

THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY

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A Few Words from the Newsletter Team

It's sweet summer time and time to catch up with the ADTA community. This issue is jam packed! Review Board of Director reports, hear from the Chapters and get the scoop from the latest election. This newsletter is one you don't want to miss. Don't forget...we love to hear from our members. Submit your photos, thoughts, etc. for the next ADTA Newsletter.



The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

Newsletter Team:
 Mat Winer, Copy & Content Editor
 Gloria Farrow, Co-Editor
 Amber Falls, Format & Design



Board Reports: President

Submitted by Jody Wager, BC-DMT



One of the major goals of my presidency is to expand the visibility of dance/movement therapy; to make DMT a household name. Additionally I want to raise awareness not only of what we do but also of how well we do it ... to advertise our unique skills and distinct contributions to the overarching field of mental health. I want to shamelessly promote our field because I so deeply believe in it's efficacy. My inner child sometimes wants to cry out "but we were here first ..."

when I sit in the audience and listen to a presentation by a psychotherapist on the relationship between the body, mind and heart.

So how do we promote our field ... our own work ... our strengths? How do we get this critical message out and move proudly into the next 50 years of our collective professional lives? I have been pretty busy these last few months representing the ADTA at various meetings and events: NCCATA board meeting, Arts Advocacy Day, speaking with New Jersey representatives, participating in the 10th Annual NYC Dance Parade and presenting at conferences, to name a few. These have been beneficial, enjoyable and productive events. My preferred way to advocate, however, is to do the work ... to actually offer others a taste of DMT. There is a saying I love that speaks to this point:

I see ... I forget
I hear ... I remember
I do ... I understand

For the last 4 years I have had the pleasure and honor of participating in the 'Good Grief Camp'; a program offered through TAPS (Tragedy Assistance Programs for Survivors). This program was specifically created to help families cope with the loss of their loved one. For the first three years I worked with the younger children but this year I got to work with the adolescents. I was invited to co-facilitate a group with an art therapy colleague of mine. Together we designed a 75-minute session geared towards helping the teens explore the strengths that they have come to identify as being helpful with managing their grief over the loss of a family member in service. We shared our experiences through movement and art. I call it movement here very purposefully, as I could sense and see some reluctance to dance or move expressively. I chose to 'keep it safe' by drawing upon the movement repertoires that they were sharing with us. Initially, in both groups, there was a great deal of hesitation and caution. There was also a tremendous amount of unspoken feelings. There were five adults holding the space; myself and my colleague plus three of her art therapy students. Together we worked hard to create and maintain a safe environment within which the children's stories could/would unfold. There was a great deal of lightness and silliness in the room and I also sensed a great deal of anxiety, anger and sadness. Eventually they opened up! They began talking about how they wish Father's Day didn't exist or how angry they get when the kids at school would complain about their parents and how all they wanted to do was scream "Well at least you have a dad!" And they shared gestures and simple movements representing the strengths of their loved ones, so that they could hold them in their hearts and bodies. Together we closed by creating a group sculpture dedicated to those lost; each teen bringing their unique gesture/movement into the group form and holding it long enough to feel the strength and support of the community. And when asked what we should call this sculpture, they shouted out in unison "Our TAPS Family".

I left that experience feeling profoundly touched by their lives and filled with respect for their resiliency. My heart hurt and yet soared at the same time. There was something special about being a guest in this exclusive club and I felt honored that they entrusted me with their truth.

With Gratitude,

Jody



Board Reports: Vice President

Submitted by Margaret Migliorati, R-DMT



ADTA Conference 2016 – An Anniversary Celebration Not To Be Missed!

Come join us in Bethesda, Maryland for the culmination of our year-long celebration of the ADTA's 50th anniversary. This year's event is jam-packed with the usual conference programming as well as special and **FREE** events that you won't want to miss. Plan to arrive early to take advantage of all of the pre-conference opportunities on Thursday and stay through Sunday afternoon when we come together one final time as a community to close our conference and year-long 50th anniversary commemoration.

Conference Highlights

- Keynote speakers Dr. Stephen Porges and Dr. Sue Carter in conversation with top dance/movement therapists
- A site-specific dance on the National Mall choreographed by Marylee Hardenbergh - **FREE**
- A day of advocacy on the Hill - **FREE**
- Special Days of Service at St. Elizabeths Hospital and Walter Reed National Military Medical Center - **FREE**
- Marian Chace Foundation of ADTA Lecture with Dr. Sharon W. Goodill
- 40 workshops and 10 pre-conference intensives to choose from
- International panel
- Research poster session
- Historical panels recounting our unique history
- A special day of programming for other allied mental health professionals
- The best Saturday-night dance party in the universe

Dance/movement therapy and other mental health continuing education available.



The Details

*51st Annual ADTA Conference
October 20-23, 2016*

*ReGeneration: Pathways to
Integration*

Calling all DMTs and allies: join us in October as we bring the power and joy of dance/movement therapy to the nation's capital!

Board Reports: Vice President

Continued...

ADTA 50TH ANNIVERSARY CONFERENCE HIGHLIGHTS **Saturday, October 22nd: Keynote Speakers and Special Allied Mental Health Day**

On Saturday, October 22nd, join us as we welcome two distinguished and special guests, Dr. Stephen Porges and Dr. Sue Carter, to provide keynote addresses. Following the keynotes there will be a lively dialogue between Dr. Porges and Dr. Carter as well as leading dance/movement therapists on the intersection between our work. Finally, in the afternoon, you are invited to attend one of three concurrent workshops with top dance/movement therapists to learn how you can apply Dr. Porges' and Dr. Carter's work using basic dance/movement therapy principals and techniques.

See all the details below for this exciting and stimulating day of learning and sharing. 5 CEUs will be provided.

Schedule

8:00 am – 9:00 am

Registration for Keynote Events

9:00 am – 12:15 pm

Keynote Addresses and Dialogue with Dance/Movement Therapists

12:15 – 1:15 pm

Lunch on Your Own

1:15 – 3:15 pm

Concurrent Workshops

Keynote Addresses



Dr. Stephen Porges: ***Connectedness as a Biological Imperative: Understanding the consequences of trauma, abuse, and chronic stress through the lens of the Polyvagal Theory***

Stephen W. Porges, PhD is a "Distinguished University Scientist" at the Kinsey Institute, Indiana University Bloomington and professor in the Department of Psychiatry at the University of North Carolina in Chapel Hill.



Dr. Sue Carter: ***The Biochemistry of Love***

C. Sue Carter, PhD is a biologist and behavioral neurobiologist. She is an internationally recognized expert in behavioral neuroendocrinology. In 2014, she was appointed Director of The Kinsey Institute and Rudy Professor of Biology at Indiana University. Dr. Carter was the first person to identify the physiological mechanisms responsible for social monogamy.

Interdisciplinary Dialogue

After the keynotes, leading dance/movement therapists **Amber Gray**, MA, BC-DMT, MPH, LPCC; **Kalila Homann**, MA, LPC-S, BC-DMT and **Christina Devereaux**, PhD, LCAT, LMHC, BC-DMT, NCC, join Drs. Porges and Carter on stage as together they explore how each of our disciplines can inform and enhance the others.

Workshops

Go beyond theory into practice by choosing one of three workshops led by top DMTs to learn how basic DMT skills can be used to apply Dr. Porges' and Dr. Carter's seminal work.

- ***Dynamic Equilibrium: Engaging Neurophysiological Intelligences through Dance/Movement Therapy*** with Kalila Homann, MA, LPC-S, BC-DMT
- ***Social Engagement and Dance/Movement Therapy in Autism: A Polyvagal Perspective*** with Christina Devereaux, PhD, LCAT, LMHC, BC-DMT, NCC
- ***Restoring Core Rhythmicity: Polyvagal Informed DMT for Trauma*** with Amber Gray, MA, BC-DMT, MPH, LPCC

Board Reports: Vice President

Continued...

ADTA 50TH ANNIVERSARY CONFERENCE HIGHLIGHTS Thursday, October 20th: Pre-Conference Events

Join us for a rich and diverse day of pre-conference programming on Thursday, October 20, 2016. Details are below.

Pre-Conference Intensives

- ***Challenging the Fear of Change: the Creative Use of Dance/Movement Therapy Techniques for Individuals with Eating Disorders*** presented by Susan Kleinman & Rebecca Berman
- ***Experiencing Chace, Evan and Whitehouse: Co-creating a Comprehensive Theory of Dance/Movement Therapy*** presented by Linda Aaron-Cort, Bonnie Bernstein, Julie Miller & Elissa Queyquep White
- ***Amplification of Dance Movement and Active Imagination: Personal, Cultural and Archetypal Dimensions*** presented by Cynthia Berrol, Sharon Chaiklin, Joan Chodorow, Sandy Dibbell-Hope, Nancy Gurian & Tina Stromsted
- ***Site-Specific Dance - Art of Reflection*** presented by Marylee Hardenbergh
- ***Moving Into Mindfulness: Integrating the Minds and Bodies of Students*** presented by Vicky Nichols Wilder & Julie E. Young
- ***Moving toward Consciousness: Privilege and Power in the Therapeutic Relationship*** presented by Julia Cuccaro-Green
- ***Psychomotor Therapy: Liljan Espenak's Dance Therapy Approach*** presented by Nana Koch
- ***ReGenerating Dance/Movement Therapy Advocacy: The Function and Power of Social Media*** presented by Angie Giordano-Adams, Melinda S. Malher-Moran & Sara R. van Koningsveld
- ***Through Dance, the Culture is Learned, Transmitted and Preserved*** presented by Warin Tepayayone
- ***Introductory Experiential Workshop and Continuous Support Group for Those New to ADTA Conferences*** presented by Linni Deihl

Hill Advocacy Day – FREE (includes continuing education)

As Dance/Movement Therapists, we serve populations which have lost their voice or who have not yet found their voice. We are their advocates...we are their voice. They need us to rise up, to organize and to create a movement of education and advocacy.

On October 20, 2016, ADTA needs your voice, your passion and your experience to expand awareness of and public policy for dance/movement therapy. We invite each and every one of us will find our voice and join us in this truly great opportunity to be an active participant in the political process in Washington DC. There is no better way to truly embrace Washington DC during the conference, than to be standing in a congressional office sharing dance/movement therapy with your elected official.

Hill Day Schedule (approximate):

- 8:00 am – 9:00 am
Gathering/Orientation/Education/Information Packets
- 9:00 am – 10:00 am
Travel from Hyatt Regency to Capitol Hill via the Metro
- 10:00 am – 2:00 pm
Congressional Visits / Lunch

Board Reports: Vice President

Continued...

Hill Day Schedule (approximate) continued:

- 2:00 pm – 2:30 pm
De-Briefing/Wrap Up
- 2:30 pm – 3:00 pm
Travel back to Hyatt Regency via the Metro

Day of Service Sites – FREE (includes continuing education)

For the past several years, as part of the Thursday pre-conference schedule, dance/movement therapists have gone out into local communities to introduce and share the power of DMT. Though the specifics of the Day of Service depend on each site, in general DMTs lead introductory dance/movement therapy groups and provide a staff inservice. The Day of Service serves as a way to give back to the communities who host our conferences and have opened up the possibility of new DMT opportunities in the community.

This year, in honor of the ADTA's 50th anniversary, we are pleased to announce a Day of Service at two very special sites: Saint Elizabeths Hospital and Walter Reed Medical Center. Join other DMTs on Thursday, October 20th for a rich and rewarding day of learning and sharing at one of the sites below.

St Elizabeths Hospital

The Day of Service at Saint Elizabeths Hospital will be an exciting day of gathering knowledge, instruction and giving. Participants will have the opportunity to tour the hospital and learn about its history by exploring the museum. Participants will also facilitate a dance/movement therapy workshop for clinical staff at the hospital to educate them on the benefits of movement for their own health as well as for the clients they work with. Finally, participants will have the opportunity to serve the members of the women's council comprising of staff and clients through a dance therapy session that will focus on self-care.

Walter Reed National Military Medical Center

Join us in a day of serving those who have served at Walter Reed National Military Medical Center in Bethesda, MD. Participants in the Day of Service will have the honor of supporting military members and their families by facilitating dance/movement therapy experientials in various treatment specialties at the medical center, some of which will include pediatrics and military sexual trauma. Participants will also have the opportunity to facilitate dance/movement therapy inservices for clinical staff and medical residents at the hospital to educate them on the benefits of dance and movement for their own health as well as for the clients they work with.

St. Elizabeths Historical Panel

75 Years of Dance Therapy: The Heritage of St Elizabeths Hospital

This panel traces the continuous presence of dance/movement therapy in an iconic teaching hospital in Washington, DC, from Marian Chace in 1942 through today's staff. Training of dance/movement therapists changed from apprenticeships to a more formal clinical internship with the establishment of academic graduate programs. St E's itself morphed from a huge teaching hospital encompassing clinical training across a spectrum of disciplines and an early focus on group work to a much smaller facility. The early hospital was spread across many acres with over a hundred buildings housing thousands of chronically mentally ill, with many specialized programs such as for deaf and blind patients. A separate forensic hospital was set apart for those judged criminally insane. Initially a federal hospital, it was transferred to the DC government and focused more on community programs, with a much smaller in-patient program in a brand new unified hospital. Dance therapy is one discipline providing services in a treatment mall program. This is quite different from Chace's time where dance therapy was provided on patient wards or in the dance therapy studio. Later, individuals were referred to groups by a treatment team, with specific charting requirements addressing treatment goals. While dance and music therapy were closely allied in Chace's era, dance became a stand-alone discipline with as many as 5 staff therapists and 5 interns. Subsequently, art, music, psychodrama and dance therapies were joined together with cross discipline led groups and core curriculum components for CAT trainees were developed.

Past and current staff will speak about milestones they participated in and the impact these changes had on their experience and on psychiatric treatment and philosophy. Audience members will be asked to share their St E's stories and a movement celebration will close the presentation.

Board Reports: Education, Research & Practice Committee

Submitted by Susan Imus, BC-DMT



This report will be brief, since it is the fourth deadline that I've had today. I've renamed May 31, the DAY of the DEADline.

Education is busy reviewing the excellent draft for the revision of the current Educational Standards from the work group proudly bearing the same name. Kudos to this group and thank you for all your hard work.

1. Academic Approved Degree Program Educators (AADPEs) will have a conference call meeting later this summer to discuss credentialing. Please look for a Doodle poll from Bbrownholtz@colum.edu to establish the date and time.

2. Alternate Route Educators from sub-committee chair, Barbara Nordstrom Loeb

ARES (Alternate Route Educators Subcommittee), the newest ERP subcommittee has been very busy focusing on immediate and long-term visions and issues as we advocate for and strengthen the alternate route (AR) training process. Our primary areas of focus have included:

1. Responding to AR student and educators' questions about AR training in an accurate and timely manner.
2. Creating working groups to address specific ARES needs based on input from educators and students; currently working groups are:
 - (a) Creating a survey to collect demographic information from all AR students (past and present) so we have a better understanding of who they are and what their needs are.
 - (b) Developing a proposal to address advisement needs for AR students (this will be one of the topics of discussion at the ARES meeting at the conference this year).
 - (c) Creating a networking and support system for AR educators.
3. Successfully responding to the proposal on limiting related degree limits for AR students, resulting in a board decision to further research and discuss this topic prior to making a final decision. ARES will continue to articulate its role within the ADTA and AR training.

To help us do this in a manner that represents the range of voices within AR, we welcome your thoughts, input and questions. If you are interested in becoming more involved and joining an ARES Working Group, please contact Barbara Nordstrom-Loeb (Loebx001@umn.edu).

Research with sub-committee chair, Jennifer Tantia

Research is also reviewing the draft of the revisions to the Educational Standards. Thanks to all of you!

Research Poster Session

The ADTA Research Sub-committee hosts an annual Research & Thesis Project Poster Session. Qualifying posters are presented by the authors at the conference with time for viewing and discussion among conference attendees. Details of the submission process, poster content and form are posted on the ADTA website. The Research Subcommittee will submit a selection of abstracts for publication in the American Journal of Dance Therapy.

Questions about the Poster Session may be sent to Jenn Tantia, Poster Session Coordinator, at jftantia@gmail.com.

Practice is also reviewing the draft of the revisions to the Educational Standards. Thank you as well!

We are developing new ideas for educating our membership about practice. How does a bi-annual book club sound? Please contact me at: imusdance@gmail.com if you are interested in serving on this evolving team with creative plans!

ERP is working with the website team to update it entries. Please be patient while our work is in progress!

Happy Summer!

Board Reports: Standards & Ethics Committee

Submitted by Paul Sevett, BC-DMT



LGBTQ issues have been a dominant headline in the news. D.J. Tice, a commentator for the Minneapolis Star Tribune, characterizes our society as being "...in a stretch of rapids in the stream of social change." (May 31, 2016). The ADTA has responded specifically to

the new and proposed state laws which we believe discriminate against and violate the civil rights of LGBTQ individuals.

One such law would allow mental health professionals to refuse service to clients who are in conflict with the professional's religious beliefs. Is this discrimination? Does this create a conflict between legal and ethical behavior? Am I as a mental health professional required to obey the law if it conflicts with my personal and professional ethics and values? By definition this can rise to the level of an ethical dilemma for some of us: *A situation in which a person must choose between two courses of action of (apparent) equal moral importance, so that the choice necessarily entails the transgression of an important moral principle (British and World English dictionary).*

By definition these are very difficult choices to make. You may find yourself facing this conflict in your role as a professional dance/movement therapist. As you wrestle with how to respond to these laws either in general and/or specifically in your place of employment, please know that the ADTA Code of Ethics offers clear guidelines for professional behavior. Excerpts from three sections in particular, listed below, address directly the issues presented by these new laws. I urge you to read them and to peruse the entire code for more guidelines and principles to help you navigate these "rapids in the stream of social change".

1.0 Integrity within the Therapy Relationship

Dance/movement therapists recognize a primary obligation to client welfare and the protection of client personal and legal rights...

Section 1.1

Dance/movement therapists do not discriminate in the provision of professional services, with regard to but not limited to race, ethnicity, language, national origin, religion, age, gender, gender identity, marital status, sexual orientation, socio-economic status, and physical or mental disability. Dance/movement therapists respect and

protect the civil rights of clients within the practice of therapy."

2.0 Competence to Practice

Section 2.3 Multicultural Competence

Dance/movement therapists consider the role of cultural context in the practice of therapy and continuously attend to developing the awareness, knowledge, and skills needed to competently work with diverse client groups. (See 1.0. Fundamental Client Respect; 1.3. Confidentiality and Privacy, 1.3.c; 1.4. Professional Role Boundaries, 1.4.g.; 1.5. Use of Touch; 1.6. Assessment; 1.7. Treatment Planning and Treatment Methods, 1.7.b.; 1.9. Financial Arrangements and Business Practices, 1.9.d.; 3.1. Educator Obligations, 3.1.c.; 3.2. Supervisor and Consultant Obligations, 3.2.g; 6.0. Advocacy for Social Justice; 7.0. Integrity in Research and Scholarship, 7.2.)

2.3. b. Dance/movement therapists develop awareness of their own worldviews, values, and beliefs and seek to understand the worldviews, values, and beliefs of their clients.

2.3. e. Dance/movement therapists consider the impact of societal dynamics of power, privilege, and oppression on individual client experience and behavior.

6.0 Advocacy and Promotion of Social Justice

Dance/movement therapists promote social justice with a recognition that a just society contributes to individual, family, and community health (See 2.3 Multicultural Competence).

6.0 a. Dance/movement therapists cultivate awareness of and address oppression and disparities in power and privilege, resulting in barriers to wellness, at individual, institutional, and societal levels. Dance/movement therapists advocate for equitable access to services and culturally competent care.

As always, the entire S&E committee and I are at your disposal to help with this and any other ethical issues that arise. I welcome your inquiries. You can contact me at ethics@adta.org and you can find my phone number in the ADTA directory if you prefer a phone conversation.

Respectfully,
Paul Sevett

Board Reports: Committee on Approval

Submitted by Jessica Young, BC-DMT



Congratulations to all of the recent graduates and to those who have completed their alternate route education! It is certainly an exciting time of year that is often accompanied by a variety of transitions, which can be a wonderful reminder of the endless possibilities and creative potential that reside within the unknown. It can also be a time of gratitude upon reflecting on the familiar aspects of our day-to-day lives.

I am grateful to have the distinct privilege of working alongside committee members Wendy Allen (Naropa), Cathy Appel (Sarah Lawrence), Nancy Beardall (Lesley), Valerie Blanc (Supervisor), Ted Ehrhardt (Pratt), Craig Haen (Public Member), Susan Loman (Antioch) and Anne Margrethe Melsom (Drexel). Nancy Beardall graciously hosted the Committee at Lesley on April 8 and 9 to review the six-year self-studies for Lesley and Drexel, including Lesley's low residency program, and the annual reports. It is always humbling to review the remarkable work of the seven approved programs. After serving for ten years on the committee, I continue to be inspired, excited and proud of the quality of our programs and the extraordinary dedication of the directors, faculty and staff. The committee also began discussions on developing policies and procedures for rolling out and implementing the revised standards, once they are ratified by the Board. It has been an especially busy time for the committee, and I feel very fortunate to have such committed members who bring rich value to our discussions and respond to all of my emails!

The Subcommittee of Approval for Alternate Route Courses (SAARC) continues to be very busy and has found it's rhythm with the new Chair, Susan Saenger (former DMTCB representative) and new member Dawn Lyon (alternate route educator representative), joining Valerie Blanc (Committee on Approval representative) and Danielle Fraenkel (alternate route educator representative). All applications and accompanying syllabi for alternate route course approval should be sent to Susan at ssaenger@nc.rr.com. Please visit the new and improved website for a complete list of approved alternate route courses, which includes the recent approval of two courses, Introduction to LMA and Intermediate LMA, taught by Judy Gantz at the Center for Movement Education and Research.

Finally, the ADTA Standards Revision Task Force is thrilled to announce that a draft of the revised standards has been shared for review and feedback with the Board of Directors; all program directors; Chair of Education, Research and Practice Committee; Chair of Multicultural and Diversity Committee; Chair of Standards and Ethics Committee; Chair of the DMTCB and the Committee on Approval. The Task Force will consider all feedback and send a revised draft to the membership at large this summer for review and feedback. We eagerly look forward to your input about the revisions, as the education standards will continue to shape the field of dance/movement therapy. We are also excited to be presenting a workshop at the conference, *Pathways from our Roots into the 21st Century: Realigning the DMT Standards*, which will explore the revised standards and the review process itself. Please join me in expressing heartfelt gratitude to the members of the task force who have worked tirelessly on this revision process, Co-Chair Anne-Margrethe Melsom (Approval), Nancy Beardall (Educators), Meg Chang (Standards & Ethics/Diversity), Robyn Cruz (Research), Elizabeth McNamara (Practice), Julie Miller (DMTCB), Joan Wittig (Alternate Route) and Ellen Yacoe (Government Affairs).

Board Reports: Government Affairs Committee

Submitted by Alison Salter, BC-DMT



ADTA States Opposition to State Bills Targeting LGBTQ Citizens

The American Dance Therapy Association (ADTA) unequivocally states our opposition to recent state laws, both existing and proposed (SB 1556/HB 1840), which while advocating "religious freedom" in actuality promote discrimination against LGBTQ individuals.

The ADTA, since its inception, has demonstrated a commitment to the promotion of social justice and the protection of diverse cultures from misuse of power and privilege, discrimination and prejudice.

The ADTA reminds our members that our Code of Ethics and Standards obliges us to respect multicultural diversity (section 2.3) and promote social justice; "Dance/movement therapists promote social justice with a recognition that a just society contributes to individual, family and community health" (section 6.0). Our ethical code rests on the principles of justice, beneficence, respect and veracity compelling our professional behavior to reject the kind of discrimination put forth by these laws.

Board Reports: Government Affairs Committee

Continued...

Mental health professions across the United States prohibit unfair discrimination against clients. Read more here:

- www.apa.org/news/press/releases/2016/04/lgbt-citizens.aspx
- <https://www.facebook.com/American.Counseling.Association/videos/1070736969632109/>
- <https://legiscan.com/TN/bill/HB1840/2015>

Mark your calendars

October 20, 2016

ADTA's Day on Capitol Hill!



ADTA needs your voice, your passion and your personal experiences to expand awareness of and public policy for dance/movement therapy. I hope each and every one of us will find our voice and join in this truly great opportunity to be an active participant in the political process in Washington DC. There is no better way to truly embrace Washington DC during the conference than to be standing in a congressional office sharing dance/movement therapy with your elected official.

Sign-up to participate in Hill Day by September 16, 2016.

Myrna Mandlawitz, ADTA's lobbyist, will be setting up appointments with your specific congressional member's staff prior to our October 20th Hill Day, thus we need a commitment prior to the day of our event.

Sign-up for ADTA Hill Day Advocacy Webinar

An educational webinar addressing how to approach advocating for Dance/Movement will be offered on September 29, 2016 at 8:00 pm EST. If you cannot make it for the live webinar, it will be recorded for viewing online.

So excited for ADTA's upcoming Day on Capitol Hill! Many voices speaking one truth can create a powerful movement. Make sure your voice is part of our powerful movement forward!

Board Reports: Public Relations Committee

Submitted by Lora Wilson Mau, BC-DMT



By now, you surely have seen the new ADTA website, and we hope you are pleased with the new look and structure. This process literally took years to complete, beginning with professional color analysis, research on best practices and trends and benchmarking other sites. Have you visited the website on your smartphone? It's mobile friendly! The site is also image driven - helping convey to the public who we are and what we do - and it is organized in a streamlined way that we hope you will find easier to navigate. Of course, with any redesign of such scope, there are changes and tweaks that will occur over the next few months but the bones of the site are in place. We appreciate your continued patience as we hone the site. If you haven't yet taken a full tour, please find some time to do so and be sure to check out the Knowledge Center: the new go-to place when seeking resources on dance/movement therapy.

Board Reports: Public Relations Committee

Continued...

As you are touring the site, note that there are dedicated areas on the home page to share videos. Keep an eye out for the new series of ADTA Talks filmed in San Diego in 2015. Twenty-seven videos are currently being professionally edited and they will all be released over the next few months. As they are published, please share widely with your own circles via your preferred social media platforms.

Speaking of sharing videos, have you seen the new ADTA Talks Sizzle Reel? A sizzle reel is Hollywood speak for a demo reel or promo video – a short, stylized video that combine visuals, audio and messaging to create an overview of a brand or service. Dance/movement therapists have one! Watch! Share! <http://tinyurl.com/ADTATalksPromo>

Share the video link often with friends, family, co-workers and allied professionals. Incorporate the video into your own in-services and workshops. This video, though running less than two minutes, is the result of hundreds of hours of work by many people, beginning with all those who assisted with the development, performance and production of the 2013 Talks; the PR Committee members who assisted with sound byte identification (Ande Welling, Melinda Malher-Moran, Angie Giordano-Adams, Sara Van Koningsveld, Kamahria Hopkins and Karla Karpowicz); oversight by additional Board members (past and present) and the post production skills of four industry professionals. It takes a village to do PR, it really does. I remain grateful to work alongside so many passionate, committed dance/movement therapists and would have no other village than our dance/movement therapy community.

Social Media Update

Our growth in the social media spheres in the three months since the last newsletter:

Moving Dance/Movement Therapy Forward: The Official Blog of the ADTA – Launched January 11, 2015

<http://blog.adta.org/>

116 posts, 76,866 views (+ 14,439), +23%

The official ADTA Facebook Page (the voice of the organization on Facebook) – Launched March 13, 2014

<https://www.facebook.com/AmericanDanceTherapyAssociation>

4,729 “likes” (+932), +25%

ADTA YouTube Channel – Launched officially on April 2, 2014

<https://www.youtube.com/user/ADTAorg>

1,161 subscribers (+143), +14%

ADTA Talk total views

98,972 (+16,659), +20%

ADTA Facebook Group Page

<https://www.facebook.com/groups/2209175161/>

5,151 members (+168), +3%

ADTA Group on LinkedIn

www.linkedin.com/groups/american-dance-therapy-association-adta-3945307

2,991 members (+40), +1%

ADTA Twitter Account @ADTAorg

www.twitter.com/adtaorg

1,486 followers (+80), +6%

ADTA Pinterest Account

www.pinterest.com/adtaorg

9 boards; 139 pins; 349 followers (+14), +4%

NEW ADTA Company Page on LinkedIn

<https://www.linkedin.com/company/american-dance-therapy-association-adta->

141 members (+32), +29%

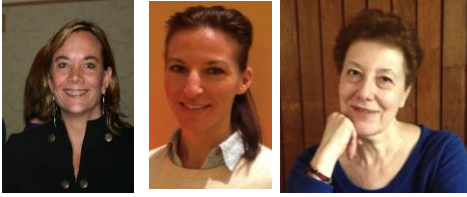
NEW ADTA Instagram Account @ADTAorg – Launched October 21, 2015

195 followers (+50), +34%



Board Reports: Members at Large

Submitted by: Amber E. L. Gray, BC-DMT; Crystal Smith, BC-DMT; Naomi Nim, BC-DMT



On April 27th, the MALs “hosted” a Board Chapter Leaders call. We discussed creative ways to build chapter engagement and membership as well as chapter highlights, which included leadership representation at Comic-Con, the organization and implementation of local conferences and inter-chapter event collaboration. Jodi Wager joined our call to discuss the Vision 2021 process and Annabelle Coote, the CE Committee Chair, shared information regarding ways ADTA chapters can find CE providers for chapter educational programs.

We are delighted to welcome Puerto Rico as a new chapter of ADTA!
The new chapter will report to the Eastern Region MAL.

More information can be gleaned by visiting the ADTA website and/or by joining your local chapter. Consider renewing or starting your membership today!

As always, the MALs’ doors are always open to questions, feedback and ideas.

Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



If you had a need to call the ADTA National Office and Renee Wolfe (info@adta.org) or Gloria Farrow (gloria@adta.org) did not answer the phone, you reached our new Coordinator of Association Services. The ADTA National Office is pleased to announce full-time employee, Yvette

Hynson (yvette@adta.org). Yvette has a BA in Sociology and an MS in Non-Profit Management. Welcome Yvette in person at the conference!

A few weeks ago I received a call from the Clinical Director of Creative Arts Therapies and Child Life at Elizabeth Seton Pediatric Center, Yonkers, New York, who was inquiring about giving their student intern another year of ADTA membership. Her internship was ending and they wanted to give her a special gift! What a great idea to remember.... As part of the ADTA mission states “Support the growth of the ADTA and the profession by recruiting new members and responding to current membership needs.” Since we are leading up to the 51st ADTA Conference (2016) and we are **50 years of ADTA (1966-2016)** why not take the challenge and recruit a new ADTA member?

Membership for the 2016/17 fiscal year is being accepted and is due by **June 30th**. Don’t let your membership lapse, the dues from the membership helps ADTA support dance/movement therapy.

Renew your membership, credentials and chapter dues online for the upcoming fiscal year (July 1, 2016 through June 30, 2017):

1. Go to <https://adta.org>
2. Member Login with email address and password
3. Then click Renew
4. Under "member details" click button "renew until 30 June 2017"
5. Follow the instructions*
*You will also be asked if you want to renew your R-DMT or BC-DMT and Chapter Dues - so scroll to the bottom of each screen.

The National Office receives many emails or calls wanting a dance/movement therapist who specializes in a specific population in a particular area. We go directly to the ADTA database and search for dmts who meet that criteria. Please update your profile on the ADTA website simply by logging into the website with your username and password and click on view profile to update.

ADTA 51st Conference is only 4 months away! Have you registered for the conference? Don’t miss out on the Early Bird Rates only available through **July 15th**. Register online at: <https://adta.org/register/>

Plan ahead and make your sleeping room reservations:
<https://resweb.passkey.com/go/ADTA2>

ADTA is incorporating the latest developments and trends in our web presence with our new responsive web design, and stay tuned for our conference mobile application that will enhance your conference experience!

Chapter Reports

Southern Chapter

Submitted by Voniè Stillson BC-DMT

Dee Wagner, Michelle Whitacre and Voniè Stillson attended the 1st Southern Geek Fest in Hattiesburg, Mississippi April 2-3. This event was the first time the Southern Chapter had a booth at an event. Many attendees had never heard of our field. They were introduced to our work and were hungry for more. Dee presented "*The Dance of Online Dating*." Her panel was well received and got a lot of positive feedback. We did some "DMT with your hand" drawings where participants were asked to share their con experience, their cosplay experience or their online dating experience. This led to some wonderful interactions and the pictures about con experience and cosplay experience were given to Rafe White and Tim Nichols, the pair responsible for this event. We had an actress come to our table and talk about how excited she is about our work and has offered to assist in future endeavors and possible collaborations. Authors, artists,



cosplayers, podcasters and other mental health professionals in attendance were happy to see mental health present at this kind of forum and were excited to know about our field. We were invited to attend additional conventions not only in Mississippi but in Louisiana as well. The Southern Chapter would also like to thank John Cargile for his assistance in preparation and execution of our participation in this event.

We are excited to share that Dr. Charnè Furcron coauthored an article in the American Journal of Dance Therapy titled, "*The Dynamic Interface Between Neuromaturation, Risky Behavior, Creative Dance Movement, and Youth Development Programming*."

Finally, we have an event coming up June 11-12 in Chattanooga, TN hosted by Lauren Higgins. If anyone would like more information please see our Facebook page, www.facebook.com/southernchapterofadta

Texas Chapter

Submitted by Christie Quan

The Texas Chapter of ADTA held their annual meeting and officer elections in April. The chapter members discussed new breakthroughs in licensing, the 2017 ADTA conference that will be in Texas and officer elections. Congratulations and thank you to officers who will be serving in the 2016-2017 year:

- President: Lea Comte
- Secretary: Selena Coburn
- Program Coordinator: Nicole Stackpole
- Government Affairs: Concetta Torskic
- Treasurer: Lynn Moon
- Newsletter Editor: Christie Quan

Concetta Torskic co-choreographed the first ever flash mob for the NEDA walk in Dallas, TX. Great job Concetta for representing ADTA with the National Eating Disorders Association!

Christie Quan fulfilled her pledge to the national ADTA 50/50 Campaign by leading movement and presenting on DMTs and the importance of movement. The presentation was made to fellow LPCs and LPC Interns at South Texas Children's Home Ministry Family Counseling office in Rockport, TX.



Chapter Reports

California Chapter

Submitted by Deva Connett, BC-DMT

The California Chapter of the American Dance Therapy Association would like to announce the winner of its scholarship, Megan Shaffer. Megan Shaffer was awarded the California Chapter scholarship to pursue continued coursework in dance/movement therapy. Scholarship funds are generated from donations and raffle sales at local events.



New England Chapter

Submitted by Leah Brett

The New England Chapter board has had an eventful quarter! We encouraged dance/movement therapy professionals, students and community members to begin dancing away the winter blues by hosting a Winter Dance Party Fundraiser during the last weekend of February. The fundraiser was held in Somerville, MA and was open to community members. Those in attendance had the opportunity to dance and connect with other local members and enjoyed tango and break dancing performances by Melanie Johnson and Kim Robles, respectively. The dancing, laughter and sense of community experienced at the fundraiser has inspired the board to pursue hosting similar events in the future, and we are open to requests from New England Chapter members as well as suggestions from other chapters!

Our annual spring conference, *Celebrating the Dance: Our Personal, Professional, and Artistic Roots of Dance/Movement Therapy*, was held at Lesley University on April 2nd. The day began with a keynote lecture from Martha B. Siegel, internationally known dance critic, historian and teacher. The schedule of events included a morning and afternoon workshop selection, and attendees could choose from a total of eight workshops. Workshop topics varied greatly and ranged from using dance/movement therapy as an approach to analyzing qualitative research data to deepening the understanding of Laban Movement Analysis through a Nia offering. The board was honored to have such a rich offering of presentations this year! The day ended with a movement choir, facilitated by Lesley University's program director, Nancy Beardall. Through co-hosting with Lesley University, conference attendees were able to receive continuing education credits for professional counseling licensure for a fee of \$40. This partnership served to be a great resource for continuing education credit since the recent changes in NBCC regulations.

Looking forward, on June 11th Leah Brett, alongside Suzanne Eagen-Beverly and Donna Newman-Bluestein, will be representing the New England Chapter at the Dance for World Community Festival in Cambridge, MA. The festival is a free day long event, consisting of performances and classes offered by over 90 New England based groups and a designated street, Advocacy Way, where children and adults of all ages can learn about non-profit organizations in their communities. Here, Leah, Suzanne and Donna will join other dance, health and social change advocates and will have the opportunity to educate community members about the field of dance/movement therapy.

The board is continuing to pursue new ways to develop and support the growth of the dance/movement therapy professionals, students and community of New England. We would love any feedback or ideas from New England members as well as other chapters. The board can be reached at neadta@gmail.com.



Chapter Reports

New York Chapter

Submitted by Jenny Cobuzzi, BC-DMT

On May 22, 2016, the New York State Chapter of the ADTA (NYSADTA) was delighted to have the opportunity to dance with Matt Harding of "Where the Heck is Matt?" The NYSADTA board members joined several other dance/movement therapists and supporters from all over the world in a wonderful, funny and exhilarating union of movement and creativity. Matt led the group in a short, improvisational warm up and then the DMT's and Matt flocked to the song "Around the World" by Daft Punk. The dancing concluded with dance/movement therapists trying on Matt's signature movement, a sort of running movement, which can be seen in his videos here: <https://www.youtube.com/user/mattharding2718>.



Set on a Brooklyn rooftop, the NYSADTA and Matt Harding filmed some beautiful group rhythmic action which will be able to be seen on YouTube! We will keep you posted on any updates and will notify the ADTA as soon as the video has been uploaded by "Where the Heck is Matt?"!



Rocky Mountain Chapter

Submitted by Melissa Walker, R-DMT; Melisa Sanzone, R-DMT; Alicia Patterson, R-DMT and Lisa Bradley, R-DMT

Rhythm of Resilience: 2016 Local ADTA Conference

As outgoing president, I want to thank everyone for an amazing 2016 conference experience! Thank you to Amber Gray, our potent Keynote speaker; thank you to the presenters and supervision panel for offering their wisdom to our community; thank you to our 2014 - 2016 board for all their hard work in planning and manifesting the conference; thank you to our volunteers for supporting us with registration, photography and much more; thank you to Naropa for the space and technical support; thank you to our sponsors and a huge thank you to all the participants who showed up so fully.

I wish all the best to the new board in supporting the Rocky Mountain Chapter!

Melissa Walker, R-DMT, 2014 - 2016, Rocky Mountain ADTA President

A Bittersweet Farewell to the 2014 - 2016 Rocky Mountain Chapter ADTA Board

What a ride it has been! It has been an honor to serve on this board and to be so closely connected to the Dance Therapy community. As a board, we organized several workshops, including a Physical Storytelling workshop with New Zealand's Steve Harvey and E. Connor Kelly and an Authentic Movement deep dive with Eleni Levidi; we organized and held the 2016 local Dance/Movement Therapy conference, Rhythm of Resilience with keynote speaker Amber Gray and we were excited to offer two substantial scholarships to the national ADTA conferences. We had such a great time, made many new friends and we look forward to remaining very active chapter members. Alicia Patterson, our Secretary, will continue on as she moves into the President position. Good luck, Alicia!

In deep gratitude, this is the 2014 - 2016 RM-ADTA board signing off!

President: Melissa Walker, R-DMT
Vice-President: Melisa Sanzone, R-DMT
Treasurer: Lisa Bradley, R-DMT
Secretary: Alicia Patterson, R-DMT

Chapter Reports

Rocky Mountain Chapter

Continued...

Introducing the 2016 - 2018 Rocky Mountain Chapter ADTA Board

Thank you to all chapter members who voted to elect our next generation! The 2014 - 2016 board is honored and excited to introduce your new leaders for the next two years. This board will be focused on continuing to offer valuable continuing education and networking opportunities for students and professionals, scholarships to chapter members and finding new ways to increase the visibility and value of the Rocky Mountain Chapter of the ADTA. Stay tuned to be inspired!

2016 - 2018 President: Alicia N. Patterson, R-DMT, our former RM-ADTA Secretary, is a graduate of Naropa University with training in Dance/Movement Therapy, Body Psychotherapy, group facilitation and more. She has served on the faculty at Naropa and holds additional certifications and training in Birthing & Attachment, PET-C (couples therapy model), Reiki (energy work), Health & Nutrition Coaching, Gestalt, Clinical Supervision and Mentoring, Yoga, Meditation, Dialectical Behavioral Therapy, Authentic Movement and expressive arts therapies. Alicia has coined her own form of work to integrate a healthy sexuality into one's being and learn the dynamics of touch named "Eros + The Body". To read more about Alicia and her work, visit alicianpatterson.com.

2016 - 2018 Vice-President: Zina Mercil, R-DMT is a body and movement-based therapist, presenter, speaker, writer, performer and catalyst. She specializes in working with clients and clinicians around life-altering medical setbacks and potential post-traumatic growth, using an orientation based in mindfulness, existential psychology and trauma-informed somatic counseling. She also focuses on working with clinicians and professionals around burnout, secondary trauma, and self-care, through the same orientation. Zina continues to be connected with Naropa University, where she received her MA in Somatic Counseling Psychology with an emphasis in Dance/Movement Therapy and Body Psychotherapy, as a MA Paper Reader and Clinical Support Professional. Additionally Zina coordinates the Extern Program, supports trainings and sees clients at Noeticus Counseling Center (www.noeticus.org) in Denver, CO, co-facilitates secondary-trauma and resiliency trainings with the VitalHearts Organization (www.vitalhearts.org) and created and facilitates the Heart of the Athena Program with the Project Athena Foundation (www.projectathena.org). Read more at her website/blog: <http://www.zinamercil.com>

2016 - 2018 Treasurer: Deb Silver, R-DMT

Deb hails from the east coast where she wore the hats of choreographer, director and dance artist. Her past life brought her into her current path as a graduate from Naropa University with a Masters in Somatic Counseling Psychology, concentration Dance/Movement Therapy. Working with individuals and groups, Deb aims to support others in embodying a comfort within their own skin, whether via artistic collaboration or therapeutic process. Integrating the worlds of the body, creative expression and psychotherapy through the lens of power, privilege and oppression are integral to Deb's work. She currently works for Naropa's Somatic Counseling department as an academic advisor, instructor and internship/practicum coordinator. In the greater Denver/Boulder area Deb can be found leading workshops with her colleague, Karen Jensen, on Embodied Explorations of Consent.

2016 - 2018 Secretary: Stefanie Raccuglia: Stefanie Raccuglia is a very recent graduate of Naropa University's MA in Somatic Counseling Psychology Program with a dual concentration in Dance/Movement Therapy and Body Psychotherapy. Stefanie hopes to continue honing in on her specialty in working with children, adolescents and families. Currently a registered psychotherapist and R-DMT candidate, Stefanie works for Maple Star of Colorado serving families and children in the foster care system. Stefanie has always balanced her worlds of being a helping professional and her passion for dance, musical theatre and performance and continuously aims to foster seamless integration of those two worlds. Stefanie has served as one of the representatives for the Student ADTA group for the last 3 years and is thrilled to join the Rocky Mountain Chapter.

Feeling left out?
Get involved with ADTA!

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Chapter Reports

New Jersey Chapter

Submitted by Alison Salter, BC-DMT



The New Jersey Chapter of ADTA (NJADTA) is busy promoting the Drama Therapy and Dance Movement Therapy Licensing Act (A2477 and S2159).

On June 2, 2016, New Jersey Assembly bill A2477 "Drama Therapists and Dance/Movement Therapists Licensing Act" sponsored by Assembly members John F. McKeon, Valerie Vainieri Huttle and Mila M. Jasey was considered during the meeting of the New Jersey Assembly Regulated Professions Committee. As of this writing, Susan Orkand, Kristin Pollock, Joan Berkowitz, Ellen Williams, Brooke Campbell, Amanda Clark and LisaGail Schwartz were scheduled to testify before the New Jersey Assembly Regulated Professions Committee regarding the importance of licensure for dance/movement therapists and drama therapists within the state of New Jersey. Sheila Gilstein, Margaret Clarke, Naomi Arah, Mizhuo Kanazawa, Nina Garcia, Kathy Brennan, Rachael Socha, David Socha, Sheryl Machiowitz, Stephanie Omens, Andrea Stefons and Barbara McKechnie were prepared to submit written testimonies to the committee (please excuse my unintended omission of anyone who also provided oral or written testimonies).

On June 3, 2016, I received news that the New Jersey Task Force was successful with their hearing in the Regulated Professionals Committee yesterday. The Drama Therapist and Dance/Movement Therapists Licensing Act has passed the committee and is now on the Assembly Floor. Listen to our fellow DMTs testify before the New Jersey Assembly Regulated Professions Committee: http://www.njleg.state.nj.us/media/archive_audio2.asp?KEY=ARP&SESSION=2016

NJADTA Hill Day (*Postponed, watch for new date and time for this important event!*)

Dance/Movement Therapists and Drama Therapists will be joining together in Trenton for "Hill Day" to present bills A2477 and S2159 the "Drama Therapists and Dance/Movement Therapists Licensing Act". Come join the NJADTA in person, share your passion and knowledge of our profession with state assembly members and senators.

New Jersey's DMTs Call to Action:

How You Can Help

1. Plan to come to Conference Room 9, ready to talk to legislators and staff member who stop by about our bill.
2. Call and set up an appointment with your senator and/or assembly member to meet and discuss our bill in person. Please let the New Jersey Task Force know you have an appointment time with your legislator and/or his/her staff member.
3. Call or email your senator/assembly member to let him/her know that we will be at the Capitol in Conference Room 9. Let him/her know that we would love to senators/assembly members stop by to hear about A2477 and S2159 "Drama Therapists and Dance/Movement Therapists Licensing Act."
4. Call your senator and assembly member's office, tell them about the value of Dance/Movement Therapy and Drama Therapy, along with why the license is needed. Ask them if they would like you to email them any information regarding bills A2477 and S2159. Then let the New Jersey Task Force know who you contacted and who needs information.

Huge "Thanks" New Jersey Task Force for Their Awesome Job!

I would like to say "Thank You" to the New Jersey Task Force which is working diligently making licensure for Dance/Movement Therapists and Drama Therapists in New Jersey a reality. The New Jersey Task Force consists of: Kristin Pollack, BC-DMT, Government Affairs Chair of NJADTA; Joan Berkowitz, BC-DMT; Naomi Arah Broome, R-DMT, Secretary of NJADTA; Mizhuo Kanazawa, RDT-BC; LisaGail Schwartz, RDT; Barbara McKechnie, RDT; Karimah Dillard, RDT, Government Affairs Chair of NADTA; Kristin Perry, Amanda Clark, RDT; Susan Orkand, BC-DMT, Co-President of NJADTA; Anat Ziv, BC-DMT; Rebecca Dolan, RDT; Brooke Campbell, RDT/BCT; Jody Wager, BC-DMT, President of ADTA; Jason Butler, RDT/BCT, President of NADTA.



ADTA Voluntary Contributions

The ADTA wishes to thank the following for voluntary contributions March 1 through May 31, 2016.

Up to \$25

Gerri Barreras
 Bonnie Bernstein
 Karen Bradley
 Susan Briskin
 Anne Brownell
 Allie Bulliman
 Sharon Chaiklin
 Meghan Dempsey
 Pamela Fairweather
 Danielle Fitzpatrick
 Diane Fletcher-Hope
 Simona Georgescu
 Judy Given
 Rebecca Houghton
 Miyuki Kaji
 Carol Kaminsky
 Susan Kierr
 Judith E. Klein
 Nancy Kowalczyk
 Marcia Spindell Lentz
 Julie Miller
 Melissa A. Nedza
 Kimberly Rothwell
 Rachel Smart
 Yukari Sakiyama
 Angela Wiley
 Valerie Winborne

\$26 - \$50

Ann Lohn
 Shira Musicant
 Takane Hirai
 Cynthia Berrol
 Naomi Nim
 Joan Berkowitz
 Jane Cathcart
 Lynn Koshland

\$51 - \$100

Gina Demos

Over \$100

Gettysburg College
 Ken Flanders



Election Results: 2016 Ballot

A total of 1079 ballots were sent to Professional and Retired ADTA Members. 276 ballots were cast and calculated; 26% of those polled voted. See below for election results.

President

Choice	Votes
Jody Wager	274
Other	2

President-Elect

Choice	Votes
Margaret Migliorati	273
Other	3

Chairperson, Public Relations Committee

Choice	Votes
Angie D. Giordano-Adams	79
Melinda Malher-Moran	63
Sara R. van Koningsveld	132
Other	2

Chairperson, Education Committee

Choice	Votes
Ryan Kennedy	84
Suzi Tortora	90
Jessica Young	95
Other	7

Member-at-Large, Eastern

Choice	Votes
Dawn Morningstar	180
Kim M. Robles	90
Other	6

Nominating Committee, Western

Choice	Votes
Erin K. Scott-Haines	165
C. Vonie Stillson	109
Other	2

Chairperson, Research & Practice Committee

Choice	Votes
Jennifer F. Tantia	268
Other	8



Dance Adventures

Movement and play are the base of our adventures around the globe. We partner with local dancers to make sure you have great classes, amazing nights on the town, and an authentic and connected experience of the local culture.

Dancers of all levels are welcome!

Follow us on Facebook @DanceAdventuresAbroad for Updates!

WWW.DANCEADVENTURES.ORG

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DMTCB

Dance/Movement Therapy Certification Board

Submitted by Linda Aaron-Cort, BC-DMT

Congratulations

R-DMTs credentialed between March 1st and May 31st

Chelsie Suzanne Batko
Chandra Baylor
Neha Christopher
Katelyn Marie Crompton
Jenna Ellis
Kelsey Robin Gangnath
Stephanie A. Hall
Lauren E. Harrison
Alexia Ioannides

Swarali Salil Karulkar
Anita Kovacs
Heather P. Kuhn
Mi Suk Kwak
Danielle Marryse Lottridge
Monimia Macbeth
Karin Pleasant
Kyleigh Sackandy
Julie Schadeck

Kara Serasis
Kaitlynn Raye Sinke
Jessica Megan Stone
Jaime Thayer
Charline D. Tocchi
Coral Torres
Leah Sue Weiss
Emma Whitehead
Nicollette Williams



BC-DMTs credentialed between March 1st and May 31st

Rose Amanin
Jennifer Ann Auletta
Katie Bank
Kathryn Bohn
Jennifer Morgan Chambers
Charlene Ann Caiano
Jenny Cobuzzi
Mindy Coleman
Julia Cuccaro
Paige Draper
Patty Earl

Ashley Evans
Danielle Fisco
Danielle Joy Foley
Suzanne Reitz Garrison
Jennifer Giuglianotti
Emily D'Annunzio Goodman
Serena R. Hadsell
Erin Bryce Holmes
Miyuki Kanda
Heidi Landgraf
Amanda Mitchell

Jennifer Mueller
Anginesa Phillips
Katherine Pixley
Kristine Purcell
Ashley Rakay
Ahide Carolina Saenz
Pauline Smith
Jessica M. Verbanc
Hannah Whitley
Jennifer C. Whitley

Marian Chace Foundation

Submitted by Trustees: Susan Kleinman, Sharon Chaiklin, Ann Lohn, Jane Wilson Cathcart



The trustees have been working for months on a special project for the upcoming conference. We are pleased to announce that *Movement Reflections*, a limited edition publication commemorating the 50th anniversary of the American Dance Therapy Association, has been developed by the Marian Chace Foundation trustees and will be ready for purchase in August.

The publication includes a glimpse of that which symbolizes the thinking and work of dance/movement therapists whose understanding of the power of movement has supported ADTA since its inception. This "coffee table" type book will include over 100 pages of meaningful dance/movement therapy quotes and photographs of dance therapists from the earliest years. When completed, there will be email blasts with information on how to order this limited edition.

We are also most pleased to have Dr. Sherry Goodill as the Marian Chace Lecturer on Friday afternoon of the conference. Her knowledge and experience as a clinician, author, administrator of the Drexel graduate program and familiarity with research as well as service to the ADTA, promises to offer us a thoughtful and engaging time together.

We urge members to think about their practice and how to research an issue that is of interest to them. It takes time to organize a proposal and so our deadline for receiving proposals for grants on February 15th is not that far away.

A word about grant proposals for video/film. Please note that "video" is included in the term "film". We've heard that a picture is worth a thousand words. In our profession, it is germane to better understanding to be able to see the dance/movement therapy process. However, the filmmaking process is very, very costly. From pre-production to post-production there are always increased costs. For that reason, the Marian Chace Foundation is currently not funding new film projects. That being said, one avenue to getting your work out to the world at large is to use a smartphone to shoot footage and utilize apps. There are many ways to edit, title and access copyright-free music available online in your apps store. We will discuss this topic further on the Marian Chace Foundation webpages.

As always, we are grateful for those who remember to include the Marian Chace Foundation as part of their donating. We put in considerable thought in order to use the funds wisely in supporting our profession and are always open to hearing from you with your suggestions. We gratefully thank the following individuals:

Donations received March 1st through May 31st

PARTNER (\$100 - \$499)

- Jane Wilson Cathcart
Honoring the memory of Claire Schmais and Arlyne Stark
- Sharon Chaiklin
Honoring my dear friends and compatriots Ann Lohn, Jane W. Cathcart and Susan Kleinman
- Susan Kleinman
In memory of Harry Chaiklin and Claire Schmais
- Kyung Soon Ko
Thank you for your presence
- Penny Lewis Estate



Professional DMT Community

News from Hancock Center for Dance/Movement Therapy

Submitted by Laura Rogers



After 30 years at Hancock Center, our dear colleague, friend and dance/movement therapist, Grace Valentine, MA, BC-DMT, DTRL is hanging up her hat.

Grace has brought expertise and sensitivity to working with populations of women, survivors of trauma and the elderly both in groups and individual sessions. Grace was instrumental in obtaining state licensure for ADTRs in Wisconsin. In addition to her therapy work with clients, Grace's contributions, including outreach, training, committee memberships, intern supervision and written works, are numerous and valued.



We invite you to join us in congratulating her for her many years of compassionate and professional service and commitment to the values of dance/movement therapy. She has helped bring Hancock Center to where it is now in our community. *Thank you Grace! We will miss you!!*

This March, Hancock Center received a grant from the Marian Chace Foundation for a two day embodied strategic planning weekend with Judith Fischer and Peter Norlin. The process was exciting and productive, and we are all very appreciative of this opportunity.

This fall, Hancock Center welcomes two DMT interns, Genevieve Dunn and Whitney Bush! Genevieve and Whitney will be fulfilling their dance/movement therapy internship requirements as part of their MA in DMT & Counseling from Antioch University-New England. They will be working with children in therapy groups and classrooms of children and adults in Hancock Center's In-School Violence Prevention and Therapy program as well as with other adult and child clients onsite in HC programs. Hancock Executive Director and In-School program author Rena Kornblum, BC-DMT, will provide supervision.

Visit our website: www.hancockcenter.net

Email us if you would like to receive our e-newsletters: info@ HancockCenter.net

Dance/Movement Therapy Courses: 10 Day Experiential Intensive Courses Approved by the ADTA as an Alternate Route to R-DMT Certification 4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area – 2 hours east of NYC

Attend one or both:

December 27, 2016 – January 6, 2017
June 4 – 16, 2017

- Established experiential training in dance/movement therapy since 1972
- Open to practicing and student dance/movement therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications
- Known for small classes which allows for both group and individualized instruction
- Learn dance/movement therapy theory and skills, group process in dance/movement therapy, and movement analysis
- Participate in clinical field work
- Authorized certificate will be issued on completion of the course

Tuition: \$975 per two-week program

Housing: Hampton's Bed and Breakfast available at additional cost

Contact: Linni Deihl, BC-DMT
P.O. Box 743
Quogue, NY 11959
(631) 653-8750
LinniADTR@aol.com

Paid Advertisement

Professional DMT Community

Expressive Therapies for Senior Veterans – Listening and Learning

Submitted by Kathryn Boland, R-DMT

Dance/Movement Therapy is an Expressive Therapies modality with a unique focus on the dynamics of mind-body connections. It's therefore uniquely poised to treat the high percentage of individuals in the veteran population suffering from concurrent physical and mental traumas. In addition to those challenges, senior citizen veterans also manage the typical challenges of aging. These might even be more difficult for this population than civilian older adults because military culture prizes physical and mental agency and endurance, which aging tends to deteriorate.

I've had the pleasure of offering a weekly Dance/Movement Therapy group for senior citizen veterans (those aged sixty-five and over) for one year. I've seen this difficulty with accepting the effects of aging in group members. For instance, some will compare how they used to run miles in "PT" (physical training) to how my (relatively gentle) chair-based stretch-and-move program sometimes quickly tires them. Despite these challenges, I've seen them show amazing resilience and warmth of heart.

As I reflect on the groups this past year overall, a few particularly poignant examples come to mind. In one group, I thought I might try exploring making rhythm and body percussion with "PT" call-and-response chanting - such as what we civilians might loosely know from movies (for example, "I don't know but I've been told..."). When I thus chanted, to demonstrate what I wanted them to explore creatively, one group member vocalized "huh aaah!" (as in "no, no!").

Trying to be sensitive and validating, I asked him, "Do you not want to go there?". He immediately and rather strongly said, "No, I don't want *you* to go there!" I gulped and realized that I had gone down a wrong path. I tried to redeem myself and salvage the group by saying something like "Ok, how about you show me how it's done? I'd like to listen and learn! But I won't do it, I promise." He then offered military calls-and-responses from his time in service.

Reflecting on it later with my Supervisor, we agreed that this situation demonstrates how there are those things in military culture that we civilians will never fully understand.

I think that's an important understanding for clinicians serving military personnel (veterans and active duty) - clinical work that is very necessarily, very fortunately expanding by the day. We must ask before we assume, collaborate before we direct and support before we challenge. These are all things we know, of course, but don't always practice (and we'd be perfect if we did).

On another occasion, six veterans at the site and I shared a group that I might say is my most cherished in my time as an expressive therapist. We warmed up our bodies as usual with an imagery-based, total-body, chair-based movement exploration. Then I passed out art materials and asked the veterans to please draw a favorite scene - a memory, a place (actual or imagined), themselves with loved ones or alone. I then asked them to crumple their papers into balls. Then the person receiving the ball would add their paper to the ball, growing bigger with each pass. I instructed them that we would then share anything we might be comfortable sharing about our drawn scenes (with the option always there to say "pass" if they weren't comfortable sharing anything). I was the first to do so, so that I could demonstrate as well as avoid putting anyone "on the spot" to start. "We're really just playing a friendly game of catch", I affirmed with a smile and a wink.



I believe that this casual approach, in a game that aligned with their likely interests as physical-activity inclined men (in younger years, if not then), allowed them to feel safe and at ease. I observed that the group members felt accepted and comfortable enough to disclose in very meaningful ways. For instance, one poetically described a beautiful tropical island scene and a lovely woman there, from many years ago (amongst his experiences in theaters of WWII, I presumed). A couple of others very genuinely thanked him for what he had shared. As far as I can remember, no one said "pass".

An activity that met the group members "where they were at" came together with supportive, open group members to allow for an experience of sharing, remembering and healing. We expressive therapists offer the medium, and our clients can take it where they need to for growth, healing or whatever they may need to get closer to their potentials. What a treasure that we hold to be able to offer that!

Professional DMT Community

CMER New R-DMT Alternate Route Students

Submitted by Bonnie Bernstein, BC-DMT

The Center for Movement Education and Research (CMER) congratulates its alternate route students who have achieved the R-DMT, 2016.

We are so proud of you!!

Charline De Carli Tocchi R-DMT

Danielle Lottridges R-DMT

Karin Pleasant R-DMT

Leah Weiss R-DMT

MiSuk Kwak R-DMT (*CMER-Seoul, Korea*)



Dance/Movement Therapist Recognized as 2016 Master Dance Educator of the Year

Submitted by Valerie Winborne, R-DMT



Valerie Winborne, R-DMT, was honored by the National Dance Society as its 2016 Master Dance Educator of the Year, pre-kindergarten through 12th grade. Ms. Winborne regards herself as a proud advocate for the benefits and necessary healing only DMT provides. She notes that her Dance/Movement Therapy mentors were Dr. Patricia Rowe and Dr. Marcia Leventhal, ("Marcia truly gave me the love for DMT") at NYU, and shared that she has five former students in college planning on studying DMT.

An excerpt from an article written by Irene Bowers for the *Virginian Pilot* reads:

Valerie Winborne believes the body can lead where words fail.

"There are students who learn best through movement, which is the value of dance being offered in our school system," she said. "And in community outreach programs, we see many young people finding their 'voice' in their body, in the freedom of expression that dance provides."

Winborne is the chair of Virginia Beach City Public School's Gifted Dance Education Program at Kemps Landing/Old Donation School. Recently, she was honored by the National Dance Society as its 2016 Master Dance Educator of the Year, pre-kindergarten through 12th grade.

She was selected for her outstanding service to the art of dance through performance, instruction and educational outreach.

A 1982 graduate of I.C Norcom High School in Portsmouth, Winborne is the founder and director of V2W Experience Dance Theater Company.

This local empowerment movement helps area teens find strength, character and purpose through dance. Winborne was also the concept creator for a contemporary take on *The Nutcracker* performed at Attuck's Theatre in Norfolk in 2011.

Winborne said an older sister introduced her to jazz choreography when she was a child.

"I fell in love," she said.

In high school, Winborne and her friend, Barbara Clark, formed a modern dance club with free lessons provided by Gail Harts.

Professional DMT Community

DMT Recognized as 2016 Master Dance Educator of the Year

Continued...

Her dance mentor at Sweet Briar College, Eija Celli, opened her eyes to the possibility of a dance career. “She changed the course of my life and encouraged me to combine dance with psychology toward dance therapy,” Winborne said.

After a successful career with international dance companies, including Urban Bush Women, and ownership of a dance studio in Brooklyn, New York, she returned to the area and began instructing dance at Kemps Landing/Old Donation School in 2007.

The pull-out dance program provides studio training in ballet, modern and creative dance, as well as history and theory of dance to more than 350 students.

Winborne describes dance as any physical movement that inspires the mover, including traditional and modern dance forms, folk dance, self-expression and creative dance, such as hip-hop. “As an art and as a therapy, dance is tremendously powerful,” she said. “Sometimes the process is painful, but it can lead to self-knowledge and to joy.”

Click on the link below to read the article in its entirety.

http://pilotonline.com/search/?q=winborne&s=start_time&sd=desc&l=25&nsa=eedition



Soulful DMT: Applications of Past Life Regression Therapy to Dance/Movement Therapy

Submitted by Amy Goldbeck-Jozefczyk, R-DMT

I used to believe that we—humans—are our bodies as opposed to our bodies just being containers for our minds. It was a powerful concept supporting my then-recent discovery and passion for dance/movement therapy. It was my new truth, advocating for the value of our bodies, which we so often discount. And this truth has flowed from my heart ever since. It carried me onto graduate school, then to work in a hospital, and later into pregnancy and motherhood. Dance/movement therapy wasn't just something I did; it was who I was. I infused the values and principles of DMT into my family, teaching and loving with attunement. These truths still live in me and will always inform my relationships and how I observe and interact with the world around me.

But as I approach the transition back to work from 10 years of full time motherhood, a remarkable thing has happened. Although the job search has proved to be difficult, a new truth has taken root that is worth tending to. It is not replacing the truth of DMT, but it is shifting and reforming core beliefs. This is my second epiphany 17 years later! We are bodies, yes. We are bodies that contain all within it, including the mind. But we are not merely physical beings having spiritual experiences, as I believed before. Rather, we are spiritual beings having physical experiences. Let me tell you what I mean and how I got there.

Through a series of conversations, book exchanges, psychic medium events, and Akashic Records readings, I followed a path being laid out in front of me. Opportunities presented themselves to me, and I simply remained open and said yes. I delved into books about spirit communication (George Anderson), past lives (Brian Weiss), near death experiences (Raymond Moody) and Akashic Records, which are records of each soul in all of its incarnations. One thing led to another, and here I am! A spiritual detour, if you will. I have learned so many things about the hereafter, our greater purpose and the lessons we are to learn in this school called Earth.

We are bodies, yes, but only temporarily. And we are not just one body, but many bodies. More accurately, we are souls -- existing from lifetime to lifetime and between lifetimes in spiritual form. As humans, our energy is contained in solid form: bodies. As spirits/souls, our energy is in gaseous form. We are still the same energy just different forms and states. Further, significant events from past lives can be carried forward into subsequent lives. The sheer act of remembering this through past life regression has proved to be profoundly healing. This is my new truth, and I feel the need to not only follow this new path, but to also bridge it to my other truths, and share it with as many people as possible.

Professional DMT Community

Soulful DMT

Continued...

DMT and past life regression therapy have similarities. First, both have a common goal to heal through an alternative method. Hypnotherapy and regression are not new concepts. However, past life regression therapy is new and alternative. Also, both DMT and past life regression therapy tap into the unconscious, and the power of what is brought to the surface. For example, DMT's authentic movement and improvisational techniques supply the client and therapist with meaningful themes and symbols to work through. Likewise, past life regression therapy discovers past life experiences which serve as material to work with. Regardless if the past life memories are really past lives or rather themes, stories, metaphors, or symbols, it all is coming from the unconscious or collective unconscious. Most importantly in each, there is a message in the emerging material that leads to healing time and time again.

Couldn't it be possible that authentic movement is coming from part of the unconscious that holds the client's previous life experiences - the ones that are significant to this lifetime? We can certainly conclude that we need to let go of the past and focus on the present. However, if certain present issues have roots in another lifetime, then it is important to make that connection in order to let it go. Only then can we understand, love ourselves, and let go to move forward.

For example, there was one woman with painful spinal cancer who attended Brian Weiss's training workshop. During the group regression, she discovered a past life in which she was beaten with a club on her back by Roman soldiers for no apparent reason. She was a gentle man in that lifetime, attending a hurt animal when the soldiers rode by on their horses. She was crippled and bitter because of it, and had never let go of the hatred she felt towards them. When she shared this experience with the group at the workshop, she realized her pain was gone and she could move her back and hips. When she went back to her doctor at home, the cancer was gone. This is just one of thousands of stories that demonstrate the powerful healing of past life regression therapy.

I would like to propose that after discovering one's significant past life events/relationships, clients could further heal by doing movement around the experience of regression. For example, clients might find healing through the embodiment of themselves in various previous lifetimes. Or, DMTs could facilitate a creation of movement that symbolizes the client's lessons and spiritual evolution. Also, clients could do a gratitude dance to their own soul and all the experiences/struggles they have endured in

order to get them to where they are today. Letting go rituals or good-bye dances might aid in finding closure to the lingering issues that stemmed from the past. Finally, new patterns could be tried on and goals for the future might add meaning and hope for the client.

Besides the idea of integrating the two modes of healing, I thought that maybe DMT could benefit from a spiritual angle or elective during the training program. I know the work we do is indeed spiritual, in the rituals, in the power of group connection and in our style. But it's not something that is taught. I'm wondering if a deeper spiritual understanding would help us be even better therapists. Obviously, we don't want to impose a belief system on anyone, but if open and choosing, a DMT student could deepen his/her compassion and understanding through the bigger picture of life and who we are, perhaps through an elective course. We all have that inner voice we listen to. Perhaps learning how to access one's own Akashic records in order to receive guidance and clarity from beyond could enhance healing results and inner confidence.

In any case, any psychological theory or DMT theory can take on a new meaning in the context of reincarnation. Take the Kestenberg Movement Profiles, for example; Developmental patterns are formed through infant childhood experiences and opportunities. Why couldn't we extend the timeframe to understand patterns originating in a previous life? We could take maladaptive patterns from any time in history and work to understand them and to heal with movement.

We are souls. And currently, our souls are contained in our bodies. Our cells, muscles and fibers may be harboring residual traumas from recent or distant pasts. At the very least, we could simply be informed by the possibilities of spiritual communication of souls from the other side and by our existence as immortal souls. Having a fuller scope of our evolution may help us in our approach, understanding and treatment with clients. We know already what power and healing lie in the body. But maybe we could increase our knowledge of how powerful our minds can be. And by mind, I mean our consciousness. Maybe if we tap into the healing power of both the mind and the body, we can find that spiritual piece to maximize our learning, healing and spiritual evolution. Not only could we evolve ourselves but we could also help others evolve and heal. And maybe by unlocking the door to previous lives, we could enhance and broaden our spiritual purpose and circulate the lessons of forgiveness, connection and unconditional love.

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We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

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- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
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