



### A FEW WORDS FROM THE NEWSLETTER TEAM

Happy Summer from the ADTA! We hope you enjoy this edition of the newsletter and learning about the work the board of directors and Association have been doing on your behalf!

Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.

### BOARD REPORT: PRESIDENT



Submitted by Margaret Migliorati, R-DMT

*"In the end we will remember not the words of our enemies but the silence of our friends."*

-Martin Luther King, Jr.

*"Being an ally is a journey of commitment to understanding the dynamic realities marginalized people face, while confronting the role the privileges you enjoy have played in creating those realities."*

Excerpted from "Activism & Allyship Guide" Prepared by the Black@ Airbnb Employee Resource Group\*

*"Not everything that is faced can be changed, but nothing can be changed until it is faced."* – James Baldwin

Dear ADTA Members:

As I write this, it has been a little over two weeks since the all-too-familiar incident of another Black man being killed needlessly and violently by the police, and protests against police brutality and racism started sweeping the country and world. These protests, and decades and centuries of prior protests, are a call for dismantling supremacy culture and the systems that uphold racism, intolerance, and all forms of oppression. They are a clarion call for "good people" to wake up; to not only be "not racist," but to be **actively anti-racist** and to fight daily against the narcotic effects of our privilege.

Ultimately, these protests are a call for each of us to reckon in our own hearts, and in the hearts of our institutions, with the ways in which we are perpetuating oppressive and harmful systems. As a product of the very culture in which it was founded and is currently located, the ADTA is not immune to this reckoning. While much work has been undertaken to advance diversity, equity and inclusion within the ADTA, leadership recognizes we have a long way to go before we our Association is in alignment with our deepest values.

Therefore, ADTA leadership commits to a renewed urgency with these starting and ongoing actions:

- Immediate prioritizing of our own education about the impact of white supremacy and implicit bias within our Association and development of structured learning opportunities for our white community to do the same.
- Listening sessions to help guide our actions.
- Continue engagement in and modeling of difficult discussions through our Diversity, Equity and Inclusion free webinar series which began in March titled *Conversations from the Edge*.
- Continue the work begun 15 months ago with DEI consultant Carmen Marshall to train and mentor leadership and serve as a facilitator and bridge for difficult and reparative conversations aimed at meaningful change.
- Convening a working group to put forth an **initial plan of action** for systematically evaluating the entire operational and power structures within the ADTA. This plan, which will be presented in early July, will include input from our community, will be concrete and measurable and will contain a process for oversight and accountability. It will be a living, breathing, evolving blueprint for long-term change.

I have heard many say in the past week that we are in a marathon, not a sprint. However, I believe that we are in BOTH a marathon AND a sprint: we must act immediately and decisively to protect the further loss of lives and mitigate harm while continuing the longer race of creating social justice for all. This is the commitment of leadership and I implore all members to join us so that we may put into action that which I believe is held deeply within our hearts.

Respectfully,  
Margaret

*\*Thanks to Amber Gray for sending this document*

[https://news.airbnb.com/wp-content/uploads/sites/4/2020/06/Black@\\_Airbnb\\_Employee\\_Resource\\_Group\\_Activism\\_Allyship\\_Guide.pdf](https://news.airbnb.com/wp-content/uploads/sites/4/2020/06/Black@_Airbnb_Employee_Resource_Group_Activism_Allyship_Guide.pdf)  
[president@adta.org](mailto:president@adta.org)

## **BOARD REPORT: PRESIDENT-ELECT**



### **Submitted by Paul Sevett, BC-DMT**

I want to start my report by acknowledging the perseverance, determination, and creativity of our DMT community's response to the COVID-19 pandemic. First, moving, literally and figuratively, to offering dance/movement therapy online has been a challenge that we have faced by sharing among ourselves lifting us all to the benefit of our clients. I know we will continue to be there for one another. Second, creating the COVID-19 Membership Assistance Fund by the Board of Directors and the great number of people who donated to it makes my heart sing as we continue do whatever we can to support our membership through financial hardship. I am proud to be a member of the ADTA. I also want to welcome the new members of the Board of Directors. You each bring a level of commitment and a quality of knowledge and experience that will mesh well with current Board members. I look forward to a fruitful and rewarding relationship with you as we work together creating a bright future for the Dance/Movement Therapy profession.

### **2020 National Conference Oct. 15-18**

As I hope you have all seen on the bi-weekly ADTA digest, we remain unsure whether to hold an in person conference in Montreal. We continue to monitor all travel and social distancing regulations to help determine if meeting in person is safe. If we end up canceling the in person conference we will offer a virtual format allowing us opportunities to learn and grow together. We do have a great slate of presenters and we will endeavor to create a virtual experience that honors their talent and knowledge.

Please stay tuned to communication from ADTA in your email boxes for conference updates. We plan on opening registration in July for whichever format we choose.

As always, please do not hesitate to contact me with any questions, comments or suggestions. [presidentelect@adta.org](mailto:presidentelect@adta.org)

Respectfully,  
Paul Sevett

## **BOARD REPORT: SECRETARY**



### **Submitted by Ambria Cunningham, R-DMT**

Greetings,

The membership subcommittee has recently wrapped up, and is currently recruiting student members interested in using their voice to educate, improve, and implement areas of support for ADTA student and professional members.

Current vacant student representatives positions:

Antioch University New England

Lesley University

Pratt Institute

Sarah Lawrence

Alternate Route

Additionally, this subcommittee is supported by 2 professional members of the organization. If you are a professional looking to utilize your expertise to mentor current D/MT students. Please email your interest to the secretary.

In light of the continued injustices of Black men and women in our nation. If you are in need of support and/or resources, do not hesitate to reach out via email to the Secretary.

With peace, love, and solidarity,  
Ambria Cunningham, R-DMT, LPC, NCC  
Secretary, ADTA Board of Directors

### BOARD REPORT: TREASURER



### **Submitted by Jacelyn Biondo, Ph.D., BC-DMT, LPC**

I want to begin by expressing my greatest gratitude to this amazing ADTA community. One of the things that drew me to both joining and giving back to the ADTA was the profound sense of togetherness that I felt wrapped in by other dance/movement therapists. In a time of uncertainty and loss for the world, I am proud to be a part of this community that continues to come together and find ways to support our membership.

Our awareness is certainly heightened regarding the many people in our community and beyond who have been struggling financially. This inspired the ADTA to create Circles of Support: An ADTA Community COVID 19 response. Through Circles of Support, the ADTA seeded a small fund of \$5000 and reached out to our community for donations. This request has brought in \$4026, allowing us to, thus far, offer just over \$9000 in small grant support to our community members. Words simply do not do justice for the appreciation we have for those who have donated to Circles of Support. Together, we will do our best to carry one another through the uncertainty and collective grieving and emerge stronger, more creative, and driven to extend kindness beyond our wildest imaginations. Please consider contributing if you can or sharing the link for your friends or colleagues who may be able to help: <http://056.c09.myftpupload.com/donate/>

Just as many of your finances may have shifted, the ADTA has also experienced budgetary effects of the pandemic. Treasury and the entire Board of Directors have been diligently reviewing, brainstorming, and contemplating our own budgetary challenges this year in light of the backlash of COVID-19. We spent many hours together tightening our spending, offering virtual committee and board meetings to cut travel expenses and keep everyone safe, and re-vamping spending lines in order to consider the financial future of the ADTA. The Board of Directors met, discussed, and passed a deficit budget for 2020-2021. We worked judiciously to plan for many income deficits, as we know that our community may be experiencing financial challenges that will lead them to make difficult decisions regarding how to spend their money. Some of our considerations included prioritizing not raising our membership fees this year, and not cutting our membership services including continuing education and our commitment to the Diversity, Equity, and Inclusion focused free trainings. Through the entire process, we have aligned our decisions with the conservative fiscal management of funds of the ADTA as outlined in our Policies and Procedures. This deficit budget has prepared for worst-case scenarios and considered all of the ways in which we may face financial hardship this upcoming fiscal year. The good news there is that we have planned for the worst, but are hoping for the best. Our goal is to continue with conservative spending and begin to get back to a financially thriving organization; a goal we strongly believe we will achieve. We are able to cover our deficits for this year by using approximately 10% of our reserve, which is precisely what this is meant for. We are committed to returning to a neutral or better budget and restoring our reserve.

With so many fluctuations in our members' jobs and finances, we want you to know that we are working hard to support you as we are able. In addition to Circles of Support, we will be offering discounted membership rates to all of our ADTA members. We hope that this small gesture will keep you connected to the ADTA and ease some of your financial anxieties. And for those who may not be financially affected at this time, we welcome any donations you feel are possible. As a reminder, the ADTA is a 501(c)6, which means that your donations may be written off as

a business expense rather than as a charitable donation. Please consult with your financial advisor regarding individual circumstances around write-offs.

Our top priority is the wellness and safety of our community and creating financial sustainment as an organization so we can continue to thrive together, support one another, and support the people with whom we work in this amazing field of dance/movement therapy through the container of the ADTA. As always, please feel free to email me directly if I can support you in any way or if you would like to simply say hello. I am always happy to make space in my day to connect with each and every one of you and perhaps even share a dance.

Wishing everyone health, happiness, safety, creativity, and moments of joy.

Warmly,

Jacelyn Biondo, PhD, BC-DMT, LPC

ADTA Treasurer

## BOARD REPORT: COMMITTEE ON APPROVAL



### Submitted by Danielle Fitzpatrick, BC-DMT

I am so grateful that our profession is rooted in creativity;

it is through the creative process that we discover ways of dealing with the *unknown*, find paths from fear to comfort,

and move forward with insight and innovation.

The Committee on Approval (COA) would like to recognize and honor all the educators, students, staff, and supervisors who adapted to these challenging times. We recognize that it has not been easy and hope that you have been able to teach, learn, and grow with self-compassion, patience, and support from your community. Our hearts go out to all who continue to dance through grief and loss. And we celebrate the infinitely creative ways that people all around the world are responding to these unprecedented times.

### **ADTA COA Accommodations in Response to COVID-19**

During the current global health crisis, the COA has authorized accommodations and offered suggestions for creatively adapting DMT education and training in response to the impact of COVID-19, as outlined in the following document:

<https://www.dropbox.com/s/0vr9smmqz449p14/ADTA%20Guidelines%20for%20COVID-19%20Accommodations.pdf?dl=0>

**Accommodations** are in effect for the duration of time that course delivery is impacted by the coronavirus with the understanding that different communities have experienced the viral outbreak at varying times and intensities.

Therefore, if an educator is adapting a course that otherwise would have been in person to an online format as a *response to coronavirus*, that adaptation is covered by the accommodations. If an educator is choosing to offer an online course that was originally approved as an in-person course and it is NOT in direct response to the pandemic or they have no intention of returning to a face-to-face method of delivery for that course, it will need to be submitted for Approval as a new online course.

There are many uncertainties ahead, but it is with optimism that we look at **re-opening** when deemed possible by state, local, and institutional officials. In returning to in-person classes, please consider:

1. Is it safe to return to in-person classes at the time of accepting admissions?
2. If it is not safe or does not meet all students' health and safety needs due to the threat of coronavirus, you should continue under the ADTA accommodations.
3. When it is safe and reasonable that students can travel and be face-to-face safely, resume in-person classes OR apply for approval as a new online course.

The onus is on the instructor to justify any changes as a response to COVID-19 and to communicate as such to SAARC at [arapproval@adta.org](mailto:arapproval@adta.org) or the COA at [approval@adta.org](mailto:approval@adta.org) for the documentation and monitoring of adjustments in approved courses/programs during the pandemic.

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### **COA Committee Members:**

The work of the COA is done by a team of dedicated, thoughtful and supportive volunteers:

Wendy Allen (Naropa)

Valerie Blanc (Lesley)

Michelle Joubert (Supervisor)

Susan Orkand (Sarah

Ted Ehrhardt (Pratt)

Lawrence)

Danielle Fitzpatrick (Antioch)

Elizabeth McNamara (Drexel) Leon Rodgers (Public Member)



Two new members have been appointed to the COA.

In the fall, **Diane Bartko** will be replacing Dr. Wendy Allen as the representative for Naropa University. We thank Dr. Allen for a decade of service on the committee; her experience, historical perspectives, continuity, analytical thinking balanced with a warm heart, and unwavering dedication to issues of diversity and inclusion have been invaluable.

**Dr. Christina Devereaux** will be joining the committee in the fall as Drexel representative Elizabeth McNamara steps down. It has been a delight to serve with Elizabeth; she has brought practicality, clarity, attention to detail, efficiency, candor, and a strength in problem-solving to the COA.

We thank both committee members for their work!

#### **Committee on Approval Business:**

*Note: Due to an oversight, the winter COA newsletter submission was never published. This edition includes both winter and spring news.*

- **Winter & Spring Committee Activity:** A great deal of work went into preparing for the launch of our **NEW** ADTA website; we hope the new layout makes it easier for members to find important information and resources. This spring, committee members have been working on document revision to address changes in the *ADTA Standards for Education and Clinical Training*.
  - To be revised: Approved Program Application, Self-Study Guidelines, Internship Facility Information Form, Committee Review grids, and the COA Policies & Procedures.
  - Revised & Implemented: The Student and Supervisor Surveys used in Self-studies,
- **Annual Reports & Review:** At the end of February, the approved programs shared the progress they are making towards compliance with revised standards as documented in their annual maintenance reports. The Committee has reviewed all of the annual reports and thanks the approved programs for their time, effort, and diligence.  
*Due to an inability to meet in person to review the reports and encumbered with challenges due to the health crisis, the committee will be responding to approved programs by the end of June.*
- **BOD Teleconferences:** Winter Meeting: 1/21/20. Spring Meeting: 4/3/20. Spring Follow-up: 4/22/20
- **Inter-board meetings** (ADTA & DMTCB): This writer met with the ADTA President, ADTA Chair of Education and the Chairperson of the DMTCB on 12/16/20, 2/17/20, and 5/18/20 to discuss matters that impact both boards.

#### **BOARD REPORTS: EDUCATION COMMITTEE**



**Submitted by Jessica Young, BC-DMT**

[education@adta.org](mailto:education@adta.org)

#### Reflection and Gratitude

I find myself wondering what it might be like for those who have recently completed their dance/movement therapy education to enter the profession during this moment in history. To be situated in the middle of an unprecedented global pandemic and the ongoing social disease of racism, within which systemic oppression continues to kill people of color every single day in ways that often go unnoticed, as well as ways that catch our attention through horrific events such as the killing of George Floyd. As a person with white privilege and power, I am reminded how I need to regularly ask myself, “How am I contributing to these systems, and what actions can I take towards change?” I mention this as Education Chair, because I find hope and promise in knowing that I am not alone in facing this challenge. I am inspired by my colleagues and students in our local, regional, national, and international dance/movement therapy communities. The way forward is through working together in community, and doing so through dance and embodied relationships can serve as the inroad. To our graduates, thank you for being part of the change and for your passion, courage, and leadership. Thank you for sharing yourselves and your experiences, knowledge, and expertise with your teachers, peers, and clients along the way. Because of you, the world is already a better place.

#### Community amid COVID-19

The pandemic has brought dance/movement therapy educators together from across the globe to regularly discuss strategies for facilitating a DMT education during these times. It was organized by Kim Dunphy of the University of Melbourne, and has been a wonderful resource, leading to conversations about international collaborations with the hopes of supporting student and professional research and internship opportunities. Christina Devereaux, Drexel’s program director, led the inaugural Global Student Day on May 15th where students and educators from around the world gathered, danced, and celebrated the 2020 graduates in two different celebrations, each an hour and a half. It was a huge success, and will become an annual event that will be hosted by a different program each year.

Closer to home, the Approval Committee, led by Danielle Fitzpatrick, collaborated with the Education Committee to draft guidelines and accommodations for students completing their internships and for educators needing to teach

remotely. Thank you to Danielle, your committee, and the ADTA, specifically our President, Margaret Migliorati and our CE Manager Lora Wilson, for the enormous amount of support and resources that you generously and graciously extended to educators and students. If you have not been to the [COVID-19 resources](#) on the website, please visit them.

#### Alternate Route

There are several working groups that are diligently developing extensive materials to support the infrastructure of alternate route education as related to implementing the revised standards. Thank you to Barbara Nordstrom-Loeb along with Elizabeth (Beth) Austin, Katie Brennan, and Suzi Tortora for drafting and contributing to the Advisor Handbook; Amber Gray and Nana Koch for developing evaluation tools; and Laura Allen, Sandra Beggs, and Joanabbey Sack who are helping me with the Clinical Training Manual and all supporting documentation. We are on track for the first phase of implementation in which all students completing a letter of intention as of January 1, 2021 must work with an advisor and adhere to the Clinical Training Manual. The Advisor Handbook, Clinical Training Manual, and all supporting documents will be shared during the alternate route educators meeting at the conference. Alternate route educators will then receive these documents via email, and they will ultimately be posted online.

#### Announcements

After two years and an extensive process that included numerous meetings with approved program educators, alternate route educators, and the Board, the motion to revise the qualifications for Education Chair passed. This allows alternate route educators greater opportunity to serve in this role. The qualifications include:

- Current BC-DMT in good standing
- Current or prior membership and active participation on the Education Committee for a minimum of 2 years.
- A minimum of three years teaching experience as a faculty member of an ADTA approved university/college dance/movement therapy program or the equivalent as an alternate route educator who has obtained ADTA approval for coursework.
- Experience teaching a minimum of three different courses in an ADTA approved university/college DMT program or the equivalent as an alternate route educator within the past 5 years.
- Demonstrated ability to work collaboratively and represent the needs and priorities of both approved programs and alternate route training to the Board.
- A minimum of two years management experience with systems and people (i.e. program director, clinical director, committee chair; It doesn't have to be specific to DMT.)
- Demonstrated understanding of curricular processes as well as systemic challenges and opportunities within the approved program and alternate route educational pathways.
- Vision for how to situate, strengthen, and grow DMT education within a changing educational, healthcare, licensure, and reimbursement landscape.
- A deep understanding of at least one pathway of DMT education (approved program or alternate route) and familiarity with the other.

#### Conference

Education Workshop: Diversity, Equity, and Inclusion in DMT Education: Moving and Deepening the Dialogue by Nancy Beardall, Meg Chang, Angela Grayson, Christina Hudgins, Ebony Nichols, Chevon Stewart, Domonique Terrell, Jessica Young

Approved Program Educators will meet on Wednesday from 4:30-7:30

Alternate Route and Approved Program educators will have a combined meeting on Thursday from 8:00-9:30am

AR educators (with an invitation for AP educators) will meet on Thursday from 9:30-12:30

#### **BOARD REPORT: GOVERNMENT AFFAIRS COMMITTEE**



**Submitted by Kristin Pollock, BC-DMT**

Dear ADTA Community,

As we all have in this recent climate of change, upheaval and uncertainty, I have been holding tightly to alternate modes of connection and strategies to stay present. Whereas I wish for a return to many things “normal”, one thing that I hope continues on is the daily virtual “Dance Party” put on by my son’s school. This event started during his first week of remote learning and keeps going each day, two months later. With all of the things that bring me

sadness, anger and fear, this event reinforces the hope and resilience that I know and trust to be true in the world. I hope you too are dancing together through this unknown time.

This newsletter update for the GAC is also not the one I was expecting to write this season. I had in mind to report on the exciting things our scholarship recipients and myself did in DC during the National Arts Summit. I also aimed to give a robust update of licensure endeavors starting up in a couple of states across the country. However, the Summit, which was scheduled for March 30 and 31 was cancelled. Despite my lack of knowledge of the outcome, Americans for the Arts promptly organized a digital summit later in April. Moreover, many state legislative hearings have prioritized emergency action around the impact of the global pandemic on our communities. Nonetheless, the GAC has been focused on advocacy for our members, mental health providers and the people we serve in light of the impact of COVID-19.

In April, Congress passed the Coronavirus Aid, Recovery and Economic Security (CARES) Act. This Act offers stimulus funds to support state governments, businesses and individuals through the impact of the pandemic. Throughout the formulation and passing of the CARES Act and now as it is interpreted by various entities, the ADTA has remained engaged.

In collaboration with our national partners in DC, the ADTA has tracked and responded to the legislative impact on mental health providers and consumers during this crisis. Some important areas of advocacy focused on how lawmakers are addressing these concerns below:

- Additional support for those with mental illness, including suicide prevention and increased access to services for behavioral health consumers including veterans
- Increased access to and coverage for telehealth services
- Reduced restrictions on out of state providers to treat via telehealth
- Access to grants for community mental health agencies to transition to remote services
- Increased eligibility for stimulus checks for people on disability
- Extension of paid sick leave to caretakers

Some additional areas of legislation that seem relevant to our ADTA members are:

- Temporary suspension of student loan payments
- Increased access to unemployment benefits to part time, self-employed or contracted workers
- Extended time limits on unemployment benefits
- Family leave benefits extended to workers who need to be at home due to children out of school or daycare

As this crisis continues to impact our nation and our lawmakers respond dynamically with changes to and implementation of this package, I encourage you to stay abreast on areas that will uniquely affect you, your community, and your clients. Here is the link to the original Bill <https://www.congress.gov/bill/116th-congress/house-bill/748/text>. You can also go onto your own state's government website, which should outline COVID-19 services and assistance.

As always, please keep us updated on any legislation that you come across that impacts you, our mental health colleagues and our clients. The GAC is here for you as a resource for navigating the legislative system and support for your efforts in advocacy within the circle of our shared profession. And most importantly join me in dancing with your loved ones as we go forward in these unprecedented times.

All my best,

Kristin Pollock

Chair of the Government Affairs Committee

[governmentaffairs@adta.org](mailto:governmentaffairs@adta.org)

### BOARD REPORTS: MEMBERS-AT-LARGE



**Submitted by Dawn Morningstar, BC-DMT; MaryBeth**

### **Weinstock, BC-DMT; Pam Margules, BC-DMT**

We are hoping that everyone and your families all are well and safe.

These are difficult times that we are all in right now. The Board of the ADTA is aware of all of the tension surrounding the Covid virus, how it affects our work, and wants to be of support to our membership.

At the time of this writing, we are not yet sure if the Fall conference (Oct 15-18, Montreal) will be in person or virtual.

We know that this is hard as we would all like to be making plans. We will let you know as soon as decisions are reached. Please stay tuned and ask any questions as they arise.

We know that many Chapter Boards are working diligently to reach out to their members. Some Chapters are inviting members to regular support sessions and also giving out financial aid to members in need. These are great efforts.

The MDC Committee is ready to work with Chapter Liaisons. Please speak with your Chapter leadership about what's involved in this opportunity, if you have interest.

Our new website should be up and running soon. Please let us know your thoughts! Feel free to reach out to us at any time with questions or concerns.

The MALs have new emails, (Dawn) [EASTERNMAL@adta.org](mailto:EASTERNMAL@adta.org), (Pam) [CENTRALMAL@adta.org](mailto:CENTRALMAL@adta.org) and (Marybeth) [WESTERNMAL@adta.org](mailto:WESTERNMAL@adta.org) please reach any of us there for all ADTA matters or to get connected to your local.

Dawn Morningstar

Pam Margules

Marybeth Weinstock

## **BOARD REPORTS: MULTICULTURAL & DIVERSITY COMMITTEE**



**Submitted by Charne' Fucron, BC-DMT**

**NOW ACCEPTING APPLICATIONS**

**2020 MDC FOCUS AWARD**

**The Multicultural and Diversity Committee is accepting applications for the 2020 FOCUS AWARD.**

**Who is eligible?**

A member of a group or groups that have been historically underprivileged or underrepresented in the ADTA community because of one or more of the following personal identity dimensions: race, ethnicity, national origin, economic class, sexual orientation, gender identity, age, religious or spiritual affiliation or disability factors.

**What is the purpose of the scholarship?**

The Focus Award is designated to assure that the recipient addresses their multicultural and/or diversity personal identity factors and funding need.

**What is the amount of the scholarship?**

Scholarships for a free 2020 ADTA virtual conference registration.

**When and where to apply?**

You can access the application information through this link:

<https://www.dropbox.com/h?preview=MDC+2020++Focus+Award+Application+7.2020+revised.pdf>

THE AWARD RECIPIENT(S) WILL BE ANNOUNCED BY August 20, 2020.

Please contact the FOCUS Award workgroup with any questions at [adtamdc10@gmail.com](mailto:adtamdc10@gmail.com)

## **BOARD REPORT: RESEARCH & PRACTICE COMMITTEE**



**Submitted by Jennifer Frank Tantia, BC-DMT**

Email: [researchandpractice@adta.org](mailto:researchandpractice@adta.org)

Contact: Jennifer Tantia, PhD, BC-DMT, LCAT

Hello from the Research and Practice Committee! We hope that you are staying safe and healthy during this trying and unpredictable time. In addition to our work on updating the research and practice web pages, we are continuing to move toward our annual poster session and annual research award. In addition, please remember that we are also here for you to help with any issues that you encounter regarding professional practice. You can learn more about the members of our Practice Group and how they can help you navigate these turbulent waters on the new website!



You might have seen the Research and Thesis Poster Session Call for Proposals that was sent out to all educators, chapter members and to our DMTs abroad. We are accepting applications between June 15 and July 15, 2020. Please see the guidelines on the new website or contact your research educator for the specific guidelines. If you have any questions about your submission, please send an email prior to June 15 to [postersession@adta.org](mailto:postersession@adta.org). As we continue to update our Clinical Info Sheets, <http://056.c09.myftpupload.com/clinical-info-sheets/> we are still seeking members who are interested in translating one (or more!) of the info sheets into Japanese, Chinese, or Korean, (or another language!). If you or someone you know might be interested, please send an email to earliest convenience. We would very much appreciate your support so that these sheets can be utilized by potential employers and clients who do not speak English. These sheets also make excellent handouts when giving an online seminar!

Please also note that we regularly post new research information, such as funding and publishing opportunities on the ADTA forum: <http://056.c09.myftpupload.com/forum/>. Don't forget to subscribe to the **research** topic for information on research (and connect with other researchers) or to the **professional practice issues and questions** to connect with others who might have resources and questions similar to your own, and you will receive our announcements right in your email inbox! Feel free to add your own announcements there as well – it's a great place to interact with other members and stay connected.

Kindly,

Jennifer Tantia, PhD, BC-DMT, LCAT  
Chair, Research and Practice

## BOARD REPORTS: STANDARDS & ETHICS COMMITTEE



### **Submitted by Joan Wittig BC-DMT**

A very warm hello to all ADTA members from the Standards and Ethics Committee: Joan Wittig (Chair), Angela Grayson, Aisha Robinson, Rosey Puloka, Stefanie Belnavis, Candy Lo, and Neha Christopher.

We send our thoughts to you during this extraordinary time, after many weeks of working to keep ourselves and our loved ones safe and well. We are mindful of how much harder this is for some than for others, as the racial biases in the United States continue to impact every aspect of life. We are bearing witness as people of color are contracting and dying from COVID-19 at an alarmingly disproportionate rate; while at the same time facing an ever-increasing danger of violent assault and murder.

It is particularly important at this time for us as a community to hold to our ethical standards, in our practice and in our lives as dance/movement therapists. This is a useful time to remember Lenore Hervey's approach to Embodied Ethical Decision Making (2007), and her invitation to trust our bodies as our best source of information as we face ethical questions.

As always, the S&E Committee is happy to be in conversation with ADTA members about any ethical questions or concerns that may arise. Please feel free to contact us at [ethics@adta.org](mailto:ethics@adta.org).

Respectfully submitted,

Joan Wittig BC-DMT, LCAT

Chair, Standards & Ethics Committee

## BOARD REPORT: PUBLIC RELATIONS



### **Submitted by Angie Yemma, MS, LCAT, BC-DMT**

Greetings, Dance/Movement Therapy Community,

The PR committee has been busy collaborating with multiple members of our community to offer support online during the COVID 19 pandemic. I am writing this from NYC where the Pandemic is winding down and we are preparing for the uncertain future. The Public Relations Committee hopes that this newsletter finds you healthy and thriving in your community. Now more than ever we need connection and the ADTA's online presence is a way to connect as a community during this difficult and uncertain time.

During this difficult time the Public Relations Committee collaborated with multiple members of our community to offer support in the following ways online.

- A weekly Community and Wellness facebook live with Jody Wager. Jody offers self care and connection through dance on Sundays at 8:30pm EST. This began during the Pandemic and continues through the summer.
- Adapting DMT to Telehealth Peer Support Group
- Multiple discussions offering support to each other and how to continue to offer support to our clients on our Group Facebook Page. Are you a part of our Facebook community?? If not, join here!

(<https://www.facebook.com/groups/516042972196519/>)

Stay tuned for more opportunities to continue to connect!

Are you saving the date for ADTA 55 Conference in Montreal? Mark your calendars for October 15-18, 2020! One of the dishes from the Quebec Province is called Poutine. Check out some suggested places to eat Poutine here: <https://localfoodtours.com/montreal/best-poutine-montreal/>.

Are you looking to connect to our community on a daily basis? Follow the ADTA on Social Media.

Instagram: ADTAorg

Twitter: ADTAorg

Facebook Group: <https://www.facebook.com/groups/516042972196519/>

LinkedIn: American Dance Therapy Association

YouTube: ADTAorg

Thank you for taking the time to read all about what we are up to in Public Relations. -Without you, we would not have the presence or influence we have in our fast-paced and advancing digital world. Please feel free to contact me at any time with your PR questions, comments, feedback, and ideas or if you would like to connect (publicrelations@adta.org). You can also find me on social media (search: AngieYemma07).

With gratitude and warm regards.

Angie

Angie Yemma

MA, BC-DMT, LCAT

publicrelations@adta.org

### ADTA ELECTION

The ADTA Board of Directors and Nominating Committee would like to congratulate our 2020 election winners and thank all who ran on the ballot!

President-Elect: Angela Grayson

Education Chair: Tomoyo Kawano

Research and Practice Chair: Cecelia Fontanesi

Public Relations Chair: Angie Yemma

Member-at-Large Eastern Region: Rebekka Dieterich-Hartwell

Nominating Committee Eastern Region: Bria Campbell

Thank you in advance for your service to the American Dance Therapy Association and our membership.

### ASIAN AND ASIAN-AMERICAN AFFINITY GROUP

***July 6, 2020: from the ADTA newsletter team. The Asian and Asian American Affinity Group's newsletter article is in honor of Asian Pacific American Heritage Month in May. We apologize for not originally including a link to a video from the AAAAG on Pacific American Heritage Month when we first published the newsletter on June 24, 2020. The article has been updated and the link is now included for your viewing at the end of the article.***

***The Summer newsletter was available for viewing on the ADTA website, however our announcement of the publication of the newsletter in the ADTA Digest dated June 24, 2020, contained an incorrect link . We regret that this means fewer people saw it in a timely manner. While Pacific American Heritage Month was in May, we are grateful to the AAAAG for this generous article and hope our members will take the time to read it and learn more about our amazing, diverse, ADTA membership.***

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In honor of Asian/Pacific American Heritage Month, the Asian & Asian-American Affinity Group (AAAAG) reached out to our members who are DMT educators in the US to share their professional experiences and to celebrate their achievements. We asked: "What are the challenges or benefits as a minority educator of Asian descent?" AAAAG is grateful for the honesty and vulnerability of our educators who participated: Elissa Queyquep White, Dr. Meg

Chang, Dr. Eri Millrod, Dr. Minjung Shim, and Dr. Tomoyo Kawano. Please note that the following reflections do not represent the views of all educators of Asian and Pacific Islander descent. (Editors: Hang Yin Candy Lo and Tomoyo Kawano)

Elissa Queyquep White:

I have not experienced challenges per se but in terms of educating students I suspect that students who were of Asian, Hispanic and perhaps Black-American found in some way easier to relate to me because of the way I look. I have always found it easier to understand and relate to different movement repertoires 1) because of dance training and 2) because I was privileged to be in a Balinese-Javanese dance company at the age of 17. I also had the advantage of being bi-racial (Filipino and Russian-Jewish – dad an immigrant and my mother the only one of her siblings born in the U.S). I basically come from two cultures from different parts of the world which has made me feel simpatico to many different cultures. I do feel quite American and have always felt that I was a typical melting pot example. I also think my age (86) has allowed me to experience a variety of being who I am in varied situations. Growing up I never recall Filipinos referred to as Asians. Perhaps this was because of World War II. I believe my dad and our relatives here felt more akin to Pacific Islanders. Today, I understand half of Filipinos think of themselves as Asian and the other half as Pacific Islanders. I think it's a bit of a conundrum.

Meg Chang:

Challenges and benefits of being a minority educator of Asian descent? In the ADTA we certainly were a numerical minority until recently and that is thankfully changing! As a dance therapy student, the challenge of not seeing myself or my movement style reflected in my cohort almost drove me out of the field. Having even one person of Asian descent as a role model gave me hope and helped me be seen in a non-judgemental context. Thank you, Elissa!

Personally, I feel fortunate to have grown up in a multi-generational bi-racial home that contained cultural artifacts of Queen Elizabeth's Coronation from my maternal grandparents and Modernist furniture that reminded my father of formal Chinese scholar's chairs. As an educator this has benefited me in keeping a broad and integrative perspective. From a stance outside of the monocultural worldview of American education and asking 'who benefits' has supported my commitment to a critical perspective. Personal experience can transfer (I hope!) to an ability to relate to students' dance and scholarship from curiosity rather than from a hierarchical norm. My body seeks ways to move that students bring from cultural backgrounds outside of the modern dance canon. The feeling of looking out of place is a familiar one as a bi-racial person which helps me feel less inhibited, or worried about looking foolish. While this has some obvious downsides (such as embarrassing my grandchildren) perhaps such internalized otherness can resonate with students who do not feel they 'fit in.'

Writing today from the COVID 19 Spring is a conundrum: have benefitted from being indoctrinated with the Chinese respect for scholarship and hope to convey that traditional value to students. Conversely, I am challenged by the stereotype of the assimilated and privileged, highly educated Asian, who I certainly am. While this has great personal benefit, it can also lead to more separation unless racism and colorism are viewed systemically. Perhaps my biggest challenge is to stay optimistic and true to my values.

Eri Millrod:

I struggle to answer the question, "What are the challenges and benefits of being a minority educator of Asian descent?" First, I question what it means to be Asian. Asia is a large continent with as many as 48 countries including those that are geographically and culturally quite diverse. Russia, China, Korea, Japan, Indonesia, India, and Pakistan, just to name a few, are all part of Asia. It is difficult for me to imagine that anybody can speak of any Asian experience when Asia is comprised of such a diverse group of people. I identify primarily as Japanese. As such, my response to the question will be from my experiences as a Japanese educator rather than an Asian educator, though I am not representative of the Japanese perspective either. A second reason for my difficulty in answering the question is that I believe that the privileges I have, which tie to the benefits I enjoy as an individual and as an educator, are the result of my educational and socioeconomic status and less about my race.

Having said this, a benefit of being a Japanese educator in the United States is that I am visible. Unlike other categories of differences such as mental illness, sexual orientation, or intellectual disabilities, my difference—what makes me a minority, is visible to others. I generally do not have to disclose to others that I am Asian; they can see it for themselves. I am therefore able to be a role model to those who may identify with me as a minority. Being Japanese and appearing Asian also means that I am a constant reminder that people who look different do have a seat at the academic table in the United States. I also cannot imagine a better way to invite discussions about multiculturalism and diversity in DMT education than to represent an aspect of diversity in such an obvious manner as my own physical being.

I do not feel that being a Japanese educator has presented me with challenges. This does not mean that I haven't had challenges as an educator. I have had loads of them this past year as I launched a new DMT program at Rider University. However, being Japanese has been a benefit to me all my life and a great resource. I am able to approach challenges using the different perspectives that are available to me as someone who is bilingual and bicultural. Unless someone is treating me poorly because I am Japanese or Asian, I do not attribute challenges to

my race. If I am feeling challenged, it is because of who I am as a whole, integrated person. I am Japanese. I live and breathe it every day. I do not see my Japanese-ness or my Asian-ness as separate from other aspects of myself, until others do and make it an issue.

Minjung Shim:

Since the concentration of my work has been around research, the majority of my experience as an educator in the United States has been focused on teaching doctoral students and giving presentations at scientific meetings. I have had teaching experience in Korea before I came to the United States and still continue to teach there whenever opportunities arise. Having this intercultural teaching experience has been enriching as it allows me to compare/contrast and share knowledge cross-culturally as well as helping me to keep my "cultural sensitivity radar" active.

Overall, my experience as a doctoral educator in Creative Arts Therapies has been very rewarding and an invaluable opportunity for learning and personal growth. The learning has been multidimensional as it covers the realms of knowledge advancement, didactic and communication skills, attributes for team science, and multicultural understanding, as well as growing into self-awareness around my own bias and prejudices.

Although there have been plenty of learning moments throughout my intercultural teaching endeavors, the biggest challenge (and the most powerful learning point at the same) has been becoming aware of the impact of my own experience as a student in the culture I grew up in and navigating ways to adapt and adjust my teaching style. For example, I learned that the way I provide feedback for my students' assignments or classroom activities can come across as quite strict or critical at times. This came to me as a surprise and somewhat frustrating since I thought I had always been respectful of others' feelings and tried my best to be effective in my teaching! Through some self-reflection, I came to a realization that my teacher-self embodies some of the characteristics that must have been shaped by my history and background as a professionally trained ballet dancer in Korea. A combination of my experience in strict master-apprentice dynamics during my dance training and the general influence of Confucian ideals in Asian culture, which emphasize teacher authority/teacher-centered approach, must have been ingrained in the way I teach and interact with my American students. Keeping in mind that differences need to be respected and critically evaluated before making a judgment regarding what is right/wrong, or which is superior/inferior, was helpful as I often tend to be hard on myself. This realization then has led to my ongoing effort to be mindful of the potential impact of my own personal and cultural background and the way it might positively or negatively affect the teacher-student dynamics in my daily encounters with students.

As the saying goes, to teach is to learn; and my journey as an educator so far has been a humbling experience. I hope my learning as I teach will not only help me grow in my attributes as an educator and a culturally competent individual but also serve as a resource and example for my colleagues and students. It is my honor to join in paying tribute to the generations of Asian and Pacific Islanders who have enriched America's history and are instrumental in its future success by sharing my humble story!

Tomoyo Kawano:

A former student once shared with me that she "wasn't sure" about me when I first walked into her classroom. She attributed her skepticism to my "erect posture," which I interpreted as a euphemism for being Japanese/Asian. There is an ascribed aspect of my identity that I have had to come to terms with and I was grateful to be validated for what I had sensed, but never heard reflected back to me. I did not need to consciously think about my race until I began my internship and saw the look of surprise on my clients' faces when I walked into the therapy room where I was training in the Southwest. I would instinctively start speaking in my best American English – a skill I also incorporated into my teaching – to show that I belonged. Speaking up was a pretty big leap for me since I am stereotypically 'reserved', and also shy.

There have also been benefits. As a clinician, I could be the 'in-between' person for white and non-white clients. I could be invisible and unassuming – a non-threat to most. Educationally, as a group, Asians seem to respond positively to North American academic cultural norms and expectations and therefore benefit from the system. I also belong to this privileged group. I see international and American students of color juggle the dissonance between their internal sense of who they are vs socially ascribed ranks. To counteract the lack of representation in DMT, I feel a responsibility to articulate my positionality and use my status as an educator to work to develop educational and training standards that encompass and acknowledge the myriad ways of moving and dancing through this world.

Biographies of the educators:





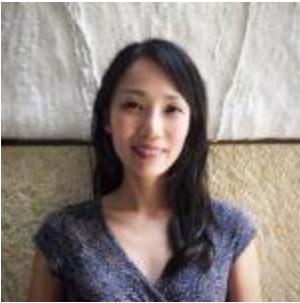
*Elissa Queyquep White, BC-DMT, CMA, LCAT*, studied with Marian Chace and Irmgard Bartenieff. She co-founded the Dance Therapy Program at Hunter College in 1971, and along with teaching, worked clinically, 1967-1992. She is a charter member of ADTA and served in many capacities on the board of directors, the last being president. She was awarded ADTA's Lifetime Achievement Award in 2010. She teaches courses at Pratt Institute and Kinnections, and is on the advisory board of Inspirees Institute for Creative Arts Therapy (IICAT) in Beijing. She has published articles on dance/movement therapy and movement observation.



*Meg Chang, EdD, BC-DMT, LCAT, NCC*, Dance/Movement Therapy faculty, Lesley University; concurrently teaching Mindfulness-Based Stress Reduction (MBSR) at The Center For Mindfulness, University of Massachusetts Memorial Health Care, Worcester, MA. Authored "Dance/Movement Therapists of Color in the ADTA: The First 50 Years," in the *American Journal of Dance Therapy* (2016); and "Cultural Consciousness and the Global Context of Dance/Movement Therapy," in *The Art and Science of Dance/Movement Therapy: Life is Dance*. Co-authored "Applying Critical Consciousness to Dance/Movement Therapy Pedagogy and the Politics of the Body," *American Journal of Dance Therapy*, (2019) with Tomoyo Kawano. A founding member of the ADTA Multicultural and Diversity Committee and a member of NYC CATS of Color. Doctoral research in Adult Education and Leadership took place in Seoul, Korea with the support of the Korea Dance Therapy Association.



*Eri Millrod, PhD, LPC, NCC, BC-DMT*, is an Assistant Professor at Rider University in New Jersey. She launched a new dance/movement therapy (DMT) concentration in fall 2019 as part of a Master's program in Clinical Mental Health Counseling. Prior to her transition into a full time academic position, she conducted DMT and verbal therapy with patients who have mental illnesses, addictions, and/or dual diagnoses. She earned her MA in Dance Movement Analysis and Therapy from New York University and her PhD in Creative Arts Therapies from Drexel University. Her doctoral research examined the role of movement based experiential learning in competency development for students in ADTA approved DMT education programs. She hopes to contribute to the field of DMT through scholarship and research.



*Minjung Shim, PhD, BC-DMT*, is Assistant Research Professor of the Department of Creative Arts Therapies in the College of Nursing and Health Professions at Drexel University. Minjung was born and raised in Korea and came to the United States for her dance/movement therapy (DMT) education in 2001. She received her MA and PhD degrees from Drexel University and fulfilled a postdoctoral training at the Mind-Body Clinical Research Center at Stony Brook University. Minjung's professional interests center on the integration of DMT into the mainstream healthcare system by means of rigorous, evidence-based research and clinical application of this work. Her work has focused on the development of DMT protocol for individuals with complex medical disorders such as chronic pain and cancer, and testing its efficacy and mechanisms of action specified by theory.



*Tomoyo Kawano, PhD, BC-DMT, LCAT, NCC* is Core Faculty and Director of the MA in Dance/Movement Therapy w/ a Concentration in Couple and Family Therapy Program at Antioch University. Born in Japan and growing up in Peru, Venezuela, Italy, and the US, she draws from multiple sources of knowledge, and blends her diverse educational background (BA in International Relations from International Christian University in Tokyo, MA from Naropa, PhD from Lesley) in her teaching and scholarship to explicate dance epistemology with research methodology, ritual and ceremony, and the diversity and inclusion curricula. For her doctoral work, she was awarded a research fellowship to develop a systematized embodied-artistic approach for qualitative data analysis. She formerly taught at Lesley University and Vermont State Colleges.

## CHAPTER REPORT: CAROLINA

*Submitted by Rayni L. Collins*

Over the course of the past few months – during “COVID-19 quarantine life” – the Carolina Chapter had to postpone its annual workshop (originally scheduled in March 2020) until further notice. In the meantime, the Chapter has utilized Zoom for two online movement socials. During the latest social, chapter members created a COVID-19 dance including gestures of social distancing and self-quarantining. The Chapter will be holding its annual meeting on Sunday, June 14, 2020 from 2-4pm also via Zoom.

Submitted by Rayni Collins, Carolina Chapter Vice President

## CHAPTER REPORT: NEW JERSEY

NJ Chapter updates are as follows:

Board Elections are coming up in September A call for Nominations for open board positions will be out this summer We are working on:

We were scheduled to have a Mini Conference collaborating with other CATs in NJ the topic of the conference was and will be Creative Arts Therapist Dismantling Power, Privilege and Bias. This has been postponed until next Spring and will be held at Montclair State University.

We are working on bringing “The Moving Child “ film to Universities in our State.

Update from the Taskforce (Thank you to Tina Erfer for putting this together)

Now that our bill (Drama Therapists and Dance/Movement Therapists Licensing Act) has been signed into law, the next step is to form a new state regulatory board, which will be the **NJ State Board for the Creative Arts and Activities Therapies**. The new state board will have a total of 13 members – 2 each from art, drama, dance/movement, music and recreational therapies, with 3 public members.

We will begin to write the regulations for the license, once this Board is formed and populated. Nominations for Board members have been submitted, and we are waiting for the next step in the process.

Please note: In NJ, there will not be one Creative Arts Therapy License. The above-mentioned Regulatory Board will regulate and license separately, the professions of Dance/Movement Therapy, Drama Therapy, Music Therapy, Art Therapy, and Recreation Therapy. Our two-tier license titles will be: Licensed Associate Dance/Movement Therapist, Licensed Clinical Dance/Movement Therapist, Licensed Associate Drama Therapist, and Licensed Clinical Drama Therapist.

Stay tuned for further updates.

*The NJ Drama Therapy and Dance/Movement Therapy Task Force on Licensure*

### CHAPTER REPORT: ILLINOIS

- Dance Therapy Advocates Summit
  - “This summit is a meeting of the minds and offers a unique opportunity for dance therapists, prospective therapists, as well as dance therapy supporters and enthusiasts to share clinical work, professional development strategies and to network.”
  - June 12 – 14, 2020; <https://www.eventbrite.com/e/dance-therapy-advocates-summit-2020-tickets-63504636076>
- Professional Licensure Panel and Discussion
  - Several members of our community have been or are currently in the process of figuring out licensure. Whether that’s filling out the application to apply for the LPC/LCPC exam, studying for the test, or applying for the BC-DMT credential. This past November, the ILADTA hosted a panel for an opportunity to have individuals who have gone through these processes to offer suggestions/helpful tips and to answer questions/concerns. During this panel, attendees were able to ask general questions about these processes as well as more specific questions for areas that left them feeling uncertain or confused. Additionally, having a space to also express and validate the emotions and stress of these processes that can often feel isolating. This panel also helped the ILADTA board recognize opportunities for future events to continue offering support/information for those working toward licensure.
- Negotiating workshop!! How to discover what the market thinks you’re worth and how to get it – Coming, April 4, 2020
  - For those currently seeking new employment, interested in offering workshops/presentations, or feeling unsure if your compensation is up to market standard. The ILADTA chapter is hosting a workshop focused on learning what you deserve in compensation and negotiating for your worth!

### CHAPTER REPORT: CALIFORNIA

CCADTA Newsletter May 2020

Even with the unforeseen turn of events throughout the world, the CCADTA has been busy celebrating all that we have still have to celebrate! On February 23, we hosted MAL Marybeth Weinstock, PhD, BC-DMT at the Movement Studio in Oakland, CA for a presentation and workshop on Dance/Movement Therapy and Internal Family Systems Work, entitled *Healing the Fractures of Trauma through Self-Recovery*. The event was well attended and provided so much valuable information for the attendees! We also held a CCADTA dance party – we are dance/movement therapists after all! This was a welcome break and there will certainly be more to come! Finally, an event was hosted by CCADTA Board Members Anna O’Connell, LPCC, BC-DMT, CMA and Lisa Manca, LPCC, BC-DMT focused on Self-Care in Our Ever-Changing World. With 45-50 people in attendance it was a huge success and offered an hour of D/MT education and self-care through movement.

Looking ahead, on May 30<sup>th</sup> the NorCal chapter of the CCADTA will be hosting Ilene Serlin in Northern California via Zoom as she presents a 3-hour workshop on Trauma-Informed Dance Movement Therapy: Syrian Refugees and China Hotline. We are looking forward to learning from her regarding the use of DMT in uncertain times with these specific populations. Additionally, the SoCal chapter event with Marcia Levanthal presenting is June 26 and may be opened up to more ADTA participants outside of the CCADTA. We also have a couple of informal events coming up in both Northern and Southern California, more details are coming. The presenters and hosts have been so gracious as we all adapt to the changes surrounding us!

Our communications co-chairs, Julia Rose-Ramo and Kristen Crowe, continue their work to increase communication within our chapter, but also with other chapters in the ADTA. Please note that we are no longer using LinkedIn nor is our Listserv functioning any longer which is why we are increasing the use of Instagram and Facebook to connect with those interested in being a part of the CCADTA as well with other chapters of the ADTA. If you would like to stay connected with us to learn about events and news please follow us on Instagram @ccadta, Twitter @cc\_adta and on Facebook. If you are interested in learning more about pursuing an education in Dance/Movement Therapy but have questions please visit our website at [www.ccadta.org](http://www.ccadta.org) for contact information.

### CHAPTER REPORT: ROCKY MOUNTAIN

Greetings from the Rocky Mountain Chapter,

Our anticipated biannual conference has been postponed indefinitely due to the Covid-19 pandemic. However in May we did have the opportunity to join and move together via Zoom with a few chapter members. We hope to continue to find ways to connect and build support for our chapter members in ways that meet our members where they are.

2 of our members, Alicia Patterson and Jackie Ashley, are offering "Pelvic Healing on the Back of a Horse" a 4 week group for healing pelvic trauma through riding horses. In this 4 week experiential group, with an evening class of education and information about this powerful core part of your feminine persona, you will re-connect with, heal and find ways to celebrate your pelvic bowl. Spirit of the Pelvic Bowl w/ Alicia Patterson ~July 9th, 2020~ 6-8:30 pm Online Class via Zoom Mandatory for riding portion \$25-35 sliding scale To register: email Alicia [alicia@yourinnerpower.org](mailto:alicia@yourinnerpower.org) and Riding Sessions w/ Horses and Jackie Ashley ~July 11th, 25th, August 1st, and 8th, 2020~ 2:30-4:30pm Limit 6 participants \$300 To register: email or call Jackie [jackieashley9@gmail.com](mailto:jackieashley9@gmail.com) (720)-308-2728

Please be on the lookout for information from the chapter as we prepare for chapter elections and as always, please feel free to reach out to chapter leadership via email @ [rmadtoinfo@gmail.com](mailto:rmadtoinfo@gmail.com) or via our Facebook page: [www.facebook.com/RMADTA](http://www.facebook.com/RMADTA)

### CHAPTER REPORT: WASHINGTON

WAADTA Board

**The Washington State Chapter has been holding VIRTUAL MONTHLY MOVEMENT GATHERINGS** to provide space for our community to connect. During these meetings, we've discussed how COVID19 is impacting our practice as Dance Therapists and helping professionals and we've enjoyed co-creating playlists and dancing together. We will continue to hold our monthly chapter events online for the foreseeable future / until it's safe to share space in-person once again. Join us on the last Saturday of the month from 2-3pm PST on Zoom: <https://washington.zoom.us/j/493248786>

### OFFICE REPORT

## **Updates as of June 11, 2020**

### ***New Office Contact Information:***

Our phone number has changed: 518.704.3636

Our fax number has changed: 518.463.8656

Our new mailing address is:

American Dance Therapy Association

(DCTMB; Marian Chace Foundation; American Journal of Dance Therapy)

230 Washington Avenue Extension

Suite 101

Albany, NY 12203-3539

Our general email continues to be: [info@adta.org](mailto:info@adta.org) and our online services continue at: [www.adta.org](http://www.adta.org).

### ***MEET THE STAFF:***



Tom Cote- Executive Director





Lora Wilson- Continuing Education Manager

## DMTCB

DMTCB Newsletter Report

May, 2020

Julie Miller

Chair, DMTCB

Despite the challenges posed by the change in office support and the Coronavirus pandemic, the DMTCB was able to process all applications, keeping fairly close to the typical timeline. We met and conducted business via Zoom this Spring. There were a relatively small number of Alternate Route R-DMT applications but a record number (44) of BC-DMT applications submitted! This is very gratifying as it speaks to the professional identity of our practitioners around the country who value certification as Dance/Movement Therapists. There was consensus among the reviewers that the majority of the applications were of high quality and reflected strong clinical acumen of the applicants.

The DMTCB Business meeting will be held in early summer so there are no changes to report at this time. As our new office staff at CapHill has been creating the new website, we have worked to update all of the materials: applications, Handbooks and web content and made sure that the information is correct across the board to make it easier for applicants to determine what they need to do to apply. We will be working closely with the CapHill staff, once the website is up and running, to make the application processes more streamlined and easier for the applicants. For current R-DMTs and BC-DMTs, the recertification process will be a different and hopefully easier process in the coming year as well. In addition, the timing of recertification notification will be adjusted, due to the rollout of the new website. Any questions about Recertification or the recertification audit process, (10% of all DMTs who recertify are randomly selected to be audited), contact the DMTCB Credentials Coordinator

at: [dmtcbaudit@adta.org](mailto:dmtcbaudit@adta.org). There have been no major changes in requirements for either the R-DMT or the BC-DMT as yet however there will be changes in both in the next few years. The Alternate Route requirements have already been revised and the timeline for implementing the changes is two tiered: Tier One will begin in January 2021 and all students completing a letter of intention as of January 1, 2021 must: work with an advisor and adhere to the Clinical Training Manual

All BC-DMT supervisors must adhere to the Clinical Training Manual for any student who completed a letter of intention as of January 1, 2021. Tier Two will begin in January 2025 and all students completing a letter of intention as of January 1, 2025 must meet the full standards.

The BC-DMT Task Force has sent out a proposal to revise the requirements – first to the ADTA Board and currently to the membership for comment. We want to encourage all members to please read the (albeit dense) proposal and send comments to [dmtcb@adta.org](mailto:dmtcb@adta.org). They will be taken into consideration as we move forward to put these revisions in place.

Congratulations to all new Registered and Board Certified Dance/Movement Therapists!

## MARIAN CHACE FOUNDATION



The Trustees of the Marian Chace Foundation have been fulfilling our formal business with frequent virtual meetings. The climate of the COVID-19 pandemic has effected all of us personally and professionally. We

congratulate the American Dance Therapy Association on their COVID-19 initiative to support members with small grants. While we continue planning for the annual ADTA Conference we are currently uncertain as to whether it will be held live in Montreal or virtually.

One of the centerpieces of the Foundation's educational mission is the Annual Marian Chace Foundation Lecture. This year we are pleased to announce our lecturer will be Dr. Ilene Serlin. The title of her lecture is "Trauma-Informed Dance Movement Therapy: International Training".

Every year in mid-February we eagerly await grant applications. This year we received several. We are delighted to announce we have awarded a grant to Nalini Prakash for her research study "*Examining the Impact of Dance/Movement Therapy on Empathy and School Violence in Ethnic Bullying: A Convergent Mixed Methods Design*". There are two additional grants pending determination.

DONATIONS received March 1, 2020 – May 31, 2020

FRIEND (up to \$36.00) Betty Migliorati

SUPPORTER (\$36.00 – \$99.00) Brianna Martin

PARTNER (\$100.00 – \$499.00) Margaret Migliorati

*Thank you for all the ways you support DMT*

We are grateful for the donations, big and small, so many of you contribute in support of the MCF mission. Your generosity provides funds for the various grant proposals received each year and sponsors the Annual Marian Chace Foundation lecture, Research Poster session and other special events. Our mission is to continually grow and support our profession.

To support the Marian Chace Foundation you may donate in a few ways:

1. When you click on the DONATE button on the ADTA website Home Page you will see an option for the Marian Chace Foundation. There is also a DONATE button on our web pages which will direct you to donate directly.
2. If you wish to mail a donation please note the address has changed with the relocation of the ADTA office:  
Marian Chace Foundation  
American Dance Therapy Association  
230 Washington Avenue Extension Suite 101  
Albany, NY 12203-3539  
Please do not use the donation envelope with the former ADTA address.
3. Amazon: When you purchase at [smile.amazon.com](https://smile.amazon.com) you can support the Marian Chace Foundation of the American Dance Therapy Association by choosing it as your charity of choice. This is a passive donation, which means a small percentage of whatever you purchase from Amazon at AmazonSmile will be donated to the Foundation. Donations may be made to honor or memorialize someone. Please include the name and address of anyone to be notified of your donation. Thank you.

## CONTINUING EDUCATION

### ***Submitted by: Lora Wilson, MA, BC-DMT***

Continuing Education Corner

Lora Wilson, MA, BC-DMT

ADTA Continuing Education Manager

The position of Continuing Education Manager was created by the ADTA Board of Directors in 2019 as an investment in the development of innovative and diverse continuing education opportunities for our membership and allied community. There are a number of programs in development and I will share more about those in the next newsletter. For now, I am excited to announce the following webinar opportunities available to you.

On February 12, 241 people attended the ADTA's first live webinar of 2020, "Credentialing and Licensure: Navigating the Profession of Dance/Movement Therapy." In this Zoom webinar, a panel of representatives from the American Dance Therapy Association (ADTA) and the Dance/Movement Therapy Certification Board (DMTCB) address issues pertaining to professional identity as a dance/movement therapist. In case you missed it, you may still view the webinar [here](#). 1.5 ADTA CEs and 1.5 NY LCAT CEs are available for free as an ADTA Member benefit.

On Sunday, March 8 at 5:00 p.m. ET, the ADTA's diversity, equity, and inclusion webinar series "Conversations from the Edge" kicks off with the introductory webinar, "[Building an Equity Agenda](#)." We are thrilled to have Carmen Marshall, Director of Maryland Nonprofits, continue her work with the ADTA and facilitate this important series of webinars. While we hope you will attend all six webinars (they are free), know that there is no requirement to do so. Registration for the subsequent webinar will open shortly after the previous webinar has aired and, if you can't make the live webinar, know you are welcome to watch it on demand via our website, shortly thereafter. Be sure to save the dates for the remainder of the series: April 7, May 12, June 2, July 7, Aug 11 – all beginning at 8:30 p.m. ET. (This series offers ADTA, NBCC, and NY LCAT CEs for free as an ADTA member benefit.)

Lastly, in celebration of Creative Arts Therapies Week (Mar 15-21), the ADTA is offering an entire month of savings! Purchase 3 or more webinars in one transaction from our [on demand catalog](#) and enjoy 25% off your entire purchase! (Discount automatically applied at check out.)

Don't need 3? Well, use the code MARCH at check out and receive 15% off any single webinar purchase. These discounts are IN ADDITION to the savings already in place for ADTA members and students! Please reach out to me at any time at [ce@adta.org](mailto:ce@adta.org) with ideas, comments or questions about continuing education opportunities. I'd love to hear from you and welcome your input. Let's stay engaged in learning together.

## AJDT

### **An Invitation from Co-Editors Laura Downy and Susan Kierr**

The co-editors of the *American Journal of Dance Therapy*, Laura Downey and Susan Kierr, invite members of our professional community to submit articles to our journal evaluating and understanding ways in which the corona virus pandemic has affected what we do. Our community is robust and diverse and lives in the net that our intellect and reflection weave. Held in this net as we experience the emotional rollercoaster of this pandemic, we seek new ideas as well as support from the insight of our peers regarding the use of telehealth and other avenues, what we have learned, case studies and fresh knowledge gathered in your work. Prospective authors can visit the homepage [www.springer.com/10465](http://www.springer.com/10465) and click on the button Submit Manuscript. The homepage contains submission Guidelines and the journal Aims and Scope that will be helpful to authors prior to submission.

Submissions Due: October 1, 2020

## NEWSLETTER SUBMISSION GUIDELINES

***All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.***

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to [info@adta.org](mailto:info@adta.org).

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **"ADTA Newsletter Submission"**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

### Newsletter Deadlines:

*Submission Deadlines:*

February 28, May 31, August 31, November 30

*Publication Deadlines (on/before):*

March 28, June 28, September 28, December 28

## NEWSLETTER ADVERTISING INFORMATION

### ***Interested in advertising with ADTA?***

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to [info@adta.org](mailto:info@adta.org).

### **Member Rates**

Single – \$100

2 Issues – \$175

4 Issues – \$300

### **Non-Member Rates**

Single – \$150

2 Issues – \$275

4 Issues – \$500