Spring Newsletter: Volume 54, Issue 1



American Dance Therapy Association

A FEW WORDS FROM THE NEWSLETTER TEAM

Happy Spring from the ADTA! We hope you enjoy this edition of the newsletter and learning about the work the board of directors and Association have been doing on your behalf!

Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.

BOARD REPORT: PRESIDENT



Submitted by Margaret Migliorati, R-DMT

Greetings Everyone:

Welcome to the ADTA Spring Newsletter! I am excited to share with you several important updates and hope that you take time to read this entire newsletter to learn about all the good work happening on your behalf across the ADTA!

New ADTA Office

It has been a little over 3 full months since the ADTA transitioned to our new operating model (see my winter newsletter report for the background of this change) and we are in full swing under the expert guidance of our new Executive Director Tom Coté and Operations Manager Nicole Weijola. You can "meet" Tom and Nicole by clicking here http://056.c09.myftpupload.com/board-of-directors/ and scrolling to the bottom of the page under "staff." You can reach anyone at the ADTA by calling 518-704-3636 or emailing info@adta.org.

"Conversations from the Edge;" Free Webinars: Diversity, Equity and Inclusion:

The Board is thrilled to announce that registration is open for the first webinar in the 6-month series titled "Conversations from the Edge." Session 1 will take place on Sunday, March 8th with the focus of "Establishing an Equity Agenda." All webinars in the series are free and continuing education credit is available to ADTA members.

Please join ADTA leadership for these critical discussions by clicking here to

register: https://zoom.us/webinar/register/3015823299985/WN_OH66xtPnR52alFeAG8Fkpw

Free Webinar on Credentialing and Licensing

If you were unable to attend the free ADTA webinar "Credentialing and Licensure: Navigating the Profession of Dance/Movement Therapy" on February 12th, it is now available for on-demand viewing. ADTA members can also receive free continuing education credit after viewing the webinar and filling out a short quiz.

Go to the ADTA Webinar catalog to access this and other on-demand webinars:

http://056.c09.myftpupload.com/webinars/

New Website Coming Soon

As part of the transition to our new operating model, the ADTA has been undertaking a thorough evaluation of our technology needs today and into the future, and I'm excited to announce that coming this summer the ADTA will unveil a brand new website and membership software. Our new system, called MemberClicks, will provide a streamlined experience for our members as well as greater capability for continuing education and online communities. Stay tuned for updates and trainings!

Reaching the Board

The ADTA board of directors wants to hear from you! You can reach us by our individual emails (http://056.c09.myftpupload.com/board-of-directors/) or by posting on our Facebook Group at https://www.facebook.com/groups/516042972196519/?ref=pages_profile_groups_tab&source_id=335365049909366. We look forward to hearing from you soon!

And, finally, don't forget to check your passport in preparation for this October's Annual Conference in Montreal, Canada. For more details, make sure you read ADTA President Elect and Conference Chair Paul Sevett's newsletter submission.

Respectfully submitted,

Margaret

president@adta.org

BOARD REPORT: PRESIDENT-ELECT



Submitted by Paul Sevett, BC-DMT

We are deep into the planning process for our upcoming conference in Montreal, Quebec, Canada, Oct. 15-18, 2020. I'm so looking forward to seeing you there to learn from and with esteemed colleagues and to celebrate together our fabulous profession.

CONFERENCE HIGHLIGHTS (SO FAR, STAY TUNED)

We have had an explosion of workshop proposals which I find heartening as so many of us want to share our knowledge with one another. As I write this, we have received 105 proposals and I look forward to the ratings from the National Blind Review Panel to select the best proposals for the conference. I feel sure we will have a great selection from which to choose.

The keynote plenary this year is the International Panel presentation on The Dance of different countries as it impacts Dance/Movement Therapy practice (The exact title has not been chosen as of this writing). You don't want to miss this event.

The Multicultural and Diversity Committee is celebrating its 10 year anniversary this year and will be hosting a few different events to highlight their growth and importance in the ADTA.

The local Canadian committee and the Dance/Movement Therapy Association of Canada with members in both Montreal and greater Canada are hard at work on their tasks to welcome us to the city and the conference. Finding a great band for the banquet/dance, finding sites for the Day of Service, contributing members for the National Review Panel are just a sampling of the volunteer work being done on all our behalf. I have great appreciation for their dedication in these endeavors.

A conference with an international focus that brings together dance/movement therapist from around the globe. Should be a damn good time!! (please excuse my language but my enthusiasm gets the best of me ON ANOTHER NOTE

We have upcoming elections. As a member driven association, your vote truly matters as the Board of Directors works to chart our path forward in the complex world of health care in the US. Carefully consider the wonderful slate of officers running in this election and cast your vote. Let your voice be heard!

Respectfully submitted, Paul Sevett

BOARD REPORT: SECRETARY



Submitted by Ambria Cunningham, R-DMT

Greetings

The secretary is currently collaborating with the current members on the Student Subcommittee to identify areas of immediate support, increase connection to the organization, and preparing for the 2020 conference in Canada. If you are a current student or new professional (1-2 years post graduation date), and you are interested in being apart of a subcommittee that addresses the immediate needs of the newer generation of the organization. Please email secretary@adta.org about your interest.

Ambria Cunningham, LPC, R-DMT Secretary, ADTA Board of Directors

BOARD REPORT: TREASURER



Submitted by Jacelyn Biondo, Ph.D., BC-DMT, LPC

As I happily settle into my treasury role, I am inviting you all to be my collaborators. Our dance/movement therapy community is strong, committed, creative, intelligent, passionate. . . exactly the type of humans I want to work with. With that, I am asking you to reach out to me with your ideas, hopes, and dreams for the ADTA treasury. Some may view treasury as a dry role; however, the possibilities are limitless and together we can make treasury quite sexy!

I would like to know how you would like to both grow and spend our finances. And simply, how do you see the treasury serving you? Are we missing important fundraising opportunities? Do you wish there were more financial opportunities or different experiences? I have some ideas brewing and the ADTA Board of Directors will be working hard to maintain financial stability, with hopes of moving towards a growing treasury.

In the meantime. . . grab your passports! We are gearing up for conference season. One of the goals on our list is to invite vendors to the conference and we would love your input. Who are your favorite vendors? What types of vendors would you like to see offered at the conference this year? Do you know of an amazing artist or shop in Montreal that you would be delighted to see at the conference? Please reach out to me at treasurer@adta.org and let me know.

Just a reminder of our Planned Giving Campaign. Please feel free to pass this information along to anyone who may be interested:

Leave a lasting legacy to our profession by remembering the ADTA in your will. You can choose to leave a monetary contribution to our past, present, or future with a gift of your choice as follows:

Past: Archive Project

Centrally digitize our history: Board minutes, journals, films/videos

Present: Service, Education, Scholarships

Day of Service at Conferences, #Giving Tuesday project donations, Endow the annual Conference Scholarship

Future: Development of DMTs and Fellowship for Research

Develop scholarships to support the education of future DMTs, Develop Research Fellowships

Finally, I would love to introduce you to and thank the Budget and Finance Committee: Corinne Ott, Ebony Nichols, and Melinda Malher-Moran

Looking forward to continued collaborations and growth! Jacelyn Biondo, Ph.D., BC-DMT, LPC

Treasurer

BOARD REPORT: COMMITTEE ON APPROVAL



It was a pleasure to see so many of you at the conference in Miami. The sunny palm trees and boats passing through the canals offered a lovely backdrop to the meaningful and conscientious work that was going on in the workshops, plenary, keynote, and panels. So rich and rewarding! The Committee on Approval (COA) was especially inspired by the Marian Chace Foundation ADTA Lecture by Nana Koch which spoke to the trends in education and professional formation. These topics relates directly to the focus of this committee; we serve as a regulatory branch of the ADTA responsible for verifying compliance with standards in dance/movement therapy training for approved programs and alternate route courses.

Coming back from Miami, the COA has maintained the momentum inspired by the conference and continues to work hard in service of supporting quality education in our profession. The Subcommittee on Approval for Alternate Route Courses (SAARC), a subcommittee of the COA, continues to address the adoption of the new Alternate Route components of the *ADTA Standards for Education and Clinical Training*.

As we move forward to embrace the new standards for Alternate Route courses, we want to thank all of the Alternate Route Educators for their dedication to providing quality DMT education and we look forward to supporting them in the transition to new standards.

COA Committee Members:

The work of the COA is done by a team of dedicated, thoughtful and supportive members:

Wendy Allen (Naropa) Valerie Blanc (Lesley) Michelle Joubert (Supervisor)

Susan Orkand (Sarah

Ted Ehrhardt (Pratt) Lawrence) Danielle Fitzpatrick (Antioch)

Elizabeth McNamara (Drexel) Leon Rodgers (Public Member)

The COA would like to offer special thanks to Kim Rothwell of Columbia College for her dedication and service on this committee. Kim's term concluded this fall and her contributions to the committee will be missed; Kim brought a facility for procedural language, an eye for detail, and a clear passion for DMT education to her role on the committee. With gratitude in our hearts, we wish Kim all the best.

Committee on Approval Business:

- **Fall Meeting**: The committee met on Wednesday, October 16th at the Hyatt Regency in Miami for our fall meeting. Committee business included a review of additions to the education policies and procedures, document revision, update on SAARC, and a candidacy review.
- Candidacy Application: The COA met in person and via teleconference to review the Candidacy Application for Rider University. We would like to congratulate Rider University on being accepted into candidacy status and thank Dr. Millrod for the dedication and effort put forth in this process.

Subcommittee on Approval for Alternate Route Courses (SAARC):

Subcommittee Members:

This is an exciting time to be a member of SAARC! The subcommittee in is in the process of growing in size while revising many of the procedures involved in alternate route course approval. ******If any alternate route educators are interested in learning more about joining this subcommittee, please contact the Chair of Approval at approval@adta.org.*******

We would like to thank Dr. Danielle Fraenkel for serving on the subcommittee. Dr. Fraenkel brought decades of experience in dance/movement therapy practice and education to SAARC. The subcommittee extends a warm welcome to Dr. Amber Gray who joined the review team this fall. Dr. Gray's deep commitment to access in education as a route to greater diversity, equity, and inclusion is appreciated at this pivotal time in SAARC's development.

The SAARC Members are as follows:

Susan Saenger (Chairperson, Laurel Bridges (Alt Rte

ex-DMT-CB) Educator) Amber Gray (Alt Rte Educator)

Bernard Ehrhardt (COA rep)

SAARC Business:

- Approval of Alternate Route Courses:
 - NEW!!! After January 1, 2025, (once all alternate route courses have transitioned to new standards), educators must reapply for approval every five years, allowing SAARC to ensure continued compliance with standards on an on-going basis. The reapproval process will mirror the approval process in a simplified and streamlined way.
 - The guidelines and application for approval for Alternate Route Courses are currently being revised and will be available on the website shortly.
 - Effective October 15, 2019: All alternate route courses being approved for the first time must be submitted in compliance with new standards.
 - All previouslyapproved Alternate Route Courses must be revised to demonstrate compliance with new standards. This revisionary approval process will be phased in over a five-year period with all courses in compliance by December 31, 2024.
 - <u>EDUCATORS, PLEASE NOTE</u>: Alternate Route courses approved in 2010 or earlier will be due for revisionary approval (revised to reflect new standards) by December 31, 2020. Watch for a reminder email coming soon!
 - For ALL <u>deadlines and due dates</u>, course providers should refer to the COA Procedural Guidelines for the Transition to Alternate Route Course Approval: New Standards which can be found at this link.

https://www.dropbox.com/s/t2kniy8z4zywxfg/ATA%20COA%20P%26P%20for%20Alt%20Rte%20Transitions%20to%20New%20Standards.pdf?dl=0

Alternate Route Course Approval

SAARC reviews all new alternate route course applications for approval. Applications, accompanying syllabi, and the educators' professional CVs can be submitted to the Chairperson, Susan Saenger at ssaenger@nc.rr.com. All alternate route courses being approved for the first time must be submitted in compliance with *new standards* effective October 15, 2019.

The following Alternate Route Courses have recently been approved:

Living Dance/Living Music: Theory, Method, and Experience, taught by Danielle Fraenkel, PhD, BC-DMT, NCC, LCAT, LMHC, CGP

Laban Movement Analysis II, taught by Stacey Hurst, BC-DMT, LCPC, GL-CMA

Dance/Movement Therapy for Children and Adolescents: in the Methods of Blanche Evan, taught by Bonnie Bernstein, MFT, BC-DMT, REAT

Thank you to these Alternate Route Educators for submitting these new and revised courses for approval. You can find a convenient calendar of *all* approved alternate route courses at the ADTA website.

BOARD REPORTS: EDUCATION COMMITTEE



Submitted by Jessica Young, BC-DMT

education@adta.org

The same stream of life that runs through my veins night and day runs through the world and dances in rhythmic measures. It is the same life that shoots in joy through the dust of the earth in numberless blades of grass and breaks into tumultuous waves of leaves and flowers.

—Rabindranath Tagore

While there is snow on the ground in Chicago and the temperature is slightly below freezing, the sky is blue, and I have a view of an expansive Lake Michigan and Friday rush hour traffic along Lakeshore Drive. I am filled with excitement for spring and the new life and hope that it symbolizes. I experience this same vitality when looking ahead to the future of DMT education.

Two groups are hard at work developing some of the infrastructure to support the implementation of the revised standards of education and clinical training specific to alternate route (AR). Katie Brennan and Suzi Tortora, led by Barbara Nordstrom-Loeb, are drafting an Advisor Manual detailing advisement guidelines. An accompanying training for how to be an advisor for alternate route students is also being developed. Laura Allen, Sandra Beggs, Amber Gray, Nana Koch, and Joanabbey Sack, led by Jessica Young, are developing a comprehensive Clinical Training Manual to guide BC-DMT supervisors, site supervisors, and alternate route students in their fieldwork and internship experiences. An accompanying training for BC-DMT supervisors will also be developed. Both manuals will be introduced during the AR educator meeting at the conference in October.

I'm excited to announce the meeting dates and times for educators at the 2020 conference in Montreal. Approved program (AP) educators will hold a closed meeting on Wednesday, October 14th from 4:30-7:30. The closed meeting for the combined AR and AP educators will be on Thursday morning, October 15th from 8:00-10:00. Both of these meetings will be addressing diversity, equity, and inclusion in DMT education. The AR educators will then meet from 10:00-12:30 in a closed meeting, with an invitation to AP educators. Finally, AP educators will hold a second closed meeting on Thursday from 1:00-4:00.

Other conference events to look forward to include the AR Meet and Greet on Saturday from 4:30-6:00 and the Education Workshop, *Diversity, Equity, and Inclusion in DMT Education: Moving and Deepening the Dialogue*, which will be co-presented by educators, students, and new professionals.

The Alternate Route Education Subcommittee (ARES) Core Team continues to field a regular stream of questions from AR educators and students. Please direct all AR questions to Sandra Beggs, chair of ARES, at the new email address: AReducation@adta.org. Also, if you are at all curious about serving on the ARES Core Team, please reach out to Sandra as two positions will be opening up this fall. We are looking for an AR Educator and someone who formerly served on the DMTCB.

Meanwhile, approved program educators had a teleconference on January 14th during which we discussed some preliminary themes that arose from the fall Board meeting around the future of DMT education. We have monthly meetings scheduled to continue this discussion and look forward to expanding the conversation to include more voices. I am thrilled that I have heard from some of our membership in the Carolinas about your interest in exploring ways to expand our profession. Thank you for reaching out, and I look forward to future conversations. Given the dynamic landscape of healthcare, higher education, and licensure, coupled with the revised education standards and the advancement of our field, we have an opportunity to re-imagine the future of DMT education, and ultimately the profession. DMT education is in a season of spring and re-birth, rich with change, new beginnings, and

surprises; fortified by the roots that were long ago planted; and inspired by an expansive horizon. I am hopeful for a time when everyone knows about dance/movement therapy, just as they understand other professions.

BOARD REPORT: GOVERNMENT AFFAIRS COMMITTEE



Submitted by Kristin Pollock, BC-DMT

Greeting ADTA membership,

The Government Affairs Committee has been busy this term getting ready for the National Arts Summit in Washington, DC which will occur March 30 and 31, 2020. The ADTA continues to be a national partner with Americans for the Arts, who organizes this annual arts advocacy event. There is a lot of preparation that goes into this event in terms of gathering facts and figures that support the requests that go to our congress people on the hill. Since December, the ADTA has been represented in the Arts in Healthcare Committee. This committee has been working on organizing briefs that address the use of arts in trauma-informed care, mental health services for military affected populations and services that promote healthy aging. A call for information was sent out to membership in December and January and the response was wonderful! We received more than we have before. As a result, DMT is well represented in these briefs. It is going to be exciting to take some of this information to the hill as an example of the robustness of our field.

The GAC committee also spent the first half of the month of December reviewing applications for two scholarships for attendance to the National Arts Summit in March. We had 5 professional and 2 student applications this year. The scholarship review committee finalized their decision by mid-December. I would like to thank all of the AA Days Scholarship applicants for defining advocacy including how it applies to your personal work and expressing interest in representing the ADTA at this important event. It was so exciting to see such interest in this scholarship. I am passionate about more and more DMTs stepping into and growing through advocacy and I hope to see even more applications next year!

This year there will be three of us ADTA members attending the event, myself and our two scholarship winners, Dominique Terrell (ADTA student member) and Erin Holmes (ADTA professional member). Please see the Spotlight section of this submission to learn more about these recipients. Also attending the event is our legislative liaison Myrna Mandlwitz.

Another focus of this committee is to support efforts in all states to increase licensure. There are a few of exciting announcements on this front:

- The NJ Dance/movement and drama therapy Licensure Bill was signed by Governor Murphy into law!!! There will be many details to set in place before NJ DMTs can apply for their license, but this step is a huge accomplishment after years and years of grassroots advocacy and networking.
- Other exciting news in happening in Connecticut where Lynda Naimoli, R-DMT has been advocating for licensure
 for years. CT Representative Mitch Bolinsky, who represents the district of CT that coped with the Newtown school
 shooting tragedy, has become vocal about the importance of dance/movement therapy in the treatment of
 trauma. He has been communicating directly with Lynda, has asked to see her work in person and has drafted a bill
 to propose the licensure of DMTs in CT.
- Lastly, Ohio art and music therapists have introduced a licensure bill. This has inspired OH dance/movement and drama therapists to connect and begin to discuss their own licensure opportunities.

If you have any news or are interested in beginning licensure advocacy in your state, do not hesitate to reach out to myself as the committee chair. The national GAC committee is here to connect you with resources, people and information that has been collected from licensure processes that have occurred or in in process.

Moreover, I would like to congratulate our two 2020 scholarship winners Erin and Domonique. Please take a moment to read about them below. Congratulations and I hope you have a very rewarding trip!

All my Best, Kristin Pollock, BC-DMT, LPC, ACS ADTA GAC

governmentaffairs@adta.org

ADTA GAC Spotlight:

Erin Holmes, 2020 AA Day Professional Scholarship Winner Domonique Terrell, 2020 AA Day Student Scholarship Winner

Erin Bryce Holmes, MS, LCAT, BC-DMT, graduated from Temple University and Pratt Institute. She has apprenticed with Urban Bush Women, was a principle dancer with Kariamu & Company: Traditions, African American Dance Ensemble, Tania Isaac Dance, Dance Theatre X, Denovo, Ephrat Asherie Dance and worked with Bill T. Jones developing FELA! She traveled to West Africa to study the culture and has taught classes at Dance New Amsterdam, NY, Carlsbad High School, CA, Central Academy of Technology and Arts, NC, and has been a welcomed guest lecturer at both her alma maters as well as UNC at Charlotte, NC and College of New Rochelle School of New Resources, NY. Her award winning choreography, Case of the Ex, was selected for encore performance at the All American Talent Awards, PA, while another work, X Gon Give It To Ya, opened the Break! Urban Funk Spectacular at the Strand Theater in York, PA. Catching Subira, a collaboration with Mara Rivera and Niko Leboy, was requested as a plenary event at the American Dance Therapy Association and National Dance Educators Organization conference and she presented at the Expressive Therapies conference with Dan Walsh teaching Umfundalai essentials for dance movement therapy. She is the Senior Activity Therapist in Dance at Maimonides Medical Center, a certified Umfundalai instructor for the Umfundalai teacher's intensive and Dancing Our Africa, Nanigo, a professional dancer with Ase Dance Theater Collective, a member of Black Batey, Alzheimer's Association Brooklyn Walk Committee and is director of Bryce Entertainment, LLC, a therapeutic services company. Erin also serves as the Government Affairs Chair of the NYS Chapter of the ADTA.

Domonique Terrell is a 28 year old native of New Orleans, LA. She has her Bachelor's in Theatre from Northwestern State University of Louisiana and is currently finishing her Master's in Dance/Movement Therapy & Counseling at Antioch University New England. Outside of her love for the arts, Domonique also enjoys cooking, reading, and hiking. Becoming a Dance/Movement Therapist was not always her plan, she wanted to pursue an acting career and start her own Tap Dance Company. What inspired her to get into Dance/Movement Therapy was her own experiences with mental health. She wanted to combine her dance and theater knowledge with psychology in an effort to advocate for the healing powers of creative arts therapy. In 2016 she served as an AmeriCorps Member with City Year Tulsa, serving at-risk you at a near-to-peer mentor and tutor. Domonique is currently finishing her internship at Saint Elizabeth's Hospital in Washington DC. She plans to work towards BC-DMT and LPC credentialing after completing her program and is currently looking into job opportunities throughout the United States.

BOARD REPORTS: MEMBERS-AT-LARGE







Submitted by Dawn Morningstar, BC-DMT; MaryBeth

Weinstock, BC-DMT; Pam Margules, BC-DMT

Hello all ADTA members,

In response to our desire as a community to be more culturally aware both as dance/movement therapists and as an organization, the board will be offering upcoming free webinars addressing diversity, equity, and inclusion. A survey went out last week. Please feel free to fill it out so the webinars can address any specific needs or questions you have.

We would also like to remind our members to obtain or update your passport this year. Our 2020 conference will be in Montreal, Quebec, Canada. The dates are October 15-18, 2020. We look forward to having this international conference and partnering with the Dance Movement Therapy Association, Canada!

Connect or reach out to your local or regional chapter, there are many exciting and informative events happening around the country. Members can join more than one chapter and if you are unsure which chapter is closest to you reach out to us and we will connect you.

We wish you all a warm break from the cold, and a Happy Springtime!

The MALs have new emails, (Dawn) <u>EASTERNMAL@adta.org</u>, (Pam) <u>CENTRALMAL@adta.org</u> and (Marybeth) <u>WESTERNMAL@adta.org</u> please reach any of us there for all ADTA matters or to get connected to your local.

BOARD REPORTS: MULTICULTURAL & DIVERSITY COMMITTEE



Submitted by Charne' Fucron, BC-DMT

The POWER of Affinity Groups

The Multicultural and Diversity Committee considers Affinity Groups to be a vital component that gives voice to non-dominant groups within the DMT community. Therefore, the Affinity Groups can support members form a stronger community and feel empowered to bring their TRUE selves, which results in meaningful engagement in the ADTA. If you want to be a part of an affinity group that does not currently exist within the ADTA, consider championing it yourself. If you don't start it, who will? For more information, check out the links below.

Affinity Group Guidelines

https://adta.wildapricot.org/resources/Documents/MDC Affinity Group Development Guidelines 3.2019 (5).docx ADTA Multicultural and Diversity Committee Affinity Group Development Application https://adta.wildapricot.org/resources/Documents/MDC Affinity Group Application 3.2019 (5) (1).docx In honor of February's Black History month, the Black DMTs reestablished their Affinity group.

Black Magic

Submitted by Bria Campbell and Mynesha Whyte

Background: After having to restructure and reorganize an affinity group that represents the interests and wellbeing of Black DMTs, Black MAGIC was birthed in February 2020 by the collective efforts of Bria Campbell, Mynesha Whyte and a community of Black professional and student DMTs.

Black Magic means *Black Moving Affinity Group In Community*. As a descendant of the original Black affinity group, BAAD created by Lysa Monique Jenkins-Hayden, the collective felt compelled to create a name equally as creative and captivating as that. The collective also wanted a name that reflects the bold, direct and unique qualities of Black culture.

Here is some vital information about Black MAGIC:

Purpose: Dance/movement therapy and the American Dance Therapy Association (ADTA) is constantly evolving due to the growing number of members of color specifically members of African, African American, Afro- Caribbean, Afro-Latin descent and others in the African Diaspora. However, as the landscape changes and it becomes more diverse, the values and goals of the ADTA is slow to reflect that of its Black membership. Black MAGIC will help to bridge this gap, increase **visibility** of Black DMTs, students and healers, and their **values** within the ADTA and dance/movement therapy profession.

Vision: Black MAGIC hopes to **strengthen** the work and lives of Black DMTs and students by building a **community** that offers **refuge**, **guidance**, **fellowship and hope**. *Mission*:

Black MAGIC will:

- Establish online and in person support for members of the affinity group through scholarship and mentorship
- Provide educational resources, clinical support, and research opportunities for members
- Foster a supportive environment for the transmission of historical perspectives and the sharing of new perspectives from Black DMT's across generations
- Provide opportunities for professional networking in and outside of the DMT community
- Gather and disseminate the historical knowledge that establishes the legacy of Black DMT and healers in the context of the ADTA
 - Continue to grow and transform to meet the needs of its ever-evolving membership Black MAGIC is a community effort because Black folks function better together. If you identify as Black, African, African American, Afro- Caribbean, Afro-Latin descent and want to join our community, please contact *Blackmagicdmt2020@gmail.com*. Black MAGIC

Are you READY for the Multicultural And Diversity Liaison?

Every ADTA Chapter will appoint or elect an MDC Liaison as their chapter's contact person to increase multicultural awareness and support an organizational culture that appreciates diversity, equity, and inclusion by building relationships within the MDC, ADTA, and the community.

Multicultural And Diversity Liaison Responsibilities

The ADTA Chapter MDC Liaison(s) will:

- aid in building relationships within the MDC, ADTA, and the community.
- attend the quarterly MDC Leaders' meetings (video conference/phone calls).
- establish a communication schedule and system, such as conference calls or email, to build relationships, to strengthen member connections, and to stay informed by their ADTA Chapter members
- provide regular updates to ADTA chapter members, Member-at-Large, and the National MDC Chairperson. The National MDC Chairperson should receive quarterly reports.
- keep a file of all pertinent written materials.
- notify the National MDC Chairperson regarding any multicultural and diversity concerns and/or questions. If needed, the National MDC Chairperson, in turn, will notify/seek counsel from national BOD members and/or leadership needed. This communication must be documented in writing.

MDC Liaison Role Requirements

- An active member of MDC for six months
- Letter of recommendation from an active MDC member
 If additional information is needed, send questions to the Multicultural and Diversity Committee Chair (diversity@ADTA.org)

BOARD REPORT: RESEARCH & PRACTICE COMMITTEE



Submitted by Jennifer Frank Tantia, BC-DMT

Email: researchandpractice@adta.org

Contact: Jennifer Tantia, PhD, BC-DMT, LCAT

Greetings from the Research and Practice Committee! As we jump into the new year, we are getting some "work from home" maintenance of the research resources that we update for you each year. If you haven't seen them yet, we have created lists of bibliographies for you, http://056.c09.myftpupload.com/wp-content/uploads/2016/03/Tools-for-Conducting-Research.docx.pdf

based on different populations. If you are researching a certain topic, you might take a look at the website to see if some of the references we cite might be helpful to you.

Another resource that we make available for you are our Clinical Info

Sheets, http://056.c09.myftpupload.com/clinical-info-sheets/ that can be downloaded for you to print, copy and hand out at presentation that you might be giving, whether it be an in-service for your department, or a "grand rounds" at your hospital; these clinical info sheets are available for your use. If you, or someone you know is interested in translating one (or more!) of the info sheets into Spanish, Japanese or Korean, (or another language!) please contact me at your earliest convenience. We would very much appreciate your support so that these sheets can be utilized by folks who do not speak English.

Please also note that we regularly post new research information, such as funding and publishing opportunities on the ADTA forum: http://056.c09.myftpupload.com/forum/ If you subscribe to the research topic, you will get our announcements right in your email inbox! Feel free to add your own announcements there as well- it's a great place to interact with researchers and those who are "research curious"!

Lastly, for those of you who are on the brink of finishing your thesis, don't forget about the Research Poster Session; **deadline for your submission is July 1, 2019.** To submit, please follow the Poster Session guidelines at: http://056.c09.myftpupload.com/research-practice/.

We hope that you find our research resources valuable and look forward to seeing you on the forum! Kindly,

Jennifer Tantia, PhD, BC-DMT Chair, Research and Practice

BOARD REPORTS: STANDARDS & ETHICS COMMITTEE



Submitted by Joan Wittig BC-DMT

A very warm hello to all ADTA members from the Standards and Ethics Committee: Joan Wittig (Chair), Angela Grayson, Aisha Robinson, Rosey Puloka, Stefanie Belnavis, Candy Lo, and Neha Christopher.

We were pleased to be part of an ADTA webinar on February 12, Credentialing and Licensure: Navigating the Profession of Dance/Movement Therapy. We know that ethical practice is not always a clear, straight path. We would again like to remind members that ADTA standards require a BC-DMT in order to privately practice dance/movement therapy, even if you have a license in another mental health profession. However if you have a license, you can contact the DMTCB to inform them of your intention to use private practice hours towards board certification; then you must follow the guidelines and be in supervision with a BC-DMT, and must still complete 1200 hours in an institutional setting. For more information, see the DMTCB page on the ADTA website. The Standards and Ethics Committee would like to invite all ADTA members to think about their daily relationship to ethical practice. We see this as especially important because so many of our work environments push us to the edge of ethical practice. One essential aspect of ethical practice, perhaps particularly in institutions, involves the question of cultural relevance. All DMT's must be conscious of whether their approach to ethical practice is relevant in the culture(s) where the work is being provided. Certainly all ADTA members are obligated to abide by the ADTA Code of Ethics. But we must also accept the challenge and responsibility of practicing higher ethics. To follow the letter of the law, so to speak, is ethical, but is considered the lowest form of ethical practice. A higher form of ethical practice requires the practitioner to consider ethics from the perspective of what is in the best interest of the client. And this requires participation from and with the client.

We are always happy to be in conversation with members about any ethical questions that come up. Please feel free to contact the S&E Committee at ethics@adta.org.

Respectfully submitted,

Joan Wittig BC-DMT, LCAT

Chair, Standards and Ethics Committee

BOARD REPORT: PUBLIC RELATIONS



Submitted by Angie Yemma, MS, LCAT, BC-DMT

Greetings, Dance/Movement Therapy Community,

The PR committee has been busy during our transition collaborating with the office staff and creating materials for the following campaigns: Black History Month, Teen Dating Violence awareness, and other awareness days During Black History Month the ADTA began a new feature for our dance/movement therapist profiles in collaboration with the MDC. I highly encourage you to check out the following new additions to the profiles page: Dr Theresa Howard and Professor Glorianne Jackson. The two editions are a part of a project created by Patricka James, Siyao Li, Krystal Garcia, and Ruta Pai titled "People not in the books: The Voices of Multiplicity in Dance Therapies; An Independent Historical Archives Project." I want to personally thank the students who collaborated with the PR team and gave the PR team permission to use their work and publish it on our social media and website

Click here for the profiles: http://056.c09.myftpupload.com/profiles-of-dmts/

Are you following the ADTA on Social Media??? Find us here!

Instagram: ADTAorg
Twitter: ADTAorg

Facebook Group: https://www.facebook.com/groups/516042972196519/

LinkedIn: American Dance Therapy Association

YouTube: ADTAorg

Join us on facebook in the facebook public group for discussions, announcements, and job postings.

Save the date: ADTA 55 Montreal, Canada October 15-18, 2020!

Thank you for taking the time to read all about what we are up to in Public Relations. -Without you, we would not have the presence or influence we have in our fast-paced and advancing digital world. Please feel free to contact me at any time with your PR questions, comments, feedback, and ideas or if you would like to connect (publicrelations@adta.org). You can also find me on social media (search: AngieYemma07).

With gratitude and warm regards. Angie Yemma MA, BC-DMT, LCAT publicrelations@adta.org

CHAPTER REPORT: CAROLINA

Submitted by Rayni L. Collins

The Carolina Chapter celebrated the ADTA founders with a beach retreat in Ocean Isle, North Carolina the weekend of January 24-26, 2020. Members explored the founder's lasting impact on the DMT field as well as each individuals' practice through: movement experimental, crafting, watching videos, playing games, and in-depth discussion. Other topics focused on were the WHY (the belief) in what we do as DMTs and the legacy we want as a chapter in the Carolinas. The momentum from the retreat will flow into the upcoming yearly workshop being held in Charlotte, North Carolina on March 14. The topic will be Becoming an Embodied Therapist: Applying Principles of Dance/Movement Therapy to be More Present and Attuned in Your Work presented by Chapter member Leslie Armeniox.







CHAPTER REPORT: NEW ENGLAND

Submitted by Courtney Romanowski, <u>neadtapresident@gmail.com</u> **2020 Annual Spring NEADTA Conference**

Registration for the NEADTA Annual Spring Conference is now open! NEADTA, in partnership with Lesley University, presents "DMT in 2020: Allyship! Expand! Engage!" on Saturday, March 28th, 2020 at Lesley University in Cambridge, Massachusetts. All are welcome to attend! Visit https://neadta2020.brownpapertickets.com to register.

The keynote will be presented by Angela M. Grayson PhD, BC-DMT, LPC, NCC. The workshops being offered are: Embodied Empathy/Embodied Grief: The Stone Walk and the Circle of Compassion

Therapeutic Use of Mudras in Dance/Movement Therapy

Allies and Collaborators: Building Relationships through Social Action

In Our Mind's Eye: Exploring the Group Therapist's Role Through Visual Imagery & Movement Understanding LatinX Ancestral Trauma and Healing Through the Exploration Of Dance/Movement Therapy Applications

Value of Voice and Song in DMT

Expanding DMT to Engage Individuals with Dementia

Helping Neonates (NICU) and Their Family During Hospital Stays

There are different registration rates, including early bird pricing which ends February 27th, 2020. 6 NBCC CEUs will be offered for \$25; ADTA CEUs will also be available

Visit https://neadta.org/annual-spring-conference/ for updated information, or email neadta@gmail.com with any questions.

2020 Membership Appreciation Day

Last year's Membership Appreciation Day was held at Jacob's Pillow and included a private dance class, tour of the grounds, a performance, snacks, and plenty of time to get to know one another in a beautiful and inspiring setting. The NEADTA board will be issuing member surveys to help determine when and where the next MAD will be.

Membership

We enthusiastically urge ADTA members in the New England area to consider becoming chapter members! Chapter dues can be paid at any point throughout the year via your ADTA.org profile account. Don't miss out on everything we will be offering throughout the year!

Connecting

The Board has been working on further increasing their social media presence by posting news, NEADTA member spotlights, and movement opportunities on both Facebook and Instagram. We welcome **ALL** ADTA members to follow us on Facebook and Instagram: @neadta.

CHAPTER REPORT: PENNSYLVANIA

Submitted by: Lauren Cunkelman, MA, R-DMT, LPC Secretary – PA Chapter of the ADTA

Contact Name: Lauren Cunkelman, MA, R-DMT, LPC Secretary – PA Chapter of the ADTA

Email: lauren.cunkelman@gmail.com, paadta@gmail.com

PA ADTA is now on YouTube!

The Pennsylvania Chapter is delighted to announce the launch of our PA ADTA YouTube Channel. The chapter board members decided that the Professional Panels that the chapter has offered for CEU credit were too good not to make them accessible to everyone. Currently, the PA ADTA YouTube channel has two videos posted. The first is a Professional Panel on Multicultural, Diversity, and Inclusivity Awareness for DMTs and the second is on Trauma Informed Embodiment. These video-recorded panels not only present the perspective of dance/movement therapists, but also allied professionals such as drama therapists. We encourage the membership to subscribe to the channel and enjoy the content!

http://bit.ly/PAADTAYouTube or search PA ADTA to find us.

CHAPTER REPORT: NEW YORK

Board Changes:

We would like to welcome Namibia Williams as NYSADTA's first Multicultural and Diversity Chair, and Caroline Burek as NYSADTA's new PR Chair. Nicole Mulet has been re-elected as NYSADTA's Treasurer. As we are currently in the process of welcoming a new president to our board, we appreciate your patience while all these changes are occurring. We are excited to connect with you at our upcoming events!

Peer Supervision:

Our monthly Peer Supervision online meetings will now include a movement and self-care section. These online meetings are open to all! We have been very connected with DMTs throughout the country, not just NY residents. So, please spread the word and join us for our next Peer Supervision!

Remember, this experience is open to all RDMTs, BCDMTs, LCATs, and current students.

In addition, we would like to emphasize that this is a PEER supervision group where the main focus of this supervision will be to discuss practice related subjects like difficult cases, burn out prevention, compassion fatigue, interventions etc. We kindly ask that topics like licensure be directed towards consultations.

- -All peer supervision groups are confidential. As this is a peer group, no BC-DMT/LCAT hours will be gained from these sessions.
- ***For every 4 peer supervision sessions attended receive 1 ADTA CEU!***
- **This is an open group, so please feel free to join in any month that you can**

Upcoming Dates and Links:

Time: Mar 22, 2020 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://zoom.us/j/674923849?pwd=MUI5QkpnVitFSk95bXVDcG1hSGg4Zz09

Meeting ID: 674 923 849

Password: 505921 One tap mobile

+16465588656,,674923849# US (New York)

+16699009128,,674923849# US (San Jose)

Dial by your location

+1 646 558 8656 US (New York)

+1 669 900 9128 US (San Jose)

Meeting ID: 674 923 849

Find your local number: https://zoom.us/u/adhRBMQNIU

CHAPTER REPORT: WASHINGTON

WA Chapter Updates:

The Washington state chapter is excited to share that, for the year 2020, we are trying something different.

In the past three years, we have tried many ways to engage and build our chapter.

We have come to realize that, while we as a community are rich in ideas, we as a purely volunteer board lack the time and resources to realize all of their potential.

Thus, we are turning our attention towards chapter events that, while being less demanding, are more *frequent*, more *consistent*, more *person-centered*, and hopefully more *supportive* of our professional and personal needs.

We are excited to announce that we are hosting **MONTHLY MOVEMENT GATHERINGS** to provide space for our community to do what has always brought us together and to this field: *dance*. On the last Saturday of every month, we are renting studio space for us to come together as a community to explore, play, and support each other as dancers, movers, therapists, helpers, and healers!

We look forward to growing as a community!

FB event: https://www.facebook.com/events/2470817496495200/

OFFICE REPORT

Updates as of December 2, 2019

New Office Contact Information:

Our phone number has changed: 518.704.3636
Our fax number has changed: 518.463.8656
Our new mailing address is:
American Dance Therapy Association

(DCTMB; Marian Chace Foundation; American Journal of Dance Therapy)

230 Washington Avenue Extension

Suite 101

Albany, NY 12203-3539

Our general email continues to be: info@adta.org and our online services continue at: www.adta.org.

MEET THE STAFF:

Nicole Weijola- Operations Manager



Tom Cote- Executive Director



Lora Wilson- Continuing Education Manager MARIAN CHACE FOUNDATION



Submitted by Jane Wilson Cathcart, BC-DMT; Ann

Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT TRANSITION

As you are all quite aware there has been a transition to a new office for the ADTA. Therefore this includes changes for the Marian Chace Foundation also. The ADTA and the Marian Chace Foundation are working together with Capitol Hill Management Services to straighten out the many elements involved in the changeover. As of this writing we have not received a complete listing of donors for both the MCF and #GivingTuesday. We send our apologies to all those who have sent funds to the Foundation and have not yet received acknowledgment. Hopefully this will be resolved shortly. However if you wish to send information about your donation please do so addressed to Ann Lohn at alohn70@gmail.com. We appreciate your understanding and patience.

GRANTS:

February is exciting for we eagerly anticipate grant applications. This year we have received several and acknowledge the efforts of those who submitted proposals for our consideration. The Trustees will meet in late Spring and applicants will be informed of our decision by May 31.

If you wish to apply for a grant we remind you of the annual deadline: February 15.

Please refer to the current ADTA website pages for the Marian Chace Foundation. There you will find updated guidelines, as well as new email and snail mail addresses. Any questions or requests for clarifications can be sent to:

Lynn Koshland, Secretary marianchacefoundation@gmail.com

And for those of you who have graduated within the past five years there is a \$200 <u>Journalism Award</u> given by the Foundation for articles published in the AJDT. Please see the description in the back of your printed AJDT for procedural details. Note that there is no longer a deadline to apply for the award. DONATIONS

We started this year off by thanking MCF donors from 2019 with a special card designed by Audrey Albert-King. Thank you Audrey for contributing your creativity.

We are grateful for the donations, big and small, so many of you contribute in support of the MCF mission. Your generosity provides funds for the various grant proposals received each year and sponsors the Annual Marian Chace Foundation lecture, Research Poster session and other special events. Our mission is to continually grow and support our profession.

To support the Marian Chace Foundation you may donate in a few ways:

- 1. When you click on the DONATE button on the ADTA website Home Page you will see an option for the Marian Chace Foundation.
- 2. If you wish to mail a donation please note the address has changed with the relocation of the ADTA office: Marian Chace Foundation

American Dance Therapy Association

230 Washington Avenue Extension Suite 101

Albany, NY 12203-3539

Please do not use the donation envelope with the former ADTA address.

1. Amazon: When you purchase at smile.amazon.com you can support the Marian Chace Foundation of the American Dance Therapy Association by choosing it as your charity of choice. This is a passive donation, which means a small percentage of whatever you purchase from Amazon at AmazonSmile will be donated to the Foundation. Donations may be made to honor or memorialize someone. Please include the name and address of anyone to be notified of your donation.

Donations received December 1, 2019 – February 29, 2020

* Earmarked #GivingTuesday campaign

FRIENDS (up to \$36.00)

Melissa Nedza In deep gratitude for the ADTA

Paul Sevett *

Julia Xavier

SUPPORTER (\$36.00 - \$99.00)

Barbara Busse

Angelina DeVengencie

William Freeman

Beth Kalish

Naomi Nim

llene Serlin Thank you for all that you do!

Susan Shafer *

Ann Wingate In memory of Debby Thomas

PARTNER (\$100.00 - \$499.00)

Jacelyn Biondo As always, with my appreciation

Jane Wilson Cathcart *

Robyn Flaum Cruz * To the future of ADTA!!

Tina Efer

Marylee Hardenbergh

Nana Koch In memory of Janet Newman and in recognition of Elissa White

Donna Newman-Bluestein

Deborah Stone

Vicky Wilder *

Joan Wittig

PATRON (\$500.00 - \$999)

Rena Kornblum & Joseph Schmitt In memory of Debby Thomas

Nicholette Odlivak In honor of Elissa White

CHACE CIRCLE (\$1,000 & up)

Joan & Ira Berkowitz

Jeffrey Samuels In loving memory of my Mother, Arlynne Stark

CONTINUING EDUCATION

Submitted by: Lora Wilson, MA, BC-DMT

Continuing Education Corner Lora Wilson, MA, BC-DMT

ADTA Continuing Education Manager

The position of Continuing Education Manager was created by the ADTA Board of Directors in 2019 as an investment in the development of innovative and diverse continuing education opportunities for our membership and allied community. There are a number of programs in development and I will share more about those in the next newsletter. For now, I am excited to announce the following webinar opportunities available to you. On February 12, 241 people attended the ADTA's first live webinar of 2020, "Credentialing and Licensure: Navigating the Profession of Dance/Movement Therapy." In this Zoom webinar, a panel of representatives from the American Dance Therapy Association (ADTA) and the Dance/Movement Therapy Certification Board (DMTCB) address issues pertaining to professional identity as a dance/movement therapist. In case you missed it, you may still view the webinar here. 1.5 ADTA CEs and 1.5 NY LCAT CEs are available for free as an ADTA Member benefit. On Sunday, March 8 at 5:00 p.m. ET, the ADTA's diversity, equity, and inclusion webinar series "Conversations from the Edge" kicks off with the introductory webinar, "Building an Equity Agenda." We are thrilled to have Carmen Marshall, Director of Maryland Nonprofits, continue her work with the ADTA and facilitate this important series of webinars. While we hope you will attend all six webinars (they are free), know that there is no requirement to do so.

Registration for the subsequent webinar will open shortly after the previous webinar has aired and, if you can't make the live webinar, know you are welcome to watch it on demand via our website, shortly thereafter. Be sure to save the dates for the remainder of the series: April 7, May 12, June 2, July 7, Aug 11 – all beginning at 8:30 p.m.

ET. (This series offers ADTA, NBCC, and NY LCAT CEs for free as an ADTA member benefit.)

Lastly, in celebration of Creative Arts Therapies Week (Mar 15-21), the ADTA is offering an entire month of savings! Purchase 3 or more webinars in one transaction from our <u>on demand catalog</u> and enjoy 25% off your entire purchase! (Discount automatically applied at check out.)

Don't need 3? Well, use the code MARCH at check out and receive 15% off any single webinar purchase.

These discounts are IN ADDITION to the savings already in place for ADTA members and students!

Please reach out to me at any time at <u>ce@adta.org</u> with ideas, comments or questions about continuing education opportunities. I'd love to hear from you and welcome your input.

Let's stay engaged in learning together.

NEWSLETTER SUBMISSION GUIDELINES

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be *no more than 2 ½ pages* when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read "ADTA Newsletter Submission"
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter **Deadlines**:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

NEWSLETTER ADVERTISING INFORMATION

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. *Save 20% when you advertise in 4 issues!* Single issue rates are available. Submit ads to info@adta.org.

Member Rates

Single – \$100

2 Issues – \$175

4 Issues - \$300

Non-Member Rates

Single – \$150

2 Issues - \$275

4 Issues – \$500