

Volume 48 * Issue 2 * Summer 2014

THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY ASSOCIATION

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The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

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MD/DC/VA Chapter members participated with TAPS during Good Grief Camp



A Few Words from the Newsletter Team

Summer is in full swing! Even with your hectic schedule, make sure to catch up with ADTA and the DMT community. You can always print out this newsletter and take it with you for vacation reading.

Some important items...

- Election results are in! View on page 18.
- Conference registration is open. Register now at www.adta.org/Conference_2014.
- Change in this/future newsletters: To improve the efficiency of newsletter production and highlight the importance of the DMT credentials, only the R-DMT and BC-DMT credentials will be reflected after individual names in newsletter submissions and by-lines.

Board Reports: President's Letter

Submitted by Sherry Goodill, BC-DMT



Dear Colleagues,

"I get up. I walk. I fall down. Meanwhile, I keep dancing."

This popular quote, attributed to Daniel Hillel, captures so much about life, doesn't it? Considering it, I think of all of you and the many people whose lives you touch through dance/movement therapy. You have chosen work that is about making yourself available as a witness to the troubles and pain in life; your work promises those in your care that even when fallen, there can be dance. Every day, you bring Hillel's metaphor to a full and embodied reality in hospitals, schools, prisons, communities and a host of other settings.

As we all know, it's about staying with the therapeutic process and helping your clients do that: trusting that on the other side of suffering there is calm, that on the other side of fear there can be safety, and that self-awareness is the clearest pathway to wholeness. We do this through dance because dance (and maybe only dance) can mobilize mind, body and spirit simultaneously in creative, interpersonal experiences of change.

My goal as President of ADTA is to do all I can so that you can carry on this powerful work in all of the places where it is needed. The ADTA aims to provide resources, information and opportunities to you, so that together we can make dance/movement therapy services more accessible to those who will benefit from this powerful form of therapy. In this newsletter, you'll read about the recent projects and activities of the ADTA Board of Directors, the professional staff in the national office, national committees, chapters, the Marian Chace Foundation (MCF) and the Dance Movement Therapy Certification Board (DMTCB). Some are ongoing, some are newly launched and all of them are aimed at this goal and the priorities of our Vision 2016 strategic plan. The central focus of Vision 2016 is to optimize the vitality of ADTA members'

dance/movement therapy careers by assisting in the expansion of diverse and multicultural education and developing outreach, by creating tools to support new career opportunities, to target resources to your needs, to intensify and target advocacy in public systems and to create a clear marketing plan for jobs creation with positive brand recognition. We engage in ongoing formative evaluation of our progress towards these goals, and I invite you to keep them in mind as well as you read this edition of the newsletter. Let us know how you think we are doing, what we could be doing better and how you would like to join in and contribute to the effort.

A few highlights:

- Our webinar program is off to a soaring start! As of this writing, the first four webinars have been offered, each one to great success, with well over 150 people having taken part. I would like to thank the Marian Chace Foundation for a seed grant of \$600 which enabled the first year's subscription to "GoToWebinar", the internet based system on which the webinars run. The webinar platform is a potent vehicle for the ADTA to reach other goals: we can and will be offering programs on several topics related to the Vision 2016 initiatives. Don't miss out -- sign up for a webinar and see what it's all about!
- You will read more in this newsletter about the ADTA Talks, now released on the ADTA's YouTube channel. This is a remarkable achievement by our PR committee and by all those who gave a Talk. The ADTA and the MCF have both directed considerable resources to these very fine educational videos, so we hope you will view them, enjoy them, use them in your work and disseminate them widely. The ADTA Talks are just one way that the ADTA is working to increase public awareness of dance/movement therapy.
- The ADTA Board has approved a Government Affairs Grant to the MD/DC/VA

Board Reports: President's Letter

Continued...

chapter to support a promising and timely effort to obtain licensure in the state of Maryland. We applaud the initiative of the working group in Maryland, which identified a legislative opportunity, carefully weighed options and crafted an ambitious yet viable plan. It is because of prudent fiscal practices in the ADTA that we are able to direct resources towards projects with this kind of potential for high impact and growth.

In April, I represented the ADTA at the annual meeting of the National Coalition of Creative Arts Therapy Associations (NCCATA) in Chicago and would like to report to you on two important points of discussion. The first concerns a new certification exam for arts in healthcare practitioners, recently piloted and soon to be launched by the Certification Task Force of the Global Alliance for Arts and Health (GAAH, formerly the Society for Arts in Healthcare). The NCCATA organizations reviewed publically available materials regarding the certification and have raised some concerns, chiefly that the language around scope of practice boundaries is vague and that there is not yet a code of ethics to guide practice by those with the planned certification. It was proposed that "NCCATA request that GAAH establish an advisory group of official CATs associations-appointed representatives to speak for CATs in relation to GAAH projects and initiatives." The ADTA Board of Directors and all of the other NCCATA associations have signed on to this request for an advisory group which, if formed, will ensure open lines of communication and a chance for CAT perspectives to be voiced as the artist in healthcare certification program is built. For example, in a recent presentation on the exam, one planned task is stated as: "Compare and contrast the practice of creative arts therapists and the activities of artists in healthcare."

(http://thesah.org/template/page.cfm?page_id=982). Ideally, the proposed CAT advisory group would contribute to that task. Thanks go to the American Music Therapy Association for its initiative and its investment of time, expertise and resources around

NCCATA's recent discussions and the proposal to GAAH. I will keep you informed on our progress.

The second NCCATA item to bring to you concerns state recognition and licensure for the various creative arts therapy specialties. This item emanated from the ADTA Board's ongoing work to discern the best path forward to the privileges of licensure for members of the ADTA and DMTCB credentialees. The ADTA board has been curious about the possibility of state CAT coalitions working together towards shared licensing, and so on the behalf of the Board, I requested a substantive discussion of each CAT organization's direction and position with regards to licensure and state recognition. The NCCATA leadership (Chair Robyn Cruz, Chair-elect Joan Phillips, and Treasurer Randy Mulder) gave this item a generous full hour on the agenda, allowing for extended, candid and creative sharing. Here I will convey what we learned and apologize in advance for the fact that my brevity will inevitably reduce and simplify information which is sensitive, complex and contextualized. Note that factors of associations' capacity (mainly membership size and budget), histories and composition all impact the different needs and priorities with regards to licensing but there is not room here to relay all of that information. In short, and on each: The American Art Therapy Association (the AATA) has committed to a long term plan for stand-alone art therapy licensing in all US States and is currently active in 28 states towards that goal. The AATA reported that in states with few art therapists, collaboration with other CAT organizations could be possible, but AATA is not currently in a position to collaborate with other CAT groups in any of the 28 states with active licensure efforts in progress. The American Music Therapy Association (the AMTA) is also independently seeking or has achieved music therapy state recognition (also known as title protection), state licensing or registry in 33 states. The AMTA and its credentialing affiliate (the Certification Board for Music Therapists) represent thousands of bachelor's level practitioners, and their emphasis is on promoting the work of all of credentialed music therapists. Thus, for the AMTA to work on state

Board Reports: President's Letter

Continued...

recognition for master's level clinicians only (as would be the case in a collaboration with ADTA) is inconsistent with its mandate to represent its full membership, although under some circumstances collaboration might work for AMTA. You can see more on the AMTA/CBMT efforts at http://www.musictherapy.org/policy/stateadvocacy/. The American Society for Group Psychotherapy and Psychodrama (the ASGPP) is composed largely of practitioners who, by dint of their other mental health graduate degrees (e.g., in social work, psychology, medicine/psychiatry, etc.) are already licensureeligible. For this reason, the ASGPP does not identify psychodrama licensure as a priority. The North American Drama Therapy Association (NADTA) would like to collaborate with ADTA on licensure efforts wherever possible, and I indicated the ADTA's openness to discuss this further with NADTA. The National Association for Poetry Therapy representative was not able to be present for this agenda item at the NCCATA meeting. What does all this mean for the ADTA and for the licensure of dance/movement therapists around the US? The ADTA Board of Directors is currently digesting this information and will continue working on this issue. Please contact any board member if you would like to help (our email addresses are all in the membership directory).

This discussion at the NCCATA meeting did yield and affirm other new and creative areas for collaboration. One is the assertion of enthusiasm and esprit de corps for continuing to join together in advocacy at the federal level. Two such examples are the way the CAT associations coordinate for advancing services in the military and veterans' care arena and in the annual Arts Advocacy Days in Washington, DC. Further, NCCATA Chair-elect Joan Phillips will be investigating how NCCATA can advocate collectively and directly to insurance providers about reimbursing for CAT services. This is a potent and exciting direction and all NCCATA organization representatives were supportive of it.

In closing today, I want to thank you for your membership in the ADTA and to encourage you to take advantage of the many ways you can take part in the vibrant life of your professional community. And ... let's all keep on dancing.

Yours, Sherry

Board Reports: Vice President

Submitted by Jody Wager, BC-DMT



"No winter lasts forever; no spring skips its turn." - Hal Borland

Hello Dear Colleagues,

Happy Summer to you all. I hope that this message finds you well.

I am pleased to report that plans for our upcoming conference are coming along ... our t's are crossed and our i's are dotted. These final months are about putting on the finishing touches now that the structure is in place. A collaborative conference has a great many more details to orchestrate but brings with it so much energy and excitement. Please review

the conference information on the website. The schedule is rich and full of choices. The program is diverse and designed to meet the needs of clinicians at all stages of their careers. Consider, perhaps, taking a workshop on a topic that is unfamiliar ... something new that you might be able to incorporate into your work. What a wonderful opportunity to not only expand your skill set but to replenish your creative well ... to help you to move forward and keep you from becoming 'stuck'.

I want to take this opportunity to encourage you all to

Board Reports: Vice President

Continued...

consider participating in our 'Day of Service' opportunity again this year. This addition to our conference is one that is very near and dear to my heart. Details of the specific sites will be posted soon. For me, spring has become a time of giving back. In fact, I am writing this report just hours after returning from a wonderful day of volunteering at a grief camp for children. This is my third year providing dance/movement therapy programming at Camp Koala in Gardner, PA, and once again I return with a full heart and appreciation for the strength and resilience of these children. I was joined this year by three dance/movement therapists from the MD/DC/VA chapter of the ADTA, Hannah Whitley, Catherine Davidson and Ashley Duquette, and together we worked with 35 children over the course of a day. The children's willingness to join in the dance and share their expressions of love and grief

through creative movement was inspiring. And last weekend, I joined Brigitta White, Nalini Prakash, Warin Tepayayone and Rachel Baker at the TAPS 'Good Grief Camp' for children. Through dance/movement therapy, we provided the children with an opportunity to connect with one another and find support through engagement in a variety of creative movement processes. They were also invited to find non-verbal ways of exploring and expressing their grief by creating dance and movement in honor of their loved ones. These courageous children shared their stories, both verbally and non-verbally, with honesty and pride. These are just two examples of how I have been able to give back. I invite you all to share your stories and examples of how you have found ways to offer support to groups in your communities through the power of dance/movement therapy and volunteerism.

Board Reports: Secretary

Submitted by Gail M. Wood, BC-DMT



Summer time is upon us and what a short spring it seemed to be! In this brief report, it is my pleasure to introduce you to the 2013-2014 ADTA Global Membership Subcommittee. The ADTA Global Membership

Subcommittee focuses on supporting each other as dance/movement therapists, providing a forum to express suggestions and concerns to the ADTA, and developing strategic ways in which the ADTA and its international members can work collaboratively to foster the growth of dance/movement therapy internationally. There are several International presenters at the upcoming ADTA conference in Chicago, and we hope to see you there and gather more information on how to support our International members.

Meet the members of the GMC!

Patricia P. Capello, BC-DMT, is Senior Dance/Movement Therapist and Acting Team Leader at Maimonides Medical Center's Department of Psychiatry in Brooklyn, NY. She is a member of the adjunct faculty at New York University and the 92 Y/Harkness Dance Center. Ms. Capello has served over 16 years on the Board of Directors of the ADTA, is Associate Chair of the International Panel, trains and supervises students both in the US and abroad, and maintains a private practice specializing in developmentally delayed adults. She is a frequent contributor to the American Journal of Dance Therapy and her writing is featured in the book The Art and Science of Dance/Movement Therapy: Life is Dance (Routledge; 2009). Credentials include Board Certified Dance/Movement Therapist (ADTA); Nationally Certified Counselor (NBCC); and New York State Licensed Creative Arts Therapist.

Board Reports: Secretary

Continued...

Joanabbey Sack, BC-DMT, is a registered Dance/Movement Therapist and Drama Therapist with extensive additional training in the Social Sciences, Dance, Laban Movement Analysis, Theatre Arts and Music. Joanabbey was a Dance/Movement Therapist at the Montreal Children's Hospital for 12 years working in both Psychiatry and Medicine. She teaches at Concordia University in the Creative Arts Therapies Graduate Program in Montreal and has been the Dance/Movement Therapist and consultant at Concordia's Centre for the Arts in Human Development since 1996. Joanabbey is currently a Dance/Movement Therapist and coordinator of the Speech Initiative Research at the Centre. In 2007, Joanabbey founded a project teaching dance to people with Parkinson's -Parkinson's Dance Project- in Montreal. This project has grown to the Parkinson's Dance Project (parkinsonenmouvement) to include the Parkinsonenmouvement project and to develop research into participant response to the experience of Dance, Dance / Movement Therapy and increased amplitude. Joanabbey has a private practice at the Queen Elizabeth Health Complex in Montreal.

Akiko "kiki" Nishida, BC-DMT, currently lives in Kyoto, Japan after living and working in Chicago for 7 years. Kiki has an extensive experience working with children and adolescents and continues to provide supervision for professionals working towards licensing and credentialing. Because of her bicultural background, Kiki has been passionate about understanding the effects of cultural shifts, especially as a dance/movement therapist. Her thesis is an auto-ethnographic research about her own acculturation process as an international student. Kiki is a charter member of the Multicultural and Diversity Committee (MDC) and is the co-founder of Asian/Asian-American Affinity Group (AAAAG). In addition, Kiki is a consultant member of the Standards and Ethics Committee and has recently been appointed as the Co-Chair of the Global Membership Sub-Committee (GMS). Kiki can be reached via email at kiki.nishida@gmail.com.

Theodora Thatcher, R-DMT, received an MA in dance/movement therapy from NYU and completed a psychoanalytic psychotherapeutic training at Washington Square Institute in NYC. She was on staff at Manhattan Psychiatric Center until 1992 when she returned to Athens, Greece. In Athens she worked at the Open Psychiatric Center and later on established a private practice. She is a founding member of the Greek Dance Therapy Association, teaches in their training program, and supervises trainees. She has published articles and has presented at the International Panel of ADTA.

Karolina Bryl has clinical experience both in Polish and English. She works individually and in groups with children who have suffered neglect and abuse, difficulty with adapting, autistic spectrum, adults with mental disorders, depression, and schizophrenia. Ms. Bryl works both in private practice and in the psychiatric setting. She has led dance/movement psychotherapy and somatic therapies in the University Hospital, Department of Psychiatry in Cracow-Poland, Jozef Babinski Psychiatric Hospital in Cracow-Poland and Interfaith Medical Center in New York-USA. Ms. Bryl is an active researcher contributing to dmt development in Poland and Europe. She wrote a chapter in the second Polish book about dance/movement therapy and was actively involved in the production and promotion of the first Polish film about dance /movement therapy.

Since this committee is fairly new in its stages of development, we are still developing specific goals and projects that will be worked on over the next year. Updates will come in the Fall newsletter.

And...as promised here is an update on the Student Network Facebook group page. The participant and administration guidelines have been formulated and are in the final approval stages and a core group has been working on the design of the network page, which we expect to be up and running this summer! An email to all students who are ADTA members will be sent out as a reminder inviting you to join.

Board Reports: Secretary

Continued...

This is an optional group and you do not have to accept the invitation but you must be a member of the ADTA if you want to be a part of this network group. Student membership includes: Undergrads who are associate members, current dmt students of

approved and alternate route programs, as well as professionals working towards additional Master's and or Doctoral degrees.

Hope you all have a wonderful summer!

Members of the ADTA Global Membership Committee (GMC)











Photos above (left to right): Patricia Capello, Joanabbey Sack, Akiko "niki" Nishida, Theodora Thatcher, Karolina Bryl

Board Reports: Treasurer

Submitted by Meghan Dempsey, BC-DMT



I'd like to thank the board members of the local chapters for their hard work as they secure their financial independence. Their commitment and dedication will aid future chapter leaders and the growth of their chapters. We are grateful for the support they provide to their communities.

Thanks to the generous donations of our members, our voluntary contributions are at an all time high! Our financial health remains strong as we continue to expand the reach of dance/movement therapy globally.

Don't forget, you can make a one-time donation when you renew your membership! Help support the ADTA and all of its exciting projects!

We want mail!



Questions, comments, thoughts, pictures...submit them for the next ADTA newsletter. We love hearing from our members. Be sure to read the newsletter guidelines before submitting.

Board Reports: Education, Research & Practice Committee

Submitted by Susie Imus, BC-DMT



I'd like to begin my newsletter report by thanking the three sub-committee chairs for all of their hard work. Laura Downey from Research, Vicky Wilder from Practice and Barbara Nordstrom-Loeb from the Alternate Route Educator's sub-committee have provided unlimited dedication, leadership and support for their sub-committee members and all of you. The role of sub-committee chair is not easy and each of these talented women have met each challenge with grace and endless patience. Thank you.

The Research Sub-committee has been busy this spring. There are two important invitations for all members:

1. Research and Thesis Project Poster Session

Sondra Malling and Laura Downey, Co-Coordinators

The call is out! The ADTA Research Sub-committee invites submissions for the annual Research & Thesis Project Poster Session, which will take place on Friday, November 7, 2014, at 9:00 a.m. during the Chicago conference.

Please submit your innovative research or thesis project to be presented to your diverse dance/movement therapy colleagues from around the world in Chicago.

Submissions are due no later than **July 1, 2014.** Late submissions will not be accepted. Notifications will be made by August 1. Please submit all poster session proposals to co-coordinator Sondra Malling, sondra.malling@gmail.com.

Please go to www.adta.org/SpecialEvents for more information.

2. Call for Nominations! Annual DMT Research Award!

Presented by the ADTA Research Sub-Committee of the Education, Research and Practice Committee.

Did you read or write a great research article about dance/movement therapy? It could win the Annual DMT Research Award!

Criteria and Specifics:

- The article must be published in a peer reviewed journal.
- The article must have dance/movement therapy as a keyword descriptor.
- The article should advance the body of knowledge in the field of DMT.
- The article should demonstrate an understanding and application of basic research design and methodology.
- The winning article will be chosen by the Research Sub-committee.

Award recipients and their articles will be acknowledged on the ADTA website and presented with the award at the business meeting during the annual conference. Additional award recognition details will be coming soon!

Questions or nominations?

Contact Emma Barton, BC-DMT, Research Award Coordinator, at yogawithemma@gmail.com.

Board Reports: Education, Research & Practice Committee

Continued...

The Practice Sub-committee has had a relatively quiet spring assisting the Public Relations Committee edit the Clinical Information Sheets. We will be sponsoring a seminar at the conference on Sunday, November 9, from 8:30-10:30 a.m. called *Exploring the Scope of DMT Practice: Four Contemporary Positions*. Our ADTA Scope of Practice document will be presented!

Please notify me at: <u>imusdance@gmail.com</u> if you are interested in participating in the Practice Sub-committee. We are looking for committee members representing diverse practice in our field.

The Alternate Route Educators' Sub-committee has been actively developing its infrastructure since its fall inception. This sub-committee will celebrate its first year at the conference during their meeting on Thursday, November 6, from 3:00-6:30 p.m. ALL alternate route educators are welcome and encouraged to attend.

SUB-COMMITTEE MEETINGS at the Chicago Conference:

EDUCATION Sub-committee:

Academic Approved Program Educators Thursday, November 6, 1:00-4:00 p.m. (Closed Meeting)

Alternate Route Educators Thursday, November 6, 3:30-6:30 p.m. (Open Meeting)

PRACTICE Sub-committee:

Friday, November 7, 12:00-1:30 p.m. (Open Meeting)

RESEARCH Sub-committee Saturday, November 8, 12:00-2:00 p.m. (Closed Meeting)

I began my report by thanking our sub-committee chairs. I conclude by thanking all of ERP's wonderful committee members:

- ARES: Barbara Nordstrom-Loeb, (chair), Nana Koch, Bonnie Bernstein, Linni Deihl, Thania Acaron and Ellen Schelly Hill
- Academic Approved Programs: Antioch University N.E., Columbia College Chicago, Drexel University, Lesley University, the Pratt Institute and Sarah Lawrence (in candidacy)
- Practice Sub-committee: Vicky Wilder, (chair), Sharon Chaiklin, Judith Fischer, Shannon Suffoletto, Beth McNamara and Laurel Thompson
- Research Sub-committee: Laura Downey (chair), Emma Barton, Cynthia Berrol, Robyn Cruz, Lenore Hervey, Sondra Malling, Jennifer Tantia and Marybeth Weinstock

See everyone in Chicago, November 6 - 9! It is "my kinda town..."

Board Reports: Standards & Ethics Committee

Submitted by Ellen Schelly Hill, BC-DMT



New Graduate Congratulations
Best wishes to new graduates for
success in securing meaningful work
that exercises your skills and supports
your further development. Welcome to
the profession!

News from the Standards and Ethics Committee The board reappointed Annabelle Coote and Paul Sevett to three-year terms on the committee.

Paul Sevett presented an informative ADTA webinar on "Ethics and Digital Technology" April 16. The ethics and technology arena is ever evolving in tandem with rapid developments in technology itself. Remember that an Ethics and Technology Tip Sheet is posted in the Technology Corner in the Members Only section of the ADTA website to provide some guidance for members.

The Standards and Ethics Committee continues to engage in Code and Standards revision.

Standards and Ethics Concerns

I consistently field concerns about and from dance/movement therapists who do not have advanced supervised clinical experience or credentials who are offering or are interested in offering dance/movement therapy workshops and services privately. Both the ADTA and the DMTCB are unequivocal about the advanced practice experience and credentials required for private

clinical work. The standards even currently require that "Advertisements for any kind of privately offered movement or dance group by those who are Registered Dance/Movement Therapists (R-DMTs) or who are students of dance/movement therapy must include the disclaimer "This group is not intended as Dance/Movement Therapy". It is remiss for dance/movement therapy supervisors to supervise unauthorized private practice as well.

I have also provided conservative advisement to recent graduates who have raised questions about agency fee for service work, single session contracted therapy arrangements and therapeutic work in community or wellness settings without onsite mental health support. I'm aware that our traditional expectations for early practice in treatment team settings may not be consistent with many of the entry-level opportunities available to our recent grads and the situations that exist within the frontiers of community DMT practice. I am interested in conversation about the somewhat more ambiguous settings available for entry level DMT practice. I welcome email communication to share your perspectives.

Standards and Ethics Consultation

A reminder that the Standards and Ethics Committee retains a consultation line via an email address adta.ethics@gmail.com. We will return contact promptly by email or phone with respect for any indicated contact preference.

Feeling left out? Get involved with ADTA!

- Join a committee
- Participate with your local chapter - Submit articles শু pictures to the newsletter



Board Reports: Public Relations Committee

Submitted by Lora Wilson Mau, BC-DMT



The PR Committee is proud to announce that the ADTA has two new social media platforms growing rapidly in the virtual sphere: the official ADTA Facebook page and the official ADTA YouTube

Channel.

Launched March 13, just in time for National Creative Arts Therapies Week, the new ADTA Facebook page has already accrued 1237 subscribers in less than three months. The official ADTA page is the voice of the organization on Facebook. The older Facebook group remains as a platform for members to share information with one another and to engage in content-related dialogue.

The ADTA YouTube channel is now "the" location to go to for videos on dance/movement therapy. The ADTA Talks are successfully reaching their target audience: mental health consumers, their families and the general public. In just three months, the channel has earned 11,174 views.

Christina Devereaux's video, the first one released in connection with World Autism Awareness Day, has been viewed 3,378 times! Following the model of TED talks, these short talks are meant to introduce the idea of DMT to those unfamiliar with the field,

pique their curiosity and inspire them to want to learn more about the profession. The topics were chosen based on research into what topics are of greatest interest to the general public, based on social media numbers and traditional media reports. The length of the talks were intentionally limited due to the well-established marketing research that reveals the attention spans and free time of most viewers is very limited. As a whole, the ADTA Talks are meant to be a basic, introductory volume revealing a fraction of our work and the videos will be further promoted as time goes on in coordination with awareness days and months.

You may not know that, after Google, YouTube is the second most used search engine. People now type in their topic of interest into the YouTube search box when they want to learn more about a topic. They don't want to read about a topic, they want to watch a video about that topic. YOU can help ensure that the ADTA Channel videos are the first videos that pop up in their search results when they inquire about "dance therapy" and "dance/movement therapy." How? Very simply - just click the "thumbs up" icon under each video – indicating your support for that video. If you have two minutes, also consider typing a comment under each video, using the term "dance/movement therapy" somewhere in your comment. These little actions on your part will help us get to the top of the search engine results very quickly – where we rightfully should be – and will help reduce the impact of videos that incorrectly label themselves as dance therapy.

Overall, all social media platforms continue to grow organically on their own with very little effort needed

by the PR Committee. Check out the "Social Media Update" for all the latest numbers! A key strategic goal for the new fiscal year 14/15 will be to target efficient ways to significantly grow the social media audiences. We have planted the seeds – now it is time to grow, grow, grow and reap the harvest.



You can help the cause. Whether you have two hours you can donate to a one-time project or want to get involved on a regular basis, PR needs you. Contact me at lorawilsonmau@mac.com and we will brainstorm how ADTA PR can best benefit from your skills, passion and availability, no matter how limited. You can make a difference.

"Vision without action is merely a dream.
Action without vision just passes the time.
Vision with action can change the world."

- Joel A. Barker

Board Reports: Public Relations Committee - Social Media Update

Submitted by Lora Wilson Mau, BC-DMT

ADTA's growth in the social media spheres since the spring newsletter:

NEW Official ADTA Facebook Page (the voice of the organization on Facebook)

https://www.facebook.com/AmericanDanceTherapyAssociation

Launched March 13, 2014 in time for CAT week.

In less than three months it has grown from 0 subscribers to 1,237!

NEW YouTube Channel

https://www.youtube.com/channel/UCPbg1AA1-F7ghNVlstpNVPQ

Launched officially on April 2 in observance of International Autism Awareness Day, the new ADTA YouTube channel has accrued 145 subscribers in 3 months time and the ADTA Talks videos have accumulated 11,174 views so far.

ADTA Facebook Group Page

https://www.facebook.com/groups/2209175161/

3,615 members (+272)

+8%

ADTA Annual Conference Facebook Page

www.facebook.com/adtaconference

629 subscribers (+26)

+ 4%

ADTA Group on LinkedIn

www.linkedin.com/groups/american-dance-therapy-association-adta-3945307

1,947 members (+195)

+11%

ADTA Twitter Account @ADTAorg

www.twitter.com/adtaorg

927 followers (+98)

+ 12%

ADTA Pinterest Account

www.pinterest.com/adtaorg

7 boards, 99 pins, 129 followers

+63%



Board Reports: Committee on Approval

Submitted by Jessica Young, BC-DMT



The Committee on Approval, which includes Wendy Allen (Naropa), Nancy Beardall (Lesley), Valerie Blanc (Supervisor rep.), Claire LeMessurier (Antioch), Anne Margrethe Melsom (Drexel) and Julie

Miller (Pratt) met in Boston on March 15th to review the annual reports of all six approved programs. We will meet at the conference in Chicago on November 6th to review the candidacy status report for Sarah Lawrence College. Sarah Lawrence College just graduated their first incoming class and are preparing to submit their application for three year approval this December. Congratulations!

Public member Jesse Geller resigned, and we are very grateful for the years of dedicated service, objective perspectives and expertise that he continually shared with the committee. His contributions greatly informed our work and we will miss him. The committee identified candidates for the public member position and we are in the vetting process.

Anne Margrethe Melsom and I will be co-chairing the ADTA Education Standards Review Task Force. The Board approved the following charge for this task force, "to review and make recommendation or revisions to the ADTA Standards for Dance/Movement Therapy Master's Programs to incorporate more robust competency based standards, expand upon existing competencies and reflect the manifestation of current standards." The Task Force

work will begin by obtaining training on best practices in developing competency based standards. Their work will also be informed by research into the educational standards of other allied professions. This group is comprised of Nancy Beardall (Approved Program Educator Rep.), Joan Wittig (Alternate Route Educator Rep.), Robyn Cruz (Research Subcommittee Rep.), Beth McNamara (Practice Subcommittee Rep.), Meg Chang (Standards & Ethics Rep.), Ellen Yacoe (Government Affairs Rep.), Nana Koch (Subcommittee of Approval for Alternate Route Courses Rep.), Anne Margrethe Melsom and myself (Committee on Approval).

Newly approved alternate route courses since April include:

Group Process and Group Dynamics in DMT Kalila Homann Austin, TX

Advanced Clinical Skills: Leadership Skills and Group Process in Dance/Movement Therapy Bonnie Bernstein CMER in Berkley, CA

Nana Sue Koch (Chair), Shira Karman, Janet Lester and Barbara Nordstrom-Loeb serve on the Subcommittee for Approval of Alternate Route Courses (SAARC). The membership on SAARC will change in the fall as members rotate off the subcommittee. I look forward to sharing the new composition in the next newsletter.

Board Reports: Government Affairs Committee

Submitted by Allison Winters, BC-DMT



Greetings ADTA Community. I hope you are all enjoying some warmer weather as we move from spring to summer. Transitions are not always easy but can bring about exciting new changes and opportunities. As you can

see from our Policy Consultant, Myrna Mandlawitz's

report (see below), there is much possibility in the air. As always, the ADTA and the Government Affairs Committee is working hard to ensure that dance/movement therapists are represented and supported at the local, state and federal levels of government. Your voice is important, so please communicate any comments, questions or concerns

Board Reports: Government Affairs Committee

Continued...

via email, ADTA forum or through any of our social media outlets (Facebook, LinkedIn). I look forward to connecting with all of you this fall in Chicago.

An update from our Policy Consultant, Myrna Mandlawitz:

CAM & Mental Health Services Raised in Congress

ADTA is tracking several legislative efforts to increase access to and funding for complementary and alternative medicine (CAM) and mental health services. While Congress is unlikely to authorize any new programs this year, there is a growing chance the appropriations committees may reach agreement on funding for these important services.

The House recently passed its bill to fund Military Construction and Veterans Affairs programs for Fiscal Year (FY) 2015, which begins on October 1, 2014. The Senate Appropriations Committee has just begun debate on its version of this bill. The report accompanying the House-passed bill includes more money for mental health services. However, the report does not specifically mention CAM therapies which the president included in the justification for his FY 2015 budget request. Instead, the report talks about "access to alternative treatment options," stating "The Committee encourages the VA to include non-invasive treatments in its scope of approved treatment options for veterans receiving mental health care."

As noted, the president included in his budget justification the full language on CAM from the Comprehensive Veterans Health and Benefits and Military Retirement Pay Restoration Act of 2014, which we reported on previously. That bill was defeated earlier this year in the Senate by three votes. Veterans Affairs Chairman Bernie Sanders (I-VT) has expressed his determination to secure the additional votes needs for passage and ask the Majority Leader for floor time to bring the bill up again.

ADTA has gone on record in support of another new bill, Strengthening Mental Health in Our Communities Act of 2014, sponsored by Representative Ron Barber (D-AZ). Barber was a staff person for Representative Gabby Giffords and later took her seat in Congress. The bill calls for a White House Office of Mental Health Policy to lead a national strategy to increase mental health research and services and reduce the impact of mental illness on communities. In addition, the legislation addresses the shortages in the behavioral health workforce in all settings. There are also provisions directed to ensuring more and better mental health services for veterans and active duty military, including mental health assessments before individuals enlist in the armed services. It is unlikely the bill will receive any action this year, which gives the ADTA time to engage in meaningful conversations with the co-sponsors about the importance of the creative arts therapies in meeting mental health needs.

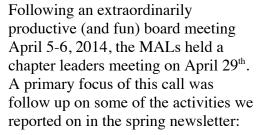
In August 2012 President Obama issued Executive Order 13625, *Improving Access to Mental Health Services for Veterans, Service Members, and Military Families*. That order called for hiring an additional 1600 mental health providers by June 2013. The VA exceeded that goal, with 1800 new hires. In addition, the order mandated the VA to hire and train 800 peer to peer counselors to "empower veterans to support other veterans and help meet mental health needs." Again, that number was exceeded, with 950 hires distributed across all VA medical centers.

ADTA is following all of these activities closely. The organization is an active participant in various task forces of the Consortium for Citizens with Disabilities representing settings where DMTs are practicing (Veterans Affairs and Military Families; Health; Education) as well as the Mental Health Liaison Group, a broad coalition of national organizations concerned with provision of quality mental health services. We will update you regularly on ADTA's participation in these national efforts.

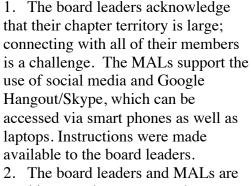
Board Reports: Members-at-Large

Submitted by: Amber E. L. Gray, BC-DMT, Crystal Smith, BC-DMT, Adina Rosenberg, BC-DMT











working together to ensure that chapters are fiscally responsible.

- 3. Chapters are looking to save mailing costs through on-line voting and we discussed issues related to on-line voting.
- 4. The MALs support the use of the Chapter GAC/Public Advocacy Chairs to join their local counseling association. It is good to stay informed in regards to any changes in state licensure laws, for example. We discussed the MD/DC/VA GAC grant as a highlight of the Spring board meeting. It is hoped that other states can borrow from what this chapter learns re: lobbying and the licensure process, which the grant will partially fund.

Monday, July 21, 2014 will be our next chapter board leaders phone call at 5:30 PT/6:30 MT/7:30 CT/8:30 PM EST. Also, our Chapter Board Leaders gathering at the conference will be held Friday, Nov. 7 from 6:30-7:30 PM (location in the hotel TBA). We look forward to seeing you at our Regional Caucuses in Chicago in November!

Dance/Movement Therapy Courses: 10 Day Experiential Intensive Courses

Approved by the ADTA as an Alternate Route to R-DMT Certification 4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area - 2 hours east of NYC

Attend one or both:

December 27, 2014 - January 6, 2015 June 1 - 12, 2015

- Established experiential training in dance/movement therapy since 1972
- Open to practicing and student dance/movement therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications
- Known for small classes which allows for both group and individualized instruction
- Learn dance/movement therapy theory and skills, group process in dance/movement therapy, and movement analysis
- Participate in clinical field work
- Authorized certificate will be issued on completion of the course

Tuition: \$975 per two-week program

Housing: Hampton's Bed and Breakfast available at additional cost

Contact: Linni Deihl, BC-DMT P.O. Box 743 **Quogue, NY 11959** (631) 653-8750 LinniADTR@aol.com

Board Reports: From the ADTA Office

Submitted by Gloria Farrow



Have you moved? Or are using a new address? Save the ADTA money by updating your profile on the website or contacting the ADTA office to update your address on our database.

Renew your membership, credentials and chapter dues online for the upcoming fiscal year (July 1, 2014 through June 30, 2015):

- 1. Go to www.adta.org
- 2. Login with email address and password (lower left of screen)
- 3. Then click "view profile" at bottom left of screen below your name
- 4. Under "member details" click button "renew until 30 June 2015"
- 5. Follow the instructions*

*You will also be asked if you want to renew your R-DMT or BC-DMT and Chapter dues - so read to the bottom of each screen.

2014 ADTA Conference November 6-9, 2014 at the Hyatt Regency McCormick Place, Chicago, Illinois – Make your hotel reservations now: http://www.adta.org/GeneralInformation under Hotel Information. Looking to share a hotel room at the conference? Contact info@adta.org.

Register for the 2014 ADTA Conference

http://www.adta.org/RegisterforConference?eventId= 906477&EventViewMode=EventRegistration and view the **2014 ADTA Conference Special** Events: http://www.adta.org/SpecialEvents

When writing dance/movement therapy always put the slash (/) between dance and movement; however, when writing **DMT** or **dmt** no slash (/) is written.

If you are **planning to give a presentation** in your area, make sure you are offering the latest introductory brochure and educational brochure. Call the ADTA office at 410-997-4040 or email info@adta.org to request brochures to be sent to you for distribution.

Did you graduate from an ADTA Approved Graduate School and have not applied for your R-DMT? Go to http://www.adta.org/R-DMT for your R-DMT Application for Approved Program Applicants and have your transcript sent directly to the office. R-DMT applications are accepted any time during the year.

As an ADTA member you have full online access to the **American Journal of Dance Therapy (AJDT)**; login as a member to the ADTA website. You are able to access the latest journal and every volume back to Volume One.

Read the discussions/listings in the **FORUM** and find out the latest offerings of workshops, job openings, professional practices, advocacy, announcements, student information and multicultural-diversity-international topics.

Have you visited the **ADTA Online Store**? Several new items are available. To receive member discounts, log in as a member first. http://www.adta.org/Members_Store

Planning ahead – October 22 – 25, 2015 2015 ADTA Annual Conference in San Diego, California, Hyatt Regency La Jolla

Planning ahead – October 20 – 23, 2016 2016 ADTA Annual Conference in Washington DC/Bethesda, Maryland

Liability Insurance: Marsh U.S. Consumer: http://www.proliability.com or Healthcare Providers Service Organization: http://www.hpso.com

Questions about **Continuing Education (CEs)** can be answered at our ADTA website. Continuing education (CE) hours are defined as actual clock hours of participation in an activity; **one hour is equal to 1 CE**.

http://www.adta.org/Recertification_CE

Board Reports: From the ADTA Office

Continued...

Does your employer request the ADTA Dance/Movement Therapy **Scope of Practice**? http://www.adta.org/About_DMT

Have you taken part in the **ADTA webinars**? The ADTA is pleased to provide top quality webinars designed to help you earn continuing education credits, increase your knowledge of the dmt field and support your overall professional development.

Webinars are scheduled monthly! http://www.adta.org/adta ce webinars

Member Benefit – Do you have your own website?

On your website, set up an area that states: For more information about ADTA/DMT and link to the ADTA website. ADTA can link your website to ours under Resources/Related Links.

http://www.adta.org/Related_Links

Contact the ADTA Office

p. 410-997-4040

e. gloria@adta.org info@adta.org

m. 10632 Little Patuxent Parkway, Suite 108, Columbia, MD 21044



2014 Election Results

After 1046 Professional and Retired ADTA Members were e-mailed the link for online voting, 246 (23.52%) voted. See the results below.

Nominating Committee-Eastern

Jacelyn Biondo 105 Nalini Prakash 139

Member-at-Large-Eastern

Naomi Nim 132 Susan C. Orkand (previously Susan Cohen) 113

Public Relations Committee Chairperson

Lora Wilson Mau 245

Vice President

Margaret Migliorati 243 Write-in votes –Susan Orkand and Jeanetta Scholefield

Education, Research & Practice Committee Chair

Susan Imus 173 Beth Lucchi 72 Write-in vote – 1 – Christina Devereaux

President

Jody Wager 245

Chapter Reports

Carolina Chapter

Submitted by Virginia Hill, R-DMT

The Carolina Chapter of the ADTA had its annual business meeting on June 8, 2014 in Greensboro, NC. At this meeting, we discussed our plans for an evening with a DMT "Great," growing our chapter membership, establishing a once-a-month "book discussion club" and the usefulness of social media, among other regular business items.

Soon-to-be Southern Chapter

Submitted by Voniè Stillson, BC-DMT

We have some congratulations to share! Susan Kierr just completed her third term as President of the Louisiana Landmarks Society, a nonprofit in New Orleans dedicated to the preservation of the music, dance, architecture and neighborhood culture in the community, and Voniè Stillson is now an Approved Clinical Supervisor (ACS). Also there are many of us who will be presenting at the upcoming conference in November, and we look forward to seeing each other and the rest of our dance/movement therapy family then!

Chapter Reports

Texas Chapter

Submitted by Suzy Rossol Matheson, BC-DMT

A successful Annual Texas ADTA
Chapter meeting was held on April 6,
2014 in Dallas. A huge thank you to
our outgoing president, Mary Whiting
and congratulations to our new
president living in Austin, Lea
Comte. Thank you to Mikael
Lövkvist for presenting his Doctoral
Dissertation Project: "Somatic
Empathic Resonance - Subjective and
Intersubjective Experiences of the
Psychotherapeutic Dyad." As usual it
was nice having a handful of students
interested in the field attend the
meeting!!

Congratulations to DMT, Lynn Moon, for another successful 4 week Adaptive Dance program this past spring at Texas Scottish Rite Program located in Dallas, TX. She has been doing this program for over 10 years. She reports that the theme this year was *Dance across*



Photo above: Suzy Rossol Matheson & Concetta Troskie Photo below: TSRH Dance Across America 2014



America! She said they learned about American roots with dances that included the Charleston, the Jitterbug, hip hop, ballet and square dancing!

Congratulations to 3rd year Antioch DMT student, Concetta Troskie, for giving a wonderful presentation this past Spring at her internship site in the north Dallas area, Atria Senior Living, called: *The Gatekeepers of Wisdom: Using Dance/Movement Therapy with the Elderly*. Over 40 people were in

attendance including residents, caregivers and members of the community. A PowerPoint presentation was used, materials passed out from the ADTA website and experientials (of course) to get the crowd moving! Site supervisor, Suzy Matheson, was very proud of Concetta for going above and beyond the graduation requirements.

MD/DC/VA Chapter

Submitted by Nalini Prakash, BC-DMT and Emily Hall Ray, BC-DMT

The MD/DC/VA Chapter is proud to announce that it received the ADTA grant for the Maryland license campaign. We are very grateful to the ADTA Board for a very generous government affairs grant that recognizes and supports a plan of action to secure greater access to the LCPC license for Maryland dance/movement therapists. Sharon Chaiklin, Judith Fischer, Eve Hanan and Naomi Nim, the MD/DC/VA Chapter government affairs committee, have been working towards this goal over the past two years. Recently proposed changes to the MD counseling license have offered a timely opportunity for the MD/DC/VA Chapter to lobby the MD Board of Health and Mental Hygiene and the state legislature.

We are encouraged that one of the options being considered is recognition of degrees from accredited universities in mental health fields other than counseling. This is a significant departure from practices of the past that kept many dance/movement therapists from securing the LCPC. The ADTA grant will fund the services of a lobbyist and will enable the chapter to document our work so that other chapters around the country can benefit from our experience.

Our chapter has also been very busy giving and receiving information about dance/movement therapy as well as facilitating dance/movement groups within

Chapter Reports

MD/DC/VA Chapter Continued...

the community. Once again our chapter facilitated the opening movement experience at the Psychotherapy Networker Conference on March 20th in DC. Together with Daniel Leven, our team of dance therapists Naomi Nim, Catherine Davidson, Kathy Wallens, Mimi Moyer and Carol Orth, led by Jody Wager, provided the attendees with a movement experience designed to open them up physically to the conference. The 150 attendees were divided into 5 groups and invited to choreograph/create a one-minute dance that represented the theme of the

evening: The Doorway to Engagement: Freeing the Body and Awakening the Mind. The dance/movement therapists offered support, direction and containment and the results were delightful, heartfelt, authentic and full of energy. The dances were diverse and similar all at the same time. The movement closed with a large group spiral, allowing all participants to come face to face with one another before departing.



Photo above: Dianne Dulicai presenting at workshop on March 30th

Dianne Dulicai and Warin Tepayaone premiered the MD/DC/VA ADTA Chapter's new program, which included a donation based workshop and peer supervision on March 30th at the Iriya Dance/Movement Therapy studio in Virginia. The topic was Nonverbal Assessment of Family Systems and Children. There was so much to cover and so much to learn from Dianne and Warin that there are plans to coordinate a Part II to include observation and assessment of dyads and groups. "We can't just look at the child," said Dianne on Systems Theory and Families. The next program of this nature on June 22nd will feature Nalini Prakash who will share her experiences of dance/movement therapy with forensic psychiatric patients at Saint Elizabeths Hospital. This program will also include the very valuable experience of peer supervision. On April 4th, as part of the annual spring conference organized by the chapter at the University of

Maryland, Allison Winters provided an informative, experiential and persuasive all day workshop on *Dance/Movement Therapy with the US Military and Veterans*. Her experience serving as the only dance/movement therapist who has worked at a VA Hospital and with the military offered the audience insight into the culture of the military as it relates to psychology and dance/movement therapy theory and applications. She discussed how other dance/movement therapists could find jobs with the VA and military system through usajobs.gov. There

was a sizeable turnout including students of the University of Maryland who were interested in exploring dance/movement therapy as an option for graduate school.

With much excitement and heartfelt honor, Jody Wager, Brigitta White, Warin Teypeyone and Nalini Prakash participated with the veteran's organization, Trauma

Assistance Program for Survivors (TAPS) during the Good Grief Camp held at the Crystal Gateway Marriott in Crystal City, Arlington, Virginia on Saturday, May 24. This was the group's third year in a row to provide volunteer dance/movement therapy groups. Jody reflected on the overwhelming awe and compassion she felt for these courageous children who are going through life without the presence of a mother or a father. Here are some of her reflections – "I was deeply touched by their willingness to join in the dance and their openness to share their stories. Two particular moments that stole my heart were when, in response to the invitation to create a dance, movement or gesture in memory or celebration of their loved one, one little girl, sitting on top of her mentor's shoulders, with arms outstretched like the wings of a plane, "flew" around the inside of the circle, in honor of her father, who was in the US Air Force ... and the little boy, accompanied and literally supported by his mentor and a chair, proceeded to perform a headstand ... which he said he was

Chapter Reports

MD/DC/VA Chapter Continued...

wanting his father (who is up in heaven) to see. When asked later if his father had ever seen him do a headstand before, he said "he has now!" Moments like these simply reinforce my love for our work and the field of dance/movement therapy."

On Saturday, May 31, 2014 dance/movement therapists Catherine Davidson, Ashley Duquette, Jody Wager and Hannah Whitley brought

dance/movement therapy to yet another grief camp, Camp Koala in Gardner, PA. Camp Koala's mission is to provide grieving children, teens and their families with the tools and resources to help them manage their grief in a healthy way and to offer companionship in a supportive environment. Through dance/movement therapy, the children were provided an opportunity to connect with one another and

find support through engagement in a variety of creative movement processes. They were also invited to find non-verbal ways of exploring and expressing their grief by creating dance and movement in honor of their loved ones. These courageous children shared their stories, both verbally and non-verbally, with honesty and pride. During a group choreography exercise, one little boy decided he wanted his dance

to be about animated characters that would represent their loved ones, and he chose spider man. When asked why, he said, "Spiderman was his brother's favorite super hero". Another little boy suggested that his group have all the campers get on the shoulders of their "big buddies" to represent "the bond between father and son". Together they formed a heart and began swaying from side to side. These expressions of love and loss were profoundly moving

and inspiring. It was an honor and privilege to be in their company and to witness this very important work.

On June 5th, Nalini Prakash gave a presentation on dance/movement therapy at the Indian embassy in Washington DC in collaboration with the ADTA. In *Dance to Heal: Light the Mind*, Nalini shared her experiences working with individuals from diverse

cultures and populations through dance/movement therapy. Her insights emphasized the importance of recognizing and adapting to varying cultural patterns among populations in order to have the most impact in the therapeutic process. Jody Wager gave the opening remarks with information about the ADTA, and she and Naomi Nim supported Nalini during the evening through the experiential.



Photo above: Allison Winters presenting all day workshop on DMT with the US Military and Veterans



In Memory of...

Emilie Conrad

Submitted by Amber E.L. Gray, BC-DMT

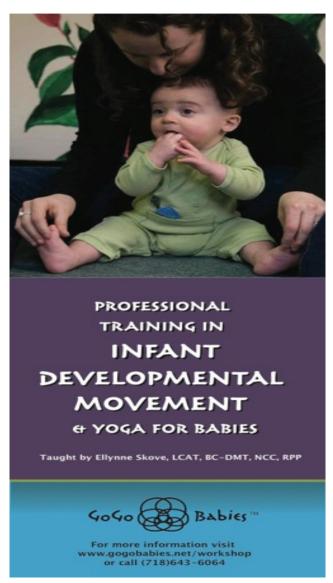
Emilie Conrad, originator and creator of Continuum Movement, passed away on April 14, 2014. Recognized as a pioneer in the field of somatics and movement arts, Emilie's life-long explorations of the fluid body and fluid movement as fundamental to not only health and well-being, but also to our humanity, established her work as a truly unique and innovative contribution to dance, movement and somatic therapies. Emilie's inquiry into the potential of the fluid system as an "alternative system" for challenged bodies for whom medical models of treatment offered little hope and as the source of our interconnectedness, or what she lovingly calls "species inclusivity", began in Haiti in the 1950's. As a child, Emilie experienced considerable suffering, and dance was her refuge. A scholarship with Katherine Dunham dance led her to Haiti in 1955 where she co-created the still dancing Ballet Bacalou with choreographer and Mambo Odette Weiner. The fluid undulate that is core to Haitian dance captured Emilie's attention as did the sacred form of dance that is mainstay to Haiti's rich ceremonial and healing tradition. When she returned to the United States in 1960, Emilie began to observe, move and play with the wave motion as fundamental to human experience and as connector to all life forms:

"The concert of existence places me in resonance with our biosphere, meaning that at this moment there is no "body" no separation; I am part of the swirl of bio-morphic unfolding. I am not bound by culture or language. The deepening of sensation allows me to be without category. I transfer the moisture of my cells, join the wet of the grass, the pour of the ocean, the stars that watch over the night. The plants breathe, my skin is wet, we are here. This fundamental umbilical to life without category is for me the first stage of sanity."

-Emilie Conrad Life On Land

Continuum Movement will be carried on through the work of more than eighty teachers worldwide, who each spent time studying deeply with Emilie.

Continuum as a movement and life practice informs many other somatic, movement and danced-based therapies and practices. Emilie's courageous and creative physical presence will be missed; her spirit will continue to add sparkle to the world through every breath, movement and dance that is expressed.



PAID ADVERTISEMENT

Study Groups

Oregon Study Group

Submitted by Carolyn Johnson

The Oregon Study Group (OSG) continues on!!! The last two meetings highlighted the work of Alicia Tsiorba and Yael Schweitzer. In Alicia's presentation, we explored significant life themes using movement, meditation, art and writing. It was a powerful experience for participants, offering us the opportunity to focus on what is important in our lives at this moment, what blocks change and to identify what strengths we bring to our life path. In our meeting in May, Yael offered us a Creative Dance experiential Dancing from the heart: Cultivating

mindfulness and compassion with Creative Dance melding the fields of mindfulness meditation and Barbara Mettlers' creative dance form. The OSG is committed to providing a forum for Oregon DMTs to present their work and explore their ideas, support new DMTs and offer opportunities for those interested in the field to experience the modality and connect to DMTs working in the field.

The group meets 3-4 times a year and has been ongoing for more than 20 years!

ADTA Voluntary Contributions

ADTA wishes to thank the voluntary contributors for their generous support.

Received March 1, 2014 through May 31, 2014

Cynthia Berrol
Jacelyn Biondo
Anne Brownell
Beverly Carinus
Sharon Chaiklin
Robyn Flaum Cruz
Gina Demos
Meghan Dempsey
Sue H. Fredrick
Kelsey Gangnath
Norma Goldberg
Takane Hirai
Deanne Hohmann

Rebecca Houghton
Elissaveta Iordanova
Miyuki Kaji
Bat-Sheva Koren
Golden Koscuik
Lynn Koshland
Nancy Kowalczyk
Shannon Lengerich
Patricia Littlewood
Ann Lohn
Tonius Louie
Julie Miller
Melissa Joy Miller

Eri Tanaka Millrod Naomi Nim Yukari Sakiyama Claire Schmais Patricia Seymour Ellynne Skove Tina Stromsted Amina Tafra Nancy Toncy Darin Wymer Jaimie Zablocki



Marian Chace Foundation

Submitted by Trustees: Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart, Susan Kleinman



We are pleased to invite you to the Chace lecture that Dr. Lenore Hervey, BC-DMT will be giving at the upcoming conference in Chicago. In her talk titled *Bindings*, *Boundaries and Pathways: Dancing on the*

Edge, Dr. Hervey will share her thoughts about navigating complex relationships with colleagues and professional associations while celebrating the varied trajectories of a career as a dance/movement therapist. Please note that the lecture will be held on Friday, November 7th at 3:40 pm and is open to the public.

The trustees met for their usual spring meeting in Columbia in order to review policies and other business of the Foundation as well as to carefully discuss grant applications. We are pleased to announce a grant to cover the ADTA's first year upgrade fee needed for the GoToWebinar sessions. We believe that these sessions with knowledgeable teachers are most important for sharing information beyond what is available at the conferences. We congratulate all those who make these possible. Others grants are in process or pending at this time.

We wish all of you a pleasant summer.

Donations received March 1 through May 31, 2014

FRIENDS (up to \$36)

- Jody Wager In memory of Paul Kleinman...may his memory be a blessing
- Willa & Marty Oren In memory of Paul Kleinman...our deepest sympathy

SUPPORTER (\$36 - \$99)

- Audrey Albert-King In honor of Susan Kleinman and in memory of Paul Kleinman
- Andrea Bass Susan, this donation is in memory of your wonderful husband, Paul. My deepest sympathies to you and Jason. Sending you love and prayers.
- Bill & Marion Bishop In celebration of Sharon Chaiklin's 80th birthday
- Catherine Davis In honor of Sharon Chaiklin's 80th birthday....may scholarship and research in dance/movement therapy thrive
- Gloria Farrow In honor of Sharon Chaiklin's 80th birthday
- Gloria Farrow In memory of Paul Kleinman
- Harald & Ann Lohn In memory of Paul Kleinman
- Karen Polin In memory of Paul Kleinman
- Arlynne Stark *In memory of Paul Kleinman*

PARTNER (\$100 - \$499)

- Penny Lewis Estate
- Dorothy Rosenbluth
- John & Suzie Weiss In honor of Sharon Chaiklin
- Renfrew Center (Coconut Creek, FL) In memory of Paul Kleinman from Susan Kleinman's friends at Renfrew

DMTCB

Dance/Movement Therapy Certification Board

Submitted by Susan Saenger, BC-DMT

The DMTCB members met for their spring meeting in New Orleans. Photo by Susan Kierr.



Left to right: Linda Aaron-Cort, Linni Diehl, Julie Miller, Jeanetta Scholefield, Laura Allen and Susan Saenger, Chair.

Congratulations

BC-DMTs registered between March 1 and May 31, 2014

Junko Araki
Deva Mae Connett
Amanda Doyle
Ashley Duquette
Diana Franschman
Ashley Getz
Karla Karpowicz
Simone Kleinlooh
Audrey LaVallee

Christina Lindsay
Emily McNeil
Melissa Nedza
Deanna L. Roberts
Minjung Shim
Meghan Slade
Sandra Sneiderman
Alexandra Starrett
Tanya B. Wright

R-DMTs registered between March 1 and May 31, 2104

Emily Shackelford Arnold
Kathryn S. Bohn
Whitney L. DiGeronimo
Bianca Filion
Kendall Pauline Hagensen
Rebecca S. Houghton
Julie Keyeski-Rank
Audrey Albert King
Ambryn D. Melius
Genevieve Nave

Valerie Perdue
Mary 'Meg' Leslie Groves Rossi
Zuzana Sevcikova
Michal Rokach-Shamay
Courtney A. Stellmach
Chevon Stewart
Nicole Walsh
DaShawn Christine White
Winnie M. Wong

From the Professional DMT Community

DisciplineofAuthenticMovement.com

Submitted by Susan Cahill, BC-DMT

Hello ADTA Colleagues,

I am writing to you to share the launching of a new website, www.DisciplineofAuthenticMovement.com. As a dance/movement therapist, I am very excited that this website is now available for students who are interested in practicing what Janet Adler has named as the Discipline of Authentic Movement.

Over the last 45 years of her life, Janet evolved this form, which is anchored in the relationship between the mover and the witness, into a ritual mystical practice. This embodied practice of developing consciousness, offers space for the invisible and what she calls energetic phenomena, as well as very specific ways of attuning to and cultivating the relationship between a mover and witness.

As part of her journey and sense of generativity, she, and other colleagues close to her teaching, decided to develop a website to help create a foundation and forum for teacher education. It offers a pathway for learning her work and for receiving the support necessary to eventually become a teacher of this practice.

The website defines the Discipline of Authentic Movement and the teaching container called **Circles**

of Four. When someone wants to become a teacher, this website offers a process for the learner to find a circle of mentorship that includes a primary teacher, a retreat teacher and a supervision teacher. The website explains this process and it also includes a worldwide list of faculty. That list will continue to grow as more of us receive Blessings from a Circle of Four.

Also in the website is her latest article, "The Mandorla and the Discipline of Authentic Movement." In this article she tracks the evolution from the mover's developing inner witness through the silent witnessing and speaking practices into the collective consciousness.

One of the unique features of the website is that no one leader is in charge. Janet has given birth to the process and it continues through the collective. She receives no financial benefit from this website. Each learner chooses her own teachers who will support her on her teaching journey.

If anyone has more questions about the website once you have access it, please feel free to contact me or any faculty on the website for further clarification. My email is soozcahill@gmail.com and I will be at the ADTA conference in Chicago.

Legislative Briefing, "Prevention Early Intervention" on May 7, 2014

Submitted by Mimi Moyer, BC-DMT



Congresswoman Grace F. Napolitano (CA-32) is sponsoring a bill to fund more dollars for early intervention initiatives for children with mental health issues, particularly Schizophrenia, and encourage outpatient programs to be all inclusive, having therapy, case management and education/employment trainings to improve overall quality of life for children, teens and their families. I introduced myself as a Dance/Movement Therapist/Mental Health Therapist who worked with adolescents at risk/students in DC, Maryland and Virginia.

Photo above: Mimi Moyer, BC-DMT with Congresswoman Grace F. Napolitano (CA-32)

From the Professional DMT Community

Moving For Life Participates in NYC's 8th Annual Dance Parade

Submitted by Amira Aganovic on behalf of Moving For Life Director, Dr. Martha Eddy

While light in numbers (we average around twelve participants each year), our team is the most diverse

in age, ethnicity, race and class background. Cancer does not discriminate and can occupy our lives from the position of a patient, survivor, thriver, family member or friend. We are all touched by it. It takes stamina to get out there and dance on hard pavement in the sun for block after block with the

public crowded around us, but the applause we get is motivation to keep our hearts pumping for this cause, literally and figuratively! This year was fantastic with Talia Shafir driving her car, which transformed into

the MFL Mobile, and gave some walkers a chance to take a break, get more water and lighten their loads in general. We have had several dance/movement therapists walk with us in past years - Sharon Epstein our Moving For Life Certified Instructor in Nassau County and Judith Klein of New York City. It

would be wonderful to have more of the Greater NY ADTA come out with us in May 2015; it's free!



ADTA's 49th Annual Conference





ADTA & NDEO will be hosting a joint conference Collaborations: A Mosaic of Possibilities Chicago, Illinois November 6 - 9, 2014

Registration now open.

Visit http://www.adta.org/Conference_2014 for information.

International News

Dance/Movement Therapy Association in Canada Submitted by Joanabbey Sack, BC-DMT

It is almost summer in Montreal and the Dance/Movement Therapy Association in Canada (DMTAC) looks back on a very active and exciting winter. In March, DMTAC participated in the city wide Creative Arts Therapies Week which is traditionally multi modal and open to the public. There was enthusiastic interest in our displays and demonstrations as well as an open Introduction to DMT workshop offered by Louise Binette, R-DMT. This experiential workshop was very well attended and much appreciated. The city was filled with events from all of the Creative Arts Therapies, and we were very much a part of the Creative Arts Therapy community in Montreal.

On May 28th in Montreal, DMTAC offered a panel for students and health professionals and members of the Concordia University summer intensive DMT course taught by Joanabbey Sack, BC-DMT. The

panel members included Montreal Dance/Movement Therapists, an alternate route student and a Montrealer about to leave for the Sarah Lawrence program in Westchester County, north of Manhattan. Topics included Alternative Route Studies in Canada and moving toward a Master's program collaboration between McGill University, Concordia University and University of Quebec. As the panel was anticipated by many across the country, the Association produced an audio recording to share the information with DMTAC members in Alberta, British Columbia, Ontario and other provinces.

In early July, the first Montreal Alternate Route Program in collaboration with the Harkness Dance Centre of the 92nd Y in NYC will take place at the National Centre for Dance Therapy.

Bonjour de Montreal!

Dance Puerto Rico

Submitted by Amarillis Vázquez, R-DMT

On April 29th 2014, in celebration of the International Day of Dance proclaimed by UNESCO, the Association Professionals of Dance Puerto Rico (Aprodanza) decided to dedicate the day to Dance/Movement Therapy. Due to this, Amarillis Vazquez and Aleisa Gines were invited to present on *Activating Values through Dance/Movement Therapy*. The presentation was interactive and successful in portraying the value of DMT in community and social growth. The presentation also promoted the Association and programs from which the presenters graduated as dance/movement therapists.





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Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. *Save 20% when you advertise in 4 issues!* Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be *no more than 2 ½ pages* when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read "ADTA Newsletter Submission"
- Prior to submission, *check and recheck* material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a *contact name and email* with each submission

Newsletter **Deadlines**:

Submission Deadlines:

Publication Deadlines (on/before):

February 28, May 31, August 31, November 30

March 28, June 28, September 28, December 28