



Current Newsletter

Volume 57, Issue 2: Summer 2023

Table of Contents:

(Click the Article you'd like to read, or scroll down to view the entire issue)

1. [President](#)
 2. [President Elect](#)
 3. [Secretary](#)
 4. [Education](#)
 5. [Credentials Corner from the DMTCB](#)
 6. [Committee on Approval](#)
 7. [Members at Large](#)
 8. [Marian Chace Foundation](#)
 9. [Newsletter Guidelines](#)
 10. [Newsletter Advertising Information](#)
-

President

Submitted by Angela M. Grayson, PhD, BC-DMT, LPC, NCC

ADTA President Newsletter Update

Summer: A Season of Reaping



Redefining a Profession

As the proposal to define dance/movement therapy as practiced by members of the ADTA in various fields, locations and populations is underway, I would like to offer some rationale for this major feat. While the current definition is still very relevant, there has been conversations regarding putting the “dance” back in dance/movement therapy for many years. In fact “dance” is our secret sauce and uniquely sets us apart from the burgeoning onset of somatic and body based therapies. One strategy for standing out is to assure our definition speaks to the heart of what we do – dance, movement, and therapy! So, like any business, organization, and association in this age of technology, social media, and influence, the ADTA would greatly benefit by branding ourselves as the authority in somatic and body based therapy with an updated definition easily understood by those outside of our community. NOW is our time of reaping the rewards of many years of training, teaching, researching, and practicing...We’ve got this!!

A Call to Progressive Action

It may appear that there has been a lot of shifts happening all at once withing the ADTA, the nation, and the world at large. However, if you look closer at what is now being highlighted, you will see that it has been a slow progression towards change that is more compassionate, inclusive, and equitable. While traditions certainly serve a purpose, they can be powerful enemies of potential because you don’t have to think when you do things the way they have always been done. We don’t receive the incentive to grow and be creative because our new approach collides with the conventional way. To maximize our forward movement, we must stay focused on our mission, goals, and vision for the future of dance/movement therapy through discipline and collaboration. We will

never be all we are meant to be if we solely bask in our past successes. We cannot afford to be sidetracked from our original goal of developing and growing the profession. Everything that doesn't help our progress hinders it. NOW is the time to rely on the wisdom of the body individually and collectively for the sake of awareness, acknowledgment, and branding of our elite work as dance/movement therapists. As a reminder...time and effort spent being distracted cannot be regained. Here are some ways we can all take progressive action to grow our profession in our community, state, region, and nation:

- Share the benefits of dance/movement therapy with those outside of your circle
- Offer in-service workshops at local businesses, hospitals, and schools
- Write an article for your local paper
- Conduct and publish research in the American Journal of Dance Therapy
- Direct people to our website www.adta.org
- Join an ADTA committee
- Encourage other Allied Professionals to join the ADTA
- Renew your membership

Meetings and Community Engagement

The Board of Directors held a nonconventional series of time-blocked virtual Spring Board meetings that was creative, meaningful and spirited on many levels which stretched us and helped us grow as we made some key decisions for the good of the Association. As we are volunteer leaders by election or appointment, it is important to remember that we are also members who are passionate about the ADTA and dance/movement therapy as a viable profession. Thank you to all who attended as observers, supporters, and encouragers. I hope that you were favorably impressed to see the extensive dedicated work of this dynamic Board!

Major thanks to everyone involved in making the Spring Virtual Summit a successful event!! The focus on tangible skill building across creative arts therapy professions was superb. There were so many amazing

presentations that I cannot wait to watch them again on-demand. If you registered for the event, then you will have access to the videos through August 15th.

In my role as President, I meet with leaders from other creative arts therapy professions during our National Coalition of Creative Arts Therapies Association (NCCATA) quarterly meeting. I find these meetings to be supportive, enlightening and profoundly beneficial as we discuss the joys and challenges of leading therapeutic arts based associations. I continue to meet monthly with the Executive Committee and Board of Directors in a creative think tank to better manage all the needs of the membership, association, and profession. I meet weekly with the office staff and Continuing Education Manager to plan, create and problem solve so that things run as smoothly as possible.

Ongoing Justice, Access, Diversity, Equity, and Inclusion Work

This quarter has been all about intergenerational interactions, discussions, and events. I had the great pleasure of celebrating my grandmother's 100th birthday with a centennial event fit for the Queen she is with lots of family and friends present. I can only imagine all that she has seen and experienced racially, politically, culturally, and otherwise during the course of a century! I also had the pleasure of celebrating with my God daughter at her cotillion (formal ball) as she graduated from kindergarten. I am both hopeful and afraid of what she may have to endure racially, politically, culturally, and otherwise as she navigates life in the coming years. Attending these events reminds me of intergenerational relationships within the ADTA and the potential for strength building, understanding, mentorship, and sustainability. How are you engaging intergenerationally within the membership to bridge potential gaps in communication, learning, and understanding?

As a means to continue growing in my leadership, these are the resources that I am eager to read:

Race for Relevance: 5 Radical Changes for Associations by Harrison Coerver

The End of Membership as We Know It: Building the Fortune-Flipping, Must-Have Association of the Next Century by Sarah Sladek

To stay up-to-date concerning ADTA announcements and events, please check out our bi-weekly Digest and the website.

Lastly, I am ecstatic to attend our first in-person US conference in four years in my role as President and look forward to the culmination of hard work that the Annual Conference Committee has been preparing for us all as we gather together in November!!!

58th Annual Conference

Dance/Movement Therapy: Before, Between, Beyond Words

November 9-12, 2023

Denver, CO

Dancing along,

Angela M Grayson, PhD, LPC, BC-DMT, NCC

ADTA President

president@adta.org

Board of Directors, Executive Committee Chair

President Elect

Submitted by Marcia B. Leventhal, PhD, CMA, BC-DMT

Greetings Dear DMT Community:

I am once again so grateful for the opportunity to be in communication with you and to be able to share an update on the progress being made towards our upcoming Denver 58 Conference. Before that, however, I feel that certain ideas/thoughts that I had shared with you previously were worth stating again: during these times of worldwide tragedy and upheaval, I am so in awe and grateful for our healing ability in assisting with these global crises. I believe that our diverse and powerful members collectively hold in community and personal self-development a positivity for communication and peace filled listening and compassion. Further, I also hold in gratitude all the various avenues here in my community where I may further develop a broader perception and

openness to deep change which contributes to a more harmonious community, country and even to further shores.

More than ever, now, as we are still in the midst of so many world events causing distress, displacement, anxiety, and trauma, economically, politically, emotionally, again I stand strong in the belief that each step we make towards progress of communicating “soul to soul”, as we continue to grow and learn and be open to change in embracing and developing our unique DMT techniques and methods, we become crucial change agents in assisting healing and integration to occur; personally, in our communities, at our places of employment, Nationally and perhaps even Globally. It is both my hope and my deep faith in our Profession moving forward that we all are able to honor and support all of our Code of ethics, of course remembering that the code is based upon the foundational principles of nonmaleficence, beneficence, autonomy, fidelity and justice. With open hearts, and good faith each of us on the Board work hard to uphold these standards.

For me, these past few months since our last communication have been quite productive working with an outstanding and dedicated Conference Committee (Vonie Stillson, Stina Hoberecht, Cashel Cambell, Sara van Koningsveld, Lora Wilson, Angela Grayson, and from CapHill, Isma Pervaiz, Peter Koniuto, and Annette Suriani). Because of these individuals' focus and creative vision, the shape of the Conference is emerging with many innovative and creative additions to our regularly presented and scheduled activities. Our Pre-Conference Intensives are varied and will offer participants a wide variety and range of choices, whether enrolling for two half days or a full day workshop, choices will satisfy all levels of one's training, education or Clinical practice. We are now in the process of notifying the presenters who will be the backbone of our daily conference offerings, along with all the usual extra and stimulating events and presentations:: The Marian Chace lecture, The International Panel, a very special, Film Night, special room and support areas set aside for assimilation, expression, recuperation, and many other surprises. All to be announced very soon! As this will be our

first in-person USA Conference in four years, the excitement to be presenting our 58th Conference in Denver, Colorado, a place of ancient, sacred lands, of the Cheyenne, Arapaho, and the Ute peoples is quite moving. Our theme of BEFORE, BETWEEN, BEYOND WORDS has offered our presenters the avenues to explore the vast reaches of dance/movement therapy as it has influenced and been influenced by culture, by new and old psychology and spiritual traditions, and our sensitivity to DEI and our contribution to both continuity and to change worldwide. Our Conference Committee is working hard with an openness and sensitivity to the needs of our membership and to the need to find the seeds of hope and spirit lifting; despite the often chaotic and challenging environments in which many of us have been living (Covid, employment upheavals, loss and grief, world crises, major weather challenges causing blackouts, road closures, loss of property, etc.). Please stay tuned for further announcements of registration, hotel bookings and other pertinent info to be sent very soon.

And now, as we move forward in assisting in the development and the growth of ADTA, and welcome all of every member's concerns and visions for our future, I have found how crucial certain life's elements/lessons are ---particularly now. I wish to continue to embrace each moment of light and kindness and live in gratitude for the smallest conscious altering changes, and the largesse of the kindness and care in our community of change agents. How timely that we as DMT embrace and hold for this global sharing in community and allow ourselves to be strong and positive agents for change.

As I offered in our last Newsletter's peek at certain of our Code of Ethics, I felt it was as important this Newsletter to re-visit them, as it is to share to share what training , readings, explorations each of us reporting had experienced in regards to DEI, Social Justice and Privilege these past few months. As one member shared with me: 'how important for all of us to remember particularly the following from our Code', as she expressed "the importance of maintaining respectful interactions with colleagues whether on-line, in correspondence or in-person".

- **1.1.b Dance/movement therapists recognize the dignity and worth of all persons and do not engage in behavior that is demeaning or harassing.**
- **5.0.c. Dance/Movement therapists work collaboratively, cooperatively, and respectfully with members of the workplace administration, treatment team colleagues, and support staff.**
- **5.0.d. Dance/movement therapists contribute to creating an ethical workplace culture by modeling and upholding ethical obligations.**

We in our unique profession have always honored and embraced the opportunity to come together; see and be seen, move and be moved and rejoice in our Dances of energetic connection in which each of us hold for the continuity of being and becoming as we are able to honor the uniqueness and beauty of each dancer. Further, I recommend a great read which in fiction, historical context and an entire other culture, covers so much of what our Country, our Institutions and Organizations have been opening their consciousnesses to: THE COVENANT OF WATER, Abraham Verghese. Also, I am fortunate that in my places of employment we are offered training in inclusion, diversity, social justice, and more every few weeks throughout the year. And of course I attend a multitude of trainings and lectures and read the many articles which have been discussing different factors in relation to DEI in the workplace, in schools and in areas of sports and entertainment.

Once again, I share with you the areas that I will be evolving and developing as the work on the Conference is completed. Please add other areas or points you would like to have me include as well. I very much welcome your suggestions.

Goals for Diversity and Social Justice Concerns from Dr. M. Leventhal, President Elect, ADTA

An in-process document

- A. Pertaining to Clinical concerns and participating Institutions' support and awareness of Staff's micro-aggressions towards certain "difficult" populations (who gave

such designations and why????), and the impact it may impose upon us giving fair and equitable clinical Tx.

- B. To create a members' forum for understanding and working with multi-diverse populations (i.e., language, cultural traditions informing creative expression and participation or not), and sensitivity to the Institution's language and P&P in compliance or not).
- C. Bringing a greater awareness to membership via open transparent discussions so that equality through such transparency will assist in helping to level the playing fields in terms of training and job opportunities, which could then become narratives and trajectories we help evolve and access.
- D. Healing through transparency and uncovering the element's causing and creating the divisiveness our members have been expressing and experiencing by the ignored, marginalized, and/or the often-de-valued voices expressing stress over ageism, lack of diversity in recognition, lack of kindness and lack of learning to listen from the heart within the organization.
- E. Re-examining disparity in terms of affordability for students and underemployed.
- F. Examining the possibility of new affinity groups which uphold and support wisdom of underrepresented groups still to be defined.
- G. Examining prejudices still rampant in our Society / Culture which impact our PROFESSION and the running successfully of the ADTA (e.g. technological dependence, ageism, historic antecedents and accomplishments), and the need to examine each and its potential benefits and obstacles.
- H. Continuing Ed. training and forum/ membership meetings to clarify what is our job, charge, focus in various aspects of diversity and social justice relevant specifically to this membership organization and the profession of DMT. WHAT IS THE IMPACT UPON BOTH?
- I. Identifying and exploring the current stressors impacting our populations since the pandemic and since the rise of gun

violence, organized hate groups and what new stigmatization and symptoms of “mental illness” are being expressed.

- J. Examination and application of newest techniques and methods of Conflict Resolution for use in our organization
- K. Examination of self-harm, micro aggressions we each individually might be holding against one’s own self and its impact on how we react and treat others when in disagreement or conflict.
- L. Methods and techniques which offer Self-Care directives for self and others.
- M. Publishing 3-4 times a year, or more if needed, a resource list of articles, books, various trainings we have discovered or participated in and which we (anyone may contribute from both Membership or Board) recommend and offer some minor curating where possible and needed.

Thanking you all for your support of our Profession and our organization through and during these challenging times of disruption and upheaval. How comforting to be part of a Community that embraces and practices transparency and healing/wholeness worldwide, with peace, acceptance and an equanimity of spirit for all.

Please feel free to contact me directly at: presidentelect@adta.org with ideas, comments, concerns. I will do all that I am able to assist and support.

Thank You!

Dr. Marcia B. Leventhal, PhD, CMA, BC-DMT

[**Return To Top**](#)

Secretary

Submitted by Dr. Laurie M. Scherer, PsyD, BC-DMT

Eligible

Dearest ADTA Community,

As the warmth of summer approaches, I am feeling particularly grateful for this community and the unique work that we do. As we usher in a new season, I, too, am welcoming a big season of change in my personal life as I prepare for the arrival of my first child this August! To say that my training and work with dance, movement and the body has helped ground me during this immensely physical evolution, would be an understatement. So, it is with mixed feelings that I will not be able to tend to the final months of my term as Secretary in the way I would have imagined. However, the beauty of community and collaboration is that I know I can care for my needs wholly and joyfully because of the amazing support system we have built since my term began here. Our Board of Directors, the members on the New Professionals and Student Subcommittees are such talented, thoughtful, and devoted individuals, that I am eager to watch as the seeds I have helped plant during my tenure will sprout and grow under their loving gaze and steady guidance. Please see below for more details about the ongoing, and exciting work of our two subcommittees, including R-DMT resources for alternate route students and new professionals seeking supervision! Consider getting involved in these subcommittees to help our seeds flourish!!

Warmly,

Laurie

Dr. Laurie M. Scherer, PsyD, BC-DMT Eligible

ADTA Secretary, Executive Committee & Board of Directors

NYS Licensed Clinical Psychologist

NYU Latin & Ballroom Club Coach

NUTS & BOLTS

SECRETARY

Continuing to review and update the Secretary P&Ps to reflect current operating procedures, remove redundancies with office staff tasks, update subcommittee structures and tasks to reflect current responsibilities and actions.

It has been an honor to have deep, reflective and honest conversations with several of our leaders (past & present) and members this quarter. As I continue to seek ways to unite us in our anti-racist, liberatory work as a community and organization, you can imagine that these conversations are not always easy, nor fruitful. So, thank you to those who continue to have an open heart and mind in shaping us towards a more egalitarian and sustainable future.

Ongoing Justice/Equity/Diversity/Inclusion Investigation, Reflection + Work

- Upstream, Podcast
- @alokvmenon (IG), Poet/Author/Speaker/Comedian
- Rest is Resistance, Book
- Inflamed: Deep Medicine and the Anatomy of Injustice, Book
- Freedom is a Constant Struggle, Book
- Parenting Beyond Borders, Book
- Meaningful conversation, reflection, consultation with close friends, colleagues, spiritual, education & justice workers

NEW PROFESSIONALS SUB-COMMITTEE

The New Professionals Sub-Committee has been meeting monthly and continues to discuss the goals of fostering community, sharing resources and supporting those new to the professional sphere of being a Dance/Movement Therapist. Given the ongoing gap between those seeking supervision and the small pool of those offering supervision, we are working towards a virtual event this Fall that can help give BC-DMTs the tools and confidence to become supervisors! If you are interested in getting involved in this project, please email: secretary@adta.org

Supervisor Spotlight Series!

Calling all BC-DMT supervisors: Are you a BC-DMT and ADTA member currently supervising DMTs? Do you have openings for new supervisees? If yes, we would love to get your information to spotlight you, your practice, and your supervision style in a monthly Digest column. Our aim is to help connect the next generation of DMTs with diverse supervisors who can provide thoughtful and quality supervision to strengthen our growing field! Be on the lookout for an interest form soon. In the

meantime, if you would like to be involved in our spotlight pilot, please email: secretary@adta.org

BC-DMT Credentialing Panel + Workshop

For those who missed our live november event, please view the following resources to help with most of your BC-DMT credentialing needs:

Virtual Panel Event (11.6.22) - [YouTube Recording](#)

FAQs & Answers - [Spreadsheet](#)

Credentialing [“Cheat Sheet”](#)

- BC-DMT Application Nuts & Bolts
- Essay Tips & Tricks
- Credentialing Maintenance

STUDENT SUB-COMMITTEE

This summer, we are welcoming new student representatives, reflecting upon our glows + grows from this past year, and planning SMART (specific, measurable, attainable, relevant, time-bound) goals for next academic year. We continue to embrace an open door policy and welcome any contribution of time, effort, ideas and connection, so please consider reaching out and joining our efforts in whatever ways may work for you!

*We are seeking an additional professional member who can support our efforts for the 2023-2024 academic year. Please email secretary@adta.org with a brief statement of interest and resume/CV to join us!

ADTA Student Feedback Survey (2022-2023)

With our newly launched ADTA Student Survey efforts, student reps are excitedly reviewing and reflecting upon the input of their peers regarding their DMT student experiences. If you are a current student and haven't already submitted your responses, please add your thoughts!

Fill out survey here: <https://forms.gle/zBrrW8Bac1SjNQRSA>

R-DMT Credentialing Virtual Event (6.4.23)

The ADTA Student Subcommittee was thrilled to combine forces with Laura Allen, chair of the AR Education Subcommittee (ARES), and Barbara Nordstrom-Loeb, chair of the DMT Credentialing Board, for an incredibly informative look at the R-DMT credentialing process. Through

our RSVP feedback form, we have gathered your questions and are in the process of providing answers that can be easily referenced in a FAQs + Answers Spreadsheet (coming soon!). With over 30 participants from around the world, the event went off without a hitch and was recorded thanks to the unwavering technical support of our office administrator, Isma! This event also would not have been possible without the amazing efforts of our AR Student Reps, Olivia Vepley & Samantha Ambrico-Custer, as well as our fantastic 92NY Cohort volunteer, Sammie Sachs! Thank you for your conscientious contributions and thoughtful movement experientials! Please be on the lookout for the event recording on our ADTA YouTube Channel and other R-DMT resources in the works.

Working Groups

ADTA Student Tech Support

Student volunteers will help bridge the technological gap for ADTA Members by providing 1:1 support for basic technological “How To’s,” such as: navigating Google tools, creating Zoom events, navigating the ADTA website, creating an ADTA profile and more! We are looking for students able to donate a few hours per month who are interested in forging intergenerational relationships via tech tips and tricks.

Alternate Route Student Corner

Are you an alternate route student? Are you interested in having more opportunities to connect with other students along this (sometimes) amorphous and confusing journey!? Us, too! We are fervently working with the DMT Certification Board and Alternate Route Education Subcommittee to host an R-DMT event this June to help demystify the application process and connect with others going through this process. Stay tuned for more details and be sure to email us if you are interested in helping shape this event in any way!

2023 Conference + Student Involvement

As our intrepid 2023 Conference Planning Committee sallies forth towards our Colorado conference, students are gathering their ideas, experience, concerns, and needs to share with the committee. If you would like to participate in the team of students who will be seeking out

and disseminating this important information to the conference committee please let us know!

Archival Artistry - ADTA Past, Present & Future

We are recruiting student and professional members of all experience levels to investigate ways to preserve the history of the ADTA in an artistic way. Please reach out with any resources or interest in participating.

Student Membership on ADTA Committees

Student members are encouraged to reach out directly to [ADTA Committees](#) in order to represent students' unique voices, needs and concerns.

[*Return To Top*](#)

Education

Submitted by Tomoyo Kawano, PhD, BC-DMT, LCAT, NCC

Welcome to our quarterly summer newsletter! I want to extend a warm welcome to the newly registered dance/movement therapists who have recently graduated from their approved program or completed their alternate route training. Congratulations! I wish you all the best in your new chapter as a DMT professional.

One of the main tasks of the Education Committee is to revise and maintain the ADTA Standards of Education and Clinical Training and to be able to disseminate the most current information on dance/movement therapy (DMT) education. As the committee continues to strive towards the development of up-to-date, evidence-based output based standards, I would love to hear about your educational experiences - as students, interns, supervisors, and educators, that can inform our efforts to be and do better. To keep the profession accountable to grow and support practitioners to engage in DMT from

not only a parochial, “scientific,” positivistic lens, the committee employs critical, transformative, and emancipatory paradigms that value the subjective, artistic, multiplicity of experiences and voices that is inclusive of the diversity of our membership.

In this edition of the letter, I highlight the collaborative efforts that members of the Education Committee are engaging in for the field to stay informed, engaged, and connected as we affirm the power of movement and its profound impact on healing and well-being. Enjoy the summer season and let the rhythm guide you!

Ongoing projects

The Approved Master’s Programs Subcommittee (AMPS) is taking a brief pause from the revision work of the Output Based Standards of the ADTA Standards of Education and Clinical Training. We will resume on August 28th. During our most recent meeting in June, we welcomed a new member, Heather Sutton, who seamlessly joined our passionate discussions. I am looking forward to continuing the work with Heather alongside Christina Devereaux, Valerie Blanc, Valerie Hubbs, Eri Millrod, Elise Risher, and Wendy Allen. Dr. Allen will be transitioning out of the work group as she begins a new chapter in her educational career. We thank her for her invaluable contributions to the revisions thus far. Her commitment to using her voice as a white ally and her capacity to listen and hold the larger picture while making space for nuances to be fleshed out has been much appreciated in our work together.

I have been gathering needed changes for our Input Based Standards for both approved master’s programs and alternate route education from various stakeholders. Input Based Standards are related to the content and resources of a program, the qualifications of faculty and supervisors, admissions processes, evaluations, student advisement, career resources, academic curriculum, clinical training requirements, and distance learning. Especially with the shift to the increase in virtual learning delivery options, there are many details to update for each of these areas that involve discussions with the Committee on Approval (thank you, Danielle Fitzpatrick). Please reach out to Tomoyo

Kawano: education@adta.org or Laura Allen at: areducation@adta.org if you would like to have a conversation or would like to hear more about getting involved with committee work.

For the conference presentation this year, the Education Committee will join forces with the Research and Practice Committee that aims to promote the growth of the profession through an examination of emerging knowledge in social justice, neuroscience, and rehabilitation to be integrated into DMT education. Stay tuned for more information!

Alternate Route Education Subcommittee (ARES) Updates (by Laura Allen, Chair of ARES)

ARES was very pleased to collaborate with the DMTCB and the ADTA Student Subcommittee to provide the first (virtual) R-DMT Credentialing Workshop on June 4th. The event was well attended and well received. For those unable to attend, the workshop will be available as a video on the ADTA YouTube channel and the robust Q&A spreadsheet that grew from the rsvp's will also be publicly shared. The event has grown into a next iteration with early plans in the works for a second event focused more directly on completing applications for the R-DMT credential itself, to be held late this year. Thank you and congratulations to the students who voiced this need and partnered with ADTA and DMTCB to bring it to life!

Last but not least, thanks to our Office Administrator, Isma Pervaiz and Operations Manager, Peter Koniuto, the AR portal is headed to a beta-testing phase. More on that soon!

DEI and Accountability Work

I have been engaging in many small group conversations on the cumulative injustices that students and colleagues experience daily. Many of the stories that I hear are about racial microaggressions where there is always that lingering doubt - "Was it, or was it not?" Would they have spoken to her in this manner if she wasn't...? Would he have questioned them if they were...? Incoming students of color have asked me: "Has the ADTA changed?" What would your answer be?



[Return to Top](#)

Credentials Corner from the DMTCB: Limited Time Amnesty Offer for Lapsed BC-DMT and R-DMT Credentials

The Dance Movement Therapy Certification Board (DMTCB) understands the unprecedented challenges that many of our professionals have faced due to the COVID-19 pandemic. We recognize that some of our colleagues may have had difficulty maintaining their credentials, despite their best efforts.

Therefore, we are pleased to announce that, for a limited time, we are offering an amnesty program for those whose credentials have lapsed over one or multiple years due to the pandemic. This amnesty program will be available beginning June 1, 2023, until December 15, 2023. During this time, all professional Dance Movement Therapists with lapsed credentials can have their credentials reinstated by renewing their credentials in the current year (the 2023-2024 cycle) without needing to pay for past years or accrue additional CEs.

Please note: the office must receive your reapplication by December 1, 2023 or it will not qualify for the amnesty.

We understand that some of you may have been hesitant to renew your credentials due to the financial impact of the pandemic. This limited

time offer is intended to provide some relief to those who may be struggling financially.

Please note that this amnesty program does not mean that we will be issuing refunds for those who have paid to keep their credentials up to date. However, for those whose credentials have lapsed and are interested in reinstating them, this is an opportunity to do so without incurring any additional costs for past years.

We encourage all of our colleagues with lapsed credentials to take advantage of this opportunity to reinstate their credentials and continue to practice as R-DMTs or BC-DMTs. If you have colleagues who might benefit from this amnesty program, please let them know about this opportunity.

Thank you for your continued commitment to the field of Dance/Movement Therapy.

[**Return to Top**](#)

Committee on Approval Submitted by Danielle Fitzpatrick, MA, BC-DMT

Time Passages...

"We all have our time machines. Some take us back, they're called memories. Some take us forward, they're called dreams." Jeremy Irons



A little bit of history: The Committee on Approval (COA) was established in 1979 as a regulatory branch of the ADTA to uphold the standards of dance movement therapy education. I can only imagine the work that happened to put this complicated process in place. For more information on the work that we do, click [HERE](#). Back then there were no emails, internet, or shared google docs... just dedicated individuals working it out face-to-face. To those who were on

that original team in 1979 and are still with us, we are so grateful. And we remember and appreciate those who now only live in our hearts who laid the foundations for this important work.

Fast forward to the present. Now everything lives in the cloud, meetings are on zoom, file-sharing is the norm, and technology keeps moving us faster and faster through time. I want to thank the ADTA Office Staff, Isma Pervais and Peter Koniuto, for their help in offering technological solutions that streamline our efforts, improve our efficiencies, and help us pass on the traditions of our early leaders but in a new 21st century way. This newsletter will outline a few of the advancements that are underway that tap into this new technology. I also want to recognize Susan Orkand for many years of dedication to the Committee on Approval and to dance therapy education. As the representative for Sarah Lawrence College, Susan spoke with clarity, led with heart, and inspired many important discussions on the committee. Susan was also the committee's representative on the DEI Task Force, a role that she embraced with passion and resolve. Susan is retiring and moving on to make time for new dreams. The COA expresses our wholehearted gratitude.



And as one person's time on the committee comes to an end, another is just beginning. I want to welcome the newest member of the COA, Heather Sutton, our representative from Naropa University. We are excited to have Heather on our team. If the work of the committee interests you, let us know! We are often recruiting reviewers for the COA and the Subcommittee for the Approval of Alternate Route Courses (SAARC). Being a part of a committee is often a personally rewarding way to give of your time.

The passage of time invites reflection and examination. My personal area of focus for the past few months has been around post-pandemic

issues related to ageism and ableism. These are areas that I think will need a lot of attention as we heal from our global experience of covid. I am honored to partner with the Education Committee to work on issues of accessibility advocacy in ADTA education. Based on the recommendations from the DEI Task Force, the COA is also taking the following actions:

- * Efforts to recruit diverse committee members
- * Removing financial barriers to being on the committee
- * New and enhanced data collection
- * Revisions to the approval review process
- * Encouraging exploration of international relationships
- * Developing better tools to onboard potential new programs
- * Increasing transparency regarding the role of the COA

Educational Opportunities:

APPROVED MASTER'S PROGRAMS

Approved Master's Programs are assessed by the COA members through the Self-study process and annual maintenance reviews. All aspects of a program, from admissions to job development, are assessed for compliance with the ADTA's comprehensive standards. There are 6 approved master's programs in DMT, and one program in Candidacy. Click [HERE](#) for information about ADTA approved programs. NEW this summer... all approved programs are invited to submit their annual maintenance report directly through the ADTA website. This new streamlined process will be launched this July. Please watch for emails explaining this new submission process.

ALTERNATE ROUTE APPROVED COURSES

Alternate Route Courses are reviewed by members of SAARC. The ADTA does NOT approve alternate route "programs." Singular courses are reviewed every 5 years for compliance with standards. All new courses must be submitted in compliance with revised standards effective immediately.

NEW this fall... all alternate route courses will be submitted directly through the ADTA website! Watch for communication about this new streamlined process coming soon!

These Alt Rte courses have been approved or re-approved since the last newsletter:

- Foundational Histories and Theories of Dance Movement Therapy, taught by S. C. Orkand and S. B. Wang.
- LMA II—Body & Effort, taught by S. Hurst.
- Dance Movement Therapy Theory and Practice 1: History and the Originators, taught by A. Jacques.
- Dance as Therapy: An Introduction, taught by T. Erfer and P. Capello.

If you currently offer a course that was approved in 2015 & 2016, please submit a course revision to SAARC by December 31, 2023. There is no fee for revisionary approval.

[**Return to Top**](#)

Members at Large

**Submitted by Central MAL Bria Campbell, LPC, R-DMT;
Eastern MAL Rebekka Dieterich-Hartwell, PhD, BC-DMT,
LPC; Western MAL Voniè Stillson**

Hello everyone!

Happy spring and early summer to you all and many greetings from your MALs, Bria, Voniè, and Rebekka! We hope you and your loved ones are doing well and taking time to dance, move, and make art!

Some of the things that have been happening on our end are several “Meet and Greet” with local board members and national board members, including ADTA president Dr. Angela Grayson, ADTA treasurer Dr. Jacelyn Biondo, ADTA PR chair Sara van Koningsveld, and Standards and Ethics Committee Chair Selena Coburn and members Neha Christopher, Douglas Cornman, Hang Yin Candy Lo, Megz “XaHara” Roberts, and Lauren Milburn. We were excited to offer these

opportunities in order to create extra support and connection for the local chapters. Thank you to all who came to these virtual meetings! Voniè has been an active part of the Conference Planning Committee and is working to bring an authentic and inclusive lens to this process. The MALS are excited to be joining with Cashel Campbell, Annette Suriani and Stina Hoberecht to bring a new approach to events at the upcoming ADTA Conference in October. More details to come as the conference (November 9-12 in Denver, CO) approaches .

Bris has recently met with the students of the first class at Brenau University. The Southern Chapter hosted their chapter meeting welcoming the new students to the chapter and creating opportunities to strengthen community and connections.

Continuing to do our work in relationship to privilege, social justice, diversity, equity, and inclusion, Voniè listens to a variety of podcasts around various JEDI topics including Native America Calling, Our Body Politic, Devotional Anarchy and The Sunflower Conversations among others. Voniè continues to advocate and support LGBTQIA+ individuals in accessing affirming mental and physical health care. She also continues to engage in conversations both within the ADTA and in the wider world about the difference between one's intent and the impact of their words/actions and the ripples they have. Rebekka was able to engage first hand in religious diversity education in Sarajevo, Bosnia. She also continues to listen to podcasts around JEDI topics including the podcast Code Switch.

We wish you a beautiful summer time! Please reach out to us with any questions, victories, and challenges!

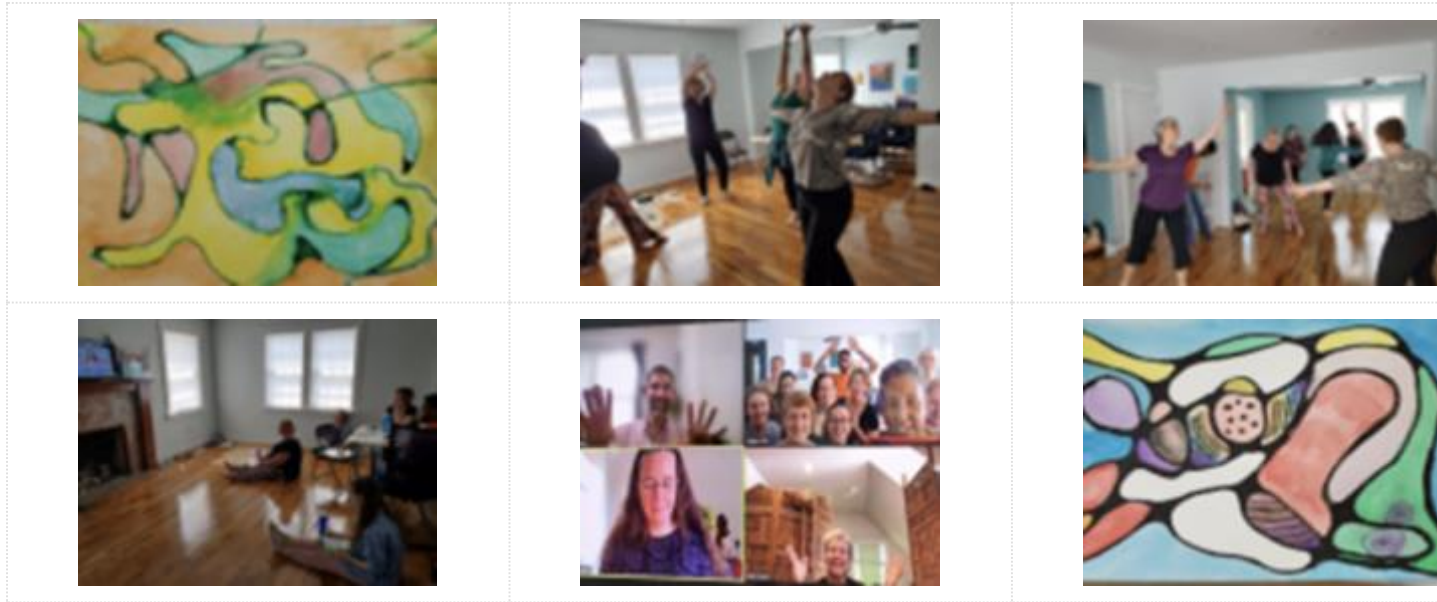
Warmly,

Bria Campbell, Central MAL centralmal@adta.org

Rebekka Dieterich-Hartwell, Eastern MAL easternmal@adta.org

Voniè Stillson, Western MAL westernmal@adta.org

Carolina Chapter of the ADTA



Spring Workshop

It was a hybrid event with three virtual participants and 11 in-person attendance. We learned about and engaged in “Neurographic Drawing” as well as “Doodling your Emotions”. Our guest speaker, Maritza Parra, shared various approaches to creative arts in enhancing changes. We were able to expand on these approaches to incorporate movement intervention as ways to work with various populations in therapeutic movement and movement therapy sessions.

May Hangout

Four members joined our virtual hangout this May. Virginia Hill presented an approach of integrating authentic movement and brainspotting to create a whole self exploratory experience. We discussed ways to implement these techniques within our practices across populations as well as our own experience after engaging in an experiential led by Virginia.

Upcoming Annual Chapter Meeting

We will be holding our Annual Carolina Chapter Meeting on June 11th at 3pm. At this meeting, we plan to share announcements, hold a vote for new board members, discuss highlights from the year past and what we imagine our next year will hold, and have conversations about ways we can continue growing and strengthening our chapter.

Summer Workshops

Angela Wiley, our current Vice President, will be sharing an impulse reduction model she has developed based upon KMP concepts on Saturday, July 22nd from 9am -5pm. She will also present a private practice workshop on Sunday, July 23rd from 9am-5pm. Additionally, Angela is planning on presenting a workshop on supervision, particularly sharing insight on the transition from supervisee to peer on August 5th from 9am to 2pm. All are planned to be in person with online options. More details to come in the future.

Well wishes to all!

CCADTA Update

Hello from the California Chapter of the ADTA! We hope you've been having a wonderful spring and are gearing up for summer!

We have had an exciting couple of months, including holding the first in-person event since 2020 in Southern California! It was great to see everyone's faces and it was thrilling to see the energy and rich discussion that was held between the dance therapists in California. We look forward to holding many more events in the future and providing opportunities to connect with DMT's in the area. We also have an event for NorCal coming up the weekend of July 15/16, so please save the date! We will provide more information as soon as possible.

As this year is coming to a close, we are beginning nominations for people who are interested in being on the board for the 2023-2024 season. These elected positions available are:

President

Secretary

Treasurer

Southern CA Programming Co-Chair

We also have appointed positions currently open:

Government affairs

Communication Co-Chairs

Nominations/Elections Chair Committee (Not required to attend monthly meetings)

Education Chair

MDC Liaison

Student Representative

If you have questions about any of these positions or feel a position calling your name, please submit an email to ccadta@gmail.com. We look forward to hearing from you! For the elected roles, please be sure to email us by June 16th.

To stay up to date and connected with all the happenings of the CCADTA, you can find us on Instagram @ccadta, Twitter @cc_adta, and Facebook as California Chapter of the American Dance Therapy Association. For email updates and reminders, please visit our website at www.ccadta.org and sign up for our email updates.

[**Return to Top**](#)

Marian Chace Foundation

Submitted by Jane Wilson Cathcart, BC-DMT; Ann Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT

Marian Chace Foundation

SUPPORTING THE DEVELOPMENT OF DANCE/MOVEMENT THERAPY
THROUGH RESEARCH, EDUCATION AND SCHOLARSHIP

The Marian Chace Foundation's Board of Trustees continues its practice of affirming diversity, equity and inclusion while fulfilling its mission to support the development of Dance/Movement Therapy through research, education and scholarship.

THE MARIAN CHACE FOUNDATION LECTURE 2023

The Trustees are delighted to announce that Nalini Prakash PhD, BC-DMT, CMA will be the Marian Chace Lecturer at the 2023 ADTA Conference in Denver this November

We also look forward to the **Research Poster Session** immediately following the Lecture

Marian Chace Foundation Scholarship Initiative

The Marian Chace Foundation has established an annual scholarship for each of the Graduate Dance/Movement Therapy Programs. These are in the final stages of being established for the 2023-2024 Academic year.

ADTA Talks - All translated into Spanish

The ADTA Talks Project first began in 2013 when the Foundation funded a grant from Dr. Sherry Goodill and Lora Wilson.

Dr. Nana Koch has subsequently been awarded grants to subtitle eight of these ADTA Talks into Mandarin Chinese and Spanish (2018) and Korean and Japanese (2019).

Now, with her recent 2022 grant to add Spanish subtitles to the remaining 19 ADTA Talks, all of the 27 ADTA Talks will soon be available on the ADTA YouTube channel.

The Trustees eagerly anticipate their release in the very near future.

THE MARIAN CHACE FOUNDATION ANNUAL AWARD FOR SCIENTIFIC AND EDUCATIONAL JOURNALISM

This award is based on theses, dissertations, or research projects required for a degree completed and conferred within the past five years and may include updated material. Papers should have no more than two authors.

The award carries a \$500 honorarium.

If you wish to be considered for the MCF Journalism Award please send an email to Lynn Koshland,

Secretary, Marianchacefoundation@gmail.com to request the procedural guidelines.

PUBLICATIONS

The Marian Chace Foundation publications are available for purchase on BIBLIO: https://www.biblio.com/bookseller_info.php?d=3979485

DONATIONS TO THE MARIAN CHACE FOUNDATION

We are grateful for the donations, big and small, which so many of you contribute in support of the MCF mission. Your generosity provides funds for the various grant proposals received each year and sponsors the Annual Marian Chace Foundation Lecture at the in person ADTA conference, and other special events including the new Scholarship Initiative.

You may donate here: <http://tinyurl.com/mchacedonate>

Our mission is to continually grow and support our profession.

Donations received March 1, 2023 – May 31, 2023

PARTNER (\$100 - \$499)

- Ann Lohn - In loving memory of Cathy Pasternak
- Susan Kleinman - In memory of Iris Rifkin-Gainer and Catherine Hamilton Pasternak and their many contributions to the development of the profession
- Jane Wilson Cathcart - Honoring the memory of Pamela Fairweather

CONGRATULATIONS TO THE 2023 GRADUATES

Congratulations to all those who have just graduated from the various DMT programs. We welcome you into the profession and wish you all the best!

PRESIDENT	SECRETARY	TREASURER	OUTREACH	PAST PRESIDENT
JANE WILSON CATHCART	LYNN KOSHLAND	ANN LOHN	SUSAN KLEINMAN	SHARON CHAIKLIN
EMAIL MARIANCHACEFOUNDATION@GMAIL.COM		MAILING ADDRESS 976 EAST 200 SOUTH, SALT LAKE CITY, UT 84102		

[**Return to Top**](#)

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via email to secretary@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs.

The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be no more than 2 ½ pages when submitted as a Word document
- Do NOT send material in the body of the email
- The subject heading of the submission email should read "ADTA Newsletter Submission"
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

[**Return to Top**](#)

Newsletter Advertising Information

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below.

Save 20% when you advertise in 4 issues!

Single issue rates are available. Submit ads to publicrelations@adta.org.

Member Rates

- Single – \$100
- 2 Issues – \$175
- 4 Issues – \$300

Non-Member Rates

- Single – \$150
- 2 Issues – \$275
- 4 Issues – \$500

[*Return to Top*](#)