



A FEW WORDS FROM THE NEWSLETTER TEAM

Happy Holidays from the ADTA! We hope you enjoy this year-end edition of the newsletter and learning about the work the board of directors and Association have been doing on your behalf!

Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.

BOARD REPORT: PRESIDENT



Submitted by Margaret Migliorati, R-DMT

Dear ADTA Membership:

As we near year's end and I reflect back on the past year, I am aware of what a year of transition this has been for the ADTA. I spoke about this at the Annual Business Meeting at the ADTA conference in Miami, but know many of you were not in attendance. Regardless, you should have received an email from the Board of Directors on November 1, 2019, informing you of the Board's decision to move our operations to an Association Management Company, Capitol Hill Management Services (CHMS).

This decision came after over 2 years of planning for the retirement of Gloria Farrow, long-time ADTA employee, and after reviewing financial trends, which I shared at the membership meeting. In short, while the ADTA remains financially healthy today, the Board has been tracking trends over the past 5 years in which expenses continue to rise at a rate outpacing revenue. These trends, if continued, will not be financially sustainable for the ADTA, and CHMS is expected to bring significant operational efficiencies that will reduce the expenses side of the ledger. Perhaps equally as important, the Board has recognized for years that the ADTA was in need of specialized expertise in areas such as marketing, advocacy, strategic planning, revenue production and fund raising; expertise that we couldn't afford with an in-house operations model. CHMS has significant experience and proven results in all facets of administration and non-profit management, including with our colleagues at the North American Drama Association. CHMS will provide an Operations Director who will report directly to the ADTA president while also providing an elite team of association professionals, equipped to manage areas such as membership recruitment and retention; financials; meetings, conferences, and events; committees, special interest groups, and volunteer support; publications; marketing, communications, and public relations; website, newsletters, and social media; Board management and onboarding of new members; as well as continuing education, approval and certification. But change can be hard and it is never easy to say goodbye to loyal staff. I would like to take this time to acknowledge Gloria Farrow, Renee Wolfe and Amber Falls on their many years of service to the ADTA. The ADTA has been extremely fortunate to have such steadfast employees over multiple decades and they will be missed. Finally, I would like to speak of another area of transition, and I believe transformation, within the ADTA which has to do with diversity, equity and inclusion (DEI). For those of you who were in attendance at the conference, you likely met or saw the ADTA's DEI consultant Carmen Marshall. Carmen has been working with the ADTA since February and has truly become our partner in change. She has provided board and staff training, held membership listening sessions, mentored leadership and facilitated difficult conversations in which healing was needed.

Carmen also moderated this year's keynote panel entitled: Honoring Multiplicity: An Embodied Keynote Experience. This keynote was 8 months in the planning and a collaboration amongst Paul Sevett, Conference Chair, Ebony Nichols, MDC Liaison, Stephan Reynolds, Creative Director, and ADTA Affinity Group leaders. The process of creating the keynote was a model in the power of true collaboration and the outcome, the keynote itself, was transformative for many in attendance (there were numerous tears in the room). I would like to take this time to publicly acknowledge Paul, Ebony and Stephan, as well as Affinity Group leaders Kiki Nishida Yokokawa, Candy Lo,

Selena Coburn, Angela Grayson and Rosey Poluka, and the Affinity Group members who participated in the keynote. You created an opportunity for healing that will continue to reverberate across the ADTA. Deep, deep bow. The board also looks forward to reporting out more to you about our DEI efforts early in the New Year. That's all for now. My gratitude to each and every one of you for joining us in this exciting time of change, transformation and possibility.

Respectfully submitted,

Margaret Migliorati

BOARD REPORT: PRESIDENT-ELECT



Submitted by Paul Sevett, BC-DMT

Whew! It's been a wild 6 months or so. But, I couldn't have asked for better outcomes from all the work put in by myself and so many other dance/movement therapists dedicated to forging the best path forward for the ADTA and the profession of Dance/Movement Therapy.

I want to thank Renee Wolfe, Amber Falls, and especially Gloria Farrow for their commitment and hard work for the ADTA. They set the foundation for our organization to move to CHMS management company as our new office and staff. Welcome to the new CHMS staff.

I also want to let you know how proud I am to serve with our current Board of Directors. A group of women that I appreciate more each time we meet and conduct the business of the profession. I hold them in high esteem and feel deep gratitude.

2019 Conference

I am so pleased with how our conference unfolded in Miami. I know for some there were glitches and problems and for that please accept my apology and my commitment to solve these issues so they do not happen again.

Of special note is the keynote plenary that occurred on Saturday morning. My deepest appreciation to the group of us who created the structure and worked to make this important event a success. I want to particularly mention and thank the Affinity Group leaders; Selena Coburn, Candy Lo, Kiki Nishida, Rosey Puloka, and Angela Grayson, Pamela Lerman and other Allies as well as our Creative Director Stephan Reynolds, and my co-creator Ebony Nichols. I couldn't have asked for a finer group of people to collaborate with and I so appreciate the way in which our work evolved based on our willingness to be honest and vulnerable with one another. And let's not forget Carmen Marshall our professional facilitator. The event would not have been as meaningful and impactful without her wonderful facilitation. As we debriefed after the conference here are some of the words shared about the impact of the event: transformative, depth, trust, sacred space allowing organic expression, having a place, mirrors that reflect me and them, historic, a respectful space for vulnerable sharing.

We believe this plenary event marks an important step in the ADTA's and our profession's evolution toward truly embracing the necessity and richness of our diverse membership and the populations we serve. We understand that addressing diversity, equity, and inclusion concerns is vital and is also a long term journey. Thank you to everyone who is committed to participating in the journey and the hard work ahead.

Montreal 2020!!

Next year's conference will be held in Montreal, Quebec, Canada. I am very excited to work with the local Montreal and Canadian Dance/Movement Therapy community in creating a meaningful, fun, and rich conference. Stay tuned for more details as they emerge and make sure your passport is up to date so you can enter Canada. I look forward to seeing you in Montreal on October 15-18, 2020!!!

Respectfully submitted,

Paul Sevett, BC-DMT, LICSW

President Elect ADTA

BOARD REPORT: SECRETARY



Submitted by Ambria Cunningham, R-DMT

I'm continuing to work with students and new professionals to ensure needs are being met across the approved programs. If you know anyone interested in being on the Student Subcommittee, email secretary@adta.org. I'm excited to continue the work and make sure students and new professionals are getting the support they need.

Happy Holidays!

BOARD REPORT: TREASURER



Submitted by Jacelyn Biondo, Ph.D., BC-DMT, LPC

I have hit the ground running as the incoming Treasurer and couldn't be more excited about my transition into this role. Please feel free to reach out to me with any questions or concerns regarding the ADTA Treasury business or just to say hi at treasurer@adta.org.

In our ongoing efforts to provide DMT to a variety of populations, to educate the public about DMT, and to increase opportunities for our ADTA membership we proudly continue to participate in #Giving Tuesday. This year #Giving Tuesday fell on December 3rd. A hearty and sincere thank you to The Marian Chace Foundation for their continued support of this project. The Marian Chace Foundation is a 501(c)3 and acts as our fiscal agent, which allows us to accept 100% tax deductible donations for #Giving Tuesday. Stay tuned to hear more about how much money we received in donations this year.

I can hardly contain my excitement both about our 2019-2020 topic and recipient. Dr. Karolina Bryl will join us as our grant recipient and use her research expertise to compile and analyze data collected from previous #Giving Tuesdays. Our goal with this project is to focus on how to best develop and implement future DMT opportunities with intentions and aspirations of the continued success and progression of DMT. Our focus this year, *Moving Towards Evidence Based Practice*, is our first step toward ongoing substantiation of our DMT work. We look forward to contributing to an evidence base of the benefits of the beautiful work we do. We will keep you posted on this exciting work with Dr. Bryl as it unfolds.

And as we look forward I want to also highlight our Planned Giving Campaign. *Leave a lasting legacy to our profession by remembering the ADTA in your will.* You can choose to leave a monetary contribution to our past, present, or future with a gift of your choice as follows:

Past: Archive Project

Centrally digitize our history: Board minutes, journals, films/videos

Present: Service, Education, Scholarships

Day of Service at Conferences, #Giving Tuesday project donations, Endow the annual Conference Scholarship

Future: Development of DMTs and Fellowship for Research

Develop scholarships to support the education of future DMTs, Develop Research Fellowships.

If you are interested in taking action, please contact us to help you set up your contribution.

Looking forward to continued collaborations and growth!

Jacelyn Biondo, Ph.D., BC-DMT, LPC

Treasurer

BOARD REPORT: COMMITTEE ON APPROVAL



Submitted by Danielle Fitzpatrick, BC-DMT

It was a pleasure to see so many of you at the conference in Miami. The sunny palm trees and boats passing through the canals offered a lovely backdrop to the meaningful and conscientious work that was going on in the workshops, plenary, keynote, and panels. So rich and rewarding! The Committee on Approval (COA) was especially inspired by the Marian Chace Foundation ADTA Lecture by Nana Koch which spoke to the trends in education and professional formation. These topics relates directly to the focus of this committee; we serve as a regulatory branch of the ADTA responsible for verifying compliance with standards in dance/movement therapy training for approved programs and alternate route courses.

Coming back from Miami, the COA has maintained the momentum inspired by the conference and continues to work hard in service of supporting quality education in our profession. The Subcommittee on Approval for Alternate Route Courses (SAARC), a subcommittee of the COA, continues to address the adoption of the new Alternate Route components of the *ADTA Standards for Education and Clinical Training*.

As we move forward to embrace the new standards for Alternate Route courses, we want to thank all of the Alternate Route Educators for their dedication to providing quality DMT education and we look forward to supporting them in the transition to new standards.

COA Committee Members:

The work of the COA is done by a team of dedicated, thoughtful and supportive members:

- | | | |
|-----------------------------|-------------------------------|--------------------------------|
| Wendy Allen (Naropa) | Valerie Blanc (Lesley) | Michelle Joubert (Supervisor) |
| | Susan Orkand (Sarah Lawrence) | |
| Ted Ehrhardt (Pratt) | | Danielle Fitzpatrick (Antioch) |
| Elizabeth McNamara (Drexel) | Leon Rodgers (Public Member) | |

The COA would like to offer special thanks to Kim Rothwell of Columbia College for her dedication and service on this committee. Kim’s term concluded this fall and her contributions to the committee will be missed; Kim brought a facility for procedural language, an eye for detail, and a clear passion for DMT education to her role on the committee. With gratitude in our hearts, we wish Kim all the best.

Committee on Approval Business:

- **Fall Meeting:** The committee met on Wednesday, October 16th at the Hyatt Regency in Miami for our fall meeting. Committee business included a review of additions to the education policies and procedures, document revision, update on SAARC, and a candidacy review.
- **Candidacy Application:** The COA met in person and via teleconference to review the Candidacy Application for Rider University. We would like to congratulate Rider University on being accepted into candidacy status and thank Dr. Millrod for the dedication and effort put forth in this process.

Subcommittee on Approval for Alternate Route Courses (SAARC):

Subcommittee Members:

This is an exciting time to be a member of SAARC! The subcommittee in is in the process of growing in size while revising many of the procedures involved in alternate route course approval. *****If any alternate route educators are interested in learning more about joining this subcommittee, please contact the Chair of Approval at approval@adta.org.*****

We would like to thank Dr. Danielle Fraenkel for serving on the subcommittee. Dr. Fraenkel brought decades of experience in dance/movement therapy practice and education to SAARC. The subcommittee extends a warm welcome to Dr. Amber Gray who joined the review team this fall. Dr. Gray’s deep commitment to access in education as a route to greater diversity, equity, and inclusion is appreciated at this pivotal time in SAARC’s development.

The SAARC Members are as follows:

- | | | |
|--|-----------------------------------|-------------------------------|
| Susan Saenger (Chairperson, ex-DMT-CB) | Laurel Bridges (Alt Rte Educator) | Amber Gray (Alt Rte Educator) |
| Bernard Ehrhardt (COA rep) | | |

SAARC Business:

- Approval of Alternate Route Courses:
 - **NEW!!!** After January 1, 2025, (once all alternate route courses have transitioned to new standards), educators must reapply for approval every five years, allowing SAARC to ensure continued compliance with standards on an on-going basis. The reapproval process will mirror the approval process in a simplified and streamlined way.

- The guidelines and application for approval for Alternate Route Courses are currently being revised and will be available on the website shortly.
- **Effective October 15, 2019:** All alternate route courses being approved for the *first time* must be submitted in compliance with new standards.
- All *previously* approved Alternate Route Courses must be revised to demonstrate compliance with new standards. This revisionary approval process will be phased in over a five-year period with all courses in compliance by December 31, 2024.
- **EDUCATORS, PLEASE NOTE:** Alternate Route courses approved in 2010 or earlier will be due for revisionary approval (revised to reflect new standards) by December 31, 2020. Watch for a reminder email coming soon!
- For ALL deadlines and due dates, course providers should refer to the COA Procedural Guidelines for the Transition to Alternate Route Course Approval: New Standards which can be found at this link.

<https://www.dropbox.com/s/t2kniy8z4zywxfg/ATA%20COA%20P%26P%20for%20Alt%20Rte%20Transitions%20to%20New%20Standards.pdf?dl=0>

Alternate Route Course Approval

SAARC reviews all new alternate route course applications for approval. Applications, accompanying syllabi, and the educators' professional CVs can be submitted to the Chairperson, Susan Saenger at ssaenger@nc.rr.com. All alternate route courses being approved for the first time must be submitted in compliance with *new standards* effective October 15, 2019.

The following Alternate Route Courses have recently been approved:

Living Dance/Living Music: Theory, Method, and Experience, taught by Danielle Fraenkel, PhD, BC-DMT, NCC, LCAT, LMHC, CGP

Laban Movement Analysis II, taught by Stacey Hurst, BC-DMT, LCPC, GL-CMA

Dance/Movement Therapy for Children and Adolescents: in the Methods of Blanche Evan, taught by Bonnie Bernstein, MFT, BC-DMT, REAT

Thank you to these Alternate Route Educators for submitting these new and revised courses for approval. You can find a convenient calendar of *all* approved alternate route courses at the ADTA website.

BOARD REPORTS: EDUCATION COMMITTEE



Submitted by Jessica Young, BC-DMT

education@adta.org

As the daylight continues to decrease, nature offers us an opportunity to ignite light within our hearts and homes, spark curiosity and inquiry with our students, and re-ignite hope with our clients. During this season of thanksgiving, I am grateful for the relationships I have cultivated and the tremendous learning I have gleaned from my service to the ADTA, my students, my mentors and teachers, my colleagues, and my clients.

As always, it was wonderful to see so many educators at the meetings during the conference! The conversation was immensely rich and dynamic as we continue to shape the field and thoughtfully and strategically consider how we can deepen and broaden our impact. As educators, we can also look forward to more collaboration, information, and guidance from the Board on the direction of education, given the revised standards and climate of licensure and reimbursement. Deliberation regarding qualifications for the role of Education Chair continued, after being introduced last year. A working group has been established comprised of alternate route (AR) and approved program (AP) educators to draft language for the policies and procedures, with the goal of presenting it to the Board for a vote. Please continue to send me qualifications you would like to see for this role by December 11th, which is our next meeting.

The second annual education workshop at the conference, Critical Perspectives of DMT: Activism and Application, was well attended and feedback was quite positive. That said, there were numerous concerns that arose, including misprinted information about the time of the workshop and an assigned location that was not listed on the site map and took place where no other workshops were held. These challenges were addressed within the workshop, in the context of systemic racism, and the co-presenters (Wendy Allen, Meg Chang, Angela Grayson, Tomoyo Kawano, Jessica Young) have since shared their concerns with the ADTA leadership who responded with openness, compassion, and a commitment to action. We will continue to hold a standing education workshop at the conference, and the current focus is on examining diversity, equity, and inclusion in the teaching and learning of DMT.

Also at the conference, it was exhilarating to see so many AR educators, students, and prospective students at the AR alumni gathering. There is clearly a lot of energy around AR education, especially as related to challenges

around internship and supervision. As we look towards [implementing](#) the [revised AR standards](#), we are hopeful that processes and resources that will be put in place—an advisor; clinical training manual; and trainings for educators, supervisors, and advisors—will help to create a more accessible, supportive, and easeful experience for all involved in AR education. Please feel free to reach out to Sandra Beggs, ARES Chair, with any ideas, concerns, and needs related to AR education at sandrabeggs@miamicounseling.com. Also, please reach out to me or Sandra if you are at all interested in helping to develop some of the processes identified above. We really need all of the assistance we can get, and this is a wonderful opportunity to help shape the experience of AR education.

Finally, as members, you will be able to access the policies and procedures for the Education Committee, which include processes for ongoing review and revision of the Standards of Education and Clinical Training. As educators, supervisors, practitioners, and researchers, we all play an important role in ensuring that the standards prepare students to promote the health and well-being of a more just and equitable society.

BOARD REPORT: GOVERNMENT AFFAIRS COMMITTEE



Submitted by Kristin Pollock, BC-DMT

Hello ADTA community,

This fall has been eventful for the Government Affairs Committee. We have welcomed new Government Affairs representatives from state and regional chapters, participated in wrapping up and reintroducing the #GivingTuesday project, consulted about ADTA's support of federal legislation, and supported members with state licensing concerns. The committee is also immersed in preparation for the National Arts Summit in DC coming up in March 2020. I was grateful to represent the committee as Chair at the Board of Directors Fall meeting and ADTA conference in Miami. Additionally, a few members of our committee were able to meet in person in Miami for a face to face meeting, which served to connect and inspire us.

The ADTA has six, chapter GAC liaisons. After this last round of chapter elections, the committee welcomed in three new GAC liaisons. Anna O'Connell was elected as the GAC for the California chapter. She replaced Deva Connett who served in this role for some time. Thank you both for your service in CA, which has ongoing legislative changes that effect the licensure and practice of California DMTs. Veronica Bannon has stepped in as the GAC for the MD/VA/DC regional chapter. She is doing a wonderful job absorbing information and supporting members who live in three separate legislative areas. Also new to the committee is Meg Haase who was elected to fill the vacant GAC position on the New Jersey Chapter. Our Chapter GAC liaisons play a critical role in supporting licensure and other legislative issues that impact our members in their area. As they come together to serve on the national committee, which includes veteran members who have a wealth of experience with government affairs, they support each other in navigating their role. We all grow as we bring our ideas and experiences together. I am so grateful to this group!

Myrna Mandlewitz, the ADTA's Legislative Consultant, has been active in Washington DC staying current with legislation that impacts our profession and the people we serve. Whereas there are ongoing bills and federal legislation that Myrna reports on and supports on behalf of the ADTA, I will list a few notable ones that have occurred over the past six months:

1. On July 19, the ADTA signed-onto a letter in support of the "Big 3", an Athletic organization, proposing that mental health awareness be in the forefront of athletics from youth sports to professional sports.
2. On August 3, 2019 ADTA signed on to support Bob Casey's work to promote the Schools Improvement Act which requires schools and districts receiving federal funding to specifically prohibit bullying and harassment. This legislation ensures that schools and school districts focus on effective prevention programs in order to better prevent and respond to incidents of bullying and harassment both in school and online.
3. On August 28, the ADTA signed onto a letter to congress submitted by the Consortium for Citizens with Disabilities. This letter was intended to ask our leaders to not scapegoat people with mental health disabilities in gun violence bills.
4. On November 6, the ADTA signed onto a nationally organized letter that condemns any state or federal efforts to make gender affirming care for transgendered children illegal and supports full access to care for these children and their families.
5. Finally, on November 6, the ADTA sent out an Action Alert asking you to reach out to your Senators asking that they include the language "Creative Arts Therapies" when finalizing appropriations for mental health treatment of veterans and active military personnel.

The GAC is actively involved in planning for the annual National Arts Summit and Arts Advocacy Day that will be happening in DC on March 30 and 31, 2020. Scholarship applications are still coming in for 2 GAC sponsored scholarships available for ADTA members to attend this event with a couple members of the GAC. Attending this event is not only an enriching experience for attendees, it also has impact in legislation and the promotion of dance/movement therapy. The Action Alert that was mentioned above was a specific ask during Arts Advocacy Days in the past and is now an active piece of legislation. Moreover, this fall a congressperson who met with ADTA Vice President, Paul Sevett, during Arts Advocacy Day 2019, reached out to schedule a time to see creative arts therapies in action in their home state of Minnesota. If you are interested in joining in on the action, be in touch with myself or go to <https://www.americansforthearts.org/events/national-arts-action-summit> to learn more.

On a final note, I would like to acknowledge a recent victory in increasing DMT licensure. The New Jersey Licensure Task Force has been dedicated to seeing their Drama and Dance/Movement Therapist Licensure Bill become a law. Over the past year, the NJ governor Conditionally Vetoed the bill, making several recommendations for changes to the original bill. The Task Force accepted the recommendations and the bill was sent to State Assembly for vote on November 25. The bill passed easily. The Task Force is now focused on urging the Senate president to place the bill up for vote on the Senate Floor within the next couple of weeks. They are hopeful that the bill will pass once it is put up for Senate vote. Thanks to this Task Force for your ongoing persistence and dedication.

I am looking forward to the next few months not only as I continue to hold the wheel of this committee, but also as I travel with this incredible Board of Directors. I am so honored to be able to serve the ADTA in this way and to be part of this association at such a time of growth and change. It is personally very rewarding, but more importantly, I trust in this process that is unfolding with great intention and humility. Thank you for giving me this opportunity.

All my best,

Kristin Pollock

governmentaffairs@adta.org

BOARD REPORTS: MEMBERS-AT-LARGE



Submitted by Dawn Morningstar, BC-DMT; MaryBeth

Weinstock, BC-DMT; Pam Margules, BC-DMT

Hello all ADTA Members,

We were so happy to see so many of you at our annual conference in Miami.

It is always wonderful to gather, learn and of course dance together!

We had a record number of students at the conference as well, which was terrific!

Next year we will be joining with the Canada Dance Therapy Association in Montreal.

Remember to obtain or update your passports for that event, which will be October 15-18, 2020.

Nominations are coming up for the upcoming election, with the deadline being February 15, 2020.

The open positions are:

President-elect (3 years)

Eastern Region-MAL (2 years)

Education Chair (2 years)

Research and Practice (2 years)

Nominating Committee-Eastern- (1 year)

Please reach out to us if you have any questions about the above positions. If you would like to nominate someone or would like to nominate yourself, reach out to the nominations committee or one of the MALs to connect you.

Remember that Giving Tuesday is December 3, 2019. This year it will go to research.

The giving Tuesday recipient is Dr. Karolina Bryl.

If any member of a local chapter is interested in the MDC liaison role please contact Charne

Furcron diversity@adta.org. One needs to be an active member of the National MDC to perform this important role.

In addition, interested members will have input into the role and what it will look like.

Best regards for the holiday season,

Dawn Morningstar easternmal@adta.org

Pam Margules centralmal@adta.org

Marybeth Weinstock westernmal@adta.org

BOARD REPORTS: MULTICULTURAL & DIVERSITY COMMITTEE



Submitted by Charne' Fucron, BC-DMT

According to Segal, (2013), affinity groups (AG) are defined as groups that are formed by people sharing experiences, mutual interests, characteristics, and/or values. Often, affinity groups members face similar challenges, so they come together to share experiences and gather support (Douglas, 2008). Therefore, the group offers emotional support and resources for its members related to their shared identity and concerns (Douglas). The purpose of an AG is to allow for an expressive outlet for sensitive topics, such as race/ethnicity, sexual orientation, and gender, which move away from emotional expression to consider the next steps needed to address their concerns and accomplish defined goals (Lambertz-Berndt, 2016).

The Multicultural and Diversity Committee (MDC) of the ADTA (American Dance Therapy Association) AG are defined as member and non-member organized and led support groups that are positioned around creating space for people who have experienced systemic oppression. In ADTA, these groups function under the umbrella of the MDC. AG members do not have to be active members of the ADTA. In 2009, AGs began forming in affiliation with the MDC to serve particular constituencies and to give voice to non-dominant groups within the DMT (Dance Movement Therapy) community. MDC affinity groups are formed around personal identity dimensions such as race/ethnicity; sexual orientation, gender or religion/spirituality. The exception to this is the MDC allies who, as a function of white privilege, benefit from institutional racism, but choose to actively confront injustice and work to dismantle oppression by supporting people who have experienced systemic oppression. AGs and allies band together to share experiences and work towards addressing cultural responsiveness and shifting the ADTA to become a more inclusive organization.

Some of the advantages and opportunities that AGs offer includes:

- Minimize feelings of isolation and marginalization experienced by ADTA members within the organization and creates intergroup solidarity
- Aid in the attraction, recruitment, and retention of new and marginalized ADTA members and to foster a broadening cultural understanding and diversity within the organization
- Nurture a environment that values and supports all members' voices and interests to support a positive culture and morale
- Support diversity, inclusion, and culture change by increasing the visibility of diverse members in the ADTA community.
- Provide mentorship opportunities

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- Provide mentorship opportunities

Existing ADTA-MDC AGs include:

- Asian and Asian American Affinity Group (AAAAG);

- Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual (LGBTQIA+) Affinity Group;
- Native American Affinity Group (NAAG); and
- Spirituality Affinity Group (SAG)

Getting Started

To ensure consistent MDC AG goals/objectives, the criterion to propose establishing a new group includes:

- Interested MDC members must complete an AG application form and submit to the MDC Leadership Team, which is comprised of the MDC Chair and Affinity Leaders.
- Include a list of MDC members who have expressed a willingness to join the AG.
- The proposed AG must have a mission statement that is consistent with the MDC mission statement/purpose as well as demonstrate a relevant impact to its overall goals.
- In addition to a mission statement as described above, applications to establish an AG need to include the following:
- Name of the proposed AG
- A brief description of the AG
- Name(s) and contact information for the lead person(s)
- The relevant history or identity concerning the group or related groups

It is important that the affinity group commits to the MDC's shared values to serve particular constituencies and to give voice to non-dominant groups within the DMT community. This means that the AG must respect the humanity of all people, regardless of their age, gender, gender expression, sex, national origin, documentation status, ability, color, class, source of income, religion, ethnicity, race or sexuality. The MDC divests against hate practices of any kind and will not accept affinity group proposals developed from group practices/rituals of groups such as Nazi groups, KKK groups, etc.

See the links below of the guidelines are intended to provide general information for MDC members interested in establishing an Affinity Group.

MDC Affinity Group Development Guidelines

<https://drive.google.com/file/d/1S94dVUdTcGFfsTfDuWkyUBDuxQKba8Ug/view?usp=sharing>

MDC Affinity Group Application

<https://drive.google.com/file/d/1ROz0XJBDksjchQLhA81SMECQjBp2CW4V/view?usp=sharing>

If additional information is needed, send questions to the Multicultural and Diversity Committee Chair (diversity@ADTA.org)

References

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- Michael, A., & Conger, M. C. (2009). Becoming an anti-racist white ally: How a white affinity group can help. *Perspectives on Urban Education*, 1, 56-60
- Segal, J. A. (2013). Affinity group danger zones. *HR Magazine*, 58(9), 75-80.

Journeying this year with the ADTA

Pamela Faith Lerman, M.Ed., LCAT, LMHC, BC-DMT

August 30, 2019

I am writing this article to share some of my process of confronting my own bias, and learning the continued process of being an ally, as a 66 year old white, middle class, Ashkenazic Jewish dance/movement therapist.

I've been a dance/movement therapist (ADTR and then BC-DMT) since 1990. As a dance/movement therapist, I have worked with a wide range of ages and diverse populations. I am aware that despite continued work on unlearning racism, my implicit bias and privilege affects the care that I give in my professional life. This is something that I want to continue to learn, and to apply, knowing that this process really is continuous. There is no "there", when it comes to unlearning racism, or unlearning bias.

In October 2018, when I attended the ADTA conference, and participated in several workshops and the keynote address, I went with an open heart and mind. However, despite years of training and personal work, I found it painful at times, to be able to acknowledge the places where I do hold privilege. It was and is also painful to realize how much work we need to do as an organization to begin to change our dynamics to be as inclusive and multiculturally diverse as is befitting for our work as dance/movement therapists.

I decided to write this article to both introduce myself, and to share a little bit of my process since last October (2018).

In my daily non-professional life, my identification as "being Jewish", plays a large role in my life. I attend synagogue on a weekly basis, and am very active in social justice activities related to being Jewish.

Among those activities, is my involvement with a group called the Sisterhood of Salaam/Shalom, (<https://sosspeace.org>), which brings Muslim and Jewish women together to: "...build trust, respect, and relationships between American and Canadian Muslim and Jewish women and teenage girls...the women commit to end acts of anti-Jewish and anti-Muslim sentiment, stand up for one another when hate is aimed at our communities and engage in social action work."

This work has been very important for me personally. I have been blessed to make new, wonderful friends whom I might not have known without this group. I also continue to learn more about Islamophobia and what it means to stand up for and with groups and people who are subject to being targeted.

In addition to my profession as a dance/movement therapist, and as an actively engaged practicing Jew, I have committed myself for over 20 years to working on "unlearning racism", through a process of exchange listening, with a group of white men and women. Through this process, myself and other participants engage in personal work on the earliest and continued racist messages that we have received through society, education and friends and family. The goal is to be as conscious as we are able to be about when we, or others around us are acting, speaking, communicating with unconscious or conscious implicit bias, micro-aggression, etc.; to own it, and change it.

Clearly, this process is something I and we need to continue to be aware of on a daily basis. It is not always easy. At the ADTA conference last year, in some of the workshops, I was able to hear about, acknowledge, and face some aspects of my privilege. However, I noticed that statements made that included the particular privilege I might hold as an older white Jewish woman, were difficult to hear. I felt defensive, and also very concerned. My concern had to do with experience and fears that leading up to the conference, and also just a few days after the conference, our country's bias and tacit acceptance of white supremacy, had led to mass shootings at churches, mosques, and synagogues. I felt then, and still feel that as a group of people working on the healing of both personal and intergenerational trauma, it is important for us to be informed about the effects of both racism, GLBTQ oppression and many other oppressions including anti-semitism.

After the conference, I wrote about thoughts and experiences and shared these with the Multi-Cultural Diversity Committee and Plenary committee from last year's conference. I also did a great deal of personal reflection and emotional processing of why I felt so defensive. But in addition to that, I began to try to look with fresh eyes at the history of the ADTA, the textbooks and sources that we use, and also looking at the makeup of leadership over the years in our association. What is hard to face, is that despite my love and deep respect for our profession, much work needs to be done to bring us to be a truly fair and multi culturally diverse association.

I came to realize that while my own concerns about teaching about and facing anti-semitism is important and valid, right now, at this time in the history of the ADTA, I can and do choose to be an ally to those DMT's who have been marginalized historically in our association. I can choose to help change these dynamics. To me, this means learning about how racism and other oppressions have affected my sister and brother dance/movement therapists; and how I, as an older white Jewish DMT, can learn more about how my and our own implicit biases have affected our development as an organization.

I feel blessed to be part of some of the ADTA committees looking at and working on these issues, and I will continue to do this work. I am aware that this is an ongoing process, and that many mistakes will be made by me and others of us. This process is not linear, and yet it is so important that we not lose sight of our goals.

I write this article with the hope that each of us can do the personal work we need to, to come to the conference in October with open hearts, and also ready to work. To use our bodies and minds to confront places where we may be "stuck", and to commit to learn from each other and move forward.

Pamela Faith Lerman

pamelafaithmom@gmail.com / nysadtacapitaldistrict@gmail.com

518-527-6954

BOARD REPORT: RESEARCH & PRACTICE COMMITTEE



Submitted by Jennifer Frank Tantia, BC-DMT

Email: researchandpractice@adta.org

It was a wonderful conference in Miami and perhaps the richest poster session to date! The R&P committee thanks you for your hard work and dedication to the advancement of dance/movement therapy research. Also, a warm thank you to the Marian Chace Foundation for your generous support in creating a fun and delicious reception this year!

The Research and Practice committee was also very proud to announce *two* winners for the annual ADTA research award: the first was awarded to Dr. Rainbow Ho for her study: *Psychophysiological effects of Dance Movement Therapy and physical exercise on older adults with mild dementia: A randomized controlled trial*, and the second to Dr. Kim Dunphy and Dr. Tessa Hens for their work: *Outcome-Focused Dance Movement Therapy Assessment Enhanced by iPad App MARA*. Congratulations once again to all!

We are now in the “maintenance” time of year, and the R&P is busy updating clinical info sheets for your professional endeavours. If you, or someone you know is interested in translating one (or more!) of the info sheets into Spanish, Japanese or Korean, (or another language!) please contact me at your earliest convenience. We would very much appreciate your support so that these sheets can be utilized by folks who do not speak English. Finally, we are most happy to welcome Mingung Shim to the research group- Dr. Shim is an active researcher at Drexel University and has already been a valued member of the committee. If you are interested in joining the Research and Practice committee, please feel free to reach out to us – we are actively seeking practice group members who are interested in helping us create professional development resources from new DMTs to those

more “seasoned” specialists!

Kindly,

Jennifer Tantia, PhD, BC-DMT

BOARD REPORTS: STANDARDS & ETHICS COMMITTEE



Submitted by Joan Wittig BC-DMT

A very warm hello to all ADTA members from the Standards and Ethics Committee: Joan Wittig (Chair), Angela Grayson, Aisha Bell, Rosey Puloka, Stefanie Belnavis, Candy Lo, and new committee member Neha Christopher. The S&E Committee bids a very grateful farewell to long-time committee member Akiko Nishida. Kiki served three three-year terms on the committee, and we are very, very grateful for her insight, dedication, and work over those nine years. She will be sorely missed. At the same time, we welcome new member Neha Christopher, who joins us from India. You can see a bit about Neha on the S&E page of the ADTA website, where her photo and bio are posted.

Committee members Joan Wittig, Akiko Nishida, and Candy Lo presented a half day intensive at the conference in Miami. The title of the presentation was “What Should I Do? How to Use the ADTA Code of Ethics”. Our presentation invited participants to think about ethics in an every-day way. Our premise is that most people don’t intentionally violate our ethical code; rather they slip away from ethical practice in small ways, almost without noticing it. In our presentation, we invited participants specifically to examine the ways in which our work environments may create ethical dilemmas for us. Some of the issues we looked at, for example, were what kind of space are we expected to work in? What group sizes are we expected to work with? Are our groups private, protected spaces, or do staff interrupt? Do we know who is going to be in our groups? Have we met the members ahead of time? Who decides who will be in our groups? Are all these decisions made with clients’ best interest in mind?

In addition to what we think of as “infrastructure” issues, we invited participants to consider how our code can provide insight into how we may want to proceed in treating a specific diagnosis – how can the code be used to actually help plan a client’s treatment, right from the start?

Though the conference is past, the Standards and Ethics Committee would like to invite all ADTA members to think about their daily relationship to ethical practice. We see this as especially important precisely because so many of our work environments really do push us to the edge of ethical practice. One issue we see coming up with some frequency has to do with what credentials are required for private practice.

It seems there is some confusion regarding what is allowed once a DMT has a counseling license. We have begun to see our members advertise as being in private practice with a counseling license, but only an R-DMT. The ADTA requires all dance/movement therapists in private practice to have earned their BC before advertising private practice as a DMT. Though a counseling license may qualify one to practice privately as a counselor, it does not allow one to practice DMT privately.

However, if a DMT with a license directly notifies the DMTCB that they intend to use some private practice hours toward earning their BC; and if this DMT follows the DMTCB guidelines, including, for example, being in supervision with a BC-DMT, that person can engage in private practice doing dance/movement therapy. Anyone with questions about this should contact the DMTCB directly.

We know that ethical practice is not always a clear, straight path. We are always happy to be in conversation with members about any ethical questions that come up. Please feel free to contact the S&E Committee at ethics@adta.org.

Respectfully submitted,

Joan Wittig BC-DMT, LCAT

Chair, Standards and Ethics Committee

BOARD REPORT: PUBLIC RELATIONS



Submitted by Angie Yemma, MS, LCAT, BC-DMT

Greetings, Dance/Movement Therapy Community,

With the new year approaching the public relations committee is continuing our commitment to promote and advocate for Dance/Movement Therapy with our multiple social media outlets! Find us on social media, follow, share, and like our information!

Facebook: [American Dance Therapy Association](#)

Instagram: [ADTAorg](#)

Twitter: [ADTAorg](#)

LinkedIn: [American Dance Therapy Association](#)

YouTube: [American Dance Therapy Association](#)

The PR committee has been busy promoting ADTA 54, Giving Tuesday, Alzheimer's Awareness Month, Childhood Cancer, Suicide Awareness, National Recovery Month, and many more awareness days that the ADTA promoted to advocate for the use of dance/movement therapy! We have many upcoming campaigns to support so join the discussion on our Social Media outlets!

Our social media accounts continue to grow! Here is the data from August-October 2019!

Facebook Page: +129 followers

Instagram: +178followers

YouTube: +419 subscribers

YouTube: +23446 views!!!!

CHAPTER REPORT: CALIFORNIA

Submitted by Chandra Chaikin, President

The CCADTA chapter board welcomed some new board members this fall. We would like to introduce Marie Corbin and Lauren Zampieri as the two Co-Student Representatives. Malini Nagpal has stepped into the role of Education Committee Chair. These women will be working together to create a better and more involved platform for individuals seeking an education on the path toward working in the field of D/MT. In addition, Kristen Crowe has graciously agreed to step into the position of Communications Co-Chair alongside Julia Rose-Ramo. The CCADTA chapter board still has an opening in the position of NorCal Programming Co-Chair. We are still looking for one more member for our Professional Development Fund Committee to evaluate applications and assist in deciding who will be the honoree for our 2019-2020 Professional Development Fund Award. We are hoping to fill this position quickly, so candidates will be chosen on a first come, first served basis. Thank you for your interest in this position.

Please email CCADTA@gmail.com if you are interested in volunteering for any of these positions on our board.

On October 13, Bobbi Mckissick hosted an informal social event in Southern California. Some other events that are coming up include an informal social with Anna O'Connell in Northern California, and two other informal socials in Southern California. The CCADTA will host an event in Northern California in March with MAL Marybeth Weinstock, PhD, BC-DMT, exact date and location to be determined.

The CCADTA has been working to expand their social media interactions and accessibility through LinkedIn, Facebook, Instagram, and MailChimp. LinkedIn is a way for members to post their own events and connect and Facebook will serve as an open group where anyone can post and discuss events and opportunities. We also hope

to see more people join on Instagram as it is the fastest growing social media platform to stay up to date and support the CCADTA. Finally, we would like to encourage all who are currently still using Listserv to please join our MailChimp list for emails.

CHAPTER REPORT: CAROLINA

Submitted by Rayni L. Collins

Four members of the Carolina Chapter attended the annual conference. They are slated to present to the Chapter conference highlights during the annual conference feedback meeting on December 8.



Rayni Collins, Angela Wiley, Virginia Hill, Adrienne McKee

The Chapter is planning a Founders Day celebration and retreat for January 24-26 – at the beach!. We plan to spend time focusing on ways our founders continue to impact our work, to stimulate and grow connections, to fellowship among ourselves, and to refresh our souls.

Lastly, our Chapter participated in the 54 Capitals, 54 Dancers, providing dancers for both North Carolina and South Carolina.



Dancer: Virginia Hill
Videographer: Sarah Arnette



Dancer: Eriin Bailey
Videographer: Lainey Stone

CHAPTER REPORT: ROCKY MOUNTAIN

Submitted by Voniè Stillson, President and Stina Hoberecht , Vice-

President <https://adtarockymountain.org/>

The Rocky Mountain Chapter has been busy over the past month! We had a meeting with the Naropa University Student chapter and Stina Hoberecht led Yoga and DMT at Naropa University. Stina and Voniè Stillson presented a workshop entitled “Dance Movement Therapy Tools for Group Psychotherapy” at the Four Corner’s Group Psychotherapy Association Conference as well. Please stay tuned for details about our upcoming spring conference!



CHAPTER REPORT: NEW ENGLAND

Submitted by Courtney Romanowski, neadtapresident@gmail.com

Welcome and Thank you

Over the summer the NEADTA welcomed two new board members – Courtney Romanowski, LMHC, R-DMT as President, and Maegan Garvey, MA, R-DMT as Secretary. The board and membership thanks Leah Brett and Carrie Robinson for their dedication, positivity, and passion for the field. Courtney, Melanie, Pauline, and Maegan are thrilled to be working together and can't wait for their ideas and enthusiasm to take form over the upcoming year.

Membership

We enthusiastically urge ADTA members in the New England area to consider becoming chapter members! Chapter dues can be paid at any point throughout the year via your [ADTA.org](https://www.adta.org) profile account. Don't miss out on everything we will be offering throughout the year!

Connecting

The Board has been working on further increasing their social media presence by posting news, NEADTA member spotlights, and movement opportunities on both Facebook and Instagram. We welcome **ALL** ADTA members to follow us on Facebook and Instagram: @neadta.

The Penny Lewis and Norma Canner Student Scholarships

The Penny Lewis and Norma Canner Student Scholarships are awarded to two students from Antioch University New England and Lesley University. Those interested submit an essay to the NEADTA Board, and the winners receive \$250 each towards the 2019 ADTA Conference in Miami.

Valery Cavadini of Antioch University and Melissa Olmedo of Lesley University, the NEADTA Penny Lewis and Norma Canner Scholarship winners, have shared their experiences of the 2020 ADTA Conference in Miami with us. Below is a sample of their responses:

"As a student, I was excited to attend sessions that resonated with me and expand my learning outside of graduate school. Learning in a collaborative setting, filled with working professionals provided an opportunity to hear and understand things that are coming up for individuals in their daily work. Hearing this perspective reminded me that Dance Movement Therapy work is constantly evolving and that it takes passion and dedication to meet the needs of our clients. Fortunately, another aspect I discovered at the conference was the strong community amongst peers. I was able to witness and create connections to other Dance Movement Therapists and see how important it is to support one another." Valery Cavadini

"The ADTA conference was a wonderful opportunity to learn and meet all the wonderful therapists in the field! I really appreciated the time to learn from experienced therapists in related areas of interest. It was an opportunity to make those connections for the future steps in launching my career. It gave me hope and inspiration within the work and I'm looking forward to building my network and community even more. Thank you again for supporting me and recognizing my passion for DMT." Melissa Olmedo

To read more, check out our website: <https://neadta.org/opportunities/>

2020 Annual Spring NEADTA Conference

The NEADTA board is thrilled to announce our Annual Spring Conference in partnership with Lesley University, "DMT in 2020: Allyship! Expand! Engage!". The conference will be held at Lesley University in Cambridge, Massachusetts on Saturday, March 28th, 2020. The keynote will be presented by Angela M. Grayson PhD, BC-DMT, LPC, NCC. All are welcomed to attend!

CHAPTER REPORT: PENNSYLVANIA

Submitted by: Jacelyn Biondo, PhD, BC-DMT, LPC

On November 16th, 2019, the PA ADTA welcomed four clinicians to share their theory, practice, and anecdotes of embodied, trauma-informed work. The panel included Rachael Socha, a Drama Therapist working with Children and Families in an outpatient setting, Amy Hunter, a Dance/Movement Therapist working with Children and Adolescents in the school setting, Anne Margrethe Melsom, a Dance/Movement Therapist working with adults in an inpatient psychiatric hospital, and Elizabeth McNamara, a Dance/Movement Therapist working in Private practice. The panel began with a brief overview of Trauma Informed Therapy delivered by Elizabeth McNamara establishing operational definitions and a foundation for the four presentations to follow. Each of the panelists then shared their theoretical framework, entry into the delicate role of using a trauma-informed, embodied therapy practice, and specific vignettes to coalesce the knowledge. The fluidity of the transitions made it feel as if one panelist was meant to lead directly to the next. Although each setting, population, and acuity level varied, the panelists beautifully shared the subtleties and expertise of their specific work.

An informal networking event followed the panel during which light refreshments were served. This allowed panelists and participants to engage in a continued dialogue, share questions and discussions, and create space for

clinical advice and inquiries, and forging new connections between students and professionals. The audience was made up of equal parts students and professionals, which offered an intimate opportunity for generations of therapy students, new clinicians, and seasoned clinicians to engage together and continue to conversation around the power of the body and movement as an intervention to help people who have experienced trauma begin to heal.

CHAPTER REPORT: SOUTHERN

Submitted by Amy Jacques, President

The Southern Chapter Winter Workshop (Please Join Us!)

Saturday, January 25, 2020

New Orleans

The workshop is 9-5 at 1128 N. White Street, New Orleans.

Highlights include :

DMT for dance teachers with Laurie Jones

DMT in water, with Vonie Stillson

DMT Ethical Packaging and other DMT business

'Chi for Two' with Dee Wagner

Contact Susan at susankierr@gmail.com for help with finding a place to stay on Friday and Saturday nights. We can make a full, fun New Orleans weekend out of this opportunity to learn and share.

Ingrid Lacy represented Georgia for Marylee Hardenbergh's 54 Capitals, 54 Dancers global performance for peace on November 12. A documentary will be made of all video footage.

She was honored to be a part of this project!

Starting this year all undergraduate dance majors at Brenau University (GA) are required to take at least one of the two dance/movement therapy classes that are now offered at the undergraduate level. They can also choose a concentration in dance/movement therapy. Also at Brenau University, Amy Jacques led a dance movement therapy workshop for the "Medical Scholars" program. This is a program for high school seniors interested in medicine, psychology or other health sciences. We are also working on developing an alternate route graduate program.

Second Line participant Susan Kierr marched in New Orleans to commemorate the growing grassroots community organizations focused on social justice. Susan is co-editor of the American Journal of Dance Therapy which has dedicated it's December issue to the use of dance and movement to further social justice. Look for it in your mailbox soon, and online.



OFFICE REPORT

Updates as of December 2, 2019

New Office Contact Information:

Our phone number has changed: 518.704.3636

Our fax number has changed: 518.463.8656

Our new mailing address is:

American Dance Therapy Association
(DCTMB; Marian Chace Foundation; American Journal of Dance Therapy)
230 Washington Avenue Extension
Suite 101
Albany, NY 12203-3539

Our general email continues to be: info@adta.org and our online services continue at: www.adta.org.

MEET THE STAFF:



New Staff Team



Thomas J. Coté, MBA, CAE
Executive Director & CHMS Team Leader



Amber Lettko
DMTCB Administrator



Lora Wilson, BC-DMT
Continuing Education Manager



Jeff Boss
Senior Staff Accountant



Donna Johnson, CMM, CMP
Director of Conference & Meeting Planning



Sarah Quinn
Director of Communications & Marketing



Tara Thomas
Graphic Design



Paula Madia & Abigail Morrison
Reception & Administrative Assistants



VOLUNTARY CONTRIBUTIONS

Thank you for your voluntary contributions to the ADTA between September 1 – November 30, 2019.

Up to \$25

- Diana Jin
- Elissa White
- Ann Romanowski
- Sandy Dibbell-Hope
- Anat Ziv
- Sharon Chaiklin
- Lenore Wadsworth Hervey
- Julie W. Miller
- Elise Risher

\$26 to \$50

\$51 to \$99

\$100 and over

- Margaret Migliorati
- Jane Wilson Cathcart
- Lynn M. Koshland
- Jane Wilson Cathcart

MARIAN CHACE FOUNDATION



Submitted by Jane Wilson Cathcart, BC-DMT; Ann

Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT

MARIAN CHACE FOUNDATION

We were greatly honored that Dr. Nana Koch was the Marian Chace Foundation Lecturer at the ADTA conference in Miami in October. Her talk "Reflection, Evolution and Risk Taking" combined her many talents in researching important elements of our practice, referring to our history in today's context, and presenting an uplifting call to arms. This particular lecture was clearly meant to challenge our thinking, and it more than delivered. We remind you that the Marian Chace Foundation Lectures are published and archived in the American Journal of Dance Therapy. The lecture was followed by the Research and Poster Session where we viewed the inspiring work of our colleagues. This year's was wonderful with many studies and diverse topics represented. The opportunity to discuss the research work in progress with the investigators is always a highlight for the Trustees.

If you wish to apply for a grant we remind you of the annual deadline: February 15.

Please refer to the current ADTA website pages for the Marian Chace Foundation. There you will find updated guidelines, as well as new email and snail mail addresses. Any questions or requests for clarifications can be sent to: Lynn Koshland, Secretary marianchacefoundation@gmail.com

Dr. Nana Koch was awarded a 2019 grant for subtitling eight of the ADTA Talks Into Japanese and Korean. We are delighted to report this work was completed.

And for those of you who have graduated within the past five years there is a \$200 Journalism Award given by the Foundation for articles published in the AJDT. Please see the description in the back of your printed AJDT for procedural details.

We also wish to thank all those who generously remember to donate to the Foundation so that we can sponsor these events as well as provide funds for the various grant proposals received each year. Our mission is to continually grow and support our profession.

Please consider the Foundation as you consider charities for your end-of-the-year donations.

To support the Marian Chace Foundation you may donate in a few ways:

1. When you click on the DONATE button on the ADTA website Home Page you will see an option for the Marian Chace Foundation.
2. If you wish to mail a donation please note the address has changed with the relocation of the ADTA office:

Marian Chace Foundation
American Dance Therapy Association
230 Washington Avenue Extension, Suite 101
Albany, NY 12203-3539

Please do not use the donation envelope with the former ADTA address.

3. Amazon: When you purchase at smile.amazon.com you can support the Marian Chace Foundation of the American Dance Therapy Association by choosing it as your charity of choice. This is a passive donation, which means a small percentage of whatever you purchase from Amazon at AmazonSmile will be donated to the Foundation.

Donations may be made to honor or memorialize someone. Please include the name and address of anyone to be notified of your donation.

Donations received September 1 through November 30

MARIAN CHACE FOUNDATION

Donations received September 1 – November 30, 2019

** donations received in a prior quarter

FRIENDS (up to \$36)

Gloria Farrow

In memory of Debby Thomas

Jeanette Jacques**

Honoring the ADTA's 53rd Anniversary

Ann Romanowski In honor of Judith Stames-Hamilton, a lifelong dancer who believed in dance's power to connect, express and heal.
Elissa Q. White
Lillian Weisberg In honor of Sharon Chaiklin

SUPPORTER (\$36 -\$99)

Audrey Albert-King
Paula Brown
Catherine Novak Davidson

I will always remember and deeply appreciate the financial and professional support the Marian Chace Foundation gave me for my doctoral research on using Authentic Movement to help women with breast cancer improve their body image and self-esteem. Keep up the good work!

Sandy Dibbell-Hope
Marylee

Hardenbergh** With gratitude for the outgoing President and the incoming President of the Marian Chace Foundation.

Susan Kierr **

In honor of and with gratitude for Sharon Chaiklin's leadership of the Marian Chace Foundation.

Susan Kierr

In honor of Sharon's recovery.

Dawn Lyon

In honor of Kathleen Mason. Thank you for your continuing inspiration.

Pamela

Margules**

In honor of Sharon Chaiklin and all the years.

Eri Millrod

Marsha Perlmutter

Kalina

In honor of Nana Koch being Marian Chace Fund keynote speaker.

Carin Torp

PARTNER (\$100 – \$499)

ADTA

In honor of Sharon Chaiklin.

Jane Wilson

Honoring the consistency, competency, mastery and passion for the field of dance movement therapy and its practitioners by the ADTA Administrators: Gloria, Renee and Amber. Forever grateful!

Cathcart

Jane Wilson

Cathcart

Honoring the memory and legacy of Debby Thomas.

Sharon Chaiklin In honor and memory of Debby Thomas and in respect for all the work she did for dance therapy.

Monica

Fischbach

Lenore Hervey In memory of Debby Thomas.

In memory of Debby Thomas who loved and pioneered dance movement therapy helping to make it the profession it is today.

Susan Kleinman

In memory and with gratitude of Debby Thomas who contributed her deep knowledge, her generous spirit and vision to promote the outreach for the field of dance/movement therapy. Her many gifts will shine through all those individuals and dance/movement therapists that were influenced by her immense reach and powerful work.

Lynn Koshland

Lynn Koshland #Giving Tuesday –Moving Towards Evidence Based Practice.

In honor of Gloria. Thank you for your commitment and talents, your generosity, kindness and sparkle. Enjoy your retirement!

Ann Lohn

Margaret

Migliorati

In honor of Sharon Chaiklin on her retirement from the MCF Presidency and gratitude for a lifetime of service to DMT.

Julie Miller

Dear MCF board –thanks for all you do!

Elise Risher

Adina

Rosenberg

In honor of my Father, Burt Galing

Yukari

Sakiyama** Thank you Sharon! How can I express my appreciation.

Joan Wittig

Nancy Beardall In honor and memory of Debby Thomas

CHACE CIRCLE (\$1,000 and up)

In memory of Harris Chaiklin and in support of the Foundation's research and education projects.

Lynn Koshland

The Marian Chace Foundation of the American Dance Therapy Association is a 501(c)(3) non-profit organization established for the purpose of furthering educational, scientific, literary and artistic development of dance/movement therapy. It is supported solely by donations and any profits from publications.

All donations are tax deductible to the extent allowable by law.

CONGRATULATIONS NEW R-DMTS & BC-DMTS

Congratulations to the new R-DMT who earned the designation:

Amanda Tuohy!

ADTA TALKS SUBTITLE ANNOUNCEMENT

Submitted by Nana Koch, Ed.D, BC-DMT, LCAT, LPC, NCC, CMA

For a second year in a row, I am pleased to announce that I received another grant from the Marian Chace Foundation to subtitle the eight most YouTube viewed ADTA Talks. The Foundation's continued generosity this year, and ADTA's additional funding when needed, provided all monetary support required to move forward and subtitle the Talks into Japanese and Korean.

Given the information age in which we live, last year I embarked upon this project to electronically extend the reach of knowledge about our field to an ever-widening community of those interested in dance/movement therapy (DMT). This past year, the viewership has been impressive for the eight ADTA talks subtitled into Spanish and Chinese. As a result of demand and interest in expanding our reach internationally, it seemed appropriate to subtitle the talks into more languages where there is increased interest in dance movement therapy. Having the videos now available in four languages will surely be a boon to spreading information about dance/movement therapy to the global community.

I wish to acknowledge the work of several dance/movement therapists who painstakingly reviewed each video to ensure native language accuracy of the translations used for the subtitling. Without the help of these very capable women, the subtitling project wouldn't have been successful and I am forever grateful for their expert help: Pamela Jimenez Jimenez (Spanish); Irene Chiang (Chinese); Yukari Sakiyama (Japanese); Kyoko Jingu (Japanese); Dr. Boon Soon Ryu (Korean); and Young Ae Kim (Korean). Their work to ensure accuracy is to be applauded.

Herein are the eight ADTA Talks that have been subtitled into Spanish, Chinese, Korean and Japanese:

- Dance Movement Therapy and Autism – Christina Devereaux
(Spanish) La danza movimiento terapia y el autismo: Danzas para conectar
(Chinese) 舞蹈/运动疗法与自闭症：舞动中的关系
(Korean) 자폐증을 위한 댄스테라피(DMT)
(Japanese) クリスティーナ・デボロー：ダンス/ムーブメント・セラピーと自閉症：人間関係のダンス
- Dance Movement Therapy and Mental Illness- Ted Ehrhardt
(Spanish) La danza movimiento terapia y las enfermedades mentales
(Chinese) 舞蹈/运动疗法与心理疾病
(Korean) 정신증을 위한 댄스테라피(DMT)
(Japanese) テッド・イヤハート：ダンス/ムーブメント・セラピーと精神疾患
- Embodying Empathy: Dance Movement Therapy after Unthinkable Trauma – David Alan Harris
(Spanish) Empatía experiencial: Danza movimiento terapia después de un trauma impensado
(Chinese) 体现式共鸣：意想不到的创伤后舞蹈/运动治疗
(Korean) 체화된 공감: 떠올리기 힘든 트라우마의 댄스테라피(DMT)
(Japanese) デビッド・アラン・ハリス：共感の身体化、想像を絶するトラウマの後のダンス/ムーブメント・セラピー

- Dance Movement Therapy: Analyzing Body Language – Stacey Hurst
(Spanish) Danza movimiento terapia: Analizando el lenguaje corporal
(Chinese) 舞蹈/运动疗法：“肢体语言”分析
(Korean) 댄스테라피(DMT): 신체언어 분석
(Japanese) ステイシー・ハースト：ダンス/ムーブメント・セラピー：ボディランゲージの分析
- The Difference between Therapeutic Dance and Dance Movement Therapy- Susan Imus
(Spanish) La diferencia entre danza terapéutica y danza movimiento terapia
(Chinese) 治疗性舞蹈和舞蹈/运动治疗之间的区别
(Korean) 치유적 춤과 댄스테라피(DMT)는 어떻게 다른가?
(Japanese)スーザン・アイマス：セラピーダンスと、ダンス/ムーブメント・セラピーの違い
- An Introduction to Dance Movement Therapy- Nana Koch
(Spanish) Una introducción a la Danza Movimiento Terapia
(Chinese) 舞蹈/运动治疗介绍
(Korean) 댄스테라피(Dance Movement Therapy)란 무엇인가?
(Japanese) ナナ・コーク：ダンス/ムーブメント・セラピーとは
- Dance Movement Therapy and Dementia- Donna Newman-Bluestein
(Spanish) La danza movimiento terapia y la demencia
(Chinese) 舞蹈/运动疗法与痴呆症
(Korean) 치매를 위한 댄스테라피(DMT)
(Japanese) ドナ・ニューマン-ブルースタイン：ダンス/ムーブメント・セラピーと認知症
- Dance Movement Therapy: Embodied Parenting- Suzi Tortora
(Spanish) Danza movimiento terapia: La crianza sentida
(Chinese) 舞蹈/运动疗法：体现出的亲子关系
(Korean) 체화하는 돌봄의 댄스테라피(DMT)
(Japanese) スージー・トルトーラ：ダンス/ムーブメント・セラピー 身体化された子育て

Currently, the Spanish and Chinese subtitled videos can be accessed on the YouTube web site. The Japanese and Korean versions are forthcoming, so please look for them soon. For now, when on the YouTube site type in: ADTA Talks-Spanish and ADTA Talks-Mandarin. You will be able to do the same when the Japanese and Korean versions are posted.

In order to further promote this project and future video productions of the Marian Chace Foundation and ADTA, please consider:

- Subscribing to the ADTA YouTube Channel
- Liking/ “thumbs-up” any newly published videos
- Commenting on videos
- Sharing videos with your community
- Donating to the Marian Chace Foundation, which is a 501(c)3 charitable organization

2019 FOCUS AWARD RECIPIENT

Truth in Transformation

By: Emiley Allison, 2019 ADTA Multicultural and Diversity Committee Focus Award Recipient

The Miami air wraps around my skin, thick, familiar; sweat coats my brow. I am elated to be off an airplane and back on solid ground again. *Wow*, I say to myself. I’m really here for the 2019 American Dance Therapy (ADTA) Conference. I think back to my tenth grade year of highschool and how I had made the conscious decision to become a dance/ movement therapist (DMT) when I was only fifteen-years-old. A little over nine years later and I’m actively becoming one. As well as, preparing to meet with other folks in the profession. I am thrilled and anxious. My emotions are running on a loop. I am not sure what to expect, so I condition myself to expect very little. And although not perfect, my first conference experience was one I will take with me throughout the rest of my dance/ movement therapy career.

When applying for the Multicultural Diversity Committee Focus Award, I kept telling myself *this was the year I needed to go*. I wanted to see what and how the ADTA and individual dance/ movement therapists were doing to move out of antiquated forms of thought surrounding dance, therapy, and people as a whole. I will be the first to admit that those types of changes are no “easy task,” yet I will also be the first to admit that they are extremely necessary. A profession such as the American Dance Therapy Association cannot truthfully proclaim it is for all people if it does not do the labor to work against the systems that this organized form of therapy was created under. Which means, recognizing that DMT was not the first of its kind; there are Indigenous, Africanist, and traditional dance as medicine roots that came long before DMT’s codification. Moreover, the treatment of not only the people we work with as clients, but also fellow colleagues who have traditionally been marginalized. There must be space for all voices. There must be equitable opportunity. And most importantly, there must be room to grow, because without growth there is stagnation.

I was encouraged to see various forms of this work happening at the conference. I was a part of some wonderful discussions about the medical industrial complex, the hypersexualization of the Black body, and Native American traditional dances and dance/ movement therapy. It was also quite incredible to be able to hear from other traditionally marginalized folks who have been in the field for some time. In various intensives and seminars, I got the opportunity to learn more about DMT history, move my hips joyfully in a room full of people, and gain more information about DMT from a non-western lens. To continue, I was able to really see how these conversations around ethnicity, race, gender, sexuality, nationality, ability, advocacy, and more were going. In some of the discussions, many people who represented various identities were well heard. In other conversations I was apart of, no one was heard. Feelings were hurt and the loudest voice (the one who always takes up space) took the room. Which let me know that within our professional association, although there have been a number of people before us who have put in advocacy work, that the organization as a whole was just beginning its true journey to un- and relearn from its past.

Now, one of my personal favorite highlights from attending this year’s conference was the keynote moderated by Carmen Marshall. The two hours the majority of the conference participants spent in that large, hotel conference space was transformative for me. It was a stunning morsel of healing work; an actual open and embodied therapeutic experience. It was important for all of us in the room to just listen, like listen wholly at the mind and the body level. There were four affinity group presentations from the Asian-Asian American Affinity Group, LGBTQIA Affinity Group, Native American Affinity Group, and the Spirituality and Religion Affinity Group. Each group spoke their truth. I was so grateful to be able to witness such vulnerability. I, personally, have not been in many spaces with cisgender-heteronormative-White people where folks, who are considered to be “other,” could be and say who they are without fallback or unnecessary commentary. It was also amazing to break out and speak with someone who I had never met before, feel seen, and bare witness.

From rich discussions, to a great big dance party, to meeting other students and professionals, to learning new information about the field and myself, the 2019 ADTA Conference was not anything I expected it to be. Which is important. Again, I was encouraged to see even a bit of willingness for change and progression. My only worry is that as this year goes past, people will forget. And the voices that were uplifted will be silenced once again. I hope this is just my own worry. I hope that a real call to action has been made.

I am so grateful to the ADTA and the Multicultural Diversity Committee for offering the Focus Award. Without the funds, I would not have been able to make it to the conference. I am appreciative of the cohort classmates I was able to attend the conference with and feel lifted by all the connections I was able to make in just a few short days. I will keep with me many moments, but will specifically hold onto the dancing, the laughter, and the space of bearing witness.

2020 BOARD NOMINATIONS

ADTA and DMTCB

2020 NOMINATIONS: OPEN POSITIONS

Deadline for Submissions: February 28, 2020

AMERICAN DANCE THERAPY ASSOCIATION (ADTA)

Submit your nominations by emailing the Nominating Committee

at nominatingcommittee@adta.org.

Mynasha Whyte, Chair

Shannon Suffoletto

Lisa Manca

Open Positions

The American Dance Therapy Association seeks visionary and dedicated leaders to serve as national board members. Ideal nominees are those who can inspire and guide the organization with their knowledge of dance/movement therapy, vision for ADTA and the field, leadership abilities, and advocacy of dance/movement therapy. Serving on the ADTA Board of Directors provides important opportunities to shape future directions in dance/movement therapy at national and state levels.

Candidate Guidelines:

- Candidates for the ADTA Board of Directors must be current Professional Members of ADTA and currently hold the R-DMT or BC-DMT credential for at least three years, during which time they must have served on a national committee or as an officer/committee member of a local chapter for at least one year. Exceptions to some of these requirements may be made in special circumstances at the discretion of ADTA leadership as outlined in the Nominating Procedural Guidelines.
- No member of the Board of Directors may serve more than two consecutive terms in any one position. No Professional Member can serve as chairperson of more than one standing committee.
- Please be advised that no member of the ADTA Board of Directors may during his/her directorship on the ADTA Board of Directors serve on the DMTCB concurrent with their term on the ADTA BOD.
- The Chairpersons of the Standards & Ethics and Education Committees must be credentialed as a BC-DMT.
- Nominate others or yourself.
- Terms of office commence at the business meeting held during the annual ADTA conference. For those elected in 2020, that will be in Montreal, Quebec, Canada in October 2020.
- Attendance at 2 Board meetings per year (spring and fall prior to the conference) is required. Board members receive a per diem to offset personal expenses associated with attending the meeting, and reimbursement of travel expenses to the annual spring meeting.

Open positions for the 2020 election cycle are:

President Elect (term of office: 3 years)

The President Elect serves as parliamentarian and maintains parliamentary procedures as outlined in Robert's Rules of Order. If the By-Laws need change, this officer, with the assistance of a committee shall propose such changes for approval by the Board and ratification by the Membership. The President Elect is the Chairperson of the Annual Conference Committee, and may have other duties as assigned by the President or the Board. As a voting member of the Board of Directors, the President Elect is integrally involved in the teamwork of running the ADTA. This includes participating in major and minor decision-making, taking on additional tasks for specific initiatives, contributing their business expertise, creativity, common sense, teamwork and other talents and skills to the work of the Board of Directors. The individual elected as the President-Elect will automatically continue to a single 3-year term as President.

Education Committee Chair (term of office: 2 years)

The Chairperson works with his or her committee concerning the dissemination of information on dance/movement therapy education. He or she may convene special meetings of dance/movement therapy educators at the annual conference, and brings issues related to education to the Board. As a voting member of the Board of Directors, the Chairperson is involved in the teamwork of running the ADTA. This includes participating in major and minor decision-making, taking on additional tasks for specific initiatives, contributing their business expertise, creativity, common sense, teamwork and other talents and skills to the work of the Board of Directors. Must hold a current BC-DMT. The chair will have a minimum of three (3) years of experience as a faculty member of an ADTA approved academic degree program and must be currently employed by the institution. In the event that no one steps forward to serve as Chair, the qualifications can be expanded to include previous employment by an institution within the last six (6) years.

Research & Practice Committee Chair (term of office: 2 years)

The Chairperson works with his or her committee concerning the dissemination of information on dance/movement therapy research and practice. He or she may convene special meetings of research and practice committee at the annual conference, and brings issues related to research and practice to the Board. As a voting member of the Board of Directors, the Chairperson is involved in the teamwork of running the ADTA. This includes participating in major and minor decision-making, taking on additional tasks for specific initiatives, contributing their business expertise, creativity, common sense, teamwork and other talents and skills to the work of the Board of Directors. The R&P

Chairperson should have a record of understanding and/or supervising, teaching, conducting research, and practicing dance/movement therapy for no less than 3 years.

Public Relations Committee Chair (term of office: 2 years)

The Public Relations Committee Chairperson functions to inform and promote the science and art of dance/movement therapy to the general public and the health/medical community. Promotions include but are not limited to the following: (1) Press Releases, (2) Advertisements, (3) Brochures, (4) Displays, (5) Videos, (6)

Electronic Communications, (including website and listserv), (7) Speeches and presentations. The Chairperson will work with the members of the public relations committee to plan public relations goals, objectives, and action plans that are of benefit to increasing the public awareness of the ADTA and the growth of the profession of dance/movement therapy. As a voting member of the Board of Directors, the PR chairperson is involved in the teamwork of running the ADTA. This includes participating in major and minor decision making, taking on additional tasks for specific initiatives, contributing their business expertise, creativity, common sense, teamwork and other talents and skills to the work of the Board of Directors. Public Relations (PR) Chairperson should meet the following minimum requirements: (1) PR Chairperson should have been an active member on the PR Committee for a recommended two years and minimum of one year. (2) Prior to nomination approval and ballot placement, any PR Chairperson candidate is recommended to have served as leader on at least one PRC team and been involved in projects collaborating with other team(s). (3) For consideration: PR Chairperson candidate(s) should have a broad knowledge of marketing, advertising, social media, and excellent communication skills.

Member-at-Large, Eastern (term of office: 2 years)

Members-At-Large have a crucial role in the vitality of the ADTA. The MAL is the key to member relations, serving as a bridge between the membership and the Board of Directors. Maintaining the two-way flow of information between members and the Board is core to the organizational well-being of ADTA. As a voting member of the Board of Directors, he or she is involved in the teamwork of running the ADTA. This includes participating in major and minor decision-making, taking on additional tasks for specific initiatives, contributing his or her business expertise, creativity, common sense, teamwork and other talents and skills to the work of the Board of Directors. The MAL is responsible for assisting in the formation and dissolution of ADTA chapters and maintaining an up-to-date archival file of official chapter documents.

Nominating Committee, Eastern (term of office: 1 year)

The Nominating Committee is a three-person committee with each person representing one of the three ADTA-defined US regions. The three members serve as follows: (1) One member is in the second year of a two-year term and serves as the chair. (2) One member is in the first year of a two-year term and serves as the member training to be the chair in the subsequent year. (3) One member serves a one-year term. This position is for a member serving a two-year term, first year as a member and second year as chair. The Nominating Committee follows written guidelines established as proper procedures to solicit nominations for open Board positions from the ADTA professional membership. The Committee works intensively over the course of 8 – 10 weeks in early spring. Once nominations are received the Committee's work is to assure that nominated individuals are eligible and willing to run for office, so that the ballot may be ready by May of that year. *No in-person meeting attendance is required.*

DANCE MOVEMENT THERAPY CERTIFICATION BOARD (DMTCB)

Submit your nominations by emailing Julie Miller, DMTCB Chair at dmtcb@adta.org

Open Positions

Western Region Member of BC-DMT Panel

This is a rewarding opportunity for experienced BC-DMTs to support the maintenance of high quality professional standards for the Board Certification level of Dance/Movement Therapy.

Position: The Western Region BC-DMT panelist will be one of a three member panel (that includes a Central and Eastern representative as well) that reviews and evaluates applications for board certification (BC-DMT). Panelists serve a three (3) year term and may be appointed for a second term. The majority of the work takes place between January and March and board members are expected to also participate in two Board Meetings – a videoconference meeting in the Fall and a face to face meeting in the Spring. In addition board members represent the board at the DMTCB Meet and Greet and the annual ADTA conference in the Fall.

Qualifications: BC-DMT Panel members must have maintained board certification annually for a period of at least eight (8) years. Additionally, the position requires excellent professional communications skills, the ability to function as a team member, and the ability to participate as a fair and unbiased reviewer of application materials.

*Western Region includes: Arizona, Alaska, California, Canada (Western), Colorado, Hawaii, Idaho, Montana, New Mexico, Nevada, Oregon, Utah, Washington and Wyoming.

NEWSLETTER SUBMISSION GUIDELINES

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter **Deadlines:**

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

NEWSLETTER ADVERTISING INFORMATION

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Member Rates

Single – \$100

2 Issues – \$175

4 Issues – \$300

Non-Member Rates

Single – \$150

2 Issues – \$275

4 Issues – \$500