

ADTA Newsletter

Official Publication of The American Dance Therapy Association

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The ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA Invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Editorial Team:

Christina Devereaux, Editor

Elissa White, Historical Consultant



Hats off to our student graduates



IN RECOGNITION



Come to Portland! 44th Annual Conference

Editor's Corner



Christina Devereaux

I'm pleased to introduce to you Volume 43 Issue 3 of the ADTA Newsletter. Publication is occurring later than usual due to unexpected delays, however the information in this newsletter is worth the wait. Take time to read the important announcements and updates from your Board of Directors, relish in the exciting events happening nationally and internationally in our profession and congratulate our newest graduating students who are stepping forward into the profession. Enjoy this issue, have a wonderful summer and see you all in Portland in October. Letters to the editor sent to christinadmt@gmail.com with the Subject line "Letter to the Editor" are welcomed and encouraged. ●

Letters to the Editor...

Dear ADTA Newsletter Editor,

At our recent chapter Spring conference several of us spoke about how many do not read the newsletter anymore...we preferred reading it when it was in our HANDS..in bed...on the balcony.. at the kitchen table...in the car (as the passenger!) Would it be possible to explore the option of getting the newsletter sent to those of us who still need it? And/or, is there a way to get a special email from the ADTA, that says, here is the recent newsletter, open click and ..voila!! Many of us are NOT going to the website on a regular basis (I have not been on it for many many many months..) and so do not read the newsletter anymore..it is a pity... Any thoughts?

*Sincerely,
Missing the hard copies*

Dear ADTA Members Missing the Hard Copies...

I appreciate your feedback and comments. I completely understand your desire for a hard copy... and this is always still an option that you can request from the national office to be added to the list. It is also something very easy to do yourself by printing out so you can enjoy on your balcony, pack in your suitcase and take on a trip etc.

We have worked very hard to improve the "appeal" for membership to read the newsletter. It has a new fresh, look, it is visually appealing, there are wonderful feature articles and very important information about our association. You're right, it is a pity that some are not reading this. The idea of the email sent directly to the membership and "voila" it opens up is something I have been working on... actually our website is being redesigned and I'm hoping this functionality will be done when this occurs. In the meantime, all you do is enter your username/password and click on newsletter and it is up.

The cost benefits of having our newsletter online and not printed hard copy are two fold. Most associations are moving this route. It is more ecofriendly, and it allows the association to put MORE material in the newsletter, including graphics, photographs, etc that would be too costly if printed hard copy. The association saves over thousands of dollars a year publishing the newsletter online rather than in hard copy. This money now is being redistributed into important other areas (such as our new policy consultant on capitol hill, redesigning our website, creation of public relations materials, Hill Days, etc.) I think it is a better use of our membership dues.

I'd also be open to any other suggestions to improve the readership, as I've made this my number one priority. Since we will not go back into hard copy publishing, I'm open to any suggestions you may have. Thanks again for your response and feedback. I appreciate it very much.

Sincerely,
Christina Devereaux
ADTA Newsletter Editor



PRESIDENT'S LETTER

Robyn Flaum Cruz, ADTA President

The ADTA Board of Directors met in Columbia, MD April 18th & 19th and there is a lot of great news to share! To get all the details, make sure you read all the reports in this newsletter!

Special News –

- ADTA applied for and **received a grant for \$6000 from the Marian Chace Foundation!!!** The grant will help defray development costs of the New ADTA Website that will debut later this summer. The Chace Foundation Trustees formally presented the grant to the Board on Sunday morning April 19th to much applause and many sincere thanks for their dedication to efforts that support the field of dance/movement therapy!!!!
- The ADTA voting membership **ratified creating a Dance/Movement Therapy Certification Board!** In addition, the majority vote was to create new service marks: DMT-R (dance/movement therapist-registered) and DMT-BC (dance/movement therapist-board certified). In the coming months you can expect to hear how this new certification board and the new service marks will be rolled out.
- The ADTA voting membership also **elected new members to the Board of Directors** – thanks to the Nominating Committee - Vicky Wilder, Lynn Koshland, and Tria O'Maille, to all who ran on the ballot, and congratulations to all new Board members! See the Operations Director's report for details.

Government Affairs News –

- ADTA policy consultant, **Myrna Mandolwitz**, has been busy creating new alliances for ADTA and working on a range of proactive government affairs strategies. Among projects in the works are including ADTA in a series of advertisements in the Roll Call Publication read by all lawmakers on Capital Hill in DC, and requesting a meeting with the First Lady!
- Robyne Davis, GAC Chairperson, is working hard to get the government affairs committee expanded! Contact Robyne if you would like to participate!
- The ADTA Board awarded a **GAC grant to the Southern California Chapter** to support counselor licensing efforts in CA.

Developments –

- The Board voted to **revise the ADTA Education Standards for DMT Master's Programs** to include the addition of new student competencies “the capacity to engage in therapeutic relationships informed by self-awareness, an understanding of cultural context, recognition and respect for diversity, and a commitment to social justice; addition of a cultural reference in the Academic Content clause F.3.; knowledge of developmental, multi-cultural, expressive, and communicative aspects of verbal and nonverbal behavior.”
- After the first annual report from the ADTA Diversity Committee, the Board voted to **re-charge the Diversity Committee for a term of two more years, and appointed Meg Chang, EdD, ADTR** as co-chair, replacing Robyn Cruz.
- The Board agreed to institute and has already implemented a new method of working – **“TEAM ADTA”** – using a schedule of regular web/teleconferencing throughout the year for the entire Board, the Executive Committee, and the Administrative Group to facilitate more efficient ongoing work distribution. The Board will also use this new plan to subsidize costly in-person meetings so that they can be decreased, saving ADTA funds. As a first part of this plan, the Board will meet in Portland prior to the conference for one evening and one day rather than the usual two full days, and is contemplating holding the usual face-to-face meeting in the spring via internet conferencing.

Other News –

- Make use of **ADTA's installment plan** to pay your dues! See Operations Director, Gloria Farrow's report. Installment plans can make a big difference in this economy.
- More CEs available online – check www.adta.org for details on reading Berrol (2006) *Neuroscience Meets Dance/Movement Therapy* or Brown (2008) *The Importance of Making Art for the Creative Arts Therapist: An Artistic Inquiry* for CE credit!



A Few Tips From the Office

Gloria Farrow

Operations Director

For your information:

- Membership/Credentials Expiration Date - ADTA operates on a July 1 through June 30 Fiscal Year. Your current membership/credential will expire June 30, 2009 and you will not be able to access the members' only section of the ADTA website. Employers do email or telephone the ADTA National Office to verify that your DTR/ADTR credentials are current.
- U.S. Tax Deduction - did you know that your ADTA dues are deductible as a business expense for United States federal income tax purposes? For 2009-2010, 98% of ADTA dues and donations are deductible, either as unreimbursed employee expenses or as Schedule C business expenses. (2% pays for ADTA's lobbying expenses and is not deductible.) Consult your tax advisor for your situation.
- Membership/Credentials Installment Plan - membership/credentials dues installment plans may be set up with the National Office. Also electronic bill pay or credit card installment plans available! Do you personally use online banking? This is an easy way to set up your own installment plan.
- Website - very soon the ADTA will have a newly created website that will be state of the art, visually pleasing, easy to navigate, forums, and a whole lot more!
- 2009 ADTA Conference - make an effort to attend your yearly gathering of your ADTA colleagues in Portland, Oregon. So many events planned during the conference and do take some extra time to explore Portland, known as the walking city!
- Conference Sleeping Rooms - don't wait until the last minute! Make your conference hotel room reservations today! Hilton Portland & Executive Tower \$157.00 single/double room rate. For Reservations: Call 1-800-445-8667 or 1-503-226-1611 and state the American Dance Therapy Association Reservation Code: AMD
- Conference Roommate Assistance - if you are looking to share a room at the conference, please email info@adta.org. Each participant will receive a list of names and contact information (email) of the other people wanting a roommate. It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. ADTA is not responsible for any arrangements that do not work out.
- Diversity Packets - want to help sponsor a student to attend the ADTA Conference in Portland? We are selling Diversity Packets for this reason (to purchase: send a donation of any amount but a minimum of \$15)
- DTR Applicants - If you are a recent or previous graduate of an ADTA approved program, this does not mean you automatically receive your DTR. You must fill out a one page DTR Approved Program Application; send it along with the application fee to the National Office and have your school send your transcript directly to the National Office. Once the office receives your application, transcript, and fee you will be awarded your DTR.
- Membership Directory - ADTA Membership Directory is only online and after logging into the members' area of the website; you have authority to information regarding your fellow ADTA members.
- ADTA Brochure - need informational brochures for a presentation? We have newly designed brochures with photos created by Christina Devereaux, ADTA Spokesperson! Call 410-997-4040 or email info@adta.org to see what ADTA information is available to distribute to your audience.
- AJDT - as an ADTA member you have full online access to the American Journal of Dance Therapy (AJDT); login with your username and password to the ADTA website. You are able to access the latest journal and every one back to Volume One.
- Liability Insurance - Marsh Affinity 1-800-503-9230



Business Hours: 7:30 AM-3:00 PM Eastern Time
Telephone: (410) 997-4040
10632 Little Patuxent Parkway Suite 108
Columbia, MD 21044-3263
Fax: (410) 997-4048
E- Mail: info@adta.org
Internet: <http://www.adta.org>

The ADTA National Office strives to answer your questions directly or funnel your questions to the correct person to respond to your inquires as quickly as possible. ●

...IN RECOGNITION

ADTA wishes to congratulate the following new ADTRs and DTRs who were registered between March 1 and May 31, 2009.

DTRs

**Gail Ann Adduci
Elizabeth Ann Bretz
Charlene Ann Caiano
Alexandria Callahan
Tara Converse
Cara Aubrey Gallo
Autumn Gillmore
Angie Giordano-Adams
Aleksandra Lukasiewicz
Jesse Roberta Smith
Kristin Tillotson
Molly Wozniak**

ADTRs

**Thania Acaron
Laura J. Allen
Katya Bloom
Erin Brewer
Suzanne Eagan-Beverly
Joan Erenberg
Sabrina L. Faith
Kyung Soon Ko
Sabine Koch
Elizabeth (Liesbet) Manders
Josette Rutgers van der Loeff-van Embden
Crystal Smith
Radana Syrovatkova
Tyler (Ty) S. Tedmon-Jones
Jennifer Wiles-Balser**

Congratulations to Alternate Route DMT student **Melissa Meade** who winner of the 2009 Donald Matteson Outstanding Graduate Student Scholarship and Award through the American Mental Health Counselor's Association. Melissa also presented an informational poster at the recent AMHCA conference held in Washington D.C. Congratulations to Melissa!

ADTA wishes to thank the Voluntary Contributors through May 31, 2009

**Cynthia Berrol
Sharon Chaiklin
Donna Conwell
Pamela Fairweather
Lucy Gonda
Terese Hall
Ann Lohn
Susan Lovell
Shira Musicant
M. Isabel Goma Rodriguez
Josette Rutgers van der Loeff-van Embden
Yukari Sakiyama
Grace Santangelo
Ellyenne Skove
Deborah Stone
Deborah C. Thomas
Marybeth Weinstock**

CONGRATULATIONS to ADTA Past President and our own **Dr. Miriam Roskin Berger!!** At the Bard College 149th Commencement May 23rd, she was honored with the Charles Flint Kellogg Award in Arts and Letters.



Bard College President Leon Botstein and Miriam Roskin Berger



Public Relations

Donna Newman-Bluestein, Chair

Dance/movement therapists continue to create a strong presence, promoting our field in a myriad of ways - through movement choirs, comments on blogs and in response to radio and TV interviews, in the news, social media networks, Creative Arts Therapy week and National Dance Week offerings, and presentations at the conferences of other professional organizations. We have much to be proud of.

Honors, Awards and Recognition

- Bard College honored Dr. Miriam Roskin Berger with the Charles Flint Kellogg Award in Arts and Letters.

Movement Choirs

- Jody Wager, with the help of MD/DC/VA chapter members, facilitated a movement opening for the Annual Psychotherapy Networker Conference for the 350 psychotherapists present.
- Marylee Hardenbergh and dance therapist Jenny Moore led a site-specific performance in Acre, Israel in conjunction with the Child Cultural Center Alaswar, with both Hebrew-speaking and Arab-speaking Israelis.
- On June 21 at 8:30 PM, Marylee Hardenbergh and Stephanie Engebretson will be leading a movement choir on the shores of the Mississippi River.

Dance Therapy in the News

- Ashley Ostroski's work with the family of a boy diagnosed with ADHD aired on local TV in Des Moines Iowa in March.
- Michelle Porter Tiernan wrote about dance therapy in an article about the benefits of exercise for people with Alzheimer's disease in Preserving Your Memory magazine, published by the Fisher Center for Alzheimer's Research Foundation.

Web Presence

- Dr. Lori Baudino was spotlighted in the press for her work at Mattel Children's Hospital at UCLA, helping patients bring their emotions into motion. UCLA Health System Employee News, http://townhall.mednet.ucla.edu/hs_news/may2009/0905p4.html.
- Leif Tellmann's 40 min interview about dance/movement therapy for Psychology In Seattle can be seen at <http://www.vimeo.com/4515850>.
- Joe Miller published "Dance therapy gives kids with disabilities a chance to strut their stuff" for the March 24 News Observer. www.newsobserver.com/lifestyles/food_fitness/story/1455178.html

Professional Presentations

- Sharon Chaiklin is among other arts therapy pioneers presenting at the Institute of the Arts in Healing Conference in Alexandria, VA, July 10 - 12. www.expressivemedia.org/iah
- Deborah Jane Welsh presented "The Attuned and Metaphoric Body: Bulls and Greeks, Tangos and other Dances" at a conference at SUNY Upstate (Syracuse) Medical University titled "Psychotherapy in the Age of the Body, Uncovering Images Erasing Symptoms," on May 15th.
- Sepora Mayim led a workshop for the local Parkinson's Centre in mid-May in Victoria, BC on Dance Therapy with Parkinson's clients.
- Ilene Serlin chaired a workshop on Whole Person Approaches to Trauma: Post-Traumatic Growth at the California Psychological Association convention.
- On June 5, Joan Chodorow is presenting at the Jung Society of Washington (D.C.) the Jung Memorial Lecture, SOUL'S BODY: Emotions and Their Development. On June 6, she presents the Jung Memorial Workshop, ACTIVE IMAGINATION AND THE LIVING BODY: Psychological Connections to Consciousness.
- Julie Leavitt is presenting "G-d as Choreographer: Studying Torah with Mind & Body" at the June 29 - July 5 13th International ALEPH Kallah in Columbus, OH. <http://www.aleph.org/kallah.htm>
- Dicki Johnson Macy and Robert Macy will present Augmenting the Restoration of Attachment after Trauma: A Community-Culture Based Intervention on June 14 for the Northeastern Society for Group Psychotherapy at Simmons College in Boston, MA.

What Can You Do to Promote DMT?

- You can speak with your health insurance provider like Victoria Day did. She notified the health insurance provider where she works to get them to include two articles about dance on their website. They listed one under "dance therapy", the second under "does dancing count as exercise?"
- Liz Hagerman suggests that the next step in establishing our credibility with those who attend the Psychotherapy Networkers Conference is for someone to write an article for their magazine.
- Berti Klein suggests showing a wonderful dmt film such as "At the Threshold" about Carolyn Faye at a college therapist/counselor/social worker training program. How about at a local library? Berti has also shown the wonderful NY video and Janet Adler's two presentations with great success.
- Network, introducing yourself to other colleagues who work with similar populations.

And please, whatever you are doing, let us know. Put it on Facebook, on the listserve, email or call me directly. Let us continue to inspire one another, energizing ourselves and expanding our circle of influence, ●



Treasurer's Report

Christine Hopkins

dancingsmart@yahoo.com

**ADTA DUES & DONATIONS ARE
TAX-DEDUCTIBLE!!!**

Your dues and donations to the ADTA are 98% tax-deductible!

If you are an employed dance therapist, you can write-off 98% of your ADTA dues and donations to ADTA as "unreimbursed job expenses," (if you itemize deductions on Schedule A of your Federal tax return and your total unreimbursed job expenses are more than 2% of your Adjusted Gross Income). If you are self-employed and file a Schedule C, 98% of your dues and donations to ADTA are tax-deductible as business expenses. The ADTA is a 501(c)6 corporation, hence categorized as a professional society or chamber of commerce. (Consult your tax advisor for your situation.) And yes, your Treasurer volunteered some hours researching www.irs.gov and tax law websites to determine this happy information.

Pay your ADTA dues by installment!

If you do online banking, you can set up your own schedule to pay your ADTA dues in any timeline format you wish. Or you can phone the ADTA National Office at (410) 997-4040 to have an installment plan of your design set up on your credit card account. When you set it up by online banking, 100% goes to the ADTA. If the ADTA office sets it up on your credit card, the credit card company takes a percentage. We're happy to receive your membership dues in any form.

The Federal stimulus package, health care reform, Veterans Administration jobs for Master's level counselors will increase our career opportunities!

This is an exciting time for the creative arts therapies. The Obama stimulus package sends money to the States for providing education and health care services which, in my view, will support maintaining or expanding job opportunities for DMT. Now that Federal mental health parity legislation has passed, health care reform systems changes may also drive increased mental health services in the near and medium term future. And, due to long term advocacy and follow-up efforts by the American Counseling Association and the National Board of Certified Counselors (NBCC), the Veterans Administration has finally agreed to create jobs for Master's level counselors throughout VA mental health services. These jobs are expected to be set up in the VA system by spring 2010.

Consider keeping your NCC credential valid or applying for your NCC to support the NBCC's efforts. Improvements in career opportunities for counselors benefit dance/movement therapists!

Think positive in this challenging economic downturn!

Despite gloom and doom financial news, it's still true that the arts are increasingly penetrating medical and mental health care systems. It's still true that 38% of American adults and 12% of American children utilize complementary health care modalities, including movement modalities. The ADTA has hired a part-time lobbyist to help DMT be included in legislative changes related to health care reform and Federal spending. How's that for being proactive (instead of reactive) and thinking positively!

Standards & Ethics

Susan Kierr

Ethics Hotline: 504 432 4324



The purpose of our ADTA Code of Ethics is to define responsible professional behavior for dance/movement therapists and to make this known to the community at large. Part of the charge of the S&E Committee is to conduct an annual review of the Code and suggest "any necessary revisions... as they reflect the changing needs or concerns of the organization." As a consequence of this charge, it was noted that the ADTA Code did not have a Diversity Clause.

At the last meeting of the Board the committee presented a proposed diversity clause. Below is the clause that was voted on and approved. Here is the addition to our Code of Ethics and Standards of Practice:

A dance/movement therapist will value and respect the diversity of the expanded world community served, where differences in culture, gender, sexuality, country of origin, color, language, ethnicity, age, abilities, socio-economic status, and religion are present; will seek multicultural competence to insure their ability to recognize the dignity and worth of all people; will not engage in behavior that is harassing or demeaning to others.



Approval Committee

Ellen Schelly-Hill

The purpose of the ADTA Committee on Approval is to uphold the association's standards for master's level education in dance/movement therapy. The committee met March 28 at Pratt Institute. The committee reviewed the self-study document and application for renewal of approval from the Dance/Movement Therapy Program at Naropa University. The Naropa program submitted a strong application and its approval status was renewed for a six-year term. At Naropa's initiation, the committee piloted the first "green" review process in which the application was submitted and reviewed in electronic form, saving thousands of printed hard copy pages.

At this time ADTA Approved Graduate Dance/Movement Therapy Programs are as follows:
Antioch New England University Keene, New Hampshire
Columbia College Chicago, Illinois
Drexel University Philadelphia, PA.
Lesley College Boston, MA..
Naropa University Boulder, Colorado
Pratt Institute New York, New York

In other business, the committee recommended, and the ADTA Board of Directors approved, revisions to the Standards for Master's Programs in Dance/Movement Therapy that involved development of standards referencing multicultural competencies.

Public Member, Jesse Geller, PhD was welcomed to the committee. Kim Burden, Antioch University has resigned her position on the committee. Nancy Beardall, Lesley University, previously an alternate, has been appointed to a full committee member position.

The Committee on Approval encourages ADTR instructors of dance/movement therapy courses to apply for Alternate Route Course Approval. Guidelines and an application can be obtained from the chair of the Subcommittee for Approval of Alternate Route Courses, Joan Wittig jwittig@pratt.edu. Alternate Route Course Approval is a voluntary process. Approved courses streamline the application and review process for candidates applying for the Alternate Route DTR credential.

Courses recently approved include:
Introduction to Dance/Movement Therapy: Theory & Practice
Instructor: Bonnie Bernstein. MEd MFT, ADTR
freestanding course, first offered in India

The Embodied Self with the Cultural Surround: Implications for DMT (revised course)
Instructor Pamela Fairweather, ADTR, NCC
Center for Movement Education and Research; Los Angeles, CA.



Secretary's Report

Stacey Hurst

Happy summer everyone. I would like to share a few items from the office of Secretary. A big chunk of my work over these past two years has been to work on revitalizing both the Student Membership Committee (SMC) and the International Membership Committee (IMC). I have also continued to pursue ways to expand, nurture and meet the needs of our membership. As such, a task force has taken a look at enhancing our Associate member category. If you're interested to learn more about this then read on...

We are getting ready to gear up for our second year of the SMC with Shannon Lengerich, current Central Region MAL, at the helm. She is currently working with the chairs of the departments and programs to figure out the best person for the job. We will end up with one student rep from each school and one from an alternate route program. If you're interested let your chair, director or Shannon know immediately.

I want to say a big thanks to our student reps from last year!!! They were instrumental in getting this committee launched and did a great job educating and orienting their fellow students to the ADTA. It's wonderful to see so much energy and leadership coming from our newer constituents.

The IMC has started off by looking at the surveys that were distributed before the last conference. It was determined that in order to meet the vast needs of these members we would look for logical sub-groups. To that extent Akiko Nishida and Warin Tepayayone have stepped up to spearhead the Asian and Asian/American Professional Interest Group. Miriam Berger, Meg Chang and I will be advisors to this group. More work on identifying other sub-groups within the International membership will be coming soon. I look forward to seeing many of you at the conference during the International Caucus. The AAPIG group will meet on the Friday night of the conference from 6-7pm. We'll see you there!

Lastly, I would like to share that we are looking into deepening the Associate membership category. There are a variety of different professionals who have already joined under this listing and we'd like to explore the opportunity to draw more like-minded individuals into this category. If you are a current Associate member I would love to hear from you about your experience in the ADTA to date.

I look forward to meeting many of you at the next conference in Portland this fall!

Congratulations to DMT graduates



Calling All Students!

The ADTA Newsletter team welcomes and invites dance/movement therapy students in training to share their experiences, triumphs, questions, challenges and wonderments to be shared in the ADTA newsletter student section.

*Please send submissions to:
Christina Devereaux,
ADTA Newsletter Editor
christinadmt@gmail.com.*

Antioch University

Jennie Burkhard Jadow
Katie Clay-Wakefield
Mindy Coleman
Chia-Chun Hu
Addy Kanaley
Katherine Pixley
Barbara Reavis
Gina Serraino
Erika Windt

Columbia College Chicago

Emma Barton
Megan Blazeck
Alexandria D'Aurio
Nicole DiBacco
Ashley Duquette
Kristina Fluty
Jeff Gilbert
Karla Karpowicz
Kimberly Kaufman
Jessica Melville
Amanda Mitchell
Anna O'Connell
Greta Polo
Aqueena Smith
Sabrina Washington
Andrea Welling

Drexel University

Spring 2009 graduates:
Paige Daper
Gillian Farrelly
Melanie Haber
Amberlee Woods

Anticipated Summer 2009
graduates:

Elizabeth Cause
Adrienne DeHaas
Nathalie Hall
Margaret Eve Hanan
Katherine Haney
Allison Klein
Courtney Kramer
Alexis Lanzillo
Desiree Papadakis
Amy Sorrento
Jessica Verbanc

Naropa University

Rebecca Ann Bradley
Sabrina Santa Clara
Melissa A. Walker

Congratulations to Naropa University for winning the 2008-09 student membership drive scholarship for a free admission to the 2009 ADTA conference this October in Portland, Oregon!!!! Naropa University was the school with the highest percentage of new members vs. total enrollment for fiscal year 08/09.

Lesley University

Andrea Wyrwas
Melissa Medeiros
Soo Yun Choi

Pratt Institute

Elizabeth A. Bretz
Lea Comte
Angi Giordano-Adams
Tamara Holt
Kimberly Kaplan
Kristen Leahy
Aleksandra Lukasiewicz
Djuna Passman
Ariele Riboh
Melissa Rosen
Linalynn Schmeltzer
Molly Wozniak
Jessica Zippin

Marian Chace Foundation



Marian Chace Foundation Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, & Jane Wilson Cathcart.

The Foundation has recently received funds from a high school student in North Carolina, Jaimee Miles, who made dance therapy her senior project and raised money at a talent show. Gettysburg Dance Ensemble (Pa.) continues to raise substantial monies at their concerts for purpose of donating what is collected to support dance therapy. They both choose to do this because they have come to some understanding through their own research that dance movement therapy is an important modality in aiding others.

There is an important message to take from this and an equally important responsibility. Without any direct contact from a dance therapist, through their own love of dance, they have concluded that dance therapy is worthy of support. They trust that the funds they have worked so hard to collect will be used to help others in this way. As trustees, we want to honor that trust.

Research and publications are major factors in developing the profession and the recent listserve communications have stirred up discussion and shared interest in these matters. The mission of the Marian Chace Foundation is predicated upon supporting that which will build our knowledge base for purpose of serving those in need of what dance therapy can offer....and that is the purpose of the funds to which we have been entrusted.

We are hoping that many of you will be attending the plenary session at the conference about research in order to find out it is not so impossible or so scary and you always can work with others. There are many who are putting their trust into you, your knowledge, your work.

We also want to remind you about the Marian Chace Lecture which this year will have Janet Adler as our honoree. This should be a stimulating and

Thanks to...

Donations Received March, 2009- May 31, 2009

FRIENDS (up to \$36)

Kenneth & Alice Fortier *(In honor of Jaimee Miles' project)*

Stacey Hurst

Harry & Merritt Kenney

Penny Lewis Estate

Julie Miller *(In memory of Manny Horowitz)*

Charlotte Parker *(In honor of Jaimee Miles' project)*

Tina Swann *(In honor of Jaimee Miles' project)*

SUPPORTER (\$36.00 - \$99.00)

Trevor & Lisa Hornick *(In honor of Jaimee Miles' project)*

John & Sue Miller *(In honor of Jaimee Miles' project)*

Arlyne Stark

PARTNER (\$100.00 - \$499.00)

Cathy Appel

Millie Baker *(In memory of Liljan Espenak whose Dance Therapy theory embraces dance throughout the world)*

Christine Hopkins

Sandra Miles *(In honor of Jaimee Miles' project)*

PATRON (\$500.00 - \$999.00)

Penny Winton *

CHACE CIRCLE (\$1,000 & up)

Gettysburg College Dance Ensemble

John & Sage Cowles *

Jennifer Moore *

Onan Family Foundation *

Kim Smith *

Phil & Joanne VonBlon *

** Dedicated to Global Site Performance projects*

thoughtful talk as Janet always has something important to offer us to think about. So we hope to see you all in Portland.

We are totally grateful to those who have contributed to the Foundation and hope we shall be worthy of their trust.

Nomination Results

After 797 ballots were mailed to Professional and Retired Members, the results are in. 225 ballots were returned and calculated, 29% voted.

Nominating Committee-Central:
Barbara Nordstrom-Loeb 205

Nominating Committee-Eastern
Lunden Abelson 80
Renee Heagney 39
Deborah Quirk 84

Member-at-Large - Central
Gail Ann Bradshaw 80
Jenna Dalley Heise 107

Member-at-Large - Western
Linda Aaron-Cort 198

Chairperson, Standards & Ethics
Lenore W. Hervey 215

Secretary
Stacey Hurst 211

Treasurer
Christine Hopkins 211

Chairperson, GAC
Corinna Hiller Brown 208

Credentials-DTR Subcommittee –Eastern
Linni Deihl 160
Valerie Savidis 52

Credentials-ADTR Subcommittee -
Western

Kathy Cass 91
Ann Cole 42
Amber Elizabeth Gray 85

Service Marks
DMT-R and DMT-BC 165
DTR and ADTR-BC 56

Bylaws Amendments
Yes, bylaws revisions 216
No, bylaws revisions 5

Write in votes:

Nominating Committee Central
Marylee Hardenbergh – 1

Treasurer – Mat Ottenberg Winer – 1

Chair, GAC – Robyne Davis - 2

Percentages of voters by region:

Eastern 56.5%
Western 24%
Central 16.5%
International 3%



ADTA Board of Directors

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From Left to Right: Front Row: Robyn Cruz, Sherry Goodill, Christine Hopkins, Stacey Hurst, Julie Miller. Back Row: Gloria Farrow, Robyne Davis, Patrizia Pallaro, Linda Aaron-Cort, Ellen Schelly-Hill, Laurel Thompson, Donna Newman-Bluestein, Shannon Lengriech, Gabrielle Kaufman, Susan Kierr.



Dance/Movement Therapy at the 2009 Society for Arts in Healthcare Conference

Two professional dance/movement therapists and ADTA members attended this year's conference of The Society for the Arts in Healthcare conference, held in Buffalo, NY on April 22nd -26th, 2009. In addition, the ADTA promoted the 2009 ADTA conference with an impressive ad in the conference booklet.

Sherry Goodill, ADTA's Vice President, presented "Collaborating for Kids: Dance/Movement therapy in Wellness Community Kids' Circles" and co-taught the SAH Preconference Intensive on Research along with Ruth McCaffey, DNP, of Florida Atlantic University, and Upali Nanda, Ph.D., of American Arts Resources in Houston. Sherry also serves on the Research Committee of the SAH.

Jenny Baxley Lee, DTR, Director of Creative Clay Cultural Arts Center, Tampa, Florida, also attended. Below are Jenny's reflections: "This is the 4th SAH Conference that I have attended since becoming a student member in 2002. Having recently been awarded a \$400,000 grant from Allegany Franciscan Ministries of Tampa Bay for Creative Clay Cultural Arts Center to fund a pilot Arts in Healthcare initiative, I attended with attentive ears and heart. I have the great honor of both directing the PEACE Arts in Healthcare Initiative and participating as a dance/movement therapist.

This year's SAH Conference brought together a host of really essential people to know in the worlds of the arts, healthcare and advocacy. I appreciated a key note by Randy Cohen, VP of the Americans for the Arts and whose wisdom and practical applications regarding advocating for the arts mobilized many of us. Another notable presenter and attendee was Paula Terry, Director of the Accessibility Office of the NEA. As I find myself working for a non-profit whose expressed mission is to make the arts accessible to all regardless of age, gender, ability and/or race, it was an amazing networking opportunity to connect with Paula.

A most tender moment for me was to participate in Sherry Goodill's presentation on Dance/Movement Therapy, while observing professionals of the Arts in Healthcare world recognizing, honoring and appropriately embracing the insights that Sherry provided regarding children, grief and the use of dance/movement therapy.

On the final day of the conference, we viewed an exquisite dance performance and documentary representing Heidi Latsky's performance, GIMP. I was moved to then witness Jill Sonke-Henderson of University of Florida's Center for the Arts in Healthcare Research and a fellow dancer at the bedside of hundreds of patients at Shands Arts in Medicine program, receive the honor of President of the Society.

Jill has become a friend and a colleague, although I have observed her in the field of Arts in Healthcare for 8 years. She facilitated a training I organized this February in Tampa, FL for the professional artists who would be joining the PEACE Project through Creative Clay."

NEWS

California is Moving Forward

by Lora Wilson Mau

The title of our most recent continuing education event says it all. The SCCADTA is indeed moving forward in exciting ways – moving towards a more united, state-wide chapter; moving towards an even larger board with greater representation from both southern and northern California, moving into cyberspace and moving closer and closer to licensure as professional, clinical counselors!

Chapter members across the state are currently considering the possibility of evolving into a state-wide chapter, not only in spirit but in actual name. The website (under construction) that has been established is www.californiadmt.org and will eventually have links for referrals and events in both the northern and southern parts of the state. Chapter members will soon be voting on the possibility of changing the chapter name to reflect a unified organization comprised of members in all areas of California. There is efficiency in centralized administration and strength and power in numbers and unity. Electing Programming Committee members from both the northern and southern areas will ensure that needs are met for residents across the state. The concept of a unified state chapter was presented at the two most recent continuing education events (in Palo Alto and Claremont) and the vote to unite as one large chapter will go out to the members in the coming year.

On May 30th, dance/movement therapists in Northern California gathered together (with a handful of southerners too!) in the first time in over 14 years to reconnect and learn about Bonnie Bernstein's pioneering dance/movement therapy work in India. (See Pattee Russel – Curry's article.) This was an exciting event indeed and laid the foundation for renewed activity in the Bay Area.

On June 6th, a continuing education mini-conference, "Moving Forward" was held in Claremont, to the east of Los Angeles. Dr. Lori Baudino presented on "Autism: Breaking Down the Disorder" and Paula Perlman facilitated "A Creative Movement Process – From Inner Listening to Form." Warren Lamb was the keynote speaker and shared his expertise on The Duality of Effort and Shape, engaging the crowd, mentally and physically, with his vast knowledge and charming humor.

The event was attended by both current dance/movement therapists and the future of the profession – college students and graduates who are considering graduate school in DMT and eager to learn.

Also slated at the June 6th event was an informal update by Dean Porter, Chair of the California Coalition for Counselor Licensure. She shared the EXCITING AND BREAKING NEWS that, due to intense and repeated negotiations and education, the bill for licensure of professional clinical counselor in California will NOW BE MOVING FORWARD WITHOUT RESISTANCE from the California Psychological Association!!!! This is indeed a HUGE breakthrough and bodes well for the bill as it now moves on to further committees in both houses later this summer.

In additional news related to lobbying efforts for licensure, the chapter is deeply grateful to the ADTA for their recent donation of \$900 to the CCCL to help with monthly lobbying costs (which are approximately \$3000/month.) This \$900 from the national organization is a tremendous help and supports our status as contributing members of the coalition, not simply in voice but in action. The local chapter has been able to donate \$500 from workshop profits earlier this year and will be adding an approximate \$600 to those coffers from the RAFFLE!!!!

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continued from page 11 California Moving Forward

THANK YOU TO ALL, LOCALLY AND NATIONALLY, WHO PURCHASED RAFFLE TICKETS TO SUPPORT OUR EFFORTS FOR LICENSURE! What an amazing show of support!

Winners were selected at the conclusion of the Moving Forward Conference and are as follows:

- Danielle Fisco – Santa Monica Museum Annual Pass for Four
- AnneMarie Buchanon - Body Work Gift Certificate donated by Berti Klein
- Liz Fluck - Body Work Gift Certificate donated by Berti Klein
- Sandy Biery - \$75 SpaFinder gift certificate
- Linda Aaron-Cort - Body Sox donated by Kimberley Dye
- Danielle Fisco – Body Sox donated by Kimberley Dye
- Linda Aaron-Cort - The Power of Movement DVD donated by ADTA
- Karen Bradley – Octaband donated by Donna Newman-Bluestein
- Claudine Magsam - Moving Stories DVD created by the NY Chapter of the ADTA
- Lora Wilson Mau – Free Registration to the ADTA Conference in Portland (Donated by ADTA)

The 2008-2009 fiscal year is concluding with a bang! Nominations for additional positions on the board will be solicited very soon and changes in the by-laws will also be sent out for chapter vote. Next year promises to be even better as we move forward into 2009/2010. Thanks to all for your hard work, support and positive energy!



New York Chapter

by **Corinna Brown**

The Board of the New York Chapter has had an active spring. Meeting every 6 weeks we have been working to complete the transition from the old board's members and roles to the new. This has been a long process of transferring knowledge, information, materials, and names assigned for oversight on our accounts i.e. our website and bank account.

Two of our board members, Elisabeth Grasburger and Debbie Stone, recently had beautiful healthy baby boys, Oliver Sebastian Grasberger-Dorman in November and Leo Emanuel Stone Weiss in April, respectively. We are so excited for them and have been working hard to accommodate their needs with their roles and duties on the board. With this in mind we ask that our membership have some patience with us as we've been delayed in depositing checks for workshops and DVDs into our account. Please contact me at Corinna.Brown@gmail.com if you have any problems with a check you've written to the chapter that has not yet been cashed.

Creative Arts Therapy Week: During National Creative Arts Therapy (CAT) Week our Recording Secretary, Jennifer Daniel, gave a grand rounds presentation at Queens Hospital. She gave a short lecture, showed the Moving Stories DVD, and had several clients speak about how DMT was a part of their healing processes in recovering from their mental illness while attending the Continuing Day Treatment Program where Jennifer has been doing DMT for over a year and a half. I too showed the Moving Stories DVD during CAT week to 25 staff members in the Bellevue MTP, where I work, during my in-service describing and reviewing how Chacian DMT addresses the MTP clients' treatment goals. Both presentations were well received by clients, nurses, counselors, social workers, psychiatrists/unit chiefs, and Medical directors. The DVD was also played on TV monitors in the Atrium of Bellevue's architecturally stunning new ambulatory care building during this week in addition to having patient art work displayed by Bellevue's Psychiatric Activity Therapy Department where 5 dance/movement therapists and several Pratt DMT interns work on inpatient and out patient units, serving children, adults, and geriatrics.

Workshops: This spring we made an extra effort to do outreach to non-dance/movement therapists to come to our programs with good results. We had a nice mix of laypeople, dancers, other creative arts therapists, and dance/movement therapists at our two well-attended workshops. The first was Body-Mind Centering and DMT with KJ Holmes on March 14, held at the New School, the second was Reichian Therapy and DMT as Complimentary Treatment Forms with Johanna Climenko on May 30 at Moving Bodies Resources, both in Manhattan. Given these difficult economic times we gave a discount for each. Our Program Director, Jennifer Frank-Tantia, is currently coordinating our fall workshop with Barry Komisaruk on Neuroscience for DMT. Please go to our website www.nysadta.org for updates about this or contact our corresponding secretary Valerie Savidis at vsavidis@yahoo.com.

Pratt Expo: On Saturday May 16 NY dance/movement therapists, some who serve on the national board, Laurel Thompson, Joan Wittig, Julie Miller, and myself, gave diverse workshops on dance/movement therapy (DMT) at the Pratt Expo honoring Art Robbins. Their workshops were attended by current creative arts therapy (CAT) students, potential students, professional creative art therapists, and community members. All workshops were well received and largely attended.

Newsletter: Our newsletter editor, Tomoyo Kawano, has been preparing articles from our membership and layout to launch our new electronic newsletter using Vertical Response. Our goal is to increase communication with our chapter members, moving from our old newsletter format of 2 to 3 per year, which we have been unable to meet, in the past couple of years, to a monthly email, which will include articles, updates, and ads. Look for it your email mailbox soon.

PR Outreach & Film: The NY Chapter's Public Relations Committee's mission is to increase the prospective clientele and membership of dance/movement therapy; to help dance/movement therapists serve the underserved; to reach out, support, and educate dance/movement therapists; and to build diversity by exchanging knowledge with other healing practices. In efforts to act as ambassadors of DMT NY Chapter board members have been actively spreading the word about dance/movement therapy on many fronts using our Moving Stories: Portraits of Dance/Movement Therapy DVD. In April we held a one-day International Dance Day half-price sale for the DVD, which created a spurt in sales and ultimately will result in more people learning about DMT. Our PR chair, Maria Rivera, recently did a presentation on DMT at the School of Visual Arts in NYC showing the DVD. She is going to do another at a library in Queens on June 20. She is planning more outreach to schools with our PR committee. Meghan Dempsey, our Fundraising Chair, is planning to do a DMT presentation soon at a Performing Arts School for under-privileged teens.

Continued on page 14

Southern California Chapter

by **Pattee Russell-Curry**

May 30th, California Dance-Movement Therapists from throughout the state joined together for a Northern California gathering in Palo Alto at the home of Bonnie Bernstein, MS, ADTR. This was perhaps the first gathering for Northern California in approximately 14 years, since our northern CA chapter disbanded, and members were optionally absorbed into the Southern California Chapter. While I was a member of the Northern CA group, and made the transition to the SCCADTA, I have always desired to reconnect with the dance therapists I knew in the north. Many have gone "under the radar".

This first gathering was a hit! We had 22 people attend the workshop and gathering, featuring Bonnie Bernstein's presentation on her work in Kolkata, India with trauma survivors. Seasoned dance therapists, full-time, part-time and inactive registered dance therapists, graduates but unregistered, interns, students and interested inquirers were all represented at this gathering. There was a small reunion of JFK University dance therapy graduates (Linda Aaron-Cort, Pattee Russell-Curry, Mary Ruth Hammond, and Marilyn Scholze), as well as 5 Board Members representing SF, Sacramento, the Central Valley and the Los Angeles areas). We even had a SCCADTA member who was in the Bay Area join us and meet her Northern CA dance therapist comrades.

It has energized all in attendance in both north and south, to continue the outreach, the dialogue, the collaboration, and the connections. If you missed this gathering but are interested in being in contact, or involved in the future in Northern CA gatherings, please contact Pattee Russell-Curry at russellcurry@sbcglobal.net to be added to the list of contacts.

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New York Chapter report

In related efforts, we recently granted permission to the A.S. Cook Library at Townson University in MD to stream a copy of the DVD to their students via its website. Our former PR Chairperson, Maria Clausen, the producer of the film will be submitting it to the Dance On Camera Festival co-sponsored by the Film Society of Lincoln Center.

Current Projects

Facing more bureaucratic issues the NY Chapter board is researching filing taxes for our exciting new income from DVD sales and pursuing 501c3 status. We are also in the process of updating chapter bi-laws, which have not been revised since 1997. We will email revisions out for vote in the near future. Please look for updates on our local chapter yahoo email group and our website. If you have expertise in any of these areas and would like to assist us in these endeavors please contact me at the email I wrote above. Looking forward to spreading the word about our fabulous work, together.

A J D T

Don't Miss the Latest Issue of the American Journal of Dance Therapy

Containing the following:

- **The 2008 Marian Chace Foundation Lecture**
- **The 2008 Research Poster Sessions at the ADTA 43rd Annual Conference**
- **Empowering Arab and Jewish women, reducing prejudice in Israel, conflict transformation and enhancing empathy**
- **What does "authentic" mean in the practice of Authentic Movement**
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**Submitted by Journal Editor,
Patrizia Pallaro**



News from the Philippines

by Denjie B. Sharma

The Body Talk: Dance Therapy Conference (“Express, Listen & Understand your Body through Movement & Dance”) was held last May 23-24, 2009 at the University of the Philippines with Sharon Chaiklin as the special guest speaker and facilitator. Sharon Chaiklin provided experiential structures that demonstrated to the participants the expressive body-mind, promoted their self-awareness and adaptability on the kinesthetic level. Dance/movement therapy concepts were likewise explained as participants were given opportunities to further appreciate its use for various populations through the open forum and film showing (The Power of Movement & excerpts from Rena Kornblum’s video on children). The event, organized by the Philippine Dance Therapy Association (PDTA) spearheaded by Ms. Dinghy Kristine Baraero-Sharma, M.A., together with her husband, Maneesh Sharma and friend Carla Virtudazo Ph.D., was well-received by participants coming from various fields: psychiatry, clinical psychology, counseling, occupational therapy, nutrition, speech pathology, dance, anthropology and human kinetics. Ms. Sharma is a member of the ADTA International Panel of its annual conferences and has presented at 2 conferences (2001 & 2005). She met Sharon Chaiklin at the 1998 JADTA Conference held in Nara, Japan and has since been trying to pioneer and integrate DMT in her profession as a psychologist and licensed counselor in the Philippines. She started PDTA with the vision to promote and develop a brand of DMT in the Philippines, which is culturally sensitive and will highlight the Filipinos’ cultural heritage and strengths while also ensuring that ethical and professional standards are established and upheld. PDTA’s other activities lined up for the coming months include monthly follow-up half-day dance/movement workshops starting on June 21, increasing the membership of the association and continuous advocacy on the healing power of movement and dance.



Certification Update

By Stacey Hurst

I have been writing newsletter reports as the chair of this task force for the past 6 plus years. It has been a long journey that we anticipate wrapping up this October. YEAH!!! The past two months have brought all of us to the edge of a metaphorical cliff. Through your support, willingness and dedication to the field of DMT you voted to accept the bylaws changes necessary for us to proceed with the certification of DMTs. Additionally, you overwhelmingly chose DMT-R and DMT-BC for our new service marks. I couldn’t be happier with both of these decisions. I thank you for trusting this board as it leads you and Dance/Movement Therapy boldly into the future. I look forward to calling myself a board certified dance/movement therapist!!!! Look for more specific information on this coming soon in hard copy mail and in future newsletter reports.

Merchandise SALE

Great merchandise available for purchase

Contact info@adta.org:

Diversity Packets (\$12)
 2008 Conference Proceedings (\$25)
 Adult T-shirts (grey, black, and white; \$15)
 Travel mugs (\$6)
 Tote bags with zipper (beige or black; \$15)
 Egg Lady Necklaces (\$5)

Children's Wear:

Toddler T-shirts (grey, yellow, & green \$10)
 Baby bibs (white \$6)
 Baby Onesies (pink, white, and blue, \$10)



**A fun discovery as seen in Los Angeles,
sent by Gabrielle Kaufman**



Fun Dance Quotes:

Never trust spiritual leader who cannot dance. ~Mr. Miyagi, *The Next Karate Kid*, 1994

We're fools whether we dance or not, so we might as well dance. ~Japanese Proverb

The truest expression of a people is in its dance and in its music. Bodies never lie. ~Agnes de Mille

There are short-cuts to happiness, and dancing is one of them. ~Vicki Baum

To dance is to be out of yourself. Larger, more beautiful, more powerful. ~Agnes De Mille

Remember, Ginger Rogers did everything Fred Astaire did, but backwards and in high heels. ~Faith Whittlesey

Don't miss important information.

The ADTA Newsletter is published quarterly, and posted online at www.adta.org in a section designed just for ADTA Member's Only. Click on "Member's Login" and enter your username (first initial of your first name and your last name i.e. jsmith). If you have not already created a password, use the word "password" as your password. You can then change your password to something more personal. Click on "Read the Newsletter" and either read the news online or print it out to read at your leisure. The newsletter is jam packed with important news from your board of directors, announcements, Global Moves, student submissions, & literary prose. Don't miss out on the important news pertaining to dance/movement therapy!

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Newsletter Publication Policies

All material is to be electronically submitted in a WORD document as an attachment in an email sent to the Newsletter Editor at christinadmt@gmail.com. Please do NOT send material in the body of the email. Facsimiles and paper copies will not be accepted. Submissions will ONLY be accepted through email attachments. In the subject heading of the email please put "ADTA Newsletter Submission." Prior to submission, PLEASE check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness. Please use 12 point size text. Use upper and lower case text as needed. Include any bold, underline, italic, picture, image, logo, color and hyperlink. Include a contact name, email and phone number with each submission to be used for editing questions. A confirmation email will be sent after the material and payment (if applicable) are received.

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Research and Innovation in
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