

Volume 52 * Issue 1 * Spring 2018

THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY ASSOCIATION

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The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:

Mat Winer, Copy & Content Editor Gloria Farrow, Co-Editor Amber Falls, Format & Design

A Few Words from the Newsletter Team

It's a new year and it will be another great year for dance/movement therapy! We are excited to kick off 2018 with you and share what is going on in the DMT community.

Remember to submit your articles for the next ADTA Newsletter. We love to hear from our members. Send your thoughts, photos, news, etc. The next newsletter submission deadline is May 31st. Be sure to read the Newsletter Submission Guidelines on page 17.

We can't wait to see what this year has in store for us here at ADTA. Don't forget to stay in touch with us via the ADTA website, Facebook, Twitter, Instagram, etc.





Board Reports: President

Submitted by Margaret Migliorati, R-DMT

Greetings Everyone. I hope spring and the signs of new life are finding you wherever you may be. It has been a busy three months for me as I adjust to the presidency and slowly learn the rhythms of this role. I am also learning when to step away from the computer, stop responding to emails and take a break. Balance was never really my strength (sigh) but being president is giving me ample opportunity to practice!

In this newsletter, I will update you on board activities over the past three months as well as progress on some of the priorities I laid out in the Winter Newsletter. I will also explain more fully the work the Board and National Office are undertaking with our new consultant, Wendy Wolff from Maryland Nonprofits. My hope, always, is to make the work of the Board and the operations of the ADTA more transparent and accessible to our members. Thank you for reading!

Updates

On January 22, 2018, the Board met for two hours for our winter videoconference. As you may already know, the Board meets in-person twice annually: once the week of the fall conference and once in the spring in Columbia, MD. In between those meetings, the Board continues to conduct business via two teleconference meetings, email and other informal meetings. Since the Fall Board meeting in San Antonio, the full Board and Executive Committee have entertained and passed over 15 motions. The work of the ADTA truly happens day in and day out throughout the entire year.

In the Winter Newsletter, I spoke of four areas of focus for me as I begin my presidency. I continue to be committed to these four areas and would like to update you on some of our progress:

• **Greater Board Accessibility:** We have begun a monthly Facebook Live broadcast from our ADTA Facebook page to give you an opportunity to meet and ask questions of the Board. The broadcasts are scheduled for the last Sunday of the month at 3 pm PT/6 pm ET, except for the April broadcast which we will do directly from our spring Board meeting. Mark your calendars for Sunday, April 15th at 10:00 am PT/1:00 pm ET for this special Facebook Live broadcast.

We have also implemented official ADTA Board email addresses and have posted them on the Board of Directors public page on the website under "About." Please reach out to Board members with your questions, feedback and if you would like to volunteer. We are waiting to hear from you!

- Increased Board of Directors and Association Transparency: We are working on finding a space on the ADTA website for members only to post Board and association working documents such as procedural guidelines and Board motions. Providing easy access to this information should help de-mystify the workings and decision-making processes of the ADTA.
- Greater ADTA Inclusivity: The Multicultural and Diversity Committee, led by Charné Furcron, is working on several initiatives that you will hear about in the future. For now, the Board and I remain steadfast in our commitment to making the changes necessary to allow for meaningful inclusion and representation within our Association.
- Possible Expansion of ADTA Office: the ADTA is excited to announce that after a thorough vetting process,
 we hired Wendy Wolff, director of and lead consultant with Maryland Nonprofits, as our consultant to address
 leadership and staffing gaps/opportunities within the ADTA over the next 6 months. See below for more
 details.

Moving the DMT Forward: ADTA Consulting Project for Growing Our Profession

First, let me back-up and provide you with some context. You may recall that in 2016 the Board of Directors entered into a year-long, 5-year strategic planning process called Vision 2021. This was the third round of Board strategic planning with consultants Judith Fisher and Peter Norlin. Unique to Vision 2021 was an interactive process in which the Board went back to the membership at every stage to solicit feedback in order to develop a final set of 11 initiatives, informed by the membership, which would guide the Board's work over the next 5 years.

Board Reports: President

Continued...

Fast forward two years and it has become evident to the Board that many of the greatest challenges and opportunities identified in Vision 2021 require us to rethink our leadership structure and allocation of resources. Issues such as licensing, education and training, job opportunities, public awareness and membership inclusion and engagement are critical to the future of our profession. Yet as we stand today, the ADTA has one full-time and two half-time employees as well as a handful of consultants and a small army of volunteers to take care of the day-to-day operations of the Association, maintain our profession and do the hard work of growing DMT.

Let me say unequivocally that it is simply astounding and a credit to all who work/volunteer for the ADTA past and present that we do so much with so little. However, the Board feels the time has come for us to take a clear, realistic look at the challenges and opportunities facing DMT and to identify the gaps in the resources needed to implement our strategic goals as outlined in Vision 2021. This was the impetus behind hiring a consultant with vast experience in nonprofit leadership and operations to help guide us through the process of aligning our current resources and identifying the additional resources needed to achieve Vision 2021 and a secure, flourishing future for DMT.

As always, I invite your questions and feedback. You can reach me at my new ADTA email address: President@adta.org.

Respectfully submitted, Margaret Migliorati

Board Reports: President Elect

Submitted by Paul Sevett, BC-DMT



It continues to be my pleasure to serve in the role as President-Elect. I find myself quite busy as the Conference Chair but after each meeting with the Annual Conference Committee and others involved in the process, I am energized and re-committed to our profession and the talented people who comprise our membership.

The 2018 Conference in Salt Lake City is coming together. Proposals are in, so we can flesh out the schedule and see the layout for how the conference will proceed. We are planning for a plenary session

focused on the Embodiment of Power and Privilege as we look to focus a lens on diversity, injustice and inclusion within our organization. I can't say enough about the work being done by the local Salt Lake City dance/movement therapy community. A huge shout out to them and the energy they bring to this planning process. The opening ceremony is envisioned as a welcoming to the conference and Salt Lake City in all its diversity of nature and community. We have some exciting sites for the Day of Service as well. Stay tuned for information on how you can volunteer to bring Dance/Movement Therapy to the community to spread the knowledge and experience of who we are and what we do. Lynn Koshland, Ande Welling, Paula Naatz and Kathleen Mason in Salt Lake City are a joy to work with.

This will be an exciting conference; a place to learn, grow and join with other dance/movement therapists in celebrating US!! Plan to come to Salt Lake City in October 2018!!



Board Reports: Committee on Approval

Submitted by Anne Margrethe Melsom, BC-DMT



Greetings to all! I hope everyone has had a wonderful winter and that spring is around the corner to bring warmth and delight to all.

Members continuing on Committee on Approval (COA) are:

Wendy Allen (Naropa), Valerie Blanc (Lesley), Michelle Joubert (Supervisor), Ted Ehrhardt (Pratt), Jeffrey Edwards (Public Member), Danielle Fitzpatrick (Antioch), Susan Orkand (Sarah Lawrence), Kim Rothwell (Columbia) and Anne Margrethe Melsom (Drexel – Chair).

It is my sincere pleasure to announce the appointment of Dr. Jeffrey Edwards as the new COA Public Member. Dr. Edwards holds a Degree from the Department of Educational Psychology, Counseling, and Special Education - Northern Illinois University, DeKalb, IL. He is past president of the Illinois Counseling Association and he is also a professor, an author and a researcher with an interest in the arts.

COA Business:

The COA will be holding its annual business meeting over a weekend in April (April 20th and 21st) and we will again meet at Lesley University in Cambridge, MA. A special thanks to Nancy Beardall for being such a wonderful host to this committee for several years. The committee will review Columbia College's self-study. Their program is up for renewal of the six-year ADTA Approved Program status.

Furthermore, the committee will review annual reports from all approved programs. Reviews entail somewhat more this year than in years prior, as a new format was designed to address the rollover to new education and clinical training standards. Programs will report on their initial assessment of which categories of the new standards they currently meet. Each program will likely have approached this first year of the rollover period with different foci, and the committee anticipates that reports will reflect these variances. It is the hope of the committee that the design of the report will assist programs to evaluate and plan for implementation in order to become compliant with all new standards by January 1, 2023. See the timeline below:

Timeline for Annual Reports during Standards Rollout (2017 thru 2022):

Reports address input-based and output-based standards for education and clinical training.

Year	Deadline	Expectations	Plans	
Year 1 due February 15, 2018		assessment/report on	outline plans for 2018	
	(extension to February 28)	identified standards met		
Year 2	due February 15, 2019	Program Identified	outline plans for 2019	
		Standards met		
Year 3	due February 15, 2020	Program Identified	outline plans for 2020	
		Standards met		
Year 4	due February 15, 2021	Program Identified	outline plans for 2021	
		Standards met		
Year 5	due February 15, 2022	Program Identified	outline plans for 2022	
		Standards met		
Year 6	due February 15, 2023	Complete remaining program courses with supporting syllabi that complies with standards		

Also on the agenda for the spring meeting is ongoing work on documents and procedures designed for applications and reviews of self-studies after January 1, 2023, by which date programs seeking re-approval or candidacy must comply fully with all new standards.

Business conducted since previous Newsletter:

Inter-board meeting (ADTA & DMTCB)

This Chair (COA) met with the new ADTA President (Margaret Migliorati) and the new Chair of DMTCB (Julie Miller) as well as the Chair of the Education Committee (Jessica Young) to discuss business related to both boards. A work-group spear-headed by the Education Chair is revising the standards for Alternate Route Education and Clinical Training, which will impact both approval and credentialing.

Board Reports: Committee on Approval

Continued...

- Board of Directors Teleconference January 2018
- Meetings with Chair of Education in January and February regarding revisions to Alternate Route (AR) education standards with potential implications for the approval process of AR courses, reviewed and approved by Sub-Committee for Approval of Alternate Route Courses (SAARC).

Sub-Committee for Approval of Alternate Route Courses Business

One (1) AR course has been approved since the previous Newsletter, Movement Observation 3: Laban/Bartenieff Movement Systems – the language of movement (revised). Teacher: Barbara Nordstrom-Loeb

SAARC continues to review applications of alternate route courses for approval. Applications and accompanying syllabi can be submitted to the Chairperson, Susan Saenger at saenger@nc.rr.com.

Board Reports: Government Affairs Committee

Submitted by Meghan Murphy-Sanchez, BC-DMT



Hello again, ADTA membership!

I hope this finds all of you doing well and gearing up for the spring months that lie ahead! Here at the ADTA, the Government Affairs Committee has been working very hard to prepare for the upcoming Arts Advocacy Day (AA Day) event which is taking place on March 12-13 in Washington D.C.

This year, as in past years, the ADTA is serving as National Partner, which means that the ADTA will be receiving recognition on printed materials as well as in online AA Day materials. Additionally, in a National Partner role, members of the ADTA Government Affairs Committee have helped shape the legislative platforms and messages for AA Day via participating in special policy conference call briefings leading up to the event. Specifically, the two briefs that the ADTA had the most involvement in planning were:

 Increasing access to creative arts therapies and artist-directed activities for the elderly and individuals diagnosed with Alzheimer's disease and other dementias.

-And-

A bill aimed at expanding the Care for Veterans Act, sponsored by Rep. Julia
Brownley (D-CA), to improve access to evidence-based complementary alternative
treatments for veterans, including the creative arts therapies.

(To see a more detailed version of these briefs or to see the full list of briefs that will be addressed at Arts Advocacy Day, go to:

https://www.americansforthearts.org/sites/default/files/2018 Covers%26lssueBriefs 0.pdf)

ADVOCACY DAY NATIONAL PARTNER of forward to having physical

We very much look forward to having a presence at AA Day through the shaping and representation of the proposed policies; however, more importantly, the ADTA is looking forward to having physical representation as well.

Since the last newsletter, the ADTA Government Affairs Committee selected two winners for the 2018 Arts Advocacy Day Scholarship. The winners are:

• Lora Wilson Mau (ADTA Professional Member)

-And-

• Lauren Milburn (ADTA Student Member)

I would like to take a moment to extend another "Congratulations!" to both of our winners and wish them a wonderful experience at AA Day!

Board Reports: Government Affairs Committee

Continued...

ADTA GAC Spotlight: Lauren Milburn, 2018 AA Day Scholarship Winner

Lauren Milburn is a registered dance/movement therapist and arts activist. She completed her Dance/Movement Therapy and Counseling MA at Columbia College Chicago in December, 2017. Her thesis, "Engaging Collective Embodied Resilience, Enacting Ritual Movement Practice in a Social Change Process," utilized participatory and artistic inquiry methods to organize with other arts activists for creative distribution of a shared embodied practice within Chicago public space. Lauren currently facilitates dance/movement therapy groups in behavioral health hospital settings with a conscious intention to co-create healing spaces of equality.

As an Albert Schweitzer Fellow for Life, she is passionate about bringing awareness to health disparities through active engagement in community-based wellness and prevention interventions. Therefore, she volunteers as a trauma-informed mindful movement teacher for recently-arrived refugee and immigrant children as well as a creative movement teacher for adolescents on the Autism Spectrum. Viewing activism as a self-care practice to generate critical hope and change with others, Lauren's work is inspired by collectively-felt themes and develops through creative process in community, subverting the normalization of isolative anxiety.

Lauren hopes to continue to politicize her roles of healer and artist through participation in Arts Advocacy Day 2018, her entrance into the national network of arts advocates. Participation will provide Lauren with strategies to make an accessible case for dance/movement therapy as an effective mental health modality and prepare her for the unique experience of advocating to members of Congress. As a self-taught filmmaker, she plans to document the dance/movement therapy presence and perspective at the summit aiming to support and expand the message on virtual platforms. Lauren is incredibly grateful for this opportunity and honored to represent the ADTA as an emerging professional in the field.

As the winter months slowly begin to transform into spring, I always start thinking about the visceral feelings that begin to emerge for me including feelings of hope, renewal and excitement. In the Government Affairs Committee Meeting taking place in March, I hope to channel some of these feelings into my work as GAC Chairperson by bringing some new topics and ideas to the conversation, specifically the development of an upcoming webinar series focused on sharing knowledge and ideas related to *licensure*, *political engagement* and *advocacy*. With the many important social justice movements taking place locally, nationally and globally, I feel the topics of political engagement and advocacy to be especially important and relevant at the moment. In addition, as a follow-up to the feedback we received from the licensure survey sent out in October 2017, many members expressed a need for greater clarity on licensing as it pertains to DMTs. I extend an invitation to you as members to provide any ideas or feedback on specific subjects or themes you would like covered within the topics proposed for the webinar series. Please send these suggestions to: governmentaffairs@adta.org.

Lastly, the ADTA Government Affairs Committee is always looking for new members to help out with year-round efforts. If you think you might be interested in joining the GAC team, please do not hesitate to reach out for more information: governmentaffairs@adta.org.

Warmly,

Mofran Murphey Daucher



- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Board Reports: Education Committee

Submitted by Jessica Young, BC-DMT



Hooray, it's almost spring! As someone who grew up in Buffalo, NY and has lived in Chicago for twenty years, this means a lot: longer daylight hours, more sunshine, milder temperatures, a brighter mood, new beginnings and rejuvenated hope. This sense of hope is especially prevalent in light of the Parkside shooting and the continued violence in our communities. To witness the youth of our future rally the country to take action so that a mass shooting never happens again is inspiring. As an educator, I am continually in awe of students' work as they passionately advocate for dance/movement therapy and compassionately enter into the therapeutic movement relationship with others, uncovering a bit of light,

hope and positive change that resides within each of us. I continue to be humbled, grateful and inspired.

I'm excited to share that the very hard-working Alternate Route (AR) Standards Working Group (Linda Aaron-Cort, Meg Chang, Kalila Homann, Barbara Nordstrom-Loeb, Suzi Tortora, Jessica Young) is planning to present an initial draft of proposed revisions to the Board of Directors at the April meeting. This will initiate a review and comment period by all educators, so please stay tuned. We have worked diligently to listen to the historic and current requests and needs of AR students as communicated through current and past students, AR educators, the DMTCB and the demographic survey that was disseminated last year. As the field has grown and evolved, so have these needs. The main goal is to make AR education more accessible while maintaining the ADTA Standards of Education and Clinical Training in alignment with approved programs. We look forward to moving forward with this revision process. We also anticipate that we will need invested individuals willing to create standardized policies, procedures and documentation related to some of these changes. If you wish to help shape the future of AR education, please reach out to me at education@adta.org and I will be happy to share more information with you about ways to help. I have personally enjoyed getting to know and working with colleagues through the process of revising the education standards, and I hope to work alongside more of you.

Approved program educators had a teleconference on February 15th, and we are grateful to Meghan Murphy-Sanchez, Chair of the Government Affairs Committee, for sharing the latest licensure developments. As educators, we have a lot to consider as we plan for how to best keep the field thriving in a climate where licensure is becoming harder to obtain for our graduates throughout the country. We will be creating a working group to research different pathways to ensure our continued livelihood.

Please note that the revised Education and Clinical Training Standards have been updated and can be found on the website. The changes reflect recommendations from the combined AR and approved program educators' meeting at the conference. All alternate route educators are strongly encouraged to reference the ADTA Standards of Education and Clinical Training (effective January 1, 2023) when developing coursework. While the revised AR standards are not yet completed or ratified, ultimately ALL DMT students will be expected to achieve the same competencies as detailed in Section II of the Standards. Therefore, addressing these more rigorous standards now, through coursework, will not only benefit the students but will also minimize revisions that educators will need to make to their courses upon ratification of the revised AR Education and Clinical Training Standards.

The Alternate Route Educators (ARES) Core Team continues to field questions from alternate route educators and students, which in turn inform the revision of the standards. Please direct all alternate route questions to Sandra Beggs, chair of ARES at sandrabeggs@miamicounseling.com

Board Reports: Members-at-Large

Report from Eastern Region MALSubmitted by Dawn Morningstar, BC-DMT



Hello Eastern Region Members,

I am pleased to be the MAL for this region with so many exciting happenings and increased awareness of DMT in the public.

I have a new email, <u>EASTERNMAL@adta.org</u>, please reach me there for all ADTA matters. Of course, during the transition I will check all my emails (the old and the new) and respond accordingly.

Board Reports: Members-at-Large

Eastern Region Continued...

There are many exciting events happening in the Eastern Region. Nationally we are working on more transparency as a Board as seen in recent, monthly Facebook live meetings on Sundays with Board President Margaret Migliorati. If you have not liked us on Facebook, please do so.

Showings of "Little Stones" which "profiles four women, each of whom are contributing a stone to the mosaic of the women's movement through their art" have occurred in many cities in our region.

- On February 13th, Antioch hosted a showing in combination with One Billion Rising in which attendees created a
 mosaic of stones and viewed the film along with a panel and discussion.
- On February 25, a showing in Delaware had members of the local community on the panel including Drexel faculty and former ADTA President Sherry Goodill.
- On March 11th, a public showing occurred in Washington, DC with a panel comprised of the filmmaker and all the women in the film including DMT, Sohini Chakraborty. The following day, March 12, the film was shown to legislators.
- On March 14, the film traveled to NYC to be screened at the United Nations Commission on the Status of Women, again with the filmmaker and featured artists.

This is excellent exposure to the power of the creative arts in general and DMT specifically. I hope some of you were able to participate in one of these events. It is a powerful film, and the ADTA Marian Chace Foundation was one of the initial sponsors.

The Eastern Region book club is in the planning stages, sponsored by NJ and PA. If you would like to join, please email Susan Orkand at susancareyorkand@gmail.com for more information and to be placed on the list!

Each Chapter has their own news to share so check out what they have to say. In general, getting involved with your local Chapter is invaluable to feeling more connected to each other and the work that we do. Reach out to them to find out about local events!

I have to acknowledge all the amazing work Chapters are doing, so here are some highlights:

- NY gained approval to become a CEU provider for NY LCATs.
- NE Chapter will host a conference in March at Lesley University.
- NJ drama/DMT licensure bill which was not signed last session is moving quickly through congress and the task force in continuing to do good work.
- The NJ and PA Chapters are planning a Gaga workshop in March.
- The PA Chapter is planning a performance club in March.
- MD/DC/VA mobilized folks to host those associated with the "Little Stones" film and speak to legislators, and they
 have a Spring conference planned.

My apologies if I missed any news. Let me know what is going on so we can relish in the beautiful and meaningful work we are all doing! As always, reach out to me with any questions or concerns. Happy Spring!

Board Reports: Members-at-Large

Report from Western Region MALSubmitted by Marybeth Weinstock, BC-DMT



CA Chapter Report

The California Chapter of the American Dance Therapy Association (CCADTA) held it's Southern California chapter event last Saturday, February 24th, 2018. This event offered three ADTA-CEUs for attendees as well as lunch catered by a local artisan restaurant. The chapters' board meeting offered participants information regarding board updates, member reports as well as information regarding their Professional & Student Development Fund, raffle/donations, and future meetings. All non-board members present were put into a

Board Reports: Members-at-Large

Western Region Continued...

drawing for donated door-prizes such as a Lulu Lemon yoga mat with strap and free admission to an upcoming event hosted by one of CCADTA's own board members, Deva Connett. The drawing was followed by a presentation by the CA chapter's president, Malini Nagpal and Wendy Block, LCSW, focusing on Mindfulness in the Practice of Dance/Movement Therapy and Self-Care. Malini and Wendy invited attendees to engage in an embodied exploration of love through breath and mantras. The experience guides DMT work as clinicians in bringing authenticity to the therapeutic relationship with patients. One attendee responded to this event by saying, "Wonderful job - excellent workshop with Malini and Wendy!" The next CCADTA Event will be held in Northern California on Saturday, June 2, 2018 in Berkeley, California.

Washington State Chapter Report

The Washington State chapter has been in the midst of organizing and hosting events to engage its community and chapter members. This winter the chapter hosted a One Billion Rising event at a local park. They also developed a monthly coffee shop meeting called, Java Jive, for members to connect and support one another. Looking ahead to the spring, chapter board members will lead, Rainbow Dance, a family-friendly fundraiser at a community center.

One Billion Rising

On Saturday, February 11, the Chapter gathered at Gas Works Park in Seattle to rehearse and perform One Billion Rising. We were grateful to have a sunny day to be outside and dance in an expression of solidarity.

Java Jive

Our chapter has developed a monthly coffee shop meeting, which takes place the third Saturday of every month. It's a dedicated time and space for our members to connect professionally and personally. We've received an abundance of feedback on how this meeting has been meaningful and helpful as a source of self-care and community.

Rainbow Dance

In May, we will host our first fundraising event at Phinney Ridge Community Center. Rainbow Dance is a movement-based experience for children that incorporates a variety of creative ways to play, explore, and learn. We're looking forward to sharing this family-friendly dance/movement therapy event with the community and raising money for our chapter.



Chapter Reports

Carolina Chapter

Submitted by Virginia Hill, R-DMT

The Carolina chapter of the ADTA is planning a multidisciplinary expressive arts workshop, scheduled for June 23rd 2018, in partnership with the Art Therapy Institute of Carrboro. The objectives for the workshop include:

- 1. To learn two to three new ways to combat compassion fatigue through expressive arts experientials as they relate to the mental health profession.
- 2. To demonstrate an understanding of one to two counseling expressive arts methods.
- 3. To learn one to three new ways to add creativity to the psychological theories used in daily counseling work.
- 4. To identify two to three similarities and two to three differences between the major counseling expressive arts therapies presented to assist with the cross-counseling referral process.

The chapter welcomes all dance/movement therapists and will offer a discount to those affiliated with any ADTA chapter. Come join us to kick off the summer with ideas for self care, connect with other expressive arts therapists and grow our collective presence.

New Jersey Chapter

Submitted by Anat Ziv, BC-DMT

Our Board is vibrant and filled with talent. We couldn't be luckier. Our energy to keep coming up with creative ideas is strong. We plan on organizing professional opportunities with other professionals throughout the state and provide dance/movement therapy exposure to vulnerable people who otherwise would never encounter such an experience.

The NJADTA together with the PA chapter of the ADTA initiated a book club for all East Coast DMTs. The idea behind initiating a book club is to keep the dance/movement therapist community up to date with research in the field. The first meeting will be on April 16, 2018 between 8:00-9:00 p.m.

We will discuss an article "Literature – The Art of Reaching Out", written by Rebekka Dieterich (BC-DMT, LPC). The author will honor us by attending the first meeting. If you would like to join, please contact Sue Carey Cohen via susancareyorkand@gmail.com.

Our PR committee chair, Naomi Arad Bloom is working on giving our website a new, fresh look. The new website is user friendly, looks fantastic and easy to access. https://www.njadta.org.

The chapter's Facebook page provides updates on new events, news from the Dance/Movement Therapy world as well as news from other allied professions. https://www.facebook.com/ADTANJ/

The licensure task force of the NJADTA and NJDT reached the stage where the governor of the state of NJ had to sign the bill in order to pass the legislation which will enable DMTs in NJ to apply for the Licensure of Creative Art Therapists. Unfortunately, he did not. However, the task force members did not lose their spirit and got back to work on promoting licensure for both the dance/movement therapists and drama therapists in NJ. We trust their wisdom, hard work and dedication in reaching the goal.

On Sunday March 18 between 1-3 PM, the NJADTA in collaboration with the PA chapter, offer a "Gaga Workshop" at Rider University Bart Luedeke Center, Studio 51.

For information about Gaga please click on the link below. http://gagapeople.com/english/

If you would like to attend the workshop, please contact Rose Armanin, NJADTA Secretary reda521@gmail.com

The NJADTA is planning another Volunteer service day led by former PR Chair committee of the NJADTA board, Katherine Cameroon. The day will take place at Katie's working place: The Center for Independence, Livingston, NJ.

There will be three DMT workshops with clients and families. Details will be available soon.

Chapter Reports

New York State Chapter

Submitted by Christian Cerezmy Salcido, R-DMT

NYSADTA is proud to announce that the chapter has been officially approved by the New York State Office of Professions as an entity that can provide Continuing Education (CE's) for Licensed Creative Arts Therapists (LCAT). Members can now look forward to attending future workshops sponsored by NYSADTA and receiving continuing education credits towards maintaining licensure with NYS. Please stay tuned to the NYSADTA website (nysadta.org) and social media platforms for further information.

Do you have what it takes? NYSADTA is also looking for members to join the New York State American Dance Therapy board! Open positions are the following: Vice President, Programming Chair, and Governmental Affairs Representative. If interested, please email nysadtapresident@gmail.com with the following information: Name, position and why you are interested in the position.

Open Chapter Meeting & Networking Event:

On March 4th, 2018 NYSADTA will host members in NYC and Albany for an open chapter meeting and networking event.

NYSADTA board is looking forward to meeting new or current chapter members and students and learning how to best serve the NYSADTA community. We look forward to sharing information and photos from the event in the near future!

NYSADTA is proud to welcome the following members to the NYSADTA board!

- Debra Kram-Fernandez, R-DMT nysadtahudsonvalley@gmail.com
- Cara Bulson Arcuri, BC-DMT, Oneonta and Western NY Liaison nysadtawesterncentral@gmail.com
- Pamela Faith Lerman, BC-DMT, Capital Region Liaison nysadtacapitaldistrict@gmail.com
- Nicole Mulet, R-DMT, Treasurer nysadtatreasurer@gmail.com
- Chevon Stewart, BC-DMT, Fundraising Chair, contact: nysadtafundraisingchair@gmail.com
- Cerezmy Salcido, R-DMT, Public Relations Chair nysadtaprchair@gmail.com

Pennsylvania Chapter

Submitted by Rebekka Dieterich-Hartwell, BC-DMT

After a cold and moody winter, exciting and busy months are ahead for the PA chapter!

On March 17, Drexel University will be offering a workshop "Moving Memories: A Sensory Approach to Dementia Care" (led by Natasha Goldstein-Levitas), which will explore sensory stimulation techniques for individuals with dementia. The PA chapter and the New Jersey chapter together will be hosting a GAGA workshop (GAGA is the movement language developed by Ohad Naharin and provides a structure for discovering and strengthening the body) on March 18. On March 23, as part of our regular and stimulating Dance Performance Club, we will attend DanzAbierta's "Malson," a dance love letter to Havana, preceded by dinner and followed by discussion.

On April 16, we will launch the East Coast Book club where we will engage in an exciting dialogue around current DMT literature (this month "The Art of Reaching out" by Rebekka Dieterich-Hartwell).

You can find us on the web here: http://www.paadta.com/ and on Facebook at https://www.facebook.com/PA-Chapter-American-Dance-Therapy-Association-322491214538902/



ADTA Voluntary Contributions

The ADTA wishes to thank the following for voluntary contributions December 1, 2017 through February 28, 2018. Your generosity is greatly appreciated.

Up to \$25

Anne Fiskvik
Orit Janco Golan
Mary Beth Parker
Khnuma Simmonds-Esannason
Kathleen Mason

\$100 and over

Autumn Crane Daniel Morris Donna Newman-Bluestein Haibo Wang





DMTCB

Dance/Movement Therapy Certification Board

Submitted by ADTA National Office

Congratulations to those R-DMTs registered December 1, 2017 through February 28, 2018.

Caryn Bittinger Karolina Bryl Meredith Casimiro Pin-Wen Chou Jessica Courtney Chelsea Joy Davis Andee Dooley Monica F. Gaydos Anita Lewis Lauren Milburn Yomaira Nazario Lyndsay Anne Pixler Rebecca Schultz Michelle Alana Tulloch Cameran Wareham Nailah L. Wilds Elyssa Mari Yeh



Kestenberg Movement Profile Trainings - 2017

Instructor: Suzanne Hastie, MA, BC-DMT, NCC, LPC, KMP Analyst

Located in West Lehigh Valley, PA (www.twinpondscenter.com) --75 minutes from Philadelphia & 2 hours from NYC

These trainings offer:

- Alternate Route or Continuing Education as well as foundational studies in the KMP allowing one to pursue KMP Certification
- Increased understanding of the nonverbal throughout the lifespan
- Small class size; space & time to move; individual attention & group experientials
- Clinical applications
- Learning in a beautiful, tranquil setting in Pennsylvania

Courses & Workshops:

(the 30 hour live courses have been approved by the American Dance Therapy Association as meeting requirements for the Alternate Route R-DMT credential)

June 28, 2017 KMP One-Day Workshop on System I Patterns: Tension-flow-Effort (9am-4pm; 6 CE hours)

August 21-24, 2017 Introduction to the Kestenberg Movement Profile (2 credits/30 hours)

September 18-21, 2017 Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow & Unipolar Shape Flow (2 credits/30 hours)

September 28, 2017 KMP One-Day Workshop on System II Patterns: Shape-flow-Shaping (9am-4pm; 6 CE hours)

*Also available for purchase--KMP Color Wheel Poster

To register for courses, workshops or to purchase a poster, contact Suzanne Hastie at suzannehastie@aol.com or (610) 417-0831.

Paid Advertisement

Marian Chace Foundation

Submitted by the Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



The doldrums of cold and sunless days have passed with flu and other ailments amongst us but these are happily almost over. The trustees are anticipating our spring meeting in April when we work on the details of running the Foundation.

We are excited to have received many grant proposals and will be discussing, reviewing and deciding how to best support as many as possible within the limitations of our funds. We seek those grants which will add to our knowledge or the development of the profession.

It was gratifying that we were able to support the ADTA GivingTuesday project in Reaching Out to Refugees both through being fiscal sponsors and then supplementing the funds received in order that a grant could be made.

We wish to send out best wishes to Debby Thomas on her 90th birthday. Debby was a major figure in helping to establish the Marian Chace Foundation, for which we shall always be most grateful. It has enabled many over the years to share their knowledge through lectures, research, film and other means in order to build the profession of which we are so proud.

The trustees are also most grateful to all those who remember the Foundation at various times for many reasons. The membership and other friends have been most generous in their financial support which allows us to invest and further increase our funds in order to be able to support different projects.

We deeply thank our contributors for being a part of the Foundation through their thoughtfulness and generosity.

Donations received December 1, 2017 – February 28, 2018 * = #Giving Tuesday Refugee Outreach project

FRIENDS (up to \$36.00)

- Anonymous
- Sandy Dibbell-Hope
 Hooray for each of you and all of us as we step into the next year of dedication to health, healing, freedom of expression and the joy of movement.
- Diana Faraone *
- Jeanette Jacques *
- Pamela Faith Lerman
- Pamela Margules *
- Kirsten Peterson *
- Paul Sevett *
- Elissa Q. White In memory of Claire Schmais

SUPPORTER (\$36.00 - \$99.00)

- Cynthia F. Berrol
- Judith Fischer

In memory of Harry Chaiklin along with a dollar for each year being a dance/movement therapist.

- Judy Given *
- Virginia Hill
- Ellen Schelly Hill

Thank you for all you do to advance the dance/movement therapy profession.

Susan Shafer *

Marian Chace Foundation

Continued...

PARTNER (\$100.00 - \$499.00)

- Miriam Roskin Berger
 - In memory of Dianne Dulicai, Linni Deihl, Stephanie Katz and Hector Munoz.
- Barbara Busse *
- Susan Cahill
- Cheryl Cook-Auerbach
- Jane Wilson Cathcart *
- Jane Wilson Cathcart

In loving memory and celebration of the legacy of my dear friend Linni Silberman Deihl ...may her spirit be dancing on...

- Diane Duggan
- Nana Koch

In memory of Linni Deihl and Claire Schmais

- Shira Musicant
- Donna Newman-Bluestein
- Adina J. Rosenberg
 In memory of my mentor, Dianne Dulicai
- Alan E. Silberman
 In memory of my cousin Linni Deihl
- Vicky Wilder *
- Ann Wingate

In appreciation of the Marian Chace Foundation's on-going support of the Hancock Center

Susan Worrell *

PATRON (\$500.00 - \$999.00)

 Nancy Beardall In loving memory of Kira Brown-Augdal

CHACE CIRCLE (\$1,000 and up)

- Hancock Center
- Lynn Koshland

In memory of Linni Deihl honoring the gifts that she leaves in my heart and others she touched with her intuitive leadership - she always encouraged & reached out to mentor and guide students on their own dance therapy path. This donation is also in memory of Harris Chaiklin honoring his encouragement to do research and be practical, inquisitive and creative.

Jeffrey Samuels
 In loving memory of my Mother, Arlynne Stark

We want mail!

Questions, comments, thoughts, pictures... submit them for the next ADTA newsletter. We love hearing from our members. Be sure to read the newsletter guidelines before submitting.



International Dance/Movement Therapy Community

Submitted Sunyoung Park, R-DMT

I am happy to announce that a new DMT center opened in Sejong City, located in the mid-south part of South Korea.

The center is called "Choom (Dance in Korean) Therapy Clinic". The center was located for 15 years in Seoul and, in July 2017, center moved to Sejong City where the unified Government buildings are now located. In the Seoul location, 9 R-DMTs studied through the Center for Movement Education and Research (CMER)-Seoul program, and I hope the new center will continue to contribute to the mental health services in Sejong and throughout South Korea.

These are photos of the opening ceremony and the new studio. Many people attended the ceremony, and the Mask dance performance was held. The Mask dance is our traditional dance, and it is strongly connected to dance/movement therapy.

Please come to visit us if you come to South Korea!







Newsletter Advertising Information

Ad Size	Member Rate	Member Rate	Non-Member Rate	Non-Member Rate
	2 Issues	4 Issues	2 Issues	4 Issues
Full Page	\$275	\$440	\$350	\$560
Half Page	\$175	\$280	\$250	\$400
Quarter Page	\$100	\$160	\$175	\$280
Eighth Page/Business Card	\$25	\$40	\$100	\$160

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a Word document as an attachment
- Newsletter articles should be no more than 2 ½ pages when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read "ADTA Newsletter Submission"
- Prior to submission, check and recheck material for spelling and grammatical errors, construction of sentences
 and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a contact name and email with each submission

Newsletter **Deadlines**:

Submission Deadlines: February 28, May 31, August 31, November 30 Publication Deadlines (on/before):

March 28, June 28, September 28, December 28