



Current Newsletter

Volume 55, Issue 2: Summer 2021

A few words from the Newsletter Team: *Happy Fall from the ADTA! We hope you enjoy this edition of the newsletter and learning about the work the board of directors and Association have been doing on your behalf! Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.*

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Board Report: President Elect

Submitted by Angela M Grayson, PhD, LPC, BC-DMT, NCC

Greetings! I hope that you are taking time to pause, breathe and dance as we find ourselves one full year into the dual pandemics of racial unrest and COVID-19. Not to mention many natural disasters, political turnovers, and other strange phenomena.

Leadership, Diversity, Equity, and Inclusion

Nearly two years ago the leadership of the ADTA pledged to engage in the work of diversity, equity, and inclusion. At that time, each member of the Board of Directors committed to on-going prioritizing of individual education about the impact of white supremacy and implicit bias within our Association and development of structured learning opportunities. As new members join the Board, the commitment continues. I have engaged in many amazing webinars, conferences and book club readings that have enriched me both personally and professionally. In addition, we collectively will continue our work with DEI consultant Carmen Marshall to train leadership and serve as a facilitator and bridge for difficult and reparative conversations for our committees and membership at large.

ADTA Office Support

Thank you so much for your “flexibility” as I continue working closely with the ADTA Office Staff (Lauren Hoyt, Administration and Michelle LaVoy, Operations Manager) to streamline and systematize many of the annual projects and processes. As you can imagine, there are many moving parts to sustaining an association with over 50 years worth of history. Our goal is to provide a wealth of information and resources for you to navigate on our website and within the CE Center. As we continue to fine tune and update these processes, we hope you will continue to use the resources

available to you through your local chapters, Members-at-Large and the Board of Directors.

ADTA 56 ~ Dance/Movement Therapy: Ancient Healing, Modern Practice Virtual Conference October 14-17, 2021

The Annual Conference Committee could not be more ecstatic with the progress we are making during this planning phase to provide you with a phenomenal conference experience. The theme of this year's conference is so timely given all of the unrest, turmoil and devastation we have witnessed or experienced. Now is the time to lean on the ancient rituals and customs that our ancestors relied on in generations past as a means of survival and restoration. So let us now continue the dance and healing practices for ourselves and the generation that is watching us. Although we are all bummed about not gathering in person, we have some great surprises for our upcoming virtual conference that you don't want to miss! We are including some of the conference favorites such as the raffle and marketplace vendors, but I don't want to give away too much ;) Please stay tuned for conference updates from the ADTA in your email via the Digest or special announcement.

In the meantime, please do not hesitate to contact me with any questions at presidentelect@adta.org.

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Board Report: Treasurer

Submitted by Jacelyn Biondo, Ph.D., BC-DMT, LPC

I am sending positive thoughts of safety and health for you and your loved ones and hope that you are finding ways to survive and thrive in your lives. I also am hopeful

that we can continue to make meaningful connections with our communities, find joy in our small successes, and remain contemplative with our current circumstances. I encourage you to be gentle with yourselves and with others as we sit together in our continued collective grief. Please reach out if I can be helpful in any way: treasurer@adta.org.

Budget and Finance Committee: I am beyond delighted to inform you of a new Pilot program we are rolling out in 2021. For one year (FY2021-2022) we will pilot a new ADTA Membership Dues structure. Our intention is to move towards a more equitable ADTA Membership Dues structure and to allow more of our community to become members and maintain membership of the organization. We are aware of the myriad of financial hardships that our members experience and have developed a Sliding Scale Opportunity. In the pilot year, we will be able to offer a sliding scale for approximately 15% of our current membership. With that, the Sliding Scale option will close after the first 225 members apply for this status. The Sliding Scale Option will require a brief application process. During this initial year of the program, we will evaluate the process, which will help us inform how we continue to structure our membership dues. We hope to be able to move towards an increased number of Sliding Scale Memberships; however, as a pilot program, we must be responsible with and aware of the financial implications of this shift.

I want to thank the Budget and Finance Committee members, Ebony Nichols and Corinne Ott, for their continued dedication, wisdom, and time with our projects. We are already beginning discussions for our next project!

Treasury: I continue to meet regularly with our Financial Advisory Team at CapHill to organize the budget document, manage budgetary inquiries, make efforts towards remaining true to the Treasury responsibilities of always acting in the best interest of the organization and with frugality in mind, and develop a financial plan to progress the organization. I am happy to report that the Board of Directors unanimously passed the proposed Fiscal Year 2021/2022 Budget, which is robust and in the surplus. This positions the organization positively and allows us to continue to build equity and remain financially stable.

DEI Updates and Accountability: I continue to work on myself as a white woman, my own embedded racism, ways in which I contribute to the White Supremist culture, and harm that I inevitably perpetuate. In addition to my own contemplative and reflexive practices, I have been engaging with various media and groups to support

my accountability. I am currently reading *The New Jim Crow: Mass Incarceration in the Age of Colorblindness, 10th Anniversary Edition* by Michelle Alexander. Here is a photo of the books on my nightstand waiting to be read:



Additionally, I have been engaging in a White Identifying Educators group in which we listen to significant podcasts to guide conversations on how we can acknowledge ways in which we are perpetuating harm in our classrooms, as well as identify ways to actively work toward decolonization of the classroom. These discussions are further inspiring me to radically re-imagine my classrooms, syllabi, and teaching style.

As an adjunct faculty member of Pratt Institute, I have joined the Diversity, Equity, and Inclusion work group. In this space, we work to discuss similar content as mentioned above. Our intention is to evaluate the curriculum and syllabi of the Creative Arts Therapy Program with goals of evaluating, decolonizing, and restructuring an inclusive curriculum.

Some other ways I am trying to lift up the voices and lives of others is through making financial donations (as I am able) to organizations and individuals of color. I have prioritized supporting Black-owned and Queer-owned businesses; my favorite

neighborhood bookstore is Uncle Bobbie's, support them here: <https://www.unclebobbies.com/> (all books in the image were purchased here!) Finally, when I dreamt up the Sliding Scale Membership Pilot for the ADTA my conceptualization was around creating and initiating equitability for our members. This is a first and small step towards inclusivity. As a pilot program, I am hopeful that we will yield data that will allow us to expand upon this idea and continue to re-imagine the ADTA from a fiscal perspective. Although this sliding scale was very recently passed by a Board vote, we are still holding momentum and are already working on our next project.

Reminders: The ADTA is a 501(c)6, which means that your donations may be written off as a business expense rather than as a charitable donation. Please consult with your financial advisor regarding individual circumstances around write-offs. Planned Giving Campaign. Please feel free to pass this information along to anyone who may be interested:

Leave a lasting legacy to our profession by remembering the ADTA in your will. You can choose to leave a monetary contribution to our past, present, or future with a gift of your choice as follows:

Past: Archive Project

Centrally digitize our history: Board minutes, journals, films/videos

Present: Service, Education, Scholarships

Day of Service at Conferences, Endow the annual Conference Scholarship

Future: Development of DMTs and Fellowship for Research

Develop scholarships to support the education of future DMTs, Develop Research Fellowships

As always, I am honored and humbled to serve this organization

Submitted Respectfully,
Jacelyn Biondo, Ph.D., BC-DMT, LPC
ADTA Treasurer
Executive Committee Member

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Board Report: Multicultural & Diversity Committee

Submitted by Charne Furcron, BC-DMT



Congratulations!!!

Its official, Disability Access Affinity Group (DAAG) is an ADTA MDC Affinity Group!

Mission statement: The Disability Access Affinity Group will serve as a disability-centered and accessible community space to connect and share mutual support with each other. DAAG aims to improve accessibility and inclusion for all dance/movement therapists through interdependent fellowship, education, mentorship, and sustainable advocacy. We celebrate the healing wisdom of all bodyminds and imagine a post-ableist dance/movement therapy theory and practice.

DAAG members are dance/movement therapists (both ADTA members and nonmembers) who identify as disabled, Hard of Hearing, Deaf, Blind, visually

impaired, mad, sick, chronically ill, neurodivergent, crip, and/or live with a disability (visible or invisible, physical, developmental, mental, or learning), hearing differences, vision differences, chronic illness, chronic pain, neurodiversity, cognitive processing difficulties, mental illness, mental or physical health condition, and/or survived or are currently surviving the medical industrial complex.

If you are interested in joining us (as a member or collaborator), you are welcome to email DisabilityAccessAffinityGroup@gmail.com

In celebration,

Lauren Milburn

DAAG MDC representative



Happy Juneteenth!!!

What is Juneteenth?

On June 19, 1865, about two months after the Confederate general Robert E. Lee surrendered at Appomattox, Va., Gordon Granger, a Union general, arrived in Galveston, Texas, to inform enslaved African-Americans of their freedom and that the Civil War had ended. General Granger's announcement put into effect the Emancipation Proclamation, which had been issued more than two and a half years earlier on Jan. 1, 1863, by President Abraham Lincoln. The holiday received its name by combining June and 19. The day is also sometimes called "Juneteenth Independence Day," "Freedom Day" or "Emancipation

Day." - <https://www.nytimes.com/article/juneteenth-day-celebration.html>

This year Black MAGIC (Black Moving Affinity Group) will host their first retreat in the Pocono Mountains, offering it's membership of Black Dance/Movement Therapists a

weekend of rest in honor of Junetheeth. Through the generosity of donations, this retreat is free to Black MAGIC members.

To donate - <https://blackmagicdmt2020.wixsite.com/website>

As part of the virtual conference introduction of the keynote speaker, an introductory poem was crafted by Melody Gamba from the requested responses from the board and the MDC. Carmen expressed her appreciation by stating she felt "blessed beyond measure".

Carmen lives her life as her ministry
Grounded & grounding, rich of spirit and mind synchrony
Carmen creates spaces for brave inquiry and deep healing to thrive
Heart-centered, compassionate with an abundance to empathize
Carmen is open-hearted and welcoming with a generous spirit
always leaving folks feeling hugged by her visit
She is Love, Intuitive, Gently fierce, and fiercely gentle
She is Kind, Patient, Diplomatic, and extremely relevant
She is sage, gracious, and hopeful despite everything
She sees
She has the courage to witness
She is a Healer

We are so lucky to have her compassionate candor and embodied wisdom to guide the ADTA's process towards equity and justice. We believe Carmen must have been a DMT in a previous life. She just gets dance therapy, it must be because she dances with life.

As a community, we love how she uses metaphors and brings storytelling into the process organically.

With Carmen, we feel a great sense of peace, the kind that lets you know and feel that everything will be alright, side by side and heart to heart.

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Board Report: Ethics

Submitted by Joan Wittig, BC-DMT, LCAT

Warm greetings from the Standards & Ethics Committee: Joan Wittig (Chair), Hang Yin Candy Lo, Neha Christopher, Nancy Herard-Marshall, Douglas Cornman, Selena Coburn, Megz Roberts, Jenn Whitley, and Brigitta White. You, our members, are in our thoughts as we head into summer, a year after the murder of George Floyd, and the subsequent racial violence of the past year.

S&E has begun entering into conversations with dance therapists from around the world, discussing together general approaches to ethical practice, as well as more specific questions regarding touch, social justice, and diversity. The conversations are deep and rich and will form the basis for our presentation at the annual conference in October. These conversations are producing thoughts on how we can stay in touch with ethics committees from international associations, as well as individuals in countries where there are no dance therapy associations. It has been illuminating to see ways in which we share thoughts on ethical practice, as well as to see differences in concerns, and what the most pressing ethical issues are in different parts of the world.

As part of our contribution to ongoing diversity, equity, and inclusion work in the ADTA, we are in the process of reviewing and revising the procedures for making both formal and informal ethical complaints. Specifically, we are looking at the fact that currently there is no way to make an anonymous complaint, either formal or informal. Though we can see the historical reasons for this, at this point this may make it impossible for anyone who is concerned about repercussions from someone in a position of power to make complaints; and this impacts not only individual members, but the field as a whole. As we consider how best to revise these procedures, we are investigating restorative justice approaches, which may support

resolution of ethical complaints and concerns in a productive fashion rather than a punitive one.

The Board of Directors is committed to efforts to confront racism and to increase equity and inclusion in our organization; and as such, each member of the BOD is engaging in ongoing personal work to assist in this work. Some of the efforts that I am engaging in, as Chair of S&E:

- Work group for white identified creative arts therapists – I have met with this group on and off for the past two years.
- Ongoing supervision twice a month with a Black identified colleague, specifically to address areas of concern in teaching group process
- Whiteness Learning Group, met for three Saturdays in January
- Racial Literacy Consultation Group, met for six weeks in April and May
- Whiteness Group, meets every other week, from January through July
- Small group facilitator for event hosted by Eastern Group Psychotherapy Society: The Case for Reparations in a Time of National Crisis
- Facilitator for Woodhull Hospital Creative Arts Therapy Department, monthly discussions on the impact of race in clinical work
- Leading DEI curriculum work group at Pratt Institute
- Ongoing readings associated with all of the above; as well as subscribe to Anti-Racism Daily

As a member of the BOD, and as a dance/movement therapist, I am committed to ongoing education to continue to participate in deconstructing racism in the ADTA.

As always, the S&E Committee would love to hear from you! Ask questions, send comments.... you can reach us at ethics@adta.org.

Respectfully submitted,
Joan Wittig MS, BC-DMT, LCAT
Chair, Standards & Ethics Committee

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Board Report: Secretary

Submitted by Ambria Cunningham, R-DMT, LPC, NCC

I want to begin my newsletter by honoring the those in the military who lost their lives while serving our country.

NEW PROFESSIONALS: There are still open positions on the New Professional Committee. If you are new professional that has graduated from an approved program within the past 2 years, and interested in this committee please send a formal letter of interest that includes 1) program attended and graduation date or date of completion of all Alternate Route requirements, 2) professional areas of interest, and 3) how to foster growth within the ADTA to secretary@adta.org.

CURRENT STUDENTS: recruitment for the student subcommittee has ended. Meeting for this subcommittee will begin soon.

If you identify as member of the new professional or student membership, and are interested in engaging in a subcommittee, please email secretary@adta.org.

Warm regards,

Ambria Cunningham, R-DMT, LPC, NCC
Secretary, Board of Directors
She/her/hers

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Board Report: Committee on Approval

Submitted by Danielle Fitzpatrick, BC-DMT

How does change happen?



Sometimes through historic events that seem to turn the world upside down,

sometimes in collective movements that cause the global tides to shift,
and sometimes in tiny, incremental steps that lead to a new tomorrow.

This year, change has happened on all of these levels, rippling out in all directions. This update from the COA shares some of the small but significant efforts our committee has made and will continue to make in our commitment to a more diverse and inclusive association.

Who Are We? A Piece of Accountability

The COA and the Subcommittee on Approval of Alternate Route Courses (SAARC) review dance/movement therapy programs and courses for compliance with ADTA education standards. We are a regulatory body made up of a group of volunteers tasked with examining the curriculum and delivery of education at ADTA Approved programs and alternate route courses.

For more information on the work that we do, follow this link:

<https://docs.google.com/document/d/1qoXXEyAzVLvAQYH5IIZHbu8AXSTWgjQbxm1vx3YdgKU/edit?usp=sharing>

Your Voice is Wanted!

- Interested in education and professional development?
- Detail-oriented and a team player?
- Committed to decentering whiteness in education?
- Seeking a rewarding and meaningful way to give back to your field?
- Wanting to connect with other dedicated DMTs?

We have multiple openings on our committee and subcommittee.

- Supervisor Representative position qualifications (COA)
 - Must be a BC-DMT supervisor
 - Commitment to DMT education
 - Open to sharing diverse perspectives
 - Send a letter of interest and CV to approval@adta.org.
- Alternate Route Course Reviewer qualifications (SAARC)
 - Current or former alternate route educator
 - Familiar with Education Standards and the Alt Rte track
 - Advocacy for inclusive learning/teaching
 - Send a letter of interest and CV to approval@adta.org.
 -

Meeting Challenges in Education & the ADTA

Since the development of the ADTA DEI Action Plan, the committee has taken some significant steps in preparation for structural, organizational, and procedural change that will lead to a more diverse and inclusive committee. Click on the boxes below to read about some of the policy and procedural changes that have taken place to position the COA for a more inclusive future, as well as exciting new updates!

<p><u>NEW Survey Process</u></p> <p>An annual survey of all students has been added to the review process to garner more student voices re: DMT education. For more details, click the box title.</p>	<p><u>Program Reviews</u></p> <p>Approval Status:</p> <p>Naropa University—COA is currently reviewing 6-year self-study</p> <p>Drexel & Lesley—programs are currently writing 6-year self-study</p> <p>Rider University—Candidacy status</p> <p>All other approved programs submit annual report by July 15 to maintain approval status.</p>	<p><u>NEW Alternate Route Courses</u></p> <p>All courses being approved for the <i>1st time</i> must be submitted in compliance with revised standards effective immediately.</p> <p>Here are the courses that have recently been approved:</p> <ol style="list-style-type: none"> 1.) <i>Dance/Movement Therapy Meets Activism: Performance as Therapy</i> taught by Ashley Fargnoli 2.) <i>Introduction to Dance/Movement Therapy: An International Perspective</i> taught by Ashley Fargnoli 3.) <i>The Adult Journey-DMT for Adults through the Life Cycle</i> taught by Hana Kamea Kemble
<p><u>Positioning Ourselves for Growing New Programs</u></p> <p>A key goal of the COA is the development of tools that will facilitate new programs in DMT to come on board as rapidly and efficiently as possible. In particular, the COA hopes to attract HBGUs and public institutions to consider starting a DMT program. Click the box title to find out more!</p>	<p><u>Letter of Intent</u></p> <p>NEW! Adopted a Letter of Intent when a program seeks to apply for Candidacy, thereby initiating a set of procedures which will support the development of new diverse programs. Click the box title for a copy of the Letter of Intent. Building the programs of the future is a key step in increasing the diversity of our profession.</p>	<p><u>Annual Reports to Reflect Academic Cycles</u></p> <p><u>Annual Reports DUE July 15th, 2021</u></p> <p>Click on the box title for a letter outlining what is required in this year’s annual report, including a synopsis of the Spring of 2020 highlighting the steps that were taken to address the pandemic, followed by a traditional annual report <i>based on the start of your academic cycle in 2020</i></p>
<p><u>Student Support & Grievances</u></p> <p>Programs/courses that fail to meet <u>ADTA Standards for Education and Clinical Training</u> may be put on probation or lose approval. You have the right to file a grievance with the COA if you feel your program is</p>	<p><u>Resources for Educators</u></p> <p>The COA has started resource lists for committee members, as well as working to schedule regularly occurring meetings to address DEI issues within our committee, our association, our educational systems, our profession, and in our world.</p>	<p><u>NEW Alternate Route Educator Webinar</u></p> <p><i>“Getting Approved...Staying Approved”</i></p> <p><u>Access the FREE Webinar HERE</u></p> <p>Alt Rte educators... click above for a brief tutorial on how to update your courses to meet the revised Education Standards and get approved!</p>

<p>not in compliance with standards.</p> <p>Email the Chair at approval@adta.org.</p>		
<p><i>Committee Diversification</i></p> <p>NEW! The ADTA recently eliminated the requirement that a member of SAARC be a former member of the DMT-CB. That requirement was found to limit the possibility of recruiting diverse perspectives to the subcommittee while providing opportunities for those who have <i>already</i> been in leadership. Now, the position is open to any experienced alternate route educator.</p>	<p><i>Candidacy Applicants</i></p> <p>Hot off the press!</p> <p>A motion was passed that removed the clause allowing a program to circumvent the Candidacy process, thereby ensuring that all programs are vetted in the same manner. This prevents a program from potentially getting a “fast pass” to approval due to bias, partisanship, or privilege.</p>	<p><i>Goals for the Future</i></p> <p>Increased awareness of the accountability measures in place, enhanced data collection methods to solicit a broader range of voices, and revisions to the approval review process are all goals for the committee in the coming year.</p>
<p><i>COVID Response</i></p> <p>We recognize the profound impact of the pandemic on our student members and educators. During the current global health crisis, the COA has authorized accommodations and offered suggestions for creatively adapting DMT education and training in response to the impact of COVID-19.</p> <p><u>COVID Accommodations</u></p>	<p><i>Unjust Policing</i></p> <p>The Chair of the COA worked in conjunction with the Chair of the Government Affairs Committee to co-write a call to end unjust policing and encourage police practices that are trauma-informed. Click the box title to access a template letter that YOU can send to your state and local law enforcement and representatives.</p>	<p><i>Doing Our Work</i></p> <p>We recognize the need to do our own continuous work around examining bias, power dynamics, and systems that perpetuate privilege and/or oppression.</p> <p><u>COA response to DEI Action Plan</u></p> <p><u>COA List of DEI Goals</u></p> <p><u>COA Chair’s DEI Work</u></p>

Do you teach an Alt Rte Course older than 2013??? If you currently offer a course that was approved before 2013, please submit a course revision to SAARC this year. There is no fee for revisionary approval.

- Refer to the *ADTA Standards for Education and Clinical Training* for approval requirements.
- Check out the **NEW** AR Webinar Tutorial *Getting Approved...Staying Approved*.
 - [**Getting Approved...Staying Approved**](#)
- The **NEW** *Application for Approval of Alternate Route Courses*:
 - [**Application for Approval of Alternate Route Courses**](#)
- A *Guide to Approval for Alternate Route Educators* is available to help educators in revising courses to meet the revised standards:
 - [**A Guide to Approval for Alternate Route Educators**](#)

Alternate Route Course Approval

SAARC reviews all alternate route course applications for approval. An application, accompanying syllabi, and the educator's professional CV can be submitted to the Chairperson, Susan Saenger at ARapproval@adta.org.

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Board Report: Education

Submitted by Tomoyo Kawano, PhD, BC-DMT, LCAT, NCC

The health and economic impact of the pandemic has overburdened students and educators in ways that have added to what is already a competitive and challenging educational environment to thrive in. Time seemed to move at triple the speed while the “to-do” list and aspirations kept being weighed down. Still, the education committee has been volunteering their time to work towards bettering the profession through sheer passion. With the grace of our membership, generous help of previous chair, Jessica Young, past presidents Robyn Cruz and Margaret

Migliorati, COA chair, Danielle Fitzpatrick, and the Excomm who have been shouldering much of the turbulent changes that have happened within the organization, we are finding ways to continue to move forward and upward to work on the tasks at hand.

Diversity, Equity, and Inclusion (DEI)

As the new chair, my priority has been on the implementation of Phase 1 of the DEI strategic plan.

Building relationships

An important mandate was:

22. Educators will complete training on holding space for inclusivity and equity for students in and outside of class (may require creating training) and stay current with clinical and theoretical developments in diversity, equity, and inclusion.

In reaching out to educators who have been meeting to address DEI concerns under Jessica Young's tenure, what became evident was the need to engage in identity work with approved program chairs, directors, and coordinators, that can have a "trickle down effect." With the support of the president-elect, Angela Grayson and Excomm members, DEI Liaison, Maria Rivera, and with the guidance of DEI consultant, Carmen Marshall, we have been meeting every month since January to work on developing relationships and learn from one another on how we may be recapitulating the structural dynamics of power and oppression, and learn to disrupt these.

Standards revision

In line with Phase 1 to acknowledge the "cultural roots of dance as a healing practice," "include cultural dances in DMT education theory and practice" and center "Black and non dominant psychology theorists, and underrepresented and BIPOC elements of history," the language of the Standards for Education and Clinical Training are being revised. A standards review group is attending to different

categories with the intention to also consolidate those that appear to be redundant, and clarify what is being measured with an anti oppressive lens.

Three working groups are dedicated to movement observation and analysis. One group that has been working on Laban's history (Susie Imus, Carol-Lynne Moore, Valerie Blanc, Jessica Young, Elissa White) submitted their initial report, which is being reviewed as we speak. The working group that was focusing on the pedagogical aspect of movement observation and assessment, and the group exploring diverse perspectives and frameworks (Eri Millrod, Nancy Beardall, Meg Chang, Sherry Goodill, Suzanne Hastie) have provided short term goals to: a) Identify what the current generation of DMTs are needing in the field; Explore how critical pedagogy can guide classroom discussions to promote inclusivity, different perspectives; acknowledge whose bodies and movements are being privileged/marginalized; and evaluate other systems to be included. The groups are anticipating sharing the findings in the fall, but are still determining how to engage the membership.

Furthermore, the Research Committee members have volunteered to look at the language of the research and practice and neuroscience categories (thank you to Cecilia Fontanesi for your responsiveness and follow-through). This ongoing work will be engaging more of the membership in the near future. Please feel free to reach out if there are any areas that you would be interested in reviewing.

Alternate Route Education

Aligning the standards of training and education of alternate route education with that of approved programs is underway. Creating a grievance process was one of several significant changes that were made to offer much needed support to alternate route students. Alternate route education subcommittee (ARES) Chair, Sandra Beggs, and former chair of the Subcommittee for Approval of Alternate Route Courses and current core team member of ARES, Barabara Nordstrom Loeb, have been involved in ascertaining the deadline for when the competencies need to be included in the syllabi, creation of an AR supervisor webinar, and exploring options on how to track the registry process in a more centralized manner. Some challenges with the efforts include onboarding the current educators to align with the new expectations to include competencies into the syllabi, and going through a

more rigorous approval process of coursework. Committee on Approval Chair (COA), Danielle Fitzpatrick, has kindly and generously provided her knowledge and created [a webinar](#) that outlines the steps to complete such transitions. With all of this in mind, the first phase of implementation of the revised Standards for Education and Clinical Training for Alternate Route training has been delayed. All students completing a letter of intention as of August 1st, 2021 will work with an advisor and adhere to the Clinical Training Manual.

Personal Work

For this newsletter, I was asked to share how I have personally engaged in DEI work. My efforts are largely related to my role as program director and educator of an approved master's program, and as a researcher, supervisor, and mentor to students and newer educators. An ongoing reflection of my social locations and how I understand my intersectional self in relation to the environment is at the core to continue learning about how I benefit from whiteness and perpetuate racism that affects all BIPOC members. For one, I have been meeting monthly with a conversation group to confront anti-Blackness with other Japanese higher education faculty and staff. For the past year, we have been engaging in discussion on readings, attending workshops, and practicing to be allies. I also participate in Critical Pedagogies in the Arts Therapies Alliance conversations that center on critiquing the significance of putting out statements, and what it means to care for communities.

With the ADTA

In addition to my engagement as education committee chair in identity and committee work (as mentioned earlier), as co-chair of the Asian and Asian Pacific Islander Desi American (AAPIDA) Affinity Group, together with Candy Lo, we make every effort to communicate our care for the AAPIDA community by reaching out to particular groups and holding space for those who may need extra support. For AAPI heritage month, we highlighted our members with the help of PR, Angie Yemma, and Sarah Quinn and Laura Graffeo at the office. Candy and I also had the opportunity to co-facilitate dialogue on representation, stereotypes, the need to establish relationships across affinity groups, and self-care practices during the Spring Multicultural and Diversity Committee (MDC) meeting. I also engage in professional

development opportunities, thanks to the offerings through the ADTA and chapters (e.g. “Africanist Aesthetic in Dance/Movement Therapy Observation”).

With Work

I have the privilege to make changes to the program that I direct in immediate and gradual ways. One example has been to engage in dialogue with our adjunct faculty to develop critical consciousness. Creating an environment for each one of us to do our cultural identity development work by practicing to hold one another accountable within our faculty meetings has allowed us to share our challenges and mistakes, resources, workshops that we attended or books that we read, uncomfortable emotions, and apply our learning to the pedagogical approach and courses that we teach. As co-chair of a diversity committee at my workplace, I have been overseeing the creation of allyship and intersectionality workshops; and have participated in workshops that recenter BIPOC perspectives (e.g. “Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone,” by Dr. Leticia Nieto; “Indigenous Choreographies of Sovereignty and Survival, 1894-2020,” by Dr. Tria Blu Wakpa). I do not think that listing these things says anything about my ability to do better, but shows an aspect of how we can continue to work on engaging in this work in a consistent way from a lived place. Hopefully, I can contribute to creating a community and environment where professionals and students who are feeling unseen and are unacknowledged, can grow together and know that they matter.

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Board Report: Government Affairs

Submitted by Lea N. Comte, MS, R-DMT

The following information serves as a quarterly update from the Government Affairs Chair for March, April and May of 2021. If you have questions, would like further information, or to serve on the Government Affairs Committee for your chapter, please email Lea Comte at GovernmentAffairs@adta.org.

Sign – Ons

- Tele-Mental Health Improvement Act, which would require group health plans and health insurers to cover mental health and substance use disorder telehealth services during the COVID-19 public health emergency.
- Dr. Lorna Breen Health Care Provider Protection Act:). This legislation will reduce and prevent suicide and mental and behavioral health conditions among health care professionals, sometimes referred to as “burn out.”
- Supporting Eating Disorders Recovery Through Vital Expansion (SERVE) Act (H.R. 1309/S. 194). This bill would improve access to care, early identification, and quality of care for servicemembers and military family members affected by eating disorders.
- 988 Crisis Response Infrastructure
- Signed on with MHGL to support the nomination of Dr. Miriam E. Delphin-Rittmon for Assistant Secretary for Mental Health and Substance Use at the U.S. Department of Health and Human Services
- Signed on with Coalition to Preserve Rehabilitation’s letter in support of HR 2455, The Resetting the IMPACT Act (TRIA) of 2021
- Signed onto to expand access to Medicaid Home and Community-Based Services (HCBS) AND address the needs of the direct care workforce that provides those services a recommendation letter from The Arc

Arts Advocacy and Training

- Texans for the Arts Advocacy Summit, a week-long event including training on how to be an effective arts advocate specifically for the proposed legislation for Texas. Large statewide training for advocates and smaller group meetings with representatives were conducted.
- Americans for the Arts National Arts Action Summit, a week-long advocacy training and learning event. This even included topics ranging from Arts in Health, Education, and the Juvenile Justice system. Meetings

were conducted with representatives from all 50 states. Go check out the recorded webinars still available at Americans for the Arts website, I highly recommend reviewing the Arts in Health panel.

Diversity, Equity, and Inclusivity Work

The following work was completed by the Government Affairs Chair in alignment with a commitment to personal growth through a Social Justice lens.

- Embodied Power Flower workshop hosted by Diversity in Motion
- Africanist Aesthetic in Dance/Movement Therapy Observation by Ebony Nichols hosted by the PA Chapter of the ADTA
- Moving Cultural Bias two-part webinar by Ebony Nichols hosted by the ADTA
- Growing and Thriving in the Midst of Change, keynote by Carmen Marshal hosted by the ADTA.
- Actively seeking diverse activist and educators to follow on Facebook and Instagram, such as these:
 - Parenting Decolonized
 - Embracing Equity
 - Inclusive Therapists
 - The Cranky Queer Guide to Chronic Illness

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Board Report: Research and Practice

Submitted by Cecilia Fontanesi, PhD, R-DMT

Hello to All ADTA Members,

One year after the George Floyd protests against police brutality and racism in the United States, it is valuable to use this space within the newsletter to share resources and personal experiences that are part of an ongoing process of analysis, deconstruction, and growth.

In October 2020, I joined the Diversity, Equity and Inclusion Committee of the Laban/Bartenieff Institute of Movement Studies. This committee has been meeting biweekly to discuss pedagogy, legacy, and manifestation of bias within the theoretical framework called LBMS (Laban Bartenieff Movement System). With them, I took part in two consecutive anti-racist trainings led by *Human in Common*, a group that offers training to individuals and institutions to amplify awareness of bias, interrupt racist and harmful behavior, and develop skills to be an effective upstander.

I want to name a few resources that have been inspiring, strong, and uncomfortable in this process. You may be utterly familiar with them already. These resources have in common the focus on self-awareness, mapping, and positioning. First, the Native Land tool (imperfect, in-progress) made available by the Canadian not-for-profit organization Native Land Digital (<https://native-land.ca/>). Note that you can send them fixes if you find errors. Second, the Opportunity Atlas, a collaboration between researchers at the Census Bureau, Harvard University, and Brown University (<https://www.opportunityatlas.org/>). Another mapping tool that offers a window into structural factors that feed into systemic racism such as the distribution of wealth, access to education, job opportunities, and incarceration rates. Lastly, the book “Caste: The Origins of Our Discontents” by Isabel Wilkerson, already a bestseller, which many of you might have read. Both audio and written versions of the book are available. Thought-provoking.

Cecilia Fontanesi, PhD, R-DMT

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Marian Chace Foundation

Submitted by Jane Wilson Cathcart, BC-DMT; Ann Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT



The Marian Chace Foundation's Board of Trustees

continues its practice of affirming

diversity, equity and inclusion while fulfilling its mission to

support the development of Dance/Movement Therapy

through research, education and scholarship.

THE MARIAN CHACE FOUNDATION LECTURE 2021

The Trustees are delighted to announce that

Amber Gray, PhD, MPH, LPCC, BC-DMT, NCC

will be the Marian Chace Lecturer at the 2021 ADTA Conference in October.

While it will be a virtual presentation we know her vibrant presence will shine through.

GRANTS

The Trustees are funding two projects for 2021:

Rebekka Dietrich-Hartwell, PhD, BC-DMT, LPC

Research grant: *Rest & Care: A Mixed Methods Pilot Study Examining the Effects of a Dance/Movement Therapy Protocol on Low-Income BIPOC Parents with Traumatic Stress Symptoms*

Advisor: Dr. Girija Kaimal

Consultant: Dr. Angela Grayson, PhD, LPC, BC-DMT, NCC

DMT Group Facilitator; Interviewer-BIPOC: Rosie Davis Aubrey, MA, R-DMT

Jacelyn Biondo, PhD, BC-DMT, LPC

Film grant: *In Conversation with History Holders of the American Dance Therapy Association*

Consultant: Lora Wilson, BC-DMT

2020 Grant Awardees:

Nalini Prakash, MA, BC-DMT, CMA, PhD Candidate

Research study: *Examining the Impact of Dance/Movement therapy on Empathy and School Violence in Ethnic Bullying: A Convergent Mixed Methods Design*

Eleanor DiPalma, PhD, BC-DMT, LCAT

Archival /publication grant: *Liljan W. Espenak Online Resource (LWEOR)*

THE MARIAN CHACE FOUNDATION ANNUAL AWARD FOR SCIENTIFIC AND EDUCATIONAL JOURNALISM

This award is based on theses, dissertations, or research projects required for a degree conferred completed within the past five years and may include updated material. Papers should have no more than two authors. The award carries a \$500 honorarium.

2020 Journalism Award Winner:

Bria Campbell, MA, R-DMT

Past, Present, Future: A Program Development Project Exploring the Post-Traumatic Slave Syndrome (PTSS) Using Experiential Education and Dance Movement Therapy Informed Practices

If you wish to be considered for the MCF Journalism Award please send an email to:

Lynn Koshland, Secretary, Marianchacefoundation@gmail.com indicating that your paper has been accepted for publication in the AJDT and that you meet all the stated requirements.

PUBLICATIONS

The Marian Chace Foundation publications are no longer available for purchase at the ADTA website online store. You may now purchase them on BIBLIO: https://www.biblio.com/bookseller_info.php?d=3979485

DONATIONS to THE MARIAN CHACE FOUNDATION

Donations received March 1, 2021 – May 31, 2021

FRIENDS (up to \$36.00)

Martha Barvin. in memory of Nanine Ewing

Larry Coffey in memory of Richard Hazen Jr.

Shannon Emerick in memory of Nanine Ewing

Sara Speer Selber in memory of Nanine Ewing

Tom Weiss in honor of Nanine

SUPPORTER (\$36.00 - \$99.00)

Brittany Burch in honor of Nanine Ewing

Lee & Linda DeMartino in honor of Nanine Ruth Ewing

Kathleen Douglas in memory of Nanine Ewing

Caroline Holtz

Michael Gardos Reid in memory of Annette Ruedenberg, student of D/MT

Gil Spielberg in memory of Nanine Ewing

PARTNER (\$100.00 – \$499.00)

Am. Registry of Radiologic Technologist in memory of Richard V. Hazen Jr.

Adriana Bellerose in memory of Nanine Ewing and her love of dance

Charlie McMurrey in honor of Nanine Ewing- a beautiful soul!

Alan & Elaine Mut in memory of Nanine Ruth Ewing

Jim and Delrena Sides in memory of Nanine with our love

Rubye Triplett in memory of Nanine R. Ewing

Sharon Woods in memory or Nanine Ewing Salners

CHACE CIRCLE (\$1,000 & up)

Neil & Ginny Gerald in memory of Nanine Ewing

CONGRATULATIONS TO THE 2021 GRADUATES

Congratulations to all those who have just graduated from the various DMT programs. We welcome you into the profession and wish you all the best!

PRESIDENT	SECRETARY	TREASURER	OUTREACH	PAST PRESIDENT
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DMTCB Newsletter Report

Submitted by Julie Miller, DMTCB Chair and Barbara Nordstrom Loeb, DMTCB Compliance Coordinator

In October, ADTA Board approved the BC-DMT Task Force's proposal to revise Employment Hours and Supervision requirements for BC-DMT. As a result of the reduced employment hour requirements, we had a landslide of BC-DMT applications this year – 59 to be exact. And despite the huge increase, were able to review and process them with few hitches thanks to the new streamlined electronic submission process and a lot of hard work by Michelle LaVoy and Lauren Hoyt in the CapHill office.

Additionally, we are pleased to report that the majority of applications passed!

Congratulations to all new R-DMTs and BC-DMTs

The DMTCB is also working hard to diversify its membership through appointment and election of new members. We currently have three open positions to fill before October. We are looking to appoint a new Central Region panelist on the R-DMT panel; and Eastern Region panelist for the BC-DMT panel. In addition, we put out a Call for Nominations to Elect a new Western Region member to the R-DMT panel. PLEASE – if you are interested (or might know someone who is) in serving on the DMTCB in any of those capacities, the requirements are only that you must hold the BC-DMT for at least five years and we would welcome your participation. We will be sending out another Call for Nominations for the Western panelist in the near future. The work of the DMTCB is essential to our profession and can be very rewarding and stimulating .

We are gearing up for the Re-certification process which begins in June. Barbara Nordstrom-Loeb, our Compliance Coordinator has been working with the office staff to implement the process using CE Tracker to track and collect documentation for Continuing Education hours. (Information for how to use CE Tracker has been included in many ADTA digests and will also be added to the website soon.) We encourage you upload your CE documentation as soon as possible, EVEN if you are

not up for re-certification this year! Moving forward, CE Tracker will make it easier to keep track of CE's as you are able to upload any documents as soon as you receive them. Reminder that this year will cover re-certification for both 2020 and 2021 due to the glitches in getting the CE tracker and database up to date as we changed over to the new office last year. Those of you who are due to recertify will be notified by email and will need to submit Recertification form. Ten percent of recertificants in each category (BC-DMT, Reduced Status BC-DMT, R-DMT, Reduced Status R-DMT) will be randomly chosen for an audit and those who are audited will be notified by the DMTCB by email, and will need to ensure that they have uploaded documentation to CE Tracker for all CE's that they are claiming.

Respectfully submitted,
Julie Miller and Barbara Nordstrom Loeb

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California Chapter Report **Submitted by Lauren Zampieri, R-DMT**

First and foremost, the CCADTA wants to send our most heartfelt thoughts and prayers to those who have been so severely affected by the COVID-19 pandemic in India. If you are interested in donating and helping these individuals, please contact the CCADTA or check our social media for more information. We are actively working with our partners in Creative Movement Therapy Association of India (CMTAI) to understand and offer support!

Since the last update, the CCADTA hosted Ashley Fargnoli and Tripura Kashyap for a two-part virtual event in March. We had fantastic attendance and were thrilled to learn from these two brilliant women. Upcoming we have another two-part virtual event on June 12. Part one will be led by Cashel Campbell, MS, BC-DMT, LCAT-LP as she shares a 2-hour workshop on self-care for DMTs through FlexTech. Part two will be led by Reetu Jain, Co-Founder of CMTAI, focused on identifying power, privilege, and oppression in DMT in India. Both women have extensive experience in the field of DMT and will be offering their wisdom to all interested! For more information and to sign up for these events please visit:

<https://www.eventbrite.com/e/ccadta-presents-a-2-part-event-tickets-155717203347>.

As mentioned in our previous newsletter, the Education Committee has been working closely with Loyola Marymount University (LMU) on reestablishing a DMT program in California. The Committee has been developing a proposal to submit to LMU for offering a DMT introduction course hosted by either the psychology, business, or dance departments. We will continue to provide updates as they come but we are excited at the progress of reestablishing DMT education in California!

To stay up to date with all the happenings of the CCADTA please visit our website at www.ccadta.org and sign-up for our email updates. Additionally, as a reminder, we are no longer using LinkedIn, but are increasing the use of Instagram and Facebook to connect with those interested in being a part of the CCADTA as well as a way of connecting with other chapters of the ADTA. If you would like to stay connected with us to learn more about events and news, please follow us on Instagram @ccadta, Twitter @cc_adta, and on Facebook as the California Chapter of the American Dance Therapy Association.

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Illinois Chapter Report

The ILADTA welcomes new board members, Catherine Miller, Diversity and Multicultural Committee Representative, Lauren Milburn, Secretary, and Nicole Anderson, Treasurer to serve a two-year term! Over the past six months, the ILADTA Chapter has dedicated their efforts and energy to the ongoing social justice work that feels deeply important to our DMT community. The ILADTA Board of Directors dispersed a questionnaire within the community. Our community voiced they want more diversity and inclusion tools, resources, and education. A monthly virtual learning opportunity titled, *It Stops With Me, United to End Racism*, was created and initiated once a month. This series is dedicated to the ongoing personal growth through exploration of topics including anti-racism, multiculturalism, and diversity. The open format gives members the opportunity to show up and openly discuss the

material that was presented. This series is open to anyone involved in the ILADTA chapter and the surrounding DMT community.

Another virtual series was created to hold space for difficult and uncomfortable conversations among a group of white identifying clinicians. This white accountability group are for those who are dedicated and passionate about doing the internal work to fight racism and dismantle white supremacy. These gatherings are held on the 2nd Sunday of every month via Zoom beginning in September. Our vision is to come together and support each other while expanding comfort zones. These meetings will remain focused on the discussion topics provided, with room for personal examples and associations, however it is not group psychotherapy or group supervision. The ongoing resource for the gatherings will be the book, *Me and White Supremacy*, by Layla F. Saad.

The community also spoke out via a survey and requested space to reconnect in movement with fellow DMT community members. The ILADTA chapter created *A Call to Move*. This was a live movement sharing event held virtually. The opening intention was based on the question, "**In the midst of our present reality, how are you finding balance and creativity?**" Community members shared set pieces and moved into an open improvisational/movement response forum before closing together. This was a donation based, ticketed event. There was minimum donation asked to support the ILADTA Chapter Board Conference Scholarship. This scholarship will help send a first-time attendee to the National Conference in October.

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MD/DC/VA Chapter Report

The MD-VA-Chapter has two legislative wins to share! Chapter members helped support the passing of the Behavioral Health Crisis Bill in the Maryland General Assembly. This bill covers improvements in telehealth, health equity and provides increased funding for crisis response services to hire mental health professionals to replace police to respond to mental health crises. Additionally, Maryland is the second of 10 states needed to enact the Counseling Compact, an interstate compact allowing professional counselors licensed and residing in compact

member states to practice in other compact member states without the need for multiple licenses.

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New England Chapter Report

Submitted by Courtney Romanowski, LMHC, R-DMT

The NEADTA has a very exciting early summer planned!

On June 13th, we will be hosting our very first Virtual Retreat, “Hello NEADTA: Reconnecting Across Our Lands, Community, and Stories”. The New England chapter's membership spans five states and beyond. How can we continue to come home with each other and for each other?

Please join us for a unique opportunity to come together in community for a retreat-style gathering. Reconnect and get to know fellow chapter members during this day of embodied honoring of the lands we inhabit, the diverse locations we occupy, and our shared community. We would like to respectfully acknowledge the history of displacement of people, in many directions; not only in the past, but also presently. We invite you to reflect on the personhood of the land, how we connect with the land and each other, and the illusions of separation/borders/in minds and hearts.

To acknowledge our most recent DMT graduates, we will experience capstone and thesis projects to appreciate areas of research interest and focus they offer to us. We celebrate our newest DMTs by supporting their contributions and professional milestone moments. This retreat will also include acknowledging outgoing board members and welcoming in newly elected board members.

We will have opportunities for guided embodied experiences with special invited speakers, as well as co-creative space for generating ideas about what each of us receive from and bring to our community--through our stories, practices,

relationships, and beyond. We hope this day serves to create feelings of restoration and inspiration.

More information and registration can be found on our website, neadta.org

And, it's election year! The current NEADTA Board feels as though we have planted some wonderful seeds these past two years, and is excited to welcome fresh perspectives, new voices, and energetic souls into the 2021-2023 term.

All five Board positions are open:

- President
- Vice President
- Treasurer
- Secretary
- MDC Liaison

All current Professional, Associate, and Student NEADTA members are welcomed to vote! Elections will be held the week of June 1st via Survey Monkey. A link to the survey will be shared through email to all NEADTA members the morning of Tuesday, June 1st; the link will close by 12pm on Saturday, June 5th.

Thank you!

Sincerely,
Courtney Romanowski, LMHC, R-DMT
NEADTA President
pronouns: she/her/hers
www.neadta.org
@neadta

Please note that emails will be seen and responded to on Mondays, Thursdays, and Fridays.

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Pennsylvania Chapter Report

Submitted by Jacelyn Biondo, PhD, BC-DMT, LPC

The PA Chapter of the ADTA had a very successful turnout for Ebony Nichol's CE Event *The Africanist Aesthetic in Dance/Movement Therapy Observation*. Nearly 90 participants joined us in absorbing Ebony's knowledge and wisdom around this very important subject matter. Please stay tuned for our next CE Events as well as Networking and Socializing Events that will be coming up shortly!

Also on the calendar is our annual nominations. Please keep your eyes open for our ballot and make sure to get your vote out! If you are interested in joining our board, please reach out to us and we will be happy to talk with you about positions that will be opening in the future and determine what may be the best fit for you.

We are continuing to prioritize our DEI Initiatives in order to develop and take actionable steps towards a more inclusive organization on a local level. With that, this is what we have been up to:

- Rosie Davis Aubrey and Maria Gismondi continue to forge the way as our Multicultural and Diversity Committee Liaisons (MDCL) and are doing so brilliantly!
- The MDCLs have put out an MDC Survey to the PA Chapter to do a needs assessment
- Per the survey, they have been reaching out individually to folx who have requested more information and are connecting them to MDC Affinity Groups
- We are going to develop a PA-based MDC Liaison group to support anyone who identified with any of the MDC Affinity groups
- At the start of each Board of Directors meeting for PA Chapter we continue to discuss current political and social justice related issues as a space of support and holding for our BOD

- We have been sharing DEI resources and learning opportunities with one another, which Lauren, our amazing Secretary, compiles and sends out to our membership in a monthly email
- We are working on developing an MDC Affinity group panel presentation as an upcoming CE event!

We would love to hear from you, so please reach out anytime at paadta@gmail.com
Be sure to like/subscribe/follow us on our social media channels! We would love to engage with you!

- **Facebook:** <https://www.facebook.com/PA-Chapter-American-Dance-Therapy-Association-322491214538902>
- **Instagram:** @pa_chapter_adta
- **YouTube:** <https://www.youtube.com/channel/UCQRJIKOVb6JGMe03ZrO977A>

Submitted Respectfully,
Jacelyn Biondo, PhD, BC-DMT, LPC
PAADTA President

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Rocky Mountain Chapter Report

Submitted by Stina Hoberecht, MA, LPC, R-DMT

The Rocky Mountain Chapter is excited to announce a book club discussion of *Whole Body Sex: Somatic Sex Therapy and the Lost Language of the Erotic Body*. This groundbreaking new book, written by Rocky Mountain member Melissa Walker, R-DMT, LPC, combines Dance/Movement Therapy and Somatic Sex Therapy to help the reader build a whole-body appreciation for their sexuality and creativity. You are invited to read the book and then join us for a virtual discussion with Melissa on July 25. More details will be shared through our email list and social

media. If you would like to receive updates, or to suggest the next book we read together, please email rmadtainfo@gmail.com!

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Washington Chapter Report

The WA chapter has been continuing to build community among board members and introduce ourselves to our membership. We are working on brainstorming workshops and member engagement opportunities for the future as well as planning our future meeting and event schedule.

Meet your WA-ADTA Co-Directors



Nancy Goldov, PsyD, LP., is a board-certified dance/movement therapist, licensed psychologist, and psychoanalytic candidate at the National Institute for the Psychotherapies in New York City. Her dissertation research on the effects of medical dance/movement therapy on body image in women with breast cancer was supported, in part, by a grant from the Marian Chace Foundation of the American Dance Therapy Association. Nancy has a private practice in the University District.



Elizabeth Hough, LMHCA, R-DMT currently works as a community mental health therapist. She is passionate about mental health justice and access and the healing power of creative processes. She completed her Master's degree from Lesley University in 2020 and is excited to help build and support a community of movers, creators, and healers in Washington State.



Julie Marinucci, LMHCA, R-DMT graduated from Drexel's DMT program in 2015. She currently works in community behavioral health; while her prior clinical experience implemented DMT into private school settings for children with Autism and behavioral challenges. Julie is looking forward to meeting chapter members as well as working in collaboration with Nancy and Elizabeth as co-directors of WA-ADTA!

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Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions!

If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via email to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs.

The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be no more than 2 ½ pages when submitted as a Word document

- Do NOT send material in the body of the email
- The subject heading of the submission email should read “ADTA Newsletter Submission”
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

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Newsletter Advertising Information

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below.

Save 20% when you advertise in 4 issues!

Single issue rates are available. Submit ads to info@adta.org.

Member Rates

Single – \$100

2 Issues – \$175

4 Issues – \$300

Non-Member Rates

Single – \$150

2 Issues – \$275

4 Issues – \$500

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