



Current Newsletter

Volume 54, Issue 3: Fall 2020

A few words from the Newsletter Team: *Happy Fall from the ADTA! We hope you enjoy this edition of the newsletter and learning about the work the board of directors and Association have been doing on your behalf! Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.*

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**Board Report: President
Submitted by Margaret Migliorati, R-DMT**

Dear Members:

It is with many feelings that I find myself writing my final newsletter report to you. The past six years of my tenure has seen the ADTA both celebrate the achievements of our 50th birthday as well as undertake the difficult process of deep cultural change. In the past year alone, the ADTA has completely transitioned our operations model, continued to operate and support our membership through a pandemic, and prioritized the long-overdue work of racial reckoning.

Let me just state the obvious here: change is hard, and it is exhausting. Change is messy, it is controversial, and it is imperfect; it will move too quickly for some, and too slowly for others. I was recently pointed to the latest episode of Brené Brown's podcast Unlocking Us titled "[Day 2](#)" (thank you Jessica Young!) in which she talks about the necessary pain of change. Specifically, "Day 2" refers to when you are in the middle of an initiative or change process. Here is how Brené describes it:

"The middle is messy, but it is also where all the magic happens, all the tension that creates goodness and learning. There is research

that says if learning is not uncomfortable, you are not really learning; this is the seat of discomfort in Day 2.”

Right now, the ADTA is right, smack-dab in the middle of multiple Day 2's: transition from a 50-year in-house staffing model and the retirement of a 25-year staff member? Day 2. Managing ADTA business during a pandemic? Day 2. Racial reckoning and the work of creating a truly equitable and inclusive culture within the ADTA? Day 2.

Brené offers four suggestions for helping navigate the waters of Day 2:

- *NAME IT*: see above; no question the ADTA is in a whole lot of Day 2's all at once
- *NORMALIZE IT*: As Brené discusses in the podcast, there is no way to avoid the pain, confusion, and conflicts of Day 2. Rather than this discomfort being an indication that something is wrong, it is simply a sign that we are in the middle of the process of change.
- *PUT IT IN PERSPECTIVE*: Day 2's do not last forever; we will move through this.
- *REALITY-CHECK EXPECTATIONS*: Day 2's will end, but it takes time, hard work and perseverance.

One of the difficult parts of Day 2's and being in the middle is the recognition that turning back is no longer an option, that the only path is through and forward. But I also take heart in understanding that the path is moving forward, and that while we are currently in the pain of the deaths of certain ways of being, rebirth and new life always follow death. I may be a bit biased when I say this, but who better to deeply understand this process of transition, of death and rebirth, than dance/movement therapists?

Though I will be leaving the board soon, my commitment to the ADTA remains steadfast. I look forward to joining you as simply another member working together towards a future in which the ADTA is a vital,

dynamic, diverse, equitable and inclusive home where all dance/movement therapists can prosper and thrive.

The Days Ahead; Addressing Some Fears

I understand that with all the changes in the past year, and with the resignation of President-Elect Paul Sevett as he was poised to take the role of President, the ADTA is in much uncharted territory. I have heard and appreciate some members' fears about both the stability of ADTA leadership and its financial stability.

First, regarding leadership, the Board of Directors is comprised of 14 members who work together to make decisions and lead the ADTA. Of those 14 members, nine will be continuing on the Board after terms change at our annual business meeting in October. These nine members, which includes four members of the Executive Committee, have been working in tandem with Paul and me in this past year and are prepared to continue their leadership into the next year. I will also remain in the role of Past President to provide support and further continuity. Finally, we will remain supported by the steady hand and partnership of our staff at Capitol Hill Management Services. While I understand there have been growing pains in the change to our new staff model, these were expected given the complexities of transitioning 50 years of operations. And this transition happened while we had to simultaneously learn how to deal with the new realities of running the ADTA under COVID restrictions. The Board's relationship with our staff is strong and their professional support and guidance are an essential asset to the ADTA during these challenging times.

In terms of finances, I would like to assure you that the ADTA is financially stable, even in the midst of the pandemic. The Board took a very conservative approach to our 2020/2021 budget due to anticipated

budget shortfalls from COVID. The Board eliminated all travel spending in the next year as well as many other expenditures. Thankfully, we were able to negotiate canceling our conference in Montreal this year without any financial penalties, which means the worst-case financial scenario the Board planned for was avoided.

We have heard you about your desire for more transparency in the ADTA budget and spending and we agree. The Board will be updating the budget at our fall meeting in October to reflect the changes in our conference and will share the new budget in the business meeting as well as post it permanently for members on the website.

Virtual Conference

Speaking of the conference, as the saying goes necessity is the mother of invention. The Annual Conference Committee has planned an incredible virtual conference experience for you which combines the best of live events with recorded, on-demand workshops you can view in your own time. We worked hard to create several pricing structures to make the conference affordable given the realities of reduced income during COVID. Please go to the 2020 Virtual Conference Page to learn more and [register](#). Registration rates go up on October 1st so don't wait!

Thank You to Paul Sevett

There are no words to describe my gratitude for Paul as we have worked side-by-side for the past three years. Paul is kind, funny, insightful, wise, and able to sit with discomfort and change. Paul holds uncertainty and contradictions with grace. His inner well is deep, and I have witnessed him draw from that well repeatedly as a leader. I have been humbled by his integrity, willingness to change and unflagging commitment to the ADTA. I, and the ADTA, will forever be better for Paul's leadership. Thank you, Paul.

Final Thoughts

You will be seeing far less of me in the lead in my final month in role as I work behind the scenes to ensure as smooth an operational and leadership transition as possible during these unprecedented times. It has been my honor to serve on the Board for nine out of the past 10 years. Those who know me may have heard me describe my leadership experience in the ADTA as a combination of a PhD program and spiritual bootcamp. All of this to say I have grown immensely both professionally and personally and am grateful for the privilege to have served the place that has been my professional home for the past two decades.

In solidarity and with gratitude,
Margaret

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Board Report: Treasurer **Submitted by Jacelyn Biondo, Ph.D., BC-DMT, LPC**

Although I am a Board Member and a member of the Executive Committee, I am first simply writing as myself: Jacelyn Biondo. Movement has been so rapid as of late. In a Social Media generation, I fell into the notion that immediacy was necessary. When what is truly necessary is meaningful connection. I got caught up in my own fear, my own self-doubt, and perceived inadequacies. After receiving dozens of harshly written, very unkind letters from the ADTA membership and being directed to view disrespectful, hurtful Social Media Posts, I admit I felt somewhat defeated. I am trying not to personalize these slights of my character, my ethics, and my leadership abilities. However, the

divisiveness of our membership saddens me. To quote Mimi Berger, “The ADTA is a circular firing squad. We are taking aim at one another.”

However, when things get difficult, I have an opportunity to learn. And what I am reminding myself of is our innate desire to be seen and heard. I have been connecting with ADTA members and one reminded me that the membership needs to see the humanity of the Board of Directors. So, with those words in mind I will share a bit of my first year serving on the Board of Directors of the American Dance Therapy Association.

At my first board meeting I was asked to consider my vote in moving from our office staff to a management organization. I did not feel qualified to hold such power. I considered abstaining from my vote for this reason but quickly decided rather, to do as much research as I could. I engaged in conversations with past and current board members to better inform myself. I was intentional about separating feelings of nostalgia with objective data. I read statements and contracts and emails and came to a very difficult decision that I felt was in the best interest of the membership and of the future of the organization that felt like home to me. That very tearful vote was my entry into the ADTA Board of Directors. I whole-heartedly stand by my decision to vote for a transition to Capital Hill. Knowing now what I do, I would most certainly cast the same vote today proudly and confidently.

Little did I know that would not be the last tearful decision made on the Board of Directors. Most recently, the Board sat together and received Paul’s resignation. The decision clearly was not made easily or hastily by Paul. As my eyes darted across tiny Zoom tiles of the Board members I noticed eyes filling with tears. Change is most certainly difficult; however, it is equally necessary. I have recently been asked many times why we accepted Paul’s resignation. I can only respond for myself, and not for the Board. When someone makes a statement, I listen deeply. Any

response to Paul's resignation other than, "Thank you and we support your decision" seems selfish and disrespectful. I openly accepted Paul's resignation. I think it was the best choice for Paul and for the membership, of whom I serve and represent.

Our next decision was also difficult. How do we proceed when a plan is not clearly outlined in our Bylaws? The Executive Committee met, the Board of Directors met, and many conversations ensued. Collectively, we thought that whomever moved into the role of President should have recent Board experience, particularly with the myriad of changes and challenges we had been enduring. We were all also very clear that the work that Margaret had been doing for the past 3 years was that of at least 10 people. We all had witnessed Margaret making decisions in the best interest of the organization that we may not have been courageous enough to do ourselves and that is a scary position to consider. No one on the Board was willing to volunteer themselves to step into such a committed role. What seemed like the best option was to share leadership temporarily. With Dr. Angela Grayson being installed as President-Elect in October, poised to be our first Black President of the ADTA, we did not feel it would be appropriate to have her surpass her President-Elect role and move directly into Presidency. This would not only be an undue burden on Dr. Grayson, but also diminish her time in a leadership role. A temporary solution was to give shared leadership responsibilities to the Executive Committee for one year with an evaluation after the first 6 months including input from the Board of Directors and membership. I feel honored to be moving into this shared role with Joan Wittig and 3 Black women: Dr. Charné Furcron, Dr. Angela Grayson, and Ambria Cunningham. This is an historic moment for the ADTA, and I am humbled to stand with these amazing women.

My first year on the Board of Directors has been difficult, coupled with personal challenges, COVID-19, and social unrest. And with those difficulties I am afforded opportunities to learn and grow and for that I am

thankful. I want you all to know that I am making my decisions as a member of the Board of Directors with you all in mind. Each one of you. Equity cannot contain exclusivity. We need to be able to listen to all voices that are expressed with no ill intent. I believe we can work from the foundation that the history of the American Dance Therapy Association and move toward a more inclusive and just organization that welcomes and holds authentic space for all members.

I am honored to be on the ADTA Board of Directors and Executive Committee. I am delighted to be representing you all in these horrific times and to be forging our field in positive, progressive, uncharted directions. I am hopeful that we can come together and see and hear and support one another. All of us. Equally. I encourage you all to make connections and have conversations with one another. Sit with one another and listen deeply.

Now onto Treasury business:

Transitions continue; fluctuation continues; uncertainty continues. We are all trying to improvise with the myriad of changes and the ADTA Treasury is trying to keep up. More than anything, I hope that you all are doing your best improv as well and are remaining healthy and inspired in today's world.

As Treasurer, I, along with the entire Board of Directors, understand the financial hardships our community is facing at the hands of the economy, high rates of unemployment, and job disruptions attributed to the COVID-19 pandemic. Treasury has been hard at work deliberating ways in which we can be mindful and supportive of the membership's financial needs. We were delighted to be able to offer a discounted membership fee to our entire members as a small gesture of our support. Consideration was also taken in pricing for our upcoming Virtual Conference where you will find financial options to fit varying budgets.

We are constantly researching and discussing ways in which we can continue to financially support our membership. Please keep your eyes open for a very brief survey developed by the Budget and Finance Committee, which we will be sending to membership to collaborate on new ways to allocate our funds.

I have received some inquiries regarding the transparency of the budget. Each year financial information of the ADTA is shared at the Business meeting held during the conference and open to the public. I hope you will join us. Currently, my top priority is managing the upcoming ADTA budget, which will be made available to the membership shortly after our Fall Board meeting, scheduled for two days just prior to our virtual Conference in October.

As a reminder, the ADTA is a 501(c)6, which means that your donations may be written off as a business expense rather than as a charitable donation. Please consult with your financial advisor regarding individual circumstances around write-offs.

I wish you all wellness, happiness, and creativity.

Jacelyn Biondo, PhD, BC-DMT, LPC

ADTA Treasurer

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**Board Report: Multicultural & Diversity Committee
Submitted by Charne Furcron, BC-DMT**



We are again deeply saddened and angered as we followed the Facebook threads of the white membership who are blaming black DMTs for the president-elect's resignation. Here we are again -- white membership perpetrating harm on our Black bodies. Systemic racism thrives in the absence of action. (Click image for video - Systemic Racism Explained)

As Dance/Movement Therapists and members of the Multicultural and Diversity Committee, our Black DMTs have been extremely vocal now and



in the past about the harms experienced within our profession and in society. Collectively many have expressed feeling angry, drained, tired, hurt, some simply numb. In August 2020 within the ADTA, we are still experiencing the continued racism and white supremacy that directly lands upon our bodies.

“But all our phrasing race relations, racial chasm, racial justice, racial profiling, white privilege, even white supremacy, serves to obscure that racism is a visceral experience, that it dislodges brains, blocks airways, rips muscle, extracts organs, cracks bones, breaks teeth. You must never look away from this. You must always remember that the sociology, the history, the economics, the graphs, the charts, the regressions all land, with great violence, upon the body.”

- Ta-Nehisi Coates

Those who have historically and generationally been at the hands of our death through brute force, food injustice, economic, housing, mental health, and medical disparities need to speak out against it now and simply just stop killing us. Black people have been dying, marching, fighting, for over 400 years, this is not just about black people; this is an atrocity to human rights.

We continue to be exhausted, angry, and hurt; it is time for all those who assert that they are white allies to step up! Speak to your peers, let them know how wrong and dehumanizing these experiences are.

In solidarity and with love, Charne and Ebony

Disability Access Affinity Group Forming

We would like to inform the dance/movement therapy community that there is a Disability Access Affinity Group forming within the Multicultural and Diversity Committee of the ADTA. Our group will serve as both a space to connect and support each other as well as to educate and ensure the ADTA will improve accessibility and inclusion for all members. Through transforming the ableism inherent to

dance/movement therapy theory and practice, we celebrate the healing wisdom of all bodyminds.

We invite dance/movement therapists who identify as disabled, Hard of Hearing, Deaf, Blind, mad, sick, chronically ill, neurodivergent, crip, and/or dance/movement therapists who live with a disability (visible or invisible, physical, mental, or learning), hearing differences, vision differences, chronic illness, chronic pain, neurodiversity, cognitive processing difficulties, mental illness, mental or physical health condition, and/or dance/ movement therapists who survived or are currently surviving the medical industrial complex. Our group is guided by and committed to the 10 principles of Disability Justice as outlined by Sins Invalid (2015): <https://www.sinsinvalid.org/blog/10-principles-of-disability-justice>

If you would like to join the Disability Access Affinity Group, please email: DisabilityAccessAffinityGroup@gmail.com

MDC TURNS 10!!!

This year marks the 10th Anniversary of the American Dance Therapy Association's Multicultural and Diversity Committee (MDC). In lieu of the times and the ADTA's decision to transition to a virtual conference, the MDC decided to consolidate the Annual General Meeting, Shared Space and Intergenerational Lunch into one celebratory event. To commemorate this formative decade and our growing community, the MDC Shared Space Curators is excited to host the MDC's first (Virtual) Rose Gold Reception that will center and celebrate the historical and current work and collaborative community of this multifaceted committee. We look forward to being in community with the larger MDC members, the respective MDC Affinity Group members and non-MDC/non-ADTA members/conference participants who self-identify with the mission and demographic of the MDC as we transform the MDC Annual General Meeting to honor 10 years of diverse and inclusive change leaders and community, both past and present.

MDC ROSE GOLD RECEPTION

HOSTED BY THE MDC SHARED SPACE CURATORS EVENT REGISTRATION DETAILS

The MDC Rose Gold Reception will be held LIVE on Saturday, October 17th 2020 from 12PM - 3PM EST. Pre-registration is required for all participants. We ask that interested participants review the MDC mission and respect the collective ask of the MDC that this celebratory space be prioritized for MDC Members and persons who self-identify with the MDC mission. Persons who would like to attend this live event but not the ADTA conference can email adta.mdc@gmail.com for a non-conference/non-MDC participant registration link with the subject title Rose Gold Reception. Please be advised that this event will be recorded by MDC leadership for historical archiving. Also note for your own planning purposes that this reception will be overlapping with the prerecorded International Panel.

MDC Shared Space Curators:

Stefanie Belnavis, LMHC, R-DMT

Ambria Cunningham, MA, LPC, NCC, R-DMT

Melody Gamba, MA, R-DMT

Native American Affinity Group (NAAG)

Selena Coburn, MA, R-DMT, LPC, - Native American Affinity Group Coordinator

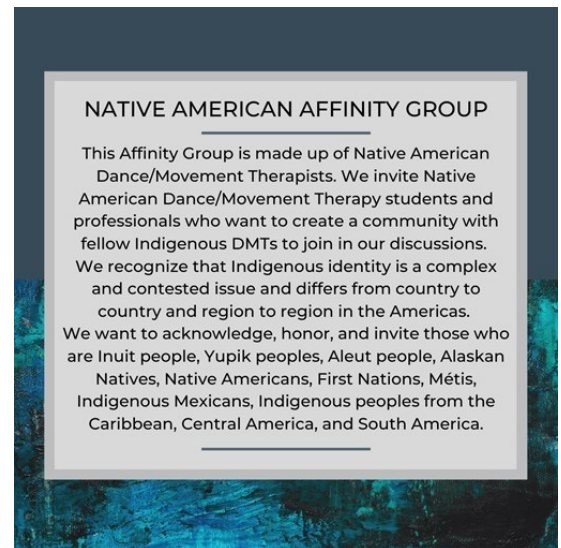
The Native American Affinity Group (NAAG) is excited to announce two new communication platforms!

1. We have a new email address: nativeamericanaffinitygroup@gmail.com
2. We now have our very own NAAG Instagram account: [naag.dmt](https://www.instagram.com/naag.dmt)

The purpose for our Instagram account preceded its development. While discussing the use and goals of a social media account, such as Instagram, we decided that we wanted to create an account that provided:

- Awareness and support for Indigenous peoples globally
- Information about some of the current Native experiences in the Western Hemisphere
- A look into the significance of movement and dance in Indigenous cultures
- Examination of ways we can decolonize mental health practices
- A platform to support the other Multicultural and Diversity Committee Affinity Groups
- Resources for Native dance and movement research

Please check out our Instagram account and feel free to contact us with any questions!



Multicultural & Diversity Committee Inviting Spirituality and Religion into Dance/Movement Therapy

Angela M. Grayson, PhD, LPC, BC-DMT, NCC, - Spirituality and Religion Affinity Group Coordinator

At the conclusion of the 2019 Annual Conference in Miami the revival of the Multicultural and Diversity Committee Spirituality and Religion Affinity Group has been in full swing. Over the course of the year, we have held three meetings and two virtual healing circles that we have deemed

“Creating a Sacred DMT Space” where we invited attendees to share through dance, song, meditation, poetry and prayer. The first of these powerful, beautiful and enriching offerings, “Healing the Wounds of Racism and COVID-19,” was focused on systemic racism, police brutality and the devastation of COVID-19 while the second, “Global Healing and Prayer,” was a call for global unity, prayer and healing. It is our hope that as the culture of the ADTA and dance/movement therapy profession continues to evolve and transition, that we “Create a Sacred DMT Space” to facilitate healing on the most basic level - love for our fellow DMT students and colleagues. Through these offerings, it is with great excitement that I announce the re-invigoration of the Spirituality and Religion Affinity Group!

As we continue to expand and learn from one another, we invite you to join us if you feel so lead. It is our hope that we can create an inclusive safe/brave space to share, learn, support and empower. This group is for anyone who:

- Engages in a spiritual lifestyle and/or religious practice
- Incorporates spirituality and/or religion into dance/movement therapy practice
- Seeks new relationships with people traveling different or similar spiritual paths in the dance/movement therapy community
- Explores new ways of helping clients value, think about, and experience spirituality

To join the Multicultural and Diversity Committee Spirituality and Religion Affinity Group, please contact us at dmtspiritualitygroup@gmail.com.

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Board Report: Ethics
Submitted by Joan Wittig, BC-DMT, LCAT

Greetings to all ADTA members from the Standards and Ethics Committee: Joan Wittig (Chair), Angela Grayson, Aisha Robinson, Rosey Puloka, Stefanie Belnavis, Candy Lo, and Neha Christopher. We would like to offer congratulations and thanks to all the newly elected ADTA board members, in particular Dr. Angela Grayson, our new President-Elect.

We would also like to offer our deep gratitude to those members of the S&E Committee who will be rotating off the committee in October:

- Dr. Angela Grayson will be stepping into her new position of President-Elect after serving 9 years as a member of the S&E Committee.
- Aisha Bell Robinson will be stepping down after serving 9 years as a member of the S&E Committee.
- Stefanie Belnavis will be stepping down after serving 3 years as a member of the S&E Committee.
- Rosey Puloka will be stepping down after serving 3 years as a member of the S&E Committee.

Angela and Aisha were an integral part of the revising of the Code of Ethics during their time on the committee. Stefanie and Rosey have helped shape the vision of the committee as it now exists. We are grateful for the insightful and thoughtful efforts each of these women have made on behalf of the membership of the ADTA. The work they have contributed during their tenure as members of S&E has had a profound impact on the functioning of the committee.

The S&E Committee is recruiting new members to fill the vacancies created as a result of the above resignations:

The Standards and Ethics Committee of the ADTA is now accepting new member applications!

The purpose of the Standards & Ethics Committee is to set forth ethical standards for practicing dance/movement therapists, and to clarify what ethical practice for dance/movement therapists is as questions arise. In carrying out its responsibilities, the committee aims to protect and safeguard the experiences of Dance/Movement Therapy students, professional providers and service users by addressing all formal and informal complaints of harm and malpractice brought to their attention. The Committee strives to support Dance/Movement Therapy clinicians, students and protect clients as they seek to achieve the transformations through DMT. The standard and ethics committee values and aspires to embody the following as it carries out its functions;

Cultural humility

Non-maleficence

Anti-oppression

Anti-discrimination and

Equity

The current committee chair is Joan Wittig and current committee members are Aisha Robinson Dr. Angela Grayson, Candy Lo, Neha Christopher, Rosey Puloka, Stefanie Belnavis. You can read more about each committee member here: <https://adta.memberclicks.net/standards-and-ethics-committee>

Written below are some details about The S&E Committee:

- Maximum number of members: Chair plus 6 members
- Number of seats open for professional members: 4
- Duration of term: 3 years (October to October) - After the first 3 years, committee members may stay on for no longer than 2 more consecutive terms (i.e., 9 years total)

The minimum requirement to apply to the committee is:

Be a professional member of the American Dance Therapy Association
Have an innate desire to discuss and share knowledge on ethical dilemmas

- The following is expected from members of the S&E committee:

Attend committee meetings, held once every 2 months for 1.5 hours

Follow up with assigned/given tasks

Maintain confidentiality on all discussions within the committee

Openness to their own ethical biases and framework

Ideation and advocacy around creating safety in addressing ethical dilemmas within the ADTA

- Benefits of joining the committee include:

An opportunity to be involved in the growth and reformation of S&E towards true inclusivity

Committee members can attribute 10 CEU's per 5 year cycle to their work in the S&E Committee

- Process of applying:

Please email your most recent CV and a 250 word statement of intent to ethics@adta.org by September 20th 2020

ADTA members will be receiving an email with this information for those who might be interested in serving on the S&E Committee.

Since our last newsletter, the country continues to struggle with the pandemic affecting the health and well-being of every person on earth. In addition, we in the United States are grappling with ongoing racial violence, in particular police violence toward Black and Brown people, as evidenced by the blatant murders of Ahmaud Arbery, Breonna Taylor, and George Floyd; and the recent shooting of Jacob Blake. This police violence is supported by an alarmingly large number of Americans, and is an urgent issue requiring action on the part of every member of the ADTA.

The S&E Committee stands with our BIPOC members, in particular our Black members, as well as all our members from under-represented and disenfranchised groups, and all the members of the MDC Affinity Groups

as the ADTA works to address issues of white supremacy and oppressive culture within our organization, and in the world at large. The conditions in the world right now, both the pandemic and the ongoing racism and violence, present challenges to us as DMT's in our clinical practice and in our every -day behaviors. Now more than ever it is so important for every one of us to hold to our ethical standards. We urge you to take care in the ways in which you communicate with each other, particularly on social media. We urge each of you to review the Code of Ethics you agree to abide by each year when you renew your membership and your credentials. In particular we urge you to review section 5.0, Obligations to the Workplace and Colleagues; and section 6.0 Advocacy and Promotion of Social Justice. We urge you to remember that we are allies, colleagues, fellow human beings, and to withstand the pressure the current leadership in this country places on us to forget our humanity and our commitment to equity and respect for every person.

We hope you will have a chance to participate in the upcoming virtual conference, and invite you to view our presentation: Who Decides What Ethical Practice Is: Power Dynamics in Prescribing What Is or Is Not Ethical Practice.

The S&E Committee welcomes any and all communication from our members. Please feel free to contact us with any thoughts, questions, or concerns you may have. You can contact us at ethics@adta.org.

Respectfully submitted,

Joan Wittig BC-DMT, LCAT
Chair, Standards & Ethics

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Board Report: Public Relations
Submitted by Angie Yemma, MS, LCAT, BC-DMT

The PR committee has been busy promoting ADTA 55, Alzheimer's Awareness Month, Childhood Cancer, Suicide Awareness, National Recovery Month, and many more awareness days that the ADTA promoted to advocate for the use of dance/movement therapy! We are also actively promoting our ACT NOW campaign which aims to bring awareness to racism, white supremacy, & Black Lives Matter. Join us in promoting Dance/Movement Therapy and our ACT NOW campaign by following our Social Media handles and sharing the information.

Instagram: ADTAorg

Twitter: ADTAorg

Facebook Group: <https://www.facebook.com/groups/516042972196519/>

LinkedIn: American Dance Therapy Association

YouTube: ADTAorg

FACEBOOK PUBLIC GROUP:

Join the PR committee in streamlining our Facebook group! As mentioned in the Facebook group, we are making changes to posting guidelines, in order to streamline information. Let us start with stating: these changes in no way impact open communication, discussion, or engagement with others that fall within the purpose and general rules of the group. Each member of the ADTA Group is required to accept these rules upon joining and they are available to you at any time in the "About" tab on this page. Above all, this group is to discuss and share information about the field of Dance/Movement Therapy (DMT) and related content.

If you see the daily post you can comment and discuss based on the theme of the day. If you happen to miss a day, you can always go back to find the day you missed and comment. If you want to find information from a previous day/week, it will remain active as a post in the timeline of the group. Here are the daily themes:

- **Monday Motivation:** Inspirational quotes, memes, videos, including your favorite dancing videos and DMT thoughts.
- **Promotion Tuesday:** Have an event, workshop, CE course, alternate route program, etc. that you want to talk about? -This will be your time to share.
- **Working Wednesday:** Are you hiring? Do you know someone who is hiring? Are you looking for work in DMT or related fields? Post details on this day and thread.
- **Thursday Readings:** Articles, blogs, podcasts, magazine publications, et al are welcome on the reading and resources post.
- **Follow Friday:** Share your social media links and recommendations. If you are building a following for yourself, your company, or your brand, post your Facebook, Instagram, LinkedIn, Twitter, website links so we can support your journey!

With these daily posts (there will be a graphic and a prompt), the only change will be the reduction of individual posts outside the themes. - Think of this as a virtual filing system/rolodex; all of the links and sites under one heading and theme each week. -Ultimately, this is to make information more easily accessible for YOU! And streamline a search for someone who may be looking for a job, CE workshop, or DMT resources.

EX: You want to promote your workshop. -Find the most recent Promotion Tuesday post and share in the comments. Automatically, your comment will bump this post to the top, for people to view the next time they come to the page!

Outside of these 5-repeating themes, if you have other content or discussions you would like to start, you are welcome to share. As will

any development/transition in social media, this is a "beta test" that we hope will help members of this community, as well as our committee, in more ways than one.

Update on Statistics May 2020- August 2020:

Facebook Page: +210 followers

Instagram: +226 followers

YouTube: +340 subscribers

YouTube: 453,480 total views!!!!

JOIN THE PUBLIC RELATIONS COMMITTEE

Your input and skills are needed! -To continue to provide the best content, the most consistent engagement, and to grow as an organization, the PR Committee is seeking your help. Read below for some areas where you may be able to provide as little as 10-minutes or as much as time as you would like to volunteer.

Are you on social media daily? Do you like to read and/or share articles or images? Consider joining the New Media team.

- Information collection (identify and resource articles, videos, images, etc.) to be shared
- Information sharing (participating in the reposting of all collected information to other groups, commenting, and engaging with the ADTA community)
- With as little as 1-hour per week, you can help us grow our social media influence and spread the word about the ADTA and DMT.
- Email Sara at: newmedia@adta.org, if you have questions or would like to become involved.

Thank you for taking the time to read all about what we are up to in Public Relations. -Without you, we would not have the presence or influence we have in our fast-paced and advancing digital world. Please feel free to contact me at any time with your PR questions, comments, feedback, and ideas or if you would like to connect

(publicrelations@adta.org). You can also find me on social media (search: AngieYemma07).

With gratitude and warm regards,

Angie

--

Angie Yemma

MA, BC-DMT, LCAT

publicrelations@adta.org

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**Board Report: Government Affairs
Submitted by Kristin Pollock, BC-DMT**

Dear ADTA Community,

As a member of the Board of Directors, I personally want to acknowledge my gratitude and respect for my fellow board members who give so much of themselves to the deliberate leadership of the ADTA. I was appointed into the GAC position in 2019 and was elected to stay on as GAC for another 2 years. (Thank you to the membership who supported my continued service in this role.) When I transitioned from being an 18-year professional member and chapter leader to a member of the BOD, I realized that I carried many assumptions about the relationship of the BOD/office staff with the membership. This board blew my mind. They were actively engaged in major conversations and decisions effecting the breadth of our organization, from day to day functioning to association culture altogether. I was amazed to learn the details and history of these conversations and to recognize the

importance of the timing of these decisions. As a member, for years, I was stuck in paying attention to the aspects of the ADTA that impacted me. I had limited awareness to the entirety of the association, mostly due to my own biases/interests and patterns of interacting. I still can't even pretend to know all the pieces that have brought our organization to where it is now. What I do know is this: this board leads with integrity and consideration of the longevity and health of this organization, change is very difficult and is not initiated hastily, and this group of individuals is committed to their appointed roles beyond what one could imagine. I am so honored to be able to serve our membership with this group of people. Thank you!

Now to the GAC...

The Government Affairs Committee has experienced some shifts over the past few months. Due to budgetary needs, we have paused our contract with our legislative consultant. Whereas this will impact our day to day presence in DC, it will save the organization the revenue and time to plan for what will be most effective for the legislative needs of our membership. With the consultation of our Director of Operations, Tom Cote, who has such a strong background of experience and education in legislative affairs and association management, the ADTA GAC has come up with the following goals for the 2020/2021 year:

National Advocacy:

The ADTA engages in advocacy on the national level by tracking and participating in legislative and regulatory initiatives that aim to promote the profession of DMT and/or advocate for the people we serve. The ADTA also tracks legislation that may prohibit the advancement of our profession or clientele. Through collaborations with other organizations, the ADTA seeks to promote public awareness, increase availability and monitor the regulation of DMT services. Through our collaborations, we

also aim to participate in advocacy efforts in our wider circle of creative arts therapies, arts in healthcare, behavioral health, the arts and education.

Arts Advocacy Day:

Each spring the ADTA participates in Arts Advocacy Day as a national partner. This annual event in Washington, D.C., hosted by the Americans for the Arts, is the only national event that brings together a broad cross section of America's cultural and civic organizations, along with hundreds of grassroots advocates from across the country. Attendees collaborate to communicate with Members of Congress the importance of strong public policies and public funding for the arts, including arts in healthcare.

Our partnerships:

- National Coalition of Creative Arts Therapy Association
- Americans for the Arts
- Academic Consortium for Complementary and Alternative Health Care – ACCAHC
- National Alliance of Specialized Instructional Support Personnel – NASISP
- Mental Health Liaison Group – MHLG
- Consortium for Citizens with Disabilities – CCD

State Advocacy:

The Government Affairs Committee of the ADTA is available to help members initiate and persist with state-based advocacy efforts that increase licensure, reimbursement and access to DMT in their state. The GAC can:

- Provide members with advice on collaborations and help to make connections
- Through the GAC network, track state legislative efforts that are occurring across the country
- Guide members on how to navigate a state legislative system

- Offer toolkits for state-based advocacy including examples of letters to legislators or testimony to present in front of a political body
- Facilitate communication between the ADTA and other national organizations
- Distribute letters of support from the ADTA to local leaders and advocacy groups

Please reach out to myself as the chair of this committee with any questions or concerns. I hope you are all healthy, safe and know that your voice is important and valued!

All my best,
Kristin Pollock, BC-DMT, LPC, ACS
gouvernementaffairs@adta.org

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Board Report: Education
Submitted by Jessica Young, BC-DMT

Change through Action

Change is a constant. Change is difficult. Change is necessary. I want to welcome and thank all of the students who are entering or continuing their DMT studies to further your capacity as change agents through your dancing/moving bodies. As educators, we are individually and collectively examining how to ground every aspect of DMT education in values and actions which reflect anti-racism, diversity, equity, and inclusion—from admissions, faculty demographics and qualifications to

theoretical content and clinical practice. We will be creating focus groups to comprehensively address DMT pedagogy across content areas, such that the teaching and learning of DMT upholds these values. Below is a statement from program educators that addresses the beginning of this work:

As program educators, we take responsibility for our historic and current participation in systemic oppression that centralizes Eurocentric values and aesthetics. While the ADTA standards do not prescribe one theoretical framework in DMT education, centering any one system is insufficient in addressing diverse cultural aesthetics. We recognize that the use of the Laban Bartenieff Movement Studies (LBMS)/Laban Movement Analysis (LMA) framework as a primary way to analyze movement needs to be examined in the 21st century global context.

It is time to critically review Laban based movement observation frameworks in order to understand how they inform DMT education and the assessment and treatment of clients. As such, we are in the process of creating a focus group to investigate the history of Laban, deconstruct his theory, and further develop the pedagogy of movement observation and analysis.

We are collaborating with students, DMT practitioners, education programs, the Approval Committee, and the ADTA Board to co-create accountability measures to ensure input from all constituents. We will continue to communicate updates in quarterly newsletter reports.

Many thanks to the working group, Nancy Beardall, Meg Chang, Angela Grayson, Ebony Nichols, J Lyn Thomas, Elissa White, and Jessica Young, who reviewed and revised language in the standards that addresses observation and assessment of movement. These recommendations went to the DMTCB chair and chairs of the Committee on Approval, Multicultural and Diversity Committee, Research and Practice, Standards and Ethics, Government Affairs Committee, program

directors, and Chair of ARES to share with their respective members for review and feedback, and will be submitted to the Board for a vote on October 14.

In related work, I have been compiling feedback from the listening sessions, specific to education, and sharing it with the approved program educators. We will also review the feedback and input from membership to the initial action recommendations of the [ADTA Diversity, Equity, and Inclusion \(DEI\) Strategic Plan](#) as it relates to education. All of this will inform the Education DEI Plan for both approved programs and alternate route education. Please stay tuned for ways to be engaged in these important conversations, planning, and action steps.

Gratitude and Support

On behalf of the program directors, I would like to thank Danielle Fitzpatrick and the Committee on Approval for your exceptional service in response to COVID-19. Your swift and thorough response to support the educators and in turn, the students, by providing [accommodations](#) in relationship to the criteria for meeting the ADTA Standards of Education and Clinical Training, while not compromising them, is deeply appreciated and enormously helpful. If you are a BC-DMT or R-DMT under BC-DMT supervision, AND working in an organizational setting (not private practice), AND able to supervise a telehealth internship, please send your name, contact information, and site information to Elise Risher at erisher@sarahlawrence.edu.

Alternate Route

I am very excited to share that thanks to the dedicated efforts of Laura Allen, Elizabeth (Beth) Austin, Sandra Beggs, Katie Brennan, Amber Gray, Barbara Nordstrom-Loeb, Nana Koch, Joanabbey Sack, Suzi Tortora, and Jessica Young we are on track for the first phase of implementation of the revised Standards for Education and Clinical Training for Alternate Route training in which all students completing a

letter of intention as of January 1, 2021 must work with an advisor and adhere to the Clinical Training Manual. This significant change will offer much needed support to alternate route students. All educators can expect to receive the Advisor Handbook, Clinical Training Manual, and all supporting documents this fall in preparation for our meeting.

Conference and Upcoming Meetings

The Education Workshop: Diversity, Equity, and Inclusion in DMT Education: Moving and Deepening the Dialogue by Nancy Beardall, Meg Chang, Angela Grayson, Erin Holmes, Christina Hudgins, Ebony Nichols, Rodney Simpson, Chevon Stewart, Domonique Terrell, and Jessica Young will be offered as a pre-recorded 90-minute workshop. Co-presenters will examine their cultural and dance roots through movement and share how these roots inform their clinical practice through application to a case study. Similarities and differences in clinical approach will be discussed, and participants will be encouraged to engage in the same process of examination through which the influences of power, privilege, and oppression within our roots can be revealed, challenged, and transformed.

Given that the conference is virtual this year, the approved program educators will meet in the weeks leading up to the conference. The combined meeting of alternate route and approved program educators will occur during the week of the conference (October 12-16) as will the meeting for alternate route educators. Exact dates and times will be forthcoming shortly.

Transitions

I am deeply humbled to have had the privilege of serving as Education Chair for four years. I have learned an immense amount in this role from my fellow esteemed educators and from my colleagues on the Board. I have learned to slow down; listen more; honor the process while not

getting stuck in it, so that it can move into action; and asking the questions “Whose voice is missing?” and “What questions am I not asking?”. After a total of 9 years of serving on the Board, it is time for a change, and I am delighted that Tomoyo Kawano has been elected to serve in this role. I have benefitted from her wisdom and thoughtful contributions in our meetings and discussions, as well as her kindness, honesty, and authenticity. I look forward to being part of the future of DMT education under her leadership.

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Board Report: Members-at-Large Submitted by Dawn Morningstar, BC-DMT; MaryBeth Weinstock, BC-DMT; Pam Margules, BC-DMT

Hello All ADTA Members,

We once again are hoping that you and your families are well and safe.

Since our last newsletter, the Listening Sessions have been the main focus of your National Board. We are engaged in conversation about the needs and struggles of our BIPOC members, and other underrepresented dance/movement therapist in the ADTA. We believe in these conversations and will be sharing the results of them with our members when we have heard from everyone. We have begun a Diversity, Equity and Inclusion (DEI) Strategic Plan and welcome feedback from members. The ADTA can arise anew with a perspective that embodies DEI, as it should.

We can enjoy the good news that we will have our virtual ADTA Conference from October 15-18. This is a time when so much healing needs to happen and coming together in this way will be another step in that direction.

The Chapter Boards continue to work diligently to reach out to their members, some by inviting members to regular support sessions. We continue to appreciate these great efforts. We had a zoom call with our Chapter Leaders on Sunday, August 23rd that was well attended. The main topic was engagement: both re-engaging members we may have lost due to feeling underrepresented or marginalized. A point of discussion was how to engage Chapter members in ongoing meetings. There was a rich conversation about how Chapter Leaders are doing this. Please do reach out to your Chapters and to your MAL's for more info about how to become re-engaged or to serve your Chapter Board.

We hope you've noticed that the new website is up and running. As with all new technology there are some kinks and adjustments that need to be made. Please continue to let us know if you have any challenges, and we will address them. Our management company is working hard on fixing many prior bugs and will respond as soon as possible to corrections that need to be made. We hope you noticed the new map with Chapters on it. This came from the suggestion of a CA Chapter Board member. We are so grateful. It's a great idea. If you have other suggestions for the map, and for connecting in ways that are important to you, bring them to our attention. You don't need to belong to a Chapter to reach out to us. We are here for all members and want to hear from you.

The MDC Committee is now working with the new Chapter Liaisons. If your Chapter does not have a liaison as of yet, and you are interested in joining, please speak with the MAL from your region or your Chapter

leadership about what's involved in this opportunity. This is such an important time to be aware of the MDC Affinity Groups. If you are not aware, please go to the website, and see if there's a group that speaks to you at this time of profound need to be heard.

And...just a reminder...if you don't have a Chapter near you, you can start one! We will help!

With Warm Regards,

Dawn Morningstar- easternmal@adta.org

Pam Margules - centralmal@adta.org

Marybeth Weinstock - westernmal@adta.org

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**Board Report: Committee on Approval
Submitted by Danielle Fitzpatrick, BC-DMT**

To be brief, the Committee on Approval (COA) would like to extend an offer of support and solidarity with our DMT colleagues, new professionals who are entering the field, and students who are on the journey to becoming a DMT. Things are NOT easy right now.

- Educators are helping their students face new challenges while navigating significant institutional, methodological, and pedagogical change.

- Practicing DMTs are holding space for their clients' experiences, hurt, and fears.
- Students are processing and integrating new learning in a time of uncertainty and rapid change.

ALL while coping with personal and professional stressors of their own. We get it and we are here.

The COA is a regulatory body of the ADTA responsible for assuring compliance with education standards and holding accountability for the preparedness of students to attain the R-DMT credential. The committee's work this summer has focused on further developing and clarifying the [ADTA Guidelines for COVID-19 Accommodations](#) and examining policies, practices and procedures related to our committee's diversity, equity, and inclusion work. We hope that these actions will serve our members at this time; please reach out with feedback or to let us know what else we can do to support you.

ADTA COA Accommodations in Response to COVID-19

During the current global health crisis, the COA has authorized accommodations and offered suggestions for creatively adapting DMT education and training in response to the impact of COVID-19, as outlined in the following REVISED document:

[ADTA Guidelines for COVID-19 Accommodations](#)

Accommodations are in effect for the duration of time that course or program delivery is impacted by the coronavirus with the understanding that different communities have experienced the viral outbreak at varying times and intensities. If an educator is adapting a course that otherwise would have been in person to an online format as a response to coronavirus, that adaptation is covered by the accommodations. The REVISED Accommodations provide additional guidelines and creative solutions for addressing fieldwork and internship. The document offers suggestions for educators and site supervisors to follow

broadened definitions of how, where, when, and to whom the student is providing services to accrue fieldwork and internship hours.

There are many uncertainties ahead, but it is with optimism that we look at **re-opening** when deemed possible by state, local, and institutional officials. In returning to in-person classes, please consider:

1. Is it safe to return to in-person classes at the time of accepting admissions?
2. If it is not safe or does not meet all students' health and safety needs due to the threat of coronavirus, you should continue under the ADTA accommodations.
3. When it is safe and reasonable that students can travel and be face-to-face safely, resume in-person classes OR apply for approval as a new online course.

Please reach out with questions or to communicate changes as a response to COVID-19 to SAARC at arapproval@adta.org or the COA at approval@adta.org.

COA Committee Members:

The work of the COA is done by a team of dedicated, thoughtful and supportive volunteers:

- Wendy Allen (Naropa)
- Valerie Blanc (Lesley)
- Michelle Joubert (Supervisor)
- Ted Ehrhardt (Pratt)
- Susan Orkand (Sarah Lawrence)
- Danielle Fitzpatrick (Antioch)
- Elizabeth McNamara (Drexel)
- Leon Rodgers (Public Member)

Special thanks to these committee members who have given so much time, energy, and attention to the important work accomplished this summer.

Committee on Approval Business

Summer Committee Activity

- Website review
- Document revision
- Preparing information for and meeting with International Programs
- Preparing information for potential US programs
- Revising COVID Accommodations and answering questions, concerns
- Co-authoring the Call to Address Unjust Policing

DEI Work

- Attending and hosting Listening Sessions to invite feedback from members of Affinity Groups
- COA meetings re: development of DEI initiatives specific to this committee
- Following up on concerns and complaints regarding DEI issues from members
- Coordinating information to HBCU with interest in a potential DMT program

Annual Reports & Review

- The following programs have successfully completing the annual reporting process: Naropa University, Lesley University, Pratt Institute, Antioch University, Sarah Lawrence College, and Drexel University. All six programs have maintained their approval standing.

BOD Teleconferences

- In addition to the regularly scheduled summer board meeting on July 21st, the Chair of the COA was present for additional board meetings re: important issues in the ADTA, including addressing anti-racism in the association, shifts in the leadership, and improving communication with the membership (5/31, 8/12, 8/20).

Inter-board meetings (ADTA & DMTCB)

- This writer met with the ADTA President, ADTA Chair of Education and the Chairperson of the DMTCB on 8/31/20 to discuss matters that impact both boards, with a focus on international collaboration.
-
-

Subcommittee on Approval for Alternate Route Courses (SAARC):

Subcommittee Members:

We are still looking for ONE alternate route educator to join SAARC. It is a wonderful opportunity to work with a great group of people who are so dedicated to our field!

If any alternate route educators are interested in learning more about joining this subcommittee, please contact the Chair of Approval at approval@adta.org.

The SAARC Members are as follows:

- Susan Saenger (Chairperson, ex-DMT-CB)
- Laurel Bridges (Alt Rte Educator)
- Amber Gray (Alt Rte Educator)
- Bernard Ehrhardt (COA rep)
- Kim Rothwell (Alt Rte Educator)

SAARC Business:

Procedures for Approval of Alternate Route Courses:

- **New Alternate Route Courses:** All alternate route courses being approved for the *1st time* must be submitted in compliance with revised standards effective immediately.
- **Do you teach an AR Course older than 2010?** If you are an Alternate Route Educator of a currently-offered course that was approved before 2010, please submit a course revision to SAARC in the coming year. There is no fee for revisionary approval to show compliance with revised standards.
- Refer to the *ADTA Standards for Education and Clinical Training* for approval requirements.

- The NEW Application for Approval of Alternate Route Courses can be found on the Alternate Route Educator's page of the website or at the following link: [Click here](#)
- *A Guide to Approval for Alternate Route Educators* is available to help educators in revising courses to meet the revised standards: [Click here](#)
- Beginning January 1, 2025, (once all alternate route courses have transitioned to revised standards), educators must reapply for approval every five (5) years, allowing SAARC to ensure continued compliance with standards on an on-going basis. The reapproval process will mirror the approval process in a simplified and streamlined way.
- For ALL deadlines and due dates, course providers should refer to the COA Procedural Guidelines for the Transition to Alternate Route Course Approval: New Standards which can be found at this link: [Click here](#)

Alternate Route Course Approval

SAARC reviews all alternate route course applications for approval. An application, accompanying syllabi, and the educator's professional CV can be submitted to the Chairperson, Susan Saenger at ARapproval@adta.org. All alternate route courses being approved for the first time must be submitted in compliance with revised standards. You can find a convenient calendar of all approved alternate route courses at the ADTA website.

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**Continuing Education/Conference
Submitted by Lora Wilson, MA, BC-DMT**

**Crossing Borders:
Dance/Movement Therapy Creating
Change through Global Exchange
ADTA 55: A Virtual Conference!**

[Register Today!](#)

Though the ADTA had hoped to offer this year's theme in Montreal in collaboration with our gracious Canadian co-hosts, we are grateful to be able to offer a virtual conference experience as an alternative. Though not a replacement for in-person embodied learning, the virtual conference offers the opportunity to learn from diverse experts in our profession from around the world – and to do so at your own pace, on your own schedule. We sincerely hope you will join this virtual gathering of your colleagues in time and space, if not - this year - in place.

**The Best of Both Worlds:
Scheduled Plenaries and On Demand Learning**

The Annual Conference Committee carefully deliberated the pros and cons of a variety of formats for delivering a virtual conference. Acknowledging that “ZOOM Fatigue” is a very real physical and mental challenge and that many of our members are on ZOOM all day for work, the Committee chose to limit the number of scheduled events each day to the events that historically have brought us together as one community: the conference plenaries; community rituals and celebrations; and, of course, our Saturday Night Dance.

[Conference Plenary Schedule](#)

[On Demand Presentations](#)

**CONFERENCE REGISTRATION PACKAGES:
THREE OPTIONS**

Recognizing that our dance/movement therapy community benefits deeply when we are able to gather in community and that connection is more important than ever during these stressful times, we offer drastically reduced, three tier pricing to facilitate attendance and accrual of continuing education hours.

(Has your membership lapsed? The ADTA has extended the 20% discount on renewal. Join / renew your membership before/when you register for the conference and benefit from greatly reduced member conference rates and [ADTA membership benefits](#) - for less than what you would pay at the Non-Member conference rate!)

The All Inclusive Package - For ADTA Members Only

UNLIMITED ON DEMAND CEs through the end of 2021!

Only \$279 for members!
Only \$99 for student members!

With deep gratitude for our members and in acknowledgement of the economic hardship of these times, we offer this member-only value package for unlimited ON Demand CEs/online learning. This package is all-inclusive of the conference - granting full access to both the scheduled plenaries and the on demand 2020 conference presentations - PLUS an all access pass to EVERY ON DEMAND WEBINAR in the ADTA Catalog, for the duration of the 2021 calendar year (Jan 1 – Dec 31, 2021.) With the addition of the robust, new webinar curricula planned for 2021, full access to the ADTA On Demand Webinar Catalog is an additional \$1755 value for only an additional \$130. **(This offer expires October 18, 2020.)** **Note: This package excludes access to live webinars in 2021.*

**Plenary + CE On Demand Package
(Early Bird Pricing - Until Sep. 30)**

\$149 Member
\$219 Non-Member
\$39 Student (Member)
\$79 Student (Non-Member)

In addition to full access to the plenary and community events, this value package offers over 35 additional CEs and the unique opportunity to learn from every single conference presenter. Unlike a live conference where a choice to attend one workshop precludes attending others slated during that hour, **the on-demand design of the virtual conference allows each attendee to view every workshop at their leisure, on their own schedule.** Those who purchase the [CE On Demand Conference Package](#) have full access to every conference presentation until January 31, 2021. With over 35 CEs being offered, this package is truly a remarkable value (less than \$4.50 / CE)!

Plenary Only Package
(Early Bird Pricing - Until September 30)

\$39 Member
\$109 Non-member
\$15 Student Member
\$25 Student Non-Member

The Plenary Package includes 4.5 ADTA CEs and grants access to all conference events including:

- Opening and Closing movement ceremonies, including the honoring of recently credentialed dance/movement therapists
- Keynote Plenary
- Annual Business Meeting and Awards/Recognitions
- Marian Chace Foundation Lecture

- International Panel
- Research Poster Session Q&A
- 3 BONUS Movement Sessions
- Community Breakout Rooms
- And the Best Saturday Night Dance Party... live... virtual ... anywhere!

If you have any questions about the conference, feel free to reach out to me at ce@adta.org or contact Lauren in the national office at info@adta.org. Hope we “see” you at ADTA 55!

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**Marian Chace Foundation
Submitted by Jane Wilson
Cathcart, BC-DMT; Ann Lohn, BC-
DMT; Sharon Chaiklin, BC-DMT;
Susan Kleinman, BC-DMT; Lynn
Koshland, BC-DMT**

Sharon Chaiklin
Ann Lohn Susan Kleinman
Jane Wilson Cathcart Lynn Koshland

As we are all aware this year the annual ADTA Conference will be virtual. We thank Paul Sevett for all he has done to ensure the excellence of this Conference. The usual excitement and energy of meeting in person will be greatly missed.

We are greatly honored that Dr. Ilene Serlin shall be the Marian Chace Foundation Lecturer at the virtual ADTA conference. The Marian Chace Foundation Lecture is scheduled for Friday, October 16 at 12:00 pm

EST. Her talk is titled “Trauma-Informed Dance Movement Therapy: Real Life Trainings with Syrian refugees, China and US COVID-19 Hotline”. Dr. Serlin has contributed much to our field. Among her many accomplishments and honors are the

2019 Distinguished Humanitarian Contribution award from the California Psychological Association, and the 2018 Rollo May Award from the Society of Humanistic Psychology, American Psychological Association. She will be introduced by Dr. Marcia B. Leventhal, 2019 Recipient of the ADTA Lifetime Achievement Award and the 2007 Marian Chace Foundation Lecturer.

The Lecture is clearly meant to inspire and inform. Put it on your calendar for Friday, October 16th beginning at 12pm. We are excited that there will be a link provided so that it may be accessed for later viewing as well. This lecture is free and open to the general public, and no Conference registration is necessary. Please be sure to share the link. It will be posted once the Conference details are finalized.

And for those of you who have graduated within the past five years there is a \$500 Journalism Award given by the Foundation. The articles considered are selected from those published in the AJDT. For procedural details please see the description in the back of your print AJDT, or on the Marian Chace Foundation website pages.

If you wish to apply for a grant we remind you the annual deadline is February 15.

We also wish to thank all those who generously remember to donate to the Foundation so that we can sponsor these events as well as provide funds for the various grant proposals received each year. Our mission is to continually grow and support our profession.

Donations received June 1 through August 31

SUPPORTER (\$36.00 - \$99.00)

Sandy Dibbell-Hope In honor of Nitza Briode-Miller Ph.D., BC-DMT

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Washington State Chapter

Submitted by Lauren Harrison, R-DMT

The current chapter leaders of the Washington State Chapter, Lauren Harrison, Allie Bulliman and Jessica Acolin recently announced to their membership that they will be stepping down as board members at the end of the summer. Members of this chapter are invited to [participate in a poll](#) to determine interest for maintaining the chapter and for volunteers for the board. We invite chapter members to respond to this poll by Monday September 21, 2020. Results and a plan of action will be shared with chapter members by the end of September. On behalf of the chapter leaders - it has been an honor to have served as the board of a local chapter, and we have all learned about ourselves in the process.

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California Chapter

Submitted by Lauren Zampieri, R-DMT

Over the past few months the CCADTA has been working hard to continue listening and learning amongst the turmoil happening all around us. We are actively participating in and facilitating listening sessions, and our dear MAL Marybeth Weinstock has been regularly providing guidance and updates through this process. Our first White

Accountability Group meeting was held in July and will be continue to occur monthly.

Looking ahead, with many changes in our world, we are now working on planning events to include speakers presenting on DMT and diversity, justice and healing trauma. Both the SoCal and NorCal Programming teams are reaching out to several possible speakers all over the world including India, England, Puerto Rico, and Israel to join us in the pursuit of healing using DMT. Other changes happening in the CCADTA include a change in leadership – Julia Rose-Ramo will be stepping into the position of President and Lauren Zampieri will be joining Anna O’Connell as Government Affairs Co-Chair. Additionally, Kristen Crowe is our new MDC liaison. We are still looking for a Co-Communications Chair and another student representative. If you are interested please visit our website at www.ccadta.org for contact information. We are so grateful to Chandra Baylor for her commitment and work as President of the CCADTA and the field of DMT in California, while simultaneously welcoming Julia into this position with excitement for what is to come! As a reminder, we are no longer using LinkedIn, but are increasing the use of Instagram and Facebook to connect with those interested in being a part of the CCADTA as well with other chapters of the ADTA. If you would like to stay connected with us to learn about events and news please follow us on Instagram @ccadta, Twitter @cc_adta and on Facebook. If you are interested in learning more about pursuing an education in Dance/Movement Therapy but have questions please visit our website at www.ccadta.org for contact information. Please know that if there is a delay in response we will actively be working to keep up with emails as these upcoming board changes occur.

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Pennsylvania Chapter

Submitted by Rebekka Dieterich-Hartwell, PhD, BC-DMT

Greetings from the ADTA Pennsylvania chapter!

We had elections this year and our newly elected chapter board members are:

President: Jacelyn Biondo

Secretary: Lauren Cunkelman

Treasurer: Kathryn Lodwick

Program Coordinator: Sonya Budnovitch

Public Relations: Meli'sa Grier

Nominations Committee: Kaitlyn Clark

We also would like to congratulate the new PA ADTA chapter

Multicultural and Diversity Committee Liaisons:

Rosie Davis Aubrey and Maria Gismondi

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Illinois Chapter

Submitted by Ashlea Palafox, MA, BC-DMT

Over the past few months, the ILADTA Chapter has dedicated their efforts and energy to the ongoing social justice work that feels deeply important to our DMT community. The ILADTA Board of Directors dispersed a questionnaire within the community. Our community voiced they want more diversity and inclusion tools, resources, and education. A monthly virtual learning opportunity titled, It Stops With Me, United to End Racism, was created and initiated once a month. This series is dedicated to the ongoing personal growth through exploration of topics including anti-racism, multiculturalism, and diversity. The open format gives members the opportunity to show up and openly discuss the material that was presented. This series is open to anyone involved in the ILADTA chapter and the surrounding DMT community.

Another virtual series was created to hold space for difficult and uncomfortable conversations among a group of white identifying

clinicians. This white accountability group are for those who are dedicated and passionate about doing the internal work to fight racism and dismantle white supremacy. These gatherings are held on the 2nd Sunday of every month via Zoom beginning in September. Our vision is to come together and support each other while expanding comfort zones. These meetings will remain focused on the discussion topics provided, with room for personal examples and associations, however it is not group psychotherapy or group supervision. The ongoing resource for the gatherings will be the book, *Me and White Supremacy*, by Layla F. Saad.

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Texas Chapter
Submitted by Dr. Charla Lewis

The Texas Chapter of the American Dance Therapy Association sadly announces the passing of one of our members, Mary Macauley Whiting who went home to her heavenly father August 1, 2020 at the age of 59. Mary had a passion for dance and to our field of dance/movement therapy. She was a Board Certified Dance/Movement Therapist and former professional modern dancer trained with the Martha Graham Dance Ensemble, NYC, NY. Specializing in the treatment of Trauma and Eating Disorders, Mary brought her personal experiences as a dancer as well as her training in Dance/ Movement Therapy Theory, Gestalt and Jungian Psychology, to her clinical and expressive movement work both in New York City, NY and Dallas, TX.

Mary served in various roles in our TX Chapter primarily as Secretary and President from 2011-2014. She enjoyed supervising students and being a mentor to prospective DMT's. Mary also helped to advocate for our profession by leading numerous workshops in the DFW area.

Mary will be deeply missed not only by our chapter, but by her husband, daughter, siblings, friends, and clients.

One of Mary's favorite quotes from the bible: "And we know that all things work together for good to them that love God, to them who are the called according to his purpose." Romans 8:28 KJV

To see her obituary, view the webcast celebration of life, and sign her guest book that will will up for 90

days: <https://www.affoplano.com/obituary/mary-whiting>

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Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via email to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be no more than 2 ½ pages when submitted as a Word document
- Do NOT send material in the body of the email
- The subject heading of the submission email should read “ADTA Newsletter Submission”
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

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Newsletter Advertising Information

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Member Rates

Single – \$100

2 Issues – \$175

4 Issues – \$300

Non-Member Rates

Single – \$150

2 Issues – \$275

4 Issues – \$500

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