



THE OFFICIAL NEWSLETTER OF THE AMERICAN DANCE THERAPY

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The quarterly ADTA Newsletter is the official news publication of the American Dance Therapy Association (ADTA). The ADTA invites all members to contribute and reserves the right to edit all materials. Newsletter items do not necessarily reflect the attitudes held by all individual members of the ADTA, the Board of Directors, or the ADTA as a whole.

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 Mat Winer, Copy & Content Editor
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A Few Words from the Newsletter Team

We cannot believe that summer is now behind us. Fall is rapidly approaching and that means...only one more month until our Annual Conference! Catch up on the most recent DMT news beforehand. And don't forget to submit all your conference pictures, thoughts, highlights, etc. for the next ADTA newsletter. Please see the newsletter guidelines and submission dates on page 20. We look forward to seeing everyone in DC!



Board Reports: President

Submitted by Jody Wager, BC-DMT



“I’m so glad I live in a world where there are Octobers.”
— **L.M. Montgomery, Anne of Green Gables**

I love the autumn...the colors, the cooler temperatures, the smell of new school supplies, shopping for sweaters and pulling out my scarves and boots from their winter storage ... but most importantly...I love the autumn because it means the ADTA conference is coming!!!

As I sit at my computer today, with windows open wide, enjoying some cooler weather and listening to the winds picking up, my thoughts fly to our upcoming conference. I am beyond excited to welcome you to my hometown of Washington, DC. Although born and raised in New York City, the DC area has been my home for the past 36 years. Returning to the DC area for our 50th anniversary as a professional organization seems fitting...and poignant. Amongst the many exciting opportunities, we are thrilled to offer a day of service on the grounds of St. Elizabeths Hospital; returning to the site of some of our earliest beginnings. Although the grounds have changed and the patients no longer reside in the historical buildings where Marian Chace once conducted her sessions, I suspect, if you let your imaginations soar, you might feel the stirrings of our history.

As I personally prepare for this 51st conference, I find myself in a reflective state of mind recalling my earliest days as a dance therapist! I arrived in DC to intern at St. Elizabeths Hospital following my first year of dance therapy training at Hunter College. To say it was eye opening and life changing, would be putting it mildly! The lessons I learned back then continue to inform my work today and helped to shape me into the dance therapist that I have become. I recently shared one of these lessons as part of the ‘Moments in Dance/Movement Therapy’ series, which you will have the opportunity to see in the near future. I hope you find it inspirational!

When I think back to my year at St. E’s, I am flooded with an assortment of memories and feelings, ranging from the fear of conducting my very first dance therapy session alone (having never worked with the psychiatric population before) to my anxiety over living in the ‘Detached Nurses Hall’ on the grounds of the hospital (yes...I lived at St. E’s for a couple of months until I realized it was probably not the best of environments for me). I remember the joy I felt when conducting the patient’s Christmas Pageant with my fellow DMT intern and the honor I felt at being part of the dance therapy

team and legacy. At St. E’s I learned about attuning to self and others, patience, compassion, strength and resilience. I learned to trust my intuition and instincts and to embrace my vulnerabilities and sensitivity. It truly was a year of transformation...of exploration...of feeling...of becoming!

Celebrating anniversaries provides us with an opportunity to reflect and reminisce. Each of us has our own stories to recall...about our unique histories and relationships. I hope that as we all collectively celebrate this ADTA milestone, you will take some time to revisit your own DMT journey. What a lovely way to recognize the work you have done, the lives you have touched, the support you received (and offered) along the way, the struggles you overcame and even the struggles that you may have lost. Perhaps this time of recollection allows you to remember those that are no longer with you and helps you to identify those you wish to meet in the future.

When we spend time reviewing our past we have the opportunity to identify ways in which we choose to do things differently in our future. What lessons as an organization have we learned from our history? How might we benefit from the mistakes we’ve made and turn them into opportunities?

As we kick off our Vision 2021 plan, the Board of Directors invites you to become actively engaged in the areas that inspire you...that move you...that you feel passionate about. In the very near future you will be hearing more about the initiatives that we as a membership have identified as being the most important areas to address as an organization and you will have the opportunity to join in the work. As a reminder, here are the top 4 initiatives we voted on:

1. Increase DMT employment
2. Clear, communicable identify
3. Expanded licensure and reimbursement
4. Marketing, outreach and recruitment

Additionally, we have identified an ongoing initiative to increase revenue and expand our professional infrastructure. Stay tuned for how to get involved. Your input here is needed and vital if we are to succeed at accomplishing these initiatives. Together we will make a difference...one step at a time!

With ongoing gratitude,
Jody

Board Reports: Vice President

Submitted by Margaret Migliorati, R-DMT



LAST CHANCE: ADTA Conference 2016 – An Anniversary Celebration Not To Be Missed!

Come join us in Bethesda, Maryland for the culmination of our year-long celebration of the ADTA's 50th anniversary. This year's event is jam-packed with the usual conference programming as well as special and **FREE** events that you won't want to miss. Plan to arrive early to take advantage of all of the pre-conference opportunities on Thursday and stay through Sunday afternoon when we come together one final time as a community to close our conference and year-long 50th anniversary commemoration.

Conference Highlights

- Keynote speakers Dr. Stephen Porges and Dr. Sue Carter in conversation with top dance/movement therapists
- A site-specific dance on the National Mall choreographed by Marylee Hardenbergh - **FREE**
- A day of advocacy on the Hill - **FREE**
- Special Days of Service at St. Elizabeths Hospital and Walter Reed National Military Medical Center - **FREE**
- Marian Chace Foundation of ADTA Lecture with Dr. Sharon W. Goodill: "Movement, Metaphor and Money"
- 40 workshops and 10 pre-conference intensives to choose from
- International panel
- Research poster session
- Historical panels recounting our unique history
- A special day of programming for other allied mental health professionals
- The best Saturday-night dance party in the universe

ADTA, NBCC and MD Board of Social Work continuing education available for all or part of this conference.



The Details

**51st Annual ADTA Conference
October 20-23, 2016**

ReGeneration: Pathways to Integration

***Hyatt Regency Bethesda
Bethesda, MD (Washington DC area)***

www.adta.org/2016-conference

Calling all DMTs and allies: join us in October as we bring the power and joy of dance/movement therapy to the nation's capital!

Board Reports: Vice President

Continued...

ADTA 51st ANNIVERSARY CONFERENCE HIGHLIGHTS **Saturday, October 22nd: Polyvagal-Informed Therapy for Trauma, Attachment and Autism**

On Saturday, October 22nd, join us as we welcome two distinguished and special guests, Dr. Stephen Porges and Dr. Sue Carter, to provide keynote addresses. Following the keynotes there will be a lively dialogue between Dr. Porges and Dr. Carter and leading dance/movement therapists on the intersection between our work. Finally, in the afternoon, you are invited to attend one of three concurrent workshops with top dance/movement therapists to learn how you can apply Dr. Porges' and Dr. Carter's work using basic dance/movement therapy principals and techniques.

See all the details below for this exciting and stimulating day of learning and sharing. 5 CEUs will be provided.

Schedule

8:00 am – 9:00 am	Registration for Keynote Events
9:00 am – 12:15 pm	Keynote Addresses and Dialogue with Dance/Movement Therapists
12:15 – 1:15 pm	Lunch on Your Own
1:15 – 3:15 pm	Concurrent Workshops

Keynote Addresses



Dr. Stephen Porges: ***Connectedness as a Biological Imperative: Understanding the consequences of trauma, abuse, and chronic stress through the lens of the Polyvagal Theory***

Stephen W. Porges, PhD is a “Distinguished University Scientist” at the Kinsey Institute, Indiana University Bloomington and professor in the Department of Psychiatry at the University of North Carolina in Chapel Hill.



Dr. Sue Carter: ***The Biochemistry of Love***

C. Sue Carter, PhD is a biologist and behavioral neurobiologist. She is an internationally recognized expert in behavioral neuroendocrinology. In 2014, she was appointed Director of The Kinsey Institute and Rudy Professor of Biology at Indiana University. Dr. Carter was the first person to identify the physiological mechanisms responsible for social monogamy.

Interdisciplinary Dialogue

After the keynotes, leading dance/movement therapists **Amber Gray**, MA, BC-DMT, MPH, LPCC; **Kalila Homann**, MA, LPC-S, BC-DMT and **Christina Devereaux**, PhD, LCAT, LMHC, BC-DMT, NCC, join Drs. Porges and Carter on stage as together they explore how each of our disciplines can inform and enhance the others.

Workshops

Go beyond theory into practice by choosing one of three workshops led by top DMTs to learn how basic DMT skills can be used to apply Dr. Porges' and Dr. Carter's seminal work.

- ***Dynamic Equilibrium: Engaging Neurophysiological Intelligences through Dance/Movement Therapy*** with Kalila Homann, MA, LPC-S, BC-DMT
- ***Social Engagement and Dance/Movement Therapy in Autism: A Polyvagal Perspective*** with Christina Devereaux, PhD, LCAT, LMHC, BC-DMT, NCC
- ***Restoring Core Rhythmicity: Polyvagal Informed DMT for Trauma*** with Amber Gray, MA, BC-DMT, MPH, LPCC

Board Reports: Vice President

Continued...

ADTA 51st ANNIVERSARY CONFERENCE HIGHLIGHTS Thursday, October 20th: Pre-Conference Events

Join us for a rich and diverse day of pre-conference programming on Thursday, October 20, 2016. Details are below.

Pre-Conference Intensives

- ***Challenging the Fear of Change: the Creative Use of Dance/Movement Therapy Techniques for Individuals with Eating Disorders*** presented by Susan Kleinman & Rebecca Berman
- ***Experiencing Chace, Evan and Whitehouse: Co-creating a Comprehensive Theory of Dance/Movement Therapy*** presented by Linda Aaron-Cort, Bonnie Bernstein, Julie Miller & Elissa Queyquep White
- ***Amplification of Dance Movement and Active Imagination: Personal, Cultural and Archetypal Dimensions*** presented by Cynthia Berrol, Sharon Chaiklin, Joan Chodorow, Sandy Dibbell-Hope, Nancy Gurian & Tina Stromsted
- ***Site-Specific Dance - Art of Reflection*** presented by Marylee Hardenbergh
- ***Moving Into Mindfulness: Integrating the Minds and Bodies of Students*** presented by Vicky Nichols Wilder & Julie E. Young
- ***Moving toward Consciousness: Privilege and Power in the Therapeutic Relationship*** presented by Julia Cuccaro-Green
- ***Psychomotor Therapy: Liljan Espenak's Dance Therapy Approach*** presented by Nana Koch
- ***ReGenerating Dance/Movement Therapy Advocacy: The Function and Power of Social Media*** presented by Angie Giordano-Adams, Melinda S. Malher-Moran & Sara R. van Koningsveld
- ***Through Dance, the Culture is Learned, Transmitted and Preserved*** presented by Warin Tepayayone
- ***Introductory Experiential Workshop and Continuous Support Group for Those New to ADTA Conferences*** presented by Linni Deihl

Hill Advocacy Day – FREE (includes continuing education)

As Dance/Movement Therapists, we serve populations which have lost their voice or who have not yet found their voice. We are their advocates...we are their voice. They need us to rise up, to organize and to create a movement of education and advocacy.

On October 20, 2016, ADTA needs your voice, your passion and your experience to expand awareness of and public policy for dance/movement therapy. We invite each and every one of us will find our voice and join us in this truly great opportunity to be an active participant in the political process in Washington DC. There is no better way to truly embrace Washington DC during the conference, than to be standing in a congressional office sharing dance/movement therapy with your elected official.

Hill Day Schedule (approximate):

8:00 am – 9:00 am	Gathering/Orientation/Education/Information Packets
9:00 am – 10:00 am	Travel from Hyatt Regency to Capitol Hill via the Metro

Board Reports: Vice President

Continued...

Hill Day Schedule (approximate) continued:

10:00 am – 2:00 pm	Congressional Visits / Lunch
2:00 pm – 2:30 pm	De-Briefing/Wrap Up
2:30 pm – 3:00 pm	Travel back to Hyatt Regency via the Metro

St. Elizabeths Historical Panel

75 Years of Dance Therapy: The Heritage of St Elizabeths Hospital

This panel traces the continuous presence of dance/movement therapy in an iconic teaching hospital in Washington, DC, from Marian Chace in 1942 through today's staff. Training of dance/movement therapists changed from apprenticeships to a more formal clinical internship with the establishment of academic graduate programs. St E's itself morphed from a huge teaching hospital encompassing clinical training across a spectrum of disciplines and an early focus on group work to a much smaller facility. The early hospital was spread across many acres with over a hundred buildings housing thousands of chronically mentally ill, with many specialized programs such as for deaf and blind patients. A separate forensic hospital was set apart for those judged criminally insane. Initially a federal hospital, it was transferred to the DC government and focused more on community programs, with a much smaller in-patient program in a brand new unified hospital. Dance therapy is one discipline providing services in a treatment mall program. This is quite different from Chace's time where dance therapy was provided on patient wards or in the dance therapy studio. Later, individuals were referred to groups by a treatment team, with specific charting requirements addressing treatment goals. While dance and music therapy were closely allied in Chace's era, dance became a stand-alone discipline with as many as 5 staff therapists and 5 interns. Subsequently, art, music, psychodrama and dance therapies were joined together with cross discipline led groups and core curriculum components for CAT trainees were developed.

Past and current staff will speak about milestones they participated in and the impact these changes had on their experience and on psychiatric treatment and philosophy. Audience members will be asked to share their St E's stories and a movement celebration will close the presentation.

Board Reports: Treasurer

Submitted by Vicky Wilder, BC-DMT



The dance/movement therapy "Outreach for Veterans" is the ADTA's response to last November as the Month of the Military Family and an educational endeavor of our 50Years/50Ways to advocate. The #GivingTuesday 2015 campaign collected \$4,065. Thank you!

#GIVINGTUESDAY

We are pleased to announce the three dance/movement therapists who received these grants:
Amber Gray, BC-DMT; Jennifer Giuglianotti, BC-DMT; Isabel Mulcahy, R-DMT

These dance/movement therapists will provide an in-service or experiential to three veteran communities. They will also disseminate educational materials for both veterans and service providers which communicate the value of this treatment for anxiety, PTSD and depression. The projects will be videoed for viewing at our conference and chronicled in the American Journal of Dance Therapy.

Also, I am serving on the conference planning committee, discussing options for providing scholarships to our conferences.

Board Reports: Education, Research & Practice Committee

Submitted by Susan Imus, BC-DMT



Dear Membership,

This will be my final communication with you as I step down from serving for the past four years as the last chairperson of the Education, Research & Practice Committee. The committee will split into the Education Committee and the Research & Practice Committee at the Bethesda conference. I am currently preparing the new procedural guidelines to submit to the Board for their approval at the Annual Board Meeting. I have been working with incoming Education Chair, Jessica Young, and Barbara Nordstrom-Loeb, Chair of the Alternate Route Education Subcommittee, to redesign the Education Committee Procedural Guidelines. Jennifer Tantia, incoming Research & Practice Chairperson, along with Lenore Hervey and Robyn Cruz, have been assisting with the development of the Research & Practice Procedural Guidelines. This process follows discussions with the subcommittees' membership.

Education includes two subcommittees. The first is the Approved Degree Program Education Subcommittee (ADPES), chaired by Susan Imus, including representatives from the following approved programs: Antioch University, Columbia College Chicago, Drexel University, Lesley University, Naropa University, Pratt Institute and Sarah Lawrence College. This subcommittee most recently provided 18 pages of feedback to the Educational Standards Revision Taskforce. The subcommittee had an active conference call this summer to discuss the educational standard revisions and credentialing affiliations such as CACREP. We will discuss this in more depth at the conference meeting which takes place from 10:00 a.m. - 3:30 p.m. on Thursday, October 19.

We will also be examining theses at the upcoming meeting. We will continue the Fall Electronic Demographic Survey for its third year. This will be distributed to each approved program director the last week in September. Educators please look for the survey and respond no later than October 14. The survey includes a call for last minute conference meeting agenda items.

The Alternate Route Education Subcommittee (ARES), chaired by Barbara Nordstorm Loeb, is the second subcommittee of the Education Committee.

Its membership consists of all alternate route educators and a Core Team. The Core Team, led by Barbara,

includes representatives from the following constituencies, Thania Acaron, alternate route graduate, Linni Diehl, DMTCB representative, Kalila Holman, current alternate route educator, Nana Koch, former member from the Subcommittee for Approval of Alternate Route Courses (SAARC) from the Committee on Approval and Susan Imus, Approved Degree Program Education Subcommittee Chair.

The Core Team is looking for members representing the constituencies listed above. If you are interested in learning more about the specific work load of the committee, please contact Barbara Nordstrom-Loeb or myself at the emails listed below. We encourage alternate route educators to consider serving in some capacity on ARES whether it is on the Core Team or a work group. Barbara and I have worked very hard to develop the infrastructure for this subcommittee which originated in 2014. Your participation is welcomed in the subcommittee's evolution.

Barbara and Thania have been busy this summer developing the first ARES Demographic Survey on current alternate route students and graduates. Like the electronic demographic survey initiated three years ago through the ADPES, the Education Committee is trying to better understand ALL students studying to become dance/movement therapists. Both surveys combined will provide the big picture of dance/movement therapy students and allow the new Education Committee to better meet the needs of everyone's education governed by the ADTA.

The Research Subcommittee is chaired by Jennifer Tantia, who will assume leadership for both Research & Practice at the conference. Jennifer has been getting acclimated this year to all of the Research Committee's year-long responsibilities, including but not limited to the annual Poster Session and Research Award. The Poster Session is being co-coordinated by Jennifer and member, Sondra Malling. The Research Award is coordinated by Robyn Cruz. Active assistance for both projects includes the following members: Tal Shafir, Kyung Soon Ko, Cecilia Fontanesi, Lenore Hervey, Cynthia Berrol and Laura Downey. Stop by the Poster Session on Saturday morning at the conference. Thirty people submitted abstracts for consideration to present their work.

The Practice Subcommittee was chaired by Susan Imus following past chair, Vicky Wilder's, transition onto

Board Reports: Education, Research & Practice Committee

Continued...

the Board as Treasurer. The Practice Committee met via conference call to discuss the merger with Research. The subcommittee members, including Sharon Chaiklin, Judith Fischer, Shannon Suffoletto, Elizabeth McNamara, Daniel Geer and Karla Karpowicz discussed their interest in expanding the subcommittee's role beyond assisting the P.R. Committee in editing videos and authoring clinical information sheets. The Friday night meeting at the conference will provide further opportunities to discuss the Practice Subcommittee's purpose as it merges with Research. If you would like to be a part of the evolution of Research & Practice please contact Jennifer Tantia or me as listed below.

ARES members, Practice members, and Research members also provided valuable feedback for the Educational Standards Revision Taskforce. The membership of the Educational Standards Revision Taskforce has included active representatives from ERP. These members include Nancy Beardall from ADPES, Joan Wittig from ARES, Elizabeth McNamara from Practice, and Robyn Cruz from Research. This Taskforce has worked incredibly hard under the co-leadership of Jessica Young and Ann Margarethe Melsom. Thank you! Thank you! Thank you! Incoming Education Chairperson, Jessica Young, will continue this work providing a cohesive transition for implementation of the new educational standards.

Thank you to all of the members on ERP and subcommittee chairs, Laura Downey, Jennifer Tantia, Barbara Nordstrom-Loeb, and Vicky Wilder with whom I have had the privilege to work. It has been an honor to collaborate with all of you over the past four years. It has not always been easy leading a very cumbersome

committee of Education, Research, & Practice. The separation into two committees will hopefully simplify and clarify roles, responsibilities and communication for the future.

Volunteerism is tough particularly when also working full time. Why do I do it and why might you consider it? The payoffs in serving the ADTA clearly outweigh the costs. I have learned a lot and made many new connections in the field. I feel it is important to contribute to the future of our field and volunteering on a committee allows me and possibly you to make a difference. I will cherish the experience and relationships that I have made during the past four years.

Conference Meetings:

Thursday, October 19, 2016

ADPES- 10:00 a.m. - 3:30 p.m.

ARES- 2:00 p.m. - 5:30 p.m.

Friday, October 20, 2016

Research & Practice 7:00 - 8:30 p.m.

locations to be determined - check the board @ the Registration Desk

Susie Imus

Imusdance@gmail.com

Barbara Nordstrom-Loeb

ARES.ADTA@gmail.com

Jennifer Tantia

Jftantia@gmail.com

Board Reports: Committee on Approval

Submitted by Jessica Young, BC-DMT



I hope that everyone found some extra time and space for restoration and recuperation this summer with family and friends. The new academic year is upon us, and it is so exciting to see thriving programs at seven distinguished academic institutions across the nation.

This is my last newsletter report after ten years of service on this committee—four as Chair. I have such deep appreciation, respect and admiration for the

excellence of our programs and the steadfast leadership of these programs. I am proud to be part of a field that upholds such a high caliber of education standards and continues to raise the expectations to maintain currency and relevancy in the field.

I am overflowing with gratitude for the distinct privilege of working alongside colleagues who have provided outstanding examples of leadership in the organization and the field. I extend heartfelt thanks to committee members Wendy Allen (Naropa), Nancy Beardall

Board Reports: Committee on Approval

Continued...

(Lesley), Valerie Blanc (Supervisor), Ted Ehrhardt (Pratt), Craig Haen (Public Member), Susan Loman (Antioch) and Anne Margrethe Melsom (Drexel). I am pleased to welcome Susan Orkand as the newly nominated representative for Sarah Lawrence College. It is also my great pleasure to announce that Anne Margrethe Melsom will serve as Chair beginning this fall.

The committee continues to review updates from programs. In addition, we are in the process of revising policies and procedures for approving programs as well as drafting policies and procedures to implement the revised Standards of Education upon ratification from the Board. On that note, the ADTA Standards Revision Task Force has reviewed and completed the first round of feedback from the Board of Directors; all program directors; the Education, Research and Practice Committee; the Multicultural and Diversity Committee; the Standards and Ethics Committee; the DMTCB and the Committee on Approval. We are excited to share this revised draft and the review process itself at our workshop during the conference *Pathways from our Roots into the 21st Century: Realigning the DMT Standards*. After the conference, we will disseminate the proposed revised standards to the ADTA

membership and Education Committee for review and comment. A final draft, which considers this last round of feedback, will be presented to the Board for ratification this spring with accompanying policies and procedures for implementation. Thank you to the members of the task force for your effort, enthusiasm and endurance: Co-Chair Anne-Margrethe Melsom (Approval), Nancy Beardall (Educators), Meg Chang (Standards & Ethics/Diversity), Robyn Cruz (Research), Elizabeth McNamara (Practice), Julie Miller (DMTCB), Joan Wittig (Alternate Route) and Ellen Yacoe (Government Affairs).

The Subcommittee of Approval for Alternate Route Courses (SAARC) continues to receive a steady stream of courses for review. Thank you to the members of this committee for your dedicated and passionate service: Chair, Susan Saenger (former DMTCB representative), Valerie Blanc (Committee on Approval representative) and Danielle Fraenkel and Dawn Lyon (alternate route educator representatives). All applications and accompanying syllabi for alternate route course approval should be sent to Susan at ssaenger@nc.rr.com. Please visit the website for a complete list of approved alternate route courses.

Board Reports: Government Affairs Committee

Submitted by Alison Salter, BC-DMT



The end of our 50th year celebration is quickly approaching. I find myself looking forward to the next 50 years asking myself, where do I see DMT in the year 2066?

This month we also celebrate 100 years of the National Park System. While I ponder my question about the DMT future, two national parks stand out: the Great Smokey Mountains National Park in North Carolina/Tennessee and the Lake Clark National Park and Preserve in Alaska. Over 10 million visitors are drawn to the Great Smokey Mountains National Park each year but only 13 thousand visitors venture into the Lake Clark National Park and Preserve on an annual basis. I wonder what is it about one park that has millions of people flock to explore its beauty over another. Why is one so much more sought after than the other? As I reflect on where DMT will be after 100 years, I contemplate how we transform DMT from being one of the best kept secrets to the most sought after choice of therapy.

Looking back over the past 50 years, I see a path which our pioneers blazed for us. I have become comfortable with simply walking the path which they have ambitiously carved before me. At times, I don't even pay attention to the struggle over which they have so gracefully triumphed. I find myself consumed in the small everyday obstacles before me. I forget these obstacles are but small chips left over from the boulder which our pioneers have climbed, whittled away at and completely moved off the path. Before me, I treasure a clear path in which I can travel, grateful to witness how far our pioneers have lead us.

They truly have created a magnificent, invigorating and dynamic bedrock. Along the way, so many have worked together to maintain, clear and widen the path.

However, today, I find myself asking how can I truly offer gratitude for their dedicated and determined service? How do I protect this path for future generations?

Board Reports: Government Affairs Committee

Continued...

We do it by moving the DMT trail forward, we forge new ground. But how do we forge new ground? We become the new generation of DMT pioneers. Marian Wright Edelman, president and founder of the Children's Defense Fund, stated "a lot of people are waiting for Martin Luther King or Mahatma Gandhi to come back - but they are gone. We are it. It is up to us. It is up to you." I hear a voice inside of me that quietly says, "but we are too small, there isn't enough of us to make a difference." Margaret Mead, cultural anthropologist, once said "Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has." Our elders have served us well, now it is our time to serve, to forge ahead and to create new ground.

Waiting 50 years for great changes is too long. I will most likely not be around to see the changes in 2066. So my focus is the next 25 years. What will DMT look like in 2041?

By 2041, I see DMT being a license on its own in all 50 states. I see all healthcare insurance companies embracing the coverage of DMT services. What about you? Do you envision a future like this?



ADTA GOVERNMENT AFFAIRS NEEDS YOU!

Two new working groups are forming: The DMT Licensure Work Group and The Healthcare Insurance Reimbursement Work Group. Both groups will focus on establishing a long term strategic action plan for triumphantly achieving DMT licensure in all 50 states and healthcare insurance reimbursement. To join one of these new working groups, contact me at a.salter@cox.net and/or please look for the ADTA Government Affairs table at our 51st National Conference this Oct. 20th - 23rd in Bethesda, Maryland.

ADTA's Day on Capitol Hill, October 20th

ADTA needs your voice, your passion and your personal experience to expand awareness of and public policy for dance/movement therapy. I hope each and every one of us will find our voice and join in this truly great opportunity to be an active participant in the political process in Washington DC. There is no better way to truly embrace Washington DC during the conference than to be standing in a congressional office sharing dance/movement therapy with your elected official. Many voices speaking one truth can create a powerful movement. Make sure your voice is

part of our powerful movement forward!

Sign-up by September 16, 2016. Email Yvette Hynson at yvette@adta.org to sign-up.

Expanding Mental Health Services: Advocacy in Action by Myrna Mandlawitz, EdM, JD, ADTA Legislative Consultant, September 29th at 8:00 EST
Prerequisite Hill Day Advocacy Webinar. The webinar will be recorded for those who cannot attend on the 29th Hill Day and webinar are free events 4 ADTA CEs.

50 Years / 50 Ways Campaign and Government Affairs Committee Set the Bar High!

It is time to make Dance/Movement Therapy a compelling and fundamental profession within our governmental agencies. It is time to stand up and be heard as Dance/Movement Therapists. As part of the 50 Years / 50 Ways Campaign, the Government Affairs Committee is launching an all out campaign. Our goal is to invite all 100 US Senators and all 435 US Representatives to join us for at least one free event during our 51st conference in Washington DC.

The most effective communication with an US Senator / US Representative is made through a constituent. 89% - 95% of congressional offices surveyed in a study by the Congressional Management Foundation reported "strongly agree" or "agree" that responding to constituent communications is a high priority. 94%-97% of congressional staff surveyed reported congressional members are more influenced by a constituent's personal and individualized communication than by lobbyists when undecided on an issue.

Thomas Jefferson stated "We in America do not have a government by the majority. We have a government by the majority who participate." We need to become our legislators' partners when it comes to healthcare, veterans, mental health, schools, the elderly and the arts. If we do not educate our elected officials, no one else will do it for us.

I am asking each of you to personally invite your US Senators and US Representative to our national conference in Washington DC area.

Look for the ADTA Government Affairs official invite and 1-2-3 instructions to inviting your legislators. Coming Soon to your inbox!!!!

Board Reports: Public Relations Committee

Submitted by Lora Wilson Mau, BC-DMT



This is my final newsletter submission as your Public Relations Chairperson and, as I prepare to step out of role this October and pass the baton to new leadership, I am experiencing many deeply felt emotions. Serving the ADTA community in this capacity has been profoundly rewarding for countless reasons. It has been an honor to shine a light on the work of my peers. I have experienced great joy and pride sharing the accomplishments of my community with the world, striving these four years to give DMT more of the visibility it deserves. It has been a labor of love, pure and simple; I confess I will miss the daily connection to the pulse of our community that management of our social media provides. It is exhilarating and uplifting to be awake to all that is happening in our professional community.

But, above all, I will miss working with the members of the PR Committee. There has been no greater reward than the experience of working alongside the extraordinary committee members I have had the privilege to collaborate with these four years. The leaps and bounds we have made as an organization into the social media world across seven platforms could not have been achieved without the insight, skill and committed teamwork of these volunteers who have given so generously of their time and energy, usually under heightened pressure to meet tight deadlines. As I complete my final term, it is now their turn to lead. I have no doubt that the ADTA's Public Relations needs will be served very well by the future leaders of this committee, all who have been working diligently in significant roles behind the scenes these past four years, contributing to the success of the ADTA's campaigns. With great pride and affection I announce the PR Leadership of tomorrow:

The future of ADTA PR is in excellent hands with Sara van Koningsveld stepping into the Chair position. In her role on the Board of Directors, she will be able to focus on strengthening current PR strategies and free to develop exciting new ones, as ongoing coordination of the ADTA's social media campaigns will now be managed by Angie Giordano-Adams, serving in the newly created, appointed role of New Media Manager. Brianna Martin, responsible for creating the Pinterest account for the ADTA, continues leading the charge on our second fastest growing platform: Instagram (If you have not yet followed @ADTAorg, do so! It is the future!). Melinda Malher-Moran, who has been serving as Media Manager for the ADTA Blog, will continue in this important role and also act as lead on the crucial Vision 2021 Initiative of Outreach, Recruitment and Marketing. Ande Welling, who has worked on the development of the ADTA blog since day one (for two long years before it was even launched) will continue as Editor in Chief. She, along with Natasha Levitas, lead a passionate group of dance/movement therapists (Karla Karpowicz, Ashley Duquette, and Molly Arney), researching and writing the ADTA Blog posts that serve as invaluable resources for the public.

I wish also to acknowledge with deep respect and gratitude all those who have served on the PR Committee at various times over the past four years, taking on tasks that needed to be completed for PR campaigns to take shape or advance. We would not be where we are today without the meaningful contributions of time and energy by these generous individuals:

Alice Garfias, Brigitta White, Jennifer Giuglianotti, Pattee Russell-Curry, Elizabeth Rutten-Ng, Kamahria Hopkins, Audrey Albert King, Darci Nelson, Danielle Brown, Jennifer Mueller, Sarah Boreham, Sabrina Washington, Emily D'Annunzio, Cara Arcuri, Karen Linafelter, Nicole Stackpole, Elizabeth Damon and Erica Hornthal

As we begin our second 50 years as a profession, we are poised for significant growth. The research that supports this assertion will be published in the upcoming special edition of the American Journal of Dance Therapy and is a work co-authored by Angie Giordano-Adams and myself. I hope you will be inspired by its conclusions and call to action.

I am deeply proud of the work that this committee has accomplished these past four years and am excited to see where the new leadership takes us. I thank you for trusting me with the responsibility of this position these four years. I am grateful for all of it – every single moment of this journey. It has been an absolute honor to serve my community. Thank you.

I will see you in Bethesda on the Saturday night dance floor. Let's dance.

Board Reports: Public Relations Committee

Continued...

Social Media Update

Our growth in the social media spheres in the three months since the last newsletter:

Moving Dance/Movement Therapy Forward: The Official Blog of the ADTA

Launched January 11, 2015

<http://blog.adta.org/>

117 posts, 85,458 views (+ 8,592), +11%

The official ADTA Facebook Page (the voice of the organization on Facebook)

Launched March 13, 2014

<https://www.facebook.com/AmericanDanceTherapyAssociation>

5,241 "likes" (+512), +11%

ADTA YouTube Channel

Launched officially on April 2, 2014

<https://www.youtube.com/user/ADTAorg>

1,297 subscribers (+136), +12%

ADTA Talks total views

106,309 (+7,337), +7%

Total views of ADTA YouTube Channel in its entirety

110,301

ADTA Facebook Group Page

<https://www.facebook.com/groups/2209175161/>

5,265 members (+114), +2%

ADTA Group on LinkedIn

www.linkedin.com/groups/american-dance-therapy-association-adta-3945307

3,026 members (+35), +1%

NEW ADTA Company Page on LinkedIn

<https://www.linkedin.com/company/american-dance-therapy-association-adta->

174 members (+33), +23%

ADTA Twitter Account @ADTAorg

www.twitter.com/adtaorg

1,521 followers (+35), +2%

ADTA Pinterest Account

www.pinterest.com/adtaorg

9 boards; 139 pins; 368 followers (+19), +5%

NEW ADTA Instagram Account @ADTAorg

Launched October 21, 2015

398 followers (+203), +104%



Board Reports: From the Office

Submitted by Gloria Farrow, Operations Director



WOW is the only word I can think of when verbalizing 30 plus years working for the American Dance Therapy Association. As the saying goes ~the days are long but the years are short~

One door closes and another one opens. I wish to let you know that I am no longer working full time in the ADTA National Office and have transitioned to working part time from my home. My husband and I have relocated to Rehoboth Beach, Delaware, and we are very excited to start this new chapter of our lives. We are lucky to have had this house for thirteen years so already have many friends in the area.

I had the privilege of working with some of the finest and talented people in the association and have shared a special bond with so many of you (you know who you are) and have beautiful memories of the time spent working from the other end of the phone, email, fax or face-to-face at conferences and meetings.

I worked with about ten ADTA Presidents, entirely different personalities and agendas, but each president had the same goal, passion and dedication to the

ADTA. Each wanted to guide, motivate and encourage the growth and recognition of the association and dance/movement therapy in a way they felt best.

I partnered with a myriad of Board of Directors, just too many to count, who by volunteering and committing their time and their heart brought the ADTA to what it is today. I am convinced ADTA's success continues to cultivate through the perseverance of its volunteers who keep their promise to serve. I cannot even imagine what the next 50 years will bring.

And as some of you have heard me state many times, I do contemplate perhaps writing that book.....

I leave the ADTA office in the most capable hands of Yvette Hynson yvette@adta.org and Renee Wolfe info@adta.org and they will be there to help you. My part time work will include the conference and the accounting of the ADTA.

Hope to see many of you in October to celebrate!

Cheers,
Gloria

Dance/Movement Therapy Courses: 10 Day Experiential Intensive Courses Approved by the ADTA as an Alternate Route to R-DMT Certification 4 Credits or 60 Contact Hours

Located in the Hampton's Beach Resort Area – 2 hours east of NYC

Attend one or both:

December 27, 2016 – January 6, 2017
June 4 – 16, 2017

- Established experiential training in dance/movement therapy since 1972
- Open to practicing and student dance/movement therapists, mental health providers, graduate and undergraduate students in related fields, and others interested in non-verbal communications
- Known for small classes which allows for both group and individualized instruction
- Learn dance/movement therapy theory and skills, group process in dance/movement therapy, and movement analysis
- Participate in clinical field work
- Authorized certificate will be issued on completion of the course

Tuition: \$975 per two-week program

Housing: Hampton's Bed and Breakfast available at additional cost

Contact: Linni Deihl, BC-DMT
P.O. Box 743
Quogue, NY 11959
(631) 653-8750
LinniADTR@aol.com

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Chapter Reports

Southern Chapter

Submitted by Voniè Stillson BC-DMT

First and foremost, our chapter sends love, light, thoughts, prayers and positive energy to those in Baton Rouge effected by the recent flooding there.

We are working to support chapter members and others in the area. If you would like to assist with this effort, please email us at

sc.adta@yahoo.com.

Our chapter members continue to be active with the 50 years 50 ways challenge with lots happening in June! Rita Bates Brown completed six groups for the Children's Aid Society at Camp APAC on June 16th in Alabama. Treasurer Lauren Higgins hosted, "Kundalini and Authentic Movement in Chattanooga" using Kundalini yoga then deepening into the reflective practice of Authentic Movement

(www.facebook.com/events/675228822617549/).

Participants experimented with ways of moving to surprise, open pathways to new insights and connect to their authentic creativity and passion.

Also in June, Chapter President, Voniè Stillson, presented "Cosplay Through Dance/Movement Therapy Goggles" a panel discussing the benefits of cosplay through connection to the works of Jung, Whitehouse, Chodorow and Schoop at Denver Comic Con, one of the largest comic cons in the country. She



Above: Lauren Higgins & Kiera Smith
Below: add a person sculpture from Fort Collins Comic Con



again presented this panel at the Fort Collins Comic Con in late August. Both panels were well received by staff, volunteers and attendees!

Moving in the Spirit is relocating to J.D. Sims Recreation Center, located at 544 Angier Ave NE in Atlanta's historic Old Fourth Ward. Moving in the Spirit is partnering with the City of Atlanta to activate the J.D. Sims Recreation Center, which has a history of providing dance, as one of the city's Centers of Hope. They look forward to working with their new neighbors and Moving in the Spirit supporters as they create lasting, positive change for more young people across their city.

Thanks in part to efforts of Susan Kierr, in Madisonville, Louisiana, on October 15th, A Second Line Street dance, accompanied by a marching

brass band, will be held as a part of a cancer awareness program designed to highlight the use of movement and dance in recovery!

Please join us in congratulating Dee Wagner, whose book, "Naked Online: A DoZen Ways to Grow from Internet Dating" is one of five finalists for the US Dating Awards' Dating Book of the Year!

And last, but never least please also join us in congratulating Patricia Earl who received her BC-DMT!!!!

Feeling left out?
Get involved with ADTA!

- Join a committee
- Participate with your local chapter
- Submit articles & pictures to the newsletter



Chapter Reports

Carolina Chapter

Submitted by Virginia Hill, R-DMT

Workshop

The Carolina Chapter of the ADTA held a two-day workshop on March 4-5, featuring Sherry Goodill, BC-DMT, Clinical Professor and Chairperson of the Department of Creative Arts Therapies at Drexel University and the immediate Past-President of the American Dance Therapy Association. Friday's three hour presentation, "Making DMT Research Work for You," was an excellent exposure to existing DMT research, along with a challenge to consider how to use it in both clinical application and policy setting. In addition, we explored experientially our personal feelings about DMT research, understanding that our feelings will impact how we use (or do not use) the research we have. We spent six hours on Saturday focused on developing formal assessments for DMT practice as we developed DMT assessments to answer specific questions.

The workshop brought together eight participants -- seven chapter members and one potential DMT student (on Friday night). We danced, brainstormed, laughed and enjoyed one another as we considered DMT research and its possible applications. Sherry encouraged us, throughout her presentation, to think about the evidence supporting our work as dance/movement therapists, to consider how we might use this evidence, not only in clinical settings, but also in advocating for our field and in setting policy as well as in the development of movement assessments designed to provide specific answers to questions that will help us provide the best treatment we can.



Annual Meeting

The Chapter held its annual meeting on May 22, 2016, discussing chapter possibilities for at least one of the 50 Ways to advocate and the 11 ADTA initiatives. Also discussed were potential chapter workshop for next year, reactivating our Facebook page and requesting an RSVP for book club meetings.

Book Club

The Chapter Book Club kicked off in February, focusing on using DMT techniques to regulate emotion in children with behavior problems living in residential settings. Our most recent book club was held on May 11 - "In the Arms of Grief". Our schedule for the upcoming meetings is as follows:

August 10 "The Body Can Change the Score: Empirical Support for Somatic Regulation in the Treatment of Traumatized Adolescents" – by Elizabeth

Warner, Joseph Spinazzola, Anne Westcott, Cecile Gunn & Hilary Hodgdon

November 9 "DMTs Using Motivational Interviewing: A Quantitative Study," American Journal of Dance Therapy, Vol 36, #2, page 176

Dance/Movement Therapy Awareness

Lastly, we've designated September as Dance/Movement Therapy month in the Carolinas and will be collecting data from a DMT awareness survey as one of the 50 ways to advocate during September.

Pennsylvania Chapter

Submitted by Rebekka Hartwell, BC-DMT

Greetings from the ADTA Pennsylvania Chapter! Our new chapter board members are:

President: Adina Rosenberg, BC-DMT
 Vice President: Kristin Pollock, BC-DMT
 Secretary: Mary Kate Brosnan, R-DMT
 Treasurer: Amy R. Hunter, BC-DMT
 Program Coordinator: Jacelyn Biondo, BC-DMT
 Public Relations: Rebekka Dieterich-Hartwell, BC-DMT

Nominating Committee: Morgan Chambers, BC-DMT
 Government Affairs Liaison: Elizabeth McNamara, BC-DMT

We are offering a workshop on September 25th, 2016 from 3-6PM: "Vision and Performance Practice: Anatomy of the eyes and how we perceive vision" with body-based performing artist Nicole Bindler. For more information check out our website: www.paadta.com.

ADTA Voluntary Contributions

The ADTA wishes to thank the following for voluntary contributions June 1 through August 31, 2016.

Up to \$25

Kayoko Arakawa
Sarah Arnett
Donna Bann
Emma Barton
Beate Becker
Sari Breuer
Bonnie Brunton
Beverly Carinus
Maria E. Castello
Brittni Cleland
Therese Collentine
Rebecca Crane-Okada
Susan Kristis Creighton
Jean Alfred Dorvil
Ivy Drupp
Diane Duggan

Tina Erfer
Monica Fischbach
Corinne Hammet
Becky Engler Hicks
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Amy Rakusin
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Samantha Rosenfeld
Boon Soon Ryu
Joanabbey Sack
Geraldine Silk
Rachael Singer
Connie Smilowitz
Rachelle Smith-Stallman
Randi Stein
Deborah Stone
Tina Stromsted

Leif Tellmann
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Christina Wintels-Fivian
Jamie Yasgur
Kristen Young
Rebecca Zaborowski
Marcel Zobel
Joanne Casey Zullig

\$26 - \$50

Lora Wilson Mau
Amelie Strauss
Anat Ziv

\$51 - \$100

Jean Basiner
Kimberly Berger

Over \$100

James Ryan Kennedy
Lucy Gonda
Sherry W. Goodill



A very special thank you to the following who donated to support the Conference Scholarship Fund.

Antonia Arboleda-
Hahnemann
Elizabeth Austin
Joan Berkowitz
Karen Bradley
Kathryn Boland
Barbara Busse
Susan Cahill
Charlene Caiano
Patricia (Tricia) Capello
Meghan Dempsey
Kim Dunphy
Angie Giordano-Adams
Marylee Hardenbergh
Laura Higgins

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Carin Torp
Suzi Tortora
Jung-Hsu Wan
Vicky Wilder
Angela Wiley
Helena Willems
Jamie Yasgur
Jessica Young

DMTCB

Dance/Movement Therapy Certification Board

Submitted by Linda Aaron-Cort, BC-DMT

Congratulations

R-DMTs credentialed between June 1st and August 31st

Valerie Albano
Rachel Assaf
Josefa Angelica L. Atayde
Leigh Babiasz
Kezia Barclay
Devon Boucher
Rachael Brody
Sara Broussard
Caroline Burek
Stephanie Chancey
Ka Po Chung
Jasmine Cohen
Tenaya Danielle Cowsill
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Chelsey LeShea Kimsey
Sheila Klein
Sarah Katherine Lannon
Tetiama Lazuk
Maya Lieberman
Beth Liebowitz
Taylor Lombard
Sara McIntyre
Lauren Hope Mickle
Bethany Miller
Tayne Murphy
Ariella Nudell

Rosemary Puloka
Stefanie Raccuglia
Leah Claire Raulerson
Jenna Rogato
Angelica Marie Salazar
Jamie P. Schwellenbach
Sara Anne Simpkins
Elizabeth Snow
Amina Tafra
Amanda C. Walker
Anne Whitehead
Danielle Wood
Jennifer F. Yerks



BC-DMTs credentialed between June 1st and August 31st

Shannon Crudup
Natasha Jen Goldstein-Levitas
Meghan Murphy-Sanchez
Zuzana Sevcikova

Professional DMT Community

ADTA Member Dee Wagner's *Naked Online* Receives Award

Submitted by Dee Wagner, BC-DMT



Naked Online: A DoZen Ways to Grow from Internet Dating the playful book/workbook that—in a nut shell—helps folks use online dating to develop better nervous system functioning is one of five finalists for the US Dating Awards' Dating Book of the Year.

Using recent scientific advances in the understanding of nervous system functioning, *Naked Online* empowers users so they become better partners while they are looking for a partner. The hands-on style helps daters transition from digital to in-person dating—from virtual to real relationships.

Atlanta ADTA member, counselor and dance/movement therapist Dee Wagner uses her knowledge of couples dances to provide information that helps online daters as well as already partnered people. She will be presenting the couples dance/movement therapy material at the conference in October.

The world of profiles and prospects requires a level of vulnerability that can feel like standing naked in front of strangers. The exercises in *Naked Online* help readers shift the emotional rollercoaster ride online dating can be for many into a playground for potential progress toward lustier life skills.

The website for the book is LustierLife.com.



Tricia Capello Presenting at the Fifth International Conference on Violence in Health Sector

Submitted by Tricia Capello, BC-DMT



Patricia P. Capello, BC-DMT will be presenting at the Fifth International Conference on Violence in the Health Sector in Dublin, Ireland. Tricia's presentation is titled *The Choreography of Catharsis: Recognizing, Responding, and Recovering from Violence in the Health Sector*.

Even before birth, human beings are sensitive to cues from their environment and respond to them on a body level. As we grow, our senses develop and are refined by both our physical surroundings and our emotional and relational connections to others. The "intuitive self" can access vital nonverbal cues that can be used to assess the world and people around us.

By practicing the basic constructs of DMT (dance/movement therapy) individuals can begin to hone the natural skills that are present in everyone. DMT exercises in attunement include elements that are fundamental to the health care professional: awareness of body position; body boundaries; engagement and disengagement on a body level; and the non-verbal communication of the physical self.

Tricia's experiential workshop is designed to help participants recognize informational sensations in their own bodies and develop a kinesthetic empathy and awareness of those in others. Participants will practice the movement elements of flow-weight-time-space to better understand and regulate their responses to interpersonal situations (both aggressive and non-aggressive). Finally, by exploring the power of breath, tension-relaxation and strength, participants will learn how to activate their own recovery from incidences of violence.

**Fifth International
Conference on
Violence in the
Health Sector**



**26 - 28 October 2016
Dublin - Ireland
Broadening our view -
responding together**

Professional DMT Community

Profiles of Second Generation Dance/Movement Therapists

Submitted by Linni Deihl, BC-DMT

Linni Deihl has collected written profiles and video of prominent second generation dance/movement therapists who described their journeys in this profession at annual ADTA conferences from 2005 to 2015. These dance/movement therapists live in different states and countries and practice in different ways, but they all have contributed significantly to the body of knowledge in our field. They present theories and concepts from our eight pioneer dance/movement therapists; integrated with their own resources in their work in private practice, in psychiatric hospitals, in dance therapy education, in research and publications and in our ADTA organization.

Wishing we had more material from our earliest eight pioneers, it is vital for our profession to preserve our living history while we still can and to maintain connections between generations so that we continue to transmit our history.

This book and the DVD will be available for purchase at our October conference with the proceeds to benefit the ADTA.



International DMT Community

Professional Practice

Submitted by Katya Bloom, BC-DMT

I had the great pleasure of teaching for the Korean Dance Therapy Association, July 1st – 3rd at the invitation of Dr. Boon Soon Ryu, founder of the Korean Dance Therapy Association. Working with the group of forty students in Seoul was extremely stimulating and rewarding. Without exception, they were inquisitive, creative, eager to move and to learn. Dr. Ryu has led the way in embedding DMT in the culture of Korea. I spent the day after the workshop supervising ten of the senior DMTs, whose sensitive practice in wide-ranging settings is a testament to the outstanding work dance/movement therapists are doing in the vibrant and complex culture of Korea.



Newsletter Advertising Information

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Interested in advertising with ADTA?

Advertising space is now available in our quarterly newsletter! Reach dance/movement therapists, other professionals, students, the international community, and more. Rates are provided above. **Save 20% when you advertise in 4 issues!** Single issue rates are available. Submit ads to info@adta.org.

Newsletter Submission Guidelines

All articles submitted are done so with the understanding that edits may be required for clarity and format purposes.

In order to guarantee that each issue of the ADTA newsletter is published and posted for the membership in a timely matter, deadlines for all submissions will be strictly observed. There will be no exceptions! If late documents are received, they will be held for publication in the following issue. Please send submissions for the newsletter via e-mail to info@adta.org.

We encourage submissions from our members regarding what is new and newsworthy in their lives and practice as DMTs. The opinions reflected in the submissions are not necessarily the opinions of the ADTA and Board of Directors.

Remember...

- Send submissions in a **Word document as an attachment**
- Newsletter articles should be **no more than 2 ½ pages** when submitted as a Word document
- Do **NOT** send material in the body of the email
- The subject heading of the submission email should read **“ADTA Newsletter Submission”**
- Prior to submission, **check and recheck** material for spelling and grammatical errors, construction of sentences and paragraphs, content comprehension and overall flow, clarity and conciseness
- Include a **contact name and email** with each submission

Newsletter Deadlines:

Submission Deadlines:

February 28, May 31, August 31, November 30

Publication Deadlines (on/before):

March 28, June 28, September 28, December 28