

# Spring Newsletter: Volume 53, Issue 1



## A FEW WORDS FROM THE NEWSLETTER TEAM

We hope you are loving the **\*new and improved\*** ADTA Newsletter as much as we are! This issue is jam-packed with Board and Chapter reports. Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. Send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.

## BOARD REPORT: PRESIDENT



### **Submitted by Margaret Migliorati, R-DMT**

Hello Dear ADTA Membership.

I hope this finds you experiencing and enjoying the early stirrings of Spring. Spring is a mixed bag for us New Mexicans as, along with the increased light and temperatures, come the strong Spring winds (and blowing dust!). Still, nothing is better than the smell of the earth and soil coming alive again!

The Board hit the ground running in 2019 and we have many updates to report since our last newsletter in December. I hope you take some time over the next days and weeks to read through this newsletter and update yourself on the work of the ADTA.

In this newsletter, I would like to update you on a few priority initiatives for the Board as outlined below.

#### Diversity, Equity and Inclusion (DEI)

I'd like to begin by reiterating the Board's unequivocal commitment to ongoing meaningful conversations regarding equity and inclusion within the ADTA. Since the Fall Conference, the Board has undertaken several steps to continue this important work, and I will highlight two important actions here.

First was the convening of a task force to evaluate all Conference feedback in relation to DEI. The task force recently provided the Board with their summary of priorities and action steps based on the feedback. The Board will be discussing their report, along with other sources of data, at length during our upcoming in-person meeting with the goal of developing and sharing an action plan. I would like to publicly acknowledge and thank the task force members for their generosity and commitment to making the ADTA a better place for all: Stefanie Belnavis, Robyn Cruz, Melody Gamba, Kris Larsen, Ariele Riboh and Elissa White.

Second, the Board is working with the Multicultural and Diversity Committee to draft an official Inclusion Statement for the ADTA with a plan to elicit member feedback on the statement before finalization.

These two items: the action plan and the Inclusion Statement will be the North Star by which we will proceed with this critical work and by which we all will be held accountable.

#### Continuing Education Programming

At the Fall Board meeting and in the Winter newsletter I spoke of the Board's plan to diversify and increase revenue streams to enable the ADTA to better meet our strategic initiatives. As part of this plan, the Board approved the hiring of a part-time Continuing Education Manager who will be tasked with growing ADTA-developed CE programming. We believe that continuing education is an under tapped source of revenue for the ADTA. I am excited to report that by the time you get this newsletter, we will be in the hiring process for this critical position. Our goal is to have new and innovative CE programming starting under this new position by the Fall.

#### And some other random updates

- Don't forget that the Board comes to you live once a month during our Facebook Live with the ADTA Board of Directors broadcast. In general, the broadcast takes place on the 4th Sunday of the month at 6 pm ET through the official ADTA Facebook page. The broadcast is also recorded and loaded on the Facebook page for later viewing. Be on the lookout for announcements of upcoming broadcasts.
- Did you know I write a weekly message on Facebook with various Board updates (and sometimes sharing whatever is on my mind!)? If you are not on Facebook, we are now also posting links to the messages on the ADTA home page.
- Exciting news! The ADTA is working on an email digest of news as a way to update you on all that is happening in one place. You should be seeing our prototype sometime this Spring. Finally, the Board will be conducting our biannual in-person meeting in early April and will look forward to updating you on our work throughout the summer and, hopefully, dancing with you in Miami in October!

Respectfully submitted,

Margaret Migliorati

#### BOARD REPORT: PRESIDENT-ELECT



#### **Submitted by Paul Sevett, BC-DMT**

#### **2019 Conference: Building Connections: Dance/Movement Therapy in Our Diverse World**

It may seem early to be talking about the 2019 Conference but we are in the midst of planning and forming our time together in Miami. The local committee is in full force creating an opening ceremony, coordinating sites for the Day of Service and putting together a database of schools, universities and mental health sites for us to market/advertise the Conference. I have such great appreciation for their hard work and dedication. At this writing, proposals are being reviewed so we can offer another slate of awesome, informative professional workshops. The Intensives held on the Thursday before the Conference opening are stellar and bring powerful presenters providing an immersive experience in Dance/Movement Therapy practice. And don't forget you have the opportunity to concentrate your Conference experience by choosing one of three tracks so that you may attend workshops on one population throughout the whole Conference. This year the tracks are 1. Children and Adolescents, 2. Substance Abuse and Addiction and 3. Neuroscience and Trauma. Additionally, a thread running throughout the Conference will adhere to our theme of a diverse world so look for those workshops addressing multiculturalism, social justice, inclusion and diversity.

We are responding to past participants' feedback and have instituted several new policies aimed at making sure the Conference will be a safe environment for all participants.

1. We fell short on meeting the needs of participants with disabilities and we are making sure that this year we will be meeting all ADA requirements and complying with this law. We regret our shortfall last year and won't let that happen again. If you have any special needs for attending and getting the most out of the Conference, please let us know as far ahead of time as you can so we can make the appropriate accommodations.
2. We are doing everything we can to accommodate diet and other food restrictions. We will work with the hotel to try and make a variety of food options available to meet people's needs.
3. Several people brought to our attention the use of touch in the experiential sections of workshops and that this felt unsafe to them. This year all presentations will list the use of touch in their workshop description and presenters will remind participants that they can opt out of any touch experience during the workshop.

4. The ADTA hires a professional photographer to document the Conference. In registering for the Conference, each participant is agreeing to being photographed. However, there are some workshops where it feels intrusive and invasive to have a photographer taking pictures. Each workshop leader and the participants will decide at the beginning of the workshop if they do not want photos taken and a sign will be posted on the door so the photographer knows not to enter.
5. We have also received much feedback about Conference attendees recording events, workshops, etc on their cell phones be that either voice, video, photos or live streaming. We have created a Social Media Policy that all Conference attendees will be made aware of outlining how and when such recordings are and are not allowed. Thanks in advance for your understanding and for following these new guidelines. All of this is designed to make your Conference experience a highlight of your Dance/Movement Therapy year. I look forward to seeing you in Miami on October 17 – 20, 2019. Thanks for everything you do for your clients, your own self-care and for bringing the power of the movement experience to our world so sorely in need of loving embodied connection. You are the best!

### BOARD REPORT: TREASURER



**Submitted by Vicky Wilder, BC-DMT**

*ADTA Membership Dues:* Thank you for your ongoing support of the profession of dance/movement therapy. I want you to be aware of some changes in our membership fee structure, starting with the new membership year on July 1, 2019.

Since 2010, membership fees have been the same across membership categories (professional, associate, student and retired). After much discussion and feedback from our membership, the Board has voted to **substantially reduce student fees to half the professional fee**, with the recognition that engaged students are the future of our profession. We will also be providing a **small reduction to the retired fee** as a way to honor the lifelong contributions of our retired members.

Currently, \$18 of your yearly membership fee pays for the hard copies of the AJDT mailed twice a year. Which means that for a little over \$1.00 a week, you enable the ADTA to keep the profession of dance/movement therapy alive and growing!

*#GivingTuesday project:* The mission is to provide dance/movement therapy to underserved populations, to increase opportunities for ADTA members and to educate the public.

The 2018-19 project *Outreach to Marginalized Youth: Empowering Potential* will be conducted by Sara R. van Koningsveld in the Los Angeles area. Congratulations Sara!

- NOVEMBER 27 was #GIVINGTUESDAY...and we received \$1000 on this day!
- YOU can celebrate ADTA's birthday by donating on our 53rd birthday...March 25!
- Your tax-deductible donations for the #GT projects via the Marian Chace Foundation will help sustain this mission.

- Watch the website in April for the announcement of the next #GT focus and application deadline.

WE thank the Marian Chace Foundation 501(c)3 for continuing to support this project by serving as the fiscal agent! Thank you to the Budget and Finance Committee for their guidance and assistance:

Jacelyn Biondo, Corinne Ott, Liz Hagerman

*The ADTA is a 501(c)6 organization. Contributions to a 501(c)6 are not tax deductible as charitable contributions. However, for fiscal year 2018-19 100% of ADTA dues, chapter dues, and credential dues are deductible as an ordinary and necessary business expense. Consult your tax advisor for your situation.*

### BOARD REPORT: COMMITTEE ON APPROVAL

**Submitted by Danielle Fitzpatrick, BC-DMT**

I would like to introduce myself as the new Chair of the Committee on Approval (COA). I am excited and honored to be able to serve the ADTA in this meaningful way and to give back to this organization and field that have given so much to me. It has been personally and professionally rewarding to serve on the COA as the Representative for Antioch University, and I look forward to this next chapter in my involvement with the committee.

I want to extend my deepest gratitude to Anne Margrethe Melsom for her prior leadership of the committee, for gracefully shepherding us through this period of transition as we thoughtfully prepare for future regulatory compliance with the new education standards and for her unwavering support as I move into my role as incoming

Chair. Anne Margrethe infused her leadership with tremendous warmth and passion which helped the committee members stay grounded, focused and prepared for the fresh, exciting changes ahead. We are so thankful for Anne Margrethe's outstanding work on the committee and wish her all the best.

I am also grateful for the dedicated support of the other esteemed members of the COA: Wendy Allen (Naropa), Valerie Blanc (Lesley), Michelle Joubert (Supervisor), Ted Ehrhardt (Pratt), Susan Orkand (Sarah Lawrence), Kim Rothwell (Columbia) and Elizabeth McNamara (Drexel). We are so pleased to welcome Elizabeth to the committee as the new Drexel representative. Her experience on the ADTA Standards Revision Task Force as well as her breadth of knowledge in the field of dance/movement therapy education and practice make her a wonderful addition to this committee.

The COA is currently seeking a public member to be a representative from outside of the ADTA. We are interested in using this appointment as an opportunity to find a candidate from an allied field or with extensive experience in education who would increase diverse representation on the committee and speak on behalf of under-represented or marginalized voices. Recommendations should be sent to the Chair of the committee at [approval@adta.org](mailto:approval@adta.org).

#### *Committee on Approval Business:*

- The committee is pleased to report that the Graduate Dance/Movement Therapy Program within the Creative Arts Therapy Department at Pratt Institute is re-approved through 2023. We congratulate them on their unwavering commitment to providing quality dance/movement therapy education.
- We pause to reflect on the discontinuation of the ADTA-approved program in Dance/Movement Therapy & Counseling in the School of Graduate Studies, Columbia College. The COA would like to recognize Susan Imus and her faculty on their dedication to educational excellence and to reassure them that their legacy lives on in the dedicated, passionate alumni who are making an impact on the field.
- Annual maintenance reports have been requested from the approved programs and are due at the end of the month. To support programs with the task of moving towards new standards, all approved programs are expected to provide a written assessment of their plans and progress towards compliance as part of the annual reporting process. The policies and procedures for COA governance of approved programs during the rollout period can be found on the ADTA website. The committee thanks the approved programs for their time, effort and diligence in this process.
- Board of Directors (BOD) Teleconference January 22, 2019
- Inter-board meeting (ADTA & DMTCB): This writer met with the ADTA President, ADTA Chair of Education and the Chairperson of the DMTCB in January 2019 to discuss the new Alternate Route standards revision process as well as matters that impact both boards.

The next business meeting for the COA is our Spring Meeting on April 27 & 28, 2019. We will come together at Lesley University in Cambridge, MA to review two self-studies for re-approval. Subsequently, the committee will review annual reports from all the approved programs and will continue to work on updating documents and procedures for both the COA and the Subcommittee for Approval of Alternate Route Courses (SAARC) to reflect new regulatory processes based on the revised standards. Thank you to Lesley for hosting!

#### *Revisions of Policies and Procedures for COA and SAARC:*

At its Fall meeting, the BOD approved the revision of the COA policies and procedures to incorporate the SAARC procedural guidelines. The updated policies and procedures for COA and SAARC may be found on the ADTA website.

#### **Subcommittee on Approval for Alternate Route Courses (SAARC):**

It is with great pleasure that we welcome Laurel Bridges to SAARC. Laurel's enthusiasm, expertise and international experience will be assets on the subcommittee. Laurel is replacing Dawn Lyons whose term is up. We are deeply grateful to Dawn for her dedicated service and for going above-and-beyond to serve the ADTA and our field.

As such, the SAARC Members are as follows: Susan Saenger (Chairperson), Laurel Bridges (Alternate Route Educator), Danielle Fraenkel (Alternate Route Educator) and Bernard Ehrhardt (COA representative).

#### *SAARC Business:*

Looking Ahead -Approval of Alternate Route Courses:

- - In anticipation of the ratification of new Alternate Route education standards, the COA and SAARC have been assessing potential changes to the course approval process. Upon adoption of the new standards, all NEW Alternate Route course applications will be expected to reflect the new outcome-based standards in the delivery of the course. Syllabi based on the new standards must be accompanied by educators' professional CVs. Watch for details coming soon!
  - In addition, from a regulatory perspective, all *previously* approved Alternate Route Courses will need to be re-approved by SAARC to demonstrate compliance with new standards. This re-approval process will be phased in over time.
  - Announcements are forthcoming regarding how to proceed if you are an alternate route educator with a SAARC approved course.

SAARC continues to review new applications of alternate route courses for approval. Applications and accompanying syllabi and educators' professional CV can be submitted to the Chairperson, Susan Saenger at [ssaenger@nc.rr.com](mailto:ssaenger@nc.rr.com)

The following Alternate Route Courses have recently been approved:

**Filling the Empty Space: Dance/Movement Therapy for the Treatment of Eating Disorders.** The course is taught by Tannis Hugill, MA, RCC, RDT, BC-DMT.

**Introduction to Dance Therapy II: Applying Methods with Clinical Populations (rev).** The course was submitted by Hana Kamea Kemble, MA, RCC, BC-DMT, RYT.

**Group Process in Living Dance/Living Music (rev).** This course was submitted by Danielle L. Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP.

**Dance/Movement Therapy and Trauma.** This course was submitted by Barbara Nordstrom-Loeb, LMFT, BC-DMT, SEP, CMA.

You may find a convenient calendar of all approved alternate route courses on the ADTA website.

## BOARD REPORTS: EDUCATION COMMITTEE



### **Submitted by Jessica Young, BC-DMT**

While I often like to begin my reports on a bright note, it is with a heavy heart that I share the following message from Susan Imus regarding the discontinuation of the Dance/Movement Therapy and Counseling Program at Columbia College Chicago. It is especially poignant as I am a graduate of the program as well as a current faculty member. Life has reminded me lately of how fortunate I am to have the wisdom and resilience of a dance/movement therapist, which continues to be cultivated by the extraordinary, loving, compassionate and brilliant educators of this program who serve as my mentors, colleagues, friends and family.

February 11, 2019

Dear ADTA Community,

*It is with great sadness that I write to inform you that the Columbia College Chicago administration has finally made their determination about the future of the dance/movement therapy and counseling program in the School of Graduate Studies. They have elected to not re-open admissions.*

*The current cohort of students will be taught out which means the completion of this semester of courses followed by their thesis credit(s). Students in a 60 credit MA program have 7 years from the onset of their studies to complete their degrees. Full-time faculty (Susan Imus, Jessica Young, and Laura Allen) will be offered teaching assignments elsewhere in the college, so will be available to work with the current students as they complete their thesis.*

*The original program in dance/movement therapy was developed in 1982 by Jane Ganet Sigel, one of 73-founding dance/movement therapists in our country. Susan began her tenure in the department in 1996 and became chair in 1998. Susan modernized the degree and combined it with counseling curriculum to allow students to sit for state licensure upon graduation to become licensed professional counselors (LPC) in addition to registered dance/movement therapists (R-DMT). In 2000, Susan founded along with Carol-Lynne Moore, the Graduate Laban Certificate in Movement Analysis, and in 2009, the Movement Pattern Analysis (MPA) certificate. Approximately 150 GL-CMA, 25 MPA, and over 300 MA graduates from all over the world have been educated by Susan and her team.*

*The wonderful team included and still includes (in order of date): **Margaret Mason** (Interim Chair), **Andrea Brown** (Thesis Coordinator), **Ellen Stone Belic** (LCSW and former Board of Trustees), **Kris Larsen** (Clinical Coordinator, Faculty and Community Engagement Coordinator), **Carol-Lynne Moore** (GL-CMA & MPA co-developer), **Cate Deicher** (GL-CMA Coordinator), **Lisa Goldman** (GL-CMA core faculty), **Stacey Hurst** (GL-CMA core faculty), **Lenore Hervey** (Associate Professor, Research Coordinator), **Jessica Young** (Associate Professor, Clinical Coordinator, Acting Chair, Associate Chair, Curriculum Coordinator), **Laura Downey** (Research Coordinator, Community Engagement Coordinator), **Shannon Lengerich** (Shannon Hardy Suicide Prevention Coordinator, MPA Coordinator), **Sandy Corbett** (LCPC), **Kristina Fluty** (MPA Coordinator), **Ritu Chandler** (MPA Coordinator), **Nancy Tonsy**, **Kim Rothwell**, **Laura Allen** (Assistant Professor, Clinical Coordinator), **Aisha Bell**, **Madeleine Reber** (GL-CMA core faculty), and the numerous clinical supervisors at the 300 plus community engagement sites as well as thesis advisors from the Department Thesis Committee. A lot of hard work and innovation came at the hands of our dedicated and talented staff, **Paul Holmquist** (Academic Manager) and **Bethany Brownholtz** (Assistant to the Chair, Recruitment and Marketing Coordinator). It takes a community, and what a wonderful one we had in educating our students and becoming one of the most sought out dance/movement therapy graduate programs in the U.S.!*

*Eighty-five percent of our alumni find jobs in their first-year post graduation, and ironically, 85% of our alumni surveyed from graduating classes 2008-2018 are still employed in the field. We have a huge community of devoted alumni who are making a difference and expanding education, practice, and research in dance/movement therapy. Congratulations to our students, faculty, and alumni for your continued passion and commitment to serving humanity through the arts. Thank you for all the wonderful work and play that we have shared over the past 37 years. Dance-on!*

*With appreciation,*

*Susan Imus, MA, LCPC, BC-DMT, GL-CMA  
Associate Professor, Chair (1998-2017), Director  
Dance/movement Therapy & Arts in Health programs  
Dance Department  
Columbia College Chicago*

Reflective of the cycle of life, with this ending and loss to our community comes a new beginning. It is my privilege to share that Rider University is now offering an MA in Clinical Mental Health Counseling with a Dance/Movement Therapy Concentration, which will launch in Fall 2019! For more information, see [other programs](#). In addition, there continues to be a growing number of alternate route offerings within and outside of academic institutions both nationally and internationally. For a complete listing, please visit the [Alternate Route Course Calendar](#). Heartfelt congratulations to all educators for your passionate and tireless efforts in developing programs, creating coursework and educating future generations of dance/movement therapists. Because of you, the field continues to grow and the world becomes a better place.

## **BOARD REPORT: GOVERNMENT AFFAIRS COMMITTEE**



**Submitted by Kristin Pollock, BC-DMT**

Greetings ADTA membership!

I would like to begin by introducing myself as the Interim Government Affairs Chair. I served our membership for five years as the New Jersey Government Affairs Chair and part of the NJ Licensure Task Force. For the past year, I participated on our National Government Affairs Committee. Since February of 2019, I have been transitioning into the role of National GAC. Thanks to the organization and support of our former chair, Meghan Murphy-Sanchez, this transition is going smoothly. I so look forward to serving our membership in this role and to connecting with both National and State advocacy efforts that promote the well-being of dance/movement therapists and the people we serve.

Included in the most recent business of the GAC are the upcoming Arts Advocacy (AA) Days in Washington, DC on March 3-4, 2019. The ADTA continues to partner with Americans for the Arts in preparation for this event where hundreds of advocates from around the country gather to meet with members of our US Congress to promote the Arts.

This year three of our members will attend to represent the ADTA. They will be focused on advocacy as it relates to the Creative Arts Therapies (CAT) and policies and funding resources that provide access to CAT service and CAT research with veterans, the elderly and at-risk youth.

Representing the National GAC of the ADTA at AA Days is Lea Comte, who is the current GAC of Texas and serves on our National Committee. Also, attending and representing our organization are the two AA days scholarship recipients, Jacelyn Biondo and Michelle Wan Lok Chan.

I would like to thank all of the AA Days Scholarship applicants for defining advocacy including how it applies to your personal work and expressing interest in representing the ADTA at this important event. It was so exciting to see such interest in this scholarship. I am passionate about more and more DMTs stepping into and growing through advocacy and I hope to see even more applications next year!

Moreover, I would like to congratulate our two 2019 scholarship winners Jacelyn and Michelle. Please take a moment to read about them below. Congratulations Jacelyn and Michelle! I hope you have a very rewarding trip!

All my Best,

Kristin Pollock, BC-DMT  
[governmentaffairs@adta.org](mailto:governmentaffairs@adta.org)

---

**ADTA GAC Spotlight:**

**Jacelyn Biondo, 2019 AA Day Professional Scholarship Winner**

## **Michelle Wan Lok Chan, 2019 AA Day Student Scholarship Winner**

**Jacelyn Biondo, BC-DMT**, loves exploring the psyche/soma connection, the relationship between dance/movement therapy and schizophrenia, the concept of seeing and being seen and the role of presence within each of these areas. She is currently pursuing her passion through her Doctoral work in which she is conducting research on best practice for people with acute schizophrenia.

Ms. Biondo's research, clinical work and life experiences have piqued her interest in the concepts of community, intimacy and belonging. She has most recently been inspired by travels to the European Conference for Qualitative Inquiry where she presented on arts-based research. While there, she also spent time in a Shepherd's Hut playing with hand-crafted wooden trinkets and looking through images while daydreaming and engaging in lovely conversation with the space facilitator.

Ms. Biondo works as a dance/movement therapist at Penn Medicine Princeton House Behavioral Health where she facilitates dance/movement therapy sessions with involuntarily committed adults and provides clinical supervision for Practicum and Internship Students. She sits on the Board of the Pennsylvania Chapter of the American Dance Therapy Association (ADTA) as Program Coordinator, on the National Board of the ADTA as the Nominations Chairperson and on the ADTA National Treasury Sub-committee.

Ms. Biondo graduated with her Bachelor of Fine Arts from California Institute of the Arts with a dual major in dance and photography, her Master of Arts from Drexel University in Dance/Movement Therapy and is currently a PhD Candidate in Creative Arts in Therapy at Drexel University. She guest lectures both nationally and internationally on dance/movement therapy, de-escalation and violence prevention and artistic inquiry and Arts-Based Research. Her future will most certainly include dancing with people with schizophrenia, conducting research, traveling, learning, eating delicious food and advocating for art, arts therapies, equality and a kinder humanity.

**Michelle Wan Lok Chan** is a performer, educator, choreographer and currently a second year dance/movement therapy student at Pratt Institute in New York City. She was born and raised in Hong Kong and graduated from the Hong Kong Academy for Performing Arts. She has also completed Inspirees Professional Dance Therapy Core Training Program. Since graduation she has had the great pleasure of working with various populations with diverse cultural backgrounds and abilities in the community through multidisciplinary arts.

In her dance/movement therapy training in New York, Michelle was inspired by Elissa White, a pioneer in dance/movement therapy, who said "Our entire life is to advocate."

From Michelle's learning experience working with incarcerated men with mental illness in her current internship in New York, she realized how insufficient and broken our communities, politics and the system are. Segregation, stigmatization and racism dehumanize people and tear our world apart. Michelle believes dance/movement therapists are entrusted with the responsibility to advocate for this field and to encourage their clients to find their voices. The process that dance/movement therapy takes place privately can be transformed in a visible way in order to raise awareness and let the public know what dance/movement therapy is and how it relates to personal, social and policy changes.

Michelle aspires to be a dance/movement therapist who has a zeal for social justice for the sake of a better community. She also wants to use her roles as performer, choreographer and educator to share openly with others about the work of dance/movement therapy. In Michelle's vision, she hopes to bring her experiences in the US to her hometown in order to promote the ideas of arts advocacy in Hong Kong and China, so that advocacy in dance/movement therapy can happen internationally and create worldwide changes. When one person is awakened, change occurs.

## **BOARD REPORTS: MEMBERS-AT-LARGE**



**Submitted by Dawn Morningstar, BC-DMT; MaryBeth**

## **Weinstock, BC-DMT; Pam Margules, BC-DMT**

Hello all ADTA members,

In response to our desire as a community to be more culturally aware both as dance/movement therapists and as an organization, the Multicultural Diversity Committee is working on guidelines to have a Chapter or Regional representative for each area of the country. More news on this as it unfolds.

We want to welcome our new secretary, Ambria Cunningham and our new Government Affairs Chair, Kristin Pollock. We are excited to have them on the board.

The Fall ADTA Conference will be in Miami from October 17-20, 2019. Get your tickets and fly to warm Miami.

We would also like to remind our members to obtain or update your passport this year. Our 2020 conference will be in Montreal, Quebec, Canada. The dates are October 15-18, 2020. We look forward to having this international conference and partnering with the Dance Movement Therapy Association, Canada!

Reminder: To make dues more accessible, the ADTA offers payment plans for membership and dues. Please reach out to the office at [info@adta.org](mailto:info@adta.org) for information.

Facebook live meetings monthly are on Sundays with Board President Margaret Migliorati. Please like us on Facebook and join the conversation!

Connect or reach out to your local or regional chapter, there are many exciting and informative events happening around the country. Members can join more than one chapter and, if you are unsure which chapter is closest to you, reach out to us and we will connect you.

We wish you all a warm break from the cold and a Happy Springtime!

The MALs have new emails: (Dawn) [EASTERNMAL@adta.org](mailto:EASTERNMAL@adta.org), (Pam) [CENTRALMAL@adta.org](mailto:CENTRALMAL@adta.org) and (Marybeth) [WESTERNMAL@adta.org](mailto:WESTERNMAL@adta.org). Please reach any of us there for all ADTA matters or to get connected to your local.

## **BOARD REPORT: MULTICULTURAL & DIVERSITY COMMITTEE**



**Submitted by Charne Furcron, BC-DMT**

### **The Value of Diversity and Multiculturalism**

As the ADTA continues to evolve into a more culturally conscious and ethnically diverse entity, we must celebrate and respect our differences by envisioning how our organization can change to embrace change. By honoring and encouraging multiculturalism, people can learn to be more empathic toward one another and more at ease with being themselves. As a corollary result, people do not feel like they need to sacrifice a part of their identity as a prerequisite to “fitting in” and being accepted.

To appreciate and celebrate the inherent value multiculturalism can offer, we must objectively dissect and assess our beliefs, opinions and prejudices. In this regard, we can start the process of discovering the uniqueness of how other people see the world, how their values, traditions, customs and philosophies differ or align with what we believe and embrace. Just imagine the possibilities, i.e., enriched interpersonal engagement and goal-specific dialogue. As we strive to create an organizational environment conducive to promoting, exploring and valuing ethnic diversity, we can do so by transforming our organization mindset to achieve and maximize our mission potential, which, in turn, will better serve our clients.

Are you up for the challenge?

### **Submitted Anonymously**

#### **What is a Theoretical Framework for a Student of Color? One Student’s Perspective**

As a dance/movement therapy student of color, the scope of my therapeutic identity has become one thoroughly integrated into the multiplicity that I feel accentuates the diverse nature of the individual. At the root of its core, my theoretical framework is reflective of African Diasporic and Indigenous healing systems concerning the meaning of human function and its role within nature and the universe (Grills, 2006). This framework has been codified to function within the structure of dance/movement therapy (DMT) as defined by the American Dance Therapy Association. The systemized practice of DMT utilizes rituals that are found in traditional healing systems passed through generations of vernacular and social dance structures and used in marginalized communities where I learned this work experientially through elders and peers in my community. As a translation of my ancestral/generational lineage and experience, the codified version and structure is the best way I can describe the colloquial and historical work experience that I present as part of my theoretical framework.

The sacredness of the circle formation that creates a container for which the work is held can be seen throughout history. Affectionately named the “Chacian circle”, DMT also utilizes the circle formation and incorporates techniques such as visualization, mirroring and projection as reimagined by Marian Chace (Levy, 2005). These techniques are part of my theoretical framework and are further elaborated on through my particular area of research in cultural identity. I believe dance and movement have two stories, the story that the mover is communicating, consciously or subconsciously, and one the observer is witnessing and interpreting according to their perception and experiences. Bradley (2009) states, “Every little meaning does not have meaning of its own, but every little movement means something to the mover, and therefore resonates (or does not resonate) for the



audience of the mover” (p. 88). It is essential as therapists that we become more familiar with the mover’s cultural perspective and reflect that in therapy and research practices.

The field of Dance/Movement Therapy from the 1970s-1990s was a predominantly white European organization (Chang, 2016). As a result, I am left with limited options that reflect diversity in the area of assessments. While new developing material exists, the foundational tools for assessing clientele in DMT education are mostly Laban Movement Analysis and The Kestenberg Movement Profile (KMP). Though LMA is used to describe the bodily connection, quality, feeling of the movement, shape of the body and space as it relates to the kinesphere; there are a lot of missing elements, projections and premature interpretation that hinder me from using LMA as an inclusive assessment tool cross-culturally. Research about Rudolph Laban suggests that he had minimal considerations for his work to be utilized cross-culturally. Furthermore, it is noted that he was a willing participant with the Nazis as Germany’s dance master and became one of a number of individuals given refuge by Hitler in the arts and educational community during that era (Dickson, 2016). Moreover, Bradley (2009) states, that he [Rudolph Laban] “was naively racist in a passive way, from his writing about the “Red Indian” and Negroes in America” (p.31). With minimal options, I look to the KMP. The nine categories of movement patterns, tension flow rhythms, tension flow attributes, efforts, pre-efforts and unipolar and bipolar shape flow of KMP expand on LMA by adding a developmental framework (Loman & Merman, 1996). However, the concern remains as there is a continual search for universal counseling approaches and assessment systems by those with privilege and power, and the considerations of different worldviews have been overlooked (Caldwell, 2013). There is a disproportionate lack of psychosocial research and DMT assessments that include minority participants and are relevant to minority populations. Limited studies, empirical based research and culturally sensitive interventions exist for marginalized communities.

As I construct my theoretical framework, I have made a point to become fully knowledgeable in the information that has been given to me, information that I do not feel complements my developing identity as a therapist or the populations that I seek to serve. I have learned the proper terms utilizing Laban Movement Analysis such as body, effort, shape, space and the subcategories within. I have subjected myself to a movement style that I find to be an embodiment of oppression and reflective of a white supremacist model. At times, learning and embodying this information felt like disrespect to my ancestors and my core beliefs but I persisted in acquiring the information, floating, punching, gliding, slashing, dabbing, wringing, flicking and pressing in an effort to understand this form developed by those that never have and may never take time to invest in understanding mine.

To some, these methods are a way to explore and expand on existing movement, and I understand that Laban Movement Analysis can also offer a language and tools for movement observation. I learned this information so that when I need to communicate that my client appears to be carving or shaping in what I observe as their shape flow, I can do so fully aware of how to communicate that to my future colleagues that may be more invested in LMA than I may ever be. We have a long way to go to diversify the field and so as a researcher, critical thinker and future therapist, I have a long way to go before I connect to an assessment that represents a true embodied practice.

#### References

Bradley, Karen K. *Rudolph Laban*. Routledge, 2009.

Caldwell, Christine. “Diversity Issues in Movement Observation and Assessment.” *American Journal of Dance Therapy*, vol. 35, no. 2, 2013, pp. 183–200., doi:10.1007/s10465-013-9159-9.

Chang, Meg H. “Dance/Movement Therapists of Color in the ADTA: The First 50 Years.” *American Journal of Dance Therapy*, vol. 38, no. 2, 2016, pp. 268–278., doi:10.1007/s10465-016-9238-9.

Dickson, Christine. “Dance Under the Swastika: Rudolf Von Laban’s Influence on Nazi Power.” *International Journal of Undergraduate Research and Creative Activities*, vol. 8, no. 1, 2016, doi:10.7710/2168-0620.1063.

Grills, Cheryl Tawede. 2006. African Centered Psychology: “Strategies for Psychological Survival & Wellness.” April 28th. Retrieved December 16, 2018

(<https://baatn-5D.pdf> org.wildapricot.org/resources/Documents/Cheryl%20Grills%20Powerpoint%20%5B1%20%5D.pdf)

Levy, Fran J. *Dance Movement Therapy: a Healing Art*. National Dance Association an Association of the American Alliance for Health, Physical Education, Recreation, and Dance, 2005.

Loman, Susan, and Hillary Merman. “The KMP: A Tool for Dance/Movement Therapy.” *American Journal of Dance Therapy*, vol. 18, no. 1, 1996, pp. 29–52., doi:10.1007/bf02360220.

### BOARD REPORT: PUBLIC RELATIONS

#### **Submitted by Angie Yemma, BC-DMT**

Greetings, Dance/Movement Therapy Community,

The PR committee has been busy promoting Black History Month, Eating Disorders Awareness Week, One Billion Rising and World Cancer Day. We have many upcoming campaigns to support so join the discussion on our Social Media outlets!

March: ADTA's birthday

April: Autism Awareness Month, Sexual Assault Awareness Month, National Youth Violence Prevention Week, National Dance Week

May: Mental Health Month, National Prevention Week and Military Appreciation Month/Memorial Day

Our social media accounts continue to grow! Here is the data from October-December 2018!

Facebook Page: +233 followers

Instagram: +267 followers

YouTube: +267 subscribers

YouTube: +20932 views!!!!

Upcoming Events include our Facebook Live! Have you been watching? Future dates include March 24, 2019-Vicky Wilder, Treasurer; April 28, 2019- **Kristin Pollock**; May 19, 2019-Ambria Cunningham, Secretary.

Here is an update from Lora Wilson about the ADTA Blog:

The Blog Leadership team is excited to announce that Moving Dance/Movement Therapy Forward, the official blog of the ADTA, is once again active. You may have noticed that there was a decline in posts in recent years.

Regretfully, there were a number of technical issues that arose during the migration from the old ADTA WEBSITE to the new one in 2016, which temporarily paused the use of the blog. These issues, however, are currently being addressed (and in progress) and we are able to once again publish as we simultaneously fix the design issues.

We are excited to announce that the first new project of the blog is to launch a series of interviews in collaboration with the MDC.

In the words of Editor in Chief, Ande Welling:

"We are busy getting the blog back up and running, and as such, creatively brainstorming new approaches that will breathe life into this platform as well as support/educate/inspire our larger DMT community.

The ADTA blog team is collaborating with the MDC in an on-going blog post project: Profiles of Dance/Movement Therapists: An Interview Series. The intention is to create a space featuring and representing dance/movement therapists, their work, their stories, their perspectives and all the various ways they have carved out their pathways as DMTs. Our hope is to create a series in which the diversity of our DMT community is represented. This series may be a place where dance/movement therapists who have been under-represented, or perhaps hidden/not represented in the first place, be represented, in their own words and their own voices.

Look for the first of this series to be published in coming weeks.

Thank you for taking the time to read all about what we are up to in Public Relations. -Without you, we would not have the presence or influence we have in our fast-paced and advancing digital world. Please feel free to contact me at any time with your PR questions, comments, feedback, and ideas or if you would like to connect ([publicrelations@adta.org](mailto:publicrelations@adta.org)). You can also find me on social media (search: AngieYemma07).

With gratitude and warm regards.

Angie

[publicrelations@adta.org](mailto:publicrelations@adta.org)

## **BOARD REPORT: RESEARCH & PRACTICE COMMITTEE**



**Submitted by Jennifer Tantia, PBC-DMT**

Email: [researchandpractice@adta.org](mailto:researchandpractice@adta.org)

Greetings from the Research and Practice Committee! As we jump into the new year, we celebrate Winter by hunkering down with some hot chocolate and some "work from home" maintenance of the research resources that we update for you each year. If you haven't seen them yet, we have created lists of bibliographies for you, <http://056.c09.myftpupload.com/wp-content/uploads/2016/03/Tools-for-Conducting-Research.docx.pdf> based on different populations. If you are researching a certain topic, you might take a look at the website to see if some of the references we cite might be helpful to you. Another resource that we make available for you are our Clinical Info Sheets, <http://056.c09.myftpupload.com/clinical-info-sheets/> that can be downloaded for you to print, copy and hand out at a presentation that you might be giving, whether it be an in-service for your department, or a "grand rounds" at your hospital; these clinical info sheets are available for your use. We are currently looking for a translator to translate the info sheets into Spanish, so if you or anyone you know is interested, please contact Jennifer Tantia at [researchandpractice@adta.org](mailto:researchandpractice@adta.org)

Please also note that we regularly post new research information, such as funding and publishing opportunities on the ADTA forum: <http://056.c09.myftpupload.com/forum/> If you subscribe to the research topic, you will get our announcements right in your email inbox! I just posted two opportunities to join an editorial team for new international journals that focus on DMT throughout the world! I hope you find these helpful and keep apprised as we bring new studies into our largely expanding collection! Feel free to add your own announcements there as well- it's a great place to interact with researchers and those who are "research curious"!

This year, the Research and Practice committee will be giving a workshop at the conference involving an overview of these resources and how to train your therapist's eye into one for reading and understanding research! This is an invaluable workshop for students who are struggling with the "nuts and bolts" of their thesis methods, as well as seasoned researchers who are working collaboratively with clinicians.

Lastly, for those of you who are on the brink of finishing your thesis and are considering submitting to the Research Poster Session, please note that the **deadline for your submission is June 1, 2019**. We moved it earlier so that you can take advantage of the early bird registration deadline, so please be aware of that change. To submit, please follow the Poster Session guidelines at: <http://056.c09.myftpupload.com/research-practice/>.

We hope that you find our research resources valuable and look forward to seeing you on the forum!

Kindly,

Jennifer Tantia, PhD, BC-DMT

Chair, Research and Practice

### **BOARD REPORTS: STANDARDS & ETHICS COMMITTEE**



#### **Submitted by Joan Wittig BC-DMT**

Hello from the Standards & Ethics Committee: Joan Wittig, Angela Grayson, Aisha Bell, Akiko Nishida, Rosey Puloka, Stefanie Belnavis and Candy Lo.

We have been thinking and communicating together about key adaptations that were made in our Code of Ethics when it was revised. This includes, for example, clearer guidelines for the use of touch in dance/movement therapy and how to expand our thinking about ethical practice to really embody cultural diversity and humility. We are thinking about how we might provide grounding to our membership in examining where multicultural humility exists and where it needs to be developed in our Code. What are our ethical responsibilities relating to diversity and humility? What does our Code say, how do related issues arise, how do we support application of our ethical principles for students, for teachers and for practitioners?

We are wondering in particular how best to consider seeing and addressing ethical issues from specific case presentation perspectives. We have been inviting members to examine their feelings about our Code of Ethics and now are thinking about how to support members in examining personal experience and practice.

More and more we are feeling our desire to invite international practitioners to be part of our discussion. As we become more aware and committed to diversity and meaningful application of ethics across cultures, it makes sense to us to invite our colleagues from diverse cultures around the world to be part of the continued definition of ethical practice. We invite DMT's everywhere to join us in thinking about some fundamental questions, such as why or how ethics may be relevant and important in their countries and cultures?

We encourage you to email us, to ask questions, to express concerns or just to share your thoughts and opinions about ethical practice of dance/movement therapy.

Email us at: [ethics@adta.org](mailto:ethics@adta.org)

### **OPERATIONS DIRECTOR REPORT**



#### **Submitted by Gloria Farrow**

Join us and your colleagues for the ADTA 54th Conference –*Building Connections: Dance/Movement Therapy in our Diverse World*, October 17-20, 2019 in Miami, Florida. We will discover new areas of the profession, celebrate with friends and support dance/movement therapy. Make plans to be with us!

Our conference theme blends right into our location as Miami is nicknamed “Capital of Latin America” and embraces an international culture. Dance flourishes through a unique blend of diversity and extraordinary creativity.

The Annual Conference Committee is hard at work preparing a magnificent conference for our attendees. A full day of pre-conference intensives precedes the official start of our conference. Look for our full schedule on our website, and registration will begin in early May.

### **Hotel Reservations – Hyatt Regency Miami – in the heart of Miami**

Make your hotel reservations now. Please do not wait until the last minute or the room block may be full. We can always add to the room block way in advance.

Hyatt Regency Miami

400 SE Second Avenue | Miami, Florida 33131

Book your room: <https://www.hyatt.com/en-US/group-booking/MIARM/G-ADTA>

ADTA rate of \$199 + tax / night for a single/double/triple/quad occupancy room available through September 23, 2019 or until the room block is full.

The hotel includes a 24-hour health club and an outdoor pool.

Looking for a roommate this year? For more information about room sharing, email Tara in the ADTA

Office [admin@adta.org](mailto:admin@adta.org)

See you in Miami!

### **On another note**

Have you received suspicious emails? Of course, we all have. Phishing schemes are getting more personalized and more targeted—and it's up to you to know how to deal with them when they occur.

Next time you get an email from someone, you might want to double-check that email address. A lot of phishing emails involve messages that look like they were from someone you know or a company/association with whom you are affiliated. These emails pretend they are from your boss or someone who works with you. The result leads to direct contact between the scammer and the victim—and to a potential loss of sensitive data.

A few things to keep in mind when it comes to dealing with phishing emails.

- Be careful of the information you put in an email
- Be careful what information you share online (for example: LinkedIn, Facebook, etc.)
- If someone asks to send money – never do it! Even if you think you know the person, always verify by a phone call – not another email.

### **FROM THE OFFICE**

#### **Submitted by Renee Wolfe, Tara Schlosser and Amber Falls**

The ADTA Office is here for you! Please feel free to contact us with questions, help, etc.

If you have any DMT workshops or events coming up, we would be happy to send you ADTA brochures and information sheets. Just send us a quick email with how many you need and an address of where to send them and by what date. Help spread the word about DMT!

Membership renewals are coming up soon and we want to remind everyone that we do offer a payment plan option. Give us a call in the office and we can work with you to get one set up.

It's a ways away, but don't forget that our 2020 Conference is going international! A passport is needed to attend our Montreal conference. If you already have a passport, double check your passport expiration date ahead of time and if need be, renew well in advance.

Follow us on our new Facebook page: <https://www.facebook.com/AmericanDanceTherapyAssociation/>

### **CHAPTER REPORT: CALIFORNIA**

#### **Submitted by Malini Nagpal, BC-DMT**

The California Chapter for American Dance Therapy (CCADTA) has a new board member they would like to introduce...Northern California Programming Co-Chair, Aditi Uttarwar! Check out our updated website to learn more about our board members and upcoming events – [www.ccadta.org](http://www.ccadta.org). To break in the new year on January 13<sup>th</sup>, we hosted an informal dance social at the Armory Center for the Arts in Pasadena, CA. The chapter is considering offering more informal social gatherings throughout the year.

Our upcoming first full-day event is scheduled for Saturday, March 9<sup>th</sup> at California State University Long Beach- Dance Department Studio 1. We will have a presentation on *Utilizing Social Networking to Fuel the Growth of Dance/Movement Therapy* presented by National ADTA Board Chair and our very own **CCADTA Student and Professional Development Fund** recipient, Lora-Wilson Mau. In addition, the Program Director of the Center for

Discovery Pacific Place Program, Erin Scott-Haines, will be presenting *An Embodiment Workshop: Exploring the 12-step Recovery Philosophy*. She will delve into analytical psychology, spirituality, personal shadow exploration work and clinical application. It should be a day filled with experiential learning, connection and inspiration. We are planning a Northern California full-day event in early June, stay tuned!

The next California License Professional Clinical Counselor conference is May 31<sup>st</sup>– June 1<sup>st</sup>, which is an opportunity for dance/movement therapists to attend, present, advocate and/or network with our amazing and rich field! In regard to the difficulty of obtaining licensure for incoming graduates from out-of-state, dance/movement therapy certified programs, the Board of Behavioral Sciences (BBS) has responded that the “key requirement was that the license must be at the highest level – clinical. Therefore, the licensure requirements were developed to meet this criterion. As a result, degree programs that would otherwise qualify for licensure in another state, may not qualify for licensure in California,” per Kim Madsen, Executive Officer for Board of Behavioral Sciences (BBS). Though, other graduates with the same level of clinical training have received licensure prior to these recent changes.

### CHAPTER REPORT: CAROLINA

The Carolina Chapter held its first annual ADTA Conference feedback discussion in January. It was an opportunity to hear and discuss the last ADTA conference highlights and insights from our chapter attendees – Sarah Arnette, Susan Saenger and Barbara Busse. As a result of our conference feedback discussion, we set out to explore cultural diversity and deepen cultural curiosity and self-knowledge in an upcoming workshop. Presenters will use dance/movement therapy tools, authentic movement and physical storytelling to focus on individual cultural identities as well as shared group experiences.

The workshop titled **Expressive Arts Therapy & Cultivating Cultural Curiosity** will be held on Sunday, April 14, 2019 in Greensboro, NC from 1:00 to 5:00 pm (4 hrs of NBCC contact hours). For more information, contact a member of the Carolina Chapter.

### CHAPTER REPORT: NEW YORK

#### **Submitted by Alexa Palmer, BC-DMT**

NYSADTA recently had our first chapter meeting of the year, and we are planning, supporting and promoting many more exciting events.

#### **NYSADTA and Local Events**

##### **Hill Day**

Much like the Hill Day at the national ADTA conference in Washington, DC, the Hill Day in Albany, NY, will give NYSADTA and New York State Licensed Creative Arts Therapists the opportunity to gain information, advocate and share our experiences as LCATs.

##### **Dance Parade**

NYSADTA, fellow dance/movement therapists and dancers alike will dance down Broadway in Manhattan at this year's Dance Parade on May 18th, 2019. We hope to have a large presence and promote dance/movement therapy the best way we know how!

##### **NYSADTA: Upcoming Events**

NYSADTA is in the process of filling some of our board positions, including fundraising chair and PR chairperson, while also looking for a liaison from Long Island to help further connect New York State. We are also in the process of setting up a few workshops for CE credits for our membership and integrating networking events directed towards recent graduates. In order to support fellow creative arts therapists while promoting our organization, NYSADTA has also donated and sponsored some local conferences.

To help strengthen and forge connections among our members, we will be implementing a new and free peer supervision monthly group. We will discuss practice-related topics such as difficult cases, burn out prevention, compassion fatigue, interventions, etc. NYSADTA will also be hosting its second annual selfcare holiday party this December and look forward to the dance gala in April 2020.

### CHAPTER REPORT: PENNSYLVANIA

#### **Submitted by Jacelyn Biondo, BC-DMT**



In a political climate so fraught with divisiveness, how do we hold space for communities often targeted with cruelty, trauma and misrepresentation? Twenty-seven bodies gathered together in space with a desire to learn, to be better and to heighten self-awareness in order to better serve others. The Pennsylvania Chapter of the American Dance Therapy Association welcomed Dr. Angela Grayson and Erika Barrington to facilitate a 2-hour movement based workshop on *The Intersectionality of Race, Sexuality, and Gender in the Therapeutic Relationship within Dance/Movement Therapy*. The workshop was rich with thought provoking experientials in which participants could explore our own biases and make considerations both for future DMT sessions as well as in our personal lives. We embodied power differentials and processed how these arise in our lives and in our practice with intention of being more thoughtful and more informed in the future. The workshop concluded with discussion around the cultural and gender implications of our DMT assessment tools and ways in which we can move towards increased cultural consideration with an understanding of our patients and clients. Following a short break and light snacks, Angela and Erika were joined by Mynessa Whyte, Amy Capomacchio and Rebekka Dieterich-Hartwell to *Continue the Conversation* on our professional panel. Panelists shared wisdom and expertise in working with their respective populations: Women, the LGBTQIA population, People of Color, Youth in the Juvenile Justice System and Refugees. The panel opened up to a lively discussion during which the group touched upon microaggressions, allyship and best practice.

We know that this is a small step in further developing empathy, care and kindness with these populations. We certainly hope that this is just the beginning of an ongoing, provocative, inspiring and educational conversation that continues within our community and beyond. As one participant shared in our processing of one of the movement experientials, "When you are more connected to someone's humanity, it is harder to take power over them." May this inspire all of us to be a bit kinder with one another and with ourselves and to all be more connected to each person's humanity.

#### CHAPTER REPORT: ROCKY MOUNTAIN

**Submitted by Voniè Stillson, BC-DMT; Stina Hoberecht , R-DMT; Kendal Grzybowski , R-DMT**

The Rocky Mountain Chapter has begun monthly meetings on the last Sunday of the month from 3pm-5pm. We change where we are meeting each month in an effort to connect with as many of our members throughout our region as possible. Please stay tuned to your emails and our Facebook page for more information! <https://www.facebook.com/RMADTA/> As always please feel free to email us at [rmadtainfo@gmail.com](mailto:rmadtainfo@gmail.com)

#### CHAPTER REPORT: TEXAS

The Texas Chapter of the ADTA will be starting the first of a series of bi-monthly movement based meetings on March 4th, 2019. The Chapter will meet on Saturdays in Dallas, Texas.

Individual Chapter members are invited to facilitate movement at each session to encourage embodied community and support.

#### **Texas Chapter Happenings**

On January 22, 2019, **Concetta Troskie, R-DMT** co-facilitated the first ever somatic exploration of race dialogue in Dallas, Texas alongside creative partners with Dallas Truth, Racial Healing & Transformation.

Twenty-six leaders from the arts and education community attended this special National Day of Racial Healing event. Along with a team of diverse collaborators, Concetta helped to design and implement this program and used dance/movement therapy to explore the daily lived experience of racial trauma and fatigue.

Concetta is also collaborating with Artstillery, a social justice-based immersive performance theater company in Dallas, Texas. Working as Artstillery's Movement Director, Concetta led a group of 23 performers in a dance/movement therapy and drama therapy-based rehearsal workshop on February 9th, 2019. The workshop explored the impact of institutional trauma on the body and invited marginalized body voices to speak and to be heard in a trauma-informed setting.

This workshop was the first in a workshop series which will explore the rehearsal process from an embodied place and will emphasize movement and theater as a political statement.

**Lauren Mickle, R-DMT**, is seeking to raise awareness and promote the field of dance/movement therapy by participating in lecture series. She first presented general information about the field of dance/movement therapy and her work with forensic psychiatric inpatients to dance students at McAllen High School. She is also scheduled to participate in a panel for a lecture series at the University of North Texas this April which seeks to explore various career opportunities for dancers.

For future Texas Chapter newsletter submissions contact Lauren Mickle at [Lauren.Mickle@hhsc.state.tx.us](mailto:Lauren.Mickle@hhsc.state.tx.us)

### **VOLUNTARY CONTRIBUTIONS**

Thank you for your voluntary contributions to the ADTA between December 1 and February 28, 2019:

#### **Up to \$25**

Olga Bondareva  
Nikia Johnson  
Beth Kalish-Weiss  
Jennifer Lucht  
Julie Marinucci  
Julia Blair Rice  
Susan Salapa  
Ayana Spivak  
Breanna N. Temple

#### **\$100 and over**

Donna Newman-Bluestein

### **MARIAN CHACE FOUNDATION**



**Submitted by Susan Kleinman, BC-DMT; Sharon Chaiklin, BC-DMT; Ann Lohn, BC-DMT; Jane Wilson Cathcart, BC-DMT**

As we all do our best to get through these cold few months, the trustees are looking forward to our meeting in Columbia in April. We will be reviewing the seven grant proposals received and conducting other business at hand. We plan the time so that we might connect with the Board of Directors of the ADTA, even if it is briefly, so we are able to interact around whatever issues may be relevant and shared concerns.

We are delighted to announce that the book, *Foundations of Dance/Movement Therapy: The Life and Work of Marian Chace* has recently been translated into Korean by Park Sunyoung, R-DMT. While most of us can't read it, it is beautifully presented, and we hope that it will be successful in South Korea. We are most grateful for all of Sunyoung's work and perseverance.

We have spent the last months responding to varied requests and considerations. One of the projects which seems important to us is to archive the history of the Foundation. We are also open to any other ideas that members might have.

We thank those who contribute to the Foundation so that we might do the work of our mission, especially being able to support the work of others to develop our profession. We appreciate the consistent donors. The donations this time include those who have sent funds for the ADTA's Giving Tuesday.

Donations received December 1, 2018 – February 28, 2019

\* = #GivingTuesday grant for Outreach Marginalized Youth

#### **Friends** (up to \$36)

- Daniel Dominquez \*
- Diane Faraone \*
- Paul Sevett
- Paul Sevett \*

#### **Supporter** (\$36 – \$99)

- Cynthia Berrol
- Christine Caldwell

- Gloria Farrow – *In memory of Helen Barcroft* \*
- Christopher Ly \*
- Dawn Morningstar \*
- Susan Shafer \*
- Jody Wager \*
- Vicky Wilder
- **Partner** (\$100 – \$499)
- Jacelyn Biondo
- Miriam Roskin Berger – *In memory of Stephanie Katz, Gunilla Sempler and Hector Munoz*
- Barbara Busse \*
- Jane Wilson Cathcart – *Deep bows of gratitude to honor the constant: support of the administration of the ADTA: Gloria, Renee, Tara and Amber. And in loving memory of Harry Chaiklin and Linni Deihl.*
- Jane Wilson Cathcart \*
- Sharon Chaiklin – *Remembering Harry, Stephanie, Claire and Arlynn*
- Robyn Flaum Cruz \*
- Marylee Hardenbergh
- Virginia Klein – *In memory of my friend and colleague, Linni Deihl. We were in Marian's last class together.*
- Rena Kornblum
- Margaret Migliorati \*
- Shira Musicant
- Adina Rosenberg
- Alison Salter \*
- Ed Semansky
- Ilene Serlin – *In honor of Nitza Broide-Miller* \*
- Kira Stein – *With love from Dance the Blues Away*
- Suzi Tortora
- Joy Viertel – *In honor of Karen Brandt*
- Vicky Wilder \*
- **Patron** (\$500 – \$999)
- Lynn Koshland – *In memory of Harris Chaiklin and bringing forward Research and Practice that build global communities through DMT that supports individuals for increasing their embodiment of Self-Reliance, Empowerment and Creativity to re-envision a shared purpose of Peace that flows from a place of one's heart and value in human connection.*
- Lynn Koshland \*
- Nicholette M. Oddivak
- **Chace Circle** (\$1,000 and up)
- Joan & Ira Berkowitz
- Jeffrey Samuels – *In loving memory of my mother, Arlynn S. Stark*

### CONGRATULATIONS NEW R-DMTS

Congratulations to those newly credentialed R-DMTs  
(December 2018 – February 2019)

- Natalie Breitmeyer
- Mia Heckstall
- Kyra Hess
- Aliza Roth
- Elise Marie Ringenberg
- Joshua Reese Manzano

### NEWSLETTER SUBMISSION GUIDELINES

***All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.***

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to [info@adta.org](mailto:info@adta.org).

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...



- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter **Deadlines:**

*Submission Deadlines:*

February 28, May 31, August 31, November 30

*Publication Deadlines (on/before):*

March 28, June 28, September 28, December 28

**NEWSLETTER ADVERTISING INFORMATION**

***Interested in advertising with ADTA?***

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to [info@adta.org](mailto:info@adta.org).

**Member Rates**

Single – \$100

2 Issues – \$175

4 Issues – \$300

**Non-Member Rates**

Single – \$150

2 Issues – \$275

4 Issues – \$500