Fall Newsletter: Volume 53, Issue 3



American Dance Therapy Association

A FEW WORDS FROM THE NEWSLETTER TEAM

Summer is ending and school is back in session. You know what that means...the ADTA Conference is right around the corner! Can you believe it?! We are so excited to see you all in Miami.

Don't forget, as an ADTA member you are welcome to submit to the newsletter. Thoughts, pictures, etc. send them in! Please review the Newsletter Guidelines at the bottom of the page before submitting.

BOARD REPORT: PRESIDENT



Submitted by Margaret Migliorati, R-DMT

Late Summer Greetings Everyone!

As the temperatures cool and the days shorten, the Board and I are turning our attention towards preparing for our annual fall meeting, this year in Miami. These preparations have allowed me to step back and take stock of the amazing productivity and progress that has taken place in the past 10 months since the fall 2018 Board meeting. I hope you can attend the Annual Membership Meeting on Friday morning at the Conference where I will provide a more detailed account of the Board's accomplishments over the past year. If not, I will be sure to include specifics in my winter newsletter report.

For now, please enjoy the following highlights of my work as well as reports from the rest of the Board, ADTA office and chapters.

Welcome Lora Wilson, Continuing Education Manager!

I am pleased to announce that on August 5, 2019, Lora Wilson started in the newly created position of Continuing Education (CE) Manager. As I previously reported, last fall the Board approved the development of this position in a strategic effort to meet our members' CE needs, promote DMT to allied professionals and create a new revenue source. Lora has hit the ground running and you should be seeing new and innovative programming starting soon. Please reach out to Lora at ce@adta.org if you have ideas and take a look at the new Continuing Education section of this newsletter for Lora's introduction.

Summer Visits

This summer I had the privilege of visiting two local DMT communities. In early June, I traveled to Philadelphia to visit with Drexel students and faculty as well as members of the local PA and NJ Chapters. I also had the honor of attending the Drexel Thesis Colloquium in which graduating master and doctoral students presented their theses, capstone projects and dissertation research. Simply put, I was blown away by the academic rigor, creativity and passion of these newly minted DMT's and left inspired and hopeful about the future of our field! Below are a few pictures from that visit.



Drexel 2019 MA and PhD Graduates



Leaders of the PA and NJ ADTA Chapter

And then in late June, I traveled to Atlanta to visit the Southern Chapter of the ADTA as well as to attend a beautiful performance of the youth dancers at Moving in the Spirit, where several dance/movement therapists are employed and intern (http://www.movinginthespirit.org/). Along the way, I was lucky enough to be shown the highlights of Atlanta by ADTA Multicultural and Diversity Committee Chair Charné Furcron, including a trip to the Center for Civil and Human Rights and highlights of Martin Luther King's life and work. Below is a picture taken at the Moving in the Spirit performance. Unfortunately, none of us remembered to take pics of the Southern Chapter meeting which included a workshop on Post Traumatic Slavery Syndrome by Bria Campbell and Dee Wagner. It was a great turnout and a powerful workshop!



At the show with Ambria Cunningham and Charné Furcron

Thank you from the bottom of my heart to the PA/NJ and Atlanta area communities for your hospitality!

Finally, as a reminder, I write a message everyone to two weeks that gets posted on the ADTA Facebook page, the ADTA website and in the ADTA Email Digest. This message is one way I try to keep our community current on what is happening at the ADTA. I hope you get a chance to read it. And I hope I get to dance with you in Miami! Respectfully submitted,

Margaret Migliorati, President

BOARD REPORT: PRESIDENT-ELECT



Submitted by Paul Sevett, BC-DMT

Conference 2019!!! Building Connections: Dance/Movement Therapy in Our Diverse World Permit me to wax local for a moment: In Minnesota, we have the State Fair for 12 days at the end of August through Labor Day. It is called the Great Minnesota Get Together. A fabulous time!!

Well, each year in October, we have the Great Dance/Movement Therapist Get Together!! Our opportunity to gather, learn, grow and share the strength that comes out of our commonality and our diversity, this year in Miami, Florida October 17-20.

In this newsletter, I want to highlight both the opening ceremony and the keynote plenary.

The local folks in Miami are working diligently to bring us a flavor of Miami and its diversity. We will see a performance reflecting the journey of an immigrant dancer and dance/movement therapist from Cuba to the US. And we will join in Flamenco inspired movement starting us in a rhythm of centered-ness and energy to begin the Conference weekend journey. Just imagine several hundred of us pounding the floor in celebration of this Latin form and our own joy of being in our bodies.

The Keynote participants have been a truly wonderful and dedicated group of people working together to form this year's plenary session. I leave our Zoom meetings both inspired and grateful for their commitment and expertise. This group has co-created a program dedicated to opening our body/mind to differing experiences of Affinity Groups as members of their respective cultural communities and as members of the ADTA. This keynote session is an interactive one involving witnessing by audience members and their/your responses to what is presented. As people who move for a living, this will be a unique keynote that we can both resonate with and learn from. Here is how we describe it:

Honoring Multiplicity: An Embodied Keynote Experience

The ADTA continues its efforts on the journey to transform our community into one where all members feel free and safe to be their true selves. Toward this vital effort, the 2019 Keynote highlights embodied presentations by four Affinity Groups of the Multicultural and Diversity Committee: Asian-Asian American Affinity Group, LGBTQIA Affinity Group, Native American Affinity Group and Spirituality and Religion Affinity Group. Each Affinity Group provides a needed and significant contribution to this transformational effort through their unique voice and perspective as members of ADTA.

Embodiment in the title also refers to the Keynote attendees. As Dance/Movement Therapists we are asking you to witness and experience the Affinity Group presentations in and through your body. To let their voice resonate within you. After each presentation a short time will be set aside for you to express this witnessing in silence with movement, writing or drawing (bring your own materials). Time will also be included for further group responses to the Affinity Group presentations.

Moderating the Keynote is Carmen C. Marshall, Director of Consulting at Maryland Nonprofits. Carmen is working with the ADTA Board of Directors as a consultant and coach on all diversity efforts. She has over 25 years of experience working with nonprofit organizations creating actionable systems and supporting them to step into their power, calling and responsibility.

Also, don't forget that first time Conference attendees can experience a "softer" landing at the Conference in two ways;

Sign up and take Dawn Lyon's Introduction to Dance/Movement Therapy workshop and meet other new attendees. You will meet as a group throughout the Conference to check in and give and receive support.

Sign up at registration (or come to the registration desk if you didn't do this when you registered for the Conference) and request a Conference Mentor. This will be your contact person for information, support and connection throughout the Conference.

I CAN'T WAIT TO SEE YOU IN MIAMI!!!!!!

With Great Respect,

Paul Sevett

BOARD REPORT: COMMITTEE ON APPROVAL



What a busy and exciting summer it has been! The adoption of the Alternate Route components of the *ADTA Standards for Education and Clinical Training* led to a flurry of activity for the Subcommittee on Approval for Alternate Route Courses (SAARC), a subcommittee of the Committee on Approval (COA). The COA and SAARC comprise the regulatory branch of the ADTA responsible for verifying compliance with standards in dance/movement therapy training for approved programs and alternate route courses. When other professionals look at our credentials, they can be assured of the consistency and comprehensiveness of our DMT education and training. As we move forward to embrace the new standards for Alternate Route courses, we want to thank all of the Alternate Route Educators for their dedication to providing quality DMT education and we look forward to supporting them in the transition to new standards.

COA Committee Members:

The work of the COA is done by a team of dedicated, thoughtful and supportive members:

Wendy Allen (Naropa) Valerie Blanc (Lesley) Michelle Joubert (Supervisor)
Ted Ehrhardt (Pratt) Susan Orkand (Sarah Lawrence) Kim Rothwell (Columbia)
Elizabeth McNamara (Drexel) Leon Rodgers (Public Member) Danielle Fitzpatrick (Antioch)

Committee on Approval Business:

- **Policies and Procedures**: At the summer Board meeting, two important points related to SAARC were revised in the COA Policies and Procedures; for a current copy of this document, please email approval@adta.org.
- 1. A motion was passed to increase the number of SAARC members from four to six to accommodate changes in the review and approval process.
- 2. The policies and procedures were revised to outline a process by which all Alternate Route courses will apply for reapproval every five years.
- Annual maintenance reports: The committee commends the approved programs on their thorough and detailed documentation of their progress and plans towards compliance with new standards as part of their Annual Maintenance Reports.

Congratulation to the following programs for successfully completing the annual reporting process: Naropa University, Lesley University, Pratt Institute, Columbia College Chicago and Drexel University. As previously mentioned, Antioch University and Sarah Lawrence College received 6-year reapproval this spring, as well.

Subcommittee on Approval for Alternate Route Courses (SAARC): Subcommittee Members:

At the summer Board meeting, the ADTA Board of Directors agreed to expand the size of SAARC in order to accommodate future changes to the approval process. We will be recruiting new members of the subcommittee to bring the total number of members up to six (previously four). Joining this subcommittee is a great way to get involved in the ADTA and to make a difference. ******If any alternate route educators are interested in learning more about joining this subcommittee, please contact the Chair of Approval at approval@adta.org.*******

The SAARC Members are as follows: Susan Saenger (Chairperson), Laurel Bridges (Alternate Route Educator), Danielle Fraenkel (Alternate Route Educator) and Bernard Ehrhardt (COA representative). This dedicated group of educators and clinicians has been preparing for the course approval based on new standards; would you like to join them for this interesting work?

SAARC Business:

- Approval of Alternate Route Courses:
- **NEW!!!** After January 1, 2025, (once all alternate route courses have transitioned to new standards), educators will be expected to reapply for approval every five years. This will allow SAARC to ensure continued compliance with standards on an on-going basis. The reapproval process will mirror the approval process in a simplified and streamlined way. More details to come at a later date!
- The guidelines and application for approval for Alternate Route Courses are currently being revised and will be available by the Conference.
- **Effective October 15, 2019**: All alternate route courses being approved for the *first time* must be submitted in compliance with new standards.

- All previously approved Alternate Route Courses will need to be revised to demonstrate compliance with new standards. This revisionary approval process will be phased in over a five-year period with all courses in compliance by December 31, 2024.
- **EDUCATORS, PLEASE NOTE**: Alternate Route courses approved in 2010 or earlier will be due for revisionary approval (revised to reflect new standards) by December 31, 2020. Watch for a reminder email coming soon!
- For ALL deadlines and due dates, course providers should refer to the COA Procedural Guidelines for the Transition to Alternate Route Course Approval: New Standards which can be found at this link.
 https://www.dropbox.com/s/t2kniy8z4zywxfg/ATA%20COA%20P%26P%20for%20Alt%20Rte%20Transitions%20to%20New%20Standards.pdf?dl=0

Alternate Route Course Approval

SAARC reviews all new Alternate Route course applications for approval. Applications, accompanying syllabi and the educators' professional CVs can be submitted to the Chairperson, Susan Saenger at ssaenger@nc.rr.com. All alternate route courses being approved for the first time must be submitted in compliance with new standards effective October 15, 2019.

The following Alternate Route Courses have recently been approved:

Dance/Movement Therapy: An Introduction and Invitation (revised). This course is taught by Kim Rothwell, BC-DMT, LCPC, GL-CMA, CADC.

Introduction to Laban Movement Analysis. The instructor for this course is Curtis Stedge, MFA, MA, CMA. **Cultural Humility and Responsibility through the Power of Story** is a new course by Rosey Puloka, LCPC, BC-DMT, GLCMA.

The Moving Child: Dance/Movement Therapy for Children (part I of a two-part course series). This course is taught by Hana Kamea Kemble, MA, RCC, BC-DMT, CLMA.

Thank you to these Alternate Route Educators for submitting these new and revised courses for approval.

You may find a convenient calendar of *all* approved alternate route courses <u>here</u>.

BOARD REPORTS: EDUCATION COMMITTEE



Submitted by Jessica Young, BC-DMT

education@adta.org

As we transition from summer to fall, I hope that everyone is feeling a bit refreshed and rejuvenated as we welcome new and continuing students to another academic year. I also want to acknowledge the extraordinarily robust number of alternate route courses that were offered over the summer both nationally and internationally. Please stay tuned for an updated <u>calendar</u> of alternate route course offerings.

It is with great excitement that I share with you the fully revised and ratified Standards for Education and Clinical Training for both approved programs and alternate route training! This was an enormous undertaking that spanned five years and would not have been possible without the extraordinary time, effort and dedication of two working groups (Approved Programs: Nancy Beardall, Robyn Cruz, Beth McNamara, Anne Margrethe Melsom, Julie Miller, Meg Chang, Joan Wittig, Ellen Yacoe and Jessica Young; Alternate Route: Linda Aaron-Cort, Sandra Beggs, Meg Chang, Kalila Homann, Barbara Nordstrom Loeb, Suzi Tortora and Jessica Young) and an exhaustive review and revision process. A heartfelt thank you to all who offered feedback throughout this process. While the original standards were developed in 1974, this comprehensive review and revision process is the first of what will become a regular and systematic process. This fall, I will be presenting a motion to the Board with policies and procedures for such a process. So, stay tuned if you have feedback that you would like to offer for the next iteration. Approved program educators, please note that the Board voted to change the implementation date of the revised standards from January 2023 to August 2023 to better align with the academic calendar. While the implementation of the revised standards is well underway in the approved programs as the Committee on Approval report states, it is just beginning for Alternate Route educators. Details of the implementation process can be found here and will be discussed at the meeting during the Conference. Please note that it is a two-staged implementation process in order to provide more streamlined support to educators and students. Standards specific to clinical training and advisement will be met by January 2021 and all standards will be met by January 2025. Please see the Committee on Approval report for the implementation plan related to the submission of new as well as revised Alternate Route courses and the corresponding deadlines.

Exciting Conference events related to education include:

- Approved Program Educators Meeting: Wednesday, October 16th 5:00-7:00
- All Educators Meeting: Thursday, October 17th, 8:30-10:00

- Alternate Route Educators Meeting: Thursday, October 17th, 10:00-12:00
- Critical Perspectives of DMT: Activism and Application presented by Wendy Allen, Meg Chang, Angela Grayson, Tomoyo Kawano and Jessica Young on Saturday morning
- Alternate Route Meet and Greet Saturday 5:30-6:30. Alternate Route students, educators and those interested in the Alternate Route, please join Sandra Beggs, ARES Chair, myself and other committee members to meet, ask questions and share information.

BOARD REPORT: GOVERNMENT AFFAIRS COMMITTEE



Submitted by Kristin Pollock, BC-DMT

Hello ADTA community,

Too many times over the past 20 years we have watched as communities like Dayton and El Paso are torn apart by unthinkable gun violence. The repercussions of these callous acts are felt for decades.

The traumatic aftermath of mass violence includes incredible stress, anger and grief. Those powerful experiences lead people, communities, our leaders and the media to look for answers. Unfortunately, fingers get pointed without much thought or consideration for research and facts. I am sure that I am not the only one who feels appalled and dismayed by the recent blame being placed on mental illness.

Spreading the myth that mental illness is responsible for pulling the trigger in these horrific events has ripple effects. It inaccurately draws an association between violence and people with mental illness and it perpetuates a negative stigma that advocates around the country have worked hard to squelch for decades.

The National Council for Behavioral Health (NCBH) recently analyzed available statistics related to mass violence and its potential association with mental illness. NCBH was able to draw some notable conclusions. The study, "Mass Violence in America: Causes, Impacts and Solutions" concludes that people with mental illness are responsible for less than four percent of all violence and less than one third of all mass violence. Whereas this report acknowledges that there is a minimal link between mental illness and mass violence, it also emphasizes that mass violence appears to have significant root causes. Social alienation and deficiencies in community resources (schools, job opportunities and access to mental health treatment) seem to be primary factors. The NCBH report concludes that mass violence is a community wide issue that requires a complex approach to solutions and will necessitate interventions across multiple systems. A few of their recommendations include assembling threat assessment teams; improving training for law enforcement, clinicians and school staff; enacting extreme-risk protection orders and addressing gun laws with reforms that aid to better screen prior to purchase/ownership. Additional research, cited in a report from the Bazelon Center for Mental Health Law "Wrong Focus (Bazelon)", has shown that people with mental illness are no more likely to commit violent crimes and, in fact, are more likely to be the victims of violence rather than the perpetrators. Solutions are also being offered that wrongly include mental health reform as a solution to gun violence and hatred. Reforming mental health laws and increasing access to effective recovery and wellness services is needed but we cannot suggest wholesale changes in an effort to isolate and alienate people with psychiatric illness. Doing so is not relevant and will only lead to poor outcomes, as the goals do not meet the needs.

As dance/movement therapists we have a commitment to advocate for the vulnerable people we serve. The ADTA has recently signed letters urging members of Congress to not make people with mental illness the scapegoats of gun violence in America. Your Government Affairs Committee not only acts as the advocacy conduit of the ADTA but is also is here to connect you with resources to guide you in your advocacy efforts. We must stay tuned into the facts and speak out whenever given the chance to counter such rhetoric. Below are a few resources:

- 1. Mass Violence in America: Causes, Impacts and Solutions
- 2. Wrong Focus (Bazelon)
- 3. TIME Magazine article
- 4. Forbes article
- 5. Business Insider article
- Metzl article

Call your local and congressional representatives and speak out about your concerns about how the narrative around gun violence perpetuates a negative stigma of mental illness. Share with them the facts and reference research sources above. Lastly, request their participation in gun reform.

Please reach out to me with any questions or concerns about getting involved in advocacy whether it be related to supporting our consumers, protecting your professional title or anything in between. And, if you would like to get

more involved with the Government Affairs Committee, no matter your experience or location, please let me know and we can connect.

In solidarity for real solutions,

Kristin Pollock, BC-DMT

governmentaffairs@adta.org

BOARD REPORTS: MEMBERS-AT-LARGE







Submitted by Dawn Morningstar, BC-DMT; MaryBeth

Weinstock, BC-DMT; Pam Margules, BC-DMT

Hello All ADTA Members,

We are hoping that everyone had a great summer. We are busy preparing for our annual Conference in October. Please join us in Miami October 17-20, 2019.

ADTA has a payment plan for membership. If that is something that you, as a member need, please contact Renee at the ADTA office at info@adta.org.

If you are attending the Conference in Miami, please join your regional Member at Large for the Regional Caucuses. Bring your lunch, meet others from your state or region and find out what is going on from National and in your region. Bring questions and concerns and we will do our best to answer them.

In addition, there will be a Chapter leader meeting and reception, so if you cannot make the Conference your Chapter leaders can report back on that event.

We also wanted to remind everyone to apply and/or update your passports for the 2020 Conference which will be in Montreal, Canada.

As a Board, we are working hard to address all concerns regarding diversity, privilege, inclusion and how that affects our organization. There will be workshops and many discussions about these concerns at the Conference. Please feel free to reach out to us at any time with questions or concerns.

Dawn Morningstar - easternmal@adta.org

Pam Margules - centralmal@adta.org

Marybeth Weinstock - westernmal@adta.org

BOARD REPORT: RESEARCH & PRACTICE COMMITTEE



Submitted by Jennifer Frank Tantia, BC-DMT

Email: researchandpractice@adta.org Are you **RESEARCH CURIOUS**?

If so, the Research and Practice Committee has some valuable research resources and some exciting upcoming events for you! Currently, we are also gearing up for the annual Conference in Miami, and the Research and Practice committee is offering 2 workshops! The first is a Conference intensive called, "Walking the Walk: How to speak about DMT to Psychiatrists, Politicians and Potential Clients with Ease and Grace," where you will have a chance to create an "elevator pitch" to help you form your words (and your movement!) to describe your work effectively and efficiently. Second, the committee will offer a 75 minute *information blast* called, "Clinical Info Sheets and Current Bibliographies on the ADTA Website: An Update from The Research & Practice Committee," to help you navigate the ADTA website to find the research resources that you might need while writing your thesis or dissertation.

Other Research and Practice events during the Conference include the annual Research Poster Session, which will include 24 research and capstone poster sessions! Please join us in the lobby following the Marian Chace Lecture. The Marian Chace Foundation has generously supported the poster session with snacks – in case research makes you hungry!

Finally, don't miss our annual Research Award, which is going to be a special one this year! Every year, the Committee searches abstracts from 99 databases for articles published over the past year. This year, the search resulted in 14 abstracts, and, due to the high quality of the studies this year, we have two award winners for the

ADTA Research Award! Please join us at the business meeting at 7am on Friday, October 18 for this momentous event!

If you are reading this and have become research curious, you might want to get started with some "preliminary reading" with the list of bibliographies that have been created especially for dance/movement therapy students and researchers: http://056.c09.myftpupload.com/wp-content/uploads/2016/03/Tools-for-Conducting-

Research.docx.pdf based on different populations. If you are researching a certain topic, you might take a look at the website to see if some of the references we cite might be helpful to you. Also, our Clinical Info

Sheets http://056.co9.myftpupload.com/clinical-info-sheets/ can be downloaded for you to print, copy and hand out at a presentation that you might be giving, whether it be an in-service for your department or a "grand rounds" at your hospital; these clinical info sheets are available for your use. We are currently looking for a translator to translate the info sheets into Spanish, so if you or anyone you know is interested, please contact Jennifer Tantia, Research and Practice chair at researchandpractice@adta.org

Please feel free to join us at the Conference, and if you are interested in joining the Research and Practice committee, please feel free to reach out and say hello! We would love to hear from you! Kindly.

Jennifer Tantia, BC-DMT

Chair, ADTA Research and Practice

BOARD REPORTS: STANDARDS & ETHICS COMMITTEE



Submitted by Joan Wittig BC-DMT

Hello to ADTA members from the Standards & Ethics Committee: Joan Wittig (Chair), Akiko Nishida, Angela Grayson, Aisha Bell, Stefanie Belnavis, Candy Lo and Rosey Puloka.

As I write, we are preparing for our presentation at the ADTA annual Conference in Miami. The Standards & Ethics Committee will be presenting a half day workshop on Thursday, October 17 titled: What Should I Do? How to Use the ADTA Code of Ethics. This workshop will provide participants with the opportunity to examine specific cases and practice applying the Code of Ethics to actual clinical situations. We are so excited to be part of what promises to be an exceptional Conference and hope to see you at our workshop.

In the meantime, we have been developing a flow chart that will appear on the S&E section of the ADTA website. The flow chart will assist members who may be questioning whether they have participated in or witnessed an ethical violation to determine whether the Code of Ethics has been breached and what to do about it. Related to this, we are developing a value statement, also to be posted on the website, that will clarify for members the role of the S&E Committee and our perspective in addressing ethical concerns. Our goal is to provide support to all ADTA members and to offer support to those making ethical complaints and those who find themselves at the receiving end of a complaint.

We are once again revising the procedures for filing a formal ethical complaint as well as the steps for investigating formal complaints once they are made. Once we have revised the procedures and they have been approved by the Board, all ADTA members will be able to view the procedures on the ADTA website.

As always, we are interested in your experiences, questions, comments and concerns. Please feel free to contact us at ethics@adta.org.

Respectfully submitted, Joan Wittig BC-DMT

BOARD REPORT: TREASURER



Submitted by Vicky Wilder, BC-DMT

#GivingTuesday projects: The mission is to provide dance/movement therapy to a variety of populations who would benefit from the multifaceted positive effects of DMT, to educate the public about DMT and to increase opportunities for members of ADTA.

The #GT 2019-20 \$1500 grant for a RESEARCHER has been awarded to Karolina Bryl, Ph.D., DMP/R-DMT, CMA, RSME/T

Dr. Bryl lives in Long Island City, NY, is the Post-Doctoral Research Fellow at Drexel University and has worked on numerous research projects and publications in the past decade. The #GivingTuesday Committee is delighted to have her on this project titled:

Moving Towards Evidence Based Practice

Information is on the ADTA website at http://056.c09.myftpupload.com/events/givingtuesday

The 2018-19 #GivingTuesday project Outreach to Community Youth: Empowering Potential!

is conducted by Sara R. van Koningsveld in the Los Angeles area. Dance/movement therapy sessions have concluded and Sara has an in-service scheduled for providers. Look for the video, and Sara, at the business meeting at the Conference in Miami!

We thank the Marian Chace Foundation 501(c)3 for continuing to support the #GT projects by serving as the fiscal agent!

THE DANCE GOES ON: ADTA's Planned Giving Initiative

Leave a lasting legacy to our profession by remembering the ADTA in your will.

Contribute to our past, present or future with a gift of your choice

Past: Archive Project

Centrally digitalize our history – Board minutes, journals, films/videos

Present: Service, Education, Scholarships

Day of Service at Conferences: #GivingTuesday projects

Endow the annual Conference scholarship

Future: Development of DMTs and Fellowships for Research

Develop scholarships to support the education of future DMTs

Develop Research Fellowships

We will make it as simple for you as possible. Your gift will be perpetually honored, if desired, through the ADTA Giving Chain and the ADTA website.

Thank you for your thoughtful consideration!

Please contact ADTA at 410-997-4040 or info@adta.org to take action.

On a personal note, I wish to thank you, the members for allowing me to serve as your Treasurer for the past four years. I will be handing over the duties into the able hands of Jacelyn Biondo at the Conference. Please welcome her!

The ADTA is a 501(c)6 organization. Contributions to a 501(c)6 are not tax deductible as charitable contributions. However, for fiscal year 2019-20 100% of ADTA dues, chapter dues, and credential dues are deductible as an ordinary and necessary business expense. Consult your tax advisor for your situation.

FROM THE OFFICE | CONFERENCE







Submitted by Gloria Farrow, Conference Manager; Renee

Wolfe: Amber Falls

2019 American Dance Therapy Association 54th Annual Conference

Building Connections: Dance/Movement Therapy in our Diverse World

October 17-20, 2019 | Miami, Florida

Join the ADTA for our 54th Annual Conference, a full three and a half days of over 50 seminars, presentations, panels and a lecture. A full day of pre-conference intensives precedes the official start of Conference on Thursday at 5:00 pm with 75-minute seminars. Plan to arrive early to take advantage of the pre-Conference opportunities on Thursday. Stay through Sunday afternoon when we come together for our closing ceremony, welcome new R-DMTs and BC-DMTs and complete the celebration of our 54th ADTA Conference experience led by Marylee Hardenbergh.

Conference Highlights

- This year, we are proud to offer two tracks Children's & Trauma and Neuroscience. When registering for a track, please be sure to choose the seminars associated with that specific track. They will be noted in the seminar title
- Marian Chace Foundation of ADTA Lecture with Dr. Nana Koch introduced by Elissa Q. White
- Research Poster Session come and appreciate the wonderful research while enjoying light refreshments sponsored by the American Dance Therapy Association and the Marian Chace Foundation of the ADTA
- Q&A with American Journal of Dance Therapy (AJDT) editors Laura Downey and Susan Kierr
- Special Plenary Panel Honoring Multiplicity: An Embodied Keynote Experience

- International Panel: Research in Dance/Movement Therapy: Diverse Global Approaches with Tal Shafir, Israel; Robyn Flaum Cruz, United States; Rebecca Barnstaple, Canada
- What would it be without the ultimate dance party of the year? Music by The Culture Live Band
- Great opportunity to explore Miami and surrounding areas

FAQs:

Where do I read about each seminar, intensives, presenters' bios, plenary events and more? Go to http://056.c09.myftpupload.com/2019-conference/

What's the refund policy?

Refund policy: \$75 administrative cancellation fee. Absolutely no refunds made after September 1, 2019 or for no shows.

What should I bring to the event?

Hotel meeting rooms are often kept at low temperatures. Please plan to pack and dress accordingly to ensure comfort throughout the conference.

How do I make my hotel reservations?

Remember the Conference rate is good for three days prior and three days after the end of the Conference if you wish to come early or stay later to explore Miami.

https://www.hyatt.com/en-US/group-booking/MIARM/G-ADTA

What are my transportation/parking options for getting to and from the event?

Miami International Airport – 7.6 miles/16 minutes

Use the Miami International Airport Taxi or Super Shuttle. There is a fee to park at the hotel.

Valet parking: day use, drive ins only \$20/day; overnight \$40.61

Self-parking: day use only \$10/day; overnight \$22

What Continuing Education will I earn?

BC-DMTs and R-DMTs earn ADTA Continuing Education Credits.

NCCs earn NBCC CE hours.

New York LCATs earn NY LCAT CPE hour

We applied for Social Work CEUs - will keep you updated

Can I take pictures and/or record conference happenings?

Please see the Social Media & Live Streaming Policy.

How do I register for the Conference?

Register for the Conference

When registering for the Conference, the Member Rate applies to members who are current at the time of registration and at the time of the Conference. If your membership is not current at the time of the Conference, you will either need to renew your membership or pay the difference for the non-member rate.

Continue to access the website for all conference updates.

CONTINUING EDUCATION MANAGER REPORT



Submitted by Lora Wilson, BC-DMT

Hello Dance/Movement Therapy Community! I am so very excited to be supporting our profession in this new position within the organization. My passion for dance/movement therapy led me to serve on the ADTA Public Relations Committee in various roles for over 13 years and I see continuing education through that lens. From my perspective, a fully developed continuing education program is yet another branch of public relations work: serving the needs of our members and educating allied professionals with the additional, highly prioritized goal of increasing revenue for the ADTA.

As Continuing Education Manager for the ADTA, I will be building on the innovative webinar program initially envisioned by Sherry Goodill in 2014 and further developed these past four years through the dedication and commitment of the Continuing Education Subcommittee, chaired by Annabelle Coote. In addition to producing and marketing new webinar and home study programming (look for these in 2020!. I will be working directly with the Continuing Education Subcommittee and Public Relations Committee to co-create an evolving task management system to efficiently support the development and growth of continuing education.

My vision for ADTA Continuing Education?

- Strategic and innovative development of continuing education will be a powerful bridge to allied professionals, consumers and future students, positioning DMTs as experts with unique knowledge in the world of mind body healing.
- It will provide an abundant revenue stream that will allow the ADTA to invest in other areas, long forestalled awaiting adequate funding.
- It will be a value-added benefit to our members: increasing engagement; responding to our members' needs; expanding clinical and advocacy skills; providing platforms for new and diverse voices to be heard and challenging each of us to grow beyond our assumptions, biases and comfort zones.

I would love to hear from you if you have comments, ideas or suggestions. I also welcome volunteers who wish to serve on the Continuing Education Subcommittee as we move forward. Please contact me at ce@adta.org or speak to me directly at the Conference in October.

Hope to dance with you in Miami!

ADTA BLOG

Submitted by Lora Wilson, BC-DMT

Extra! Extra! Read all about it!

Moving Dance/Movement Therapy Forward, the official blog of the ADTA, continues to be used to publish new posts and re-circulate relevant content from past years. While news organizations are increasingly reporting on dance/movement therapy, expanded media coverage of dance/movement therapy is a continued goal of the Public Relations Committee. The ADTA blog is a means to that end, where member-authored stories on research and practice are published and the power of outreach is put in YOUR hands.

Recently, Robyn Flaum Cruz's post *Dance/Movement Therapy has Positive Impact on Quality of Life, Depression, Anxiety, Well-being, Mood, Affect, and Body Image: A Journal Brief was shared 361 times on Facebook and reached 7,389 people on that platform alone. Congratulations to Robyn Flaum Cruz for writing a post that achieved such resonance with its audience and congratulations to all those who chose to participate in its success by engaging on social media for the purpose of promoting our profession.*

With every share of an ADTA blog post on your Facebook, LinkedIn page or Twitter feed, you are directly contributing to an algorithm that is increasing the audience size of that blog post. With every comment you add to a Facebook post, you are ensuring even more people will see that post. Together, with minimal effort, we can boost the size of the audience and who knows when and where that ADTA-created post will land. Perhaps in the feed of a legislator, a potential employer or client or a journalist who can take the story to the next level!

Have you visited the blog itself on the ADTA website? You can access it via the home page or via this direct link: http://056.c09.myftpupload.com/blog/ We encourage you to visit it and share posts via your social media platforms at your discretion. Together, let's continue to Move Dance/Movement Therapy Forward!

ADTA Blog Leadership Team

Ande Welling, Blog Editor-in-Chief

Lora Wilson, Blog Director

Melinda Malher-Moran, Assistant Blog Director

CHAPTER REPORT: CALIFORNIA

Submitted by Elizabeth Fluck, BC-DMT

The CCADTA Chapter Board is currently transitioning Board positions. We extend our heartfelt gratitude for the members of our Board who have served this year and will continue to serve this coming year. A special thanks to those who are transitioning off the Board including Malini Nagpal, President; Deva Connett, Government Affairs Co-Chair; Lisa Manca, Elections Committee Chair and Alice Astarita, Student Representative. Our Board sends out warmth and appreciation to Chandra Chaikin as her role shifts from Treasurer to lead our chapter as President. On August 24, the Chapter Board conducted the Annual Board Retreat. The Board gathered to connect, rejuvenate and create a focus for the coming year.

A few positions on the Board remain open including: NoCal Programming Co-Chair, Communications Co-Chair and Student Representative. Please consider serving on our Board.

Also, we are looking for one more member for our Professional Development Fund Committee to evaluate applications and assist in deciding who will be the honoree for our 2019-2020 Professional Development Fund Award. We are hoping to fill this position quickly, so candidates will be chosen on a first come, first served basis. Thank you for your interest in this position.

Please email CCADTA@gmail.com if you are interested in volunteering for any of these Board positions. On June 2, the California Chapter hosted a full day Northern California Event in Berkeley. Tina Stromsted, BC-DMT and Jungian Analyst, presented The Soul's Body: The Dance of Three. This workshop focused on the further application of Authentic Movement developed by Jungian analyst Marion Woodman and her team. A form of embodied active imagination, the practice involves a mover/client, a mirror/therapist and a container/supervisor who explore the dynamics of their relationships. Working in groups of three, each participant had an opportunity to move,

witness, contain and reflect on his/her embodied experience. The triad supports the regenerative effects of natural movement and empathic response.

Chapter members Lisa Goldfein, BC-DMT, and Miyuki Kanda, BC-DMT, will present a workshop on September 7th at 1:30 pm entitled Self-Care in Motion: Part II. This is Part II of their self-care series. Experience how movement can help us express ourselves more authentically, release tension and connect better with ourselves. No prior experience required (ages 18 and up). Register at: www.wellnessintegrationteam.com

CHAPTER REPORT: CAROLINA

Submitted by Rayni Collins, R-DMT

In May 2019, the Carolina Chapter conducted a survey with current members seeking feedback on making improvements. On June 30, 2019, members met to review the survey results and discuss possible directions for the Chapter in order to "envision the future with 2020 sight." The main consensus from the survey results was a strong desire for more connection! The Chapter Board is looking for other locations across the Carolinas to have the annual workshop and annual meeting as well as establishing easier ways to communicate on a regular basis. One shift occurring over the month of September 2019 will be moving from the Yahoo! Groups to a Facebook Group: Carolina Chapter ADTA.

Also, at the June 30, 2019 meeting, members of the Chapter presented Angela Wiley with a Certificate of Appreciation to commemorate her extensive services, creativity and dedication to the Chapter. Thanks again, Angela, for all your hard work over the years!

CHAPTER REPORT: ROCKY MOUNTAIN

Submitted by Voniè Stillson, BC-DMT

The Rocky Mountain Chapter hosted "Aquatic Dance/Movement Therapy" a workshop led by Voniè Stillson this quarter. We are in the planning stages of our bi-annual spring conference, coming in 2020. Stay tuned for more information!

We are sponsoring a \$250 scholarship to attend the national Conference in Miami. To apply for the scholarship you must be a Rocky Mountain Chapter member and send your response of 100 words or less to the question: "Why would you like to attend the National ADTA Conference"? to rmadtainfo@gmail.com by September 30th.

CHAPTER REPORT: WASHINGTON

Happy end-of summer and happy sunshine, everyone!

This edition of our newsletter contains:

- updates on past chapter events
- an exciting scholarship winner announcement
- save the dates on upcoming events
- information shared from the national organization

As always, we love to hear from you and have in this newsletter some specific questions for you. Keep scrolling for the good stuff. We look forward to receiving your responses!

WAADTA Board of Directors

SAVE THE DATE: CHAPTER MEETING

Sat. Sept 7th, @ Velocity Dance Center 1-3pm

Join Board Member Lauren Harrison for a chapter meeting focused on moving and exploring together. Lauren will bring props for participants to use that may support their professional needs and will facilitate movement experiences and discussion for professional development. Come curious and ready to play! RSVP Here

QUESTION: Would you like to dance together?

(October Chapter Event)

The Board would like to invite all community members, friends, and interested parties to come dance with us at DANCE CHURCH*. Will you join us?

Fill out this <u>Doodle Poll</u> for dates in October, and we'll send an announcement with a confirmed date/time if there is interest.

*Dance Church is an all abilities movement class that creates a communal space for everybody who wants to move their body. Classes last 90 minutes, are held at Velocity, Fremont Abbey, and Century Ballroom, and cost \$15 for one-time drop in.

ANNOUNCEMENT: Scholarship winner

We are so pleased to award our Aspiring DMT Scholarship to **Elizabeth Hough!** Elizabeth is in her final year in the Low Residency DMT program at Lesley University, and this scholarship will help her finish her thesis by lightening the financial stresses involved with being a student while working part time. Elizabeth, we are so happy you applied and wish you all the best in your journey to becoming a dance/movement therapist!

UPDATE: Book Exchange and Lending Library

Huge shout-out to chapter member **Nancy Goldov** for hosting our August Chapter event, a book exchange! We are grateful to Nancy for donating the founding collection of books to our new Lending Library. The event brought

together dance/movement therapists and allied professionals with many levels of experience, and all benefited from sharing, knowledge, and excitement at the treasure trove of books about creativity, movement, psychology, and the healing arts.

Stay tuned for more information about our Lending Library, our newest chapter resource dedicated to making scholarship accessible to all members and to supporting the professional development and identity of our community.

FROM OUR COMMUNITY: Call for thesis help!

Hello! My name is Jillian Lambrecht and I am a Dance/Movement Therapist M.S. graduate from Pratt Institute (pending thesis completion). I am a Seattle native and currently reside in Kirkland.

I am reaching out because I have been struggling with completing my thesis for quite awhile now. It occurred to me that I might reach out to the DMT WA community and see if anyone in the area might be interested in tutoring me to help me complete this monster of a thesis so that I can finally start practicing!

My thesis is a heuristic inquiry on maintaining presence and grounding during DMT sessions, utilizing authentic movement to develop a deeper understanding of the self and processing. All of my research is complete, I just need help with the academic voice in writing.

I appreciate your time and energy and any words of encouragement or suggestions are greatly appreciated. Sending love and light,

Jillian Lambrecht

Dance/Movement Therapy M.S. Candidate (pending thesis completion)

writish303@gmail.com

Please respond directly to Jillian!

FROM THE ADTA: Job opening in Madison, WI

JOB ANNOUNCEMENT

Hancock Center for Dance/Movement Therapy (HC) seeks two Dance/Movement Therapists (D/MTs) to join our small non-profit organization in downtown Madison, WI – one therapist to work primarily with children and one therapist to work primarily with adults. Summary of position: experienced Board Certified-Dance/Movement Therapist (BC-DMT) with a Master's degree will provide individual and group dance/movement therapy services to children and/or adults who have a variety of social/emotional needs and DSM-V diagnoses. These services occur both on-site at HC and in the local community. Each position entails collaboration with client teams, HC staff and volunteers, and professional representation of HC. The positions start at 20 hours per week with benefits; there is potential to increase hours based on the needs of HC. For a more detailed job description, visit our website: HC DMT Job Announcement

ABOUT EMPLOYER

Hancock Center for Dance/Movement Therapy, founded in 1983, is a unique non-profit organization in downtown Madison, Wisconsin. HC provides dance/movement therapy services and health and wellness education on-site and in the community and schools to people of all ages and abilities. HC is housed in an old Queen Anne style home with staff offices and two large movement studios. Clients seek services both independently (self-referred) and in collaboration with other professionals from public and private social service agencies, hospitals, community programs, educational facilities, and mental health providers. For more information, visit our website: http://www.hancockcenter.net

QUALIFICATIONS

Required: Current BC-DMT credential; Master's degree; Ability to work a combination of day, evening and possibly some weekend hours; Ability to transport independently to off-site facilities. Preferred: Additional LPC, LCSW, or MSW credential. Persons hired will need to obtain a State of Wisconsin Dance Therapist registration with license to practice psychotherapy (DTRL).

Experience/Skills:

...• A strong clinical background is preferred with a minimum of 2 years post-graduate experience as a D/MT with focus on children (0-18) or adults (18+). • Training and experience in trauma therapy is necessary. • Demonstrated sensitivity to and knowledge of working with historically marginalized i...

Ability to commit to the following:

- Adherence to the ADTA Code of Ethics and Standards of Practice.
- Respectful and healthy communication and boundaries, both professional and personal.
- Collaboration with co-workers and the professional community, both seeking out and sharing expertise.

COMPENSATION

Pay starting at \$20.00-\$25.00/hour, depending on experience. Benefits include: regular clinical supervision by an experienced BC-DMT; paid vacation, sick and holiday time; short- and long-term disability and life insurance; and monthly/annual bonuses.

TO APPLY

Applications accepted until positions filled; priority given to those received before 10/5/2019. Mail cover letter, resume, and contact information for three professional references to:

Robyn Lending Halsten, Clinical Director

Hancock Center for Dance/Movement Therapy

16 North Hancock St., Madison, WI 53703

Or, email to: info@hancockcenter.net.

Hancock Center is an equal opportunity employer. Qualified applicants who are of color/from systematically oppressed populations are encouraged to apply.

FROM THE ADTA: Request from PR Committee

Could you help spread the word about the need for pictures of DMT's around the world doing DMT for the year in review slideshow??

Please email ONLY jpg pictures to the following email address:

adtapublicrelations@gmail.com

It is important to have permission to show any clients in these pictures because this slideshow will be posted on Social Media and Youtube after the conference. Many thanks for helping to spread the word.

Angie Yemma

Public Relations Chairperson of the ADTA

INVITATION: Contribute to our quarterly newsletter!

Have an announcement or something you want to share about the work you're doing as a DMT? Perhaps you have a blog about DMT, you recently started your private practice as a somatic therapist or you're hosting a movement workshop. Let's highlight your success! We love hearing from you! We invite you to email us such information to share with our community.

VOLUNTARY CONTRIBUTIONS

Thank you for your voluntary contributions to the ADTA between June 1st and August 31st

Up to \$25

- Suraija Agosto
- Sarah Arnett
- Bonnie Bernstein
- Kimberly Bevans
- Suzanne Eagan Beverly
- Kimberly Bow
- Sari Breuer
- Bonnie Brunton
- Charlene Caiano
- Nancy Jo Cardillo
- Meg Chang
- Susan Creighton
- Rebecca Crane-Okada
- Sheau-Ling Duh
- Mary Dunbar
- Suzanne Ecker
- Victoria Eisner
- Stefanie Endler
- Karen-Melissa Escobar
- Pamela Fairweather
- Monica Fischbach
- Judith Fischer
- Orit Janco Golan
- Suzanne Hastie
- Kenneth Hill
- Sara Moore Hines
- Takane Hirai
- Theresa Howard
- Suzanne Hunt
- Marsha Perlmutter Kalina
- Carol Kaminsky

- Connor Kelly
- Hana Kamea Kemble
- Susan Kierr
- Tamar Kipnis
- Lynn Koshland
- Pamela Lerman
- Patricia Littlewood
- Susan Loman
- Patricia Lucas
- Dawn Lyon
- Linda McAndrew
- Aleda Arnold Menchyk
- Lauren Mickle
- Margaret Migliorati
- Jennifer Moore
- Kimberly Morrill
- Paula Naatz
- Malini Nagpal
- Melissa Nedza
- Margaret O'Brien
- Anne Olin
- Tria O'Maille
- Corinne Ott
- Lisa Pauley
- Kristen Peterson
- Liza Roecki
- Michal Shamay Rokach
- Kimberly Rothwell
- Melissa Sanchez
- Luanne Sberna
- Heidi Schmitz
- Ellynne Skove
- Galit Zana Sternfeld
- Tina Stromsted
- Ellen Talles
- Leif Tellmann
- Elizabeth Templeton
- Stephanie Thomas
- Sally Totenbier
- Mary Whiting
- Lora Wilson
- Mat Ottenberg Winer
- Allison Winter
- Joanne Casey Zullig

\$26 to \$50

- Tina Erfer
- Sherry Goodill
- Jenna Dalley Heise
- Michael Gardos Reid
- Anne Reboredo
- Alison Salter
- Marybeth Weinstock
 - \$51 to \$99
- Anat Ziv
 - \$100 and over
- Pamela Brennecke
- Hilary Cadwell
- Caroline Loupe

Lisa Roll

CONFERENCE SCHOLARSHIP DONATIONS

Thank you for your voluntary contributions to the ADTA Conference Scholarship between June 1st and August 31st

- Millie Baker
- Velesha Beauchamps
- Monica Beltran
- Sandra Biery
- Meg Chang
- Vincente Dante
- Sheau-Ling Duh
- Elaine Egidio
- Karen-Melissa Escobar
- Valerie Henderson
- Rebecca Houghton
- Marsha Perlmutter Kalina
- Shira Karman
- Susan Kierr
- Judith E. Klein
- Nana Koch
- Bat-Sheva Koren
- Lynn Koshland
- Fran Levy
- Joan Lewin
- Melinda Malher-Moran
- Lenore Manzella
- Anne Olin
- Tria O'Maille
- Paula Perlman
- Boon Soon Ryu
- Geraldine Silk
- Barley Smith
- Deborah Stone
- Paige Sturrup
- Anat Ziv

MARIAN CHACE FOUNDATION



Submitted by Jane Wilson Cathcart, BC-DMT; Ann

Lohn, BC-DMT; Sharon Chaiklin, BC-DMT; Susan Kleinman, BC-DMT; Lynn Koshland, BC-DMT This is the last newsletter before the Conference. Therefore, we wish to highlight events of importance sponsored by the Marian Chace Foundation.

We are greatly honored that Dr. Nana Koch will be the Marian Chace Foundation Lecturer at the ADTA Conference in Miami in October. Dr. Koch was honored by the ADTA in 2012 for Excellence in Teaching. Her talk is titled *Reflection, Evolution and Risk Taking*. She will be introduced by Elissa Queyquep White, former President of the ADTA.

The Lecture is clearly meant to challenge and have us think. It will be immediately followed by the Research and Poster Session where, in addition to viewing the work of our colleagues, you are invited to have refreshments sponsored by both the Foundation and the ADTA. Put it on your calendar for Friday, October 18th beginning at 2pm. The trustees of the Marian Chace Foundation will be there to welcome you and answer any questions you might have.

First announced in the most recent newsletter, the trustee transitions within the Foundation have been smooth. To reiterate, after over 30 years as President, Sharon Chaiklin is stepping aside and as Past President will remain involved by serving as an adviser to the ongoing work of the Foundation. Jane Wilson Cathcart will move into the

role of President and Lynn Koshland, the newest trustee, will assume the role of Secretary. Ann Lohn will continue as Treasurer and Susan Kleinman in the position of Outreach. There are some address changes which will soon be updated on the Marian Chace Foundation pages of the ADTA website.

If you wish to apply for a grant, we remind you the annual deadline is February 15th.

And for those of you who have graduated within the past five years, there is a \$200 Journalism Award given by the Foundation for articles published in the AJDT. Please see the description in the back of your printed AJDT for procedural details.

We also wish to thank all those who generously remember to donate to the Foundation so that we can sponsor these events as well as provide funds for the various grant proposals received each year. Our mission is to continually grow and support our profession.

Donations received June 1st through August 31st

FRIENDS (up to \$36)

- Lillian Weisberg In honor of Sharon Chaiklin PARTNER (\$100 – \$499)
- Kim Dunphy

CONGRATULATIONS NEW R-DMTS & BC-DMTS

Congratulations to all the R-DMTs and BC-DMTs who earned the designation between June 1st through August 31st.

R-DMTs

- Mary E. Guillermo
- Jessica White
- Jasmine Yahid
- Savannah Weatherington
- Kelsey Sawyer
- Marissa Dombrowski
- Melody Gamba
- Grace Pelzer
- Amy Motson
- Wan Lok Chan
- Jayorti Soor
- Genevieve Fuller
- Ebony Nichols
- Megan Haase
- Cara Spilsbury
- Sara Schmidt
- Amy Drake
- Brittni Cleland
- Hayley Rosenfeld
- Christine Mantey
- Elizabeth Shemory
- Kim Hamadani
- Taylor Elizabeth Provenzano
- Genevieve Post
- Katelyn Cramer
- Stacey Crimans
- Gabrielle English
- Mallory Cohen
- Celia Pope
- Bryana Cruz
- Emily Murdock
- Breana Nicholson

BC-DMTs

- Wei Chen
- Donna Decotiis
- Corey Fisk
- Lisa Fladager
- Virginia Hill
- Keyana Jones

- Karen Linafelter
- Jenna Mao
- Sara McIntyre
- Sarah Miller
- Maria Ninos
- Stephanie Terrell
- Erin Tower

NEWSLETTER SUBMISSION GUIDELINES

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be *no more than 2 ½ pages* when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read "ADTA Newsletter Submission"
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter **Deadlines**:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28

NEWSLETTER ADVERTISING INFORMATION

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided below. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Member Rates

Single – \$100

2 Issues – \$175

4 Issues - \$300

Non-Member Rates

Single - \$150

2 Issues - \$275

4 Issues - \$500