***ALTERNATE ROUTE COURSE CALENDAR***

Alternate Route Current Course Listing Procedure:

1. **Only courses approved for Alternate Route R-DMT training can be posted**.
2. List only active courses e.g. courses that will be or are currently being offered and open to AR students.
3. Course submissions should be sent to Barbara Nordstrom-Loeb (FBENordstrom.Loeb@gmail.com) with “ARES course listing” in subject line)
4. Course submissions must be brief and comply with the following information format:

* Name and email/phone number of the person submitting course information
* Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
* Dates and times of course
* Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
* Location (City/State or City/Country)
* Primary Instructor’s name; Institution (if applicable)
* Email/phone contact for additional information

1. Course submission with incomplete or additional information will be returned to the submitter for revisions.
2. Courses will be posted three times a year, see below for dates.
3. Any changes or corrections to the submitted information should be sent to fbenordstrom.loeb@gmail.com.
4. Courses will be removed from the published list after the listed date of the first class session.

**Due dates send to Barbara (fbenordstrom.loeb@gmail.com):**

**Dec. 15 (posting  Jan 1 )**

**Mar. 15(posting April 1 )**

**July 15 (posting Aug 1)**

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| **USA EAST COAST**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website**  **(if applicable)** |
| Mar 8th-10th, 2024  Friday - Sunday  6:30pm-9:30pm EST | BRINGING DANCE TO OLDER ADULTS AND PEOPLE WITH DEMENTIA  1 credit/15 hours | The 92nd Street Y, New York  1395 Lexington Avenue  (between 91st & 92nd street)  New York, NY 10128 | Donna Newman-Bluestein, MEd, BC-DMT, CMA, LMHC | |  |  | | --- | --- | | EMAIL: dmtcoordinator92y@gmail.com | | | WEBSITE: |  |   https://www.92ny.org/dance/dance-therapy-program |
| March 14 – June 27, 2024  Thursdays  6:30 PM – 9:30 PM | Dance/Movement Therapy for Children and Adolescents  3 credits/45 hours | Online via Zoom from Rochester, NY  and  Albuquerque, NM USA & in-person June 27-June 30, 2024 | Danielle Fraenkel, PhD. LCAT, LMHC, BC-DMT. NCC, CGP  Michele Iemolo, PsyD., BCBA, R\_DMT. RYT-200, Licensed Psychologist. | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| April 5th-7th, 2024  Friday-Sunday  6:30pm-9:30pm EST | DANCE/MOVEMENT PSYCHOTHERAPY WITH INFANTS AND CHILDREN  1 credit/15 hours | The 92nd Street Y, New York  1395 Lexington Avenue  (between 91st & 92nd street)  New York, NY 10128 | Dr. Suzi Tortora, EdD, BC-DMT, LCAT, NCC, CMA | |  |  | | --- | --- | | EMAIL: dmtcoordinator92y@gmail.com | | | WEBSITE: |  |   https://www.92ny.org/dance/dance-therapy-program |

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| **USA CENTRAL**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website**  **(if applicable)** |
| Jan. 13-14th, 2024  Sat & Sun  9am-6pm CST | DMT in Substance Use Recovery  1 credit/15 hours | In person  Chicago, IL, USA | Jessica Young/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Jan. 19th, 2024  Friday 2-8 pm CST  &  Jan.20 – 22, 2024  Sa/Sun/Mon  9:30 am -5:30 pm CST | Movement Obs. 1: Introduction to Laban Movement Analysis/ Laban/Bartenieff Mvt. System  2 credits/ 30 hours | The Arena  711 W. Lake Street, Studio 308 Minneapolis, MN | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP  Minnesota Alternate Route Training (MNART) | Barbara Nordstrom-Loeb  [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| Feb. 2-4th, 2024  & March 1-3, 2024  Fri.  6pm-9pm CST  Sat & Sun 9am-4pm CST | LMA II: Body & Effort  2 credits/30 hours | In person w/online options  Chicago, IL, USA | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Feb. 10-11th,2024  Sa & Sun  9am-6 pm CST | LMA I: Observation  1 credit/15 hours | In person w/online options  Chicago IL USA | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Feb 17-18th, 2024  Sa & Sun  9:30 am-5 pm CST | Authentic Movement 2: Seeing and Being Seen  (1. ( 5cr/22.5 hrs) | The Arena  711 W. Lake St, Studio 308 Minneapolis, MN | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP  Minnesota Alternate Route Training (MNART) | Barbara Nordstrom-Loeb  [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| March 1-3 & April 5-7, 2024  Fri.  6-9pm CST  Sat & Sun  9am-4pm CST | LMA II: Body & Effort  2 credits/30 hours | In person w/online options  Chicago, IL, USA | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| March 15-17, 2024  Friday  6-9PM CST  Sat. & Sun.  9am-4pm CST | DMT w/Older Adults  1 cr/15 hrs |  | Laura Allen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| March 21-24, 2024  Thurs.-Sun.  9:30am - 5:00pm CT | Sitting alongside: A Multiversal Framework for Movement Observation & Assessment  3 credits/45 hours  4 days in person & 15 hours online | Austin, TX | Amber Elizabeth Gray, PhD, BC-DMT  Embodied Neurobiology | **Contact email:**  [registration@embodiedneurobiology.com](mailto:registration@embodiedneurobiology.com)  **Website (registration & course details):**  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| April 19-21 &  April 26-28  Fri.  6-9 pm CST  Sat & Sun  9am-4pm CST | Neuroscience of Embodied Presence  2 credits/30 hours | In person  Chicago, IL, USA | Kris Larsen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| May 17-19 &  June 7-9, 2024  Fri.  6-9pm CST  Sat & Sun 9am-4pm CST | DMT: The Chace Approach  2 crs/30 hrs | Hybrid first weekend virtual, second weekend  in person  Chicago, IL, USA  In person w/virtual options  Chicago, IL  USA | Laura Allen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| May 24,2024  Fri.  4-7:30 pm CST  May 25-26th, 2024  Sa & Sun  9am-5pm CST  May 27th, 2024  Mon.  9am-12 pm CST  (plus 7.5 hrs. asynchronous hours) CST | Moving the story-healing the person: Movement Based Interventions for Treating Trauma in Children  2 Crs / 30 Hrs | Beautiful Studio  214 (2nd floor)  2242 University Ave. W. St Paul MN | Mariah Meyer LeFeber, PhD, LPC, BC-DMT  Robyn Lending Halsten, MA, LPCC, BC-DMT  Minnesota Alternate Route Training (MNART | Barbara Nordstrom-Loeb  [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| July 12 – 14 & September 13 – 15, 2024  Fri.- Sun.  9:00am - 4:30pm CST | Advanced Group Dance/Movement Therapy: A Relational Group Approach to Intersubjectivity and Object Relations  3 credits (45 hours) | Austin, TX | Jacelyn Biondo, PhD, BC-DMT  Embodied Neurobiology | **Contact email:**  [registration@embodiedneurobiology.com](mailto:registration@embodiedneurobiology.com)  **Website (registration & course details):**  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| November 1 – 3, 2024  Fri-Sun.  9:00 am - 4:30 pm CT | Embodied Neurobiology: Engaging Neurophysiological Intelligences through Dance/Movement Therapy  2 credits (30 hours) | Austin, TX | Kalila Homann, LPC-S, BC-DMT  Embodied Neurobiology | **Contact email:**  [registration@embodiedneurobiology.com](mailto:registration@embodiedneurobiology.com)  **Website (registration & course details):**  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |

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| **Distance /On-Line Format (non-hybrid)**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Primary Instructor/**  **Institution** | **Email/phone contact/organization website**  **(if applicable)** |
| January 3-March 6, 2024  Wednesdays  6:30 PM-9:30 PM EST | Introduction to Laban Movement Analysis  (2 credits/30 hours) | Online via Zoom from  New York, NY USA | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| Jan.14th  Sun.  10am-4:30pm CT  &  Jan.20th  Sat.  10am-4:30pm CT  &  Feb. 4  Sun.  1pm-4pm CT | Introduction to Current Applications of Dance/Movement Therapy in Practice  1 credit (15 hours) | Online | Kalila Homann, LPC-S, BC-DMT  Embodied Neurobiology | **Contact email:**  [registration@embodiedneurobiology.com](mailto:registration@embodiedneurobiology.com)  **Website (registration & course details):**  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| Jan. 17th- May 1st  Weekly on Wednesdays  5:45pm-7:15pm EST | DMT and Systemic Approaches to Addictions Treatment  3 credits/ 45 hours | Online/Zoom | Mary Patterson, BC-DMT  Antioch University New England | Email: cstewart5@antioch.edu |
| 1/18-3/28/23  6-8pm EST | Introduction to the Kestenberg Movement Profile  2 credits/30 hours | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC | suzannehastie@aol.com/610-417-0831 |
| January 19- 21st  &  January 26th-28th, 2024  Fri.-Sun.  9:30am-6pm  PT  6 day  Intensive Course | Dance/Movement Therapy Theory & Practice    3 credits - 45 hrs.  Theoretical Origins, Foundations, and Principles | ONLINE  ZOOM COURSE | **B**onnie Bernstein, LMFT,  BC-DMT, REAT    “Life Is Movement” Dance/Movement Therapy Institute: In The Methods Of Blanche Evan | **Contact Institute Director:**  Bonnie Bernstein, LMFT, BC-DMT, REAT,  CAMFT Certified Supervisor  For Course Flier, Institute Application  and Phone Interview contact:  Email: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)  Website:  [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| Jan.19th-21st, 2024  Fri.-Sun.  10am-5pm CT | Experiential Anatomy/Kinesiology  1 cr/15 hrs | Zoom/Online | Madeleine Reber/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| January 28 - February, 25, 2024  Sundays    6:30 PM – 9:30 PM EST | Ethics in Dance/Movement Therapy  (1 credit/15 hours) | Online via Zoom from Rock Hill, SC USA | Leslie Armeniox, PhD., MCAT, LCMHC, LPC, BC-DMT | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| January 30 - February 27, 2024  Tuesdays  6:30 PM – 9:30 PM (day & times subject to change) | Trauma and the Moving Body  (1 credit/15 hours) | Online via Zoom from Albuquerque, NM USA | Amber Gray, PhD, MPH, LPCC, BC-DMT, NCC | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| Starts February 2nd ,2024  Fridays    4-7pm CST  10-week course | DMT: Intro & Invitation  2 crs/30 hrs | Zoom/Online | Kim Rothwell/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Feb. 10th-11th,2024  Sa & Sun  9am-6 pm CT | LMA I: Observation  1 cr/15 hrs | Zoom/online | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| April 10, 17, 24  May 1, 8, 15, 22, 29  June 5, 12  2024  Wednesdays  5:30pm-8pm PT  (plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part I: Theory, Methods and Techniques - beginner level.  (2 credits/30hrs)  Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: <https://themovementarc.com/dmt__3_years/introduction-to-dance-movement-therapy-i-2-credits-2/> |
| April 12th-14th  &  April 19th-21st, 2024  Fri.-Sun  9:30am-6pm, PT    6 day Intensive Course | Dance/Movement Therapy Theory & Practice  3 credits - 45 hrs.  DMT For the Higher Functioning Client:  The Methods of  Blanche Evan | ONLINE  ZOOM COURSE | Instructor:  Bonnie Bernstein, LMFT,  BC-DMT, REAT  “Life Is Movement” Dance/Movement Therapy Institute: In The Methods Of Blanche Evan | **Contact Institute Director:**  Bonnie Bernstein, LMFT, BC-DMT, REAT,  CAMFT Certified Supervisor  For Course Flier, Institute Application  and Phone Interview contact:  Email: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)  Website:  [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| Sept. 13th- 15th  &  Sept.20th- 22nd, 2024  Fri.-Sun.  9:30am-6pm, PT  6 day  Intensive Course | Dance/Movement Therapy Group Process  3 credits - 45 hrs. | ONLINE  ZOOM COURSE | Instructor:  Bonnie Bernstein, MFT,  BC-DMT, REAT, CAMFT  Certified Supervisor  Life Is Movement” Dance/MovementTherapy Institute: In The Methods Of Blanche Evan | **Contact Institute Director:**  Bonnie Bernstein, LMFT, BC-DMT, REAT,  CAMFT Certified Supervisor  For Course Flier, Institute Application,  and Phone Interview contact:  Email: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)  Website:  [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| September 18, 25  Oct 2, 9, 16  2024  Wednesdays  5:30pm-8pm PT  (plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part II: Clinical Applications - beginner level  (1 credit/15hrs)  Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: https://themovementarc.com/dmt\_\_3\_years/introduction-to-dance-movement-therapy-ii-1-credit-2/ |
| Nov 13, 20, 27  Dec 4, 11  2024  Wednesdays  5:30pm-8pm PT  (plus .5hr asynchronous) | The Moving Child Part I: DMT with Infants and Children - intermediate level.  (1 credit/15hrs)  Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-i-dmt-with-infants-and-children-1-credit-4/ |
| January 15, 22, 29, Feb 5, 12  2025  5:30PM-8pm PT  (plus .5hr asynchronous) | The Moving Child Part II: DMT with Youth and Teens - intermediate level.  (1 credit/15hrs)  Category: DMT Theory & Practice,) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest instructor)  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-ii-dmt-with-youth-and-teens-1-credit-3/ |