

In this Issue

Board Reports	2
Chapter Reports	15
Affinity/Study Groups	18
ADTA Voluntary Contributions	19
Conference Scholarship Fund	19
DMTCB	20
Marian Chace Foundation	21
Professional DMT Submissions	22
DMT Student Submissions	23
Newsletter Advertising	25
Newsletter Submission Guidelines	25

The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:

Mat Winer, Copy & Content Editor
 Gloria Farrow, Co-Editor
 Amber Falls, Format & Design

A Few Words from the Newsletter Team

Another conference is right around the corner and we cannot wait to see you in Salt Lake City! We are looking forward to coming together, collaborating, and of course, dancing the night away. Don't forget to snap photos and share your Conference experiences with us.



Board Reports: President

Submitted by Margaret Migliorati, R-DMT



It is the third week of August as I write this, and I am already feeling the telltale signs of Autumn: shorter days, changing light, slightly cooler temperatures and the smell of NM green chiles roasting (seriously, if you haven't smelled NM green chiles

roasting in late summer, you are missing out). Another telltale sign of the end of summer for me, the Board and the ADTA: preparations for the Fall Board of Directors' meeting and putting the finishing touches on the upcoming Conference. As I hope you already know, this year's Conference will take place from October 11-14 in Salt Lake City, UT. The Conference Committee, led by President-Elect Paul Severt, has put together a dynamic program that promises both breadth and depth. I hope it works in your plans to attend this year.

As I work on my Fall Board report and reflect on the past 6 months, I am aware that a primary focus of my time thus far as President has been on the financial stability and future growth of the ADTA. I would like to speak about both of these in this newsletter submission.

Back in April, the ADTA's Operations Director, Gloria Farrow, and contract accountant, Rick LeFever, met with the Board in Columbia, MD, as part of our Spring meeting to discuss the Association's finances. During that same meeting, the Board also met with a consultant from Maryland Nonprofits to help evaluate options for both financial growth and increases in staffing, with the understanding that these two are inextricably linked.

The very good news is that under the steady hands and guidance of Gloria, Rick and previous Boards over the past decades, the ADTA is financially solvent with a solid reserve. Each year the Board works to approve a balanced operating budget and to function within that budget. The main sources of both our revenue and expenses are the annual Conference and membership

dues/services. We have maintained stability in both areas for several years.

However, we are also aware that for the field of dance/movement therapy to grow and progress, the ADTA needs to do more than just "maintain;" we also need to embrace our sagittal qualities to move us forward. We are challenged daily by questions such as: How do we carve out our space in the worlds of counseling, expressive arts and body-based interventions? How do we adapt to and perhaps even become proactive in the ever-changing landscape of licensing, credentials and reimbursement? How do we create true inclusivity and voice within our Association so that we embody our deepest values and ethics as dance/movement therapists?

As I have said in the past, the issues and opportunities before us require a new type of professional expertise in our Association staffing. As a result, the Board is evaluating the Association's ability to hire an Executive Director who would be charged with strategic leadership in these key areas. It is our belief that without such leadership we risk not only future growth as a field but also future viability.

At this time the Board is working diligently to look at how we can grow the Association's revenues enough to be able to add and sustain the staff we feel necessary to lead us into the future. Over the next several months, you will hear more from us about this process. Please know we are acutely aware of the very real financial strains many of our members, especially those newer to the field, face and that for some membership fees are a luxury they simply can't afford. We understand that we need to bring our best and most creative ideas to this process and would love to hear your thoughts. I welcome your ideas, comments and feedback at president@adta.org.

Wishing you a gentle transition from Summer to Autumn.



Board Reports: President Elect

Submitted by Paul Sevet, BC-DMT



We are getting so close to the Conference as I write this. I continue to learn and enjoy the work that goes into making the Conference a success. And while there are so many of us hard at work to make sure everything goes smoothly from ADTA office staff to each individual

workshop and intensive presenter, it is your presence at the Conference that truly makes it all worthwhile. I so look forward to seeing you at our annual celebration of what it is to be a dance/movement therapist.

This year's Conference includes:

- A great collection of professional presentations for your learning pleasure.
- Particular meetings for those who volunteer their time and service on different committees and Chapters.
- The Day of Service event at two sites; one for children and another a center for women refugees. All the slots have been filled which is very gratifying. This is a way to both make us visible in the community and provide free services to those in need.

- A keynote/plenary focused on Power and Privilege within the ADTA. This will include an educational component about the topic as well as diving into specifics as they have played and are playing out in the ADTA. This begins a Conference and organization focus on diversity and multicultural issues as we look to forward our association and profession into a future of inclusiveness.
- And let's not forget the opportunity to meet new colleagues and make new friendships, renew old connections and celebrate a continuity of Conference memories.
- Of course, a chance to DANCE OUR HEARTS OUT at the banquet. This holds some of my most wonderful kinesthetic memories of leaving it all out on the dance floor.

BE THERE! It is always a memorable time at an ADTA Conference. Don't hesitate to find me with any questions etc. while you are there.

Salt Lake City here we come!

Board Reports: Treasurer

Submitted by Vicky Wilder, BC-DMT



Did you know, at the 2018 Conference in Salt Lake City:

- The #GivingTuesday video titled *Outreach to Refugees: Fostering Connection and Belonging* featuring Amber Gray's project will be shown
- The dance/movement therapist chosen to receive the grant for the 2018-19 #GT Project *Outreach to Marginalized Youth: Empowering Potential* will be announced
- Day of Service at this conference will include opportunities for refugees and marginalized children to experience dance/movement therapy! See Conference website.
- You may register for a one hour Clinical Consultation when you register for the Conference
- The registration fee for the Conference goes up after regular registration ends September 15
- YOUR Board is looking forward to dancing with you at the Conference!

#GivingTuesday mission: to provide dance/movement therapy to underserved populations, to increase jobs for ADTA members and to educate the public. See more details on the website. Send your tax-deductible donation for the #GT projects to the Marian Chace Foundation.

Watch for your President and Treasurer on Facebook Sunday September 30 @ 6:00pm ET!

Thank you to the Finance Committee for their guidance and assistance:

Jacelyn Biondo, Corinne Ott, Liz Hagerman

The ADTA is a 501(c)6 organization. Contributions to a 501(c)6 are not tax deductible as charitable contributions. However, for fiscal year 2018-19 100% of ADTA dues, chapter dues, and credential dues are deductible as an ordinary and necessary business expense. Consult your tax advisor for your situation.

Board Reports: Secretary

Submitted by Leslie Armeniox, BC-DMT



Greetings, Members! It's a pleasure and honor to serve as your Secretary. I appreciate your membership, your engagement in our association and your efforts to educate and advocate. The ADTA is doing important work to support the profession and your professional

development, and we need your input, ideas and contributions.

It's also important that we continue to grow our membership; with bigger numbers, we can reach more people to educate them about DMT, create more jobs and have a stronger voice for advocacy efforts. Did you know that non-DMTs can be members of the ADTA? Our membership is open to anyone interested, such as students in high school and college, and professionals in related fields. Whenever someone asks me about DMT, I say there's no better way to learn about the profession than to become a member and join us at the annual Conference. You will discover a warm, inviting group of like minds all eager to hear about your work and celebrate our work by taking time to dance together. If you are a student in DMT, the annual Conference is the best way to meet and dance with the founders of our profession, authors, researchers and your DMT colleagues. I hope you will join us in Salt Lake City, and please, introduce yourself to me when you're there. I

want to know how things are going for you and how the ADTA can support you in your professional growth.

At the conference this Fall, we will be announcing the winners of the 2018 awards. Thank you to those who nominated individuals and groups to honor their work. Awards are one small way we can recognize the outstanding contributions of our members.

In addition to taking notes at meetings and other document review responsibilities, I'm continuing work on the **ADTA Archives Project**. The goal is to archive the records and history of our profession in a planful way so that they are organized and accessible. We worked diligently to develop DMT and one of the best things we can do for the future growth of DMT is document our activities and work.

Lastly, I would like to acknowledge that many of our members are not strangers to feeling isolated in their efforts. Certainly, those of us working in rural areas, states and countries where there aren't many DMTs often feel isolated and even DMTs working in metropolitan areas are not immune. If you do one thing this month for the profession, contact another member (or potential member) to connect or reconnect with them. Think how much stronger our profession will be if we all touch base occasionally and remind each other why we love the work we do.

Board Reports: Standards & Ethics Committee

Submitted by Joan Wittig, BC-DMT

Greetings from the Standards and Ethics Committee. As I write this, we are looking forward to the upcoming Conference in Salt Lake City and to connecting with you as we think together about how to take our beautiful Code of Ethics into actual practice. Our Conference presentation, *From Paper to Practice: Making the ADTA Code of Ethics Real in the World*, is designed to stimulate thinking about how to take what the Standards & Ethics Committee created and make it a living document, present in the thoughts and practice of every DMT. The Committee continues to meet to talk about operationalizing terms in the Code as a way of clarifying for members how to make the Code meaningful to every group and individual we work with. Consciousness of ethics is essential for respectful, mindful therapy. At the same time, each therapist must be invited to find their own way into ethical practice with the ADTA Code as a guide. Our Conference presentation is dedicated to

ensuring that issues of diversity and cultural humility as addressed in the Code are visible in the practice of DMT.

We have seen a significant increase in the number of members contacting the S&E Committee via the Board email. Perhaps this reflects an increased awareness and interest in ethical practice as a result of our very comprehensive Code of Ethics. Members are contacting us with questions about their own practice with concerns about non-members who may be representing themselves as practicing DMTs without training or credentials and could benefit from some education about DMT and with concerns about what may be unethical practice in the clinical world. We welcome all your questions and thoughts about ethics and ethical practice. Please feel free to contact us at ethics@adta.org. We are deeply interested in every facet of ethical practice and will be happy to answer questions, address concerns or just chat about ethics.

Board Reports: Education Committee

Submitted by Jessica Young, BC-DMT



As we enter another academic year and continue to offer a robust array of alternate route coursework, I am energized and excited by the extremely thoughtful, rigorous and heartfelt work that our community of DMT educators engage in on a

regular basis. I have the distinct privilege of being part of numerous individual and larger conversations of how best to support the evolution of DMT education within the dynamic landscape of higher education, a more global and diverse society, a challenging political climate, managed healthcare and our continued identity development as a field. As educators, our work is informed by the experiences that students bring into the classroom. In turn, learning from our students helps us to shape their educational experience. I am so grateful to both students and educators who continue to inspire, challenge and teach me.

Thank you to all who sent feedback on the revised Section I Standards for Alternate Route Education and Clinical Training! Please note that it was brought to my attention that some did not receive the email asking for feedback. The ADTA is addressing some glitches in the new email system. If you did not receive the request for feedback via email, please notify me at the above email address. You may rest assured that there will be other opportunities for feedback. In the meantime, thank you for your interest, patience and understanding. Please accept my apologies.

The working group (Linda Aaron-Cort, Meg Chang, Kalila Homann, Barbara Nordstrom-Loeb, Suzi Tortora and Jessica Young) received substantial and thoughtful responses. A small group of us (Barbara Nordstrom-Loeb, Sandra Beggs and myself) are discussing each comment and working on a revised second draft. Due to the rich responses and in consideration of significant changes to alternate route education, the timeline for the review and revision process has been extended. Next steps include presenting and discussing the revised second draft with the full working group, disseminating it for another round of review and feedback to all educators, the ADTA Board of Directors and the DMTCB Chair and submitting a final draft to the Board for a vote. I continue to be humbled by this process and have learned to value the benefits of slowing down, which continues to challenge my accelerator preferences. However, the rewards of collaborating with multiple people who share diverse perspectives and experiences far outweigh the

challenges. Please note that I am always eager to hear about ways we can improve upon DMT education as well as related concerns or difficulties, and I invite anyone to share your ideas and concerns with me. You do not need to be a member of the education committee. We are all educating the public about our work and through our work and your voice is important.

The Alternate Route Education Subcommittee (ARES) continues to regularly respond to inquiries by alternate route (AR) students and educators. A special thank you to Lenya Treewater and Suzanne Hastie, two members of ARES who have agreed to continue serving for another year. They respond to questions by AR students, and we sincerely appreciate you and all of the work you do to support our AR students! Please look out for the updated AR course calendar on the website. We are excited to have streamlined communication between the Subcommittee of Approved Alternate Route Courses (SAARC) and ARES such that upon course approval by SAARC, the Chair of ARES (Sandra Beggs) is notified so that the AR educator can receive immediate support and resources by ARES. Please feel free to reach out to Sandra with any ideas, concerns and needs related to AR education at sandrabeggs@miamicounseling.com.

The final schedule for the educators' meetings at the conference on Thursday, October 11th is as follows:

- 11:30-12:30
Combined AR and Approved Program Educators
- 12:30-2:30
AR Educators
- 4:00-6:00
Approved Program Educators

An agenda for each meeting will be forthcoming. If you have agenda items that you would like to be considered, please send them to Sandra Beggs for the AR meeting and to me for the combined meeting or approved program meeting by September 20th.

Finally, I'm excited to share that Valerie Blanc, a DMT faculty member at Lesley University, is exploring the pedagogy of DMT educators in the US for her doctoral research. She will be conducting a focus group discussion at the conference from 10:30-11:30 on Thursday preceding the combined AR and approved program educators' meeting. All educators are welcome to participate.

Board Reports: Research & Practice Committee

Submitted by Jennifer Tantia, BC-DMT



Hello from the Research and Practice Committee!

As Fall is upon us, we are looking forward to the conference in Utah. This year we have been re-organizing and delegating new ideas for the Research and Practice

Committee and now are organized into groups within the Committee. The research group evaluates and encourages the highest standard of quality in research for dance/movement therapy. We do this through the annual research award (which will be announced at the business meeting in Utah on Friday morning, October 12) and the research poster session and reception that you will now see following the Marian Chace Foundation lecture. The practice group works to uphold the highest standards of practice within our field by advocating for our awareness and integration with other fields as well as supporting professional development for both individual DMTs and the ADTA at large.

This year the search for the research award began with seventeen selected studies. They were then narrowed down to five, then three final nominees. The research award work group then adjudicates according to criteria for quality research and ranks the three in order of how well they each meet the five criteria. It is so exciting to see so many studies that are published each year and how even researchers outside the field are beginning to collaborate with DMTs to create good studies.

Our poster session adjudication is now complete and, although there were more submissions than we could present, we encountered a diversity of types of studies submitted from quantitative, qualitative and arts-based, which is finally holding a strong place in our poster session presentations.

On the other side of the Committee, the practice group is working toward creating an official document that will help DMT to become accepted as one of the Occupational Information Network (ONET) professions, which will facilitate our ability to be hired by qualifying institutions. If you haven't yet seen Sherry Goodill's practice analysis,

which includes everything you wanted to know about the ADTA (where we work, the range of ages of DMTs, who we serve, how many of us are in private practice...kind of like a professional online profile!), please grab a big cup of tea and take a look! With your ADTA log-in, you can view it here: <https://adta.org/practice-analysis/>

One piece of interest that crossed my mind while reading the poster session submissions particularly, was the ways in which we seem to assume meaning when we talk about using a DMT intervention. When we write that, what are we actually describing? Is it Marian Chace? Blanche Evans? Trudi Schoop? With our growing field and increased visibility in peer-reviewed journals, it might be time for us to delineate a bit further just what kind of intervention we are providing when we say we are using a "DMT intervention." In "Eight Theoretical Approaches to Dance/Movement Therapy" (Bernstein, 1979), there are several ways to describe a DMT intervention in relation to how much movement is supported for the patient, its focus (structured, improvisation) and intention according to population. In addition to our own (widely varied) theoretical constructs, we also integrate theoretical perspectives from psychoanalysis (both from Freud and Jung) as well as from some humanistic-based interventions, like philosophical applications of Gestalt therapy (present moment awareness and interpersonal interaction being two of them). In fact, we may even be using (EEK! Hold on to your seat!) concepts from CBT in our work without really naming it.

Perhaps these conceptual frameworks may be deemed important enough to include in our writing as they not only support our work but inform a reader who might not be so aware of DMT theoretical foundations. After all, DMT is in fact a hybrid that integrates traditional psychotherapeutic ideology and movement/aesthetic and bodily-based ontology.

What do you think? Please feel free to join the conversation and send me an email to: researchandpractice@adta.org. I look forward to hearing your thoughts and moving with you at the Conference in October!

**Feeling left out?
Get involved with ADTA!**

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Board Reports: Public Relations Committee

Submitted by Sara R. van Koningsveld, BC-DMT



Hello, Members, Colleagues, and Friends.

Thank you for your wisdom, patience, guidance, passion, strength and love of dance/movement therapy. I have been so deeply honored to serve as Public Relations (PR) Chair since 2016 and to continue the work of those before me in promoting and increasing the reach of the ADTA and DMT. As my term as PR Chairperson comes to a close, I am experiencing many emotions but mostly bittersweet feelings and an abundance of gratitude.

At its core, the PR Committee has a vision and purpose to promote the ADTA and DMT through advocacy. Our responsibilities extend into many avenues including: outreach, marketing, promotions and (of course) social media. We pride ourselves on creating the outward expression of an ADTA of which you can be proud. And my personal passion has been to create a consistent and inspirational image, visual representation and brand for our organization. So whenever you receive an email, see a flyer or check your Facebook/Instagram, etc. you feel connected to the message of the ADTA and truly experience your value as a fellow member, colleague and friend. We are a community, we are such a valuable profession and we have the ability to grow exponentially through effective, impactful PR marketing and strategy. Throughout my term, the PR team, amazing leaders of the ADTA Board of Directors and ADTA office staff have been a great source of inspiration and motivation and have kept me on-track with my authentic, unique purpose as your PR Chairperson.

Thank you again for being with me in this experience. Now, onto our PR business!

Let's start with the big event... the 2018 Annual Conference is just around the corner and we will keep the eBlasts coming and you up-to-date on all the Conference events. Back for another year is the **Mock DMT Photo Shoot** to be hosted by the PR Committee at a local dance or yoga studio. Please **SAVE THE DATE: Saturday, October 13 from 1:00-2:30PM**, and as we finalize details of the location, we will be sure to share them with you on the Conference website, social media and the official Conference app. Stay on the lookout!

In case you missed it, we are doing a call for photos for our annual **Year in Review**. This photo montage is where we can share our work, excitement and memories of DMT since last year's Conference. Be sure your photos are *high resolution and quality* and include a brief statement about the event or experience photographed. Previewed each year at the Conference and later shared on YouTube and the ADTA website, we also like to honor those dance/movement therapists who have passed. If you would like to include someone in the In Memoriam, please send a photo and the full name of the former ADTA member. **All photos are due to Angie by 9:00 PM EST on Friday, September 7th! Email yours today!** ADTAsocialmedia@gmail.com



Board Reports: Public Relations Committee

Continued...

Whether or not you are planning to attend the Conference this year, we would love your support! Simply by Liking and Following the ADTA Annual Conference page on Facebook, you will be looped-in to the latest updates, special events, live videos and photos leading up to and throughout the Conference weekend www.facebook.com/adtaconference. This page is specifically for our annual event and a unique place to follow along and join us, even if you cannot attend.

Which brings us to social media. Our New Media Manager (and our incoming PR Chairperson), **Angie Yemma**, and her team have been diligently promoting the Conference and Facebook LIVE events, as well as many of our videos, DMT community publications and awareness campaigns. What do you think?

As we continue to grow as an organization, we are also growing our committee. The New Media Team is specifically looking for individuals interested in supporting us with posting content on various social media outlets including: Twitter and LinkedIn. No experience is necessary but a willingness to work on a team and commit 1-2 hours per week is priceless. **To join the New Media Team, email Angie today: ADTAsocialmedia@gmail.com**



We would also like to recognize all of your support in our social media efforts

- Facebook Page: +155 followers/ Reaching more than 7,150 followers!
- Instagram: +76 followers/ Almost to 1,200 followers!
- YouTube: +227 subscribers/ Almost to 3,000 subscribers.
- YouTube: +16,774 views since April 2018!!!!

The monthly Facebook LIVE events, “**Meet the Board of Directors**”, have been going strong since January 2018. Hosted by ADTA President, Margaret Migliorati, we now have 6 videos in our archive, including interviews with Presidents Past and Future, Education Chair, and yours truly, PR Chair, as well as some other great topics. To view archived videos, be sure to go to www.facebook.com/AmericanDanceTherapyAssociation and click on “Videos” in the left column. To increase the viewership of our content, we encourage you to like, comment and share your thoughts on these archived events. In addition, be sure to check-out our upcoming Facebook LIVE events on: **September 30th**, featuring Vicky Wilder, Treasurer, and **October 28th**, featuring Dawn Morningstar, Member-at-Large Eastern Region. Like us on Facebook, look for reminder posts and save the dates!

As we move into Fall 2018, we are continuing toward establishment of a new subcommittee. The Marketing Team will focus its efforts on: marketing initiatives of the ADTA, visual graphics and branding as well as digital and print promotional materials, including work for the website, Conference and emails. You do not need any prior experience with marketing or graphics but do need a passion for thinking outside-of-the-box, a willingness to use various software/technology, an ability

Board Reports: Public Relations Committee

Continued...

to communicate effectively verbally and in writing and to truly be a team player. Please email **Sara (myself)** at: publicrelations@adta.org, if you would like to join the new Marketing Team.

As we continue to work on bringing you the most valuable and pertinent information, we will continue our process of growing the blog. Editor-in-Chief, **Ande Welling**, Blog Team Coordinator, **Lora Wilson Mau** and Editor, **Melinda Malher-Moran**, have been working hard at curating new content, releasing previous posts and revamping the format. Please “pardon our dust” as PR and the Blog Team move forward in sharing more resources and information about DMT and the ADTA in the coming weeks and months! If you have an interest in submitting content, editing or being a part of our Blog, email myself or **Lora** at lorawilsonmau@mac.com.

Again, I am extremely grateful for this opportunity to serve you, and the PR Committee is always appreciative of the resources and materials you share, your engagement in our media and the feedback you provide in promoting, advocating and educating about the ADTA and DMT. The world may be “going digital” but we know the importance of true relating and interaction. The PR Committee and I look forward to seeing you at the Conference in Salt Lake City next month and, if not there, connecting through one of our many outlets.

Do not hesitate to reach-out with your PR questions, comments, feedback and ideas (publicrelations@adta.org). Find me at the conference and say “hello” and/or find me on social media (search: Sara v - DMT).

Board Reports: Committee on Approval

Submitted by Anne Margrethe Melsom, BC-DMT



Greetings! I hope everyone has had a wonderful summer and that you are ready to dance and move into the Fall season feeling rejuvenated and energized!

Committee on Approval Members (COA):

Wendy Allen (Naropa), Valerie Blanc (Lesley), Michelle Joubert (Supervisor), Ted Ehrhardt (Pratt), Danielle Fitzpatrick (Antioch), Susan Orkand (Sarah Lawrence), Kim Rothwell (Columbia) and Anne Margrethe Melsom (Drexel – Chair).

I’d like to extend my sincere gratitude to the wonderful COA members for the support I have received during my term as the Chairperson of this committee from 2016 – 2018 as I move out of the position to dedicate time to my young son. I am thankful for having been able to serve this community, and I leave feeling so inspired and hopeful about the future of this profession. It has been an honor to serve on the committee as the Drexel University representative since 2011. It has certainly been an extremely exciting chapter in the life of the organization over the past few years and I am so grateful for the experience of having co-chaired the Standards Task Force. Furthermore, it has been an honor to serve on the ADTA Board of Directors. I am in awe of all the people and the work everyone is doing! Lastly, I would like to express my sincerest gratitude to Jessica Young, past Chair of the Committee on Approval. Your incredibly generous mentoring of me has allowed me to find my way within these complex workings of regulatory aspects of higher education. I also feel a deep appreciation for our friendship.

With that, it is my sincere pleasure to announce the appointment of Ms. Danielle Fitzpatrick as the new Chairperson of the Committee on Approval. She is presently the program representative from the Dance/Movement Therapy and Counseling Program at Antioch University. Danielle takes on the role as the Chair following the Business meeting at the Annual ADTA Conference in Salt Lake City, Utah.

Approval and New ADTA Standards

The Committee has reviewed all reports from approved programs where they outlined their initial assessments and plans towards compliance with new education and training standards. We discovered how everyone embraced the process of evaluating where they are and where they need to go! The Committee notes that the anticipated biggest shift appear related to the **Outcome-Based Standards** (Core Curriculum and competencies in DMT History; DMT Theory; DMT Practice and DMT Professional Development). Programs reported the need to add some new content and also described plans to develop teaching and evaluative methods to ensure the delivery and assessment of students’ competencies. All programs now have five years to ensure they come into compliance with new standards by the rollover date of January 1, 2023.

Board Reports: Committee on Approval

Continued...

The COA is recommending that programs focus on the Theory section of the outcome-based competencies in the reporting periods 2018 – 2020 (reports due February 2019 & February 2020) to ensure that syllabi can be developed and courses approved by their academic institutions.

Approved programs will submit their final report to the COA by February 15, 2023, allowing the Committee to determine approval status at its Spring meeting. Consequently, the designation of approved-program status means that students entering the academic year 2023/2024 will enroll in a program that fully complies with the new ADTA standards for dance/movement therapy education and training.

Other COA Business:

- The Committee reviewed the self-study from Columbia College Chicago's Dance/Movement Therapy Program and the program is re-approved for another six-year period. The review involved approving a program which is teaching out its last class during the academic year 2018/2019. We congratulate Dr. Susan Imus and her faculty on their dedication to excellence, with recognition of a legacy that will impact the education of future dance/movement therapists!
- Annual maintenance reports were reviewed and approved.
- Improvements have been made to the Annual Report Format (new standards).
- This Committee is awaiting a final follow-up report from Pratt regarding approval.
- BOD Teleconference July 2018.
- Inter-board meeting (ADTA & DMTCB) August 2018.

SAARC (Subcommittee on Approval of Alternate Route Courses) Members:

Susan Saenger (Chairperson), Dawn Lyon (Alternate Route Educator), Danielle Fraenkel (Alternate Route Educator) and Bernard Ehrhardt (Committee on Approval representative).

Looking Ahead – Approval of Alternate Route (AR) Courses:

A working group is currently underway developing new AR standards. It has announced that AR standards will have the same outcome-based standards as approved programs. From a regulatory perspective, that means that going forward, there will be a rollover period where all approved Alternate Route Courses must be re-approved by SAARC in order to demonstrate compliance with new outcome-based standards in the delivery of the course. Revised Syllabi will be required. The development of timelines and procedures for this rollover are in the planning stages. Announcements are forthcoming regarding how to proceed if you are an alternate route educator with a SAARC approved course.

Please also be on the look out for announcements from SAARC regarding a rollover date in the near future by when all new alternate route course approval applications will require documentation of outcome-based standards applicable to the course incorporated into the syllabus. Applications will also require inclusion of the alternate route educator's professional CV.

Other SAARC Business:

The course *Dance/Movement Therapy and Substance Use Disorders* is **APPROVED** by the Subcommittee for Approval of Alternate Route Courses. The course is taught by Eri Milrod.

SAARC continues to review applications of alternate route courses for approval. Applications and accompanying syllabi can be submitted to the Chairperson, Susan Saenger at ssaenger@nc.rr.com.

We want mail!

Questions, comments, thoughts, pictures... submit them for the next ADTA newsletter. We love hearing from our members. Be sure to read the newsletter guidelines before submitting.



Board Reports: Government Affairs Committee

Submitted by Meghan Murphy-Sanchez, BC-DMT



Greetings, ADTA Members!

I hope you all had a wonderful summer. The past several months has been eventful for the GAC—including Arts Advocacy Day that took place on March 12-13 and the Spring Board of Directors meeting that took place in Maryland on April 14-15.

At the Board of Directors meeting, we covered a lot of business. Specifically related to Government Affairs, we discussed revising some operational functions within the committee to improve communication and the management of specific projects. In addition, we also covered ways we can continue to bolster licensing support for dance/movement therapists in various states. As the GAC Chair, I was also able to provide an update to fellow board members regarding current projects and goals that the GAC is working toward for the coming year. As previously mentioned, Arts Advocacy Day took place in March and we had several dance/movement therapists attend this year. One attendee, Kristin Pollock (New Jersey Chapter GAC & a member of the New Jersey Taskforce on CAT licensure) donated her time and energy by writing a review of the experience. In honor of her hard work and commitment to sharing her experience with other ADTA members, I have included her review in this newsletter as the featured “ADTA GAC Spotlight”. I hope you enjoy reading her review and I also hope it helps to inspire you as a member to consider applying for the Arts Advocacy Day Scholarship next year!

ADTA GAC Spotlight: Kristin Pollock, BC-DMT

Uniting for the Arts in America: Review of Arts Advocacy Day 2018

In the United States, a small portion of the federal budget is allocated to the arts, including creative arts therapies. Some of this money supports research and access to programs in military and veteran’s services, senior services and federal health programs such as those in the National Institute of Health (NIH) and Substance Abuse and Mental Health Services Administration (SAMHSA). Although federal support was established in prior years, its continuity depends on the stamp of approval of our current administration and Congress. It is a critical time for continued advocacy for the arts and creative arts therapies. Funding decisions are made every year and the individuals making decisions this year may not be there next year. How will they know about why this funding matters? The answer is us.



L to R: Lora Wilson, Margaret Migliorati, Renee Wolfe, Lauren Milburn

In solidarity with the Americans for the Arts and over 70 other national organizations, the ADTA attended the 31st annual Arts Advocacy Day 2018 in Washington, DC held on

March 12 and 13. Four of us proudly represented our organization for this two-day event of advocacy and networking: Margaret Migliorati (ADTA president), Lora

Wilson, Lauren Milburn and Kristin Pollock. Myrna Mandlawitz (ADTA Government Affairs Consultant) and Renee Wolfe (Association Services Director) were also present in support of our organization and to support us in preparing for meetings with our elected officials.

During the months prior, the ADTA, along with fellow creative arts therapies professional organizations, prepared materials to support the asking points specific to our work and to design briefs to be used in training other advocates from around the country. In addition to the above preparations, our ADTA attendees spent March 12 with over 650 other arts advocates from around the country networking, learning and strategizing. We learned about facts and figures that support our respective asking points. We also organized and rehearsed strategies for talking to members of Congress to elaborate on our personal stories and specifying what exactly to urge our legislators to do.

The second day, March 13th, was spent on Capitol Hill. The morning began with a kick-off event in the Kennedy Caucus Room. During this event, the Americans for the Arts organization presented their 2018 Congressional Arts



L to R: Lauren Milburn and Kristin Pollock

Board Reports: Government Affairs Committee

Continued...

Leadership Award. We also heard from other members of Congress whose stories solidified the importance of telling about the power of what we do as a take home message when urging for support of funding and policy.

This kick-off event was followed by Capitol Hill visits with our elected officials. Our ADTA group split up to join our respective state delegations. Members of state delegations were scheduled to go in to these meetings together. Some of the meetings were scheduled to directly speak with the congressperson and others with their staffers. All meetings were focused on support of the arts in general. Each member of the state team may have had a different focus, like arts in education, arts and infrastructure or arts in health. Therefore, each meeting had some general asks and then more specifics connected to each individual's story.

As DMTs we were prepared to talk about DMT in general and with veteran and senior populations, as this is where current funding and policy is already established. It was important to emphasize the importance of training, educational

standards and ethical codes of practice as well as certifications and licensure as things that set us, as creative arts therapists, apart in the realm of arts in healthcare. The meetings were about 15 minutes each and most of us had about 3 meetings. It was a dance not only getting around Capitol Hill but also in improvising our shared discussion with congressional representatives while staying true to our rehearsed asks.



L to R: Lora Wilson, Margaret Migliorati & Kristin Pollock at Kennedy Center Performing Arts Center

Dance/movement therapy is a vital part of the wellbeing of Americans. The ADTA's collaboration with Arts Advocacy Day is essential to increasing the accessibility of DMT. Membership support of and participation in the ADTA's advocacy efforts impacts the power of what can be done. We must continue to have a presence in the ever-changing flow of policymakers and funding decisions. Imagine a country that integrates DMT and other creative arts therapies into all areas of healthcare and wellbeing. This vision depends on our speaking out about the power of DMT and connecting it to current local, state or federal policies. Please stay tuned for any important announcements or call to actions that may come your way from your regional or our national GAC.

Board Reports: Members-at-Large

Submitted by Dawn Morningstar, BC-DMT; Marybeth Weinstock, BC-DMT; Pam Margules, BC-DMT



Hello all ADTA members,

There are many exciting events happening in the organization.

Nationally, we are working on more transparency as a Board as seen in recent Facebook Live meetings monthly on Sundays with Board President Margaret Migliorati. If you have not liked us on Facebook, please do so.

Please attend the Regional Caucus if you are coming to the Conference in Salt Lake City. We would love to see as many members as possible in our respective locations. Check the brochure for details.

In addition, Chapter leaders are welcome to attend a reception sponsored by the MALs on Friday night of the Conference, October 12, from 5 - 6:30pm.

Many Chapters are changing Board officers, so please send those new names and positions to both your MAL and National as soon as possible.

Please be careful of phishing email especially those that come from a Chapter member asking to send or wire money. At least two Chapters have been phished this way and one lost a significant amount of money. Double and triple check those requests with a personal phone call to the sender. In each case, the email supposedly came from the President.

The MALs have new emails, (Dawn) EASTERNMAL@adta.org, (Pam) CENTRALMAL@adta.org and (Marybeth) WESTERNMAL@adta.org. Please reach any of us there for all ADTA matters or to get connected to your local Chapter.

Please let me know of any news and updates that your Chapter is involved in. It is great to hear of the wonderful work being done in our DMT community! We hope to see you in Salt Lake City! See ADTA Chapter updates in the Chapter Reports section.

Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



We are pleased to announce our office team is growing!

- **Tara Schlosser** joined the ADTA office team in March as Administrative Assistant and brings a wealth of skills to the ADTA including social media, communications, marketing, accounting, to name a few. Tara received her BA in Dance and a Minor in Business Administration and a Minor in Theatre from Slippery Rock University.
- **Amber Falls**, as you may know, works with the newsletter team and manages conference projects. Amber will now be working on a regular basis with the ADTA office team designated to specific areas including upcoming Conference Co-Manager with Renee Wolfe, marketing, website, and more. Amber received her BS in Business Administration at Towson University.

What a busy summer for the ADTA Office. Our ADTA National Office is physically small but we do generate a lot of work by the staff and with the help of our member volunteers! The ADTA Office is available to its members by voice mail (410-997-4040), email (info@adta.org or admin@adta.org), FAX (410-997-4048), and of course postal mail, (10632 Little Patuxent Parkway, Suite 108, Columbia, MD 21044)

October 11-14, 2018 is our 53rd Conference! *Bringing the Body and Creativity into Healing: The Art and Science of Dance/Movement Therapy*

Our conferences are planned 2 1/2 to 3 1/2 years out so a lot of effort is put into preparing, strategically scheduling and making a memorable conference for you. We are working hard to make this conference the best yet! Come early or stay late and enjoy the beautiful state of Utah with all the national parks. Utah is known for its natural diversity and is home to features ranging from arid deserts with sand dunes to pine forests in mountain valleys.

Don't wait too late to register for this exciting conference! To register to receive the discounted regular rate. <https://adta.org/2018conference/> and click on Conference Registration

Make your hotel reservations now – sleeping room discounted rate is only available until **September 8, 2018** while rooms last! Make hotel reservations: <https://www.starwoodmeeting.com/events/start.action?id=1802267235&key=305E2C5A>

Do you have a room and want a roommate for the conference? Or not have a room but would like to share a room? Email admin@adta.org for the list

Go to the ADTA website and read about all the special events, seminars, intensives and bios of the presenters. <https://adta.org/2018conference/>

Visit the ADTA Office Staff at the conference registration desk and see the new exciting unique items to purchase. We will also have a giveaway for conference attendees.

- **2019 Conference** - ADTA 54th Conference will be held October 17-20, 2019 in Miami, Florida at the Hyatt Regency Miami
- **2020 Conference** - ADTA 55th Conference in 2020 will be held in Montreal, Quebec, Canada – October date is under negotiations. So, make sure your passport is up-to-date for 2020.

Board Reports: From the Office

Continued...

ADTA receives royalties to sell DVDs for dance/movement therapists and distributors. See the list below and visit our online store. <https://adta.org/online-store/>

Please contact the ADTA office if you have a video that meets the distributor criteria of ADTA.

Moving Stories: Portraits of Dance/Movement Therapy by the New York Chapter

Expressing Disorder: Journey to Recovery features the work of Susan Kleinman, dance/movement therapist and Carol Dietrich, drama therapist.

Moving Toward Health by Sandy Dibbell Hope

Violence Prevention through Movement: Training DVD One & Two by Rena Kornblum

Moving Toward Peace: Violence Prevention through Movement by Rena Kornblum

Dance/Movement Therapy for Women with Breast Cancer by Ilene Serlin

To Move is to Be Alive by Penny Lewis

Looking for Me & Still Looking by Janet Adler

Dance Therapy: The Power of Movement

Profiles of Second Generation Dance/Movement Therapists by Linni Deihl

Attention those who are still not adhering to the correct way of writing: When writing dance/movement therapy always put the slash (/) between dance and movement; however, when writing **DMT or **dmt** no slash (/) is written.**



Kestenberg Movement Profile Trainings - 2017

Instructor: Suzanne Hastie, MA, BC-DMT, NCC, LPC, KMP Analyst

Located in West Lehigh Valley, PA (www.twinpondscenter.com)
--75 minutes from Philadelphia & 2 hours from NYC

These trainings offer:

- Alternate Route or Continuing Education as well as foundational studies in the KMP allowing one to pursue KMP Certification
- Increased understanding of the nonverbal throughout the lifespan
- Small class size; space & time to move; individual attention & group experientials
- Clinical applications
- Learning in a beautiful, tranquil setting in Pennsylvania

Courses & Workshops:

(the 30 hour live courses have been approved by the American Dance Therapy Association as meeting requirements for the Alternate Route R-DMT credential)

June 28, 2017 KMP One-Day Workshop on System I Patterns: Tension-flow-Effort (9am-4pm; 6 CE hours)

August 21-24, 2017 Introduction to the Kestenberg Movement Profile (2 credits/30 hours)

September 18-21, 2017 Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow & Unipolar Shape Flow (2 credits/30 hours)

September 28, 2017 KMP One-Day Workshop on System II Patterns: Shape-flow-Shaping (9am-4pm; 6 CE hours)

**Also available for purchase--KMP Color Wheel Poster*

To register for courses, workshops or to purchase a poster, contact Suzanne Hastie at suzannehastie@aol.com or (610) 417-0831.

Paid Advertisement

Chapter Reports

California Chapter

Submitted by MAL

Below please find the list of the new CCADTA board members:

President: Malini Nagpal

Vice President: Elizabeth Fluck

Treasurer: Chandra Chaikin

Secretary: Megan Shaffer

SoCal programming Chairs: Bobbi McKissick and Erin Howe

Northern Cal programming: Kiran Easwarachandran (Sara Broussard to assist in transitioning and training)

Communication Committee Chairs: Maria Ninos & Julia Rose-Ramo

Gov't Affair Committee: Chairs - Deva Connett & Anna O'Connell; Committee member - Kristen Crowe

Elections Committee Chair: Lisa Manca

Student Representative: Alice Astarita

New Jersey Chapter

Submitted by MAL

The New Jersey Chapter continues to be hard at work on the drama and dance therapy licensure bill. Please feel free to add your name to the calls for action, you do NOT need to live in New Jersey to let the committee know it is a good idea to have licensed therapists to protect the public and ensure proper standards.

MD-DC-VA Chapter

Submitted by MAL

The Maryland/DC/Virginia Chapter is planning a new website and listserv as a large task for this coming year. Board elections were held over the summer and the Chapter is excited about the incoming Board members and their positive energy. The annual August Chapter meeting was on Sunday, August 26th at a park in Alexandria, VA by the Potomac River. At the meeting, Chapter members broke down tasks for website creation, planned next year's events such as the Spring Conference speaker said farewell to outgoing Board members and welcomed new Board members.

Pennsylvania Chapter

Submitted by MAL

Pennsylvania continues with the performance club once a season. They are planning a holiday party on Saturday December 1, from 5 - 7pm location TBD. In addition, there is an effort to connect the western and eastern regions of the state through technology like Zoom.

Puerto Rico Chapter

Submitted by MAL

Puerto Rico has been providing a movement lab once a month for professionals interested in learning concepts of DMT! They are still focused on increasing group participation into the Chapter, but logistics are pressing at times and not having a valid presence of the profession in the educational system in PR makes it a challenge.

New York Chapter

Submitted by MAL

New York is having a September CEU event, most likely a book club. Reach out to them for details. They will change leadership in the fall.

Chapter Reports

Illinois Chapter

Submitted by MAL

The Illinois Chapter is planning on having two trainings in the fall.

1. Dance/Movement Therapy and Internal Family Systems.
2. Dance/Movement Therapy and Sensorimotor Psychotherapy.

The Chapter is considering renting an office for the Chapter and members. There will be more discussion to come about this idea.

The 2018 spring conference was a huge success! The Illinois Chapter is beginning to start planning for the 2019 conference in the upcoming spring.

Southern Chapter

Submitted by MAL

Kathy L. Fortner is a member doing work with a couple of organizations. She is a competitive ballroom, Latin and rhythm dancer who is seeking ways to assess her community's needs in Myrtle Beach. She wants to assess the needs for all ages. Kathy is also working with two non-profit groups: The Ballroom Dance Preservation Society and the USA Dance Group.

Susan Kierr will have an exhibit at the Pew Center for Arts and Heritage in Philadelphia. This will include a video of second line dancing. Susan and the video photographer will have this shown as part of a cultural healing art.

Dee Wagner and Stacey Hurst's article, "Couples Dance/Movement Therapy: Bringing a Theoretical Framework into Practice" was published in the latest issue of American Journal of Dance Therapy. Aspects of the theoretical framework discussed in the article informed the performance art evening Dee and Ingrid are co-presenting: Spirit Calling at Harbor of Dreams Art 3550 Clarkston Industrial Blvd, Clarkston, GA 30021. Harborofdreamsart.com. Sept. 8th at 7:30 pm. Tickets are \$15.

Dee Wagner recently published an article in Elephant Journal, view the article via this link. <https://www.elephantjournal.com/2018/08/how-fighting-rhythms-can-help-us-navigate-our-binge-watching-world/>

Texas Chapter

Submitted by MAL

Selena Coburn is working on kickstarting the Native American Affinity Group during the ADTA Conference in Utah. She is working to have DMT established at the Settlement Home for Children in Austin.

Submitted by Lauren Mickle, R-DMT

The Texas Chapter had their first annual meeting for 2018 in Waco, Texas on April 29, 2018. It was a beautiful spring day and new Chapter Officers were elected. The new Chapter Officers are as follows: Concetta Troskie- President, Nicole Stackpole- Program Coordinator, Selena Coburn- Secretary, Lynn Moon- Treasurer, Lea Comte- Government Affairs Liaison and Lauren Mickle- Newsletter Editor.

At the Chapter meeting, ideas such as more regular movement workshops and meetings as well as continued progress on a Chapter website were discussed. There was a lot of excitement about upcoming advocacy for licensure changes in 2019 via amendments to the Texas Licensed Professional Counselor Board.

Congratulations to the new Chapter Officers, and we are very excited for upcoming events and exciting ideas for continued dance/movement therapy advocacy and education in Texas!



Chapter Reports

Texas Chapter Continued...

Texas Chapter Happenings

Lea Comte, R-DMT, the Government Affairs Chairs for the Texas Chapter is kicking off the school year by spreading the wisdom of dance and movement therapy. On Friday, August 10th, she had her first opportunity to introduce dance and movement therapy to her entire Headwaters School faculty and staff in Austin, Texas.

She will also be leading two separate educational workshops for local Montessori guides. The workshops will encompass information regarding developmental movement, strategies for guiding self-regulation, tools for stimulating sensory systems and movement to engage students during transitions.

Lauren Mickle, R-DMT, celebrates 1 year of employment at Austin State Hospital. Her work with forensic psychiatric inpatients has led her to partner with colleagues in the development of a pilot program; Competency Restoration Experiential Support Therapies aka C.R.E.S.T. C.R.E.S.T. utilizes a combination of art therapy, dance/movement therapy and recreation therapy interventions to support competency restoration processes for persons served at Austin State Hospital. Lauren plans on ultimately conducting research to evaluate this program with the help of her interdisciplinary team: Yessenia Rojas, CTRS, Margaret Whitehair ART-BC and Andrea Wright, MD.

Lauren is also excited to announce that Austin State Hospital will now be accepting dance/movement therapy interns. Austin State Hospital offers a wide variety of patient populations including adult acute psychiatric services, adult forensic psychiatric services, adult specialty psychiatric services which include geriatric and other special needs populations as well as child and adolescent psychiatric services. Future interns will have the opportunity to work in each service area allowing them to gain experience working with each of these diverse populations.

Nicole Stackpole, R-DMT: After attending Antioch University New England and graduating with her masters in Dance/Movement Therapy and Counseling in 2015, the National Board of Certified Counselors has officially granted Nicole her LPC-Intern license in the state of Texas. It was an 8-month process of going back and forth but finally paid off! She is now practicing counseling and dance/movement therapy in a private practice in Buda as well as facilitating therapeutic and psycho educational classes with older adults and their care partners through the AGE of Central Texas Memory Connection program.

Concetta Troskie, R-DMT, will be presenting alongside Susan Kleinman, BC-DMT, at the 2018 ADTA Conference in Salt Lake City, Utah. This will be Concetta's second time presenting with Susan Kleinman on evidence-based treatment and DMT in the treatment of eating disorders.

She will also be presenting at Genesis Women's Shelter's September Lunch n' Learn Series on the use of dance/movement therapy on the treatment of domestic violence. In September, Concetta will be presenting a community CEU workshop on the use of dance/movement therapy on various mental health diagnoses at Changes Behavioral Health in Carrollton.

Concetta also led National Eating Disorder Association (NEDA) Dallas Walk participants in a dance/movement warm-up incorporating mirroring and rhythmic synchrony. Concetta guided NEDA participants in movement to accompany the music of renowned author and eating disorder advocate, Jenni Schafer.

She presented a webinar for Cigna's 2018 Eating Disorder Series entitled: When Words Fail: Moving Through Eating Disorder Recovery with Dance/Movement Therapy.

Here is a link to the webinar: <https://www.cigna.com/individuals-families/health-wellness/topic-eating-disorders>

For future Texas Chapter newsletter submissions contact Lauren Mickle at Lauren.Mickle@hhsc.state.tx.us

Chapter Reports

Rocky Mountain Chapter

Submitted by MAL

The Rocky Mountain Chapter continues to meet for an informal Coffee Shop meet-up once a month. They had their first Book Club meeting this Summer and it was well attended and a success. They're working on scheduling one or two more Book Club meetings before the end of 2018. The Rocky Mountain Chapter is getting ready to put a call out for new Board members. They developed a scholarship and a short essay contest for someone to apply called the "Aspiring DMT scholarship." Chapter member Jessica Acolin won the scholarship in the amount of \$300 and plans to use it to further her work in the field.

All new Board Members:

Voniè Stillson: President

Stina Hoberecht : Vice President

Kendall : Treasurer & Secretary

Carolina Chapter

Submitted by Virginia Hill

The Carolina Chapter held its multidisciplinary expressive arts therapies workshop on June 23, 2018, witnessing and experiencing drama therapy and visual arts therapy along with dance therapy. We experienced spectrograms, witnessed and practiced chair work (internal family systems), moved the Brain Dance and made soul cards. The major outcome of the workshop was a unanimous decision to come together as a community at least once a quarter. The next meeting date is September 22, 2018.



Affinity/Study Groups

Geek Affinity Group

Submitted by Voniè' Stillson, BC-DMT

The Geek Affinity Group continues to share DMT with fellow geeks around the country. Voniè Stillson presented a panel called "Cosplaying the Shadow" at Fort Collins Comic Con in Colorado on August 26th. If you are interested in connecting with the Geek Affinity Group or have questions about what the group encompasses please feel free to email voniestillson@yahoo.com

Oregon Study Group

Submitted by MAL

The Oregon Study group continues to meet every 6-8 weeks for movement and connecting!

DMTCB

Dance/Movement Therapy Certification Board

Submitted by Julie Miller, BC-DMT & ADTA National Office

This has been a banner year for applications. The DMTCB received 13 applications for R-DMT and 40 applications for BC-DMT. This reflects a robust interest in both Alternate Route training and Certification. As the growth of our profession has prompted a re-evaluation of our Ethical and Educational Standards, the DMTCB has been looking at how the current standards for certification could benefit from the same scrutiny. At the time the Certification Board was created, the focus was on our application to an outside credentialing organization to 'vet' our process. At that time, a decision was made to keep the current application process which has not changed essentially since its inception in the early '80's. However, the time has come to take a second look, and we have convened a task force to assess and re-envision the Certification process. Changes in professional training, employment opportunities and licensure issues have contributed to the need to make our certification process more responsive to the current working environment. The task force will begin working this Fall and hopefully put any new procedures and requirements in place by January 2020.

In addition to the task force, at the annual spring meeting, the DMTCB voted to create a new position on the Board – that of Compliance Coordinator. The role of this Board member is to oversee the Continuing Education process as well as assist in managing the Ethics Review process for the DMTCB. Barbara Nordstrom-Loeb will join the Board this October as the first ever Compliance

Coordinator. In addition, Ellen Schelly Hill will join the BC-DMT panel as the Eastern member.

Regarding the Continuing Education process which is now being administered by the DMTCB, we will begin to formally enforce the auditing process put in place when the Continuing Education requirement was created. That means that beginning in January 2019, a reminder letter and CE filing form will go out to all certificants who are at the end of a five-year period. All eligible certificants will be required to return the Filing Form and CE maintenance fee of \$25. In addition, 10% of each group of expiring BC-DMTs will be randomly selected for the mandatory continuing education audit at the time of recertification. Notification of selection for mandatory audit will be included with the recertification form received by BC-DMTs at the end of their five-year recertification period. These BC-DMTs must submit a detailed listing of CE activities as documentation for the 100 required hours of continuing education.

I am grateful to my predecessors, Linda Aaron-Cort and Susan Saenger for all the work that they did to clarify operating procedures and policies and strengthen the function of the DMTCB such that we are now able to consider some of these new imperatives. Congratulations to all new R-DMTs and BC-DMTs registered from June 1 through August 31!

R-DMTs

Nicole Adkins	Anna Maria Constancia	Katelyn Maraldo	Simone Saiya
Jun Akiyama	Ashley Ervin	Madeleine Rose Mayer	Erin Schweber
Anna Andahazy	Marisa Femia	Parsigian	Anna St. Ours
Jessica Lee Arroyo	Emilie Flynn	(Malia) Mollie Matteson	Stephanie M. Thomas
Claude Michelle Aubourg	Denise Anne Granai	Brooke Marie Miller	Aditi Trivedi
Jennifer Balfe	Kaitlin Ingebretsen	Jennifer Moskowitz	Kellyn Uhl
Mallory Barnes	Allison Johnson	Sara Nichols	Rachael J. Venner
Ambre Bethoux	Jessica Khalilah Shabazz	Leora Novick	Si Wang
Lauren Bomberg	Nicole Krzeminski	Eboni N. Pace	Heather Waters
Maria Bowen	Crista Yan Yan Kwok	Nathaniel Pyzik	Alicia M. Williams
Lucy Braham	M. Hannah Lamberto	Carolina Osuna	Lovelace
Amanda Bravo	Alethea Lefrancois-	Kristen Taylor Reyes	Ashanti Woods
Sonya Budnovitch	Hanson	Rosalind Rodgers	Adeline Zemcik
Courtney Chow	Kathryn E Lodwick	Naomi Rosenblum	

BC-DMTs

Naomi Arad Broome	Diana Faraone	Bailey Santoro	Joanna Turner
Heather Clark	Suzanne Mueller	Rakhi Shingala	Jamie Yasgur

Marian Chace Foundation

Submitted by the Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



This is the last newsletter before the Conference; therefore, we want to be sure you know how important it will be to attend the annual Marian Chace Lecture given this year by Dr. Christine Caldwell entitled *Justice, Inclusion and Grace: Our Body's Role and Our Professions' Role in Sustainable Societies*. The Lecture is clearly meant to challenge and have us think. It will be immediately followed by the Research and Poster Session where in addition to viewing the work of our colleagues, you are invited to have refreshments sponsored by both the Foundation and the ADTA. Put it on your calendar for Friday, October 12th beginning at 2pm.

The trustees of the Marian Chace Foundation will be there to welcome you and answer any questions you might have. We also wish to thank all those who generously remember to donate to the Foundation so that we can sponsor these events as well as provide funds for the various grant proposals received each year. We were recently advised of a member who graciously asked her friends to donate to the Foundation for her birthday! We are most grateful for such thoughtful ideas that enable us to continually grow and support our profession.

Donations received June 1 through August 31

**Funds dedicated to Hana Kamea Kemble's film, The Moving Child II: Dance/Movement Therapy in Action*

PARTNER (\$100 – \$499)

- Martha Eddy *

PATRON (\$500 - \$999)

- Laurie Jones *
- Susan Kierr *
- Rena Kornblum *
- Dennis McCarthy *

American Journal of Dance Therapy Online! Printed and Electronic Contents

Sign up for free access to abstracts and Table of Content Alerts at springer.com/10465

American Journal of Dance Therapy

Publication of the American Dance Therapy Association

ISSN: 0146-3721 (Print) 1573-3262 (Online)

Description

This journal of the American Dance Therapy Association reports the latest findings in dance/movement therapy theory, research, and clinical practice. The American Journal of Dance Therapy (AJDT) presents original contributions, case material, reviews, and studies by leading educators and practitioners in the field.



Visit springer.com/10465 for:

1. Convenient pathway to open access articles
2. Aims and Scope of AJDT
3. Editorial Board Listing
4. Instructions for Authors

We want to hear from you about your work, AJDT editors Laura and Susan!

Professional DMT Submission

Columbia College Dance/Movement Therapy Program

Submitted by MAL

The Columbia College Dance/Movement Therapy Program hosted its final Student/Faculty/Alumni dance Concert on July 18, 2018. It was a beautiful, heartfelt evening of dance, creativity, spirit and love. I was lucky enough to attend, along with Margaret Migliorati, our President of the ADTA. The concert performances were terrific, as well as the much-felt sentiment of loss for this wonderful program. There is much to say about this event. The students, both current and past, displayed strength and beauty. The faculty showed courage and light. Susan Imus is to be honored for her tenacity, love, open spirit and keeping the ship “afloat” in rocky waters.

Our organization will deeply miss the Columbia Program. We all stand together as the door closes...

The Appearance of Being Inexperienced

Submitted by Chelsea Vill, R-DMT

As a black woman in America, I am used to certain things. I am used to over preparing myself for specific situations. I am used to being questioned. I am used to correcting assumptions and the judgments of others. As a black woman in a predominately white field, I face some of the same assumptions. However, one of the most common things I face is being judged for being young and assuming my experience is miniscule.

Although I am in fact young at 25 years old, I look even younger and looking younger has not served me well in the field of dance/movement therapy. When speaking to people outside of the field, they assume that my job is “fun” and that I am teaching people to dance. In a recent discussion after clearly explaining that I am helping people with psychological traumas, a woman responded asking, “So you dance for people and they feel better”?

I even have trouble while directly in the field. People second-guess whether I have the experience necessary to provide this service, and that is probably one of the main reasons I opt to work with children. When I work with adult clients, I can feel the hesitance as they enter the room and see that I am their therapist. I have been asked my age numerous times since I entered this field and I usually avoid or redirect the question. I have been trained that the vital information lies with *why* they want to know my age. I have found that it is because of the appearance of being inexperienced.

In the current state of America, where little black boys are victimized and viewed as older men, I wonder what the correlation is. Perceived age seems to be a tool used by non-black individuals when they deem necessary. It is convenient to say a 12-year-old boy playing with a toy gun is a 20-year-old man with a real gun. It is convenient to say a 23-year-old professional woman is too young for the job, despite her resume saying otherwise.

For many years people have emasculated African American men by calling them “boy” and diminishing their experiences as men. Young African American woman have also been seen as older when it was convenient for adult men to express their unwarranted opinion, over sexualizing the bodies of black girls. How is it that boys can be men and girls can be women at the same instance that men and women can be mistaken for young boys and girls?

Although it is true that I look younger than my age, I wonder if this is a micro aggression. Perhaps it is hard for people to take me for who I am and not who they perceive me to be. I am a professional dance/movement therapist who has the training and experience needed to provide this service. However, I try not to let it bother me and let my work speak for itself. I push through the resistance my patients present and am rewarded by the positive outcomes of the sessions. Perhaps in twenty years when people no longer ask my age and assume I have limited experience, I will look back on this moment differently.

Stay in touch...

Connect with us!



Student DMT Submission

...I will never have YOUR typical point of view

Assessment

Submitted by Stephan Reynolds, Lesley University

Assessing one's life through the lens of oneself, neglecting the being that is
 Perpetuating, Obliterating, Delegating to boot....
 Frustratingly pensive, reflecting the experience of someone's audible moot
 Aggression misappropriated to hide the love one seeks
 Navigating life blindfolded
 Aimlessly feeling the way, in obtrusively, yet mentally bold and meek.
 Tu parles français? Or speak non-verbally.
 Matters of nothingness as it is all commonality
 Created in an image of wonder
 But colonially effected for someone's unnecessary blunder
 Colloquial expressions mixed with formalized perceptions
 Makes one's decisions seem inconclusively reliable, but assessable
 Validated to be normed yet conditioned to disregard, accepting another assessment is like the mistaken identity of the
 chard.

Does being a "good writer" mean that you have to speak "proper English?" In fact, what is proper English? Isn't the word "proper" relative and in the eye of the beholder? Or does that not matter? Apparently, in academia, it matters if you want to get a passing grade or "please your professors. It doesn't matter if you are a scholar in a University feeling like you are being asked to speak in a manner different than your own. Because it will "make you a better writer." Especially, when the suggested corrections are merely a different way of saying the same thing but from someone else's Eurocentric point of view. Did you understand what I was saying? Or was it more important to you and your privilege, that I say it the way you would have? Guess what, we are different people with different experiences...we will never say it the same!

Although I appreciate my African American vernacular as I do other associations for which I belong, this wasn't the state of my writing in this case. It was more artistic and passionate, or colorful, if you will. Or was it cultural? Was I being victimized because of some else's bias? Or was it their lack of knowledge? When I was younger, I was often a victim of a culture that disparaged "proper English" and education but chose to flee the use of a "broken" version of the language in pursuit of higher education and a better way of life. Consequently, I was often ridiculed by my friends and loved ones because I spoke differently. Specifically speaking, I spoke "white." Please excuse me if I chose where and when I wanted to speak Ebonics, just as I would choose to speak French in France and Swahili in South Africa. Isn't this America, the land of the free and brave? Guess not.

"Ebonics" is mocked as a fake language, and efforts to use it in schools have sparked vocal opposition. When the Oakland, California school board approved Ebonics for use in its schools in 1996, a flurry of public figures condemned the decision. "I understand the attempt to reach out to these children, but this is an unacceptable surrender, bordering on disgrace," said Rev. Jesse Jackson, who later reversed his stance but not before he was endorsed by a wide range of people.

At the time, linguists protested the criticism noting the extent to which Ebonics—officially known as African American Vernacular English (AAVE)—is recognized as a language system with its own grammar and pronunciations, with roots in the regional dialects of 17th-century Great Britain (<https://www.npr.org/templates/story/story.php?storyId=129682981?storyId=129682981>). Far from being slang or broken, AAVE is a distinct form of English used by many blacks in informal settings.

Still, it is true that so-called "proper English"—otherwise known as Standard English—is associated with white people. And there are many anecdotes and stories of black teenagers disparaging one another for using Standard English or "talking white," which also tends to come with accusations of "acting white."

With this history, it did not come as a surprise that I was occupied with discomfort in an assessments class that asked for one to "put it in your own words," but upon receiving graded papers the constant demand to change writings to fit into a normalcy that was not inclusive was discouraging. Throughout this course, I was graded and forced to write in a voice that was not mine but someone else's. Because of it, I struggled daily to perform the tasks as it took a great deal out of me to "write to please." So much so that I was unable to express myself in the voice that I am most comfortable,

Student DMT Submission

Continued...

Dance/Movement Therapy. It took a toll on me to continue to hear, “to make your writing better, try this,” and witness what reads the same, but is said differently. So, for that I leave you with this and I ask you, “What are you going to do to change this system of oppression?” Here we are in 2018 and one is still being asked to rid themselves of individuality. When will we meet a client where they are and walk down a two-way street? Or will it continue to be a one-way street going nowhere fast?

For more information on this topic, click here for an article authored by Patrick Jonathan Derilus
<http://afropunk.com/2018/01/insisting-good-writer-means-using-proper-english-roots-white-supremacy/>.



Newsletter Advertising Information

Ad Size	Member Rate 2 Issues	Member Rate 4 Issues	Non-Member Rate 2 Issues	Non-Member Rate 4 Issues
Full Page	\$275	\$440	\$350	\$560
Half Page	\$175	\$280	\$250	\$400
Quarter Page	\$100	\$160	\$175	\$280
Eighth Page/Business Card	\$25	\$40	\$100	\$160

Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above.

Save 20% when you advertise in 4 issues! Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter Deadlines:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28