

ALTERNATE ROUTE COURSE CALENDAR April 1, 2023

Additional Alternate Route course offerings and information are listed below:

NOTE: due to COVID-19 precautions many Alternate Route Courses are being offered on-line. Please refer to the tables (below) for options and details. (ET= Eastern Time Zone (US); CT= Central Time Zone (US); PT= Pacific Time Zone (US)

Contact the instructor or organization for more information or any changes from what is listed below.

**NOTE: ALL ONLINE FORMAT COURSES ARE LISTED TOGETHER. IN PERSON OR HYBRID COURSES ARE LISTED BY LOCATION/REGION**

<b>DISTANCE /ON-LINE FORMAT (NON-HYBRID)</b>				
Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.				
<b>Dates/Times</b>	<b>Title of Course/ (credits/hours)</b>	<b>Location (City, State or City, Country)</b>	<b>Primary Instructor/ Institution</b>	<b>Email/phone contact/organization website (if applicable)</b>
Ap 6-Ju 8 6:00-8:00pm ET	Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow & Unipolar Shape Flow (2 cr/30 hrs)	Zoom/ On Line	Suzanne Hastie, MA, BC-DMT, NCC, LPC	suzannehastie@aol.com/610-417-0831/www. kestenbergmovementprofile.org
Sa/Su- Ap 22&23+29& 30, 9 – 4 CT + 4 hours asynch.	DMT 1: The Power of Movement (2 cr/30 hr)	Zoom/ On Line	Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART)	<a href="mailto:Fbenordstrom.loeb@gmail.com">Fbenordstrom.loeb@gmail.com</a> #612-916-1829
Fr, April 28 (6-9:30 pm) Sa/Su April 29-30 (2-6 pm ET)	Trauma & The Moving Body: A Survivor-Centered, Polyvagal-Informed Approach To DMT	Zoom/ On Line	Dr. Amber Gray, PHD, MPH, LPCC, BC-DMT, NCC at the 92 <sup>nd</sup> Street Y	Amber Gray <a href="mailto:amber@ecentral.com">amber@ecentral.com</a> <a href="https://www.92ny.org/class/trauma-and-the-moving-body">https://www.92ny.org/class/trauma-and-the-moving-body</a>
Fri, May 19 (6:30-9:30 pm); Sat May 20 (10 am-1 pm & 2:30-5:30 pm)	Dance/Movement Psychotherapy with Infants & Children	Zoom/ On Line	Dr. Suzi Tortora, EdD, BC-DMT, LCAT, NCC, CMA at the 92nd Street Y	Suzi Tortora <a href="mailto:suzi@suzitortora.com">suzi@suzitortora.com</a> <a href="https://www.92ny.org/class/dance-movement-psychotherapy">https://www.92ny.org/class/dance-movement-psychotherapy</a>

Sun, May 21 (10 am-1 pm & 2:30-5:30 pm)				
June 2-4, 9- 11 9:30-6 PT	DMT: Theory & Practice Children & Adolescents  3 cr- 45 hrs.	Zoom/ On Line	“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor. <a href="mailto:bon4dance@gmail.com">bon4dance@gmail.com</a>
June 15-18, 2023 Thurs- Su 12-4pm CT & Fri July 23 1-4pm	Embodied Neurobiology 2 Cr 30 hrs, (18 hrs Synch, 12 Hrs Asynch.)	Zoom/ On Line	Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology Program	<a href="mailto:registration@embodiedneurobiology.com">registration@embodiedneurobiology.com</a> <a href="http://www.embodiedneurobiology.com">www.embodiedneurobiology.com</a>
Weds. Aug 2-Sept 13, 2023 6:00 -10:00 PM ET	Introduction to Laban Movement Analysis (2 credits/30 hours)	Zoom/ On Line	Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E	<a href="mailto:kinnectionsinfo@kinnections.com">kinnectionsinfo@kinnections.com</a> (585) 473.5050; (585) 295-3312 <a href="http://www.kinnections.com">www.kinnections.com</a> daniellefraenkel@kinnections.com <a href="http://www.facebook.com/kinnections">www.facebook.com/kinnections</a>
Sa/Su Aug 12-13 &19-20 9-4:30 pm CT	LMA/LBMS 3- The Language of Movement 3 (2 cr./30 hrs)	Zoom/ On Line	Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART)	
Aug 22-Oct 10, 2023/Tues, 10am-12noon	Introduction to the Kestenberg Movement Profile	Zoom/ On Line	Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst	<a href="mailto:suzannehastie@aol.com">suzannehastie@aol.com</a> /610-417-0831
Aug 30-Nov 1,  6:00-8:00pm ET	Constructing Kestenberg Movement Profiles II: Tension Flow Attributes, Pre-efforts, Efforts, Shaping in Directions, & Shaping in Planes(2 cr/30 hrs)	Zoom/ On Line	Suzanne Hastie, MA, BC-DMT, NCC, LPC	<a href="mailto:suzannehastie@aol.com">suzannehastie@aol.com</a> /610-417-0831/ <a href="http://www.kestenbergmovementprofile.org">www.kestenbergmovementprofile.org</a>

<p>Sat, Sept 23; Oct 14 &amp; 15; Nov 11 &amp; 12; Dec 9 &amp; 10</p> <p>Sept 20, &amp; Nov 1 –Dec 20, '23 Wed 6- 10 PM</p>	<p>Kinesiology Part I (1.4 cr/21 hrs)</p> <p>Part II (1.6 credits/24 hours)</p>	Zoom/ On Line	<p>Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a> (585) 473.5050; (585) 295-3312 <a href="http://www.kinctions.com">www.kinctions.com</a> daniellefraenkel@kinctions.com www.facebook.com/kinctions</p>
<p>Oct 13- 15, 20 - 22</p> <p>Time: 9:30-6 PT</p>	<p>DMT: Theory &amp; Practice Part A- (30 hrs) Prevention, Treatment, Aftercare, &amp; Self Care</p> <p>Part B- (15 hrs) Advanced Clinical Skills: Blanche Evan 3 Cr/45 Hr.</p>	Zoom/ On Line	<p>“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT</p>	<p>Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor <a href="mailto:bon4dance@gmail.com">bon4dance@gmail.com</a></p>
<p>Sat: Sept 23; Sat/Sun: Oct 14 &amp; 15; Nov 11 &amp; 12; Dec 9 &amp; 10; Sat Dec 16 am only</p> <p>9 AM –12 PM &amp; 1:30- 4:30 PM ET Late registration until Sept. 15, '23. Class recordings available</p>	<p>DMT Theory &amp; Practice: LivingDance~LivingMusic : Theory, Method &amp; Experience — Where Dance is the Star and Psychology the Supporting Actor (3 crs/45 hrs)</p>	Zoom/ On Line	<p>Kinctions Danielle Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a> (585) 473.5050; (585) 295-3312 <a href="http://www.kinctions.com">www.kinctions.com</a> daniellefraenkel@kinctions.com www.facebook.com/kinctions</p>
<p>Tues- Sept 26 – Dec 9, 2023 6- 9 PM ET</p>	<p>DMT Theory and Practice III: Bridging &amp; Operationalizing Theory (3 crs, 45 hrs)</p>	Zoom/ On Line	<p>Kinctions Danielle Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a> (585) 473.5050; (585) 295-3312 <a href="http://www.kinctions.com">www.kinctions.com</a> daniellefraenkel@kinctions.com www.facebook.com/kinctions</p>

Jan 20- 22 & 27-29, <b>2024</b> 9:30-6 PT	DMT: Theory & Practice Theoretical Origins, Foundations, & Principles 3 crs - 45 hrs.	Zoom/ On Line	“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor. <a href="mailto:bon4dance@gmail.com">bon4dance@gmail.com</a>
Ap 12-14 & 19-21, <b>2024</b> 9:30-6 PT	DMT: Theory & Practice DMT For the Higher Functioning Client: The Methods of Blanche Evan 3 crs - 45 hrs.	Zoom/ On Line	“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor <a href="mailto:bon4dance@gmail.com">bon4dance@gmail.com</a>

#### USA WEST COAST

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
-------------	-------------------------------------	--	------------------------	--

#### USA EAST COAST

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location(City, State, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
Monday, Feb 20 Tuesday, Feb 2 Wednesday, Feb 2 (8 am – 3 pm) ET	Dance for Students with Disabilities (1.3 crs/ 20 hrs)	Lexington Avenue at 92nd St. New York, NY, USA	Diane Duggan, PhD, BC-DMT at the 92 <sup>nd</sup> Street Y	92Y Dance Education Laboratory (DEL) Erin Lally, Director, Dance Education Laboratory (DEL) Erin Lally <a href="mailto:ELally@92ny.org">ELally@92ny.org</a> <a href="https://www.92ny.org/class/dance-for-students-with-disabilities">https://www.92ny.org/class/dance-for-students-with-disabilities</a>

**USA CENTRAL**

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
April 21-23 & May 26-28 Fri 6-9pm Sat/Sun 9-5 CT	LMA II: Body & Effort 2 cr/30 hr  2 credit/30 hours	In person & on line Chicago, IL, USA	Stacey Hurst/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Starts June 5 6-9 pm CT 10 wk course	Human Development: Interpersonal Neurobiology 2 credits/30 hours	On line	Kris Larsen/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
June 23-25 & July 14-16 Fri 6-9pm CT Sat/Sun 9-5	DMT 1: The Chace Approach  2 credit/30 hours	Hybrid Wknd 1 virtual Wknd 2 in person Chicago, IL, USA	Laura Allen/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Fri-Sun July 20-22 time TBD	Dancing Difference: Diversity & Multicultural Awareness 1.5 cr. /22.5 hrs.	Minneapolis MN	Kyla Marie Gilmore LCPC, BC-DMT Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP MN Alternate Route Training (MNART)	<a href="mailto:Fbenordstrom.loeb@gmail.com">Fbenordstrom.loeb@gmail.com</a> #612-916-1829
Aug. 18-20 Fri 6-9 pm; Sat/ Sun 9-5 CT	DMT & Elderly 1 cr/15 hrs	In person w/online options Chicago, IL	Laura Allen/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Aug. 18-20 10-5 CT	Experiential Anatomy/Kinesiology 1 cr/15 hrs	On line	Madeleine Reber/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Aug, 2023 Dates TBA See website	The Whitehouse Approach 2 cr/30 hrs	In person Chicago, IL USA	Kim Rothwell/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
We. Sept 6-Dec 13  2:05-3:35 pm CT	Introduction to DMT- DNCE 5334  2 crs/30 hrs.	Minneapolis MN USA	Barbara Nordstrom-Loeb MFA,	<a href="mailto:Fbenordstrom.loeb@gmail.com">Fbenordstrom.loeb@gmail.com</a> #612-916-1829

			MA, BC-DMT, CMA, LMFT, WoS, SEP  University of Minnesota – Mpls. Dance Dept.	
Sept. 9-10  9-6 pm CT	LMA I: Observation 1 cr/15 hrs	In person w/online options Chicago IL USA	Stacey Hurst/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Tu. starts Sept. 5 11-2 CT 10-week course	DMT: Intro & Invitation 2 crs/30 hrs	On line	Kim Rothwell/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Sept. 22-24 & Oct. 20-22 Fri 6-9pm CT Sat/Sun 9-5 CT	DMT & Trauma 2 crs/30 hrs	In person Chicago, IL, USA	Melissa Park/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Oct. 6-8 & Nov. 3-5 Friday 6-9pm CT Sat/Sun 9-5 CT	LMA III: Shape & Space and Application 2 crs/30 hrs	In person with online option Chicago, IL, USA	Stacey Hurst/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>
Nov 2-5, '23 Thurs-Sun. 9am-4:30pm CT	Methods & Approaches in DMT 2 Crs, 30 hrs	Austin, Texas	Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology Program	<a href="mailto:registration@embodiedneurobiology.com">registration@embodiedneurobiology.com</a> <a href="http://www.embodiedneurobiology.com">www.embodiedneurobiology.com</a>

<b>INTERNATIONAL</b>				
Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.				
Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
July 22- 29	Group Processes in LivingDance~ LivingMusic	Corfu, Greece	Danielle Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP; Jeffrey Mehr, MA, MLP	<a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a> (585) 473.5050; (585) 295-3312 <a href="http://www.kinctions.com">www.kinctions.com</a> daniellefraenkel@kinctions.com <a href="https://www.facebook.com/kinctions">www.facebook.com/kinctions</a>

