



Newsletter

Volume 55, Issue 3: Fall 2021

A few words from the Newsletter Team: *Happy Fall from the ADTA! We hope you enjoy this edition of the newsletter and learning about the work the board of directors and Association have been doing on your behalf! Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.*

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Board Report: President Elect

Submitted by Angela M Grayson, PhD, LPC, BC-DMT, NCC

Preparing to Lead

As you may be aware, I created a video announcement to share the exciting news that I am transitioning into the ADTA President position!!! While I have served in leadership positions on the National Board of Directors and in the Pennsylvania chapter in the past, this is a huge undertaking. Leading an entire association takes moxy especially during this time of a global health pandemic, racial political unrest and multiple natural disasters and devastation. I am both honored and humbled by the timing of my transition to leadership of an association that understands that body based somatic therapy is vital to the healing process of individuals, communities, and the nation. As dance/movement therapists, we are co-creators in the therapeutic process. It is a collaborative dance of respect, responsibility, empathic listening, and reflection, as well as relationship building. These qualities are also important in leadership in addition to creative thinking, business savvy and a genuine desire to progress the association which I take to heart.

Just to give you a little more insight as to who I am and my thoughts about leadership, I want to share that I am a 'big picture' kind of leader. I am not only focused on where we are as an association but also where we are going. If we are going to be around for at least another 56 years, what shifts do we need to make to assure that dance/movement therapy is the premier therapy in the health and education arenas? In order to have massive reach and appeal, we would fair well to assure that we broaden our perspective of dance and movement to better support those we serve, one another as dance/movement therapists and our individual unique selves. As the Board of Directors and I along with the office staff prepare to lead through these shifts, it is my hope that each of you will also take responsibility

in this relationship to assure that we are sustainable, equitable, diverse, and inclusive to enhance the richness of our profession as we grow into the future.

ADTA 56 ~ Dance/Movement Therapy: Ancient Healing, Modern Practice

Virtual Conference October 14-17, 2021

Registration is now OPEN!!! The Annual Conference Committee has been meeting and planning for months to organize a virtual conference experience that will be as interactive and social as possible. If you haven't yet, take a peek at the amazing schedule that we have cultivated with you in mind! There will be more live presentations and workshops this year (at your request!). We've even added some new events like the virtual pre-conference Interactive Games Happy Hour! There will also be a special biweekly conference edition of the Digest so please stay tuned for conference updates from the ADTA in your email and on our social media accounts.

In the meantime, please do not hesitate to contact me with any questions at presidentelect@adta.org.

Peace & Joy!

Angela M Grayson, PhD, LPC, BC-DMT, NCC
ADTA President Elect
Board of Directors, Executive Committee Member

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Board Report: Treasurer

Submitted by Jacelyn Biondo, Ph.D., BC-DMT, LPC

I continue to hold all of you and your loved ones in my thoughts and hope you all are well. Please make sure you are caring for yourselves and those around you as we continue to grieve collectively. Please reach out if I can be helpful in any way: treasurer@adta.org.

Treasury: My regular meetings with our Financial Advisory Team at CapHill continue to be a way for me to organize our budget documents and brainstorm ways in which we can increase revenue outside of our membership and conference. With the positive reception from our membership of our Pilot Sliding Scale Membership Dues, we were encouraged to branch out this concept to our Conference Fees. Please note the option of Sliding Scale Pricing as you register for ADTA Annual Conference.

DEI Updates and Accountability: DEI works is a lifelong journey that I am committed to embark on. This quarter, I have been reading *Decolonizing Trauma Work: Indigenous Stories and Strategies* by Renee Linklater. Additionally, as a new faculty member at Lesley University, I compiled a resource list for DMT students and faculty to remain informed on LGBTQIA+ culture, vocabulary, and resources. I have recently been introduced to the New York Times Podcast 1619, informing folx on the history of enslaved Africans.

I participated in 2 panel discussion entitled *Tales from the System*. The first session focused on Traumatic Impact on Black Adolescents & Black Therapists. The second panel focused on Systemic Solutions for Black Adolescents and Black Mental Health Professionals. The panelists work for Full Being Services, a wellness collective committed to providing accessible services to the community of Philadelphia. Check them out here: <https://www.fullbeingservices.com/>

To accompany the Sliding Scale Membership Pilot for the ADTA, we have launched the Sliding Scale Pricing for the ADTA Annual Conference. I continue to strive to find ways Treasury can contribute to membership equitability and our sliding scale options are the first step.

In addition to supporting my favorite Black owned bookstore (<https://www.unclebobbies.com>), I made a donation to Maraya Performing Arts

“Chula Vista’s premiere performing arts center offering multigenerational training in dance, music, & theatre.” The owner, Anjanette Maraya-Ramey, has overcome more hardship and with more grace imaginable. She is an inspiring human with drive, perseverance, and passion for arts, equality, and justice. Check her work out here or make a donation: <https://marayaarts.com/>

Reminders: The ADTA is a 501(c)6, which means that your donations may be written off as a business expense rather than as a charitable donation. Please consult with your financial advisor regarding individual circumstances around write-offs.

Planned Giving Campaign. Please feel free to pass this information along to anyone who may be interested:

Leave a lasting legacy to our profession by remembering the ADTA in your will. You can choose to leave a monetary contribution to our past, present, or future with a gift of your choice as follows:

Past: Archive Project

Centrally digitize our history: Board minutes, journals, films/videos

Present: Service, Education, Scholarships

Day of Service at Conferences, Endow the annual Conference Scholarship

Future: Development of DMTs and Fellowship for Research

Develop scholarships to support the education of future DMTs, Develop Research Fellowships

As always, I am honored and humbled to serve this organization

Submitted Respectfully,

Jacelyn Biondo, Ph.D., BC-DMT, LPC
ADTA Treasurer
Executive Committee Member



Board Report: Multicultural & Diversity Committee Submitted by Charne Furcron, BC-DMT

Does the ADTA need the MDC?

The ADTA has some members who believe the organization doesn't need a Multicultural and Diversity Committee (MDC). I have experienced this statement most often being made by someone with good intentions. In the past, I have heard it reassure friends, colleagues, or acquaintances that everyone is also equal. The statement may also be used to avoid feelings of discomfort caused by discussions about diversity and inclusion. This statement implies that diversity should not be an issue if we do not acknowledge it.

Regardless of the heart behind the comment, what MDC hears carries more weight. It shows you are unwilling to acknowledge that the ADTA demographics are changing. The lack of understanding that the MDC is necessary is a sign of unconscious bias and denies the intersectionality of various ADTA members. Without seeing a person's identity, you deny the essence of who they are. As they move through society, their identity greatly influences their experiences. Consider what it would be like if someone refused to acknowledge your identity.

Because of your unconscious bias, you are causing racial and historical trauma for the non-white ADTA members. A person's unconscious bias is much more prevalent than conscious prejudice, and it often clashes with their conscious values. People need to remember that a lot of harm has occurred to BIPOC people for an extended period over time, and things in our daily lives can trigger our trauma. Therefore, historical and racial trauma is real.

Historical and racial trauma is the physical, psychological, and social injury caused by exposure to factors such as racism, unconscious bias, discrimination, and violence against Black, Indigenous People of Color (BIPOC) (Helms, Nicolas, & Green, 2010). It is a form of race-related traumatic stress that may occur to individuals suffering from emotional trauma, sudden and uncontrollable encounters, or unintentional events. Therefore, a person of color feels unsafe because of the color of their skin. Often, students of color encounter systemic and continuous racism that extends beyond a single incident. Individuals do not cause racial trauma; racial trauma is a systemic problem. Through systemic racism and White supremacy, it is maintained and strengthened.

I encourage you to educate yourself on White Fragility. As a result, you will better comprehend historical and racial trauma and become an Ally to end racial inequality.

I have included a list of resources below to get you started.

- **Anti-racism resources:** A list of resources for White people who want to engage in anti-racism work. bit.ly/ANTIRACISMRESOURCES
- **12 Ways to Be a White Ally to Black People:** <https://www.theroot.com/12-ways-to-be-a-white-ally-to-black-people-179087678>
- **Racial Trauma Is a Public Health Emergency**
- <https://www.psychologytoday.com/us/blog/take-care-black-women/202006/racial-trauma-is-public-health-emergency>
- **My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies** by Resmaa Menakem

Resources to support Haiti

People wonder, "What's the best way to help the Survivors of the Earthquake in Haiti?" Each of the charities listed below has a history of working to support Haiti.

- Ayiti Community Trust Foundation - www.ayiticommunitytrust.org
- Hope For Haiti in La Cayes - www.hopeforhaiti.com
- Capracare - www.capracare.org
- Fonkoze - www.fonkoze.org
- Partners In Health - www.pih.org

- CofHed in Camp Perrin - www.cofhed.org
- Locally Haiti in Petit Trou de Nippes - www.locallyhaiti.org
- PRODEV Network of Schools in South and Grand Anse - www.prodevhaiti.org

Ashe! Ayibobo! Thank you!

MDC Scholarship Information

- **Who is eligible?** A member of a group or groups that have been historically underprivileged or underrepresented in the ADTA community because of one or more of the following personal identity dimensions: race, ethnicity, national origin, economic class, sexual orientation, gender identity, age, religious or spiritual affiliation or disability factors.
- **What is the purpose of the scholarship?** The Focus Award is designated to assure that the recipient addresses their multicultural and/or diversity personal identity factors and funding need.
- **What is the amount of the scholarship?** The scholarship is for a free 2020 ADTA virtual conference registration which includes access to all scheduled conference events and on-demand access to the pre-recorded conference workshops through January 31.
- **When and where to apply?** Apply September 18, 2020, by 6 pm - Email your name and eligibility criteria to adta.mdc@gmail.com with the subject Focus Award.
- This year's award will be selected via lottery, and *the award recipient will be announced on September 22, 2020.*

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Board Report: Ethics

Submitted by Joan Wittig, BC-DMT, LCAT

Warm greetings from the Standards & Ethics Committee: Joan Wittig (Chair), Hang Yin Candy Lo, Neha Christopher, Nancy Herard-Marshall, Douglas Cornman, Selena Coburn, Megz Roberts, Jenn Whitley, and Brigitta White. This is my last newsletter as Chair of the committee. As of October 16, Selena Coburn will step into the role of Chair of S&E. You could not be in more capable hands!

It has been the greatest honor, as well as a pleasure, to serve in the role of Chair of Standards & Ethics these past four years. I am passionate about dance/movement therapy, and have spent much time and energy over the years promoting our work. None of those hours have been more satisfying than those spent serving as a member of the Board of Directors for the ADTA. These have been some hard years, with the organization facing many challenges, especially regarding how to be a truly equitable and inclusive organization. It's been an especially interesting time to be part of the S&E Committee, as our membership has grappled with how to raise your voices in ways that promote social justice, diversity, equity, and inclusion, while maintaining an ethical position and professional and personal integrity. Many questions have arisen regarding the ethics of personal expression in public forums, for example, Facebook and other social media platforms. Questions have arisen about the relationship between personal expression and professional demeanor: how can DMT's raise their voices to call out injustice and to call in fellow DMT's, and maintain professional integrity and ethical behavior? It is essential that every member of the ADTA commit to anti-racism, and to deconstructing the bias, both conscious and unconscious, that resides in our organization. S&E has been called on to provide some guidance as we as a profession struggle to more accurately define our work and its origins; and as we consider how best to move forward.

As part of this effort, the S&E Committee has sought information from our members about what our biggest ethical questions and challenges are. And from there we reached out to international DMT communities, to ask them about their ethical questions and concerns. As a result, we will be hosting a live conversation at our upcoming conference in October: members of the ADTA as well as DMT's from around the world have agreed to talk together about some of our most difficult ethical challenges as DMT's in these changing times. In particular, we will be addressing questions about the use of touch, social justice, and diversity in DMT practice.

These conversations are growing out of thoughts on how we can stay in touch with ethics committees from international associations, as well as individuals in countries where there are no dance therapy associations. It has been illuminating to see ways in which we share thoughts on ethical practice, as well as to see differences in concerns, and what the most pressing ethical issues are in different parts of the world.

As part of our contribution to ongoing diversity, equity, and inclusion work in the ADTA, we are in the process of reviewing and revising the procedures for making both formal and informal ethical complaints. Specifically, we are looking at the fact that currently there is no way to make an anonymous complaint, either formal or informal. Though we can see the historical reasons for this, at this point this may make it impossible for anyone who is concerned about repercussions from someone in a position of power to make complaints; and this impacts not only individual members, but the field as a whole. As we consider how best to revise these procedures, we are investigating restorative justice approaches, which may support resolution of ethical complaints and concerns in a productive fashion rather than a punitive one.

The Board of Directors is committed to efforts to confront racism and to increase equity and inclusion in our organization; and as such, each member of the BOD is engaging in ongoing personal work to assist in this work. Some of the efforts that I am engaging in, as Chair of S&E:

- Work group for white identified creative arts therapists – I have met with this group on and off for the past two years;
- Ongoing supervision twice a month with a Black identified colleague, specifically to address areas of concern in teaching group process
- Whiteness Learning Group, meeting three Saturdays in September
- Whiteness Group, meets every other week, from September through June
- Facilitator for Woodhull Hospital Creative Arts Therapy Department, monthly discussions on the impact of race in clinical work
- Leading DEI curriculum work group at Pratt Institute
- Ongoing readings associated with all of the above; as well as subscribe to Anti-Racism Daily

As a member of the BOD, and as a dance/movement therapist, I am committed to ongoing education to continue to participate in deconstructing racism in the ADTA.

As always, the S&E Committee would love to hear from you! Ask questions, send comments...you can reach us at ethics@adta.org.

I am grateful to all the members of the ADTA Board of Directors, as well as every member of the S&E Committee over the past four years. My life is better for knowing each of you.

And congratulations to Selena Coburn, new Chair of Standards & Ethics!!

Respectfully submitted by Joan Wittig BC-DMT, LCAT, Chair, S&E Committee

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Board Report: Secretary

Submitted by Ambria Cunningham, R-DMT, LPC, NCC

Greetings ADTA Family,

I am your outgoing Secretary and member of the Executive Committee. It has been an honor to serve as your secretary over the past two years, and I am appreciative of all the connections I have made along the way. As I approach the final weeks of

my term, I am excited to share a new professional gathering that will be occurring during the conference.

The New Professional Subcommittee will be cultivating a casual gathering space to welcome New Professionals to the conference and to the ADTA. If you are a new professional (2 years post-graduation), we welcome you to the New Professional Happy Hour along with your preferred beverage to offer opportunities for connection and addressing any questions/concerns you may have as a New Professional.

The Student Subcommittee is currently collaborating to create a student informational packet to available to current students in approved programs.

Again, it has been an honor to serve on the Board of Directors to offer support to our student and new professional communities.

Ambria Cunningham, R-DMT, LPC, NCC
Secretary, Board of Directors
She/her/hers

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Board Report: Committee on Approval

Submitted by Danielle Fitzpatrick, BC-DMT



Do you ever wish you had a crystal ball? Though our future feels uncertain as we move into the fall, the Committee on Approval (COA) is sure of one thing. Creativity abounds in the field of dance/movement therapy (DMT), and we will overcome.

As the Chair of the committee, I want to thank the educators, supervisors, and especially the students for seeing these challenging times as an invitation to engage in the creative process and to rise above, go around, dig under, or plow through the obstacles we face.

Who Are We? A Piece of Accountability

The educational landscape is in flux right now; how can we be sure that students are getting a strong foundation in the skills to practice DMT? That's where our committee comes in. As a regulatory body made up of volunteers who annually dive into the details regarding the delivery of DMT education, the COA and the Subcommittee on Approval of Alternate Route Courses (SAARC) review dance/movement therapy approved programs and alternate route courses for compliance with ADTA education standards.

For more information on the work that we do, follow this link:

<https://docs.google.com/document/d/1qoXXEyAzVLvAQYH5IIZHbu8AXSTWgjQbxm1vx3YdgKU/edit?usp=sharing>

Your Voice is Wanted!

- Interested in education and professional development?
- Detail-oriented and a team player?
- Committed to decentering whiteness in education?
- Seeking a rewarding and meaningful way to give back to your field?
- Wanting to connect with other dedicated DMTs?
- Wanting to earn CEs towards your R-DMT or BC-DMT?

We have an opening in SAARC.

- Alternate Route Course Reviewer qualifications (SAARC)
 - Current or former alternate route educator
 - Familiar with Education Standards and the Alt Rte track
 - Advocacy for inclusive learning/teaching
 - Send a letter of interest and CV to approval@adta.org

COA Committee Members:

The work of the COA and SAARC is done by a team of dedicated, thoughtful and supportive volunteers:

Diane Bartko (Naropa)	Valerie Blanc (Lesley)	Elizabeth McNamara (Interim Supervisor)
Ted Ehrhardt (Pratt)	Susan Orkand (Sarah Lawrence)	Danielle Fitzpatrick (Antioch)
Christina Devereaux (Drexel)	Vacant Position (Public Member)	

SAARC Members are as follows:

Susan Saenger (Chair)	Laurel Bridges (Alt Rte Educator)	Amber Gray (Alt Rte Educator)
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Bernard Ehrhardt (COA rep)	Kim Rothwell (Alt Rte Educator)	
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A Few Helpful Resources

We know you don't have a crystal ball... but maybe some information and resources can help you navigate this uncertain future. Read on for some helpful information for educators, students, and supervisors.

1. Approved Programs: Review Status

There are 6 approved programs in DMT, and one program in Candidacy.

Naropa University—Congratulations to Naropa University for receiving 6-year approval after the COA accepted their Self Study report.

Drexel & Lesley—These programs are currently writing their 6-year self-study, which is due at the end of the year.

Rider University—This program continues in Candidacy status at this time.

Antioch, Sarah Lawrence, and Pratt—The Committee on Approval is in the process of reviewing the annual reports for the other approved programs at this time.

2. Alternate Route Courses: New Courses

All courses being approved for the 1sttime must be submitted in compliance with revised standards effective immediately. An application, accompanying syllabi, and the educator's professional CV can be submitted to the Chairperson, Susan Saenger at ARapproval@adta.org.

3. Alternate Route Courses: Need to get Re-approved?

If you currently offer a course that was approved before **2013**, please submit a course revision to SAARC **by December 31, 2021**. There is no fee for revisionary approval. Refer to the *ADTA Standards for Education and Clinical Training* for approval requirements. SAARC reviews all alternate route course applications for approval. An application, accompanying syllabi, and the educator's professional CV can be submitted to the Chairperson, Susan Saenger at ARapproval@adta.org.
Need some help? No worries...

- The application is actually designed with a checklist to make sure you don't miss anything.

[Application for Approval of Alternate Route Courses](#)

- And the COA wrote a handy-dandy Guide to filing for re-approval.

[A Guide to Approval for Alternate Route Educators](#)

- Check out the NEW Alternate Route Educator Webinar: "Getting Approved...Staying Approved"

[Access the FREE Webinar HERE](#)

4. Potential Programs: Thinking about Starting a Program?

[Positioning Ourselves for Growing New Programs](#)

A key goal of the COA is the development of tools that will facilitate new programs in DMT to come on board as rapidly and efficiently as possible. In particular, the COA hopes to attract HBCUs and public institutions to consider starting a DMT program. Click the link above to find out more!

5. Covid Accommodations—Are they still in place?

Yes! We recognize the profound impact of the continued pandemic on our student members and educators. During the current global health crisis, the COA has authorized accommodations and offered suggestions for creatively adapting DMT education and training in response to the impact of COVID-19. These accommodations are in place for the duration of time an institution, program, educator, or student are directly and impactfully influenced by the pandemic. Please read the following document for guidelines, suggestions, and covid-related resources.

[COVID Accommodations](#)

6. Working for an Inclusive Future

We don't need a crystal ball to see that the future of the ADTA and the profession has to be a more inclusive one. Recruiting diverse committee members, enhanced data collection, and revisions to the approval review are all goals for this coming

year. In addition, we hope to help our members become aware of the accountability measures that are already in place and to invite them to share their ideas on how we could do better

As presented in the last newsletter, these are some documents that outline some of the ways the committee members are doing the important work to better themselves around examining bias, power dynamics, and systems that perpetuate privilege and oppression.

[COA response to DEI Action Plan](#)

[COA List of DEI Goals](#)

[COA Chair's DEI Work](#)

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Board Report: Education

Submitted by Tomoyo Kawano, PhD, BC-DMT, LCAT, NCC

The academic year is upon us and I am excited to welcome all of the new students to the DMT community. I am in awe of the flexibility and vibrancy of the dance/movement therapists and therapists-in-training who are not only navigating the constant pandemic-related changes but creating new ways of doing DMT. With barely an interval, the educators are continuing to work on evolving our DEI in the DMT curriculum and instruction, exploring the histories, pedagogy, and diverse perspectives of movement observation and assessment, and reviewing the education and training standards. Some of the progress that has been made will be shared with the membership during the annual conference in October. The

approved program directors will be presenting an overview of their work in the past year, share their personal stories, and engage in a question and answer session in “Developments in Dance/Movement Therapy Education: Overview and Personal Narratives of Educators.” The subgroups focusing on pedagogy and diverse perspectives and frameworks (Eri Millrod, Nancy Beardall, Meg Chang, Sherry Goodill, Suzanne Hastie) joint forces and will be sharing their findings on pedagogical approaches in “Towards Diversity, Equity, and Inclusion in Movement Assessment: Collaborating to Move Forward.” Insights from these exchanges will be submitted to the Education Committee’s and included in a report of recommendations to the ADTA.

The group researching Laban’s history is in the process of adding a section and revising the paper that they co-authored in April (Susie Imus, Carol-Lynne Moore, Valerie Blanc, Jessica Young, Elissa White). The “Standards Refining Club” (Christina Devereaux, Valerie Blanc, Valerie Hubbs, Tomoyo Kawano, Elise Risher) is critically interrogating the standards with the goal to support the outcomes of our students’ practitioner readiness. The group aims to have recommendations by 2022 for full approval. Please feel free to reach out if there are any areas that you would be interested in reviewing.

Last year, the standards for movement observation and assessment were revised by a task group (Nancy Beardall, Meg Chang, Angela Grayson, Ebony Nichols, J Lyn Thomas, Elissa White) and approved this year by the board. These are updated in the newest document and will be switched over on the website very soon. Please stay tuned.

Alternate Route Education (by Sandra Beggs)

This fall, the Alternate Route Education Subcommittee (ARES) is excited to welcome Laura Allen to the role of Chair of ARES. Laura has been involved in the development of the Advisement role for The Alternate Route, the development of the Clinical Training Manual, and is very familiar with the work we have been doing to implement the Standards for Education and Clinical Training. Laura has strong administrative and clinical backgrounds and has served in several roles with the ADTA. Our outgoing Chair, Sandra Beggs and our initial Chair Barbara Nordstrom-Loeb will continue to support Laura as she transitions into the role, providing continuity as necessary.

ARES is currently focused on three project areas: the Advisement Webinar and training, revisions to the Clinical Training Manual, and the development of an AR Student Portal, housed on the ADTA website, to support better communication and retention of our AR Students. The AR meet and greet during the conference will resume next year.

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Jane Wilson Cathcart
Ann Lohn
Sharon Chaiklin
Susan Kleinman
Lynn Koshland

Marian Chace Foundation

Submitted by Jane Wilson Cathcart, BC-DMT; Ann Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT

Marian Chace Foundation

SUPPORTING THE DEVELOPMENT OF DANCE/MOVEMENT THERAPY
THROUGH RESEARCH, EDUCATION AND SCHOLARSHIP

The Marian Chace Foundation's Board of Trustees continues its practice of affirming diversity, equity and inclusion while fulfilling its mission to support the

development of Dance/Movement Therapy through research, education and scholarship.

THE MARIAN CHACE FOUNDATION LECTURE 2021

The Trustees are delighted to announce that

A Screening of

Dance Therapy: Power of Movement

and

Panel Discussion with the creators

Panel Moderator: Dr. Jacelyn Biondo

Friday, October 16, 2020, 12:00 pm – 1:15 pm ET

The Marian Chace Foundation Lecture is free and open to the general public. While it will be a virtual presentation it will be streamed live.

An access link will be provided in October.

PUBLICATIONS

The Marian Chace Foundation publications are no longer available for purchase at the ADTA website online store. You may now purchase them on BIBLIO:

https://www.biblio.com/bookseller_info.php?d=3979485

**THE MARIAN CHACE FOUNDATION ANNUAL AWARD FOR
SCIENTIFIC AND EDUCATIONAL JOURNALISM**

This award is based on theses, dissertations, or research projects required for a degree conferred completed within the past five years and may include updated material. Papers should have no more than two authors.

The award carries a \$500 honorarium.

If you wish to be considered for the MCF Journalism Award please send an email to: Lynn Koshland, Secretary, Marianchacefoundation@gmail.com

You must indicate that your paper has been accepted for publication in the AJDT and that you meet all the stated requirements.

There is no deadline for submissions.

DONATIONS to THE MARIAN CHACE FOUNDATION

Donations received June 1 – August 31, 2021

FRIENDS (up to \$36.00)

Martha Barvin

in memory of Nanine Ewing

Vicky Wilder

SUPPORTER (\$36.00 - \$99.00)

Sandy Dibbell Hope

Thank you, as always, for supporting my work with women with breast cancer.

Mona
Reis

in honor of the forever friendship between Nanine Ewing and Glenna Boyd

Terry Tyler

in memory of Nanine Ewing

PARTNER (\$100.00 – \$499.00)

Jeff Abrams	<i>in loving memory of Nanine Ewing</i>
Adrian & Julie Acevedo	<i>in memory of Dr. Nanine Ewing</i>
Betty Baer	<i>in memory of Nanine Ewing</i>
Larry & Jody Cochran	<i>in loving memory of Nanine</i>
Bobby & Boo Collins	<i>in memory of Dr. Nanine Ewing</i>
Lisa Davis	<i>in memory of Nanine Ewing, a guiding light and inspiration to so many.</i>
Jim & Jennifer Embry	<i>in honor of Dr. Nanine Ewing</i>
Enod Gray	<i>in memory of Nanine Ewing</i>
Dawn Hawley	<i>in memory of Nanine Ewing Salners</i>
Kristan Huddle	<i>in honor of Dr. Nanine Ewing Salners, beloved friend of 50 years, permission giver, bearer of light, laughter and joy. I miss you.</i>
Tim & Judith Kachinske	<i>to honor the memory of Dr. Nanine Ewing</i>
Marilyn Miller	<i>in memory of Nanine Ewing</i>
Steven Stoicovy	<i>in memory of Dr. Nanine Ewing</i>
Rubye Triplett	<i>in memory of Nanine R. Ewing</i>
Bryan Vezey	<i>in memory of Dr. Nanine Ruth Ewing</i>
Sharon Woods	<i>in memory of Nanine Ewing Salners</i>

CHACE CIRCLE (\$1,000 & up)

Gary Crum

in remembrance of Nanine Ewing

Patrice Domercq

with loving memory and in honor of Nanine Ruth Ewing

Hancock Center

PRESIDENT	SECRETARY	TREASURER	OUTREACH	FAST PRESIDENT
JANE WILSON CATHCART	LYNN KOSHLAND	ANN LOHN	SUSAN KLEINMAN	SHARON CHAIKLIN
EMAIL: MARIANCHACEFOUNDATION@GMAIL.COM		MAILING ADDRESS: 976 EAST 200 SOUTH, SALT LAKE CITY, UT 84102		

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California Chapter Report

Submitted by Lauren Zampieri, R-DMT

As we approach the new season of autumn, the CCADTA would like to take some time to acknowledge some changes happening within our board as well. First, thank you to our board members, Megan Schaffer, Bobbi Lennon, Tayne Bergman, and Lauren Zampieri who have volunteered and been a part of the board in a variety of capacities. We look forward to seeing what the future holds as you move forward as DMTs forging the way for new paths in this field! The board would also like to welcome on Alicia Brewster as NorCal Programming Co-Chair and Melody Plastow as Student Representative – thank you for joining the CCADTA board! We are equally as excited for your contributions to this growing field in California! We currently still have openings for Secretary and Elections Chair so if you are interested in becoming more actively involved in the CCADTA please email us at ccadta@gmail.com.

In July, CMTAI, in partnership with the CCADTA hosted our very own Education Committee Chair, Malini Nagpal for a presentation on the Cross-Pollination of Indian Psychological Theories to Dance/Movement Therapy exploring the cross pollination between the DMT and the Indian psychological and social sciences theories of self-

concept, self-development, ways of seeing, dancing, moving, and the gaze theory. Through her years of experience in this field, attendees were given an opportunity to further explore the use of DMT cross-culturally and in a variety of capacities. We also have a handful of members who will be presenting at the national conference so please sign-up on ADTA.org to attend!

As mentioned in our previous newsletter, the Education Committee has been working closely with Loyola Marymount University (LMU) on reestablishing a DMT program in California. The committee has been actively involved in the development of a DMT introduction course hosted by either the psychology, business, and dance departments upon approval. We will continue to provide updates as they come and are excited about the prospective reestablishment of DMT education in California.

To stay up to date with all the happenings of the CCADTA please visit our website at www.ccadta.org and sign-up for our email updates. Additionally, as a reminder, we no longer use LinkedIn, but are increasing our presence and use of Instagram and Facebook to connect with those interested in being part of the CCADTA as well as a way of connecting with other chapters of the ADTA. If you would like to stay connected with us to learn more about events and news, please follow us on Instagram @ccadta, Twitter @cc_adta, and on Facebook as the California Chapter of the American Dance Therapy Association.

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Carolina Chapter Report

Submitted by Kyla M. Koontz, BC-DMT, Vice President of the Carolina Chapter

The Carolina Chapter held officer elections at our annual meeting in June. We are pleased to announce the results: Virginia Hill will continue to serve as Chapter President, Kyla Koontz has moved into the role of Vice President, and Christina Motley will take on the role of Secretary/Treasurer for the next term.

The Carolina Chapter held our quarterly Social Dis-Dancing hour on August 20, 2021. Chapter members discussed beginning a book club, kicking it off with Mark Wolynn's *It Didn't Start With You: How inherited family trauma shapes who we are and how to end the cycle*. We will meet 3 times virtually to discuss the book, and welcome interested DMTs from other chapters to join in the conversation! Our first meeting will be September 17th at 7pm. Contact us at carolinaadta@gmail.com for connection details!



Displaying "embracing" movements are, left to right, Virginia Hill, Christina Motley, Sarah Arnett, Kyla Koontz, and Susan Saenger.

The Carolina Chapter is also planning and preparing for our next virtual workshop, on October 9, 2021. The presenter will be Amber Grey, PhD, MPH, LPCC, BC-DMT, NCC. Stay tuned for more details to come on this event.

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New England Chapter Report
[Newly Appointed NEADTA Board:](#)

The New England Chapter of the American Dance Therapy Association (NEADTA) held its bi-annual elections in June 2021. The newly appointed NEADTA Board was appointed as of July 1st, 2021, and will serve our community till June 2023.

Meet the Board



Stefanie D. Belnavis, BC-DMT, LMHC (she/her) is a differently-abled Jamaican-American visual storyteller, kinesthetic creative, photographer + therapist based in Boston, Massachusetts. She stays wearing many hats as a Board-Certified Dance Movement Therapist, a perinatal mental health clinician, a disability advocate, a professor + a multidisciplinary portrait, dance + perinatal photographer.

An immigrant herself, Stefanie's work is charged with creating sustainable, inclusive + cross-cultural spaces that can propel intersectional + decolonizing dialogues around multicultural perinatal mental health experiences alongside creative forms of healing, namely dance movement therapy, visual storytelling, photography + journaling.

As the founder of [@abucketforthewell](#) ; an embodied healing collaborative centering body liberation + storytelling through creative, perinatal, kinesthetic + conscious wellness for birthing families of color – Stefanie has cultivated healing + creative wellness community that centers early attachment/relationships within communities of color, intergenerational perinatal mental health legacies, trauma + healing + perinatal/birth justice + racial equity. Our community offers culturally affirming, trauma-informed, somatic + therapeutic support for the lived experiences + stories of BIPOC birthing families of color + their community partners within the US + the Caribbean Diaspora. Stefanie is also the Founder of The Diahann Project (TDP) [@thediahannproject](#) and The Diahann Project Births (TDPBirths) [@thediahannprojectbirths](#) . Both portrait photography-based collaboratives are centered around elevating the intersectional visual stills + stories of BIPOC folks. Stefanie is a Faculty Professor at Lesley University and holds membership with the American Dance Therapy Association where she serves as a member of the Multicultural Diversity Committee and is the current President of the New England Chapter of the American Dance Therapy Association.



Jasmine Tynae Dowery (she/her), MA, R-DMT, SAC, is passionate about healing and holding spaces to facilitate such. As a descendant of Yoruba ancestry, she has come to the work of Dance/Movement Therapy as an additional tool to enhance the collective's awareness of self, healing repertoire, and connection to our divine calling and ancestry. Jasmine believes we all can learn best practices when we listen to understand (heart) and not just to learn (mind). Jasmine is a 2020 graduate from Lesley University, served as a student representative for the ADTA, and was awarded the 2020-2021 Norma Canner Scholarship for her passion and excellence in Dance/Movement Therapy. Jasmine combined all aspects of her identity and passion for healing the diaspora in her Capstone Thesis entitled: (Re)humanizing: A Culturally Informed Approach to Coping with the Manifestation of SuperWoman Schema in Black Women with Trauma Exposure.

"I, Jasmine Tynae Dowery, am interested in serving as your Vice-President for the NEADTA with a promise to speak tactfully, authentically, and eloquently to amplify all voices that tremble when their truth is being expressed. I will utilize my active listening skills, intuition, passion, and compassion for the human experience to create safe spaces for all of our members."



Iyit Benusia, MA, R-DMT, My name is Iyit Benusia, and people here usually call me IB. I am a recent graduate of Lesley University. I am originally from Indonesia and have been living abroad for 8 years now. I am relatively new to the US, but my experience living abroad for the past years has boosted my passion for serving the marginalized population in my clinical practice.

“My biggest aspiration in joining the NEADTA board members is for the story of my people to be heard by the larger public! My identity as a Chinese-Indonesian has taught me to live in the dark for a long time. Chinese-Indonesian has such a long and dark history of racism and discrimination, even in our home country. And I think the most realistic way to achieve that is to start from something small, such as contributing to the NEADTA committee, where my voice is heard and my contribution is valued.

Joining the NEADTA board also gives me the chance to give back to this beautiful Dance/Movement Therapy community that has guided me through my journey. I wish that my voice and service can be an inspiration to other people no matter how small the impact is. Every small thing counts!”



Ashley N. Abesamra, LMHC, BC-DMT, MA, is a licensed mental health clinician specializing in group and individual therapy with infants/toddlers, children, adolescents, and adults. Her counseling approach is strengths-based, client-centered, and goal-oriented. Her work is rooted in dance/movement therapy and expressive arts theory. Her work has primarily focused on anxiety, parenting support, trauma/PTSD, ADHD, adjustment challenges, Autism, Intellectual Disabilities, depression, and challenging childhood behaviors.

Ashley Abesamra received her B.A. in Psychology from Middle Tennessee State University. She received her M.A. in Expressive Therapy with a concentration in Dance/Movement Therapy and Clinical Counseling from Lesley University. She has worked in residential treatment, a day treatment program, early intervention, a school-based setting, and most recently in outpatient therapy. Personally, Ashley enjoys dancing, exercising, walking outside, going to the beach, cooking/ baking, and spending time with her husband and daughter.

“I am passionate about dance/movement therapy and leadership. I have experience serving on a board of directors, and I would value the opportunity to apply my skills to support the dance/movement therapy community. This seemed like the ideal time to get involved, as I would like the opportunity to continue with some of the work that was emphasized by the previous board members around diversity, equity, and inclusivity. I would also like to continue to work on creating opportunities for connection and peer support. As treasurer, I know I could support the board in making important collaborative financial decisions that would benefit the mission and priorities of the NEADTA community.”



Angel N. Chan, MA, MSSc, R-DMT (she/her) is an Asian, trilingual (English, Cantonese & Mandarin) dance/movement therapist, dancer, and performer, with 5 years of clinical and research work experience in mental health counseling, mindfulness-based and scientific research, and community outreach in both Hong Kong and the U.S.

Her trauma-informed and strength-based practice has been utilized in both clinical and research settings. Her past experience has been with mothers diagnosed with postpartum depression, parents and children, caregivers of people with psychosis, and the elderly diagnosed with dementia in a residential setting. Having grown up in Hong Kong and spent 8 years abroad in Australia and the US, she hopes to integrate both Eastern and Western philosophies using dance/movement therapy and psychotherapy, thus promoting healing and holistic well-being.

Angel received her Master of Arts degree in Clinical Mental Health Counseling, with a specialization in Dance/Movement Therapy from Lesley University and a Master of Social Science in Behavioral Health from The University of Hong Kong. Outside of her clinical work, she enjoys dancing, choreographing, performing professionally. She also enjoys spending time in the sunshine and the ocean.

“I am heavily motivated to contribute to our community of dance/movement therapy. I have been through the social movement of my home in Hong Kong and witnessed the ongoing struggle, pain, and healing of the BIPOC community in the US. Having witnessed and experienced the impacts of collective trauma, I believe in connecting with others through our vulnerability, empowerment, and resilience. I deeply respect the diversity of our community and wish to incorporate my skill and perspective into my prospective work with leaders in the New England Chapter.”

[NEADTA at the Antioch University and Lesley University Orientations:](#)

Members of the NEADTA Board were able to join in community with our incoming dance therapy students, both, at the 2021 Community Day at Antioch University and the 2021 Dance Movement Therapy (DMT) Orientation Day at Lesley University. The Board was afforded the opportunity to virtually 'meet' a number of our students, share our mission as a community-led Board, share opportunities for our students to join/renew their NEADTA membership along with getting involved with the NEADTA Committees. The Board also offered a vibrant space for students to ask any questions about our Chapter of the ADTA.

NEADTA Student Membership Raffle Winners

At the respective orientation events, the NEADTA offered a free student membership to a lucky student from the respective New England-based universities. Congratulations to our winners ***Catherine Wolf*** from Antioch University and ***Kaitlyn Hopper*** from Lesley University.

Upcoming Coming Events

NEADTA 2021 Community Retreat Day:

One of the first undertakings that our NEADTA Board is excited to offer to our members is the rescheduled Community Retreat Day which will now take place on Sunday, September 19th, 2021. The theme for our inaugural Community Retreat Day is "Hello NEADTA: Reconnecting across our Lands, Community, and Stories". We are proud to announce our Guest Facilitators will be Sadada Jackson M.T.S, MEd, and Krystal Garcia MA, R-DMT.

NEADTA Students and New Graduates Community Presentations:

Coming this October the NEADTA hopes to offer a student-led community space that will center embodied student research, community activism, and collaborative peer feedback. More details to come!

Ways to contact the NEADTA:

Email: helloneadta@gmail.com

Website: <https://neadta.org/>

Facebook: <https://www.facebook.com/neadta>

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New York Chapter Report

The New York State chapter of the ADTA has started facilitating in-person pop-ups this 2021 summer. The summer kicked off in Brooklyn's Prospect Park and the second one, more recently was at Central Park in Manhattan. The Central Park Pop-up included a spontaneous joining of a salsa class that was happening right there.

Reuniting our community post-COVID has been a slow but rewarding process. Last March 2020 was the perhaps the last time some folks got the opportunity to dance or just be in-person together. The pop-ups we started this summer have served as a vessel to hold the vicissitude of time passing and all the emotions coming along with it...and they have been fun.

Now in August 2021, we are taking action to bring our chapter together in Pop-Ups all around our state. The "Pop-up Event" embodies the vivacity each dance/movement therapist brings to the table. Whether you're a D/MT in the field for 10+ years or a student just entering graduate school, meeting in-person, not knowing who may be joining in the space with you, has ignited healing, conscious connection for the New York dance/movement therapists.

NYS Pop-Ups this fall will include one in [Albany](#), one in the Hudson Valley, as well as Western Upstate NY. The goal is to connect with each other in an outside location, dance together safely, and enter this coming year with a sense of our connections as DMT's and as a community.

Look for announcements of up and coming NYS Pop-ups!

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Texas Chapter Report

Submitted by Charla P. Lewis PhD, Licensed Psychologist,
Alternate Route, Student perceptivepsychllc@gmail.com

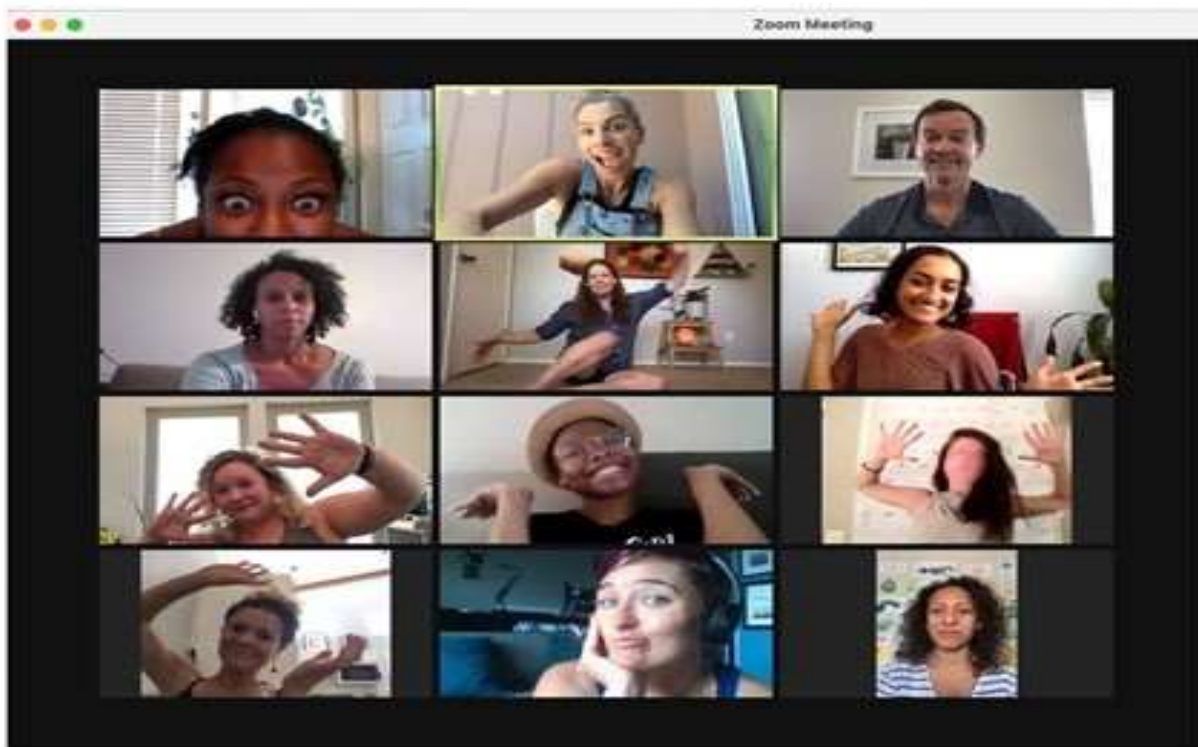


Photo by Concetta Troskie

On August 21st, the Texas Chapter of ADTA had its Fall quarterly meeting. We met via Zoom as a safer alternative to convening in person at Woodhaven (woodhavenatx.com) in Austin Texas. Our meeting was attended by our board members / officers, general members and some new faces! Texas-based DMTs Kristen Benitez, Paige Sturup, Danielle Benoit, and Laurel Crawford are new extensions of our chapter. We're excited to welcome them in!

We discussed chapter projects - chapter membership drive, continued presence and connection with DMTs and other expressive arts therapists via social media outlets, providing networking and collaboration opportunities for chapter members, and the creation a working hub of DMT's in Austin due to the high concentration of practitioners/ members located there.

We also held time and space to acknowledge experiences of loss, struggle, and transition for deceased chapter members, current members, and chapter loved ones.

Our next meeting for the Winter quarter will be held in November. We hope to have more collaboration between our current chapter members and more

recruited/found ADTA members in Texas and our neighboring state of Oklahoma until then! Potential chapter members can contact Charla Lewis @ perceptivepsychllc@gmail.com for more information about meetings and joining our family.

Submitted by Barbara Jo Stetzelberger LCSW, BC-DMT, barbarajo@mindbodyfit.com, mindbodyfit.com and woodhavenatx.com

I am learning. I'm learning a deepened trust of the body. My body and the bodies of others.

It's turning out that embodiment has it's own space and time that transcends technology.

We can join roots across amazing distances.

This growing capacity to connect is relative to drinking from deep restorative practice of listening to the intelligence and comfort of my embodied self. The more I listen, the more I hear. The body knows how to unwind itself.

What does this look like with clients? I am getting a greater abundance of intuitive "hits". I can see and follow more threads. I have greater access to what is happening in my body and heart to guide moment-to-moment therapeutic responses. I am more playful. I have richer dreams.

I am blessed with having Wood Haven, a beautiful studio on my property. I am dancing more than twice as much than before the virus. It's hard to believe how little I have sometimes danced in my history of being a Dance Movement Therapist.

I am relearning that dancing is a crucial priority. A gift. A spiritual practice and communal holding environment. That I get to share this in the world is amazing and I make my living doing it! How joyous is that? How amazing to have dance as a restorative, creative resource for myself and to share with others!

The Texas Chapter of ADTA helps me remember these things. Being a member surrounds me with astonishing practitioners from many walks of life and backgrounds. The work we do is astounding similar in essence. Any one is more than welcome.

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Rocky Mountain Chapter Report

Submitted by Stine Stina Hoberecht

The Rocky Mountain Chapter recently hosted a virtual book club with local Dance Therapist author Melissa Walker. We had a great time discussing her new book Whole Body Sex. We would love to hear members' suggestions of what to read for our next book group - especially local authors and BIPOC authors!

The Rocky Mountain Chapter has historically offered full and partial scholarships to attend the national ADTA conference. If you are a member hoping to attend the conference, and you are in need of financial assistance, please reach out to the board at rmadtainfo@gmail.com. We would love to discuss how we can help!

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Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions!

If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via email to secretary@adta.org. We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs.

The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be no more than 2 ½ pages when submitted as a Word document
- Do NOT send material in the body of the email
- The subject heading of the submission email should read “ADTA Newsletter Submission”
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

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Newsletter Advertising Information

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below.

Save 20% when you advertise in 4 issues!

Single issue rates are available. Submit ads to info@adta.org.

Member Rates

- Single – \$100
- 2 Issues – \$175
- 4 Issues – \$300

Non-Member Rates

- Single – \$150
- 2 Issues – \$275
- 4 Issues – \$500

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