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*The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.*

Newsletter Team:  
 Mat Winer, Copy & Content Editor  
 Gloria Farrow, Co-Editor  
 Amber Grimm, Format & Design

## A Few Words from the Newsletter Team

Happy summer everyone and welcome to the second issue of the ADTA Newsletter for 2012. We want to hear from you! Feel free to share news, pictures, experiences, articles, etc. with the dance/movement therapy community by submitting to the ADTA Newsletter. We welcome and invite all members to do so. Please review the Newsletter Submission Guidelines at the end of this newsletter before you submit.



Performance as therapy celebration for 10<sup>th</sup> anniversary of Expressive Arts Therapy Department at Myongji University and the Korean Expressive Arts Therapy Association (KEAPA)

## Nominating Results of 2012

Thank you to all of those who ran for office and were willing to serve the association and congratulations to the ADTA's newly elected members of the Board of Directors and national committees!

**President:** Sherry W. Goodill – 2<sup>nd</sup> term

**Vice President:** Jody Wager – 2<sup>nd</sup> term

**Education, Research & Practice Chair:** Susan Imus

**Member-at-Large – Eastern:** Adina Rosenberg – 2<sup>nd</sup> term

**Public Relations:** Lora Wilson Mau

**Nominating Committee, Central:** Shannon Lengerich

Twenty-four percent of ADTA members eligible to vote participated in the election process by returning a ballot. Thanks to all who voted!



### *President's Letter*

Submitted by Sherry Goodill, PhD, BC-DMT, NCC, LPC, ADTA President

We hope you enjoy this issue of the ADTA Newsletter. It is always so exciting to me to see the news that comes in -- I am deeply inspired by the accomplishments of our members and by news of the good that dance/movement therapists are doing in the world. Just recently US Secretary of State Hillary Rodham Clinton witnessed the work of Associate Member **Sohini Chakraborty** in India and praised her program *Kolkata Sanved*, which serves women and children affected by human trafficking practices. And over the Memorial Day weekend Washington DC area members **Catherine Davidson**, **Brigitta White**, **Hannah Whitley**, and our Vice President **Jody Wager**, volunteered DMT sessions to children who have lost parents in military service, through the Good Grief program of TAPS, the Tragedy Assistance Program for Survivors. We are sending a letter to the Secretary of State to inform further about the work of dance/movement therapists abroad, and ADTA VP Jody is following up with the leadership of TAPS to further develop the collaboration. Read more within about recent advocacy work as well. Dance/movement therapists are indeed on the move!

In mid-April the ADTA Board of Directors met, and in addition to the conduct of regular association business, we advanced the planning of projects in relation to Vision 2016. Many thanks to member Judith Fischer, BC-DMT, who led the Board in experiential movement structures that focused and mobilized this work -- bringing vision into action. As you recall from my Spring newsletter column, the **Vision 2016** Strategic Initiatives focus on *optimizing the vitality of dance/movement therapy careers*. Five major projects are now outlined and we are actively recruiting workteams for some of these projects (see "Help Wanted" below!):

- Compile and make available an updated **Outcomes Research Bibliography** of dance/movement therapy outcome studies as a resource for members, researchers, and in public advocacy/education efforts.
- Develop and launch a **Webinar Program** as a vehicle for continuing education, membership networking, and outreach to those in related disciplines.
- Develop materials and learning opportunities to better support **DMT Educators of Alternate Route** courses and students, with an overall aim of enhancing the alternate route educational option.

- Conduct a **Practice Analysis** of our membership, in order to better represent the membership in public policy and advocacy work, get an accurate picture of the state of the field, and equip members with good information on salary trends, position titles, professional mobility, licensure, etc.
- To make application to the **National Registry of Evidence Based Programs and Practices**. This is a listing of those mental health approaches and programs that have been evaluated for efficacy and deemed evidence-based. It is part of the Substance Abuse and Mental Health Services Administration, a federal program, and a powerful source for consumers, funders, and administrators. The Research Bibliography will form the basis for our application.

#### Other news:

In May, I represented the ADTA at the *International Research Congress of Integrative Medicine and Health*, a gathering of over 1,000 researchers and educators in the complementary and alternative therapies. Due to the support and efforts of several leaders in the affiliate organization Academic Consortium for Complementary and Alternative Health Care (ACCAHC), a panel on the Creative Arts Therapies was given. The theme was on the state of the field with an emphasis on research and on addressing trauma. I spoke on dance/movement therapy alongside colleagues Drs. Bryan Hunter (American Music Therapy Association), Dr. Marcia Rosal (American Art Therapy Association), Dr. Stephen Snow (North American Drama Therapy Association), and panel moderator Dr. Jeremy Nobel (Harvard University School of Public Health & the Foundation for Art and Healing). Many thanks to those who supported this first time and very successful CAT presence at this prestigious and influential gathering: Lucy Gonda, BC-DMT, Ping Ho, MPH (Executive Director, UCLArts and Healing), and John Weeks, Executive Director, ACCAHC. Discussions are ongoing to explore the potential for future collaboration between the ADTA and the ACCAHC. I look forward to sharing with you, in another communication, more information about the prevailing research priorities and trends conveyed at this conference and will also let you know when the video of the CAT panel is available for viewing.

Wishing you joyous dancing this summer,

*Sherry*

## HELP WANTED for PROJECT WORKGROUPS!!

1. For the **practice analysis project**, we need a few people who have experience and expertise with survey construction and analysis.
2. For the first round of work on the **outcomes research bibliography project**, we need a few people who have skill sets for analysis, evaluation and synthesis of treatment outcome studies, most of which will be quantitative designs with results reported using statistics.

*To join a workgroup, you must:*

- ✓ Have about 4 hours per week available from now until September/October.
- ✓ Be comfortable with electronic file sharing and other technologies, such as MSWord Review functions, use of Excel worksheets, teleconferencing; and have reliable internet access.
- ✓ Be able and willing to be on your e-mail approximately every-other day,
- ✓ Be able and committed to consistently meet deadlines and to work both autonomously and in close collaboration.
- ✓ One need not be able to travel to be able to make a contribution to these projects.

## Dance Therapy Courses 10 Day Experiential Intensive Courses

Approved by the ADTA as an Alternate Route to R-DMT Certification  
4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area - 2 hours east of NYC

Attend one or both:  
December 27, 2012 - January 6, 2013  
June 3, 2013 – June 14, 2013

- Established experiential training in dance/movement therapy since 1972.
- Open to practicing and student dance therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications.
- Known for small classes which allows for both group and individualized instruction.
- Learn dance therapy theory and skills, group process in dance therapy, and movement analysis.
- Participate in clinical field work.
- Authorized certificate will be issued on completion of the course.

Tuition: \$975 per two-week program.  
Housing: Hampton's Bed and Breakfast available at additional cost.

Contact:  
Linni Deihl, BC DMT  
P.O. Box 743  
Quogue, New York 11959  
(631) 653-8750  
[LinniADTR@aol.com](mailto:LinniADTR@aol.com)

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### *Vice President*

Submitted by Jody Wager, MS, BC-DMT, ADTA Vice President

Plans for our upcoming conference are developing nicely. We have a very exciting program this year, which you have hopefully seen for yourselves in the conference brochure. Please enjoy the process of reviewing all the offerings before making your final decisions ... I know this will not be an easy task. I continue to be in awe of the many talented therapists in our midst and thank you in advance for your willingness to share your work with us.

On another note, I wanted to take this opportunity to tell you about a recent dance therapy experience I shared with a few of my DC colleagues ...

On Saturday morning, May 26, 2012, amidst the roar of rolling thunder in Crystal City, Virginia, Brigitta White, Catherine Davidson, Hannah Whitley and myself danced with 50 five to seven year old children who were participating in "Camp Good Grief", an annual event promoted by TAPS (Tragedy Assistance Program for Survivors) for children of military families grieving the loss of a loved one. Together we explored ways of expressing ourselves, connecting with one another, and creating a community of support ... through dance! We conducted two sessions ... one for the girls and one for the boys. Each group responded to our invitation to dance in an open, curious, and uniquely authentic manner. As with all groups, there were those that jumped right in and those that were more hesitant but I can honestly say that by the end of each 45 minute session, we had become united ... not only by the fact that each child there was grieving the

loss of a loved one ... but by connecting through dance. Together the children created and shared dances in honor of their loved ones and in celebration of their lives.

Brigitta says: "I was honored and humbled to be in the midst of such patriotic dedication and open, grieving hearts. It put me in touch very empathically with my own experience with grief. I felt proud to honor the children's loved ones through movement, dance and symbolism. "

Hannah shares: "Working with the children at the grief camp was enriching not only for me as a therapist but for me as a person. Through planning with my co-leaders and implementing a heart centered focus, our collaboration felt truly empowering for the participants. Connections were made within the groups, among the children and leaders. Being with the children was very meaningful."

Catherine reflects: "It is the comingling and the opportunity for a shared psychophysical experience that for me are the most effective and impactful aspects of dance/movement therapy and are at the core of what makes dance/movement therapy so engaging for its participants. Reflecting back on this recent session with 5-8 year old boys and girls attending a grief camp reinforces this for me. Each participant gave of him or herself in this setting where coping with the loss of a loved one is what defined the group. Through a combination of creative and analytical choices, my co-leaders and I set a tone

and directed the focus to ensure an enhanced experience for each participant and the group as a whole."

The mission of TAPS is to provide ongoing peer-based emotional support to anyone who is grieving the death of a loved one who served in the Armed Forces. They bring survivors together with other survivors for comfort, healing, and hope through grief seminars for adults and Good Grief Camps for children. Their services are structured around four core areas:

- Peer-based emotional support
- Grief and trauma resources
- Case work assistance
- 24/7 resource and information helpline

TAPS is committed to providing compassionate care to anyone who is grieving the death of someone serving in the military, regardless of circumstance of death, relationship to the deceased, or geography. Services are provided free-of-charge. To learn more about TAPS go to [www.taps.org](http://www.taps.org).

The support and love expressed throughout this program was palpable. Every volunteer had a story of his or her own to share and everyone was so openly appreciative of our dance/movement therapy offering. The organizers immediately began talking about how the older children would enjoy and benefit from our services as well. There was also the idea of working with the widows and widowers. This is clearly an area that we can explore more fully and one that would provide much heartfelt satisfaction.





## BOARD REPORTS



### *Public Relations Committee*

Submitted by Donna Newman-Bluestein, MEd, BC-DMT, LMHC, ADTA Public Relations Committee Chair

Dance/Movement Therapy and the ADTA have been quite active and in the public eye the past few months. From a lively delegation including Sherry Goodill, Corinna Brown, Robyne Davis, Ellen Yacoe, and the ADTA Public Policy Consultant Myrna Mandlawitz representing us at Arts Advocacy Days in DC; Jody Wager, Catherine Davidson, Brigitta White, and Hannah Whitley leading groups for grieving children of military families on Memorial Day Weekend; to Secretary of State Hillary Clinton meeting and talking about DMT with ADTA member, Sohini Chakraborty, our presence is being seen and heard.

The spring edition of Preserving Your Memory, a magazine published by the Fisher Center for Alzheimer's Research Foundation, published a 2 page article about DMT with people with Alzheimer's disease and other dementias. You can download the magazine at <http://www.alzinfo.org/preserving-your-memory-magazine>

You may notice on the home page, we now have FB, Twitter and LinkedIn Buttons to link these social media from our website and to each other more easily. Social media coaches have suggested that linking helps us come up higher on searches.

In that regard, did you know that this is a member benefit? If you have a DMT website or blog, create a link to the [www.adta.org](http://www.adta.org) and let us know so that you can be listed under related links. <http://www.adta.org/Default.aspx?pageId=378240>

The ADTA now has 1979 FB friends and a very active FB page.

Twitter: ADTA is now tweeting. Lora Wilson Mau has been sending out brief tweets about our conference, about the ADTA, and DMT. We currently have 72 followers. If you have a Twitter account, follow the ADTA and retweet our messages.

LinkedIn has 570 members.

Join in the discussions or start your own. Some of the recent substantive discussions have been about:

- how much "to give away" during introductory presentations
- moving with people with dementia
- women cancer survivors

The ADTA had a display table at the Dance for World Community Festival in Cambridge, MA on June 9. It is expected that 15,000 people will attend this free event.

The ADTA PR Committee is monitoring a service called "Help a Reporter Out" that connects journalists with potential expert sources. We are monitoring the daily list of queries to find appropriate matches for dance/movement therapists.

These leads seem to require a quick response from sources (generally within 1-5 days.)

Responding to the query is not a guarantee of being selected as the expert but the potential exists. If you would like to be placed on a contact list for such queries, to be considered as an expert (for magazine articles, newspapers, tv, radio or web sites) please respond directly to [lorawilsonmau@mac.com](mailto:lorawilsonmau@mac.com) with your full name, email address, city/state and your area of clinical expertise. The committee will contact you when an appropriate lead appears.

Thank you for your consideration. Obviously, being selected as an expert has benefit on both an individual level and for our profession as a whole.

**WE WANT TO HEAR FROM YOU!**



**We are always striving to improve our publications format and content. In order to do this, we need to hear our member's thoughts and ideas.**

**Please send your comments and suggestions to [info@adta.org](mailto:info@adta.org)**



### ***Approval Committee***

Submitted by Nancy Beardall, PhD, BC-DMT, CMA, LMHC, ADTA Approval Committee Chair

The Approval Committee met in Cambridge, Massachusetts on March 17 to review the annual reports and Columbia College Chicago's Self Study. The Committee will meet at the ADTA conference in Albuquerque on October 12 from 6:00-7:00 pm. Current representatives on this committee are Wendy Allen from Naropa, Jessica Young from Columbia Chicago, Julie Miller from Pratt, Claire LeMessurier from Antioch, and Anne Margrethe Melsom from Drexel. Eri Millrod serves as the supervision representative and Jesse Geller as the public member.

The Subcommittee for Approval of Alternate Route Courses is a subcommittee of the ADTA Committee on Approval. The subcommittee approves courses offered for the R-DMT Alternate Route credential according to published guidelines.

In the past, course approval was voluntary. Instructors and students are advised that any course enrolled in as of February 15, 2013 must be ADTA approved. Courses enrolled in prior to 2013 will be accepted by the DMTCB under the current application guidelines for Alternate Route R-DMT.

The Application for Course Approval, Guidelines for BC-DMTs Teaching Courses to Alternate Route Students, and Standards for Review and Approval of Alternate Route Courses can be found on the ADTA website.

I want to thank Nana Sue Koch, Barbara Nordstrom Loeb, Janet Lester and Shira Karman for their dedication to our members and to the committee work.



### ***Standards & Ethics Committee***

Ellen Schelly Hill, MA, BC-DMT, LPC, ADTA Standards & Ethics Committee Chair

The Standard and Ethics Committee members, Annabelle Coote, Linni Diehl, Angela Tatum Fairfax, Kiki Nishida, Leif Tellman, and Paul Sevett engaged in a "getting to know you" conference call in late March. The committee proposed additions and revisions to the Standards and Ethics Committee procedural guidelines, for purposes of establishing committee membership, and a procedure for revision of the Code of Ethics and Standards of Ethical Practice.

We discussed criteria for committee membership to include an interest in maintaining diversity of the committee composition. As part of this discussion we shared with one another the dimensions of our current diversity as a group.

Representation of diverse perspectives serves ethical principles of justice, beneficence, and nonmaleficence.

The relevant clause, among others, approved by the ADTA Board at its meeting in April reads:

#### **III. Committee Structure**

##### **A. Composition**

The Standards and Ethics Committee shall consist of the Chair and up to six members.

iii. The committee will review candidates with an interest in a committee composition that represents a diversity of professional and multicultural perspectives. The committee will give consideration to ethics related interests and experience.



## BOARD REPORTS



### *Members-at-Large Report*

Margaret Migliorati, MA, R-DMT, LPC, NCC, Western MAL

Jenna Heise, MA, BC-DMT, NCC, Central MAL

Adina Rosenberg, MCAT, BC-DMT, LPC, NCC, Eastern MAL

The MALs hosted a Chapter Leadership call on March 25, 2012. The MALs chat monthly - we really can't imagine doing our jobs in isolation - and thus the idea of offering space to the chapter leaders to discuss pertinent issues was born. We hope that all chapter board members will take advantage of this opportunity to connect, share, and learn from one another. The MALs

are aware of the wonderful work that our talented chapter board members do but the chapter board members aren't always aware of each other's work, and we want to support their volunteer efforts. The next Chapter Leadership call will be held on **Tuesday, June 26th** 5:30 Pacific/6:30 Mountain/7:30 Central/8:30 Eastern and will last one hour. If there are topics you would like addressed, please contact your regional Member-at-Large.

And, as usual, the MALs are available to ALL ADTA members living in our respective regions, regardless of whether or not you belong to a Chapter. You can call or email us at any time with questions, ideas, membership needs, etc. We are your conduit to the National Board of Directors and we welcome hearing from you.

# Become a Leader in the Field

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### *From the Office*

Gloria Farrow, BS, ADTA Operations Director

A few reminders:

- **2012 ADTA Conference October 11-14, Albuquerque, New Mexico** – brochure is in the mail. Extensive detailed information is on the ADTA website. [www.adta.org](http://www.adta.org) click on Conference and register for the conference online. You must login as a member to receive membership conference rates – early bird rate until July 15. If you have colleagues interested in attending the ADTA conference, send an email to the office [info@adta.org](mailto:info@adta.org) and we will send them a brochure. Call the Hotel Albuquerque and book your hotel room today: 1-800-237-2133 or 505-843-6300 and state you are with the ADTA to receive the special conference rate. **Overflow hotel:** Double Tree Hotel 505-247-7002 or 1-800-222-7002 or click on: [http://doubletree.hilton.com/en/dt/groups/personalized/A/ALBSMDT-ADT-20121009/index.jhtml?WT.mc\\_id=POG](http://doubletree.hilton.com/en/dt/groups/personalized/A/ALBSMDT-ADT-20121009/index.jhtml?WT.mc_id=POG)
- **To renew your membership, credentials and chapter online:**
  1. Go to [www.adta.org](http://www.adta.org)
  2. Login with email address and password (lower left of screen)
  3. Then click "view profile" at bottom left of screen below your name
  4. Under "member details" click button "renew until 30 June 2013"
  5. Follow the instructions\*\*note you will also be asked if you want to renew your R-DMT or BC-DMT and Chapter -- so read to the bottom of each screen.
- **Payment Plan** – if for some reason you are unable to pay your renewal fees in a lump sum, please call the ADTA office and we can work out a payment plan designed especially for you.
- **ADTA website** – a wealth of information. Remember your **member login username** is your **email**; your password is known only by you. If you cannot remember your password, click on Forgot Password and follow the directions. We do not have password information in the ADTA National Office.
- **Eblasts** - tailored content to an important subject, filled with the latest information, news, features and products. ADTA is now using Eblasts to get the latest information to ADTA members in a quick and money saving way!
- As a member you have full online access to the **American Journal of Dance Therapy (AJDT)**; login with your username and password to the ADTA website. You are able to access the latest journal and every volume back to Volume One.
- **U.S. Tax Deduction** - did you know that your ADTA dues are deductible as a business expense for United States federal income tax purposes? For 2012-2013, 96% of ADTA dues are deductible, either as unreimbursed employee expenses or as Schedule C business expenses. Consult your tax advisor for your situation.
- If you are planning to give a presentation in your area, make sure you are offering our latest introductory brochure with the new certification marks. Call 410-997-4040 or email [info@adta.org](mailto:info@adta.org) or [gloria@adta.org](mailto:gloria@adta.org) to request brochures sent to you for distribution.
- **When writing** dance/movement therapy always put the slash (/) between dance and movement; however, when writing **DMT** or **dmt** no slash (/) is written.
- **Member Benefit – Clinical Consultation** - This new arrangement benefits both consultants and consultees. BC-DMT Consultants are able to expand their clinical consultation practices. ADTA members have expanded access to affordable initial consultation sessions to explore specialty areas of expertise or select among consultants to best fit their needs. See Clinical Consultation under the Members Only Section of the website
- **Liability Insurance** – Marsh Affinity 1-800-503-9230
- Have you visited the **ADTA Online Store**?
- Amazon **SHOP AMAZON.COM** and **SUPPORT ADTA!!**

Use the icon below to shop Amazon and ADTA automatically receives a percentage of what you spend! Start shopping and share this link with all your friends and relatives.







### ***New Jersey Chapter***

Submitted by Joan Berkowitz, LCSW, NCPsyA, BC-DMT, Chapter Treasurer & Anat Ziv, MSc, BC-DMT, LCAT, LPC, NCC, Advocacy & Awareness Chair, Chapter Newsletter Co-Editor

The NJ chapter had an active and exciting year. We are continuing to develop our new website, [www.njadta.org](http://www.njadta.org), which now includes our newsletter and will soon include photos and videos. Laurie Ludmer and Anat Ziv, the newsletter editors, have worked on developing and expanding the chapter newsletter making it “a stage” for students and professionals to share their knowledge, research, and clinical experience while keeping in mind the interaction of dance/movement therapy with other disciplines, body-mind approaches, and verbal/nonverbal therapies. We also have an active Facebook page,

NJ ADTA, which has helped to make people aware of the chapter’s events.

The New Jersey Coalition of Arts Therapies Association (The NJCATA), co-sponsored a conference with The Atlantic Health System @ Healing Arts at Morristown Memorial Hospital in Morristown, NJ. The conference, “***Creative Art Therapies: Promoting Wellness across the Lifespan***” was extremely successful, with over one hundred and twenty- five participants attending. Tina Erfer and Anat Ziv served as the Dance/Movement Therapy Co-chairs. Tricia Capello, Susan Cohen and Donna Newman Bluestein facilitated the DMT workshops. Joan Berkowitz and Tina Erfer led the closing ceremony in movement. Information about this conference can be found both on our website [www.njadta.org](http://www.njadta.org) and on the NJCATA website [www.njcata.org](http://www.njcata.org).

The chapter board will be meeting on Sunday, June 30, 2012 to review the past year’s program and develop programming for the upcoming year. Since the two year term of this board will be ending, we will be forming a nominating committee to find candidates for the new board. Chapter members, please contact us if you are interested.



### ***Wisconsin Chapter***

Submitted by Grace Valentine, MA, LPC, BC-DMT, DTRL, WI Chapter member

Our chapter president, Mariah Meyer LeFeber, recently received a University of Wisconsin – Madison Baldwin/Reilly Wisconsin Idea Endowment grant along with her dance department colleague, Kate Corby. Congratulations, Mariah! The three year grant will fund work using dance education and dance/movement therapy with low-income teenage girls through the Girls Inc. Program in Madison.

Hancock Center sponsored its yearly presentation and open house for Sexual Assault Awareness Month on April 20. An art therapist, Laura Teoli, from the newly opened branch of Rogers Memorial Hospital in Madison (serving eating disordered clients) engaged us in an experiential structure. Grace Valentine and Tara Rollins used it as a segue into moving from drawing and into our circle of support with the purple stretchy cloth (otherwise known as the PSC by our clients).

On the subject of working with clients with eating disorders, our training and supervision with Susan Kleinman May 1-3 was a great success: professionally

enriching and good outreach to community professionals. We thank Susan for her generous time commitment.

We are looking forward to hearing about, and will be reporting on, Rena Kornblum’s Violence Training Curriculum training program in South Korea. She returned June 3. Our next chapter meeting will be June 19 with a structured improvisation outdoors in one of our beautiful parks. With that we will inaugurate our new chapter board of directors.



### ***MD/DC/VA Chapter***

Submitted by Orit Janco Golan, MA, R-DMT, Secretary

The MD-DC-VA Chapter just held our Spring conference in May at Dominion Hospital, Falls Church, VA. Joan Wittig presented “Dance/Movement Therapy and Eating Disorders: Improvisation and Authentic Movement in Group Therapy”. It was a lively and introspective day for the 28 of us who could attend. Thanks to Jody Wager and Brigitta White for organizing this event!

We continue to look for innovative ways to include/recruit into our Chapter the dance/movement therapists as well as the students who are studying/doing internships in our area.

An exciting legislative interest has sparked in our chapter. We recently found out that art therapists in MD passed a Bill (HB 1207) on their own to license and regulate the practice of Art Therapy! We are hoping to join forces with other drama and music therapists in the region to propose a similar bill. Stay tuned.

#### Legislative Developments in the MD-DC-VA ADTA Chapter:

Just as we were gathering documentation to lobby Maryland state legislators about the blatant obstructionism of the Maryland Board of Mental Health and Hygiene, a board that seems to reflexively say “No” to DMTs these days, we learned that the Maryland art therapists had successfully secured a new license from the Maryland state assembly: Licensed Clinical Art Therapist or LCAT (MD House Bill 1207).

There was an outpouring of interest at our chapter meeting to try to amend this statute to include dance/movement therapists and to start a similar lobbying effort

in Virginia. Joan Wittig, the conference presenter at our annual Spring conference and one of the leaders of a creative arts therapy coalition that pushed through legislation in NY, urged us to collaborate with our partners in the other creative arts therapies moving forward. In New York, LCAT means Licensed Creative Arts Therapist.

Chapter Chairperson, Naomi Nim, will begin conversations with chapter members who volunteered to spearhead this effort starting in June in order to establish a working plan and lobbying strategy. If you want to be involved in MD, VA or DC please contact her by email at [nomienim@gmail.com](mailto:nomienim@gmail.com).

In the meantime, Naomi proposes that we not give up pursuing changes to the practices of the Maryland Board so that those who have tried so hard to get an LPC can do so. She intends to put her energy into both of these efforts in the coming months.



### ***Pennsylvania Chapter***

Submitted by the Pennsylvania Chapter Board

Hello from the PA ADTA. Our board has been busy with some housekeeping. We recently rewrote our bylaws. This process started months ago at our board retreat and

continued into the year as we rewrote the actual document. Now after membership vote, we can start governing from the revised bylaws. We have just completed nominations for board officers and are preparing for elections. The board is currently preparing and looking forward to celebrating with the Drexel graduating class of 2012 at the annual colloquium.

# DMTCB

Dance/Movement Therapy Certification Board

Submitted by Susan Saenger, BC-DMT, DMTCB Chair

The Dance/Movement Therapy Certification Board met April 14 – 16 in Brooklyn, NY. The primary business of the Annual Spring Meeting was to review applications for R-DMT and BC-DMT. The Board is pleased to announce that there are 19 new BC-DMTs and 23 new R-DMTs (2 via the Alternate Route).

The Board was very impressed with the applications overall and would especially like to thank the students, educators, supervisors, and new dance/movement therapists working in the field for their good work. It is clear that there is courageous,

innovative, and deeply thoughtful and caring therapy being conducted by our colleagues and they deserve congratulations.

The Dance/Movement Therapy Certification Board is currently working with the ADTA on some of the continuing challenges that our membership faces. For example, the ADTA and the DMTCB has formed a joint task force to address the needs of international applicants. Another example is that we would like to find more ways to support alternate route students, in addition to the Student Forum and Facebook, although we

highly encourage networking via these media!

Finally, the Board composition will change this fall as Lenya Treewater, a founding board member and former Credentials Committee member, leaves her post as Western Region representative on the R-DMT panel. Her service has been stalwart and we will miss her. In her place, the membership has elected Jeanetta Scholefield to represent the Western Region on the R-DMT panel. We look forward to formally welcoming her in the fall at the ADTA conference.



## ***Congratulations Are In Order...***

The Dance/Movement Therapy Certification Board would like to congratulate all the newly Board Certified-Dance/Movement Therapists (BC-DMTs) and Registered-Dance/Movement Therapists (R-DMTs).

### **BC-DMTs**

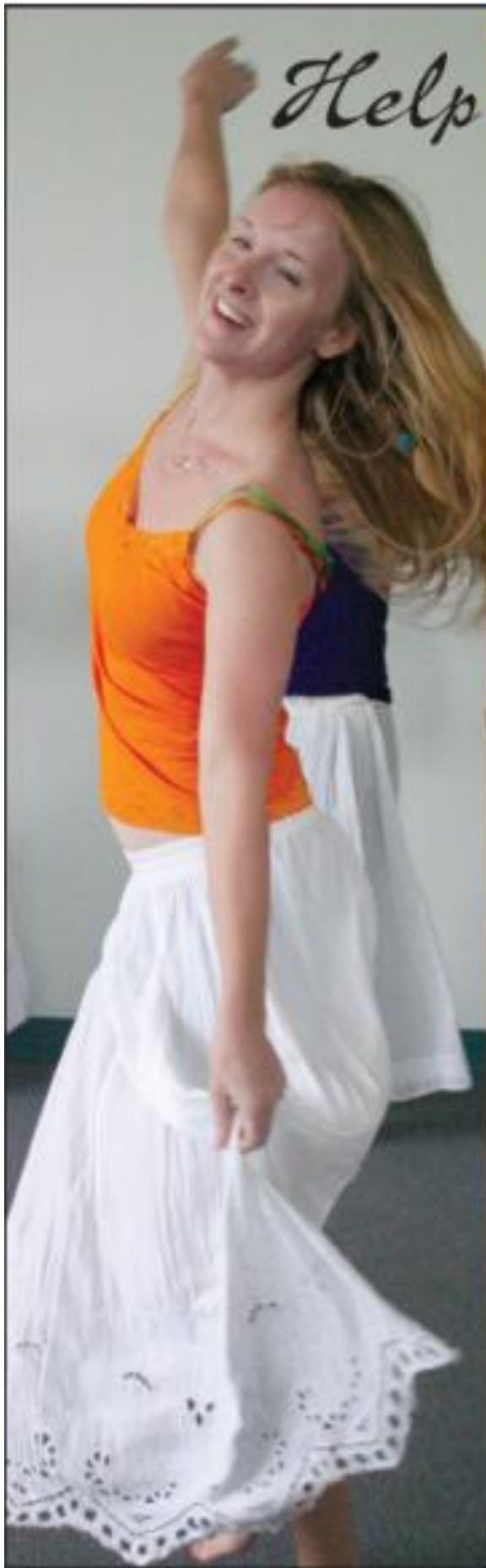
Registered between February 28 and May 31, 2012

Emma Barton  
Sarah K. Brangwynne  
Alexandria B. Callahan  
Jocelyn Daigle  
Kimberley L. Smith Daly  
Sheau-Ling Duh  
Carla Feldschuh  
Charne Furcron  
Gail Adduci Gogliotti  
Jessica Melville Goodin  
Elisabeth Grasberger  
Alexis A. Lanzillo-Long  
Margot Rabiner Lewis  
Katherine Jonesco Lower  
Molly McLean  
Jeannine Salemi  
Kimberly Schmidt  
Amy Sorrento  
Amber Lee Venti

### **R-DMTs**

Registered between March 1 and June 4, 2012

Sungmin Ahn  
Allison Rae Greenberg  
Orit Greenberger  
Whitney Hoke  
Marissa K. Intravia  
Kimberly B. Kaufman  
Danielle M. Laurion  
Emily Lebowitz  
Hang Yin Candy Lo  
Gabrielle Mathias  
Melissa Meade  
Katrina Nicole D. Rubio  
Susan Schoon  
Erin E. Stuart  
Ricki Laura Thompson  
Marisa Valdiserra  
Jennifer C. Whitley



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## MARIAN CHACE FOUNDATION



### Trustees:

Sharon Chaiklin, President  
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We look forward to seeing all of you at the Marian Chace Foundation Lecture on Friday, October 12<sup>th</sup> at 3:15pm. Judith Richardson Bunney will be speaking on *Honoring History and Heritage: Roots for New Heights*. Ms. Bunney's varied experiences include all that is possible within a profession: clinical, teaching, administrative, governmental affairs, film production and likely more. She will have much to offer.

Additionally, you will want to receive and add to your collection of bookmarks as the newest group will be available at the lecture. Each has wonderful quotes that are usable in many ways.

The trustees met and reviewed thirteen grant proposals. We rue our limitations in funds but pushed to include as many as we could. All were worthy and it is possible to re-apply if not accepted the first time. Grant proposals are due on February 15<sup>th</sup> and are reviewed in April at our meeting. We strongly suggest that applicants look at other grant application forms such as NIH and consult with those who understand the process of writing research grants including members of the Research Committee of the ADTA. Film proposals should include the sequence of story (story board) and a short DVD of a sample of the work so that it is possible to have something upon which to base a decision.

Those who received grants this year are as follows:

- Expressive Media, Inc. for a documentary film of and about Penny Bernstein
- Amber Gray for an educational grant to work with a professional group in Haiti
- Anna Kemble to help complete a film on work with children and child development
- Donna Newman-Bluestein and Meg Chang for publication of a manual on non-verbal communication for caretakers of those with dementia.
- Nancy Mazonson, Jewish Family Service, Boston for DVD for use of Parkinson's clients and caretakers when they are unable to attend dance class geared for them.

The trustees are always available to hear your concerns and suggestions.

We thank those who make our work possible through their generous donations.

## Thanks to...

Donations received March 1 – May 31, 2012

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- Sharon Chaiklin  
*In memory of the father of Susan Sandel*

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### CHACE CIRCLE (\$1,000 & up)

- Gettysburg College Dance Ensemble
- Mary Lee Dayton  
*For Global Site Performance projects*

## ADTA VOLUNTARY CONTRIBUTORS

ADTA wishes to thank the voluntary contributors who donated for the period April 1 – June 4, 2012. Thank you for your support.

- ✦ Joan Berkowitz
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- ✦ Johanna Climenko
- ✦ Alixe Dancer
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- ✦ Patti Spiegel
- ✦ Amelie Strauss-Maslansky
- ✦ Tina Stromsted
- ✦ Deborah C. Thomas
- ✦ Gail Wood



## SAMHSA

Submitted by Gloria Farrow, ADTA Operations Director

For the past seven years, the Substance Abuse and Mental Health Services Administration (SAMHSA) has celebrated National Children's Mental Health Awareness Day with a special event celebrating the resilience of young people, especially those who have mental health challenges. This year the young people selected a caring adult who were their "Heroes of Hope". A Hero of Hope is a compassionate adult who provides a child with positive support and influence that assists them to develop or enhance resilience. Five children told stories of their traumatic experiences that paid tribute to their heroes through dance, music or drama. The event also had virtually Skyped participants narrating their accounts.



The U.S. Department of Health and Human Services Secretary, Kathleen Sebelius spoke in support of arts services for children: "Creative expression of their feelings can help young people process challenges associated with trauma and conflict. Engaging young people with mental health problems in the arts can increase self-esteem

and coping skills and can help them reach their full potential."

Secretary Sebelius also presented a recognition award to Honorary Event Chair Cyndi Lauper for her work in helping youth who are homeless and lesbian, gay, bisexual, and transgender. The evening culminated with Cyndi Lauper singing "True Colors" assisted by the featured young people.

Preceding the event a reception was held along with an art exhibit sponsored by the American Art Therapy Association with a collection of artwork illustrating resilience over trauma. Art therapy work of children from around the country recognizing their "Heroes of Hope" was displayed.

ADTA Vice President, Jody Wager; Public Policy Consultant, Myrna Mandlawitz; and Operations Director, Gloria Farrow were in attendance at the May 9th SAMHSA Child Health Awareness Event. The American Dance Therapy Association is a supporter for this event.

## ADTA ANNUAL CONFERENCE



The American Dance Therapy Association invites you to the 47th Annual Conference at the Hotel Albuquerque in Albuquerque, New Mexico, October 11-14, 2012.

The theme of the conference – *Exploring Vistas and Soaring to New Heights: DMT 2012 and Beyond* -- invites us to take a different look at our work; not only where we have come from, but where we are headed.

Hotel Albuquerque is near Old Town Plaza where locals and visitors step back in time. Old Town was the epicenter of the Santa Fe Trail and Santa Fe is just a short train ride away. Founded in 1706, Albuquerque is a modern city with ancient roots. Its original inhabitants date back to 2000 BC and remnants remain in petroglyph carvings on the mesas. The descendants of the early pueblo peoples and Spanish explorers walk the streets today. New Mexico remains the only state with 2 official languages; Spanish and English. Albuquerque is known for its rich tapestry of cultures, both ancient and modern. Enjoy breathtaking **vistas** of mountains and mesas, rich blue skies, and the cultural heritage of many ancestors. New Mexico truly is the Land of Enchantment.

Dance/movement therapy is indeed **soaring** to new heights -- ADTA membership is higher than ever before; conferences are better attended; we have a stronger presence in Washington, DC and enhanced visibility in regulatory agencies; we have more contributing donors than ever before; and our international membership continues to grow. Gathering in this magical environment that merges old with new, we are reminded of our own roots and of how our history has brought us to where we are today. How do we maintain this growth and bring dance/movement therapy to the next level?

Attending an ADTA National Conference is an opportunity to take advantage of one of the most important benefits ADTA offers its members. ADTA is offering about 50 seminars and intensives during the conference for those wishing to enhance their knowledge of dance/movement

Sincerely,

Gloria J. Farrow  
ADTA Operations Director  
ADTA Conference Manager

Jody Wager  
ADTA Vice President  
ADTA Conference Committee Chair

therapy or those seasoned in the field earning their continuing education credits. This conference is structured to meet the diverse needs of conference attendees. Like all ADTA conferences, this one is full of opportunities to network via social events like the Opening Reception, the Business Breakfast, Banquet, and Special Interest Groups (SIGs).

Some highlights of the conference:

- ❖ Marian Chace Foundation Lecture with Judith Richardson Bunney - *Honoring History and Heritage: Roots for New Heights*
- ❖ The ADTA Research Sub-Committee sponsored annual Research and Thesis Project Poster Session. Innovative research and thesis projects will be presented to the DMT community from around the world
- ❖ Awards – outstanding members of the ADTA community are recognized during the National Conference
- ❖ Performances
- ❖ 18<sup>th</sup> Annual International Panel – *A Panorama of New Directions for DMT*
- ❖ National Counselor Exam
- ❖ Earn BC-DMT, R-DMT, and Counseling Continuing Education Hours
- ❖ Banquet and Dance, music by *Tapestry*
- ❖ 47th ADTA Conference will close with a *Movement Choir, led by Tricia Capello and Tina Erfer* that will magically interlace together events of the conference with the honoring of ADTA members who have been newly credentialed as R-DMTs and BC-DMTs since our last conference

We encourage you to attend this year's conference in beautiful Albuquerque and experience the spectacular culture, abundance of activities, and breathtaking landscape that are uniquely Albuquerque!

For more information about the conference, see the ADTA website with the latest conference information or email [info@adta.org](mailto:info@adta.org) with any questions.

See you in Albuquerque!



## FROM ADTA'S LEGISLATIVE CONSULTANT



### *DMT Profiled for Coalition Leadership*

Submitted by Myrna Mandlawitz, ADTA Legislative Consultant

ADTA is a longstanding member of a large Washington, DC coalition, the Consortium for Citizens with Disabilities (CCD). CCD is an umbrella group with a number of task forces addressing life span issues for people with disabilities. ADTA monitors and participates in the Education, Health, and Veterans' Affairs task forces.

Recently at a gathering of the chairmen of all the CCD task forces, ADTA Legislative Consultant Myrna Mandlawitz was asked to give a presentation on dance/movement therapy and on the ADTA. It was a great opportunity to explain to leaders of the disability advocacy community about the important contributions of DMT to the overall health and well-being of individuals with disabilities.

Ms. Mandlawitz provided information about the training, work settings, and populations served, as well as the history and background of the profession. She also gave an overview of the work of the association and some specific examples of how clients are served.

ADTA was the first association of the 100+ organizations in CCD to be asked to make such a presentation. The CCD leadership wants to be more conversant with all the member professions and organizations within the coalition in order to best advocate for services for individuals with disabilities.

For more information on the work of CCD and its membership, go to [www.c-c-d.org](http://www.c-c-d.org).

## FROM THE PROFESSIONAL DMT COMMUNITY

### *Origins*

Submitted by Carin Torp, MA BC-DMT LCMHC

The following is a poem written by Carin Torp, MA, BC-DMT, LCMHC and one of her adult clients at their last session together. It was written while looking at a prompt of art work entitled "Origins" by Lisa Cowden. The client wrote one line, covered it and then the therapist wrote a line and so on ending with a final line by the client. The power of this moment speaks for itself.

#### Origins

So I dipped my toes into the universe  
Toes touching the cosmic juices, ooh, warm and tingly  
And I thought that I couldn't take that much energy  
Possibilities are endless when universal dust mingles with  
our soles  
But deep down I knew I had the potential  
Swirling timidly allows for gentle immersion and a claiming  
of presence  
The bottoms of my feet tingle when I'm excited, or scared  
Does cosmic dust tickle, can it act like fairy dust; can it help  
me fly?  
My feet tingle now. All I have to do is recover what was  
split off, dive deeper into the pool.  
I want to dance with the stars with bells on my toes  
I dip my feet in up to my ankles.



Title: Origins

© Lisa Cowden





***Contributions at Stony Brook University Conference***

Submitted by Sherry Goodill

In the Spring 2012 newsletter, we under-reported the contributions of ADTA members and affiliates in the Stony Brook University conference, [The Festival of the Moving Body](#), in March. Several ADTA affiliated presenters were part of this innovative conference. Congratulations to:

- Johanna Climenko, **Dance/Movement Therapy From The Inside Out** (workshop)
- Nalini Prakash and Aarthi Muthkumaran, **The Power of Healing Through Movement** (workshop)
- Nancy Koprak, **Expanding Creativity: Mind, Material and Motion** (invited summit presentation) **and The Dance of Psychotherapy: Moving Through the Magic Circle** (workshop)
- Karen Kohn Bradley: **Shift Happens: A Geo-somatic Journey of a Human Body, Moving** (invited summit presentation)
- Maxine Sheets Johnstone **Animation: Embodied Minds or Mindful Bodies?** (invited summit presentation) **and Putting Movement Into Your Life: A Beyond Fitness Primer** (workshop)



***Deep South Connections***

Submitted by Vonie Stillson MA, BC-DMT, NCC, Psychologist Associate East Mississippi State Hospital, Meridian MS

My hope with this article is to reach DMTs in the Mississippi, Louisiana, Alabama, Arkansas, Tennessee, and Georgia areas. I know we are few and far between, which to me only stresses the need for connection and support. Over the past few years I have attempted to find others interested in creating a “Deep South” chapter of the ADTA via the forums and the old list serve and have had no luck. We must have 8 professional members to create a chapter. While I was in graduate school at Antioch, the NEADTA was a wonderful resource for me and allowed me to grow both personally and professionally. Since moving back home to Mississippi I realize how much I miss this community of peers. I would love to create something similar for those of us in this part of the country. If this is something you may be interested in please contact me @ [voniestillson@yahoo.com](mailto:voniestillson@yahoo.com) I look forward to hearing from you!

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## IN MEMORY

### *Dr. Marion North, OBE, CBE, PhD, DAarts, DLIT 1926-2012*

Submitted by Dianne Dulicai, Ph.D., BC-DMT

Dr. North, one of the key figures in British contemporary dance of the last century and one of the major contributors to dance/movement therapy in Europe and the U.S. died in London on May 3, 2012. She developed the Laban Centre focused on Rudolf Laban's work, teacher training, and centre for dance. An outstanding researcher of the therapeutic application of Laban's work, she built research projects to test and confirm Laban's hypotheses. Under Marion's visionary leadership, the Laban Centre became a world leader in the education of teaching contemporary dance, community dance, and teacher training.

In 1974, Marion invited Bonnie Bird, a former dancer with the Martha Graham Company. Together they started the dance company Transitions that performed across the globe and established the Bonnie Bird New Choreography Awards. Through the National Lottery Funding of the Arts Council England in 1999, Marion brought the globally known architects Herzog & de Meuron to create an award-winning building which opened in 2003.

Marion developed the first BA in dance in Britain, the first Master's program in Dance, the first Ph.D. program in dance, and the first MA in Dance/Movement Therapy with the collaboration of Dianne Dulicai, PhD, BC-DMT director of Dance/Movement Therapy at Hahnemann Creative Arts Therapy Department, Hahnemann Medical School and University, now Drexel University.

In 1984, the program at Hahnemann designed a Symposium, "Looking Ahead, Planning Together: Creative Arts in Therapy, and Integral Part of Treatment for the 90's" in response to the law, No Child Left Behind. Dr. North was a panel member which gave Dr. Dulicai the opportunity to get to know her better and set the tone for our future collaboration. At that symposium, North stated, "If you take away the spontaneous naturalness, which comes closer to a dance between two people talking, then immediately you are

going to make an artificiality which is immediately manipulative"(North, 1985).

When we began building the program at the Laban Centre at Goldsmiths' College in 1984, members of our staff also participated in the teaching such as our President, Sherry Goodill; faculty, Gayle Gates; Jacqueline Blatt; and Dr. Edward Volkman, psychiatrist in the department. Blatt wrote about her experience in the American Journal of Dance Therapy in 1993 and I spoke of the program in "An Interview with Dianne Dulicai" in the American Journal of Dance Therapy in 2001. The program was accredited in 1989 by the British Education Authorities and continues at Goldsmiths' College.



Marion and I began our research work in 1991. Her 1971 doctoral study of movement behavior of 31 babies, 8 of who were followed to 2 years in 1971 could be extended to further test her hypotheses if she could locate any of the original babies studied. She did find two of the subjects who we wrote about in our new book. Included in the new book are two examples of how Laban's analysis of movement assisted Dr. Dulicai in her clinical work with children. Dr. North knew the book was finished a month before she died. She was thrilled but wanted to

plan our next lecture about which I continued to discuss with her through a student who could read email for her when Marion's hearing and eyesight failed. This is a loss for all of us, and for me it is the end of a life experience I will treasure forever, and I am borrowing a quote to help me communicate that experience.

"Creativity is just connecting things. When you ask creative people how they did something, they feel a little guilty because they didn't do it, they just saw something. That's because they were able to connect experiences they've had and synthesize new things." Steve Jobs, Wired, 1995. That was Marion North, a supremely creative, disciplined and accomplished innovator in our field.

### *Hearing Voices: Using Dance to Disseminate Qualitative Research Exploring the Intersections between Art and Science*

Submitted by Beverly Dunn, Alternate Route Student at Kinnections

This article provides a brief report on an engaging lecture I attended on April 10th at the Cleveland Clinic given by Dr. Katherine Boydell, a Canadian medical sociologist and arts-based researcher. Dr. Boydell is Senior Scientist in the Learning Institute and Scientific Director of Qualitative Inquiry in Child Health Evaluative Sciences at The Hospital for Sick Children and Associate Professor in the Departments of Psychiatry and Dalla Lana School of Public Health at the University of Toronto. The evening was presented by the Program in Medical Humanities of the Cleveland Clinic Lerner College of Medicine and The Cleveland Clinic Center for Ethics, Humanities and Spiritual Care.

The program began with a simple movement sequence performed to John Lennon's "Imagine" by special needs adults and their caregivers from the Euclid Adult Activity Center. A fitting start to an evening focused on the communicative power of dance.

Dr. Boydell described her collaboration with a choreographer, musician, and dancers to develop a dance to convey findings from a Canadian federally funded qualitative study of pathways to care for youth experiencing first episode psychosis. Dr. Boydell wondered how effectively dance could be used to convey the emotional and visceral aspects of research that are difficult to portray in writing. The goal was to make her findings accessible and relevant to a wide variety of audiences beyond health care academia.

An additional research grant provided "knowledge translation" funds to undertake this project. The dance creation was a rigorous research project in and of itself to determine the efficacy of using dance to communicate these academic findings. Could dance enable a different type of engagement with and view of the data? Could the findings be accurately translated into a form that could be experienced and interpreted by at risk youth, their families, service providers, educators, and the public at large? How could movement be used to reflect and educate on the long, emotional journey of youth from first episode psychosis to diagnosis and treatment (an average of two years)? How would this form of communication be received?

This fifteen minute dance, *Hearing Voices*, has evolved since the original version and has been extremely well received including at schools and an international scientific symposium on early psychosis. It has opened up dialogues with adolescents, healthcare professionals, academics, and others that would not otherwise have occurred. Presentations to adolescents always include literature on mental health resources and the opportunity for post-performance discussion. Responses have included:

- Normally rambunctious teenagers have sat attentively through performances, willingly engaged in dialog about mental health, and requested that the dance be repeated after the discussion.
- A health care practitioner responded "So much pain that as a professional I CAN'T feel with every person because I'll drown, but this reminds me why I do my job. Reminds me HOW I should...that words aren't enough to understand."

Using dance as a means to convey research findings and spark thoughtful reflection and dialog has been so successful that Dr. Boydell has since received further funding to explore the impact of using dance and other arts-based research approaches in health care in Canada.

The research and creative teams involved in this project did not have any DMT background. Based on my short discussion with Dr. Boydell after the presentation, it seems that there is opportunity for mutually beneficial discourse between dance/movement therapists and Dr. Boydell. Dr. Boydell is very open to dialogue with dance/movement therapists, especially those in research and who work with adolescent populations.

Dr. Boydell's published paper, which was used in preparing this article, can be downloaded free of charge at <http://www.qualitative-research.net/index.php/fqs/article/view/1525>

Thank you to Lillian Weisberg for bringing this presentation to the attention of the ADTA and to Sharon Chaiklin for encouraging someone from the ADTA to attend.



### *Dance/Movement Therapy Association in Canada*

Submitted by Zuzana Sevcikova, Joanabbey Sack, and Farah Fancy

The **Dance/Movement Therapy Association in Canada** is very happy to share their news during a time of DMT growth in Canada! Following the January 2012 Canada wide conference call co-coordinated by the ADTA International Committee, we have been focusing our energy on developing educational opportunities for Dance/Movement Therapy in Canada. Together with the Grands



Ballets Canadiens, DMTAC is a key and influential player in the creation of a future DMT training curriculum at a Quebec university. Thus far, the Grands Ballets has initiated a cross

country survey addressing the interest in DMT training. The results showed a stronger than expected interest and demand for a DMT training program in Canada to start as soon as possible. We have been actively pursuing the goals of promoting DMT across Canada and establishing a cohesive community of DMT professionals, students, and supporters from all provinces.

Since DMTAC's official establishment in June 2011, the association has grown in the number of members and now has members from five provinces. We are in the process of appointing regional representatives in order to coordinate DMT activities in each region. Currently the Board is established in Montreal and has successfully organized various events for Creative Arts Therapies Week. In May, two DMT workshops were offered by Tina Erfer, MS, BC-DMT, LCAT, to students and professionals. We continue to run informative

workshops on how to become a DMT through the alternate route and have arranged for a workshop by Judith



Koltai for Fall 2012. Lastly we are working diligently on the creation of a Canadian DMT website that includes a Canada wide DMT related to the field. In the mean time we invite you to visit: <http://dmtinfo.blogspot.ca/> or contact us at: [dancetherapyca@gmail.com](mailto:dancetherapyca@gmail.com). We look forward to your input, suggestions, and energy in pursuit of promotion, training, and networking in the field of Dance/Movement Therapy in Canada and the world at large.



### *Conference Announcement for the 17<sup>th</sup> Herbstakademie*

Submitted by Sabine Koch

We would like to welcome you to the 17<sup>th</sup> Herbstakademie in Heidelberg, Germany, at the Department of Psychology "The Implications of Embodiment: Enactive, Clinical, Social", 1<sup>st</sup> – 3<sup>rd</sup> of October 2012, University of Heidelberg. The preliminary program includes the following:

- Workshop with Dr. Christine Caldwell: *Body Narratives that Heal*
- Workshop with Dr. Zenno Kupper: *Mindfulness & Body Awareness*
- Dynamic Systems & Social Psychological Perspectives on Embodiment (Prof. Dr. Herrmann Haken, Prof. Dr. Lawrence Barsalou, Dr. S. Topolinsky)
- Clinical Perspectives on Embodiment (Prof. Dr. Johannes Michalak, Prof. Dr. Wilma Bucci, Prof. Dr. Jochen Schweizer, Prof. Dr. Christine Caldwell)
- Anthropological, Phenomenological and Enactive Perspectives on Embodiment (Prof. Dr. Karl Grammer, Prof. Dr. T. Fuchs)



Participants can register and check the finalized program at <http://www.upd.unibe.ch/research/symposien/HA17/HA17.html>

Organizers: Prof. Dr. Wolfgang Tschacher, University of Berne, Switzerland; Prof. Dr. Thomas Fuchs, University of Heidelberg, Germany; PD Dr. Sabine C. Koch, University of Heidelberg, Germany



### *Violence Prevention Program in Korea with Rena Kornblum*

Submitted by Kyung Soon Ko, BC-DMT, GL-CMA, LPC

Korea has been considered a conservative country and has a strict education system, which emphasizes academics area rather than emotional needs. This has caused a lot of violence problems in Korea's education system. The Korean media and government have started to pay attention since issues such as suicidal attempts, group bullying, and abuse have been happening and can no longer be kept as family or school secrets.

The Expressive Arts Therapy Department at Myongji University and the Korean Expressive Arts Therapy Association (KEAPA) have been established in Korea for more than ten years. Both organizations have played a major role in the growth of the



expressive arts therapy field in Korea. Both of these organizations jointly invited Rena Kornblum to Korea for the first time in order to provide a five-day intensive workshop titled "Dance Therapy as Violence Prevention," from May 26 to May 30, 2012. The contents of the workshop successfully fulfilled both participant's and society's needs since violence issues in Korea are getting more and more serious in school settings. Around 40-60 individuals from various fields such as art, music, and dance/movement therapy, education, counseling, and social work registered for each day. Kornblum's specific approach will be a great tool for the Korean education system to create a peaceful environment.



### *My Trip to China*

Submitted by Ilene Serlin

Greetings from another amazing trip to China. So much to share but here are some personal and professional highlights:



- Had the privilege of being invited to the **Second International Conference on Existential Psychology** at Fudan University in Shanghai. Based on the warm welcome and collaborative exchanges started two years ago in Nanjing, we continued to find commonalities between Eastern indigenous cultural psychology and Existential Psychology through presentations, demonstrations, and informal collegial exchanges.

- **Dalian University.** My article on Root Images of Dance Therapy was translated for a book on shamanism. I was invited by the Director of Ethnic History and Culture in Northeast China at the University of Dalian to give a talk on shamanism and then joined the department of counseling for a workshop. I also saw awesome display of Chinese martial arts.

- **China Institute of Psychology.** Gave a workshop on dance/movement therapy, experienced much interest, creativity, and openness. This time got to the Great Wall.

- **Yellow Mountain (Huang San).** One of China's most celebrated mysterious mountain peaks in poetry and painting, we walked up, down, and couldn't walk after.

- **Zhenzhou.** Did a workshop on existential/depth approaches to dance/movement

therapy for Whole Person Psychology Institute. Visited Taifeng, home of China's Jewish settlements, and theatrical recreation of love and war during Song dynasty.

Other than that, riding on bullet trains, witnessing the staggering pace and scope of development everywhere we went, eating jellyfish and sea cucumber...

These notes hardly describe the heartfelt exchanges at every point, the generosity, hospitality, and friendships formed. Plans are already being discussed for ongoing projects and visits, with many exciting prospects ahead.



### *Moving Eastward!*

#### *Dance/Movement Therapy Training Seminar for the Taiwan Dance Therapy Association*

Submitted by Tricia Capello

From May 19 to May 21, 2012, Dance/Movement Therapist Tricia Capello, MA, BC-DMT, NCC, LCAT led a training seminar with 43 participants in Taipei, Taiwan. Invited by Council President Professor Lee Tsung-Chin and Managing Supervisor, Ms. Chu Ching-Lin of the *Taiwan Dance Therapy Association*, the 3-day program offered both didactic and experiential training. The workshop, titled *An Intra-Interactive Approach to Dance/Movement Therapy Training™*, included specific practice techniques for the adult psychiatric client and focused on the use of expressive dance and music as an integral part of the therapeutic relationship.

The participants ranged from professional dancers, occupational and

other therapists, a chiropractic physician as well as beginning and seasoned DMTs. The overall response



was extremely positive and receptive to learning new approaches, with the group demonstrating thoughtful insight and wonderful dancing. Supervision with six practicing Taiwanese dance/movement therapists followed the closure of the seminar, each sharing their professional expertise and issues related to their work in a variety of settings.

This was Tricia's 2<sup>nd</sup> time teaching DMT in Taiwan after having been on the faculty of the *1999 Summer Dance Festival* which took place at the Cultural University near Taipei. As Acting Chair of the *International Panel*, she will welcome back Professor Lee as a presenter at the ADTA's upcoming annual conference in Albuquerque, New Mexico.



### *Opening of the Master Program in Dance/Movement Therapy at the SRH University Heidelberg, October 4<sup>th</sup> and 5<sup>th</sup>, 2012*

Submitted by Sabine Koch

The SRH University Heidelberg is proud to announce the Master Program for Dance/Movement Therapy starting October 2012. It requires a BA in Humanities, Arts or Social Sciences (or an equivalent degree) and offers an MA of 120 ECTS-Credits. Including phenomenological and cognitive science perspectives, the program will be firmly based in a health sciences model (evidence-based practice). The Master Program will be a part-time model running three years, with a possible change to full-time model from 2013 on.

The Welcome Program will include Lectures and Workshops with Dr. Sharon W. Goodill, USA, President of the American Dance Therapy Association ADTA, and Dr. Diana Fischman, Argentina, Head of the DMT training BRECHA and past President. These sessions include:

- Dr. Sharon W. Goodill "Medical Dance/Movement Therapy – Necessities and Perspectives" (Lecture)

- Dr. Marianne Eberhard: "Modalities of Mirroring: Developmental and Psychopathological Correlates" (Lecture)
- Dr. Sharon W. Goodill "Medical DMT" (Workshop)
- Dr. Sabine C. Koch: Embodied Enactive DMT (Lecture based on collaborative work with Dr. Fischman & Dr. Goodill)
- Dr. Diana Fischman: "Kinesthetic Empathy" (Lecture)
- Dr. Diana Fischman: "Kinesthetic Empathy" (Workshop)

**Participation Fee:** 60 Euro per day

SRH Hochschule Heidelberg  
Fakultät für Therapiewissenschaften  
Maaßstraße 26, 69123 Heidelberg  
Germany

[therapiewissenschaften@fh-heidelberg.de](mailto:therapiewissenschaften@fh-heidelberg.de)  
[sabine.koch@fh-heidelberg.de](mailto:sabine.koch@fh-heidelberg.de)

### *Zhengzhou Psychology Therapist Association Zhengzhou Whole Person Research Psychology Institution Letter from Yufeng Huan*

Submitted by Ilene Serlin

Please accept this sincere welcome from China. On May 25<sup>th</sup>, in the second China Existential Psychology conference, we met Dr. Ilene Serlin. She introduced us to general information about your association. It is our great honor to thank Dr. Serlin for being with us for two days, holding the wonderful dance/movement workshop in Zhenzhou, Henan, China. This workshop really helps with the development of Chinese psychotherapy. Also, this workshop could be the milestone to promote the development of dance therapy in China. Therefore, as the president of Zhengzhou Psychology Association, I would like to represent our board members in giving our sincere thanks to Dr. Serlin.

My name is Yufeng Huan. I was born in 1973. In the beginning, I studied traditional Chinese medicine and theology. I graduated with a theology Bachelor's degree. Then I became a pastor and worked at different churches for over ten years. Later I studied psychology and philosophy in Wuhan University. I graduated with a psychology Master's degree and a philosophy doctoral degree.

It is also a great honor for me to know Dr. Xuefu Wang. He is the one of the most famous existential psychologists in China and has achievements in both psychotherapy and existential psychological research. Due to the common interest shared between Dr. Wang and myself, we used a Chinese way to do the apprenticeship and I became his second student. I was invited to be the researcher at the Hunan Psychological Research Department. Also, I am teaching at the Psychology Department of the Henan Traditional Chinese Medicine College. My role there is as a Visiting Professor. Besides the above, my other major administrative positions are the president of Whole Person Psychology Research Institution and the president of Zhengzhou Psychotherapy Association.

Zhengzhou Whole Person Research Institution is the government authorized psychology institution, focused on conducting research in psychotherapy, providing psychotherapy and other treatments, organizing academic exchanges and training. Currently, Whole Person is the only psychological institution in China authorized by the Chinese government to issue the certificates of Existentialism Analyst and Psychology Analyst. Also, Whole Person collaborates with Wuhan University to develop some courses to provide advanced psychotherapy training.

Our institution has a joint-relationship with Zhengzhou Psychology Therapist Association. We hold an annual therapist conference attended by advanced therapists from Henan, Hebei, Hubei, Shanxi, and Anhui provinces. Our institution is a major psychology institution in central China with many scholars and experts. We also collaborate with Wuhan University and Henan Traditional Medicine College. In China, our institution has both influence in academic and practice.

The concept of Whole Person focuses on the integration of the human being. In the meaning of psychological treatment, it focuses on the theory of humanity. In Daoism, we could see the Whole Person concept. Regarding the question "What is the human being?" the answer is that the human being is integrative. Also, it focuses on the relationship between individuals and situations. Further, it emphasizes that people live in the relationship with God, others, object, and the self. The self of a person consists of his or her biological self, psychological self, social self and spiritual self. In treatment, Whole Person practitioners really pay attention to the mind-body relationship. We train the client to be able to adapt to different roles and build a relationship world which belongs to him or herself in order to find a more meaningful life. Through exploring the persons' relationship with themselves, we let them grow up and reach the wholeness of life.

During Dr. Serlin's visit, we discussed the following four proposals:

First, we could establish our collaborative relationship to enforce cultural communications between our institutions, e.g. to hold scholar exchanges, visits, etc.

Second, we could establish art therapy in China. We could issue Chinese art therapist certificates to train more advanced therapists. Also, our institution welcomes Dr. Serlin and other art therapists to come to China to help our development.

Third, we could do an academic exchange. For example, we could focus on special topics such as trauma, etc.

Fourth, we could exchange research information among different institutions. For example, we could exchange our newsletters and academic newspapers.



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*Submission Deadlines:*

February 28, May 31, August 31, November 30

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March 28, June 28, September 28, December 28