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The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:
Mat Winer, Copy & Content Editor
Gloria Farrow, Co-Editor
Amber Grimm, Format & Design

A Few Words from the Newsletter Team

Happy Fall! Soon enough the ADTA Annual Conference will be upon us. We hope to see everyone there. The conference is jam packed with plenty to take advantage of. Read more about the conference on page 10. We especially look forward to all of the news, pictures and experiences you will bring back with you and share with us in the next newsletter issue.

Remembering Norma Canner



Norma passed away February 9, 2012. She was 93. Norma Canner, teacher, mentor, dance therapy pioneer, one of the founding members of the Expressive Therapies team at Lesley University and loving friend. Please join us in celebrating the life and work of Norma Canner at one (or both) of two special remembrance celebrations.

At the ADTA Conference
Friday, October 12, 2012
5:00 – 6:00 pm
Franciscan Room

Through performance, conversation and film, we dedicate this hour to Norma's long career, joie de vivre, and contributions as a pioneering teacher and practitioner of Dance/Movement Therapy. Together we learn again. A panel of DMTs (Nancy Beardall, Valerie Blanc, Nancy Jo Cardillo, Shira Karman and Donna Newman-Bluestein) will share vignettes about Norma and her work.

At Lesley University in Cambridge, MA
Thursday, October 18, 2012
6:00 – 7:00 pm
Marran Theatre

Followed by an exhibit by Karen Moss. Reception to follow in the Marran Gallery from 7:00 – 8:30 pm. "NORMA'S NEXT DANCE: LIFE AFTER 80": an exhibit of pages from a graphic novel about the last years of her life.



President's Letter

Submitted by Sherry Goodill, PhD, BC-DMT, NCC, LPC, ADTA President

Technology and the ADTA

Reflecting recently on our life as a global professional community, I've been thinking about the duality of it all. We work in a medium so immediate, so corporeal, and so personal -- yet we spend a good deal of time communicating in ways that are potentially disembodied: through the internet, using the written word, static images, the voice alone on the telephone, and thankfully, some beautiful, inspiring videos.

Before tackling the paradox this suggests, this letter celebrates the astounding technology that enables quick movement of information around the dance/movement therapy world and facilitates collaborations in research, scholarship, education, and clinical work. Technology helps those of us who live and work in communities without other dance/movement therapists nearby maintain contact and connection. In years past, collegial relationships were mostly either local or episodic, with contact mainly at the annual conference. Now, our professional work together moves on steadily throughout the year unimpeded by vast physical distances between us: something to be celebrated indeed! All contemporary professions function with strong reliance on the Internet and the ADTA is no different. In a few short years, the ADTA has converted many of its operations to electronic systems and much of our outreach is mediated through the web. Some of the transitions in the last 6 or so years include:

Publishing the newsletter electronically. The newsletter editorial team: Mat Winer, BC-DMT, Amber Grimm, and Operations Director Gloria Farrow create a quarterly publication that lives on the website but retains the formatting and feel of a traditional newsletter. If you want to print it, the layout works as a printed document too.

The robust new website, designed by *chrishillmedia* and launched in 2009, is a hub of activity and information. It is also a portal to other web-based programs and media. This website, the brainchild of our Past-President Robyn Cruz and funded in part by the Marian Chace Foundation, is proving to be the single biggest catalyst for the growth and for awareness of the ADTA. We now use it for a full complement of functions related to the conference: conference information, proposal submission, registration, and evaluation. Through the site you can purchase books, gifts, consultation services, and in the next year CE in the form of webinars. Free resources reside there for you, the membership (fact sheets and PR packages, chapter documents, information on committees and the board of directors). The Forum is a virtual "town hall" for

dissemination of job information, grant information, advocacy activity, and a place where we seek the wisdom and counsel of colleagues on clinical challenges and career developments. There are 90 external links to help you get around to resources, including the provision of links to members' own DMT sites to help others find you and your services easily. The "Find a Therapist" is a free referral database for our professional members (a service for which many other organizations charge fees). The site incorporates our important affiliate entities, the Marian Chace Foundation and the Dance/Movement Therapy Certification Board, so there is a single cyber source for all three aspects of the profession of DMT in the US. Sometimes I wonder how we ever managed without a website with this capacity and richness!

We track the use of the website through Google Analytics and we watch the relationships between media posts, home page content, and "hits". We know that people from all over the world (hundreds of countries at last report) access our site and spend time there learning about DMT. Our association management software is integrated with the website and interfaces with the bookkeeping software as well. E-blasts to the membership remind us all of important deadlines, bring time sensitive news, and can link us into specific locations on the site.

Social Media: The ADTA PR committee, membership committee, and the webteam maintain a Facebook page, an ADTA Twitter account, and a LinkedIn group for the ADTA as well. Donna Newman Bluestein, the outgoing PR chair has danced us forward in leaps and bounds in the use of social media. Lora Wilson Mau, the incoming PR chair has some fabulous ideas for leaping even further with our web presence and in the social media. There is a blog in the planning stages as well.

And there is icing on the cake: these technological advances have been good for the ADTA budget and have freed up resources for additional dynamic uses such as the employ of a professional Public Policy consultant and consistent representation to various counseling organizations. You can see that we are embracing the technology that propels the work of the association, that makes us more visible and keeps us connected throughout the year, and that enables international research collaborations and online teaching and learning.

BOARD REPORTS

Back to the paradox: gratitude and excitement about technology juxtaposed with the essentially embodied nature of our work. Have we found the right balance? The right mix of “languaged” and “unlanguaged” ways of being together? of the verbal and the nonverbal? How do you see it? How do you create the balance in your own work? I would submit that when we come to conferences together and gather for regional and chapter events, we create connections with solid, sensory, dancing time in vivo and this grounds the airborne and more

verbal ways that our community moves in cyberspace. So come to the conferences and attend your chapter events to breathe in the personal, shared experience that fuels and gives context to our ongoing and lively dialogues during the rest of the year. Please share your thoughts (at the conference, in the newsletter, on the Forum, FB, LinkedIn, etc. etc....!)

Wishing you well and hoping to see you at the conference!



Vice President

Submitted by Jody Wager, MS, BC-DMT, ADTA Vice President

It is with great anticipation that I write this message as we approach the final stages of planning for our upcoming conference. Did you realize that our time in Albuquerque coincides with the annual hot air balloon festival? Perhaps you could arrange to go for a balloon ride and truly travel to new heights, as the theme of our conference suggests.

New this year is our very own conference Facebook page. Thanks to Lora Wilson Mau and Donna Newman-Bluestein for getting this idea up and going. Not only has this proven to be a successful way of promoting our field, it has kept everyone informed of the conference happenings.

As always, it is the intention of the conference committee to provide you with a rich and diverse program. In keeping with the theme, Exploring Vistas and Soaring to New Heights: DMT 2012 and Beyond, we purposely set out to offer workshops that address the topic of expanding our dance/movement therapy views and perspectives. Many of our presenters will be sharing with you how they have brought their DMT skill sets into new settings and with new populations while others will speak about ways in which their DMT training and skills have informed their work in new roles, outside the clinical arena.

Our schedule is a full one so my suggestion is to pace yourself, prioritize, make choices, and rest but do try to take advantage of the many offerings outside of the workshops. We have some exciting plenary sessions planned; including: Thursday night opening featuring some local talent, which will not only be for our viewing pleasure but is guaranteed to get us up onto our feet; Regional Caucuses following the opening and reception; the Marian Chace Lecture featuring

Judith Bunney; our Friday morning breakfast business meeting; the research poster session; the special interest groups; the International Panel; the Saturday night banquet and dance, featuring the local band, Tapestry; and our closing movement tradition on Sunday, which will once again be facilitated by Trish Capella and Tina Erfer.

I would like to take this opportunity to thank the many people who have given so freely of themselves over these many months. Please join me in recognizing this year's conference committee members: Gloria Farrow, Angela Tatum Fairfax, Donna Newman-Bluestein, Margaret Migliorati, and Robyn Cruz. Thank you to the members of the local conference committee and to all the individual presenters, who have so graciously and generously shared their work with us.

It is with sadness and disappointment that I share with you that, due to a prior family commitment, I will not be able to stay for the entire conference. But do know that I will be with you in spirit ... especially on the dance floor on Saturday night.

In closing, it is my intention as chairperson of the conference committee to provide you with an environment within which to learn, grow, connect, laugh, play, and dance! I encourage each of you to think about what it is you wish to take back home with you from this experience and to set your own intentions. Whatever it is that you are coming for, it is my hope that you find it ... and more!

And for those of you unable to attend this year, you will be missed and we will look for you in Brooklyn.

BOARD REPORTS



Secretary

Submitted by Ty Tedmon-Jones, MA, LCAT, LMHC, BC-DMT, ADTA Secretary

Greetings to all of you ADTA Members! Thank you for your continued membership and engagement in our amazing organization! It has been a great year serving as your Secretary and I look forward to completing this term with continued passion and drive.

Your board and many member volunteers are working on a number of projects to benefit you and your work as dance/movement therapists. Many of these projects need muscle-power and I hope you will consider volunteering this year! If you have a few hours every week or every month that you would be willing to donate, contact the National Office to sign up to volunteer with an ADTA committee, subcommittee, work group, or other special project. If you are not sure what needs done or what projects are underway, please review the previous Newsletter Volume 46, Issue 2. You may also browse the various committees here: <http://www.adta.org/Default.aspx?pageId=1118872>.

Also, if you would like to speak to someone about getting involved, you are welcome to contact me via email to schedule a brief time to speak about your interests and the organization's needs: ty@somaticrevelations.com. The only requirement to volunteer for the ADTA is that you maintain organizational membership in the appropriate member category.

Student Membership Subcommittee: Update

As all of you students and educators already know, Academic Year 2012/2013 is upon us! The ADTA Student Membership Subcommittee is gearing up for our year with a number of new Student Representatives from our national DMT Programs who will join returning Student Representatives, our two Professional Members, and myself on the 2012/2013 Committee!

The Student Membership Subcommittee has both a number of annual and newly envisioned projects in place for the coming year and we look forward to keeping you up to date about our work. In the meantime, know that due to the extremely positive response to our Transitions Webinar Series last year, we will be planning similar webinars this year and will continue to make these available to any interested member. If you have something that you would love to educate members about, contact me right away to discuss the possibility of developing a webinar for the Student Membership Subcommittee or another segment of the Membership! You may reach me via: ty@somaticrevelations.com.

I wish you all a very happy autumn and look forward to seeing many of you at the conference next month!



Multicultural & Diversity Committee

Submitted by Angela Tatum Fairfax, PhD, LPC, BC-DMT, NCC,
ADTA Multicultural & Diversity Committee Chair

It's Annual Conference time again and the Multicultural and Diversity Committee (MDC) is excited to share in the energy and rich culture of Albuquerque, New Mexico! With the Balloon Fiesta, Native American Pueblo, and Hispanic cultural influences the city is sure to burst with color and celebration.

During the 2011 Annual Conference in Minneapolis, MN, the MDC was in full force providing standing room only intensive and workshop presentations, an outstanding performance and lecture, and a great MDC meet and greet. At the close of the conference, we had recruited seventeen new members into the committee and/or Affinity Groups. We received lots of great feedback and we heard you loud and

clear in terms of providing more information for a longer duration.

This year the MDC will provide a full day intensive entitled, "Moving Cultural Competence Beyond Color Blind Racism and Survival Mechanisms in the Movement Repertoire." We anticipate another great presentation filled with the clinically exposed and personally lived truths that we encounter as dance/movement therapists working with culturally diverse populations.

We will also have a display table and host a fun-filled dynamic meet and greet. Please stop by our table, attend the intensive, and connect with us throughout the conference weekend. We look forward to seeing you there!

BOARD REPORTS



Treasurer

Submitted by Meghan Dempsey, MS, BC-DMT, LCAT, ADTA Treasurer

We would like to give a big THANK YOU to those DMTs who continue to donate to our organization!! We are grateful for all you give to the ADTA, both in service and in donations. We are continually working to improve our services to our members and your donations help us to better serve you. Visit www.adta.org to give one-time donation.

As much as we appreciate the donations within our community, it is time to look outside the ADTA for funding to help achieve Vision 2016 as we work to optimize the vitality of dance/movement therapy careers. We need your help in generating creative ideas on how to raise funds for important projects. If you have any thoughts or ideas you would like to share, please contact Meghan Dempsey at move2improve@gmail.com.

Don't forget:

To consolidate your student loans. Here are some websites you might want to check out before you decide if this is an appropriate option for you.

- <http://www.forbes.com/2009/04/15/student-loans-moneybuilder-personal-finance-consolidate.html>
- <http://studentaid.ed.gov/repay-loans/consolidation-should-i-consolidate>
- <http://www.aie.org/Paying-for-college/After-graduation/Learn-About-Student-Loan-Consolidation.cfm>

If you have been working as a public service employee for over 10 years, you might be eligible for Student Loan Forgiveness. For details visit:

- <http://www.studentaid.ed.gov/sites/default/files/public-service-loan-forgiveness.pdf>
- <http://www.staffordloan.com/repayment/forgiveness.php>

Now Available!!!

Automatic Monthly Donations: You can now sign up for automatic monthly donations! Choose how much you wish to donate monthly and contact the ADTA office to enroll. This is something you can start anytime throughout the year. No matter the size of the donation, you will be helping this organization do its best to continue to serve you. All you have to do is sign up and we do the rest!

New Member Benefit!!!

Year Round Consultations: We are continuing to offer year round, low cost consultations as a way to meet the needs of our community. Well-seasoned DMTs have generously volunteered their time to give back to both the organization and the community. The initial consultation will be offered at a discounted rate with the proceeds going directly to the ADTA. The rate of the following sessions will be discussed directly between you and your consultant. This is a win-win situation for everyone involved!! You can view a brief description about each practitioner to find the right match for you. Consider this option if you need help with a presentation or workshop, are working with a new population, or have you been practicing for a while and need to breathe new life into your work. Here is how to take advantage of this great new benefit:

1. Just go to www.adta.org.
2. Click on the Members Only Section.
3. Click on Clinical Consultation.
4. Scroll through the BC-DMT Consultant List.
5. Select your consultant.
6. Pay through PayPal.
7. Email your consultant and set up the time.



Standards & Ethics Committee

Ellen Schelly Hill, MA, BC-DMT, LPC, ADTA Standards & Ethics Committee Chair

At the July 30 Board teleconference, the Standard and Ethics Committee proposed and the Board approved revisions to the “Code of Ethics of the ADTA” and “Ethical Standards of Practice for Registered dance/movement therapists, Board certified dance/movement therapists and members of the ADTA”. I review these revisions with you and share the rationales that support the revisions below.

The committee has otherwise been quiet over the summer. There have not been any ethics consultation requests. Paul Sevett and I have been busy preparing for the Dance/Movement Therapy Ethics and Technology conference intensive. I look forward to seeing everyone at the conference.

Revisions to the Ethics Code and Ethical Standards of Practice:

Revision 1:

This revision pertains to practice as a dance/movement therapist. Deleted from the clause is the specific reference to the R-DMT credential in the ADTA Code in favor of broader competency language. This broader competency language is in line with the Codes and Standards of related professional associations. In fact, professional membership in the ADTA is not limited to those with the R-DMT credential but is “Open to those who have been prepared through graduate dance/movement therapy training or its equivalent” (ADTA website; definition adopted by BOD vote). The ADTA has international professional members who are not credentialed by the DMT Certification Board. This revision allows the wider ADTA professional membership body to be in compliance with the Code and defers to the Dance/Movement Therapy Certification Board on the matter of R-DMT and BC-DMT credentialing requirements. DMT Certification Board regulations permit accrual of paid employment hours following graduate training, prior to the attainment of the R-DMT.

Retained related clauses now read:

Code: “Practice upon completion of professional education and training and do not misrepresent the level of training completed.”

Standards: 9. “Treatment Limitations. Dance/movement therapists: A. Practice within the boundaries of their competency consistent with professional education, training, supervised experience, and credentials.”

Revision 2:

This revision pertains to a dance education and training clause in the Ethical Standards of Practice. The revision removed language in the standards that specifically states that dance experience, “should include...teaching, performing and choreography.” The revised principle in the Standards now reads:

Principle 1. A. “Dance: Intensive and extensive dance experience is fundamental and should include concentrated dance study and a wide range of movement skills.”

This revision reconciles the Standards clause with DMT Certification Board and Educational Standards of Dance/Movement Therapy Master’s Programs, which do not require teaching, performing, and choreography experience (the certification board documents that these “may” be included as “collateral “experiences). This revision is also in the spirit of recent board discussion with regard to the diversely rich dance backgrounds and movement skills with which students currently enter the field. Board discussion included reference to other valuable movement competencies such as improvisation and meditative movement forms. The revision is again in line with the common practice of employing broader language in the Code and Standards and leaving more specific requirements to credentialing bodies.

BOARD REPORTS



Approval Committee

Submitted by Nancy Beardall, PhD, BC-DMT, CMA, LMHC, ADTA Approval Committee Chair

The Approval Committee will be meeting at the ADTA conference in Albuquerque on October 12 from 6:15-7:15pm in the Turquoise Room. Current representatives on this committee are Wendy Allen from Naropa, Jessica Young from Columbia Chicago, Julie Miller from Pratt, Claire LeMessurier from Antioch, and Anne Margrethe Melsom from Drexel. Eri Millrod serves as our supervision representative and Jesse Geller our public member.

My term as Chair is ending and Jessica Young will be the new Approval Chair. I will be continuing on as a member of the Committee. Thank you to Jessica for taking on the Chair role.

The Subcommittee for Approval of Alternate Route Courses is a subcommittee of the ADTA Committee on Approval. The subcommittee approves courses offered for the R-DMT Alternate Route credential according to published guidelines.

In the past, course approval was voluntary. Instructors and students are advised that any course enrolled in as of March 15, 2013 must be ADTA approved. Courses enrolled in prior to 2013 will be accepted by the DMTCB under the current application guidelines for Alternate Route R-DMT. The Application for Course Approval, Guidelines for BC-DMTs Teaching Courses to Alternate Route Students, and Standards for Review and Approval of Alternate Route Courses can be found on the ADTA website.

I want to thank Nana Sue Koch, Barbara Nordstrom Loeb, Janet Lester and Shira Karman for their dedication to our members and to the committee work. Barbara Nordstrom Loeb will lead the newly formed Alternative Route Training Support Enhancement Task Force in helping to support alternate route applicants.



Public Relations Committee

Submitted by Donna Newman-Bluestein, MEd, BC-DMT, LMHC, ADTA Public Relations Committee Chair

Inner Connectivity/ Outer Expressivity

As PR Chairperson for the past 4 years, my focus has been on increasing connection between members and inspiring one another with the truly amazing work that each of us does. Often working in isolation, it can be easy to lose sight of the beauty and the magic that occur through our attentiveness to people in need. My understanding is that on an organizational level as on a body level, the more connected we are within the further our reach.

Thanks to all who have been helping to get the word out about dance/movement therapy. In particular, I would like to thank Lora Wilson Mau who, among MANY other things, just got the ADTA's conference Facebook page up and, in less than 24 hours, 60 people have "Liked" our page!!! She has also begun a Twitter campaign, which is helping to create quite a buzz about DMT.

Thanks are also due to Ande Welling who wrote the latest and very impressive Profile of Dianne Dulicai and, of course, to Dianne Dulicai who was willing to be interviewed yet again.

Deep thanks are due Susan Kleinman who continues to promote our field in many ways, including her contributing to and advising about the making of the film "Expressing Disorder".

We continue our push to create a web presence about DMT and the ADTA via Facebook, Twitter, and LinkedIn and to respond to media and public interest and requests.

New York City DMTs, please take advantage of this PR opportunity "Inside New York City Dance" TV Show premieres on Sept. 28th on MNN. This is a great chance for NYC DMTs to initiate contact. Lora Wilson Mau and Sophia Garfias have already communicated with Ashani Mfuko via a live "Tweetchat" about DMT. The timing is great to make the connections now, in advance of the 2013 conference in Brooklyn.

BOARD REPORTS



Members-at-Large Report

Margaret Migliorati, MA, R-DMT, LPC, NCC, Western MAL

Jenna Heise, MA, BC-DMT, NCC, Central MAL

Adina Rosenberg, MCAT, BC-DMT, LPC, NCC, Eastern MAL

Although the summer may be a time of rest and relaxation, the MALs were hard at work. On June 26, we hosted the third quarterly Chapter Leadership Call. Ten attendees from seven chapters attended. These individuals share a commitment to keep members interested, connected, and active in their respective chapters. A new, separate, Chapter Leadership Only Forum Section was created to help Chapter board members share ideas and encourage more interactive communication. We are hoping that the issues raised on the quarterly calls will continue to be discussed through the new Forum section.

In addition to providing a space on-line for Chapter board members, at the request of Chapter leadership, the MALs will host a Friday night get-together at the Annual Conference for Chapter board members. The MALs hope to use this time to support and celebrate the work of the Chapter board members. We encourage all members attending the conference to attend their respective Regional Caucuses and, if you cannot attend, please feel free to email us with any ideas or concerns.

Dance Therapy Courses 10 Day Experiential Intensive Courses

**Approved by the ADTA as an Alternate Route to R-DMT Certification
4 Credits or 60 Contact Hours**

Located in the Hampton's Beach Resort Area - 2 hours east of NYC

Attend one or both:

December 27, 2012 - January 6, 2013

June 3, 2013 - June 14, 2013

- **Established experiential training in dance/movement therapy since 1972.**
- **Open to practicing and student dance therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications.**
- **Known for small classes which allows for both group and individualized instruction.**
- **Learn dance therapy theory and skills, group process in dance therapy, and movement analysis.**
- **Participate in clinical field work.**
- **Authorized certificate will be issued on completion of the course.**

Tuition: \$975 per two-week program.

Housing: Hampton's Bed and Breakfast available at additional cost.

**Contact: [Linni Deihl](mailto:Linni.Deihl@bc-dmt.com), BC-DMT
P.O. Box 743
Quogue, New York 11959
(631) 653-8750
LinniADTR@aol.com**

PAID ADVERTISEMENT



From the Office

Gloria Farrow, BS, ADTA Operations Director

- **2012 ADTA Conference October 11-14, Albuquerque, NM** – Stop by the ADTA registration table in Albuquerque and see our new merchandise for sale!
- **When writing** dance/movement therapy always put the slash (/) between dance and movement; however, when writing **DMT** or **dmt** no slash (/) is written.
- **Member Benefit – Clinical Consultation** - This new arrangement benefits both consultants and consultees. BC-DMT Consultants are able to expand their clinical consultation practices. ADTA members have expanded access to affordable initial consultation sessions to explore specialty areas of expertise or select among consultants to best fit their needs. See Clinical Consultation under the Members Only Section of the website.
- **ADTA website** – we are in the middle of reconstructing our website for better navigation and easier accessibility. Remember your member login username is your email; your password is known only by you. If you cannot remember your password, click on Forgot Password and follow the directions. We do not have password information in the ADTA National Office.
- **Eblasts** - tailored content to an important subject, filled with the latest information, news, features, and products. ADTA is now using Eblasts to get the latest information to ADTA members in a quick and money saving way!
- Questions about **Continuing Education (CEs)** can be answered at our ADTA website:
<http://www.adta.org/Admin/default.aspx>
Continuing education (CE) hours are defined as actual clock hours of participation in an activity; one hour is equal to 1 CE.
- As a member you have full online access to the **American Journal of Dance Therapy (AJDT)**; login with your username and password to the ADTA website. You are able to access the latest journal and every volume back to Volume One.
- Read the discussions/listings in the **FORUM** and find out the latest offerings of workshops, job openings, professional practices, advocacy, announcements, student information, and multicultural-diversity-international topics.
- Have you visited the **ADTA Online Store**?
- **U.S. Tax Deduction** - did you know that your ADTA dues are deductible as a business expense for United States federal income tax purposes? For 2012-2013, 96% of ADTA dues and donations are deductible, either as unreimbursed employee expenses or as Schedule C business expenses. Consult your tax advisor for regarding your specific situation.
- If you are planning to give a presentation in your area, make sure you are offering our latest **introductory brochure** and the **educational brochure**. Call 410-997-4040 or email info@adta.org or gloria@adta.org to request brochures sent to you for distribution.
- **Liability Insurance** – Marsh Affinity 1-800-503-9230
- Amazon **SHOP AMAZON.COM** and **SUPPORT ADTA!!**
Use the link below to shop Amazon and ADTA automatically receives a percentage of what you spend! Start shopping and share this link with all your friends and relatives.
<http://www.adta.org/Default.aspx?pageId=377986>
- Plan ahead for future conferences:

October 24-27, 2013 – New York
November 6-9, 2014 – Chicago

The ADTA National Office is available to its members 24/7 by:

Voice mail: 410-997-4040

Email: info@adta.org or gloria@adta.org

Fax: 410-997-4048

Postal mail: 10632 Little Patuxent Parkway, Suite 108, Columbia, MD 21044

ADTA ANNUAL CONFERENCE



The American Dance Therapy Association invites you to the 47th Annual Conference at the Hotel Albuquerque in Albuquerque, New Mexico, **October 11-14, 2012**. The theme of the conference – *Exploring Vistas and Soaring to New Heights: DMT 2012 and Beyond* -- invites us to take a different look at our work; not only where we have come from but where we are headed.

Incorporate things to do while attending to the 47th Annual ADTA Conference in New Mexico! Some highlights of the area:

- Come early for the **Balloon Fiesta** October 6-14 – find out more about it at the Balloon Fiesta website <http://www.balloonfiesta.com/>.
- **Santa Fe** is only 45 minutes away <http://www.santafe.org/> or visit one of the **19 pueblos** in driving distance from Albuquerque <http://www.indianpueblo.org/19pueblos/index.html>. The **Acoma Pueblo** is often a particular favorite about an hour west on top of a mesa in striking country; it's the oldest, continuously inhabited community in North American (since 1150 AD) <http://sccc.acomaskycity.org/history>.
- You can also stay in Albuquerque and have plenty to do visiting the **Petroglyph National Monument, The National Hispanic Cultural Center, The Indian Pueblo Cultural Center**, and more. Take the **Sandia Peak Tramway** and get the view from 10,378 feet.

Attending an ADTA National Conference is an opportunity to take advantage of one of the most important benefits ADTA offers their members. The ADTA is offering about 50 seminars and intensives during the conference for those wishing to enhance their knowledge of dance/movement therapy or those seasoned in the field earning their continuing education credits. This conference is structured to meet the diverse needs of conference attendees. ADTA conferences are full of opportunities to network via social events like the Opening Reception, the Business Breakfast, Banquet, and Special Interest Groups (SIGs).

Some highlights of the conference:

- ❖ Marian Chace Foundation Lecture with Judith Richardson Bunney - Honoring History and Heritage: Roots for New Heights
- ❖ The ADTA Research Sub-Committee sponsors the annual Research and Thesis Project Poster Session. Innovative research and thesis projects will be presented to the DMT community from around the world
- ❖ Awards – outstanding members of the ADTA community are recognized during the National Conference
- ❖ Performances by local performers and a Dance Experiential during the Opening
- ❖ 18th Annual International Panel – A Panorama of New Directions for DMT
- ❖ Banquet; Presentation of the Lifetime Achievement Award to Sharon Chaiklin; and Dance, Dance, Dance, music by Tapestry
- ❖ 47th ADTA Conference will close with a Special Event - Your Multicultural & Diversity Focus: Taking It Home and Movement Choir led by Tricia Capello and Tina Erfer that will magically interlace together events of the conference with the honoring of ADTA members who have been newly credentialed as R-DMTs and BC-DMTs since last year's conference

It is not too late to attend this year's conference in beautiful Albuquerque and experience the spectacular culture, abundance of activities, and breathtaking landscape that are uniquely Albuquerque! For more information about the conference, see the ADTA website with the latest conference information. See you in Albuquerque!

Sincerely,

Gloria J. Farrow
ADTA Operations Director
ADTA Conference Manager

Jody Wager
ADTA Vice President
Chair, Annual Conference Committee

CHAPTER REPORTS



Wisconsin Chapter

Submitted by Mariah Meyer LeFeber
Former Chapter President

Greetings from the Wisconsin Chapter! We have enjoyed (or possibly at times not so much enjoyed!) an extra warm summer here in the Midwest. In June, we met as a chapter and experienced a movement improvisation led by a local dance professional before our business meeting. At that same meeting, we welcomed and inducted a new chapter board president, Tara Rollins! We are looking forward to our fall meeting, scheduled for September 18th, where area occupational therapist and dance/movement therapist Suellen Thomson-Link will be presenting on her use of movement to decrease the need for restraints on an inpatient children's hospital unit.

Also this fall, the Hancock Center is excited to welcome intern Allison Steele from Antioch for the year. Lastly, in addition to the upcoming ADTA conference, several local therapists will be making conference presentations this fall – Ann Wingate and Grace Valentine (along with drama therapist Lucy McLellan) at the Midwest Conference for Sexual Abuse, Mariah Meyer LeFeber at the Mental Health & Substance Abuse Training Conference, and Rena Kornblum at the UW Madison School of Social Work and the Association of Experiential Education's 40th Annual International Conference. We look forward to a busy and fruitful fall!



Illinois Chapter

The Illinois Chapter has been busy with the continuing creation of their website. Content has been prepared by our pro bono designers and passed along to the pro bono programmers. Many, many thanks to them! As soon as the site launches, we will spread the word far and wide!

Many job opportunities in the Greater Chicagoland Area have been posted on our Facebook page as well as through our chapter email list during recent months. If you would like to join our email list for this reason or any other, please contact iladtachapter@gmail.com to indicate your interest.

Congratulations to the many chapter members who presented workshops at the Motus Humanus conference in California during June regarding various movement observation and assessment topics. Wishes of wisdom and clarity go to those presenting at the upcoming national conference in Albuquerque.

Finally, please note that the Illinois chapter will be holding officer elections at our December meeting. Please send word of your interest in running for office to the above email address or contact one of the current officers directly. We would love to benefit from your leadership!



MD/DC/VA Chapter

The Maryland/DC/Virginia Chapter has a committee that, with the consensus of the membership, has met several times to discuss the issue of licensure. Several members have been refused their license by the Maryland Board of Professional Counseling and Therapies, as have art therapists. The art therapists recently were able to develop a separate license, an LCAT (Licensed Certified Art Therapist), but likely will not be able to receive an Licensed Certified Professional Counselor (LCPC). After an initial rush with the thought of trying to follow the art therapists by working toward a license for dance/movement therapists, the committee decided to first gather more information and in that way make a thoughtful decision as to what would be the best course to take for dance/movement therapy. We have gathered information from Corinna Brown as chairperson of GAC and Joan Wittig who worked on the NYS license. At present, we are gathering information from our members as to their needs and thoughts. We are questioning whether to develop a separate license or try to get the LCPC. It is a complex issue with several ramifications and so we are hoping to clarify the direction to take.



Pennsylvania Chapter

Submitted by Angela Tatum Fairfax, PhD, LPC, BC-DMT, NCC, Interim PA Chapter President

The PA ADTA has completed much needed bylaw revisions and held a dynamic nomination and elections process that generated new energy and interest in the life of the chapter. We would like to thank the past chapter board and members for their service, enthusiasm, and dedication.

In passing the torch, the current PA Chapter Board members include Angela Tatum Fairfax- Interim President, Dawn Morningstar-Secretary, Jacelyn Biondo-Treasurer, Elizabeth McNamara-Government Affairs, Jill Comins-Programming, Emily Glenn-Public Relations, and Amberlee Venti and Melissa Nedza-Nomination Committee. We are looking forward to an exciting year of service within the PA Chapter, Drexel University graduate program, and community at large. Please visit our website (www.paadta.org) often as new developments unfold.



California Chapter

Submitted by Allison F. Winters, MA, MS, BC-DMT, LCAT, RYT

Celebrating in Dance



Greetings from sunny California! We have had much to celebrate in the past few months since the last ADTA newsletter. On July 29th, the California Chapter of the ADTA organized a flash mob in honor of National Dance Day at the 3rd Street Promenade in Santa Monica. It was a joyous day spent celebrating in dance. A video of the event will be posted on our website soon!

The success of our Moment in History panel discussion event last February will be recaptured through a video screening of the event. The date of the screening is to be announced but will likely occur in November in Southern California. This will be a wonderful opportunity for those who were unable to attend the original event to join in the experience of what was a moving and memorable day in dance therapy history. Keep an eye on our website and Facebook page for updates.

As a chapter we were humbled to learn that we are being awarded with the Outstanding Achievement Award this October at the ADTA conference in Albuquerque! We are looking forward to celebrating with all of you at the Friday morning business meeting breakfast.

New and exciting workshops and events are in the works, so please look out for updates on our website, www.californiadmt.org, as well as our Facebook page, California Chapter of the American Dance Therapy Association. You are also invited to join our listserv at <http://health.groups.yahoo.com/group/sccadta/>. See you in Albuquerque in October!



MARIAN CHACE FOUNDATION



Trustees:

Sharon Chaiklin, President
Ann Lohn, Treasurer
Jane Wilson Cathcart, Secretary
Susan Kleinman, Outreach & Development

The summer has been quiet other than preparing for the conference. We are looking forward to seeing you at the Marian Chace Lecture given by Judith Richardson Bunney. Put Friday October 12th at 3:15pm into your calendars! You are sure to enjoy your time there.

It is also during that time that you will receive the newest bookmark with quotes offered by a new set of dance/movement therapists. We enjoy honoring our colleagues in this way.

Additionally, we will give the award for Journalism to Emma Barton. She re-wrote her thesis into an article accepted by the American Journal of Dance Therapy. Come and honor her work.

The latest set of abstracts of theses written within the last five years is now available on CD-ROM through the ADTA office. Thank you to the many hardworking students who worked on many interesting topics and to the program directors that enabled this collection.

We are always grateful for the donations given by our friends which enable the work of the Foundation. It may be to honor someone, and we will then send a letter to them to let them know, or it might be in remembrance of a special person which can then be shared.

Thanks to...

Donations received June 1, 2012 – August 31, 2012

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- Susan Sandel
In memory of my loving father, Leonard Sandel

SUPPORTER (\$36.00 - \$99.00)

- Ellen Talles
To thank Rona and Art Rosenbaum for their generosity and support

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WE WANT TO HEAR FROM YOU!



**We are always striving to improve our publications format and content.
In order to do this, we need to hear our member's thoughts and ideas.**

DMTCB

Dance/Movement Therapy Certification Board

Submitted by Susan Saenger, BC-DMT, DMTCB Chair

The Dance/Movement Therapy Certification Board would like to congratulate all the newly Board Certified-Dance/Movement Therapists (BC-DMTs) and Registered-Dance/Movement Therapists (R-DMTs) registered between June 4, 2012 and August 31, 2012.

BC-DMTs

- ✦ Carolyn Himmelgreen
- ✦ Katie Lynn Mens
- ✦ Jiyeon Yoo

R-DMTs

- ✦ Mithila Ballal
- ✦ April Marie Betty
- ✦ Nova Golonka Carmichael
- ✦ Jennifer Coburn
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- ✦ Kristine Winner
- ✦ Catherine Ann Zopf



Submitted by Sherry Goodill, President, ADTA

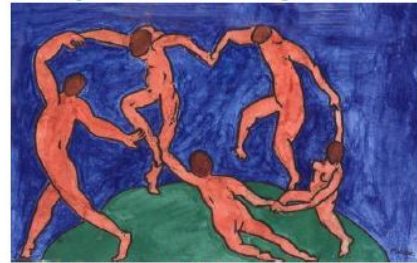
On June 23, 2012, the National Coalition of Creative Arts Therapy Associations met in Chicago, IL. Attending were NCCATA Chair Sherry Diamond, NCCATA Chair-elect Robyn Cruz, NCCATA Treasurer Carolos Rodriguez Perez, and the presidents of the six member organizations: Mercedes Ter Maat (American Art Therapy Association), Sherry Goodill (American Dance Therapy Association), Mary Ellen Wylie (American Music Therapy Association), Dave Moran (American Society for Group Psychotherapy and Psychodrama), Nisha Sajani (North American Drama Therapy Association), and Catherine Conway (National Association for Poetry Therapy).

The objective of this meeting, the first face-to-face meeting of the creative arts therapy association leadership since 2009, was to examine, discuss, and make plans for the future of the coalition. Presidents only attended in order that each of the six member associations could participate at minimal expense. It was a very successful and productive meeting culminating in a strong consensus and conclusion to keep NCCATA functioning with a set of objectives more narrow than in the past, with reduced membership fees for member associations, and cost cutting measures that would allow all organizations to continue membership. In the short term, the coalition will continue to focus efforts and resources in the following three areas:

1. Federal level advocacy: A decision was made to focus advocacy at the national level, since state level efforts are so varied that NCCATA could not be effective. This will include collaborative representation to national and international scope organizations related to the creative arts therapies: the Society for Arts in Healthcare (to be renamed the Global Alliance for Arts and Health in November 2012), the Academic Consortium for Complementary and Alternative Healthcare, the Joint Commission of Accreditation of Hospital Organizations, and the American Association of State Counseling Licensure Boards.
2. National Creative Arts Therapies Week will continue to be held in late March.
3. Improving the NCCATA website so it functions as a more dynamic, informative repository of materials about and pertinent to all CAT disciplines. This may/will include information about all CAT conferences and those of other related fields, CAT Week activities, NCCATA representation, inter-professional activities, and (eventually) jointly prepared position papers on the CATs with various populations and on issues of national interest.

The leadership identified and affirmed several potential “value added” benefits of NCCATA membership including: one complementary conference registration for the President or his/her designee to the annual national conferences of the other five member organizations and the idea of offering conference registration at member rates for members of any NCCATA member association. Importantly, the associations have demonstrated commitment to the revitalization of the coalition through support of Presidents’ travel to this meeting and through energetic and creative (yet pragmatic and strategic) discussion of possibilities. There is renewed momentum and a strong sense of the value of the coalition to the CATs as a field. The leadership will meet again by teleconference in September and regularly thereafter as the coalition rebuilds strength and agency.

Dr. Marcia B. Leventhal, BC-DMT and Dr. Ilene A. Serlin, BC-DMT are pleased to announce the inauguration of the



INSTITUTE FOR ADVANCED TRAINING IN DANCE MOVEMENT THERAPY

dedicated to furthering the highest quality of worldwide education and professional development of dance movement therapy as a primary therapeutic modality

An Introduction to the Institute's Programs

Date: November 18, 2012
 9am-12 Intro to DMT in Group Psychotherapy for Mental Health Professionals
 1-4pm Intro to DMT as a Primary Therapeutic Modality
 Location: AgeSong, 624 Laguna St, San Francisco, CA 94102
 Fee: \$50 half-day, \$75 full day
 To register: go to www.ileneserlin.com/workshops.html

The Institute is also proud to announce the following training programs for 2013

1. **Advanced Diploma Training for BC-DMT Practitioners**
 (a) DMT as a Primary Treatment Modality™
 (b) Training the Trainer™
 Duration: 18 months part time starting February 8-11, 2013
2. **Introductory Certification in DMT for Mental Health Professionals with an existential/phenomenological focus**
 Duration: 2 years part time starting 2013
3. **Alternate Route Training Program for Masters Degree Students**
 Starts fall 2013

Dr. Marcia B. Leventhal, BC-DMT
 Former Prof. and Dir., NYU Graduate DMT Program • Co-Founder and Dir. of Educ. and Training, Int'l Dance Therapy Inst. of Australia • Recipient, Marian Chace award of the ADTA

Dr. Ilene A. Serlin, BC-DMT
 Past-President, San Francisco Psychological Association • Fellow, American Psychological Association • General Editor, *Whole Person Healthcare* (2007, Praeger)

For more information, call Dr. Serlin at 415-931-3819

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ADTA wishes to thank the voluntary contributors who donated for the period June 5, 2012 – August 31, 2012. Thank you for your support.

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FROM THE PROFESSIONAL DMT COMMUNITY

Forum for Dance Therapists Working with People with Parkinson's Disease

Submitted by Joanabbey Sack MA BC-DMT RDT

Are you a dance therapist working with people with Parkinson's disease? A forum organized by Joanabbey Sack will take place at the October conference in Albuquerque, New Mexico on Friday October 12th in the late afternoon or early evening. The exact time and location will be announced on the bulletin board next to the ADTA information table.

The goal of this event will be to bring dance therapists who work with people with Parkinson's disease together to make contact; exchange email addresses, blogs, web site, etc.; and to create an information and research exchange. This could lead to joint research projects where all involved explore the same question and contribute information from a broad database. I will be presenting my research with people with Parkinson's at the poster session.



Participants at this October meeting will create the base for communication which will lead to inviting dance therapists not at the conference forum to be part of the dialogue. The ADTA listserve will be one communication vehicle. The Parkinson's world conference will be held in Montreal Quebec Canada in October of 2014; details of dance related events and opportunities at the conference can also be discussed at this forum.

See you there. For more information, please e mail Joanabbey.sack@concordia.ca and see www.parkinsonenmouvement.com.

FROM THE PROFESSIONAL DMT COMMUNITY

Update on Vision 2016

Submitted by Sherry Goodill, PhD, BC-DMT, NCC, LPC, ADTA President

The last newsletter reported on five new projects aligned with the strategic initiatives outlined in the ADTA's Vision 2016. Vision 2016 focuses on "optimizing the vitality of dance/movement therapy careers".

Western Region Member-at-Large Margaret Migliorati has been appointed the Project Leader for designing our Webinar program. Using webinar technology, the ADTA will offer ongoing continuing education and outreach, including programs targeted to students and new professionals, advanced clinicians and researchers, and those in related professions.

Barbara Nordstrom Loeb has been appointed leader for a project aimed at supporting and enhancing alternate route education. This workgroup will be developing materials and resources for teachers of alternate route courses, and in accordance with DMT Certification Board policies, for students pursuing alternate route DMT education. Nancy Beardall and Ellen Schelly Hill will be working with Barbara on this project.

We are still looking for people able and willing to join Board members on the projects related to completing a DMT Outcomes Research Bibliography, a DMT practice analysis, and a DMT application to the SAMHSA National Registry of Evidence Based Practices.

1. For the practice analysis project, we need a few people who have experience and expertise with survey construction and analysis.
2. For the outcomes research bibliography project, we need a few people who have skill sets for analysis, evaluation, and synthesis of treatment outcome studies most of which will be quantitative designs with results reported using statistics.

To join or lead a workgroup, you must:

- ✓ Be comfortable with electronic file sharing and other technologies, such as MSWord Review functions, use of Excel worksheets, teleconferencing; and have reliable internet access.
- ✓ Be able and willing to be on your e-mail approximately every-other day,
- ✓ Be able and committed to consistently meet deadlines and to work both autonomously and in close collaboration.
- ✓ One need not be able to travel to be able to make a contribution to these projects.

If all this sounds like you, please contact ADTA President Sherry Goodill directly: sherry.goodill@gmail.com. Thank you!

And many thanks to Margaret and Barbara for their current and future work on these important projects!

DMTs on the Move



- Southern California gets an intern from the East Coast! Beginning in September, BC-DMT, Joseph Bocage Few will be supervising a third year graduate student from Antioch University New England. Imani White is a native Californian and will be interning for nine months with Ms. Few. "This will be the first Movement Therapy intern I have had working directly alongside me at Aviva. I am very excited for the opportunity to have her!" says Ms. Few. Aviva is a 36 bed residential treatment facility for teenaged girls aged 12-18 years old. It is also one of the few remaining 'placements' in Southern California employing a full time Movement Therapist.
- Miriam Roskin Berger was a keynote speaker and led an all-day workshop, assisted by Corinne Ott, for international students from Great Britain, France, Greece, Italy, Netherlands, and Estonia at a Master Class Expressive Arts Conference at the Sorbonne in Paris July 2 - 4.

The Power of Twitter

Submitted by Lora Wilson Mau

Social media has become integral to communication and daily life for most people. There are numerous social media platforms and, to the uninitiated, the plethora of options can seem overwhelming. Originally designed to be a mini-blog of sorts, Twitter asked people to communicate what they were doing in 140 characters or less. Quickly, Twitter users discovered the platform's power for other purposes – specifically in advertising businesses and, perhaps most strikingly, advocating for a cause.

While opinions vary on the exact degree to which it played a part, there is consensus that Twitter played a significant role in the Arab Spring uprising of 2011. Twitter literally has the power to change the world.

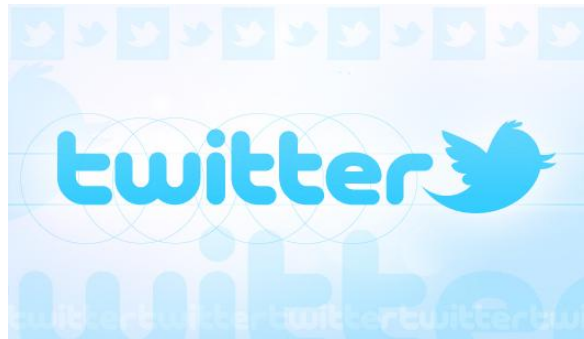
Twitter's power comes from a function central to its existence: the "retweet."

One person in a remote area of the world can tweet one message to his/her followers - no matter how few – and if even one person decides to "retweet" that message, this message has the potential of being seen by millions around the globe. The retweet is gold.

How can Twitter benefit the profession of dance/movement therapy?

Still in its infancy, the ADTA Twitter campaign has already shown significant results in just a few months. @ADTAorg is the "handle" for the American Dance Therapy Association and currently has over 150 followers, the majority of whom are not even actually dance/movement therapists! Followers are people interested in mindbody connection, in the healing inherent in creativity, allied professionals, and dancers.

On a regular basis, @ADTAorg tweets about dance/movement therapy: facts, links to www.adta.org, article abstracts in the AJDT and other journals, dance/movement therapists in the press, etc. If these tweets simply landed in the inboxes of 150 people, one could argue that the campaign might not be worth the effort. But these tweets do not end up seen by only 150 people. Each one of @ADTAorg's followers might potentially "retweet" that message to their respective



followers and those followers might potentially retweet the message to their followers and so on.

The retweets are happening and people are clicking on the links.

Software currently being used by @ADTAorg to monitor the reach of its tweets reveal that individual

messages have reached as many as 7,000 people as a result of only five people retweeting the original message! (Bear in mind that this software only accounts for the first generation of retweets! The reach continues to extend as long as somebody, somewhere continues to share the message through a retweet.)

These tweets are making a difference: educating people about the field of dance/movement therapy, increasing "brand awareness", and counteracting media that refers to dance experiences or dance classes as "dance therapy."

Imagine the awareness we could build in the world if only a few more people followed and retweeted ADTA info?

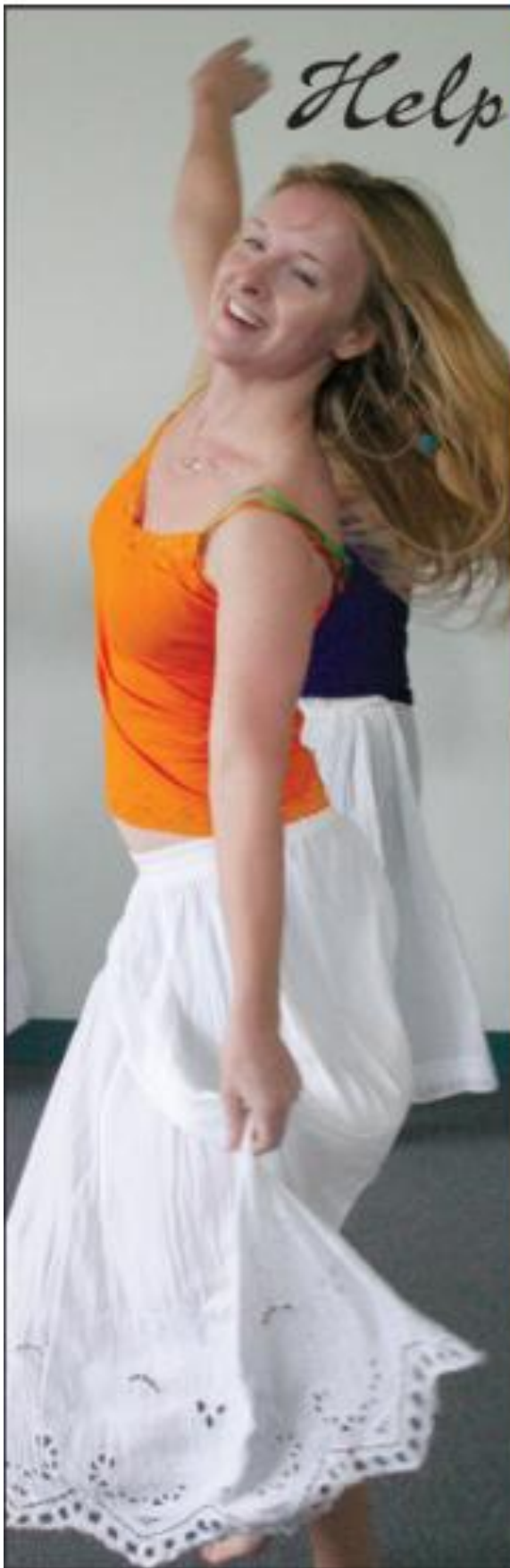
Now imagine the reach if we all did.

If you have a Twitter account, please follow @ADTAorg and retweet as you are moved to do so. Know that when you are doing so, you are making a difference that benefits our entire profession.

If you are not on Twitter, we encourage you to consider creating an account and getting involved. It literally only takes a few seconds to retweet a message. The little bit of time it takes to set up an account and gather followers is well worth the payoff (and can prove beneficial to you as an individual professional in addition to benefiting the collective.)

Look for a "How to Twitter" article very soon on the ADTA Facebook page. Simple, step by step instructions will be posted along with proven strategies for gathering followers as well as ethical considerations for clinicians.

Together we can make a difference. Together, we can bring dance/movement therapy into the spotlight is has so rightly deserved for so long.



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Bring your passion for dance and a desire to use those skills in counseling to Antioch University New England's Dance/Movement Therapy and Counseling (DMT) program.

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Dance/Movement Therapy Association in Canada (DMTAC) Announces Updates!

The association members are intensively collaborating with Les Grands Ballets Canadien on the project of developing a Dance/Movement Therapy training program in Canada. Zuzana Sevcikova, DMTAC Vice-President, initiated collaboration between Les Grands Ballets Canadien and the DMT Alternate Route training at Harkness Dance Centre in New York directed by Miriam Berger. Joanabbey Sack, a DMTAC board member, is very active in discussions with Concordia University and the University of Quebec in Montreal regarding the possible development of a Dance/Movement Therapy Master's program.

The DMTAC organized the "Dance/Movement Therapy with Children with Special Needs" workshop with Tina Erfer, who visited Montreal from New Jersey in May. Her workshop was a very interesting and successful event. A large group of students and professionals participated and gained DMT experience, new knowledge, and practical tools. DMTAC provided a liaison with Tina Erfer and Les Grands Ballets Canadien

representatives and was involved in an important meeting discussing the possible transfer of existing DMT alternate route training from New York City to Montreal. We continue to organize workshops and will host Judith Koltai from British Columbia, Megan English from Ontario, and Hilary Bryan from California this fall. We are encouraged about the cross-provincial encounters that will help us connect and develop more DMT awareness, education, and practice across Canada.



We are excited to share the news with large DMT community. We now have a Facebook page to facilitate communication across provinces and also internationally. Our website (www.dmtac.org) is being finalized and will be released soon! Meanwhile, we

invite you to find more information about our association and how to become a member at <http://dmtinfo.blogspot.com/>.

If you are a registered dance therapist in Canada or abroad and want to give a workshop when you are in Canada please let us know. Contact e-mail: dancetherapya@gmail.com.



Tina Erfer's workshop in Montreal
May 2012

Korean Society of Dance/Movement Psychotherapy Update

Submitted by Kyung Soon Ko, BC-DMT, GLCMA, LPC

Publication of Dance/Movement Therapy: A Healing Art

The Korean Society of Dance/Movement Psychotherapy (KSDMP) held its first international workshop to celebrate the publication of “Healing Art,” translated into Korean by 5 dance/movement therapists trained in DMT in the U.S.: Nayong Kim, Heeah Choi, Sangmeong Lee, Hee Kyung Nam, and Kyung Soon Ko. It took an intensive year of close teamwork to complete “Healing Art,” which offers a great resource for Korean dance/movement therapy students. We want to share this joyful and meaningful group accomplishment.



Pictures from the celebration of publication of Dance/Movement Therapy: A Healing Art

Workshop: Multi-Modal Integrative Arts Psychotherapy

To complement the celebration of this publication, an intensive 3-day international workshop entitled “Multi-media Approach to DMT,” led by Fran Levy, was held. Approximately 40 individuals with backgrounds in arts, counseling, dance education, and dance/movement therapy participated including Shoichi Machida, chair of the Therapy Association (JDTA) and 3 JDTA members, Yukiko Ohnuma, Yukari Sakiyama, and Takane Hirai. This workshop created the opportunity for members of the Asian dance therapy community to exchange dance therapy knowledge. Levy’s workshop inspired a creative multi-media approach in the Korean DMT community.



Picture from Multi-Media Approach to DMT workshop by Fran Levy

From India: Works Done by Students of DMT– Foundation in DMT

Submitted by Dr. Mitul Sengupta & Dr.Mallika Bannerjee (INDIA)

Pradip Center for Autism Management, along with Rhythmosaic Dance Company, started its Dance/Movement Therapy unit in 2011 with the vision of promoting and teaching DMT to common people. Their purpose is to be exposed to the concept of DMT from both its theoretical and practical perspectives.

The six month 'Foundation Course in Dance/Movement Therapy' provides a basic understanding of DMT in which the therapists get a vision of what DMT is all about; its theories; and the vision of pioneers and creators of DMT, like Marian Chace and her followers. At the same time they get an overview of the psychological approach to DMT related to Jung, Adler, Schoop, Gestalt and the psychodynamic approach to DMT.

Regarding the practical understanding of DMT, the therapists are given a review of anatomy so that they understand the muscular system and movements in human body. An overall study of the spine is made, in order to understand the initiation of movement. For bringing easy movement and analyzing movements, the concepts of 'release' and 'contraction', 'flow effort', and 'bound effort' are practiced in the body. Some movements from jazz dance using 'Luigi technique' and 'Matt-Mattox' technique are used to understand the concepts of 'grounded', 'high release' coordination, and the relation of movement with space, orientation, and dynamics. Methods of Contact Improvisation are also practiced to understand weight effort, shift, and to feel the momentum of the movement flow.

Usually these syllables are introduced to the therapists in order to give them an idea of movement patterns and then they are left free to create their own patterns in order to deal with various subjects both in clinical and non-clinical populations. Each candidate has to complete a project and submit it as a dissertation as part of practical work.

During this year's session, August 2011- January 2012, twelve students completed the course. Four interesting project findings are shared here.

1. Ms. Bidisha Saha used DMT as a tool to work with her subject who was experiencing critical arthritis pain in her knee joints. The client, aged 48 years, suffered from this pain since age two. A pre- post study with 12 sessions of 45 min of DMT intervention was implemented. The work focused on perceptual motor skill, perceived life stress, and pain. The sessions emphasized using exercises of Limon, especially the release method in order to get

maximum flow of the body over the joints using minimum effort. The results indicated that DMT has effect on joint pain, DMT increases perceptual motor skill, and DMT has an overall therapeutic effect on the process of pain symptoms.

2. Ms. Deboleena Choudhuri presented her work in autism, a neurodevelopmental disorder characterized by triad impairment (i.e., impairment in social interaction, communication, and flexibility). Use of DMT is relatively new as an intervention technique in the field of autism in the Indian population. The study attempted to investigate the effect of DMT techniques on socialization skill, motor ability, self-help skill, and body attitude of a 13 years old boy with autism. The study used DMT as a therapeutic tool. The result of this study was indicative of the fact that DMT may bring a positive change with regard to overall functioning level of children with autism when combined with other scientific therapies according to the needs of the child.
3. Work done by Ms. Mohua Chatterjee related to the effect of DMT on body perception and the body image of a person with total visual impairment. In this study, a complete visually challenged female participant of 22 years of age was given eight sessions of DMT. The results show that for this subject, DMT sessions created a positive effect. Thus, this study indicates that DMT may help to overcome some difficulties and strengthen some body movements in people with total blindness.
4. Ms. Ranita Nandi conducted a group session with a mixed group where two participants were mentally retarded. Group member ages ranged from 6 years to 16 years. Total number- 30. The objectives were stress release and relaxation. Sessions were based on contact improvisation, spine sensitization, release technique, and rhythm coordination. Feedback from group members included, "I love to dance, I really felt good when the massage was done." "This is new to me, I am feeling a kind of relaxed now."

Conclusion:

Pradip Center for Autism Management along with Rhythmosaic is aiming to bring out new possibilities to fight back the distress happening in this world whether in clinical or non-clinical population through DMT. They are presently trying to open up a new therapeutic wing where regular sessions can be held with individuals who need DMT for betterment in day to day life activities.

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Eighth Page/Business Card	\$25	\$40	\$100	\$160

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

Remember...

- Send submissions in a **Word document as an attachment**
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter Deadlines:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28