



American Dance Therapy Association

A FEW WORDS FROM THE NEWSLETTER TEAM

It's sweet, sweet Summer time. While many of us are spending time traveling, firing up the grill and soaking in the sun, there is still much to report from the ADTA. We invite you to KIT (keep in touch) with us through our quarterly newsletter.

Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. Send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.

BOARD REPORT: PRESIDENT



Submitted by Margaret Migliorati, R-DMT

Hello ADTA Colleagues:

Happy Summer to each of you! The Board is fresh off our 2-day in-person Spring meeting and has much to report out. I hope you take the time to read through this newsletter which contains reports from each Board member, as well as dispatches from local chapters.

For my report this quarter, I plan to give you a 6-month update on several initiatives I spoke about at the Annual Business Meeting in Salt Lake City, UT last October, as well as in the subsequent Winter newsletter. We have made great progress on many of our initiatives and I am excited to fill you in.

Diversity, Equity and Inclusion (DEI)

The ADTA continues to make addressing issues of power, privilege and inclusion a top priority. In the past 6 months we have:

- Convened a task force to review all Conference feedback in regards to DEI issues and to present the Board with themes and recommendations.
- Hired an expert in DEI, Carmen Marshall (<https://www.marylandnonprofits.org/about-maryland-nonprofits/staff-and-board/carmen-marshall/>), who provided the Board and office staff with training on the history of white power and privilege in the US and continues to provide ongoing coaching and consultation.
- Spent a half-day at our recent Board meeting with Carmen facilitating deeper conversations and reflections about privilege and inclusion within the ADTA.
- Conducted numerous meetings across the ADTA to discuss both specific concerns regarding DEI issues as they arise as well as larger patterns that need to be addressed.
- Taken responsibility for educating ourselves as we work to better understand and address our personal and organizational blind spots.
- Begun co-creating an Inclusion Statement and DEI Strategic Plan to guide the work and concretize our long-term commitment to change.

All of the feedback, conversations, education and reflections are starting to crystalize in the form of some specific questions, which will help guide the Strategic Plan, such as:

- How do we create spaces for all voices to be heard and for the sometimes difficult conversations that need to take place?
- How do we honor and better integrate into our current training, standards and practice the diverse origins of DMT? How do we further integrate the ancient roots of dance and healing with which DMT is connected?
- What does it mean to be a dance/movement therapist and who "gets to" belong?

- What systems, policies and procedures within the ADTA are exclusionary and/or disempowering?
- What can we learn from the keynote panel at last year's Conference, especially in regards to how we heal and grow from difficult moments?
- How do we mentor diverse voices into leadership positions?
- How do those of us in power and privilege use our positions for change? How do we not only become better allies but also make the problem of oppression *our* problem?

It's a lot but I know these questions, and more, are being discussed and addressed not only by the Board but throughout the DMT community. This excites me and gives me hope as I see our community coming together in our commitment to create the long-term, systematic change that is required to make the ADTA an inclusive, equitable, diverse and thriving home for all!

Increase and Diversify Revenue

Another major focus of the Board is increasing revenue and revenue sources for the ADTA in order to better meet our strategic goals. Below are updates on two of our key revenue initiatives:

- **Continuing Education Manager:** We are getting very close to hiring the new position of CE Manager and I am excited to say we have several highly-qualified candidates who are all also dance/movement therapists. We plan to have the new person on board this summer/early fall and you should expect to see new and exciting programming soon after.
- **Financial Investments:** We have begun investment of the ADTA reserves (minus cash reserve equal to 6-month operating expenses) with our new financial advisor. At this time we are not investing in the stock market but instead lower risk investments such as Money Markets and CDs. We will be receiving our first quarterly report from our advisor this month and look forward to reporting out more details to you in the fall.

These are just a few of the major initiatives moving forward within the ADTA. I will have much more to report out in future newsletters and at the Annual Business Meeting at the Fall Conference in Miami. Also watch for updates in the new ADTA email digest which we launched this spring. The digest brings together all the latest ADTA news, deadlines and member accomplishments in one email. If you haven't been receiving the digest, please check in with the ADTA office so you don't miss out.

And a final reminder that everything the ADTA does is in service of advancing the field of DMT. Membership renewal is due on June 30th. Please renew your membership or join if you are not currently a member. We simply cannot do this without your support.

BOARD REPORT: PRESIDENT-ELECT



Submitted by Paul Sevett, BC-DMT

Conference 2019!!! Building Connections: Dance/Movement Therapy in Our Diverse World

I can't wait to see you in Miami, Florida this October 17-20. We have, as usual, a wonderful slate of workshops for your educational pleasure. The Conference is such a great place to grow as a professional and an opportunity to meet your CE needs. Come and learn from peers, colleagues and leaders in our field.

We continue this year with a focus on the ADTA's journey to develop our community into one that welcomes, supports and respects the wide diversity of our members and the people we serve in the community.

The local DMT community in Florida is preparing a rousing and thoughtful opening based on Miami's diverse culture. We will enjoy dance performances by a local dance/movement therapist and choreographer/performer about his journey from Cuba to America and a Flamenco dancer who will involve all of us in the dance.

Our Keynote plenary will offer movement presentations by five different Affinity Groups from our Multicultural and Diversity Committee based on the impact of racism, marginalization and oppression on the body. Audience members will have the opportunity to express their witnessing of these presentations followed by a question and answer panel facilitated by a third-party professional trained in helping organizations travel this most important road to equity.

Please don't forget we are also trying a new idea: **Workshop Tracks** where you may attend a workshop on either the topic of Children and Adolescents or Trauma and Neuroscience in every time slot of the Conference. You may, of course, choose to attend a variety of workshops but the Track Approach offers the opportunity to immerse yourself in a topic/population that most reflects your work and interests.

First time Conference attendees have two ways to land more comfortably for their first Conference experience. Linni Diehl, may she Rest in Peace, offered Introduction to DMT workshops at Conferences for decades. Dawn Lyon

has graciously stepped into this role to honor and continue Linni's work. The participants in this introductory workshop will also meet once a day to check-in and make sure they are navigating the Conference and having their needs met as best as possible. Along with this, you will find in the Conference registration an opportunity to volunteer as a Conference Mentor. We will pair you up with a first time Conference attendee for whom you will serve as a contact and support person. You can arrange to meet, text, etc. to help this attendee have the best possible Conference experience. Dawn has opened her check-in times with her workshop's participants to any first-time attendee and their mentor. Thanks to everyone who will volunteer to make the Conference a place and time of belonging and connection for those who, attending for the first time, might be overwhelmed and feel disconnected from our community.

Look for the e-blasts and ADTA Digests in your mailbox for continued updates.

Reminders:

1. 2020 Conference is in Montreal, Canada so make sure you have and/or have updated your passport to enter Canada.
2. Conferences in 2021, 2024 and 2027 will be in Chicago as we try a new system of holding conferences in the same major city.

Last, but not least, I want to welcome the returning and, especially, the new members of the Board of Directors. I have great appreciation and feel so much gratification for being able to work with such intelligent, creative, compassionate and committed individuals. I'm looking forward to the next year of moving the ADTA forward.

BOARD REPORT: SECRETARY



Submitted by Ambria Cunningham, R-DMT

It has been a pleasure filling the Secretary role for the ADTA over the past few months, and I am delighted that I was elected to remain in this role. During this term, I will be focusing on student and new professional engagement. I have student representatives from each approved program as well as a representative from the Alternate Route program on the Student Subcommittee. As chair of this Subcommittee, I will be collaborating with students and new professionals in creating ways to provide additional support and resources to maintain engagement within the ADTA. Thank you for giving me the opportunity to continue the work.

BOARD REPORT: TREASURER



Submitted by Vicky Wilder, BC-DMT

ADTA 2019-20 Membership Dues are due June 30. The Board has voted to substantially **reduce student fees to half the professional fees** with the recognition that engaged students are the future of our profession. We also voted a **small reduction to the retired fee** as a way to honor the lifelong contributions of our retired members. Currently, \$18 of your yearly membership fee pays for the hard copies of the AJDT mailed twice a year. So, for a little over \$1.00 a week, your professional membership enables the ADTA to sustain the profession of dance/movement therapy alive and growing!

#GivingTuesday projects: The mission is to provide dance/movement therapy to a variety of populations who would benefit from the multifaceted positive effects of DMT, to educate the public about DMT and to increase opportunities for members of ADTA.

*****June 15, 2019 Deadline for the \$1500 grant for a RESEARCHER*****

The 2019-20 #GT project title is: ***Moving Towards Evidence Based Practice***

Application and information is on the ADTA website at <http://056.c09.myftpupload.com/events/givingtuesday/>

We thank the Marian Chace Foundation 501(c)3 for continuing to support this project by serving as the fiscal agent!

The ADTA is a 501(c)6 organization. Contributions to a 501(c)6 are not tax deductible as charitable contributions. However, for fiscal year 2019-20 100% of ADTA dues, chapter dues, and credential dues are deductible as an ordinary and necessary business expense. Consult your tax advisor for your situation.

BOARD REPORT: COMMITTEE ON APPROVAL



Submitted by Danielle Fitzpatrick, BC-DMT

May graduations are a time to celebrate the new dance/movement therapists who have completed their education and are entering the profession. The Committee on Approval (COA) is a regulatory branch of the ADTA responsible for ensuring the quality of dance/movement therapy training in approved programs and courses. We express our thanks to the educators in our field for their dedication, inspiration and leadership. We would also like to congratulate all the new R-DMTs in our community!

Committee Members:

I am so grateful for the time, effort, and passion put forth by the members of the COA: Wendy Allen (Naropa), Valerie Blanc (Lesley), Michelle Joubert (Supervisor), Ted Ehrhardt (Pratt), Susan Orkand (Sarah Lawrence), Kim Rothwell (Columbia) and Elizabeth McNamara (Drexel).

We are delighted to welcome Dr. Leon Rodgers to the Committee as the new Public Member. His extensive background in education, practice and supervision, as well as his breadth of knowledge in the fields of Social Work, Marriage and Family Therapy and Counseling, make him a wonderful addition to this committee.

Committee on Approval Business:

- **Annual Spring Meeting:** The Committee met on April 27th & 28th at Lesley University in Cambridge, MA. It was a productive meeting; the Committee focused on the steps needed to address changes in the approval process based on the new ADTA Standards for Education and Clinical Training.
- **Policies and Procedures:** Minor edits to the COA policies and procedures were approved this Spring by the ADTA Board of Directors; for a current copy of this document, please email approval@adta.org.
- **Self-Study Re-Approval:** The Committee reviewed two applications for 6-year re-approval from Antioch University and Sarah Lawrence College. The Committee extends our gratitude to these programs for the time and effort that they put into their thoughtful and comprehensive self-study reports.
- **Annual Maintenance Reports:** The Committee commends the approved programs on the thorough and detailed documentation of their progress and plans towards compliance with new standards. *Due to the extensive nature of the reports, the Committee will be responding to approved programs by the end of June.*

Subcommittee on Approval for Alternate Route Courses (SAARC):

Subcommittee Members:

The SAARC Members are as follows: Susan Saenger (Chairperson), Laurel Bridges (Alternate Route Educator), Danielle Fraenkel (Alternate Route Educator) and Bernard Ehrhardt (COA representative). This dedicated group of educators and clinicians has been preparing for the upcoming transition to revised standards for alternate route training. If any alternate route educators are interested in joining this subcommittee, please contact the Chair of Approval at approval@adta.org.

SAARC Business:

- Approval of Alternate Route Courses:
 - In anticipation of new alternate route education standards, SAARC has been assessing changes to the course approval process. A revised application for approval and guidelines for submission are forthcoming.
 - As of October 15, 2019, all *brand-new* courses will be expected to be in compliance with new standards.
 - All *previously* approved Alternate Route Courses will need to be **re-approved** by SAARC to demonstrate compliance with new standards. This re-approval process will be phased in over a five-year period with all courses in compliance by December 31, 2024.
 - For deadlines and due dates course providers should refer to the COA Procedural Guidelines for the Transition to Alternate Route Course Approval: New Standards which can be found at this link:

<https://www.dropbox.com/s/t2kniy8z4zywxfq/ATA%20COA%20P%26P%20for%20Alt%20Rte%20Transitions%20to%20New%20Standards.pdf?dl=0>

SAARC continues to review new applications of alternate route courses for approval. Applications, accompanying syllabi and the educator's professional CV can be submitted to the Chairperson, Susan Saenger at ssaenger@nc.rr.com.

The following Alternate Route Course has recently been approved:

Dance/Movement Therapy Group Process (revised). The course is taught by Bonnie Bernstein, MFT, BC-DMT, REAT.

You may find a convenient calendar of all approved alternate route courses at the ADTA website.

BOARD REPORTS: EDUCATION COMMITTEE



Submitted by Jessica Young, BC-DMT

education@adta.org

Life is a series of beginnings and endings, and I'm always excited at this time of year to welcome our newly graduated colleagues and those who have completed the alternate route training into the profession. I look forward to learning, working and collaborating with you as we collectively continue to transform the world in small and large ways. I'm also filled with gratitude for all of the DMT educators who passionately dedicate their time, energy, scholarship and service to our students, one another and the community to advance the field. I continue to learn an enormous amount from all of you with awe and wonderment.

I am thrilled to announce that the Standards for Education and Clinical Training, inclusive of approved master's programs and alternate route training, were ratified at the Spring Board of Director's meeting! While the document as a whole was approved, details related to alternate route internship standards need further development. The working group (Linda Aaron-Cort, Sandra Beggs, Meg Chang, Kalila Homann, Barbara Nordstrom Loeb, Suzi Tortora and Jessica Young) along with Julie Miller (DMTCB President) and Joan Wittig (Standards & Ethics Chair) are working out these details. Once the alternate route internship standards are approved by the Board, the Standards will be available online in their entirety. In the meantime, please carefully review the abbreviated version that is specific to [alternate route training](#). The details of the implementation process can be found [here](#). Please note that it is a two-staged implementation process in order to provide more streamlined support to educators and students. Standards specific to clinical training and advisement will be in place by January 2021 and all standards will be in place by January 2025. Please see the Committee on Approval report for the implementation plan related to the submission of new, as well as revised Alternate Route courses and the corresponding deadlines.

Stage One

January 2021

- All students completing a letter of intention as of January 1, 2021 must:
 - work with an advisor
 - adhere to the Clinical Training Manual
- All BC-DMT supervisors must adhere to the Clinical Training Manual for any student who completed a letter of intention as of January 1, 2021

Stage Two

January 2025

- All students completing a letter of intention as of January 1, 2025 must meet the full standards
- All courses must meet the revised standards
- All input based and output based standards will be implemented

A sincere thank you to all who reviewed and/or commented throughout the revision process with special thanks to the working group. It's such a rewarding feeling to be a part of this dedicated and passionate community of colleagues whose collective contributions have resulted in educational and clinical training standards of which we can be proud.

Alternate route educators please stay tuned for a forthcoming email from Sandra Beggs (Alternate Route Education Subcommittee Chair) that will provide further direction related to the revised standards and the implementation process. Also, much work still needs to be done, including developing an advisor handbook and clinical training manual. Please reach out to me if you are at all interested in helping out in any way. Thank you!

Approved program directors had a teleconference on May 7th. Discussion focused on progress and challenges related to implementing the revised standards as well as the nature of research in the curriculum. We are grateful to Danielle Fitzpatrick (Approval Chair) and Jennifer Tantia (Research & Practice Chair) for joining us and leading these discussions. The education workshop at this year's Conference is the second in a series that highlights diversity, equity and inclusion in DMT education. *Critical Perspectives of DMT: Activism and Application* will be presented by Wendy Allen, Meg Chang, Angela Grayson, Tomoyo Kawano and Jessica Young. Please note the meeting schedule at this year's conference:

- Approved Program Educators: Wednesday, October 16th 5:00-7:00
- All Educators: Thursday, October 17th, 8:30-10:00

- Alternate Route Educators: Thursday, October 17th, 10:00-12:00
BOARD REPORT: GOVERNMENT AFFAIRS COMMITTEE



Submitted by Kristin Pollock, BC-DMT

Greetings ADTA membership!

This April I attended my first Board of Directors meeting in Columbia, Maryland. Throughout the weekend, as committee reports were presented, a leadership training unfolded and both formal and informal discussion ensued, two themes became clear to me. First, the ADTA, while honoring our roots and celebrating our growth to this date, is dedicated to moving this organization forward. Second, a theme of bidirectionality emerged when envisioning the path forward. It seems our organization collectively is reaching both outward and inward in effort to not only further distinguish and empower the profession of dance/movement therapy in the larger realm of mental health professions but also to deepen the organization as the base where our members feel nourished and emboldened. This multidimensional path forward involves much collaboration, humility and determination.

As the Chair of our Government Affairs Committee, I aim to translate and lead this commitment in the scope of legislation and advocacy. The ADTA's Government Affairs Committee efforts are informed by the present trends, policies and legislation both at the state and federal levels that impact our profession and the people we serve. Staying current and taking action takes a community and I would like to acknowledge what that community has been up to these past few months.

On the state level, our GAC has included professional members staying abreast of licensure and policy trends that impact DMTs and access to DMT. Over the past few months, our colleagues in NJ, WI, MN and NY have connected with the GAC to report changes and efforts happening in their states. These updates from your states are so helpful in gathering a perspective of policy and advocacy movements and connecting members who may be experiencing similar journeys. If you are aware of licensure trends and/or other policy that may impact access to DMT services in your state, please reach out.

On a national level, our legislative consultant Myrna Mandlawitz aids this committee in staying current with and advocating for progression with federal legislation that impacts DMT and our consumers. Over the past few months, Myrna has led the Committee in advocating that all bills and federal legislation that discusses mental health professionals and services include the terms and definitions of dance/movement therapist and therapy. She also has guided the organization in signing onto multiple letters requesting support of mental health professionals and access to services including one that requests additional funding for mental health-based violence prevention resources and trainings in public schools. Thank you for your on-going leadership Myrna.

Another way the GAC aims to move DMT into the future is to provide our professionals with opportunities to learn about advocacy. This March, four of our members attended the National Arts Alliance Arts Advocacy Days in Washington DC. This event happens annually on the first weekend of March in DC. Michelle Lok Wan wrote a synopsis of the richness of this event, which you can read below. If you are interested in attending this event in 2020, please contact me at governmentaffairs@adta.org.

In solidarity for a strong ADTA,
Kristin Pollock, BC-DMT

Summary of Arts Advocacy Day 2019

By Michelle Wan Lok Chan (Pratt Institute), Student awardee of the Arts Advocacy Day Scholarship

The National Arts Action Summit is a two-day event bringing together hundreds of arts advocates from across the country for interactive advocacy training and peer-to-peer learning and networking. As a dance/movement therapist in training and an arts advocate at this summit, I gained knowledge about the latest research, legislative arts priorities and public policies at a national, state and local level that affect health professionals, including the practitioners of dance/movement therapy. Moreover, I equipped myself with the skills to share my stories with the U.S. Senators and U.S. Representatives about the impact and transformative power of dance/movement therapy. Below is a summary of the key points that I learned in this Summit in order to promote the profession of dance/movement therapy through advocacy efforts.

On the first day, we had the opportunity to receive crucial advocacy training from experts in the field in preparation for Arts Advocacy Day on Capitol Hill. When we talk about advocacy, we need to remember the golden rule: "No number without a story; No story without a number". This sentiment stresses the inseparable relationship between compelling data and effective storytelling for successful advocacy. It shows research is

particularly crucial in our field because it provides credible evidence when asking for funding and policy change. One of the 2019 congressional requests is to continue bipartisan support, with a budget of \$167.5 million, for the National Endowment for the Arts (NEA) and the National Endowment for the Humanities (NEH) in the FY 2020 Interior Appropriations bill. This would broaden access to cultural, educational and economic benefits of the arts and advance creativity and innovation in communities across the United States.

Some people may feel nervous and pressured when talking with the people who are in power. What we can do is to trust that we are the experts in our work and believe that the people in power are interested in learning from us. Meanwhile, we don't need to be experts of everything so we can humbly learn from other specialists. Furthermore, understanding our audience's point of view before meeting with them is a key strategy when preparing our speech. For example, when I received the list of congressional leaders that I would meet, I researched their backgrounds, political stances and the policies that they were implementing and supporting. By understanding our audience's interests and perspectives, I could adaptably choose the materials that resonate with them and provide new information. This strategy arouses their curiosity and motivates further action.

Because of my internship experience in a forensic psychiatric setting this year, I am especially interested in the policies of arts in health and arts in the juvenile justice system. Therefore, I attended the workshops "Advancing Arts and Health" and "The Arts and Juvenile Justice" in the breakout sessions on day one. In the United States, substance addictions cost the government over \$600 billion annually and they affect people from all walks of life and all age groups. In terms of that, one of the congressional requests is ensuring implementation of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment (SUPPORT) for Patients and Communities Act, improving coverage of complementary and integrative health services, such as arts therapists, through the Dr. Todd Graham Pain Management Study. Even though creative arts therapists and community artists work together to provide quality, cost-effective healthcare and wellness services for our clients, the speaker encouraged the artists, who used the arts as a medium for improving patient wellness, to be mindful of when they should refer the patients to creative arts therapists in terms of the safety and ethics.

For the arts in the juvenile justice system, one of the congressional requests is to build upon the successfully reauthorized Juvenile Justice and Delinquency Prevention Act (JJDP). This would further improve American's juvenile justice processes and explicitly articulate the innovative role of the arts as an alternative to sentencing and to support successful re-entry into communities. We also urged Congress to support research funding for creative arts therapies and arts in both health programs and the juvenile justice system within federal agencies in order to prove the benefits of creative arts therapies.

On the evening of the first day, we attended The Nancy Hanks Lecture at The John F. Kennedy Center for the Performing Arts. Artists Brian Stokes Mitchell, Ben Folds and Rita Moreno shared the power of diversity in culture through their music and speech. This event was very inspiring and impactful because the artists used their whole self to speak what they believed. I felt so motivated by hearing Rita Moreno say, "Art invites us out to talk across divides and tear down walls." When we believe in something, we stand up for it. Because our hearts are all in, our work brings others alongside us to fight for changes. There is nothing more powerful than speaking from our hearts because it is real.

The second day was our time to take our passion, knowledge and stories to Capitol Hill for meetings with our congressional leaders. We aimed to underscore the importance of developing strong public policies and appropriating increased public funding for the arts. For New York State, we formed a small team with six people which included various professions like the Chief Financial Officer of the Brooklyn Academy of Music, Community Liaison Fellow of the Orchestra of St. Luke, and arts administrative students from New York University as well as myself, a dance/movement therapist in-training of American Dance Therapy Association. We made appointments to meet with four Members of Congress of New York State. Within the 20-30 minute meetings, we talked about issues like arts education policy, the charitable tax deduction and funding for the National Endowment for the Arts. The congressional staff and my team members were stunned when I shared how dance/movement therapy could help us create non-violent environments in forensic psychiatric units. I shared that, through creative arts therapies, patients collaborated and danced together to explore their strength and express themselves in appropriate ways. Sometimes, correctional officers and nursing staff joined us as well. The creative arts activities enhance inclusivity so that the patients are heard and respected. In addition, the congressman, Max Rose, whom we met was highly supportive about the policy for military and veterans. He showed great interest when I shared how dance/movement therapy, which is a body-oriented approach, can reduce stress and combat PTSD and traumatic brain injury.

Arts is the foundation of the community and is not only for reflecting social, cultural or entertainment value. Dance/movement therapy is a vital part of the wellbeing in America. Elissa White, one of our dance/movement therapy pioneers, said "Our entire life is to advocate." As dance/movement therapists, we are also entrusted with advocating for our field through educating both the public and legislators on the true impact of dance/movement therapy. We need to continuously share our views with our supporters and the elected officials who make decisions impacting our community or organizations at the local, state and federal levels. Everyone's voice has weight and it can lead to change. We must persistently share the importance of dance/movement therapy

with others because we have experienced the healing power of dance/movement therapy and witnessed how the arts change ones' life.

BOARD REPORTS: MEMBERS-AT-LARGE



Submitted by Dawn Morningstar, BC-DMT; MaryBeth

Weinstock, BC-DMT; Pam Margules, BC-DMT

Hello ADTA members,

We are excited to share with you some of the happenings from the ADTA Board meeting in April 2019.

The Board members have been hearing many concerns from our membership and are addressing the issues very actively. We came to our meeting with a spirit of curiosity and presence. We hear you and are working on the many areas of concern and interest. As a volunteer Board, we are committed to taking on the challenge of making the ADTA a place where everyone feels like they belong. We know there is a lot of work to do and we are taking it very seriously.

Some points of business:

Please join us for the Annual Conference in sunny Miami – October 17- 20, 2019!

Registration is now open and early bird discounts end July 15, 2019. There are scholarships available through the Multicultural Diversity Committee and the American Dance Therapy Association. See the website for details or contact us.

This is a reminder to apply for your passports to attend the Conference in 2020 which will be held in Montreal, Quebec, Canada.

The ADTA has a payment plan for membership. If that is something a member needs, please contact Renee in the office at info@adta.org to set that up.

Membership fees have been adjusted to the following:

- Professional/Associate members: \$75.00
- Retired members: \$65.00
- Student members: \$37.50

The Marian Chace Foundation (MCF) is the tax-deductible arm of the ADTA. The MCF offers grants for Giving Tuesday for ADTA members to do work with a selected population. This year's Giving Tuesday theme was Outreach to Youth: Empowering Potential with Sara Van Koningsveld providing DMT services.

Any ADTA member can apply for financial support of various amounts for other projects of interest through the MCF. If you are working on or have a special project that you would like to start and need funding, consider applying to the MCF.

The MCF, along with the ADTA, will sponsor the reception for the Research Poster Session, which will happen immediately following the Marian Chace Foundation Lecture.

As a reminder, poster session applications will be accepted through July 1. Contact the Research and Practice Committee for more information.

Please reach out to us for questions or concerns.

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BOARD REPORT: MULTICULTURAL & DIVERSITY COMMITTEE



Submitted by Charne Furcron, BC-DMT

In April 2019, Carmen Marshall, a Diversity Consultant, presented the 'History Power of Privilege in America' at the ADTA Board meeting. It appeared that she opened the eyes of the ADTA leadership regarding the work and education that is needed to help the ADTA to become a more diverse, culturally sensitive, and inclusive organization.

White privilege represents the societal advantages that were created during the early establishment of the United States of America, which benefits white people over non-dominant people in society (Collins, 2018). Because of white privilege, non-dominant people experience discrimination in housing and employment, as well as access to health care and education (McIntosh, 2003). So, if you have not experienced or have not been subjected to oppression, including but not limited to racism, sexism, heterosexism, ableism, classism, and ageism, you are undereducated and unconscious of the overt and covert harm caused by oppression.

Beyond our own discomfort and resistance, we must look at how the challenges of white privilege are integrated into our decision-making processes, organizational structures, and hierarchy (McIntosh, 2003). Moreover, it is important to acknowledge how it has been intertwined in our personal and professional lives so that what some would identify as privilege others would say is just the way things are (McIntosh, 2003). Consequently, we must act with more cultural reciprocity which is the process of becoming aware and understanding how our own personal and professional values are expressed so that we can explain them to our culturally diverse colleagues and clients who might not share the same views (Kalyanpur & Harry, 2012). As we become sensitive to our own cultural values, we can also become more aware that our beliefs about what is "right" may not be universally shared (Kalyanpur & Harry, 2012). Identifying our values and dissimilar values allows us to better understand cultural diversity and, it also allows others to better understand our differences (Kalyanpur & Harry, 2012).

It is vital to acknowledge the presence of white privilege within the ADTA and the need to become more culturally sensitive by objectively dissecting and assessing our own beliefs about the world and others with a higher level of awareness. I hope that the entire ADTA look at the racial and cultural differences that keep us from being authentic with each other and activate the responsibility of everyone to intentionally develop genuine and meaningful dialogue and relationships, which in turn, will positively impact our clients.

White Supremacy (Overt & Covert)



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BOARD REPORT: PUBLIC RELATIONS



Submitted by Angie Yemma, BC-DMT

publicrelations@adta.org

Greetings, Dance/Movement Therapy Community,

The PR Committee has been busy promoting Giving Tuesday Grant Applications, Sexual Assault Awareness, Autism Awareness, Mental Health Awareness, Military Appreciation and ADTA 54! We have many upcoming campaigns to support, so join the discussion on our Social Media outlets!

June: PTSD Awareness Month, World Refugee Day–June 29

July: World Day Against Trafficking in Persons Day–July 30

August: Women's Equality Day–August 26

Our social media accounts continue to grow! Here is the data from January-April 2019!

Facebook Page: +352 followers

Instagram: +168 followers

YouTube: +364 subscribers

YouTube: +24,403 views!!!!

Upcoming Events include our Facebook live! Have you been watching? Future dates include Danielle Fitzpatrick, Committee on Approval on June 23; Angelique Yemma, Public Relations on July 28 and Jessica Young, Education on August 25!

JOIN THE PR COMMITTEE!!!

Your input and skills are needed! To continue to provide the best content, the most consistent engagement and to grow as an organization, the PR Committee seeks your help. Read below for some areas where you may be able to provide as little as 10-minutes or as much as time as you would like to volunteer.

- Are you on social media daily? Do you like to read and/or share articles or images? Consider joining the New Media team.
- Information collection (identify and resource articles, videos, images, etc. To be shared)
- Information sharing (participating in the posting of all collected information, commenting and engaging with the ADTA community)
- With as little as 1-hour per week, you can help us grow our social media influence and spread the word about the ADTA and DMT.
- Does graphic design and imagery, publicity and advertising and/or advocacy and education interest you?
- Focusing on: advocacy, education, marketing, press, imagery/graphics, et al., this team really gets hands-on with all aspects of PR
- Do not need any prior experience but do need a passion for thinking outside-of-the-box and truly being a team player.
- With as little as 1-hour per week, you can help market and promote the ADTA, DMT and especially our Conference, through developing the media and engaging the community directly through your creativity.

If any of the volunteer opportunities above interest you, please do contact me at publicrelations@adta.org! Thank you for taking the time to read all about what we are up to in Public Relations. Without you, we would not have the presence or influence we have in our fast-paced and advancing digital world. Please feel free to contact me at any time with your PR questions, comments, feedback and ideas or if you would like to connect (publicrelations@adta.org). You can also find me on social media (search: AngieYemma07).

BOARD REPORTS: STANDARDS & ETHICS COMMITTEE



Submitted by Joan Wittig BC-DMT

Happy Spring from the Standards & Ethics Committee: Joan Wittig (chair), Akiko Nishida, Angela Grayson, Aisha Bell, Stefanie Belnavis, Rosey Puloka and Candy Lo.

In our last Newsletter, we raised questions about what our responsibilities are relating to diversity and humility. In a more general sense, we asked, “What does our Code say? How do ethical issues arise? How can S&E support application of our ethical principles in practice?” As noted in previous newsletters, we agree that our Code of Ethics is clear and comprehensive, at least on paper. But anecdotally, we all hear stories of clinical situations where the Code is not actually being put into practice. So, we continue to examine the question of how we can assist members in rigorous examination of their clinical practice as regards application of the ADTA Code of Ethics. How can we support scrutiny on a case by case basis? How can we help you to increase your commitment to working within the ethical principles that have been established and laid out in our Code of Ethics?

We envision our Committee as a place where all members can come to discuss, explore and question ethical practice of DMT. In service of this vision, we are engaged in several projects to invite participation in such discourse.

First, we are creating a flow chart, that will assist members in assessing whether an ethical breach has occurred. When completed, the chart will be posted on the ADTA website in the S&E section. This will serve as a guide – when a member feels an ethical event has occurred, they can use the flow chart to determine whether there has been a breach or not and whether they wish to take action to report the event, either informally or formally. Second, we are revisiting the current procedures for filing both informal and formal complaints. Through engaging in review of past events, S&E has come to the conclusion that the procedures might be more useful if they were clearer and more comprehensive. As such, we are in the process of viewing the procedures to identify areas in need of change.

Third, or perhaps first, we are in the process of defining the values we employ in assessing ethical breaches. We view our Committee as a resource for all members, those who might have engaged in ethical breaches and those who have observed them. As such, it is important for members to understand our perspective in reviewing complaints, as well as what we wish to accomplish in addressing complaints, both informal and formal.

As always, our members are our best resource in examining all our questions. Please feel free to contact us with your thoughts and questions about ethics. We are listening. You can email us at ethics@adta.org.

2019 ADTA ELECTION RESULTS

For this election, 1,174 ballots were sent to Professional and Retired ADTA Members. Of the ballots distributed, 335 ballots were returned; 28% of those sent ballots voted.

Chairperson – Secretary

Ambria Cunningham

Chairperson – Treasurer

Jacelyn Biondo

Chairperson – Government Affairs Committee

Kristin Pollock

Chairperson – Standards & Ethics Committee

Joan Wittig

Member-at-Large, Central

Pam Margules

Member-at-Large, Western

Marybeth Weinstock

Nominating Committee – Central

Shannon Suffoletto

Nominating Committee – Western

Lisa Manca

By-Law Votes

- #1 – Article XIII Nominating Committee, Section I – Yes
- #2 – Article XIII Nominating Committee, Section II – Yes
- #3 – Article XI Education Committee, Section III – Yes
- #4 – Article VII Membership, Section V – Yes
- #5 – Article XV Committee on Approval, Section I – Yes
- #6 – Article XV Committee on Approval, Section II – Yes
- #7 – Article XV Committee on Approval, Section III – Yes

CONFERENCE MANAGER REPORT



Submitted by Gloria Farrow

2019 American Dance Therapy Association 54th Annual Conference

Building Connections: Dance/Movement Therapy in our Diverse World

October 17-20, 2019 Miami, Florida

Join ADTA for our 54th Annual Conference, a full three and a half days of over 50 seminars, presentations, panels and lectures. A full day of pre-conference intensives precedes the official start of the Conference on Thursday with 75-minute seminars. Plan to arrive early to take advantage of the pre-conference opportunities on Thursday. Join us for the start of the Conference on Thursday at 5:00 pm. Stay through Sunday afternoon when we come together for our closing ceremony, welcome new R-DMTs and BC-DMTs and complete the celebration of our 54th ADTA Conference experience led by Marylee Hardenbergh.

Conference Highlights

- This year, we are proud to offer two tracks – Children and Adolescent's & Trauma and Neuroscience. When registering for a track, please be sure to choose the seminars associated with that specific track. They will be noted in the seminar title.
- Marian Chace Foundation of ADTA Lecture with Dr. Nana Koch.
- Research Poster Session – Come and appreciate the wonderful research while enjoying light refreshments sponsored by ADTA and the Marian Chace Foundation of the ADTA.
- Keynote – A movement experience focused on diversity, equity and inclusion followed by a Q&A moderated by a professional third-party facilitator.
- International Panel: *Research in Dance/Movement Therapy: Diverse Global Approaches* with panelists Tal Shafir, Israel; Kyung Soon Ko, Korea; Vicki Karkou, United Kingdom; Robyn Flaum Cruz, United States and Rebecca Barnstaple, Canada.
- What would it be without the ultimate dance party of the year? Music by The Culture Live Band.
- Great opportunity to explore Miami and surrounding areas
- Day of Service

FAQs:

Where do I find information about seminars, intensives, presenters' bios, plenary events and more?

Go to <http://056.c09.myftpupload.com/2019-conference/>

What's the refund policy?

Refund policy: \$75 administration cancellation fee. Absolutely no refunds made after September 1, 2019 or for no shows.

What should I bring to the event?

Hotel meeting rooms are often kept at low temperatures. Please plan to pack and dress accordingly to ensure comfort throughout the conference.

How do I make my hotel reservations?

<https://www.hyatt.com/en-US/group-booking/MIARM/G-ADTA>

Remember the conference rate is good for three days prior and three days after the end of the Conference if you wish to come early or stay later to explore Miami.

What are my transportation/parking options for getting to and from the event?

Miami International Airport – 7.6 miles/16 minutes

Use the Miami International Airport Taxi or Super Shuttle. There is a fee to park at the hotel.

Valet parking: day use, drive ins only \$20/day; overnight \$40.61

Self-parking: day use only \$10/day; overnight \$22

What Continuing Education will I earn?

BC-DMTs and R-DMTs earn ADTA Continuing Education Credits.

NCCs earn NBCC CE hours.

New York LCATs earn NY LCAT CPE hour

Can I take pictures and/or record Conference happenings?

Please see the [Social Media & Live Streaming Policy](#).

How do I register for the Conference?

[Register for the Conference](#)

Early bird registration deadline is July 15th!

When registering for the Conference, if choosing the Member Rate, this indicates that you are a current member and will be a current member at the time of the Conference. If your membership is not current at the time of the Conference, you will either need to renew your membership or pay the difference for the non-member rate.

Continue to access the website for all Conference updates.

FROM THE OFFICE



Submitted by Renee Wolfe, Tara Schlosser and Amber Falls

Membership

Don't forget to renew your ADTA membership and enjoy the benefits which include:

1. Discounts on annual Conference registration
2. Discounts on webinar registration and at the ADTA online store
3. Four member-only newsletters a year to keep you up-to-date
4. Two issues a year of the American Journal of Dance Therapy

Membership renewal is due June 30th.

Webinars

Need continuing education? Our Spring Webinar series is wrapping up but will be available on demand in the near future. Earn ADTA or NBCC continuing education credits.

Digest

Have you seen the new ADTA Digest? We hope you like it! We kicked off the bi-weekly digest in order to cut down on the amount of e-blasts being sent your way. A bi-weekly digest helps us get more information to you in a more organized fashion.

Get Involved

The ADTA would love your help! Our organization runs with the support of volunteers and our committees need you. Help further the organization and DMT by getting involved in the ADTA.

Conference

Miami will be Gloria's last conference! Registration is now open. Come and help us give her the best farewell dance party ever!

CHAPTER REPORT: CALIFORNIA

The California Chapter for American Dance Therapy (CCADTA) had a full-day event on Sunday June 2, 2019 in Berkeley CA. We accepted 35 to 40 participants. This event offered our community the opportunity to come together celebrate, network and learn what is happening in our loved field and where growth needs to happen. It was also a fabulous way to earn valued continuing education units in a fun, safe, open and learning environment.

We are so very excited that Tina Stromsted, BC-DMT, facilitated a 4 ¼ hours workshop titled **Soul's Body: The Dance of Three**.

This workshop focused on *The Dance of Three*, a further application of Authentic Movement developed by Jungian analyst Marion Woodman and her team. A form of embodied active imagination, the practice involves a mover/client, a mirror/therapist, and a container/supervisor who explore the dynamics of their relationships. Working in groups of three, each participant has an opportunity to move, witness, contain and reflect on his/her embodied experience. The triad supports the regenerative effects of natural movement and empathic response.

The Dance of Three explores the nonverbal underpinnings of psychotherapy through direct experience of bodily-felt sensations, imagination, emotions and empathic witnessing practice in a safe, embodied, and relational way. This simple yet powerful meditative and therapeutic approach bridges body, psyche and spirit through expressive movement and reflective witnessing. Participants can deepen their ability to be present with oneself and with another in a more vital, increasingly conscious relationship. The practice invites a level of perception of self and other that can evoke deep respect and empathy.

With roots in Jung's Depth Psychology, *The Dance of Three* allows participants to gain an appreciation of how creativity through natural movement enhances self-awareness, access to the play of the imagination in the body, empathic response, attuned communication and the blooming of soul's body.

The CCADTA is in the process of developing an education committee with the vision of helping to create a **“one stop shop”** Dance/Movement Therapy program in California. This committee is up and coming, so more exciting news to come!!!

CHAPTER REPORT: CAROLINA

The Carolina Chapter held its April workshop, “Cultivating Cultural Curiosity,” with eight participants. During the session, facilitators made use of dance/movement therapy tools including authentic movement and physical storytelling to explore cultural identities.

The Chapter held its annual meeting following the workshop and elected officers. Carolina Chapter officers for the next biennium are:

President – Virginia Hill

Vice-President – Rayni Collins

Secretary/Treasurer – Kyla Koontz

Lastly, the Chapter is in the process of surveying its members to help identify member concerns. Data collection will end on May 31.

CHAPTER REPORT: NEW YORK

Submitted by Alexa Palmer, BC-DMT

www.nysadta.org

Recent Events:

NYSADTA danced down Broadway in NYC's 13th Annual Dance Parade, advocating for DMT the best way we know how. Moving with bystanders, promoting our work and providing free NYSADTA swag, DMT got some recognition and even some shout outs!

We are promoting our free online monthly peer supervision group. Look out for emails with the link and hop on the call to support and connect with other DMTs in the field.

We welcome any members from any state!

Upcoming Events:

On June 9th, NYSADTA will be hosting a graduation celebration for recent graduates which will also be open to current students in the field of DMT. We will have a movement ceremony facilitated by seasoned DMTs, a chapter meeting and a space for networking.

ALL STUDENTS AND NEW GRADUATES WILL BE REIMBURSED FOR TRANSPORTATION. For more information please email: Nysadtapresident@gmail.com

Events in Progress:

NYSADTA is also in the process of planning future workshops, networking and fundraising events leading up to our 2nd annual holiday party this December.

Membership Engagement:

Want to present a workshop? Be on the NYSADTA Board? Please contact Nysadtapresident@gmail.com

We hope to see you soon!

CHAPTER REPORT: PENNSYLVANIA

As Spring becomes Summer, we are eagerly anticipating Drexel University's Research Colloquium. This is an opportunity to listen to newly conducted research from Drexel Dance/Movement Therapy and Counseling M.A. graduates and Creative Arts Therapies PhD candidates. This event is being co-hosted by the PA and NJ Chapters of the ADTA alongside Drexel University. We hope you will join us in celebrating their advancements in the field on Thursday, June 13 at 6 pm. As always, there will a reception following the research presentations with hors d'oeuvres and wine to toast the students as they transition into the professional field as Dance/Movement Therapists.

There are many events being planned that we cannot wait to share with you in the coming months! Stay tuned and check out our website for updates at www.paadta.com.

CHAPTER REPORT: WASHINGTON

Submitted by Lauren Harrison, R-DMT

News from Washington State:

We've revised and adopted new bylaws.

We launched our new website, designed by Co-Director Nadia Rachel: <https://waadtachapter.wixsite.com/hom>

The Washington State Chapter of the American Dance Therapy Association (WAADTA) is proud to sponsor The Aspiring Dance/Movement Therapist Scholarship Fund for DMTs in Washington State who show promise, passion and potential. Scholarship(s) will be awarded in the amount of \$250.00-\$500.00.

VOLUNTARY CONTRIBUTIONS

Thank you for your voluntary contributions to the ADTA between March 1 and May 31, 2019:

Up to \$25

- Cynthia Berrol
- Sharon Chaiklin
- Danielle Fitzpatrick
- Mary Gordon
- Marylee Hardenbergh
- Elissaveta Iordanova
- Jeanette Jacques
- Rachel Marie Kimball
- Nancy Kowalczyk
- Natasha Levitas
- Christine Linnehan
- Julie Miller
- Anne Mitcheltree
- Patricia Seymour
- Rachelle Smith-Stallman
- Jody Wager

\$26 to \$50

- Joan Berkowitz
- Bernard Ehrhardt

\$51 to \$99

- Naomi Nim

\$100 and over

- Madeleine Hackney
- Lenore Hervey
- Ryan Kennedy
- Shira Musicant
- Joan Wittig

CONFERENCE SCHOLARSHIP DONATIONS

Thank you for your voluntary contributions to the ADTA Conference Scholarship between March 1 and May 31, 2019:

- Shell Benjamin
- Sharon Chaiklin
- Bernard Ehrhardt
- Elissaveta Iordanova
- Nancy Kowalczyk
- Natasha Levitas
- Ann Lohn
- Shira Musicant
- Naomi Nim
- Ariele Riboh
- Patricia Seymour
- Rita Sutker
- Joan Wittig

MARIAN CHACE FOUNDATION



Submitted by Jane Wilson Cathcart, BC-DMT; Ann

Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT

The trustees met for their semi-annual meeting in early April. We scheduled the dates the weekend the ADTA Board of Directors met in order to have a short time to confer over projects and concerns of mutual interest. The interaction proved fruitful and served the membership well.

We have several important announcements to share as follows:

1. We are honored that Dr. Nana Sue Koch shall be the Marian Chace Foundation Lecturer at the ADTA conference in Miami in October. Dr. Koch was honored by the ADTA in 2012 for Excellence in Teaching. Her talk is titled *Reflection, Evolution and Risk Taking*. She will be introduced by Elissa Queyquep White.
2. The following received grants; Jennifer F. Tantia in order to assist with costs for a new publication on research and Nana Koch for the purpose of sub-titles in Korean and Japanese of the ADTA talks that had previously been chosen for sub-titling in Spanish and Chinese. Other proposals are pending for more information.
3. Susan Kleinman has been charged with the complex task of investigating how best to archive the Foundation documents.
4. After over 30 years as President, Sharon Chaiklin is stepping aside so that others may have the joy of being involved and bring new ideas and energy. She thanks the many who have been so supportive over the years. At the request of the trustees, she will remain involved by serving as an adviser to the ongoing work of the Foundation.
5. We are excited to announce that Jane Wilson Cathcart will be moving into the role of President, and it is with great pleasure that we inform you that Lynn Koshland has been appointed a trustee of the Marian Chace Foundation and will be assuming the role of Secretary. Ann Lohn will continue as Treasurer and Susan Kleinman in the position of Outreach.

Donations received March 1 – May 31, 2019

* = #GivingTuesday outreach

Friends (up to \$36)

- Joan Chodorow *
- Kyra Hess *
- Stacey Hurst *
- Teshia Lincoln
- Marsha P. Kalina *
- Audrey Albert King *
- Pamela Margules *
- Paul Sevett *
- Susan Shafer *
- Jeanne Tolotti-Kirkpatrick *
- Kathy Wallens *
- Elissa White – *honoring the ADTA's 53rd birthday*
- Vicky Wilder *
- Jessica Young *

Supporter (\$36 – \$99)

- Susan Cahill *
- Connor Kelly – *\$53 for 53rd birthday!*
- Rena Kornblum *
- Penny Lewis Estate
- Talia Pyatetsk *
- Ilene Serlin *
- Carin Torp *

Chace Circle (\$1,000 and up)

- Hancock Center

CONGRATULATIONS NEW R-DMTS & BC-DMTS

Congratulations to all the R-DMTs and BC-DMTs who earned the designation between March 1 and May 31, 2019
R-DMTs

- Katherine Anderson
- Nona Bowers
- Rachel Burton
- Catherine Clark
- Vanessa De Leon
- Nicole Grigonis
- Kathryn C Hochleutner
- Betsy Wilk Katz
- Nicole Liguori
- Alyssa Owens
- Noelani Rodriguez
- Tina Rasmussen Scheer
- Hjordis Seda-Carmien
- Jennifer Sterling
- Joanna Taubeneck
- Maria Torres
- NG Ka Wai
- Sarah Wiltgen
- XiaoChuan Xie

BC-DMTs

- Elizabet Abraham
- Jenna Caggiano
- Neha Christopher
- Kaitlyn Clark
- Eva Glaser
- Sara Heidbreder
- Lauren Higgins
- Erin Howe
- Melanie Johnson
- Megan Klug
- Heather MacLaren
- Michelle Merna
- Akanksha Mirsha
- Tayne Murphy
- Rosey Puloka
- Allyssa Rivera
- Kara Serasis
- Emily Toback
- Concetta Troskie
- Elizabeth Veltrie
- Margot Wodkowski

FROM THE PROFESSIONAL DMT COMMUNITY - ILENE SERLIN

Submitted by Ilene Serlin, BC-DMT

Forthcoming publication: *Integrated Care for the Traumatized*

Co-Editors Ilene Serlin, Stanley Krippner and Kirwan Rockefeller, Foreword by Charles Figley, publisher Rowman and Littlefield, on new models of Whole Person integrated care for the traumatized.

Integrated Care for the Traumatized proposes a model for the future of behavioral health by focusing on health care integration and the importance of the Whole Person Approach (WPA). This book fills a void by applying the WPA integration to the traumatized that enables the reader to learn from experienced trauma practitioners on how to assess and treat trauma as humanely and compassionately as possible. By expanding the possibilities of behavioral health by centering upon the whole person, an old idea emerges as a modern solution to over-specialized practices.

This book has four sections: Foundations, Interventions for Individuals, Interventions for Communities and Future of Integrative Care for the Traumatized. Each chapter discusses the importance of working within an integrative and WP approach, with descriptions of integrative models, research evidence and applications that are already working. These chapters can help students, families and seasoned professionals to improve upon and expand their practice with the traumatized in both the individual and community contexts.”

2019 Distinguished Humanitarian Contribution Award from the California Psychological Association Presented to Ilene Serlin, BC-DMT

Ilene Serlin was selected as the recipient of the 2019 Distinguished Humanitarian Contribution award on behalf of the California Psychological Association (CPA). This award honors a person whose volunteer and career efforts have directly and significantly improved the quality of life for a broad range and large number of persons in our society.

The presentation of this award occurred during the Opening General Session at the 2019 CPA Convention on Friday, April 5, 2019 at 8:30 am at the Hilton Long Beach, Long Beach, CA.

The CPA and the Nominations, Elections and Awards Committee extended a heartfelt thanks and appreciation to Ilene for her contribution to CPA and their congratulations on being selected for this award.

NEWSLETTER SUBMISSION GUIDELINES

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read “**ADTA Newsletter Submission**”
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter Deadlines:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

NEWSLETTER ADVERTISING INFORMATION

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Member Rates

Single – \$100

2 Issues – \$175

4 Issues – \$300

Non-Member Rates

Single – \$150

2 Issues – \$275

4 Issues – \$500