



THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY ASSOCIATION

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A Few Words from the Newsletter Team

Can you believe it is already Fall?! Our ADTA Conference is approaching quickly. Get caught up here before heading to San Antonio.

We love to hear from our membership! We encourage you to submit articles, pictures, etc. of what is new and newsworthy in your lives and practice as DMTs. Thinking of submitting? Don't forget to check the Newsletter Submissions Guidelines on page 15.

Ever wonder what's going on in between the ADTA Newsletter publications? Make sure to visit the ADTA website to stay up to date.

The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:
Mat Winer, Copy & Content Editor
Gloria Farrow, Co-Editor
Amber Falls, Format & Design



Board Reports: President

Submitted by Jody Wager, BC-DMT



*"Time. Like a petal in the wind, Flows softly by.
As old lives are taken, New ones begin.
A continual chain, Which lasts throughout eternity.
Every life but a minute in time, But each of equal importance."
~ Cindy Cheney*



As I sit at my computer, crafting what will be my final Newsletter Report as president, it is hard to believe that my term is coming to an end. What an honor and a gift this time has been. As I approach the finish line of this remarkable journey, time seems to have flown by; yet I recall clearly, as though it were yesterday, when standing at the starting line, how far away the ending seemed. The passing of time is funny that way!

I approached the daunting task with both excitement and trepidation; grateful and humbled to have been chosen to represent this association that I have long supported and loved and insecure and nervous that I might not be up for the challenge. To say that it has been a period of growth would be putting it mildly.

*"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it."
~Steve Jobs*

I often say that I love my work as much today as when I started out ... 37 years ago! My love of dance/movement therapy, and my core belief in the transformative powers of dance as a form of healing and connection with self and others, has both informed and guided my direction as president of the ADTA.

Times of termination and closure, in life as in clinical practice, provide us with the opportunity to reflect and look more closely at the accomplishments and challenges along the way; to see where we have come from and to help inform our decisions for the future! What better way to more fully experience the passage of time than to revisit these events and markers!

As I reflect on these past 3 years, I recall a few of the significant events here:

- The 50th anniversary of the ADTA and the two conferences bookmarking the celebration.
- The engagement with the National Roundtable for Arts, Health & Well-being across the Military Continuum since its inception to present, encouraging the inclusion of dance/movement therapy in the standards of care.

- Working with NCCATA on the Arts in Healthcare continuum and on establishing a healthy and productive relationship with the National Organization of Arts in Health (NOAH).
- Addressing membership engagement by continuing the work of my predecessors to create a more diverse, welcoming and supportive professional community.
- Creating a system in which to respond to events in the world that impact our membership and the clients we serve. The Executive Committee will now be charged with the task of crafting these public announcements on behalf of the ADTA and its members.
- Expanding financial capabilities with the development of the Giving Tuesday project.
- Expanding the Executive Committee to include the chair of the Multicultural and Diversity Committee.
- Encouraging membership to advocate for DMT, educate our psychotherapy colleagues on our expertise in the body/mind connection and to initiate greater collaboration as a means of expanding our place in the world.
- Initiating ADTA Arts Advocacy Day Scholarship.
- Joining the planning committee for Arts Advocacy Day training.
- Participating in advocacy training at Arts Advocacy Day in Washington, DC.
- Bringing DMT to the Kennedy Center for the Performing Arts in Washington, DC.
- Revising the Ethics code, Approval standards and Education standards.
- Assisting the MD/DC/VA and New Jersey chapters in their efforts for licensure.
- Witnessing the thesis presentations of DMT graduates at Drexel University and Sarah Lawrence College.
- Creating, developing and implementing Vision 2021: The top 4 initiatives the membership voted on (the remaining initiatives will be put into action throughout the next 4 years) are:
 1. Increase DMT employment
 2. Clear, communicable identify
 3. Expanded licensure and reimbursement
 4. Marketing, outreach and recruitment

*"At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us."
~Albert Schweitzer*

Board Reports: President

Continued...

Working with our dedicated board and amazing office staff has been a great reward. I could not have done the work I have done without your contributions, dedication, support, talents and passion. I have learned so much from each and every one that sat around the board table with me; you inspired me on a daily basis. Many, many thanks to Gloria Farrow and Renee Wolfe for the outstanding behind-the-scenes work you manage on behalf of all of us! You have served as both anchor and guiding wind. Lastly, I am grateful to you, our membership, for trusting me to represent you and serve you. I hope I have done that to your satisfaction.

My life is incredibly enriched by our beautiful ADTA family.

*"Silent gratitude isn't very much to anyone."
~Gertrude Stein*

I must take a moment to highlight one very special colleague in particular, and that is our president-elect, and my dear friend, Margaret Migliorati. I struggle to find the

words to express my gratitude and respect for all Margaret has done these past three years. Her level of engagement and ongoing support was beyond my greatest expectations. Her ability to hold the big picture while addressing the smaller details is nothing short of brilliant. Having her by my side made my journey that much sweeter ... and for that I will be eternally grateful. I am excited to witness your upcoming leadership and to support you in any way you may need. I know that you and Paul Sevett, our President-Elect, will be a most dynamic duo. As my dear predecessor, mentor and friend, Sherry Goodill, would say ... onward!

My time as president expanded my horizons and most importantly, deepened my experience of leadership, creativity, service and community. I will cherish these days forever and look forward to continuing my relationship with the ADTA and the field of dance/movement therapy for many years to come. Thank you all for this dance!

With ongoing appreciation,

Jody

Board Reports: President Elect

Submitted by Margaret Migliorati, R-DMT



Dear ADTA Membership:

It has been a busy summer here at the ADTA. As President-Elect, I have been working with the entire Board of Directors to update and standardize all of our Policy and Procedure guidelines. These documents guide the day-to-day functioning of each of the ADTA committees as well as the American Journal of Dance Therapy and the ADTA office. If you ever want to know about the how or why of what happens at the ADTA, please reach out to the office and ask to view any of these documents.

ADTA National Office
410-997-4040
info@adta.org

Additionally, as usual for this time of the year, much of my work is focused on planning for our upcoming conference with our fabulous Conference Manager, Gloria Farrow, and the Annual Conference Committee (ACC). This year's ACC is comprised of the following people: Sara van Koningsveld (PR Chair), Lea Comte (Local Chair), Vicky Wilder (Treasurer), Angela Grayson (MDC Chair) and Crystal Smith (MAL for Central Region). There are also countless other people working behind the scenes and on the ground in Texas to make this a fantastic conference for all who attend.

All that is missing is YOU. Have you registered for the conference yet? If so, get ready for a warm welcome when you arrive in San Antonio. If not, what are you waiting for?!

With gratitude,

Margaret Migliorati

Board Reports: President Elect

Continued...

American Dance Therapy Association's 52nd Annual Conference
 November 2-5, 2017 in San Antonio, Texas
**Movement as Pathway to Neuro Resilience and Social Connection:
 Dance/Movement Therapy at the Forefront**

CONFERENCE HIGHLIGHTS

- Over 35 workshops with a choice of two lengths: 75 minutes and 3 hours
- Nine different pre-conference intensives to choose from
- **FREE:** Day of Service at local agency RAICES: Refugee and Immigration Center for Education and Legal Services
- **FREE** Advocacy training
- Keynote address: *"Becoming the Storm – Using the Energy and Imagery of Symptoms in Play Therapy to Help Children Heal"* by Dennis McCarthy, R-DMT
- FREE to the public film night: *"The Moving Child"* by Hana Kamea Kemble, BC-DMT, CLMA with a panel of prominent dance/movement therapists featured in the film
- Marian Chace Foundation Lecture *"Rhythms of Research & Dance/Movement Therapy"* by Robyn Flaum Cruz, BC-DMT
- Research Poster Session and Reception sponsored by the Marian Chace Foundation
- International Panel: *"Dance/Movement Therapy and the Older Adult Client: Healing Pathways to Resilience and Community"*
- Opportunity to earn continuing education credit through the ADTA, NBCC, NYLCAT and the Texas State Board of Social Work Examiners.
- Powerful opening and closing rituals (in a way only DMTs can do!)
- Business breakfast, banquet, awards and DANCING!!!



Board Reports: Secretary

Submitted by Leslie Armeniox, BC-DMT



Greetings, Members! It's a pleasure and honor to serve as your Secretary. I appreciate your membership, your engagement in our association and your efforts to educate and advocate. I hope you have begun to spread your wings this year: get more involved in your chapter, reach out to one of our international members, join a committee, present at the conference or publish an article. The ADTA is doing important work to support the profession and your professional development, and we need your input, ideas and contributions.

Board Reports: Secretary

Continued...

Do you remember how exciting it was when you first joined the ADTA? Attended your first conference? Perhaps you've spoken with someone lately who's fascinated with the field and wants to learn more. I always say there's no better way than to become a member and join us at the annual conference. ADTA members consistently say they love being able to meet Dance/Movement Therapy clinicians, educators, researchers and authors face-to-face at our conferences and become part of the movement. Our members are generous with their knowledge and ideas and enjoy creative collaboration with other professionals. That is a huge selling point for the ADTA. Our membership is open to anyone interested, such as students in high school and college, and professionals in related fields. You could change someone's life by telling them about the ADTA and inviting them to join.

By comparison, we are a smaller association but there are many benefits to that. For example, there are more opportunities for leadership and involvement. In order for the ADTA to remain strong and vital for the future, we need everyone to be involved at some level, and we need to involve newer members and students, so they will be ready to take the helm when the time comes. The Secretary of the ADTA oversees several committees; one of these is the Student Committee, which is open to all Dance/Movement Therapy students. Since programs are getting started for the first quarter or semester this month, now is an excellent time to recruit students to join this committee. If you'd like to work creatively and collaboratively to help ease students' transition from school and training to the world of work, please volunteer to join us. My goal is to come up with 2 or 3 ways to help students better prepare for job searches, network effectively and find ways to work within the association to further their professional development. If you'd like to be part of the Student Committee, please email me at larmeniox@gmail.com or call me at 336-457-6206.

Thank you for all your hard work and for sharing the power of Dance/Movement Therapy.

Sincerely,

Lestie Armeniox

Board Reports: Education Committee

Submitted by Jessica Young, BC-DMT



Fall is an exciting time of year as an educator and a student. I wish everyone a successful, stimulating, engaging and productive year filled with curiosity, openness, creativity and critical thinking.

For those not formally pursuing or offering educational experiences, this time can serve as a reminder of the continuous opportunities to receive and learn from the lessons that present themselves every day while teaching through example. I am grateful for the skillset that I have as a dance/movement therapist as it enriches my life in all dimensions.

Moving onto business, admissions for the 2018-2019 academic year are on hold for the Dance/Movement Therapy and Counseling program at Columbia College Chicago due to strategic planning implementation and initiatives. The program will offer updates as they become available.

The educator's meeting at the conference will be held on Thursday. Please note that the schedule is slightly different than in years past. The alternate route (AR)

educators will meet first from 9:00-10:00 and will continue their meeting with the approved program (AP) educators from 10:00-11:00, which allows for those who serve on the Committee on Approval to be in attendance. AP educators will meet from 11:00-1:00, followed by lunch on your own from 1:00-2:00. Then, ALL educators are welcome and encouraged to attend a workshop *Assessing the Essence of DMT* from 2:00-4:30. I will be leading the workshop along with Laura Downey, and it will be an opportunity for us to discuss in small groups how we are beginning to approach assessment as related to the revised standards. Additional information will be forthcoming to all graduate directors and AR educators along with the agenda.

The working group for revising AR education standards, Meg Chang, Kalila Homann, Barbara Nordstrom-Loeb, Suzi Tortora, Joan Wittig and myself, welcomed Sandra Beggs to this team. We met in June for initial sharing of ideas in relationship to the AR standards. This was followed by dividing into three smaller groups to develop discrete standards assigned by content area. We met again in August to collectively review the developing standards. We will be meeting again in September to

Board Reports: Education Committee

Continued...

continue this review, discussion and revision process. The group is making significant progress, especially given the more complicated and nuanced process of AR education.

Suzanne Hastie and Barbara Nordstrom-Loeb have begun to analyze the data from the AR educator survey regarding networking. A closed Facebook group will be created in the coming weeks with an invitation to join. If you are interested in being part of a working group to address logistics and create structures to best support AR educators, please contact Barbara Nordstrom-Loeb at loebx001@umn.edu.

The alternate route educator subcommittee (ARES) CORE team (Thania Acaron, Suzanne Hastie, Nana Koch, Barbara Nordstrom-Loeb and Lenya Treewater) continues to address questions posed by AR educators and students while maintaining updated resources on the website. **Please note that this team is currently seeking a FORMER member of SAARC to replace outgoing member Nana Koch and a former AR student to replace outgoing member Thania Acaron.** This is an especially exciting time for AR education as we look forward to implementing the revised standards and continue to further develop policies, procedures, systems and structures to better support AR students and

educators. I hope you will consider serving the organization and helping to grow the field in this way. Please reach out to me at jyoung@colum.edu or Barbara Nordstrom-Loeb at loebx001@umn.edu for more information if interested. On behalf of the Education Committee and the AR Educator Subcommittee in particular, I want to extend my sincere gratitude to Thania and Nana for their service.

And last, but certainly not least, I want to acknowledge the outgoing chair of ARES, Barbara Nordstrom-Loeb, who will be completing her term this fall. She has passionately led the inaugural ARES CORE team for the last four years, and her tireless dedication and advocacy for AR education is commendable. The systems of communication that she has established to support greater ease in navigating an AR education is just one example of the countless ways that she has manifested this advocacy. I always know that if I have any AR question, I can turn to Barbara and so can you. I am also excited to announce that the Board approved the nomination of Sandra Beggs to step into the role of ARES Chair. She brings experience as a former AR student, a seasoned clinician of nearly 20 years, and exhibits a wonderful energy and willingness to step into this role.

Board Reports: Research + Practice Committee

Submitted by Jennifer Tantia, BC-DMT



Research Poster Session Facelift and Research Award Announcement!

Hello from the Research and Practice committee! We have some exciting news as we prepare for the upcoming conference. This year, our Research and

Thesis poster session will be held immediately following the Marian Chace Foundation lecture, with a reception-style ambiance, sponsored by the Marian Chace Foundation. I hope you will join us this year for this annual event to celebrate the research in our field!

Second, we would like to congratulate Minjung Shim and colleagues who are this year's winners of the annual Research Award. Minjung was the principle researcher who developed a mixed-method study that culminated in a preliminary model for using DMT for building resilience in chronic pain. You can read the full article here: Shim, M., Johnson, R.B., Gasson, S., Goodill, S., Jermyn, R. & Bradt, J. (2017). A model of dance/movement therapy for

resilience-building in people living with chronic pain. *European Journal of Integrative Medicine*, 9, 27–40.

Finally, we are looking for new members to join the Research and Practice committee! We are an active committee, dedicated to reviewing and recognizing DMT research as well as facilitating professional practice issues in our daily work. We will be seeking new members specific to our Practice group within the committee to help field and respond to professional development issues. We may also ask for those who are interested in helping to define and develop a professional CE credit policy. Please contact Jennifer Tantia, jftantia@gmail.com if you are interested and/or have questions regarding our ongoing projects.

On behalf of the ADTA Research and Practice committee, we thank you for your continued participation in the American Dance Therapy Association as an active member. We look forward to seeing you at the conference!

Board Reports: Standards & Ethics Committee

Submitted by Paul Sevett, BC-DMT



This is my last newsletter submission as Standards and Ethics chairperson. I can't leave without offering high praise for the committee members I have served with both as a member and as chair. Ellen Schelly Hill, Ellen Searle LeBel, Annabelle Coote, Aisha Bell, Kiki Nishida Yokokawa

and Angela Grayson. It has been a wonderful experience being on a team with these women, especially as we tackled and completed the revision of the Code of Ethics and Standards. A taxing and highly rewarding experience. Thank you to all of them.

The committee will be undergoing membership changes beginning in the Fall. Joan Wittig will take over as Chair

and I believe she'll do a fantastic job. Ellen, Ellen and Annabelle will be leaving the committee and new members Rosey Puloka, Stefani Belnavis and Candy Lo will be joining the committee. A fond farewell to those leaving and a hardy welcome to the new members!

And now I move into a new position with new opportunities to serve. I am excited to work closely with Margaret Migliorati and all the members of the Board to continue forwarding the growth of our profession. I feel a great deal of pride in who we are as a profession and look forward to the next several years representing you, the ADTA membership.

Board Reports: Government Affairs Committee

Submitted by Alison Salter, BC-DMT



As I look over the past two years and I recall my goal to encourage others to become active participants in advocating for dance/movement therapy, I am in awe of the passion, expertise and dedication our membership has demonstrated and embraced through

their activities: Arts Advocacy Day, Hill Day in Washington DC, Calls to Action and legislative bills to establish licensure for DMTs. Dance/Movement Therapists are an awesome group of advocates! Thank you for your willingness to be a voice for DMT and for our clients. Your actions are making a difference!

With this newsletter, I begin to transition the role of GAC to Meghan Murphy-Sanchez, BC-DMT. Meghan is excited to be joining the ADTA Board of Directors as the new Government Affairs Committee (GAC) Chairperson. She is a 2012 graduate of Columbia College Chicago's Dance/Movement Therapy and Counseling Department. Since graduating, Meghan worked for several years in a hospital setting providing services to adults with chronic mental illness. More recently, Meghan transitioned to working in private practice, providing individual and group services through Chicago Dance Therapy as well as developing her own private practice—Motus Counseling—in Oak Park, Illinois. Outside of Meghan's clinical work with clients, she provided creative movement classes to children ages 1-4 in the Old Irving neighborhood of Chicago for several years and has also facilitated workshops for both professionals and prospective clients, covering areas such as dance/movement therapy, Laban Movement Analysis and Bartenieff Fundamentals. In October 2016, Meghan re-located to Albuquerque, New

Mexico with her husband and has devoted her efforts this past year to gaining licensure in her new state. Through Meghan's experience in gaining licensure in more than one state, she has come to recognize the importance of licensure portability and inclusion of dance/movement therapists in the licensing process. In Meghan's new position as the GAC Chairperson, she is hoping to apply the knowledge she has gained from her personal experience, as well as knowledge she has developed regarding government affairs, to work toward expanding awareness of dance/movement therapy in a governmental setting. She is also interested in advocating for legislative steps to create greater security and prosperity for the field of dance/movement therapy. Please join me in welcoming Meghan as ADTA's new Government Affairs Committee Chair.

I hope to see many of you at our Advocacy Day workshop on **Thursday, November 2nd from 8am - 12 noon** during this year's 52nd Annual Conference in San Antonio, Texas

***The Art of Advocacy:
Bringing Dance/Movement Therapy to the Forefront
Alison Salter & Lora Wilson Mau***

Immerse yourself in four hours of advocacy training! Emerge with confidence and passion to take action and make a difference! This FREE workshop will define the key elements of effective advocacy, breaking it down into easy step by step directives. We will explore how advocacy can assist with issues that are paramount for dance/movement therapists: increasing awareness of dance/movement therapy services, expanding licensure for dance/movement therapists and opening doors to

Board Reports: Government Affairs Committee

Continued...

profitability through reimbursement. Participants will get the opportunity to develop and practice their own advocacy scripts, specific to issues in their own states, and build confidence through role playing with peers. Strategy and planning sessions will be divided up by chapters, states and/or regions. All will leave with stronger

voices and clear, actionable strategies for advocating for DMT in their respective geographical areas.

This workshop is free but you must register in order to attend.

Board Reports: Members-at-Large

Submitted by: Amber E. L. Gray, BC-DMT; Dawn Morningstar, BC-DMT; Crystal Smith, BC-DMT;



Hello Fellow
ADTA Members,

If an individual
Chapter has not
submitted the end

of the year documentation to National please do so ASAP. This includes any changes in Chapter Board leadership as well as annual and tax reports.

We are looking forward to the regional caucus at the conference in San Antonio, TX. Friday November 3 from 12:45-1:45 (bring your own lunch). Guidelines will follow in a few weeks. We are hoping to have a dialogue about all our successes as individuals and Chapters and offer support in the ever-changing healthcare landscape.

We are still in search of folks interested in working on Vision 2021. We have done some work on our own but would like membership involvement to get as many voices as possible. We are tasked with looking at Increasing DMT employment. Please reach out to your Regional MAL if interested.

Please reach out for questions or concern to your regional MAL!

*Amber Gray, Western Region Member-at-Large
(amber@ecentral.com)*

*Dawn Morningstar, Eastern Region Member-at-Large
(dawnmorningstar4@gmail.com)*

*Crystal Smith, Central Region Member-at-Large
(csmithdmt@gmail.com)*

Board Reports: Multicultural + Diversity Committee

Submitted by Angela M Grayson, BC-DMT



In anticipation of the upcoming Annual Conference in San Antonio and the concerns expressed regarding Texas legislation and LGBTQI+ sensitivities, Rosey Puloka, R-DMT, and I have been in discussion about reviving the LGBTQI+ Affinity Group. There

have been many inquiries about the mission and purpose of this Affinity Group and it is our hope that we can create an inclusive safe space to share, learn, support and empower. Please consider this announcement from Rosey and join us at the Annual Conference!

It is with great excitement that I announce the reinvigoration of the **LGBTQI+ Affinity Group!** This group is for anyone who:

- Identifies as LGBTQI+ (lesbian, gay, bisexual, transgender, queer, intersex) + stands for the infinite

amount of identities related to sexuality and gender that are not included in LGBTQI

- Identifies as questioning or curious
- Identifies as two-spirited or any other non-western/non-white sexuality/gender identity
- Identifies as an ally or has a desire to begin allyship

We are currently in the process of organizing a meet-up for interested folks at the upcoming conference in San Antonio. The date of the meet up will be the evening of **Friday, November 3rd**. Exact time and location will be announced at the conference. Until details are established and an announcement is made, please don't hesitate to reach out with questions, thoughts or concerns. Rosey will be your point of contact for the group and can be reached at roseypuloka@gmail.com.

Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



What a busy summer for the ADTA Office. Our ADTA National Office is physically small but we do generate a lot of work by the staff and with the help of our member volunteers! The ADTA Office is available to its members by voice mail (410-997-4040), email (info@adta.org), FAX (410-997-4048) and of course postal mail, (10632 Little Patuxent Parkway, Suite 108, Columbia, MD 21044).

November 2-5, 2017 is our 52nd Conference! *Movement as Pathway to Neuro Resilience and Social Connection: Dance/Movement Therapy at the Forefront*

Our conferences are planned 2 1/2 to 3 1/2 years out, so a lot of effort is put into preparing, strategically scheduling and making a memorable conference for you. Let's do our part for the Texas economy. Make our presence in San Antonio an opportunity for dance/movement therapy.

Don't wait any longer to register for this stimulating conference! To register, remember to log in as a member to receive the discounted regular rate. <https://adta.org/register-now-2017/>

Make your hotel reservations now – sleeping room discounted rate is only available until October 1, 2017, while rooms last! Make hotel reservations: <https://aws.passkey.com/event/15503469/owner/3217/home>

Do you have a room and want a roommate for the conference? Or don't have a room but would like to share a room? Email info@adta.org for the list

Go to the ADTA website and read about all the special events, seminars, intensives and bios of the presenters. <https://adta.org/2017conference/>

ADTA receives royalties to sell DVDs and books for dance/movement therapists and distributors. See the list below and visit our online store. <https://adta.org/online-store/>

Please contact the ADTA office if you have a video or book that meets the distributor criteria of ADTA.

Expressing Disorder: Journey to Recovery features the work of Susan Kleinman, dance/movement therapist and Carol Dietrich, drama therapist.

Moving Toward Health by Sandy Dibbell Hope

Violence Prevention through Movement: Training DVD One & Two by Rena Kornblum

Moving Toward Peace: Violence Prevention through Movement by Rena Kornblum

Dance/Movement Therapy for Women with Breast Cancer by Ilene Serlin

To Move is to Be Alive by Penny Lewis

Looking for Me & Still Looking by Janet Adler

Dance Therapy: The Power of Movement

Profiles of Second Generation Dance/Movement Therapists by Linni Deihl

ATTENTION, please be intentional in your documentation. When writing dance/movement therapy always put the slash (/) between dance and movement; however, when writing DMT or dmt no slash (/) is written.

**Feeling left out?
Get involved with ADTA!**

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Chapter Reports

MD/DC/VA Chapter

Submitted by Brigitta White, R-DMT

The MD/DC/VA Chapter of the ADTA held a Board of Directors meeting and chapter meeting on Sunday, August 27th, 2017 at RICA, a residential treatment site for adolescents in Baltimore. Community Outreach resonated as a strong theme during our Chapter's meeting. The energy and drive was palpable and led us to our current goal: bring Dance/Movement Therapy to the Community and offer a "spring board" that nurtures our individual professional goals.

The Board is planning a Calendar of Events that will include days of service for volunteer opportunities to share the magic of dance therapy groups with community agencies. We will be planning our annual Spring Conference revolving around the theme of Social Justice and Diversity. Our Calendar of Events will include opportunities to come together to dance for the sake of dance via social dancing! We will be sharing Calls for Papers and other professional presentation opportunities more pronouncedly as well as making connections with Schools and Colleges for Career Days. We are charged with growing the profession and "strutting our stuff" to the world!



Kestenberg Movement Profile Trainings - 2017

Instructor: Suzanne Hastie, MA, BC-DMT, NCC, LPC, KMP Analyst

Located in West Lehigh Valley, PA (www.twinpondscenter.com)
--75 minutes from Philadelphia & 2 hours from NYC

These trainings offer:

- Alternate Route or Continuing Education as well as foundational studies in the KMP allowing one to pursue KMP Certification
- Increased understanding of the nonverbal throughout the lifespan
- Small class size; space & time to move; individual attention & group experientials
- Clinical applications
- Learning in a beautiful, tranquil setting in Pennsylvania

Courses & Workshops:

(the 30 hour live courses have been approved by the American Dance Therapy Association as meeting requirements for the Alternate Route R-DMT credential)

June 28, 2017 KMP One-Day Workshop on System I Patterns: Tension-flow-Effort (9am-4pm; 6 CE hours)

August 21-24, 2017 Introduction to the Kestenberg Movement Profile (2 credits/30 hours)

September 18-21, 2017 Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow & Unipolar Shape Flow (2 credits/30 hours)

September 28, 2017 KMP One-Day Workshop on System II Patterns: Shape-flow-Shaping (9am-4pm; 6 CE hours)

**Also available for purchase--KMP Color Wheel Poster*

To register for courses, workshops or to purchase a poster, contact Suzanne Hastie at suzannehastie@aol.com or (610) 417-0831.

Paid Advertisement

Chapter Reports

Pennsylvania Chapter

Many greetings from the PA chapter of the ADTA! There are many exciting events happening this fall that we are thrilled to share with you! On September 22, 2017 at 7:30, the PA ADTA performance club will be seeing Plight and the Diasporic Body; tickets are \$20 and available on our website at www.paadta.com under events. In addition, we are pleased to share that on October 1st, 2017, The PA ADTA and Creative Arts Therapies Department at Drexel University are co-hosting Tina Erfer for a three hour workshop from 10am-1pm, \$35 for PA ADTA and NJ ADTA members, \$45 for non-members, \$20 for students. The workshop will offer 3 CEUs for DMTs and registration is available through www.paadta.com under events. We are already beginning to feel the anticipation as we prepare for this year's conference and look forward to sharing a movement filled fall with all of you. So stay tuned and check out our website (www.paadta.com) for updates.

We want mail!

Questions, comments, thoughts, pictures...submit them for the next ADTA newsletter. We love hearing from our members. Be sure to read the newsletter guidelines before submitting.



Chapter Reports

Texas Chapter

Submitted by Lea N. Comte, R-DMT

Howdy from Texas!

I write to you today with a heavy heart as my attention is focused on the Gulf Coast shores as we survey the aftermath of Hurricane Harvey. So many people have been displaced from their homes and a few have lost their lives in the wake of this tragedy. Millions have been affected by the devastation that continues to occur in my home state.

What you may not see if you live outside of the great state of Texas, is the outpouring of help given and received by the locals. Texans are banding together to use personal boats to help evacuate stranded families, Texans are loading up their personal catering trucks to cook a hot meal for the Texas Children's Hospital staff and neighbors are loading up donations gathered by friends and family just to realize they actually need a moving truck to transport the generously donated materials.

Texans coming together to help one another is not based on political party affiliations, it is not based on race, religion, gender, age or ethnicity. These efforts show the true state of Texas. The Texas that takes care of each other.

I am aware that some of you may be hesitant to come to Texas due to the political climate. My governing body has made great strides to enforce legislation that goes against my own moral values. I urge you to look past the shortcomings of my state legislator and stand with Texas dance/movement therapists as we come together this November. Help us make a place for the values we uphold as dance/movement therapists in showing inclusion, understanding and acceptance are at the forefront.

I personally invite you to come to the 52nd Annual American Dance Therapy Conference in San Antonio. Allow me and the other Texas chapter members to host you in our great state and to help us show how inclusion and connection to one another can be our greatest gift.

Thank you to everyone who has reached out to us here in Texas. If you would like to know how to help, please consider donating to a local organization. My recommendations include Texas Diaper Bank, Undies for Everyone and Central Texas Food Bank.

I look forward to seeing you all in San Antonio.

Conference Scholarship Fund Voluntary Contributions

Thanks to the following who donated to the 2017 Conference Scholarship Fund from June 1st through August 31st.

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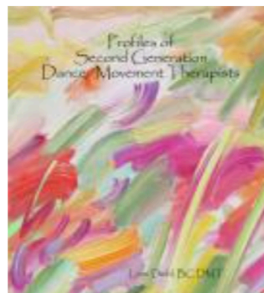
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Profiles of Second Generation Dance/Movement Therapists

Linni Deihl has collected written profiles and video of prominent second generation dance/movement therapists who describe their journey in this profession at annual ADTA conferences from 2005 to 2015. These dance/movement therapists live in different states and countries and practice in different ways, but they all have contributed significantly to the body of knowledge in our field. They present theories and concepts from our eight pioneer dance/movement therapists, integrated with their own resources in their work in private practice, in psychiatric hospitals, in dance/movement therapy education, in research and publications, and in our ADTA organization. Wishing we had more material from our earliest eight pioneers, it is vital for our profession to preserve our living history while we still can and to maintain connections between generations so that we continue to transmit our history.

Book and DVD are available for purchase. Please contact the ADTA Office to purchase (info@adta.org or 410-997-4040). Proceeds to benefit the ADTA.



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Professional DMT Community

Spring at Hancock Center for Dance/Movement Therapy in Madison, WI

Two DMT students from Antioch NE University interned at Hancock Center for the school year. Genevieve Dunn and Whitney Bush worked in the In-School Violence Prevention and Therapy program that Hancock Center provides in the Madison area public schools, providing movement-based violence prevention and pro-social skills to classrooms as well as co-leading and leading both individual and small group therapy sessions for children. They also co-facilitated weekly therapeutic movement sessions for adults with developmental issues along with Ann Wingate, BC-DMT. Rena Kornblum, BC-DMT, author of the In-School program, and Robyn Lending Halsten, BC-DMT who also provided supervision for the internships. We congratulate them on their graduation and wish them both well as they continue their journeys! Thank you Genevieve and Whitney for your delightful presence and many hours of service!

Here are a few words from the two:

I enjoyed my time here at The Hancock Center working with all of our clients both at the Center and in the schools. I was fortunate to have the opportunity to work with clients whose ages ranged from 4 to 75 years old and who came from very diverse backgrounds. I appreciated doing both therapy sessions and psycho-educational classes. I will continue to value the experiences that I gained in this internship moving forward and will have long-lasting memories of all the people.
-Genevieve

Reflecting back on the past 10 months I have spent in the elementary schools during my internship at the Hancock Center I feel like I have seen and felt the need for our work as dance/movement therapists. As I take the first steps to becoming a professional in this field, I notice that my decisions are based on the need for more proactive and developmentally appropriate interventions. In the future I hope to continue working with children and finding the best ways to support healthy emotional/social development and skills.
-Whitney

In recognition of Sexual Assault Awareness month (April), Hancock Center hosted *Empowerment through Movement and Song*, an experiential workshop for women to engage and explore their personal connection to the powerful lyrics and movement of "Break the Chain", the theme song/dance of One Billion Rising. Ann Wingate, BC-DMT, of Hancock Center has facilitated this workshop numerous times in various settings in collaboration with Dianne Brakarsh of 'Moving from Within', a Madison-based dance activist and choreographer. Women survivors and providers joined together to share this uplifting gathering.

A friend of Hancock Center's from India, Kamudha Chandrasekaran, came to Madison in the beginning of May. Kumudha is a professional classic Indian dancer and also works with children who have neuro muscular diseases and cerebral palsy. She works with people with disabilities at the Spastic Society of Karnataka in India (<http://www.spasticssocietyofkarnataka.org/>). Kumudha observed and participated in various dmt sessions and activities at Hancock Center and elementary schools and visited with therapists here and in the community. Kumudha first visited Hancock Center seven years ago and our relationship with her has led to mutual inspiration in the support, education and encouragement of children with special needs and trauma issues. We look forward to seeing her again!

Professional DMT Community

To All Who Wish More Connection to Other DMTs, Look No Further!

Submitted by Adina Rosenberg, BC-DMT

If you are interested in engaging in exciting dialogue with other DMTs about current research, then this opportunity is what you've been waiting for!

An East Coast Book Club is forming to build upon our sense of community through a shared article of relevance and discussion. We would love for you to join us. We need a few good DMTs – if interested, contact Adina Rosenberg, BC-DMT at adinajrosenberg@gmail.com

Newsletter Advertising Information

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Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter **Deadlines:**

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28