

THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY ASSOCIATION

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The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:
 Mat Winer, Copy & Content Editor
 Gloria Farrow, Co-Editor
 Amber Falls, Format & Design

A Few Words from the Newsletter Team

Gear up for Summer with the ADTA! Catch up with the Board, Chapters and view the election results.

Remember to submit your articles for the next ADTA Newsletter. We love to hear from our members. Send your thoughts, photos, news, etc. The next newsletter submission deadline is August 31st. Be sure to read the Newsletter Submission Guidelines on page 17.



Board Reports: President

Submitted by Margaret Migliorati, R-DMT



Summer greetings dear ADTA members!

I have much to share with you in this newsletter as Spring has been quite productive around here! It started in March with a whirlwind week-long trip of advocacy in Washington, DC as the ADTA, the Marian Chace Foundation and the local MD/DC/VA Chapter partnered with the documentary *Little Stones* for several events during that week. Events included public screenings of the film (which features four artists including Indian DMT Sohini Chakraborty), legislative visits to advocate for women's rights around the world and for the creative arts, a public master class with Sohini and opportunities to meet and speak with the filmmakers and artists in the film. A special shout-out to the MD/DC/VA chapter for the incredible hospitality they showed to the filmmakers and international artists. Check out some of the pictures from the *Little Stones* events below.



Above Left: With ADTA MD/DC/VA Chapter members Hilary White and Catherine Davidson at a DC screening
Above Right: The international artists of *Little Stones* including DMT Sohini Chakraborty (2nd from left)



My week in DC ended with the ADTA's annual attendance at Arts Advocacy Day, sponsored by Americans for the Arts. The ADTA is a national partner for this two-day event which sees more than 700 people from arts organizations across the country descend on the hill for advocacy training and legislative visits.

Along with myself, there were five others in attendance representing DMT including Renee Wolfe, Myrna Mandlawitz, Kristin Pollock, Lora Wilson Mau and Lauren Milburn. Lora and Lauren were the recipients of the ADTA Arts Advocacy Scholarship which supports a professional and student member attending the event. Arts Advocacy Day was educational and inspirational, and I hope you will consider applying for the next Arts Advocacy Scholarship so that you can perhaps join us in 2019.



Above: With ADTA members Lora Wilson Mau from CA and Kristin Pollock from NJ

Board Reports: President

Continued...

All in all, my week in DC was creative, productive and a wonderful example of the power of collaboration!

In April I conducted our annual Spring Board meeting in Columbia, MD from April 13-15. This was my first, full board meeting at the helm and it was such a privilege to be sitting around that table with so many smart, passionate and committed DMTs. The Executive Committee convened on Friday to conduct business as well as informally meet with the Marian Chace Foundation Trustees. On Saturday and Sunday, along with attending to regular board business, the Board met with ADTA long-time accountant Rick LeFever who provided an overview of the ADTA's finances and the Board's fiduciary responsibilities. We also set aside a half day to work with Caryn Anthony, a consultant from Maryland Nonprofits, to help us clarify our needs, priorities, options and resources for strengthening ADTA's leadership. More highlights from the Board meeting are below.

And, as a reminder, you are always welcome to attend and observe an in-person Board meeting. These Board meetings take place twice a year; once in the days preceding the conference and once in the Spring in MD. We would love to share the inner workings of the Board with you!



Above Left: At the board meeting with ADTA accountant Rick Lefever
Above Right: Meeting with the trustees of the Marian Chace Foundation

Lastly, in early May I headed to Chicago for the annual in-person meeting of NCCATA (National Coalition of Creative Arts Therapies Associations). NCCATA, founded in 1979, is an alliance of membership associations dedicated to the advancement of the creative arts therapies professions. NCCATA represents over 15,000 individual members of six creative arts therapies associations nationwide, including the ADTA and dance/movement therapists. A highlight of our work together was a lengthy and productive conversation about how NCCATA, and its member associations, can best support each individual association's licensing efforts across the country. This meeting was yet another example of the power of collaboration for the greater benefit of all.

We want mail!

Questions, comments, thoughts, pictures... submit them for the next ADTA newsletter. We love hearing from our members. Be sure to read the newsletter guidelines before submitting.



Board Reports: President

Continued...



Above: With the leaders of the other NCCATA member associations

Highlights from the Spring Board of Director's Meeting (April 13-15, 2018, Columbia, MD)

The board approved 17 motions and 1 consensus item as well as attended to new initiatives. Highlights of the board meeting include:

- Creation of a workgroup charged with identifying pathways to licensure, credentialing and reimbursement for DMTs, to report back at the Fall 2018 Board meeting.
- Approval of a collaborative and streamlined approach between the ADTA Standards and Ethics Committee and the DMTCB (Dance/Movement Therapy Credentialing Board) for investigating charges of ethical violations.
- Approval of a budget line item to start identifying and inventorying items for the ADTA Archives.
- Approval of a budget line item to support the continuation and expansion of the ADTA Giving Tuesday initiative. Also approved the 2018/2019 Giving Tuesday theme: *Outreach to Marginalized Youth: Empowering Potential*. See the Treasurer's report in this newsletter for more details.
- Increased the Research budget to support the ADTA co-sponsoring a research poster session reception with the Marian Chace Foundation at the 2018 conference.
- Increased the PR budget to live stream more events from the 2018 conference for those who are unable to attend.
- Increased the funding of the Multicultural and Diversity conference scholarship to allow the recipient to come early and attend the Fall Board meeting.
- Approval of a timeline for the rollout of new Alternate Route Standards (see Education report in this newsletter for more details; the work being done by this committee under Jessica Young is simply astounding!)
- Discussion of developing a Leadership Scholarship in an effort to mentor potential ADTA leaders. Secretary Leslie Armeniox is taking the lead on this initiative and will report back in the Fall.

I hope my report has given you insight into the Board's work on behalf of you and dance/movement therapy. I also hope it has sparked an interest in you to volunteer on one of the many ADTA Board committees. There is always a need, and room, for what you have to offer!

As always, please contact me at president@adta.org with questions, concerns and ideas.

Respectfully submitted,

Margaret Migliorati

Board Reports: President Elect

Submitted by Paul Sevet, BC-DMT



Hello Everyone, I want to thank you for your continued support of our profession.

The 2018 conference in Salt Lake City, Utah in October 11-14 is ready for you! Early registration, good until July 15, is live on the ADTA website. Take

advantage of the early pricing and reserve your workshop choices now. If you need any convincing that this is a fantastic conference, please take a few minutes to look at the conference master schedule to see the breadth and wealth of workshops, lectures and meetings. It represents our high degree of professionalism as our work reaches far and wide. Offerings include trauma work, social justice and culture, substance addiction, creative process, dance, space harmony, LMA, erotic embodiment, attachment, postpartum experience grief and much more. Our keynote promises to be a stimulating, informative and moving experience focused on power and privilege. The

International Panel in focused on trauma and restoration. And don't forget the Research Poster Session and reception following the Marian Chace Foundation lecture by Christine Caldwell. Professional and many committee meetings are scheduled, and the Members-At-Large are sponsoring a Chapter Leaders meeting as well.

Our organization/profession is rich, and you can bask in that abundance by joining us as we celebrate our work and the impact it has on our clients and patients as well as the difference we make in our society. I look forward to seeing all of you this year in Utah!

In addition to the Conference, another important task was given me by the Board of Directors. I was asked to head a task force on licensure and accreditation. How we can best move forward in this vital area? The task force is assembling as I write, and I welcome any suggestions, experiences and questions from the membership. My email is presidentelect@adta.org.

Board Reports: Treasurer

Submitted by Vicky Wilder, BC-DMT



The ADTA is a 501(c)6 organization. Contributions to a 501(c)6 are not tax deductible as charitable contributions. However, for fiscal year 2018-19, 100% of ADTA dues, chapter dues and credential dues are deductible as an ordinary and necessary business expense. Consult your tax advisor for your situation.

As your elected Board of Directors, fiscally responsible for the ADTA's resources, we want to provide the membership with financial updates. At the Spring Board meeting in Columbia, MD, the following adjustments were made to the budget:

- Live streaming at the conference: \$2000 (*Vision 2021 Increased Member Engagement*)
- Discovery phase of the Archives project: \$3000 (*Vision 2021 Clear, Communicable Identity*)
- To grow the #GivingTuesday Service/education projects: \$2000 (*Vision 2021 Expanded and Diversified Educational Opportunities; Increased DMT employment*)

Announcing the focus of the #GivingTuesday 2018-19 project:

OUTREACH TO MARGINALIZED YOUTH: EMPOWERING POTENTIAL

Look for the application and more information on the website June 15th! We encourage interested dance/movement therapists to consider applying for the \$1000 grant.

The #GivingTuesday 2017-18 project video with Amber Gray will be shown at the conference. The title is **OUTREACH TO REFUGEES: FOSTERING CONNECTION and BELONGING.**

Clinical Consultations will be offered again at the October conference. On the conference registration site, you may select to receive a consultation with a BC-DMT OR select to be a BC-DMT providing a consultation to our developing professionals.

Watch for your Treasurer and President live on Facebook on September 30.

Thank you to the Finance Committee for their guidance and assistance:
Jacelyn Biondo, Corinne Ott, Liz Hagerman

Board Reports: Education Committee

Submitted by Jessica Young, BC-DMT



I would like to begin by extending very warm congratulations to the recent graduates and to those who may be completing their Alternate Route (AR) coursework and clinical training!!! The world needs you and has already benefitted from the work you've accomplished in your clinical placements. I'm excited to meet you all, to learn from one another and to call you colleagues!

In other exciting news, there are several leadership transitions within the approved programs (AP). Ellen Schelly Hill will retire as director of Drexel's Dance/Movement Therapy and Counseling MA Program on June 30th. The Department of Creative Arts Therapy at Drexel has announced that Dr. Christina Devereaux has been hired as the next director of the program and will step into role July 1st. Ellen has been appointed Associate Clinical Professor Emeritus. Antioch University New England has announced that Dr. Tomoyo Kawano has accepted an appointment to serve as Program Director in the Dance/Movement Therapy and Counseling program as of July 1st. Please join me in extending a heartfelt congratulations to Ellen, Christina and Tomoyo. We especially recognize Ellen for her years of dedicated service in passionately educating students to become dance/movement therapists. Her wisdom, experience and mentorship have graced the field in vast and immeasurable ways. Ellen, may you enjoy the dance of retirement!

I'm thrilled to share that the very hard-working AR Standards Working Group (Linda Aaron-Cort, Meg Chang, Kalila Homann, Barbara Nordstrom Loeb, Suzi Tortora and Jessica Young) has completed an initial draft of the AR Education and Clinical Training Standards (Section I)! This initiative supports the ADTA 2021 vision of expanding and diversifying educational opportunities, as the proposed revisions aim to make AR education more accessible. On May 21st, a draft was sent to the following constituents for review and comment: AP directors and faculty, AR educators, ADTA Board of Directors, DMTCB Chair and Chairs of the following committees to share with their members: Research and Practice, Standards and Ethics, Multicultural and Diversity (MDC) and Approval (including Sub-Committee for Approval of Alternate Route Courses). If you are a member of one of these groups and you did not receive the draft, please email me directly. Upon review of feedback by the working group, a second draft will be disseminated to all educators for additional feedback. The target date to submit to the Board for ratification is during the conference in Salt Lake City. The main goal is to make AR education more accessible while maintaining the ADTA Standards of Education and Clinical Training in alignment with AP. We also anticipate that we will need invested individuals willing to create standardized policies, procedures and documentation related to some of these changes. If you wish to help shape the future of AR education, please reach out to me at education@adta.org and I will be happy to share more information with you about ways to help.

Approved program educators had a teleconference on April 26th, and we are grateful to Charné Furcron, Chair of the MDC, along with Angela Grayson, former Chair and Rosey Puloka, coordinator of the LGBTQA+ Affinity Group, for sharing student concerns related to culture and diversity within the approved programs as well as ideas of how to move forward. We are especially grateful for the support that you offer to students and the resources that you provide to educators. We look forward to continued and regular conversations as we take more action to better address culture and diversity within education. As an example of this action, the inaugural standing Education Workshop at the conference this year is entitled *Foregrounding Social Justice in DMT Education*. The development of this workshop is a very collaborative process and includes members of the Education Committee, MDC, new professionals and students. Speaking of the conference, educators, please mark your calendars for the following closed meetings on Thursday at the conference: 12:00-1:00 Combined AR and AP meeting, 1:00-3:00 AR meeting, and 4:00-6:00 AP meeting.

The Alternate Route Education Subcommittee (ARES) Core Team continues to field questions from alternate route educators and students with nearly 50 inquiries since the conference in November. They respond to an average of two student inquiries per week. Many people are interested in dance/movement therapy who are passionate about dance and the healing arts. ARES also continues to hear from students asking for clarity and guidance in finding internships. The proposed revised standards begin to address this challenge and hopefully makes clinical internships more accessible for AR students. Please note that the online AR Course Calendar has been updated. Nearly 50 courses are listed that will be offered nationally and internationally from March 2018 to the end of the calendar year! Please direct all alternate route questions to Sandra Beggs, chair of ARES at sandrabeggs@miamicounseling.com

Finally, I thoroughly enjoyed my debut on Facebook Live with our very own Margaret Migliorati on Sunday, May 20th. Feel free to check it out if you haven't already. I shared information about my role as Chair of Education and the work of this committee. I'm so grateful to have this opportunity to serve on the Board. I continue to learn an enormous amount from Board and committee members and am proud of the work we do. I also just learned, while writing this report, that I have been elected to serve in this capacity again for a final two-year term! Thank you to all who voted and

Board Reports: Education Committee

Continued...

for your continued support. Please feel free to reach out if you have questions or ideas to share with this committee. Your voices are important.

Board Reports: Standards & Ethics Committee

Submitted by Joan Wittig, BC-DMT

Greetings from the Standards & Ethics (S&E) Committee: Joan Wittig (Chair), Angela Grayson, Aisha Bell, Akiko Nishida, Stefanie Belnavis, Candy Lo and Rosey Puloka.

The S&E Committee continues to work toward clarifying the ADTA Code of Ethics, ensuring that the code is accessible to all members, and assists members around the world in facilitating ethical practice of dance/movement therapy.

In our effort to simplify the procedures for making an ethical complaint, some revisions were made to the procedures at the Spring meeting of the ADTA Board. The most notable change involves a process for referring complaints or concerns that may ultimately result in suspension or revoking of credentials to the DMTCB for investigation. Formerly all complaints were investigated through the S&E Committee. Members who would like a copy of the procedures or who have questions can contact me at ethics@adta.org.

As part of our effort to make the ADTA Code of Ethics easily accessible, the S&E Committee has begun the task of identifying terms in the Code that would be clearer if operationalized. This project will be part of the S&E Committee presentation at the annual conference in Salt Lake City. Once identified, the Committee will work to define these terms in a manner that promotes clear, direct communication in the Code. We would be happy to hear thoughts, ideas and questions about this project.

In addition, we have begun conversations regarding how we can assist DMTs working internationally to facilitate ethical practice of DMT around the world. Again, your thoughts, ideas and questions are most welcome.

The Standards & Ethics Committee is at your service to help with any ethical issues, concerns or questions that you may have. You can contact me at ethics@adta.org.

Board Reports: Public Relations Committee

Submitted by Sara R. van Koningsveld, BC-DMT



Public Relations (PR) has been keeping busy with many things over the past few months. Our projects, tasks and responsibilities include visual/digital media development, social media publication and support through the e-blasts, website and general marketing. The PR Committee is actively involved in many of the initiatives of the ADTA including #GivingTuesday and the Annual Conference.

Led by our New Media Manager, **Angie (Giordano-Adams) Yemma**, the New Media (Social Media) Team has been working hard to keep our online presence strong and growing. There have been many changes and updates - from updating the Policies & Procedures, participating in awareness campaigns, developing and sharing graphics and engaging through our active social media platforms. This team keeps busy!

During the Spring 2018 Board of Directors meeting, updated Policies & Procedures were approved including the restructuring of our social media team, currently under the direction of the New Media Manager, **Angie**. This included the creation of two (2) sub-groups: Gathering Team and Sharing Team. Currently recruiting team members, here is a brief description of the needs:

- Gathering Team: identify and resource articles, videos, images, etc. to be shared
- Sharing Team: participate in the posting of all collected information, commenting and engaging with the ADTA community on social media
- With as little as 1-hour per week, you can help us grow our social media influence and spread the word about ADTA and DMT.

Board Reports: Public Relations Committee

Continued...

- For more information or to become involved in these social media teams, contact **Angie** at: ADTAsocialmedia@gmail.com.

With media engagement comes growth, so here are some amazing stats on what we've accomplished since the New Year (Jan 2018-Apr 2018)! It's great to see our community growing and the word about dance/movement therapy spreading!

- Facebook Page: +223 followers/ Almost to 7,000 followers!
- Instagram: +91 followers/ We reached 1,001 in May 2018!
- YouTube: +317 subscribers/ 2,513
- YouTube: +27,449 views since January 1, 2018!!!!

To celebrate achieving 1000+ followers on Instagram, ADTA and the PR Committee is hosting a GIVEAWAY! Please see our Instagram page (@ADTAorg) for more information and to participate. The promotional giveaway will run through June 22nd to encourage more followers, engagement and sharing of our content. Be sure to read all the eligibility requirements for entry and the possibility of winning a prize from ADTA!

Another exciting update regarding social media is the introduction of our monthly “**Meet the Board of Directors**” on Facebook LIVE. ADTA President, Margaret Migliorati, has already hosted three video chats since January 2018 and we have shared four LIVE events. Previous events have addressed: what is DMT? how to become a dance/movement therapist and basics about ADTA, participation in the Board and leadership as well as a dialogue with previous and future Presidents and our Education Committee Chair. To view archived videos, be sure to go to www.facebook.com/AmericanDanceTherapyAssociation and click on “Videos” in the left column. To improve the viewership of our content, we encourage you to like, comment and share your thoughts on these archived events. In addition, be sure to check out our upcoming Facebook LIVE events on: **June 24th**, featuring Meghan Murphy-Sanchez the Government Affairs Chair and **July 29th**, featuring myself as Public Relations Chair. Like us on Facebook, look for reminder posts and save the dates!

Beyond Social Media, the PR Committee is in the process of establishing a Marketing Team. This team will focus on: Vision 2021 initiatives to promote: advocacy, education and growth of ADTA. The Marketing Team will be responsible for the creation of promotional materials, such as images/graphics, print materials and e-blasts in collaboration with the ADTA Office. You do not need any prior experience with marketing or graphics but do need a passion for thinking outside-of-the-box, willingness to use various software/technology, communicate effectively verbally and in writing and truly be a team player. Please email **Sara (myself)** at: publicrelations@adta.org, if you have questions or would like to join the new Marketing Team.

Lastly, you may have noticed the RELAUNCH of the ADTA Blog. Editor-in-Chief, **Ande Welling**, Blog Team Coordinator, **Lora Wilson Mau**, and Editor, **Melinda Malher-Moran** have been working hard at curating new content, releasing previous posts and revamping the format. Please “pardon our dust” as PR and the Blog Team move forward in sharing more resources and information about DMT and ADTA in the coming weeks and months!

Lastly, we have had major changes and a fabulous rebirth of our website over the past two years. Do you have any feedback or ideas that could make it even better? Think specifics, for example, “I would love to see a link for ___ on ___ page.” or “The images on ___ page do not load well.” Please feel free to contact me, **Sara**, at any time with your input (publicrelations@adta.org).

The Public Relations Committee is grateful for all the materials you share, engagement in our media and feedback you provide in promoting, advocating and educating about ADTA and DMT. Without you, we would not have the presence or influence we have in our fast-paced and advancing (more digital) world. Please feel free to contact me at any time with your PR questions, comments, feedback and ideas or if you would like to connect (publicrelations@adta.org). You can also find me on social media (search: Sara v - DMT).

Submitted by Dawn Morningstar, BC-DMT; Marybeth Weinstock, BC-DMT; Pam Margules, BC-DMT



The Spring 2018 Board meeting took place in Columbia, MD and was active and full of energy and ideas about our growth as a field

and an organization. The Members at Large wanted to reach out to explain some of the work we are doing and some of the upcoming events and opportunities for members. Over two days, the all-volunteer board worked very hard to address challenges and problem solve around many issues. In addition, we shared in successes and excitement for the future of the DMT profession and our organization. Below are the highlights:

The 53rd Annual ADTA Conference titled ***Bringing the Body and Creativity into Healing: The Art and Science of DMT*** will be held October 11-14, 2018 in Salt Lake City, Utah. The conference schedule will mirror the schedule from the last conference. Sessions will begin Thursday late afternoon, so make your travel plans accordingly. Registration is open. Below are some of the ways the ADTA is addressing issues of power, privilege and oppression at the conference:

1. Pronoun preference will appear on name badges.
2. Plenary Session will be a panel with the focus on power and privilege.
3. Several workshops will focus on multiculturalism, Native American culture, Gender inclusion and other related topics.
4. The education workshop will focus on culture, diversity and inclusion in educational programs.
5. The Multicultural Diversity Committee will offer a bridge room again. This is a space to explore, learn and move with cultures different from one's own. Stay tuned for details as the schedule becomes finalized, specifically look for the Conference Manager section in the newsletter.

Other highlights and information from the board meeting:

The Executive Committee is aware of many of the issues concerning members including cost, inclusion and licensure, and the Board is working to address these in creative and thoughtful ways.

There is a lot of information accessible to members on the ADTA website or reach out to your Members-At-Large (MALs). We can direct you and help you find the

information you want. On that note, ADTA has several options for paying your yearly dues. One option includes a payment plan so reach out to info@adta.org for details. There are some changes in the National office. Gloria moved to part-time starting July 1, Renee is full-time, and we welcome Tara, part-time.

Keep checking Facebook and Social Media for videos on DMT.

Public Relations is looking for blog writers and help working on the social media platforms, please reach out to them if you are interested.

Giving Tuesday is focused on Refugees this year and Youth next year, stay tuned for announcements regarding applying for grants through the Marian Chace Foundation.

The Education Committee is working on Alternate Route Standards and the Committee on Approval is working on approving programs and the transition of all program to new educational standards.

The Government Affairs Committee (GAC) is looking for members from each state to join the GAC committee to work on the issue of licensure. The GAC resource pages for member to speak to lawmakers will be added to the website soon. Until then reach out to the MALs or the GAC Chair to get more information. As a reminder licensing, credentialing, and reimbursement are all separate and one does not guarantee another. Requirements also vary widely from state to state so get to know the state licensing boards and requirements for your specific state.

The Board is interested in creating a task force to investigate different ways we might approach licensure and accreditation led by the President-elect. More information to come as this initiative is planned for the Fall.

Budget changes reflect Vision 2021 and feedback from membership.

Reach out to us if you have any questions or concerns or want to get connected.

Dawn Morningstar - EasternMAL@adta.org
Pam Margules - CentralMAL@adta.org
Marybeth Weinstock - WesternMAL@adta.org

Board Reports: Conference Manager

Submitted by Gloria Farrow



2018 American Dance Therapy Association 53rd Annual Conference *Bringing the Body and Creativity into Healing – The Art and Science of Dance/Movement Therapy* October 11-14, 2018 Salt Lake City, Utah

Register Now for 2018 Conference: <https://adta.org/2018conference/>

Join ADTA for our 53rd Annual Conference, a full three and a half days of over 50 seminars, presentations, panels and a lecture. A full day of pre-conference intensives precedes the official start of conference on Thursday at 5:00 pm with 75-minute seminars. Plan to arrive early to take advantage of the pre-conference opportunities on Thursday. Stay through Sunday afternoon when we come together for our closing ceremony, welcome new R-DMTs and BC-DMTs and complete the celebration of our 53rd ADTA Conference experience.

Conference Highlights

- Day of Service – two locations: WOW-Women of the World -Refugee and The Children's Center
- Marian Chace Foundation of ADTA Lecture with Dr. Christine Caldwell
- Research Poster Session - come and appreciate the wonderful research while enjoying light refreshments sponsored by the American Dance Therapy Association and the Marian Chace Foundation of the ADTA
- Keynote Plenary Panel with Dr. Angela Grayson, Rosey Puloka and Lindsay Howard
- International Panel *Trauma and Restoration: An International Response* with Amber Elizabeth Gray, United States; Kim Dunphy, Australia; Katia Verreault, Holland; Tannis Hugill, Canada; Dita Federman, Israel; Marianne Eberhard, Germany and Maralia Reca, Argentina
- What would it be without the ultimate dance party of the year
- Great opportunity to explore Salt Lake City and surrounding areas

We have an outstanding line-up of intensives this year. The following is a list of full day and half day intensives:

Full Day:

Incorporating Evidence Based Practices into Dance/Movement Therapy with Eating Disorder Patients with Susan Kleinman and Concetta Troskie

Dancing at the Crossroads of Science and Spirit: Polyvagal-informed DMT for Trauma with Amber E.L. Gray

Foundational Criteria and Fundamental Mechanisms of DMT: Deconstructing and Reconstructing Our Use of Relationship with Laura Allen, Laura Downey, Susie Imus and Jessica Young

Dancing Through the Ages: How Our Early Nonverbal Attachment and Experiences Shape Who We Become with Suzi Tortora

Neurosequential Resiliency Processing: How to use Embodied Bilateral Processing protocols to transform trauma memories with Dicki Johnson Macy and Robert Macy

Morning Half Day Intensives:

Embodied Presence: A Mindfulness-Based Approach to Dance/Movement Therapy with Ryan Kennedy

DMT as Expert: Changing the Narrative, Transforming the Culture of Care for People with Dementia with Donna Newman-Bluestein

Physical Storytelling: An Approach for Integrating Body and Narrative with Steve Harvey and E. Connor Kelly

Board Reports: Conference Manager

Continued...

Afternoon Half Day Intensives:

Talking the Talk: How to speak about DMT to psychiatrists, politicians and potential clients with Leslie Armeniox and Jennifer Frank Tantia

Moving Blind Spots: Cultural Bias in the Movement Repertoire of Dance/Movement Therapists with Ambria Cunningham, Charné Furcron, Chelsea Vill, Stephan Reynolds, Ebony Nichols and Laurie Jones

Embodied Activism: DMT as a tool for creating social connection, action and change with Meghan Murphy-Sanchez

FAQs:

- **Where do I read about each seminar, intensives, presenters' bios, plenary events and more?**
Go to <https://adta.org/2018conference>
- **What's the refund policy?**
Refund policy: \$75 administration cancellation fee. Absolutely no refunds made after September 13, 2018 or for no shows.
- **What can I bring to the event?**
Hotel meeting rooms are often kept at low temperatures. Please plan to pack and dress accordingly to ensure comfort throughout the conference.
- **How do I make my hotel reservations?**
Hotel reservations can be made here:
<https://www.starwoodmeeting.com/events/start.action?id=1802267235&key=305E2C5A>
Remember the conference rate is good for three days prior and three days after the end of the conference if you wish to come early or stay later to explore Utah.
- **What are my transportation/parking options for getting to and from the event?**
Salt Lake's accessibility by air is exceptional. Salt Lake City International Airport is one of the West's major hubs, served by 10 airlines and their affiliates offering over 650 scheduled flights per day. It is also closer to the city it serves than nearly any other airport—only ten minutes from downtown.
Trax Light-Rail provides service from the Airport to downtown Salt Lake. Riders can board at the station and Welcome Center just outside terminal one. Fare is \$2.50, and trains run every 15 minutes. Weekday service begins at 5:30 am and runs until 11:30 pm.
Complimentary self-parking is available at the Sheraton Salt Lake City Hotel.
- **What Continuing Education will I earn?**
BC-DMTs and R-DMTs earn ADTA Continuing Education Credits.
NCCs earn NBCC CE hours.
New York LCATs earn NY LCAT CPE hours
Social Workers – This conference is approved by the Utah Chapter, National Association of Social Workers for CEUs

Continue to access the website for all conference updates. Early bird registration deadline is July 15th!



Board Reports: Election: ADTA 2018 Ballot

Submitted by ADTA National Office

Of the 1,134 ballots sent to Professional and Retired ADTA Members, 257 ballots were cast and tabulated; 22.6% of those polled voted.

Congratulations to the incumbent and newly elected members of the ADTA Board of Directors! The following members will begin their term, Fall 2018:

Jessica Young, BC-DMT – Chairperson, Education Committee
 Angie Yemma, BC-DMT – Chairperson, Public Relations Committee
 Jennifer Tantia, BC-DMT – Chairperson, Research & Practice Committee
 Dawn Morningstar, BC-DMT – Member-at-Large, Eastern
 Kimberly Rothwell, BC-DMT – Nominating Committee, Central

Thank you to all the nominees, nominating committee and members who voted for your participation. The ADTA is only as strong as each of you who participates!



Kestenberg Movement Profile Trainings - 2017

Instructor: Suzanne Hastie, MA, BC-DMT, NCC, LPC, KMP Analyst

Located in West Lehigh Valley, PA (www.twinpondscenter.com)
 –75 minutes from Philadelphia & 2 hours from NYC

These trainings offer:

- Alternate Route or Continuing Education as well as foundational studies in the KMP allowing one to pursue KMP Certification
- Increased understanding of the nonverbal throughout the lifespan
- Small class size; space & time to move; individual attention & group experientials
- Clinical applications
- Learning in a beautiful, tranquil setting in Pennsylvania

Courses & Workshops:

(the 30 hour live courses have been approved by the American Dance Therapy Association as meeting requirements for the Alternate Route R-DMT credential)

June 28, 2017 KMP One-Day Workshop on System I Patterns:
 Tension-flow-Effort (9am-4pm; 6 CE hours)

August 21-24, 2017 Introduction to the Kestenberg Movement Profile
 (2 credits/30 hours)

September 18-21, 2017 Constructing Kestenberg Movement Profiles I:
 Tension Flow Rhythms, Bipolar Shape Flow & Unipolar Shape Flow
 (2 credits/30 hours)

September 28, 2017 KMP One-Day Workshop on System II Patterns:
 Shape-flow-Shaping (9am-4pm; 6 CE hours)

**Also available for purchase--KMP Color Wheel Poster*

*To register for courses, workshops or to purchase a poster, contact
 Suzanne Hastie at suzannehastie@aol.com or (610) 417-0831.*

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Chapter Reports

Carolina Chapter

Submitted by Virginia Hill, R-DMT

Plans for Carolina Chapter's multidisciplinary expressive arts therapies workshop, scheduled for June 23, 2018, are moving forward. The workshop titled **Self-Care, Growth & Community through Expressive Arts Therapies** will be held in Carrboro, NC from 9 am to 5:30 pm. The workshop has been approved for seven NBCC contact hours.

For more information, click on the registration link at: <https://www.dance-drama-therapy.org/training-education-workshops/>

On another note, the Carolina Chapter celebrates with Kyla Mathews Koontz, who recently learned that she has joined the ranks of the BC-DMTs.

CONGRATULATIONS, Kyla!!

New Jersey Chapter

Submitted by Anat Ziv, BC-DMT and Sue Orkand, BC-DMT

Our vibrant Board was extremely busy working on:

- Executing the Eastern Region Book Club (in collaboration with the PA chapter)
- Improving the website and Facebook page
- Offering a Volunteers Service at The Center for Independence, Livingston, NJ
- Offering a Gaga Workshop (in collaboration with PA chapter)
- Supporting the Drexel Colloquium for the 4th year

Eastern Region Book Club:

The NJADTA together with the PA chapter of the ADTA initiated a book club for all East Coast DMTs. The idea behind initiating a book club is to keep the dance/movement therapy community up to date with research in the field.

The first meeting was on April 16, 2018 between 8:00-9:00 p.m. We discussed an article, "Literature – The Art of Reaching Out", written by Rebekka Dieterich (BC-DMT, LPC). The author honored us by attending the first meeting. We used the Zoom as the communication tool. Attendees from both chapters were on the call, asked questions and were engaged in a discussion.

Website Renewal:

Our PR committee chair, Naomi Arad Broome, gave our website a new, fresh look. The new website is user friendly, looks fantastic and is easy to access. You are all invited to visit it at:

<https://www.njadta.org>.

The Chapter's Facebook Page:

<https://www.facebook.com/ADTANJ/>

Has been updated with new events, news from the dance/movement therapy world as well as news from other allied profession.

An Update from the Licensure Task Force of the NJADTA and NJDT:

In this legislative session, our bill (Drama Therapists and Dance/Movement Therapists Licensing Act) has already passed through the State Assembly, and we are now pushing to have it placed on the Agenda of the Senate Commerce Committee on **JUNE 11**. The new Chairperson of this Committee is Senator Pou.

Gaga Workshop:

On Sunday March 18 between 1-3 PM, the NJADTA in collaboration with the PA chapter offered a "Gaga Workshop" at Rider University. Gaga is a movement language which Ohad Naharin developed over the course of many years and is applied in daily practice and exercises by the Batsheva Dance Company members. The language of Gaga originated from the belief in the healing, dynamic, ever-changing power of movement.

The attendees stated that it was nice to experiment with a different movement approach. They found that they could integrate it into their daily personal life or their professional practice.

Chapter Reports

New Jersey Chapter Continued...

Volunteer Service Day:

The NJADTA held a volunteer service day led by former PR Chair of the NJADTA board, Katherine Cameroon. The day took place at Katie's working place: The Center for Independence, Livingston, NJ.

Supporting Drexel Colloquium:

The NJADTA happily supported the Drexel Colloquium for the 4th year. Kristin Pollack represented the NJADTA in the event.

MD-DC-VA Chapter

Submitted by Brigitta White, R-DMT

The MD-DC-VA Chapter of the ADTA had a busy winter and spring programming schedule. In early December, we offered our Winter Retreat at the Project Horse Empowerment Center in Purcellville, Virginia. We practiced self-care and renewed our understanding of nonverbal communication amongst the healing power of non-riding therapeutic horses. Frankly, we had the chance to dance amongst horses in a calm and serene nature-filled environment! We hope to return this year for our Winter Chapter Retreat.

In February, our Chapter hosted a viewing of The Moving Child Film by Hanna Kamea Kemble in Silver Spring, Maryland. Then a couple of weeks later in March, the Chapter participated in the film screening of Little Stones by Sophia Kruz in collaboration with the ADTA! Chapter members volunteered by giving rides from the airport to the film artists from all around the world and helped to host a dinner for the film artists after the screening in Washington, DC. Lastly, the annual Spring Conference occurred on Friday, May 4th at the Dance Exchange in Takoma Park, Maryland. Baltimore's own Lynn Price, MFA presented on The Matrix of Oppression and Trauma.

The Board of Directors will work on a new Chapter website and email group over the summer months, and Chapter Elections will be held as well. Greetings from the Nation's Capital Area!"

Pennsylvania Chapter

Many greetings from the PA chapter of the ADTA! There have been many exciting events that happened so far this year!

The East Coast Book Club, a collaborative initiative of the NJ and PA Chapters, is meant to bring DMTs together to review the latest research in our field. The first meeting, a virtual discussion that included Rebekka Dieterich-Hartwell, was held on Monday April 16, 2018. Her journal article, "The Art of Reaching Out", is an artistic inquiry that led to a thought-provoking conversation among therapists on the East Coast. If you are interested in future book club meetings, please contact paadta@gmail.com.

The PA and NJ Chapters hosted a Gaga Workshop at Rider University on Sunday March 18, 2018. Our introduction to this extraordinary active movement meditation developed by Ohad Naharin, the artistic director of Batsheva Dance Company, involved us moving for an hour through the directives of one of his students, Omri Drumlevich. The parallels to DMT were discussed afterwards.

On March 23, 2018, the PA ADTA performance club went to see DanzAbierta performing "Malson." The performance club offers chapter members and friends the opportunity to enjoy performances together. Future performances will be found on our website at www.paadta.com under events.

As Spring becomes Summer, we are preparing for Drexel University's Research Colloquium. This is the opportunity to listen to newly conducted research topics from Drexel DMTC graduates. We hope you join us in welcoming them to the field on Wednesday, June 13 at 6 pm, with a reception hosted by the PA and NJ chapters to follow at 8pm.

There are many events being planned that we cannot wait to share with you in the coming months! Stayed tuned and check out our website for updates at www.paadta.com.

ADTA Voluntary Contributions

Thank you for your voluntary contributions to ADTA between March 1 and May 31, 2018:

Up to \$25

Bonnie Bernstein
Sari Breuer
Joan Chodorow
Meghan Dempsey
Lucrecia Platt Duncan
Bernard Ehrhardt
Pamela Fairweather
Ruthellen Griffin

Sandy Dibbell Hope
Suzanne Hunt
Bat-Sheva Koren
Patricia Littlewood
Ann Lohn
Patricia Ann Lucas
Julie Miller
Shira Musicant

Mary Beth Parker
Yukari Sakiyama
Rachelle Smith-Stallman
Amelie Strauss
Jennifer TeBeest
Elizabeth Templeton
Viviana Cortes Villegas

\$26 - \$50

Joan Berkowitz
Cynthia Berrol

Anne Brownell
Michele Lees

Anat Ziv

\$100 and Over

Pamela Brennecke
Hilary Cadwell
Gettysburg College

Lenore Hervey
Naomi Nim
Kelsey Robertson - Senior Project

Dance Therapy Fundraiser
Haibo Wang
Joan Wittig



Conference Scholarship Fund Contributions

Thanks to the following who donated to the 2018 Conference Scholarship Fund through May 31st

Paulette Alexander
Bonnie Bernstein
Cynthia Berrol
Sara Boas
Gail Ann Bradshaw
Pamela Brennecke
Anne Brownell
Sharon Chaiklin
Paula Vincenza Dante
Eleanor DiPalma
Terese Hall

Takane Hirai
Sandy Dibbell Hope
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Christine Kerber
Judith E. Klein
Nancy Kowalczyk
Natasha Levitas
Ann Lohn
Deborah May
Shira Musicant
Naomi Nim

Tria O'Maille
Mary Lisa Quealy
Ilene Serlin
Randi Stein
Amelie Strauss
Rita Sutker
Carin Torp
Viviana Cortes Villegas
Joan Wittig
Anat Ziv
Joanne Casey Zullig

DMTCB

Dance/Movement Therapy Certification Board

Submitted by ADTA National Office

Congratulations to those R-DMTs and BC-DMTs registered from March 1st through May 31st.



R-DMTs

Alyce Elizabeth Austin
 Deepa Avula
 Meaghan E. Cleary
 Selena Elizabeth Coburn
 Beverley Dunn
 Kiran Easwarachandran
 Anne Fiskvik
 Jessica Michele Flores
 Cecilia Fontanesi
 Jessica Gaworecki
 Victoria Huges

Imari Hunter
 Gaelyn Marie Hurd
 Michele Iemolo
 Ayme Krogstad
 Nina Laurenzo
 Rebecca Lermsider
 Victoria Ludden
 Amanda Moffitt
 Teresa Paris
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 Meredith Potter

Maura Reagan
 Belen Rodas
 Karen Alejandra Salazar
 Naimah Saleem
 Jiao Shen
 Aaryn Spaulding
 Jessica Steurer
 Angela Williams
 Namibia A. Williams
 Joseph Ng Cheuk Yin

BC-DMTs

Jaclyn Abramson
 Hannah Bailey
 Rachel Baker
 Alicia Brewster
 Lynn Chapman
 Colleen Donaldson
 Rosana Hernandez
 Victoria Houchman
 Alyssa Infanco
 Elissaveta Iordanova

Amy Jacques
 Audrey Albert King
 Jennifer Knapp
 Kyla Matthews Koontz
 Anson Lampe
 Chih-Hsien Lin
 Sondra Malling
 Brianna Martin
 Dana Meshil
 Anna O'Connell

Ashlea Palafox
 Alexa Palmer
 Whitney Lee Peruzzi
 Neha Reddy
 Kendal Robinson
 Mary Groves Rossi
 Kristen Sahd
 Alison Schechter
 Winnie Wong
 Imani White

Marian Chace Foundation

Submitted by the Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



The trustees met in April in Columbia, MD to conduct necessary business and to meet briefly with the ADTA Board of Directors to coordinate future projects.

We were pleased to be able to fund five grant proposals that covered various topics such as subtitles in Spanish and Chinese for some of our ADTA talks, a research project related to schizophrenia, support for participation and presentation of a paper at an important conference of allied professionals and a historical film as well as another film on practice with special children in another country. There were other worthy projects that our funds could not cover.

We are pleased to announce that Dr. Christine Caldwell will be the Marian Chace Lecturer at the ADTA Conference to be held in Salt Lake City. Her title *Justice, Inclusion and Grace: Our Body's Role and Our Profession's Role in Sustainable Societies* is certainly intriguing in its scope. The lecture will be held on Friday, October 12th at 2pm so save the time and look for us.

Following are donations received over the last few weeks. We thank each and every one for their generosity and for support of the ADTA project related to Reaching out to Refugees.

Donations received March 1st through May 31st
* #GivingTuesday Refugees' Outreach Campaign

FRIENDS (up to \$36.00)

- Mindy Coleman*
- Paul Sevett*
- Susan Shafer*
- Jody Wager*
- Kathy Wallens*

SUPPORTER (\$36.00 - \$99.00)

- Jane Wilson Cathcart*
- Lenore Hervey*
- Margaret Migliorati
- Margaret Migliorati*
- Ilene Serlin*
- Vicky Wilder*

PARTNER (\$100.00 – \$499.00)

- Anonymous
- Robyn Cruz*
- Penny Lewis Estate

**Feeling left out?
Get involved with ADTA!**

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Newsletter Advertising Information

Ad Size	Member Rate 2 Issues	Member Rate 4 Issues	Non-Member Rate 2 Issues	Non-Member Rate 4 Issues
Full Page	\$275	\$440	\$350	\$560
Half Page	\$175	\$280	\$250	\$400
Quarter Page	\$100	\$160	\$175	\$280
Eighth Page/Business Card	\$25	\$40	\$100	\$160

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read “**ADTA Newsletter Submission**”
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter Deadlines:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28