encourage you to consider stepping out of your comfort zone and involve yourself in the GAC's advocacy work. In all my work with the GAC, I have always felt the support and encouragement from the ADTA community. I am forever grateful for this.

Board Reports: Government Affairs Committee

What's Happening in Washington?

Submitted by Myrna Mandlawitz, Esq., ADTA Legislative Consultant



The new members of the 114th Congress were sworn in at the beginning of January and got down to business shortly after that. While some pundits thought having the same party in charge in both chambers would help move legislation along, that has not proven to be the case so far. In fact, much of the contention is occurring within the ranks of the Republican Party with some serious divisions between the leadership and moderate wing of the party and the more conservative faction.

That said, some action has begun on some ADTA legislative priorities.

Reauthorization of the Older Americans Act

The Senate Committee on Health, Education, Labor and Pensions (HELP) has passed a bipartisan bill to reauthorize the Older Americans Act (OAA). The current law includes DMT in the definition of "disease prevention and health promotion services" and in reference to state grants for supportive services to older individuals. We are pleased to see these references maintained in the Senate bill.

The next step is for the full Senate to take up this bill and for the House to introduce its version. Given some of the much larger issues Congress must address in the next few months, it is unlikely further action will occur on the OAA for a while.

Reauthorization of the Elementary and Secondary Education Act

The process of reauthorizing the Elementary and Secondary Education Act (ESEA, currently known as No Child Left Behind) has also gotten underway. Both House and Senate education committee bills include a change in terms from "pupil services" to "specialized instructional support personnel" (SISP). ADTA is an active participant in the National Alliance of Specialized Instructional Support Personnel (NASISP), which includes organizations representing professionals currently known as "pupil services" under ESEA and "related services" under the Individuals with Disabilities Education Act. We hope adoption of the new SISP terminology will help school administrators understand how these professionals can be utilized to help all students address barriers to learning and be successful in school.

Board Reports: Government Affairs Committee

What's Happening in Washington?

Continued...

Unfortunately, at the same time the House ESEA bill recognizes SISIP, the bill would strip from language in current law that addresses students' social and emotional and mental health needs. ADTA is working with its NASISIP partners to raise this important issue with House staff. The Senate bill retains some of the current law, and NASISIP will support efforts to have that language in the final bill.

Budget and Appropriations

Congress also is at work developing a budget for the next fiscal year (FY) – FY 2016 – which will begin on October 1, 2015. The president released his proposed budget in early February, with generous investments in key programs of interest to ADTA members. The president chose to develop a budget that goes beyond the draconian spending caps passed by Congress in the Budget Control Act of 2011, which requires

budgetary decreases through FY 2021.

The House and Senate must now produce their budget, which will stay within the tight cap for FY 2016. The House is particularly favorable to retaining the budget caps, which would result in a budget that freezes or decreases funding at current levels for all domestic programs, including health, education and social services. Once the budget is passed, the appropriations committees will begin their work to determine the specific funding levels for each federal program. If the budget stays within the funding caps, the appropriators will have to make difficult choices which could include cutting or eliminating some programs to fund others.

ADTA is monitoring all these and other issues of importance to our members and will keep you posted as the year continues!

Board Reports: Committee on Approval

Submitted by Jessica Young, BC-DMT



As many of us persevere through a bitter cold and gray winter trudging through the snow, I am grateful for the warmth of our dance/movement therapy community. I am inspired by the rigor of our programs and alternate route courses; the passion of our students, faculty and educators; the dedication of our membership to advance the field and the courage and resiliency of our clients.

The Committee on Approval will hold a closed meeting in Chicago on March 29th to review the annual reports of each approved program and Naropa's six-year approval. Wendy Allen (Naropa), Nancy Beardall (Lesley), Valerie Blanc (Supervisor), Ted Ehrhardt (Pratt), Craig Haen (Public Member), Claire LeMessurier (Antioch) and Anne Margrethe Melsom (Drexel) graciously serve on the committee.

The Subcommittee of Approval for Alternate Route Courses (SAARC) is now reviewing Kinesiology courses as the alternate route requirements set forth

by the DMTCB have been revised to state that Kinesiology classes which are taught privately outside of an academic institution need to be taught by a BC-DMT. SAARC membership includes: Janet Lester (Chair), Valerie Blanc (Committee on Approval representative), Danielle Fraenkel (alternate route educator representative) and Susan Saenger (former DMTCB representative). Please note that all applications and accompanying syllabi for alternate route course approval should be sent to the chair, Janet Lester, at janetlester@earthlink.net. As of February 16th, alternate route courses, which have been approved in 2015, include "Dance/Movement Therapy: Theory and Practice I" taught by Jenny Baxley Lee, "Experiential Kinesiology: Exploring the Articulate Body 1" and "Experiential Kinesiology: Exploring the Articulate Body 2" taught by Barbara Nordstrom-Loeb.

Finally, the Education Standards Revision Task Force met on January 13th to review the progress of first draft revisions to outcome-based standards for core content areas submitted by each of the three

Board Reports: Committee on Approval

Continued...

work groups. The next meeting is scheduled for April 8th during which time a full draft of the outcome based standards will be reviewed and initial progress on revisions to input based standards will be discussed. Nana Koch (SAARC representative) stepped down from the Task Force and has been replaced by Julie Miller (DMTCB liaison). Julie was nominated by the DMTCB and the inclusion of a DMTCB liaison to the Task Force was approved by a Board vote. We wish Nana well and warmly welcome Julie. Many thanks to those serving on the Task Force: Nancy Beardall (Approved Program

Educator representative), Meg Chang (Standards & Ethics/Multicultural & Diversity representative), Robyn Cruz (Research Subcommittee representative), Beth McNamara (Practice Subcommittee representative), Anne Margrethe Melsom (Co-chair, Committee on Approval representative), Joan Wittig (Alternate Route Educator representative) and Ellen Yacoe (Government Affairs representative).

May you dance into spring with openness to new possibilities, a light spirit and a warm heart.

Board Reports: Multicultural & Diversity Committee

Submitted by Angela Tatum Fairfax, BC-DMT



The official name change of the Multicultural & Diversity Committee (MDC) Annual Conference Scholarship to the MDC Focus Award proved to be a great success as we received

outstanding applications just as we have in previous years. The MDC Focus Award is designated to assure that the recipient addresses his/her multicultural and/or diversity personal identity factors and funding need.



Above L to R: Angela Tatum Fairfax, Jana Taylor, Charne' Furcron

Personal identity factors include age, disability, religion/spirituality, ethnicity/race, social status, sexual orientation, indigenous heritage, national origin and/or gender.

We are pleased to share the conference insights of the 2014 MDC Focus Awardee Jana Taylor, as well as MDC and Black American and African Descendants Affinity Group (BAAD) member Charne' Furcron.

Board Reports: Multicultural & Diversity Committee

The Passing of the Baton...no the Scarf

Submitted by Jana Élise Taylor, Sarah Lawrence College M.S. candidate

As the Multicultural & Diversity Committee 2014 Conference Focus Award recipient, I would like to express my sincerest appreciation to the committee for this honor. Exciting, rewarding and humbling are just a few adjectives that describe my experience at the 49th Annual ADTA conference in Chicago, Illinois. From the moment I arrived at the Hyatt Regency, the atmosphere was filled with excitement and anticipation.

Although this was my second conference, this year seemed different - the ambience and the comradery. When I attended last year's conference in Brooklyn, New York, I came looking through the lens of "newly

fresh eyes" as a student in the field. I was there to get a glimpse of the world of dance/movement therapy. From that experience I came to Chicago prepared and focused looking through the lens of "intent and purpose."

Every hour, every minute and every second at the conference the energy was alive and exhilarating. Even with two conferences happening simultaneously, there was *one spirit* that reverberated throughout the Hyatt Regency—"A Mosaic of Possibilities." That spirit was evident as members entered the ballroom for the Grand Opening reception. What a way to kick off the

Board Reports: Multicultural & Diversity Committee

The Passing of the Baton...no the Scarf *Continued...*

conference through storytelling, created and performed by the men of the NDEO and ADTA in the performance piece, *Why I Can't Not Dance!* To witness their stories being shared through movement reminds me that everyone has a story to tell. The performance was powerful and impactful which shows me that movement can be a bridge to addressing the current issues as illustrated by the works of today's dance/movement therapists.

Some of these works by DMTs were honored at the Membership Breakfast Meeting and Awards. As a part of the next generation of DMTs, it is extremely important to learn about the works of fellow ADTA members, and it is also important that we stay informed and vigilant on the matters that affect our field, particularly within the organization. I was also grateful to be a part of this group of individuals being acknowledged. It was wonderful to see my fellow classmates, the second graduating class of the Dance/Movement Therapy Graduate Program at Sarah Lawrence College in attendance. Their presence attests to the comradery, character and uniqueness of the program.

During my time at the ADTA conference, I couldn't help but be a little star struck by meeting some of the

individuals who are foremost in the field such as Sherry Goodill and Robyn Flaum Cruz. In addition, I participated in the following seminars: Suzi Tortora on Super Fast! Kids, Bonnie Bernstein on the legacy of Blanche Evan and Angela Tatum Fairfax and Heidi McCardell-Wentworth on how to integrate spirituality in DMT practice. These seminars were not only educational and stimulating but they were enriching, uplifting and enlightening. In addition to these, I was deeply impacted by Dr. Lenore Hervey's lecture "Bindings, Boundaries and Pathways: Dancing on the Edge." She emphasized "the changing of the guard and handing the baton" to future DMTs.

I hope, after graduation, when I obtain a job as a dance/movement therapist, I will be able to incorporate some of the knowledge I have learned at the conference. As a newbie in the field, it's just the beginning of what's to come. I left Chicago solidifying my goals in elevating the field of dance/movement therapy as a part of the next generation. I look forward to what's to come.

I wish everyone blessings during the spring and the summer! See you in the fall in San Diego!

Board Reports: Multicultural & Diversity Committee

2014 Conference Insights

Submitted by Dr. Charne' Furcron, BC-DMT

I attended the American Dance Therapy Association Conference for professional development. The conference was an energizing and exhausting experience. My schedule was strategically planned with sessions that I thought were interesting and relevant to my practice. At other conferences, you attend and remain seated, listening to lectures and taking notes. The ADTA Conference is not like any other conference. At the ADTA Conference, the sessions involve kinesthetic movement experiences and verbal processing.

The presentations were as engaging and interactive as possible; collaboration occurred among the presenters and attendees in their workshop and discussions. Small group discussions transpired

everywhere, and I found myself talking and networking with professionals and students from across the country and the world. I was amazed at the growing diversity among the ADTA. For many years, I would come to the ADTA Conference and only see two or three African-American DMTs. This year, we had 24 dance/movement therapists and students attend the BAAD meeting. There were even more African-American dance/movement therapists in attendance at the conference. Being an African-American dance/movement therapist for over 26 years, I was proud to see many young students of color. It is important to see people in the field that look like you. Therefore, mentoring relationships can develop to give and receive support from someone who understands your cultural experience.

Board Reports: Multicultural & Diversity Committee

2014 Conference Insights

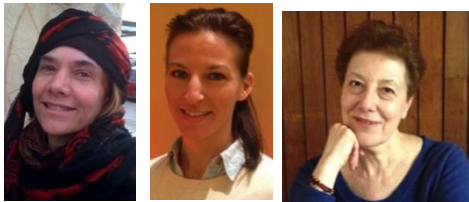
Continued...

During the entire conference, my brain was cognitively stimulated by revisiting ideas/concepts while learning new ones. The sessions I selected involved movement and I was an active participant in the process. The movement experiences allowed me to rediscover the impact of movement. During the Dance of the Social Engagement System workshop, I assumed the role of client and was instructed to move through the developmental context of attachment dances. In the role of client, I experienced an emotional response to the movement process. I was reminded of why

movement is so important in our lives. Through the kinesthetic movement experience and verbal processing, I recognized that it was not only important for my clients to participate in dance/movement therapy but also for dance/movement therapists to participate as well. I often witness this process of illumination in my own clients/students as they are learning but I often forget to pay attention to my own personal growth. The ADTA Conference empowered me to rediscover what is most crucial in our field: the power of movement.

Board Reports: Members at Large

Submitted by: Amber E. L. Gray, BC-DMT; Crystal Smith, BC-DMT; Naomi Nim, BC-DMT



We are well on our way to transitioning as a team with new MALs at the helm and thus far have had great success collaborating and consulting with one another to keep the work going strong.

On January 13th we held a chapter board leadership conference call and exchanged outstanding information on the following topics:

1. Succession planning:
A conversation regarding strategies for role succession included tips such as co-chairing for short periods to acclimate new leaders, timely submission of nominations to set plans into motion and a 'words of advice' gathering where current and past leaders can impart tips to incoming leaders.
2. Why should DMT's join a local chapter?
Please consider utilizing the website to invite new members to your next chapter meeting and/or tapping into undergraduate/alternate route programs as a resource to augment membership.
3. Chapter reciprocity:
Feedback indicates that chapter reciprocity is already being honored as a person can be a member of multiple chapters simultaneously.
4. Using social media to increase connection and expand engagement:
Consider using Skype, Google Hangout, or Oovoo to improve connection with remote members or those who have difficulty attending physical meetings. A tip sheet for Google Hangout was recently emailed to Chapter Board Leaders.

Thank you to all who participated and provided great ideas and upcoming events. We continue to remain invested in your ideas and always enjoy when you send updates our way!

Please join us during our next chapter board leadership conference call on **Tuesday April 29th** at 5:30/6:30/7:30/8:30 EST.

Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



Our ADTA National Office is physically small but we do generate a lot of work by the staff and with the help of our member volunteers! I would like to say thank you to everyone who volunteers whether nationally or locally to the ADTA. Your investment in the future of the profession is priceless and your involvement is greatly appreciated. The strength of an organization such as the ADTA is totally dependent on the contributions made by its member volunteers.

What incredible changes have shaped the ADTA through the help of technology! Who knew when our modernized website was launched over five years ago that it would generate such an ADTA presence to the world? Our website tells the public of the significant work you do. The ADTA has expanded through our membership numbers, national and state level advocacy, growing awareness of dance/movement therapy, jobs, webinars for CEs, ADTA Talks and so much more. We not only have analytics to prove the upsurge of the ADTA's presence but our email and telephone inquiries have increased dramatically. In order to properly refer someone, please keep your profile updated on the ADTA website.

We are so thrilled about this year's upcoming ADTA 50th Conference and the ADTA's first visit to San Diego, California. Fifty ADTA conferences (my 30th conference)! As the saying goes - change happens—nothing remains the same! I see so many changes to the ADTA but again so many good things do remain the same. There are countless ideas in the workings to make this conference exceptional. Visit and revisit the website <http://adta.org/2015-Conference> for information that is updated often.

Join us and your colleagues for the ADTA 50th Conference – *Reflecting – Reaching – Moving Forward*, October 22-25, 2015, as we discover new areas of the profession, celebrate with friends and support dance/movement therapy. Make plans to be with us in San Diego!

Just a few reminders:

- Moving? Save the ADTA money by updating your profile on the website or contacting the ADTA office to update your address on our database.
- When writing **dance/movement therapy** always put the slash (/) between dance and movement; however, when writing **DMT** or **dmt** no slash (/) is written.
- Renew your membership, credentials and chapter dues online for the upcoming fiscal year (July 1, 2015 through June 30, 2016):
 1. Go to www.adta.org
 2. Login with email address and password (lower left of screen)
 3. Then click "view profile" at bottom left of screen below your name
 4. Under "member details" click button "renew until 30 June 2016"
 5. Follow the instructions*

*You will also be asked if you want to renew your R-DMT or BC-DMT and Chapter dues - so read to the bottom of each screen.

Any questions for ADTA? Contact the ADTA National Office by:

Email: info@adta.org

Phone/Voicemail: 410-997-4040

Fax: 410-997-4048

Postal Mail: 10632 Little Patuxent Parkway, Suite 108, Columbia, MD 21044

Chapter Reports

New Jersey Chapter

Submitted by Tina Erfer, BC-DMT



The New Jersey Chapter would like to report that we are undertaking the very large and very important project of working towards licensure of dance/movement therapists and drama therapists in the state of New Jersey.

A Task Force has been formed made up of dance/movement therapists (Tina Erfer, Joan Berkowitz, and Eri Millrod) and two Drama Therapists (Mizuho Kanazawa and Barbara Mckechnie). In addition, we are grateful to have the support and guidance of our GAC chairpersons (Karimah Dillard and Kristin Pollock) and our national presidents (Jody Wager and Nadya Trytan) and past-president (Sherry Goodill). We couldn't do this without your support!

To date, we have met with local legislators and spent countless hours on conference calls, emails and letter writing. This is quite a learning process for all of us!

Our collaboration with the Drama Therapists in NJ throughout this process is a strong one, characterized by productive communication and mutual respect.

We will provide more details as the process unfolds.

In other news regarding the New Jersey Chapter, elections were held recently and the chapter has new officers: Anat Ziv and Susan Orkand are co-presidents; Naomi Arad Broome is Secretary; Katie Cameron is Public Relations Chairperson; Kristin Pollock is our GAC and Brandi Reinhard is Treasurer. Laurie Ludmer is the chapter's Newsletter Editor.

The first workshop of the year was scheduled to be held March 1, but unfortunately this had to be cancelled due to a snowstorm.

Like everyone else, at this point, New Jersey is looking forward to Spring!

ADTA Voluntary Contributions

ADTA wishes to thank the voluntary contributors for their generous support.

Received December 1st through February 28th

Penelope Best
Lou Mendel Cannon
Berna Koker
Donna Newman-Bluestein
Angelica Salazar
Imani R. White



Marian Chace Foundation

Submitted by Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



Since the last newsletter, the trustees have been hibernating in their respective frozen terrain, other than Susan who lives in sometimes balmy Florida. Nevertheless, there has been discussion about how the Marian Chace Foundation can help celebrate the 50th anniversary of the ADTA. Plans are being made.

We will be meeting in the middle of April for our spring meeting, at which time we will be discussing and making decisions about various projects and perhaps new policies. As usual, we will be reviewing any grant proposals that have been sent to us and reading the updates of the grantees who are still involved with their research or documentaries.

The quiet months allow for reflection before action. Hopefully, this time will permit us to take some new actions that will be of use to our profession.

We were most pleased and touched to receive generous donations from our friends and supporters. We hope to make good use of such trust. We deeply thank the following individuals.

Donations received December 1st through February 28th

FRIEND (up to \$36)

- Catherine Davidson
- Stacey Hurst – *Thank you for your hard work and dedication to the field of DMT!*
- Ellen Harrison Talles

SUPPORTER (\$36 - \$99)

- Cynthia Berrol
- Sandy Dibbell-Hope
- Julia Blair Rice – *Thank you Marylee Hardenbergh*

PARTNER (\$100 - \$499)

- Nancy Beardall – *In loving memory of Elisabeth Boeke who loved dance and always supported my being a DMT*
- Miriam Roskin Berger – *In memory of Hector Munoz, Gunilla Sempler-Larssen and Bobbie Shlasko*
- Conrad Cathcart
- Annabelle F. Coote
- Dianne Dulicai – *In honor of Marian Chace*
- Jerry Katz – *In memory of Stephanie*
- Lynn Koshland – *In memory and loving remembrance of Arlynne Stark for her deep commitment and her inspiring guidance to all the DMT's that she touched and trained through creating the Goucher Dance Therapy program. She is and will be dearly missed. It is my hope that one day a new program will be started in her name at Goucher College.*
- Anita Luck – *In loving memory of my Mother, Elaine V. Siegel*
- Donna Newman-Bluestein
- Yukari Sakiyama – *In honor of the warmest hospitality of Dr. Nana Koch at Long Island University*

CHACE CIRCLE (\$1,000 and up)

- Joan & Ira Berkowitz
- Hancock Center
- Jeffrey Samuels – *In loving memory of my mother, Arlynne Stark*
- Deborah K. Stone

DMTCB

Dance/Movement Therapy Certification Board

Submitted by Linda Aaron-Cort, BC-DMT

Congratulations

R-DMTs who were registered between December 1, 2014 and February 28, 2015

Ashley Elizabeth Babb
Rossana Zazil Fagone
Amanda Geilenfeldt
Emily Headrick
Ashley Marie Jacobs
April Lyons
Karissa Martens
Dennis McCarthy
Bethany Niciu
Alexa Palmer
Kate Patchett
Lucrecia Platt
Ashley Dionne Slade
Dorte Stanek
Cheryl Olendzki
Kerri Peterson Weaver

We want mail!



From the Professional DMT Community

Dallas, Texas News

Submitted by Suzy Matheson, BC-DMT

2015 has moved in full force. To date Movement Expressions is serving three behavioral health hospitals in the Dallas/Fort Worth area. One being a new hospital in Frisco, TX that is specifically geared toward just the geriatric population. A variety of assisted living and memory care locations are also being served on Fridays as well as the Austin Treatment Center of Dallas. As program director of the Shining Stars classes for children with special needs at Chamberlain Performing Arts Center, I teach a class the first Saturday of the month as well overseeing administration to help parents' needs. Supervising a high school student on her class project in which she has chosen dance/movement therapy also keeps me busy, yet fulfilled. It is always rewarding to pass on knowledge to our youth and those interested in the field.

Dancingly, Suzy Rossol Matheson, Owner of Movement Expressions, www.movementexpressions.com

International News

Germany

Submitted by Sabine Koch, BC-DMT



The German Professional Organization For Dance Therapists, registered society (Berufsverband der TanztherapeutInnen Deutschlands e.V. - BTD) has elected a new board with Martina Piff as President, Astrid Kolter as Vice President, Christine Kaufmann for the protocol and Ginger Diekmann for the finances. We thank Susanne Bender, Alar Sander and Larissa Raft for their invaluable service as outgoing board members.

PLAN AHEAD AND SAVE THE DATES!

ADTA's 50th Annual Conference
Reflecting - Reaching - Moving Forward
 October 22 – 25, 2015
 Hyatt Regency La Jolla
 San Diego, California

Starting our year-long celebration to culminate with the
 50-year anniversary of ADTA in 2016

Newsletter Advertising Information

| Ad Size | Member Rate 2 Issues | Member Rate 4 Issues | Non-Member Rate 2 Issues | Non-Member Rate 4 Issues |
|---------------------------|-------------------------|-------------------------|-----------------------------|-----------------------------|
| Full Page | \$275 | \$440 | \$350 | \$560 |
| Half Page | \$175 | \$280 | \$250 | \$400 |
| Quarter Page | \$100 | \$160 | \$175 | \$280 |
| Eighth Page/Business Card | \$25 | \$40 | \$100 | \$160 |

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter **Deadlines:**

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28