



## Current Newsletter

Volume 57, Issue 4: Winter 2023

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President

Submitted by Angela M. Grayson, PhD, BC-DMT, LPC, NCC

### *Everybody Dance Now!*



ADTA 58 in Denver, Colorado, unceded lands of the Cheyenne, Arapaho, and Ute peoples was nothing short of ahhmazing! This year's theme, Dance/Movement Therapy: Before, Between, Beyond Words was a perfect ode to our strong foundation, present focus, and future goals as an organization. The passion for dance, power of connection, and profound internal probing was a through line from the opening ceremony to the closing ceremony. There was infectious laughter, bellows of joy, cleansing tears, and hallowing of hearts through dance, movement, ritual, and witnessing.

Words cannot express my appreciation and gratitude for the diligent creative work of the Annual Conference Committee and CapHill office staff for the many months of meetings, planning and strategizing for yet another successful conference. In fact, the conference was so successful that we sold out! There were well over 300 people in attendance and all workshops were filled to the brim. The Intensives, plenary sessions and epic dance party with DJ and photo booth were icing on an already scrumptious cake.

Prior to the arrival of conference attendees, the week started with two impactful days of meeting with the Board of Directors, Operations Manager, Office Administrator, Continuing Education Manager, and reports from the Dance Movement Therapy Certification Board (DMTCB),

Marian Chace Foundation (MCF), and American Journal of Dance Therapy (AJDT). While many organizations and associations are experiencing challenging times, I am happy to share that we have maintained a steady position even in the aftermath of COVID-19 and within the throes of a recession. I am deeply thankful I get to work with such remarkable people who selflessly volunteer their time and talent in service of the ADTA and our beloved dance/movement therapy profession. To the Board members whose terms were completed, those who stepped away for self-care reasons, those who are continuing, and those who have recently joined, I appreciate you and your energy, ideas, and leadership.

### ***Meetings and Community Engagement***

Shortly after the ADTA Conference, I was invited to attend the Creative Forces®: National Endowment for the Arts Military Healing Arts Network State-of-the-Science Summit 2023: Advancing Creative Arts Therapies Research for Military-Connected Populations. It was truly inspiring to hear about the vested interest in advancing research, raising awareness, and seeking funding for the expansion of creative arts therapists' work with military and veteran populations. Two of their primary objectives stood out in terms of how we can get involved. Specifically, 1) Identify gaps in current creative arts therapy research (DMT specific for us) where future funding should be directed in order to inform clinical practice and policy and 2) Invite subject matter experts and policymakers from fields and disciplines adjacent to the work of Creative Forces' clinical research portfolio to provide input on future strategies and directions. I'll share more information as it becomes available for those who work with the military and veteran populations.

The National Coalition of Creative Arts Therapies Association (NCCATA) met in November and it gave me great pleasure to share updates from the ADTA conference highlighting all that made it such a successful event. It was equally rewarding to hear about all the creative arts therapy conferences, new strategic goals, and membership concerns.

Although the NCCATA meetings are quarterly, it is reassuring to have support from leaders in all the creative arts therapies.

In October I met with the Interboard (members from ADTA and DMTCB) to discuss requirements for teaching, clinical supervisors' role and training requirements, and the Amnesty recredentialing initiative. I continue to meet weekly with the office staff and Continuing Education Manager to plan, create and problem solve so that things run as smoothly as possible.

### ***Ongoing Justice, Access, Diversity, Equity, and Inclusion Work***

I am an avid learner and student of life so it always brings me joy to glean from others' wisdom and to share some of mine. With all the new and exciting information available at my fingertips, I have been exploring various topics through podcasts, videos, journals, tv shows, and books. I also love to speak regarding topics that are near and dear to my heart and had so much fun speaking at the Black Health and Wellness Virtual Summit.

Here are some of the books I am reading:

- Sisterhood Heals: The Transformative Power of Healing in Community by Joy Harden Bradford, PhD
- Decolonizing Therapy: Oppression, Historical Trauma, and Politicizing Your Practice by Jennifer Mulan, PsyD
- The Garden Within: Where the War with Your Emotions Ends & Your Most Powerful Life Begins by Dr. Anita Phillips
- Decolonizing the Body: Healing, Body-Centered Practices for Women of Color to Reclaim Confidence, Dignity, and Self-Worth by Kelsey Blackwell

Reminders: The ADTA is a 501(c)6, which means that your donations may be written off as a business expense rather than as a charitable donation. Please consult with your financial advisor regarding individual circumstances and write-offs.

Planned Giving Campaign: Please feel free to pass this information along to anyone who may be interested. Leave a lasting legacy to our profession by remembering the ADTA in your will. You can choose to

leave a monetary contribution to our past, present, or future with a gift of your choice as follows:

- Past: Archive Project - Centrally digitize our history: Board minutes, journals, films/videos
- Present: Service, Education, Scholarships - Day of Service at Conferences, Endow the annual Conference Scholarship
- Future: Development of DMTs and Fellowship for Research - Develop scholarships to support the education of future DMTS, Develop Research Fellowships

To stay up-to-date concerning ADTA announcements and events, please check out our bi-weekly Digest, monthly CE Bulletin, and the national website at [www.adta.org](http://www.adta.org).

Dancing with Joy,

Angela M Grayson, PhD, LPC, BC-DMT, NCC

ADTA President

[president@adta.org](mailto:president@adta.org)

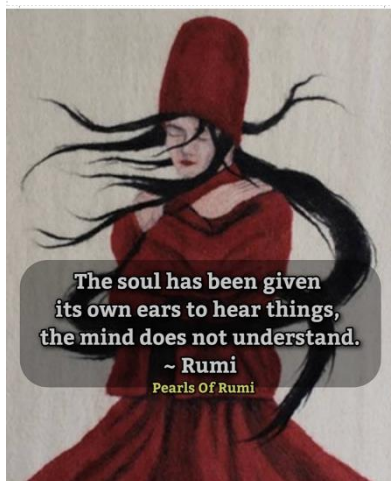
Board of Directors, Executive Committee Chair

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## **President-Elect**

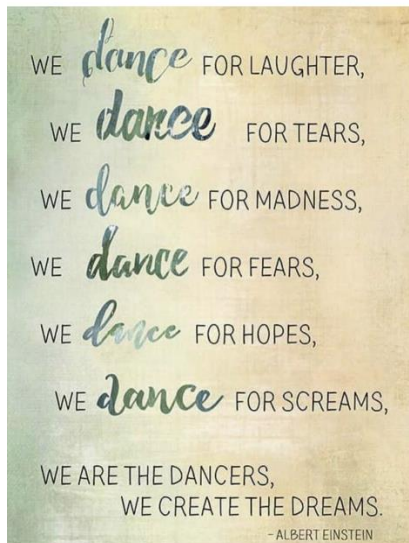
**Submitted by Dr. Marcia B. Leventhal, PhD, BC-DMT, CMA**



Dear Dance/Movement Therapy Community of Movers and Shakers!

And I do mean SHAKERS---with the energy we witnessed at our recent 58th Conference in Denver we can move our Planet to a brilliant, healing, peaceful NEW trajectory. A Planet where we each are valued for our Beingness, our basic Kindness, our Humanity. A Planet where these incessant wars are fading memories and where constant reminders of DEI principles are ancient history because we unite in our ONENESS and not our "DIFFERENCES".

These are my dreams and fantasies stimulated by the power, the generosity, the energetic sharing of all of you Dancing Lights who attended the Denver Conference. The spirit and the acceptance of each of us made my heart sing and dance in gratitude and joy.

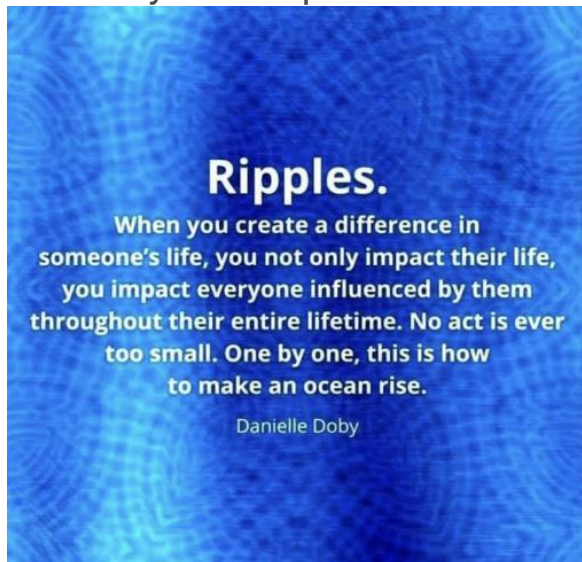


Congratulations to all for this, a joy- filled, creative, healthy, energetic flowing positive- held attitude Conference. From the beautiful, stimulating opening until the poignant closing, there was a feeling of hope, healing and joy being expressed and possibly re-discovered by many.

The CapHill super heroes created a secure infrastructure for us all, with such moments like the great food treats, so unexpected throughout, with thanks to Annette, and the good humor, friendly and openly helpful team at the sign in area. Much positive feedback of "lovely front desk staff" from attending members with kudos to Isma , Peter, Molly and others for their friendly and very helpful presence during the entire Conference.

This also created a crucial positive holding environment for us all at the Conference. And of course, kudos to the dedicated and very determined, creative Conference Committee and our Creative Director, Cashel Cambell, for offering us this very moving and successful 58th Conference.

Now, hopefully having caught our collective breaths and settled back down into our skins after our “mile high” adventure, we begin our unfolding journey not only towards our 59th Annual Conference, in Chicago from October 24-27, 2024, but towards the continued evolution of our Profession and the ADTA. As I once again share and hold a collective focus for our unique healing profession and its potential to change this tide of destruction of homes, communities, Countries, SOULS, I remember always how we in our Dance/Movement Therapy methods and techniques sustain and help to evolve POSITIVITY, KINDNESS and GRATITUDE which underscores all healing potential; and then blasts into the ether, all DEI principles for a loving, peaceful humanity on this precious Planet.



I personally wish to welcome onto our Board and Committees, our newly elected members who bring a freshness, an enthusiasm, and a respect for the opportunities to integrate our history, our innovative future into an exciting Now.



**Secretary**  
Siyao "Violet" Li

**Treasurer**  
Lauren Elise Peterson

**Government Affairs Chair**  
Erin Bryce Holmes

**Standards and Ethics Committee Chair**  
Douglas Comman

**Multicultural and Diversity Committee Chair**  
Chae Reid

**Multicultural and Diversity Committee Chair-Elect**  
Stephanie Sinclair

**Member at Large (Central)**  
Melissa Schleicher

**Member at Large (Western)**  
Erin Howe

**Nominating Committee (Eastern)**  
Melissa Grier

**Nominating Committee (Western)**  
Vonie Stillson

My work with Veterans, the Unhoused and individuals designated as "seriously mentally ill" continues. I am humbled by the wisdom, the spiritual development, and the intelligence each of these designated populations has demonstrated in their openness and gratitude for the care that they are being offered.

It allows me to stay positive and hopeful for the future. However, within the global culture we all continue to be tested and be reminded that the deep work we do on ourselves is what allows our Clients and Patients to deepen their commitment to change and growth. The traumas individuals are experiencing worldwide are perhaps stretching us into a new resilience and a different lens of perception. Now, more than ever, moving, expanding, dancing our Souls' essence offers a respite and a clarity of hope for us, the "healers" and our clients.

Thus, anything that we must do for self-care is essential for our continued health and strength. Read, walk, meditate, breathe, practice gratitude, DANCE, accept and cherish who you are and how much you are needed in our world, now, more than ever before.

Looking forward to seeing you all and being with you in Chicago as we explore and deepen our understanding of the power of Dance Movement



to heal and change one's life's trajectory. Our Annual Conference theme, "Moving Through to Regenerate" is so on point for this time, space and place in our history.

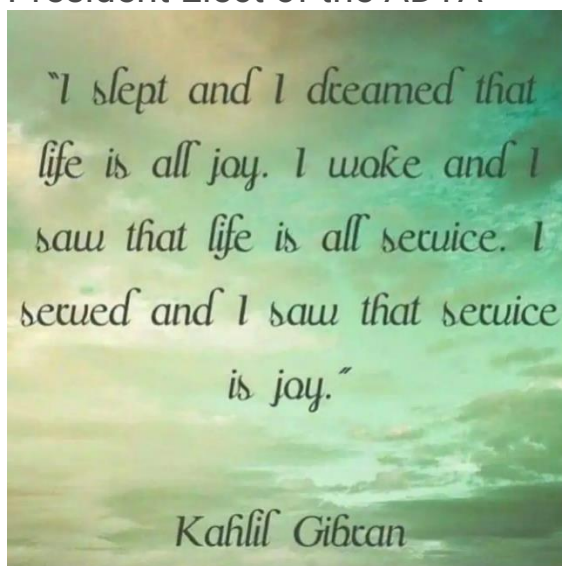
I am honored to be working with and for each of you and our vital Profession,

All Blessings Always to each of you for Health, Creative Fulfillment, Joy and Hope as we move into 2024,

Marcia

Dr. Marcia B. Leventhal, PhD, BC-DMT, CMA

President Elect of the ADTA



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## **Secretary**

**Submitted by Siyao "Violet" Li**

I hope this message finds you well and thriving in your noble profession. As we embark on a new term, I am honored and excited to address you as the newly appointed Secretary.

Allow me to extend my gratitude for the trust you have placed in me.

Serving as your Secretary, my primary goal for this term is to foster an environment of collaboration, communication, and continuous growth.

Here are some key aspects of my vision:

### **Enhancing Communication Channels:**

I aim to establish more transparent and efficient communication channels to keep you informed about important updates, events, and opportunities, especially for students, new professionals, and international members. Monthly newsletters, like this one, will serve as a platform to share valuable insights and member spotlights.

### **Promoting Professional Development:**

Many of you might have heard the term 'growth mindset,' and I personally am fond of that concept. I believe that continuous learning is crucial not only as a fellow therapist but also as a fellow human. I will work to facilitate discussions that contribute to your ongoing professional development. Additionally, I encourage members to share their expertise and experiences, creating a collaborative space for learning from one another.

### **Community Building:**

Strengthening the sense of community among our members is vital. I intend to organize social events, networking opportunities, and collaborative projects to foster connections and build lasting professional relationships.

### **Advocating for Diversity and Inclusion:**

Our community is diverse, and I am dedicated to ensuring that ADTA is inclusive and representative of the rich tapestry of our profession. This goal speaks fondly to my own lived experience as someone who belongs to a minority community.

In the past few months, I have been reading the book 'Therapy in Color,' and I am planning to write a book review on it. I hope to share my thoughts and feelings about the book soon with all of you.

I am enthusiastic about the prospect of working alongside you all to achieve these goals and elevate our organization to new heights. Your input and feedback are invaluable, so please feel free to reach out with your thoughts and suggestions.

Thank you for entrusting me with the role of Secretary. Together, we will continue to make a positive impact on the lives of those we serve through the creative and transformative power of dance and movement.

Warm regards,  
Siyao "Violet" Li

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## **Treasurer** **Submitted by Laura Peterson**

Hi Everyone,

This is my first newsletter as Treasurer of the ADTA, and I'm excited, honored, and nervous! When I was nominated, I decided this would be a great expansion of the work I did in the Southern Chapter in different roles.

As a business owner in a highly creative and emotion-focused field, I have had to very intentionally work on my relationship to money and numbers. I hope to help bridge us all to a conscious relationship with our collective funds with transparency. Some of you have already shared some of your thoughts with me at the conference and in other avenues. I have also already learned a lot about the larger picture of our budget in our first Board meetings. I'm excited to keep learning and sharing with you all.

In case you're curious about me as a dance/movement therapist - I'm from Chattanooga, TN and primarily work with adults with eating disorders, substance use disorders, and trauma.

As a part of the ongoing DEI initiative, I have been reading/listening to *Fearing the Black Body: the Racial Origins of Fatphobia* by Sabrina Stings. This book is frequently recommended for people working with eating disorders. Meanwhile, I have been trying to stay informed about the devastation in Gaza and the rise in Islamophobia and antisemitism through listening to the voices of people directly impacted by the violence.

Thank you for electing me to serve,  
Lauren Peterson (she/her)  
ADTA Treasurer

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## **Standards & Ethics Committee Submitted by Douglas Cornman**

Hello! My name is Douglas Cornman. I am honored and excited to serve as the Chair of the Standards & Ethics Committee. I have served as a committee member for the past three years, so I am quite familiar with the ongoing work of S&E. Goals of the committee include listening to membership so that we can better revise the ADTA Code of Ethics and the process for supporting situations involving questionable ethics. The committee cannot do this work without your input and ongoing support. The committee is also exploring a shared leadership model so that committee members can mutually support one another and equitably share the important work for which we are responsible. Please contact me at [ethics@adta.org](mailto:ethics@adta.org) if you would like to join one of our work task force groups or join the Standards & Ethics Committee. We are currently looking for two additional members.

I think it is important to know a little about your Chair. I live and work in the beautiful state of Maine. I am fortunate to serve as Director of Island Services for a non-profit that provides healthcare, education, and community engagement programs to remote and rural communities on fifteen offshore islands and along the state's coast. I am one of a five-person crew that works from a 74-foot, steel hull boat named Sunbeam V. My partner, Nate, and I steward a homestead in DownEast Maine. We spend a lot of time chopping wood and trying to keep porcupines out of our apple trees. When I am not in the woods or on the boat, I play with an improvisational dance collective and teach ballet and creative movement to island school children. Let me know if you ever venture DownEast. I am always on the lookout for a hiking partner.

Douglas Cornman  
Standards & Ethics Committee Chair

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## **Education**

**Submitted by Tomoyo Kawano, PhD, BC-DMT, LCAT,  
NCC**

Time may be relative but with the realities of due dates and timelines, it seems to be moving faster than I can keep pace with. The 2023 conference came and went, and along with it, I was sad to see many of the board members leave due to their terms ending (and other reasons). I feel fortunate to have had the experience of working with all of you and appreciate your intention, time, and emotional labor that you brought to building a more inclusive and expansive environment. (A shout out to Bria, Ebony, Laurie, Jacelyn, Selena, and Vonie'!) With endings come new encounters and beginnings - I want to extend a warm welcome to the new board members who have graciously volunteered their time for the next term. I am looking forward to our collaboration. As I highlighted in the summer newsletter, much of the work that we do crosses over between committees and builds on each other.

A case in point - the Education Committee and the Research and Practice Committee combined our knowledge to present at the ADTA conference. Based on our ongoing efforts by the Approved Master's Programs Subcommittee (AMPS) of the Education Committee to review, simplify the output based standards of education and clinical training from an evidence-based, critical and transformative lens, our aim for the joint presentation was to promote the growth of the profession through an examination of emerging knowledge in social justice, neuroscience, and rehabilitation to be integrated into DMT education. This participatory workshop approach elicited recommendations not only for the Education

Committee and Research & Practice Committee (for graduate level education), but also for the Continuing Education environment, as well as for the ADTA Board of Directors. The direct voices from mostly educators, supervisors, and current practitioners highlighted the ongoing struggles to expand the discipline and disseminate our DMT work. We will be exploring these suggestions within our respective roles and limited scope as volunteers through the ADTA.

On the subject of review of R-DMT education standards, I continue to gather input for our Input Based Standards for both approved master's programs and alternate route education from various stakeholders. Input Based Standards are related to the content and resources of a program, the qualifications of faculty and supervisors, admissions processes, evaluations, student advisement, career resources, academic curriculum, clinical training requirements, and distance learning. During the conference, the joint AMPS and AR education meeting focused on discussing what we believe to be essential to learn in-person as more DMT education is being offered virtually. Please reach out to Tomoyo Kawano: [education@adta.org](mailto:education@adta.org) or Laura Allen at: [areducation@adta.org](mailto:areducation@adta.org) if you would like to have a conversation or would like to hear more about getting involved with committee work.

### **Alternate Route Education Subcommittee (ARES) Updates (by Laura Allen, Chair of ARES)**

What a pleasure to come together in person at the Denver conference! Valuable meeting opportunities for the Alternate Route educators took place. Meeting minutes and next steps to come in January via email. Please consider whether your 2024 could include a bit of service to the Alternate Route. Our students need the support the ADTA is trying so hard to increase and we need many hands (and brains and hearts!) to further our goals.

On that note, the exciting new Student Portal is in a testing stage at this time. The many forms and documentation items that our students have historically had to (re)invent and keep track of on their own will soon have an electronic and standardized, central home via the ADTA website.

We are ever inching closer to the ‘finish line’ of these massive projects that will offer Alternate Route students a bounty of guidance for which they have been longing.

Finally, in support of the DMTCB, we want to echo and ring out their announcement about the extension of the professional credential application deadline. For 2024 ONLY, the application deadline for BC-DMT and Alternate Route R-DMT will be FEBRUARY 15, 2024. Please notify all of your students whom this may impact.

### **DEI and Accountability Work**

I have been fortunate to be able to listen to podcasts and have conversations with folks to widen my perspective:

- I met Rebecca Freimuth through a university committee. She went through myopic loss of central vision as an adult. She asked: “How would you go about your day if you suddenly lost your vision?” She shared her stance on blindness and photograph as advocacy for the visually impaired: Art Beyond Boundaries - Cincinnati OH showcase the art of persons with disabilities: <https://www.asocialpractice.com/the-blind-photographer-the-remarkable-world-of-sensory-photography/>
  - I thought of how it takes time “to see.”
- Kristen Crowe: [Why is my queer relationship mirroring hetero dynamics?](#)
  - I thought of how powerful societal “norms” can be ingrained in our relationships and how much courage and openness it might take to create something new.
- Kim Rothwell’s podcast on Psicotango situated in Argentinian culture made me think again of how relationships and curative contexts and deeply embedded in language and culture: <https://open.spotify.com/episode/1WgRLfQQA4KaFL3jgq5ZF1?si=UvsDHCycQuiwZib5RaeKhw&nd=1&dlsi=22732ff0b847493d>

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## **Government Affairs**

### **Submitted by Erin Bryce Holmes**

I was previously the Government Affairs Chair for the New York State Chapter. In that role, I advocated for students, celebrated graduates, supported peer supervision, professional development, visited the capitol to meet with legislators, danced around the Lincoln Memorial reflecting pool, flocked in the New York City dance parade, attended the arts advocacy conference and hosted holiday events. I am excited to build on those moments at the national level.

I want to share four key objectives that I seek to establish for myself within the organization of the ADTA:

***Research key legislation and policy trends at the federal, state, and local level that have an impact on our profession***

***Create initiatives for membership to find their political positionality within the ADTA***

***Support membership to take political action***

***Collaborate with other arts organizations to promote and advance our profession***

I was recently invited to attend the Alzheimer's Association 2024 Community Leaders Summit in New Orleans this upcoming January. While there is a goal to, "share ideas, stories and successes while getting to know fellow attendees from across the country", I will also be advocating for the use of dance movement therapy in treatment of Alzheimer's and related dementias.

I would like to thank all of you for welcoming me as the newly elected Government Affairs Chair for the American Dance Therapy Association. So many of you have already offered to help and others have sought my support as you navigate this field. Please do not hesitate to reach out to me, pull me in, and ask any questions pertaining to mental health legislation, the impact of policy making on our specific field or to join me in arts advocacy as a whole!

With gratitude,  
Erin Bryce Holmes aka EBH in the virtual space  
Governmental Affairs Committee Chairperson

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## **Committee on Approval (COA)**

Though National Waltz Day is celebrated annually on March 4th, there is a special “waltz date” that comes around only once in a century. As I am writing this, I am looking ahead to 12/31/23 (1-2-3, 1-2-3) and imagining which waltz I will be listening to. With my local performance of The Nutcracker about to close, the Waltz of the Flowers is contender for one of the loveliest waltzes. Yet, on the eve of the holidays and the new year, I think this waltz will be more my

speed: [https://youtu.be/xSGTND0aFel?si=iktLwcQ\\_A1amsqCo](https://youtu.be/xSGTND0aFel?si=iktLwcQ_A1amsqCo)

(Warning: this link takes you to a YouTube video. I hope you enjoy a smile as you listen.)

So, this newsletter comes to you as easy as 1-2-3, with many wishes for a simple, harmonious, and fulfilling new year.

Respectfully submitted,  
Danielle Fitzpatrick, Interim Chair

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### **1. COA Members:**

#### **WELCOME!**

The Committee on Approval warmly welcomes XiaoChuan Xie as the new representative for Sarah Lawrence College. Chuan has jumped into

the orientation process and brings a wealth of knowledge in movement observation, research practices, and fieldwork. Chuan is replacing Susan Orkand who retired in the spring. The committee is so grateful for Susan's dedicated involvement on the committee as a program representative and member of the ADTA DEI Task Force. Susan's curiosity, clarity, and questioning stance will be missed on the team; we wish her the best on her retirement.

### **WE NEED YOU!!**

If the work of the committee interests you, let us know! We are recruiting!!

- Supervisor Representatives (current or former BC-DMMT supervisor)
- Allied Professional Representative (representing an allied field, technology, and/or DEI work)
- Reviewer for the Subcommittee for the Approval of Alternate Route Courses (SAARC) (current or former Alternate Route Educator)

The work of these two teams is very interesting; email [approval@adta.org](mailto:approval@adta.org) if you want to know more!

### **2. DEI Work:**

In addition to doing [my own work](#) to question my beliefs and practices, my primary focus on the committee during my interim leadership has been diversification of committee members. We have expanded the list of who can serve on the committee, welcoming a variety of voices to the table. Please see our comments above about recruitment. Based on the recommendations from the [DEI Task Force](#), the COA is also taking the following actions:

- \* Removing financial barriers to being on the committee
- \* New and enhanced data collection
- \* Revisions to the approval review process
- \* Developing better tools to onboard potential new programs
- \* Increasing transparency regarding the role of the COA

### **PANDEMIC REMINDERS:**

Though I am still masking at my place of employment as I write this newsletter, many schools, businesses, and institutions have returned to a sense of normalcy during this later stage of the pandemic. As a reminder, Covid-19 accommodations were offered to students and educators through the COA through the 2021-22 academic year. Though covid accommodations are no longer in effect, the COA recognizes that fieldwork and internship hours may carry over to subsequent semesters due to the impact of the pandemic.

If you were an educator who pivoted to online learning during the pandemic and have chosen to KEEP offering your course online, you will need to submit that course as an online course for approval immediately.

### **3. Approval Updates:**

#### **APPROVED PROGRAM UPDATES**

All aspects of the approved master's programs, from admissions to course content to job development, are assessed for compliance with the ADTA's comprehensive and evolving educational standards. For more information about our processes, click [HERE](#).

The COA has completed several reviews this fall. Congratulations to Pratt Institute; they have received ADTA 6-year approval after completing a successful Self Study. Congratulations to Rider University who has received ADTA 3-year approval after completing their initial Self Study. Rider University had been in Candidacy and successfully navigated the approvals process during a global pandemic. Rider now joins the list of ADTA Approved Programs and will be putting forth a representative to the COA shortly. Join us in welcoming Rider University to the approved programs of the ADTA.

#### **ALTERNATE ROUTE APPROVAL**

Alternate Route Approved Courses are reviewed by members of SAARC. The ADTA does NOT approve alternate route "programs." Singular courses are reviewed every 5 years for compliance with standards. All new courses must be submitted in compliance with revised standards effective immediately.

## **REVISIONARY APPROVAL**

If you currently offer a course that was approved in 2017, 2018, or January-September of 2019, please submit a course revision to SAARC by July 15, 2025. There is no fee for revisionary approval. Any courses that have NOT received revisionary approval by October 15, 2025 will lose ADAT approval status. At that time, the courses will be removed from the list of ADTA Approved Alternate Route Courses and may no longer advertise as an approved course.

## **5-YEAR RE-APPROVAL**

All alternate route courses will need to be re-approved every 5 years. Courses that were approved between October through December 2019 will need to be reapproved by December 31, 2024. Educators whose courses are up for reapproval will receive a reminder email in January, reminding them to resubmit their syllabi, CV, and application form with the \$25 reapproval fee by the end of the year.

## **NEWLY APPROVAL ALTERNATE ROUTE COURSES**

The following Alternate Route courses have been approved or re-approved since the last newsletter:

***Dance/Movement Therapy and Trauma (2 credit version), taught by Barbara Nordstrom Loeb***

***Dance/Movement Therapy Group Process, taught by Judith Bunney***

***Dance/Movement Therapy with Children, taught by Tina Erfer***

***Elements of Movement 2, taught by Kalila Homann***

***Dance/Movement Therapy 1, taught by Rainbow Tin Hung Ho***

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### **Members at Large**

**Submitted by Central MAL Melissa Schleicher; Eastern MAL Rebekka Dieterich-Hartwell, PhD, BC-DMT, LPC; Western MAL Erin Howe**

Hello dear ADTA members!

Sweet Holiday Greetings from your MALs!

We hope that this newsletter finds you and your loved ones healthy and well during this busy time of the year. We want to take this opportunity to let you know about the changes that have happened on the ADTA Board concerning the Members-at-Large. Here we'd like to give a huge shoutout and "thank you" to the outgoing Central- and Western MALs, Bria Campbell and Voniè Stillson! They will be missed!

And we want to introduce you to our incoming Central MAL, Melissa Schleicher, and Western MAL, Erin Howe!

Hi, I'm Erin! I go by she/her and occupy the ancestral, traditional, and contemporary lands and unceded territories of the Luiseño (Payómkawichum) and Kumeyaay (Diegueños) people. I feel very excited to learn my way as the Western MAL and eager to meet and connect with chapter and board members of this region! Please feel free to reach out via email ([westernmal@adta.org](mailto:westernmal@adta.org)) to introduce yourself, I would love to hear your thoughts and interests for our work together in the coming year! My hope is that board members will feel supported and energized in their volunteer efforts and chapter members feel welcome and included in all national and regional engagements!



We will be putting our heads together in the next few weeks to plan how we can best serve you as MALs this upcoming year and will be in touch with any announcements and new implementations.

Looking back, it was lovely to see so many of you at the annual conference in November. If you were able to attend, you are probably still filled with lingering impressions of the numerous inspiring workshops, the dancing, moving, and fellowshiping with one another, and the stimulating and thought provoking presentations. Our organization consists of very competent and caring individuals and it was heartwarming to see so many of you show great investment in our field and come together. If you were able to attend the plenary, Vonie, Bria, and Rebekka, led by creative director Cashel Campbell and joined by invited guests who represented both the “past/origins” and the “future” of the ADTA, provided an authentic and integrative movement experience for the membership entitled “Embodying the Past, Present and Future of the ADTA.” This experience was a truthful, hopeful, and moving testimony of our organization that gave voice to all and acknowledged what was, what is, and what is to come.

We are continuing to do our work in relationship to privilege, social justice, diversity, equity, and inclusion, Rebekka continues to listen to podcasts around JEDI topics including the podcast The Element of Inclusion. Erin shares gratitude for monthly, JEDI-focused discussions on readings from My Grandmother’s Hands. Erin specifically mentions appreciation for the integrative focus on both clinical and personal considerations of this reading with her colleagues.

This brings us to the end for today! We wish you a joyful and peaceful holiday season as well as a restorative and dance-filled new year 2024! Please reach out to us with any questions, victories, and challenges!

Warmly,

Rebekka Dieterich-Hartwell, Eastern MAL [easternmal@adta.org](mailto:easternmal@adta.org)

Erin Howe, Western MAL [westernmal@adta.org](mailto:westernmal@adta.org)

Melissa Schleicher, Central MAL [centralmal@adta.org](mailto:centralmal@adta.org)

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## Marian Chace Foundation

*Marian Chace Foundation*

SUPPORTING THE DEVELOPMENT OF DANCE/MOVEMENT THERAPY  
THROUGH RESEARCH, EDUCATION AND SCHOLARSHIP

The Marian Chace Foundation's Board of Trustees continues its practice of affirming diversity, equity and inclusion while fulfilling its mission to support the development of Dance/Movement Therapy through research, education and scholarship.

### **ADTA 2023 CONFERENCE in DENVER**

The Marian Chace Foundation's 34th Annual Lecture at the ADTA Conference in Denver, आत्मा (Ātma): a journey, presented by Dr. Nalini Prakash was well attended and engaging as she described her cultural roots, diverse perspectives, and rich journey. Dr. Prakash's Lecture, and the introduction by Dr. Malini Nagpal, will be published in the American Dance Therapy Journal where you will also find all previous lectures. We thank Mr. Peter Koniuto, Ms. Isma Pervaiz, and Ms. Annette Suriani of Cap Hill for their considerable support of the Foundation, as well as for their troubleshooting at the Conference. The addition of the sponsor app and bookseller are most useful and appreciated, and were a great service to attendees.

### **ADTA Talks NOW AVAILABLE IN SPANISH**

We are delighted that all 27 ADTA Talks have been translated into Spanish and are now available on the ADTA's Youtube channel. We thank all those involved in seeing this project through. We offer a special thank you to Dr. Nana Koch for submitting the grants, for her passion for our field, and her considerable efforts to produce all of the previous translations as well as these.

### **2023 GRANTS**

We would like to acknowledge the current research grantees.

They are:

- Drs. Einat Shuper Engelhard & Michal Elboim-Gabyzon, researchers at the University of Haifa: *Stay in balance: The contribution of dance movement therapy toward increasing physical balance, reducing the fear of falling and increasing exercise adherence in older adults.*
- Dr. Jacelyn Biondo: *The effects of dance/movement therapy on mind-body connection and physical health awareness for people with schizophrenia.*
- Dr. Tal Shafir, Research Investigator, Dr. Robyn Cruz, and Rachelle Tsachor: *Associations between personality traits and movement patterns.*

We remind you that the annual deadline for grant proposals is February 15th. The Grant Application and instructions may be found at the Marian Chace Foundation section of the ADTA website. There you will find updated grant guidelines. Any questions or requests can be sent to: Lynn Koshland, Secretary, [marianchacefoundation@gmail.com](mailto:marianchacefoundation@gmail.com)

### **MARIAN CHACE FOUNDATION SCHOLARSHIPS**

The Foundation is in the process of establishing an annual scholarship for each of the Graduate Dance/Movement Therapy Programs.

### **PUBLICATIONS**

The Marian Chace Foundation publications are available for purchase on BIBLIO:

[https://www.biblio.com/bookseller\\_info.php?d=3979485](https://www.biblio.com/bookseller_info.php?d=3979485)

### **THE MARIAN CHACE FOUNDATION ANNUAL AWARD FOR SCIENTIFIC AND EDUCATIONAL JOURNALISM**

This award is based on theses, dissertations, or research projects required for a degree completed and conferred within the past five years and may include updated material. Papers should have no more than two authors.

The award carries a \$500 honorarium.

If you wish to be considered for the MCF Journalism Award please read the guidelines in the AJDT, and if you are eligible please send an email to:

Lynn Koshland, Secretary, [Marianchacefoundation@gmail.com](mailto:Marianchacefoundation@gmail.com) to request the procedural guidelines.

## **DONATIONS**

For those of you who attended the Conference and attempted to donate to the Foundation, we realize you experienced a payment processing issue. Please note this issue has been resolved.

Here is the new URL: <https://tinyurl.com/MCFdonates>

Additionally, it is possible that the MCF sponsor ad on your Conference app is still active and operational as you read this column. If so, it is yet another way to donate to the work we do to support the field of Dance/Movement Therapy.

Checks are also welcome.

Make checks payable to “Marian Chace Foundation” and mail to:

Marian Chace Foundation, Treasurer

P.O. Box 254

Prior Lake, MN 55372

Your 501(c)(3) tax deductible contributions finance all Foundation projects, including the Annual Lecture series. No contribution is too small, or too large. Contributions are welcome at any time.

The Trustees of the Marian Chace Foundation

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**Carolina Chapter of the ADTA**



*Carolina Chapter members Angela Wiley, Virginia Hill, and Sarah Arnette at the annual conference, meeting with Chapter friends, Nana Koch, and then Trish Capello.*

### **Carolina Chapter at the ADTA Annual Conference**

Three members of the Carolina Chapter attended the annual conference in Denver. We participated in the “braiding” of the past, present and future of the ADTA during the initial plenary session (picture in upper right), learned that the 60th annual conference will be in Raleigh, were informed about research that suggests that the expressive arts therapies are all viable treatments, danced like Isadora Duncan, and shared our various DMT training experiences.

### **November Hangout**

Five members joined our virtual hangout on Friday November 17th. We met Erin Holmes, who is currently back and forth between NY and NC

but plans to move to NC permanently in the future and who is also the new Government Affairs Chairperson. All introduced themselves and then those of us who attended the ADTA annual conference shared about their experience. Major highlights:

- The 2025 annual conference will be in Raleigh and we want to put our mark on it
- New options for gaining CEs through the Journal Club and DMT Unplugged
- The ADTA Forum is coming back

### **Upcoming Founders' Day Retreat**

The annual Carolina Chapter Founders' Day retreat will be held in Black Mountain, NC from January 26th-28th! Please reach out via email or the chapter's facebook page for details if interested.

Well wishes to all!

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## **DMTCB Credential Corner** **Submitted by Barbara Nordstrom-Loeb**

Welcome to these new R-DMT and BC-DMTs. Congratulations to all of you!

### **BC-DMT**

Briana Cravens	Tania Lazuk	Belen Rodas
Cecilia Fontancesi	Rebecca Lermsider	Sandy Ross
Kellyn Jackson	Cheuk Yin Joseph NG	
Yan Yan Crista Kwok	Erin Robinson	

## R-DMT

Djenne Boutrin	Ariel Hortin	Iris Livia Ridley
Alexis Britford	Lauren Imlay Rosario	Kirsten Rios
Madison	Lindsey Jones	Andrea Rivera
Brown	Virginia Lauterbach	Levonina Rose
Rebekah	Stephanie	Melinda Salisbury
Brown	Mackintosh	Bianca Shemankewitz
Michelle Burns	Natalie Maddrey	Nicole Surran
Cayla	Lauren Marcus	Ambrie Sward
Chambers	Laura Mead	Jessica Tokarchuk
Kaiyue Chen	Pauline Michelle Moll	Caroline Kersey Jeanne
Jaclyn Cole	Aeva Munro	Woodward
Sarah "Dani"	Erin Perry	Deanne Zois
Cole	Alexandra Iuliana	
Jenifer Duff	Potinteu	
Zoe Eisenberg	Chae Reid	
Alexandra Graf		
Victoria Haigh		

Some of you might have already noticed that the entire DMTCB section of the ADTA website has been revised and renewed. We also want to thank the DMTCB office for their efforts implementing these changes.

Changes include:

1. Replacing the old credential, status and recertification policies and regulation with newer board approved ones
2. Additional descriptions and transparency to the credential application process
3. Updated the R-DMT and BC-DMT Handbooks (The R-DMT Handbook now includes two sets of requirements -the old requirements and the new standards identified in the ADTA Standards for Education and Training.)

(4) A newmore automated process that (we hope) will be easier for the applicant to complete and for the DMTCB to evaluate. Changes include new, forms, instructional guides, and other materials for all R-DMT and BC-DMT applications. NOTE: Due to the time needed to implement the changes R and BC-DMT application will be due Feb, 15, 2024 (ONLY) We hope that the changes will make credential applications, credential renewal/maintenance, recertification CE requirements processes, and other credential related questions easier and more accessible. If you find parts of the website that are confusing or not clear, please relay this to the DMTCB Chair ([chairDMTCB@ADTA.org](mailto:chairDMTCB@ADTA.org)).

**RECERTIFICATION/LAPSED CREDENTIAL/ AUDIT UPDATES:**

The current lapsed credential amnesty program has resulted in more than 72 R and BC-DMTs renewing their DMT credential. Hurrah and welcome back!!! Please note that even though the amnesty offer is no longer available it is not too late to reinstate a lapsed credential, contact DMTCB office ([dmtcb@adta.org](mailto:dmtcb@adta.org)) or DMTCB Compliance Coordinator ([dmtcbaudit@adta.org](mailto:dmtcbaudit@adta.org))

The process for recertification and claiming the CEs required for recertification has also been updated and recertification notices will be sent out after Jan. 15, 2024. The DMTCB link in the ADTA website has a section with information about the required amount of CEs for recertification, information about the types of activities you can claim for your CE requirement and how many hours can be claimed in each category.

Finally, we want to introduce our new board members: Audrey Albert King who will be joining the BC-DMT panel and Cynthia Jones who will be joining the R-DMT panel. We look forward to their contributions, efforts, and insights in our work.

As Chair, I am excited about all the changes that are happening, despite the challenges that are an inevitable part of all transitions. If you have questions, gripes, or suggestions for improvement, please let me know ([dmtcbchair@adta.org](mailto:dmtcbchair@adta.org)).

Respectfully submitted,



Barbara Nordstrom-Loeb  
CHAIR DMTCB

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## **Newsletter Submission Guidelines**

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely manner, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via email to [secretary@adta.org](mailto:secretary@adta.org).

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be no more than 2 ½ pages when submitted as a Word document
- Do NOT send material in the body of the email
- The subject heading of the submission email should read “ADTA Newsletter Submission”
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness

- Include a contact name and email with each submission

Newsletter Submission Deadlines:	Publication Deadlines (on/before):
February 28	March 28
May 31	June 28
August 31	September 28
November 30	December 28

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## Newsletter Advertising Information

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter!

Reach dance/movement therapists, other professionals, students, the international community, and more.

Save 20% when you advertise in 4 issues!

Single issue rates are available. Submit ads to [publicrelations@adta.org](mailto:publicrelations@adta.org).

	Member Rates	Non-Member Rates
Single	\$100	\$150

	Member Rates	Non-Member Rates
2 Issues	\$175	\$275
4 Issues	\$300	\$500

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