



Current Newsletter

Volume 57, Issue 3: Fall 2023

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I. Grayson, PhD, BC-DMT, LPC, NCC

ADTA President Newsletter Update



Ahh Autumn Air!

One of my favorite things about living on the East Coast, particularly in the Northeast, is the full gamut of seasonal changes. As we embark upon autumn, the variation in the weather is a refreshing reprieve from the summer heat. Autumn is a time marked by shorter days and cozy nights challenging us to slow our schedule a bit, reminding us it's normal to shed our excess and give ourselves a rest. During this season of change, I invite you to create a dance of rest, refreshing, and peace.

Thank you to everyone who has renewed your membership and invited other allied professionals to join our Association. It is your belief in our profession and support of the ADTA that fuels our continued growth and broadening into the greater community. Let's not remain the best kept secret of the helping/healing/supporting professions but DANCE full out sharing our body-based somatic wisdom!

I also acknowledge that school is in session and wish all students a rich, knowledge-filled expansive school year whether you are an alternate route student or enrolled in an approved program. Make the most of your educational experience!

Meetings and Community Engagement

The ADTA and DMTCB received correspondence from the Department of Veterans Affairs (VA) regarding development of national standards of practice for all professions veterans receive service from including dance/movement therapy. It's no surprise they conducted a thorough research of the state licensure, certification, and registration requirements in their proposal for our review. The DMTCB Chair and I had several email exchanges and meetings to correlate our response

and look forward to the positive impact this will have for those dance/movement therapists who work within the VA system.

The National Coalition of Creative Arts Therapies Association (NCCATA) held a virtual summer retreat which I found to be a supportive, refreshing interchange amongst the creative arts therapy leaders of music therapy, poetry therapy, and drama therapy. Our very own Jody Wager held space beautifully by facilitating a series of leadership questions supported by experientials led by each association designee as she concluded her term as NCCATA Chair.

The Executive Committee and Board of Directors took a much-needed summer break to enjoy time for self, family, and friends. When we resumed, we reviewed the strategic plan and the DEI Taskforce call to action to determine our progress and what still needs to be addressed. I met with the Interboard (members from ADTA and DMTCB) to discuss next steps for the International Taskforce which now serves as an ad hoc committee to review credential reciprocity possibilities. It has been thrilling to watch the Annual Conference Committee in action during our bi-weekly meetings as we put our collective creative minds together to create a dynamic experience for the anticipated attendees. I continue to meet weekly with the office staff and Continuing Education Manager to plan, create and problem solve so that things run as smoothly as possible.

Speaking of the Continuing Education Manager, you may or may not be aware that Lora Wilson has successfully completed her term and passed the baton to Molly Arney. We reluctantly accepted Lora's resignation but understand her need to create more space in her already busy schedule. After several very capable candidate interviews, Molly was hired for the position and she has danced straight out of the gate. You may have noticed an addition to the monthly ADTA communication in the form of ConnectEd the CE Bulletin which is chocked full of great CE opportunities. Check your emails to make sure you are opted in to receive this gem!

Ongoing Justice, Access, Diversity, Equity, and Inclusion Work

My DEI focus this quarter was REST and professional development! I have been intentional in how and when I expend energy only tending to those things within my purview and delegating things better suited for someone else's strengths and skills. I completed training for stress management coaching and trauma professional certification to further enhance how I hold space for my clients in my private practice. I listened to several audiobooks for leisure and spiritual development to round out my summer goals as well.

Reminders: The ADTA is a 501(c)6, which means that your donations may be written off as a business expense rather than as a charitable donation. Please consult with your financial advisor regarding individual circumstances and write-offs.

Planned Giving Campaign: Please feel free to pass this information along to anyone who may be interested. Leave a lasting legacy to our profession by remembering the ADTA in your will. You can choose to leave a monetary contribution to our past, present, or future with a gift of your choice as follows:

Past: Archive Project - Centrally digitize our history: Board minutes, journals, films/videos

Present: Service, Education, Scholarships - Day of Service at Conferences, Endow the annual Conference Scholarship

Future: Development of DMTs and Fellowship for Research - Develop scholarships to support the education of future DMTs, Develop Research Fellowships

To stay up-to-date concerning ADTA announcements and events, please check out our bi-weekly Digest and the website.

As you are reading this, the Annual Conference Committee is busy adding the last touches to our first in-person US conference in four years! They have been doing a phenomenal job and have left no stone unturned to make this conference a memorable experience for all. Registration is open and sessions are filling up fast so don't delay!

58th Annual Conference

Dance/Movement Therapy: Before, Between, Beyond Words
November 9-12, 2023

Denver, CO

Dancing with Joy,

Angela M Grayson, PhD, LPC, BC-DMT, NCC

ADTA President

president@adta.org

Board of Directors, Executive Committee Chair

President Elect

Submitted by Marcia B. Leventhal, PhD, CMA, BC-DMT

Greetings Dear DMT Community:

Please indulge me as I begin this report to you all with the many life events and interactions for which I must offer my deepest gratitude as each one impacts upon the service we each are able to offer to our Community of shape shifters and healers.

I am grateful for our healing, diverse and powerful members whom I believe collectively hold in community and personal self-development a positivity for communication and peace-filled listening and compassion. I am grateful for all the various avenues here in my community where I may further develop a broader perception and openness to deep change which contributes to a more harmonious community, country and beyond to further shores.

I am grateful that I have learned that each step we make and continue to make towards progress of communicating “soul to soul” as we learn to embrace and develop in our unique DMT techniques and methods, allows for the potential of positive change to slowly evolve and manifest in the growth and healing professions in which we are so key.

I am grateful that we are able to fall and rebound, bounce, recuperate and rejuvenate, as we transit once again into an unfolding and newly minted Time/Space creation, (perhaps led by our seasonal and global

weather changes), but nevertheless , how blessed we are to be able to really “ go with the flow” and not just repeat the rhetoric.

As DMT we are perhaps “wired” or maybe even pre- natally genetically encoded to move and dance the Dance of Now. Perhaps that is the gift we are able to offer our communities, as providers of DMT, we become change agents in our rapidly evolving/exploding into a new form, Planet. But enough of such vague philosophical missives. We, us, our families, our communities, and nations are being tested daily, challenging each of us to be strong, stay strong, recover our resilience, heal our traumas, and “keep calm and carry on”, no matter the obstacles/opportunities that confront us almost daily.

But carry on, we do. And for those of us currently chosen by our colleagues, to hold the Space and keep us informed, and positive, and on an unfolding growth trajectory, we are grateful to be working for all of you who support ADTA’s important mission as it supports us in our healing profession.

We are excited and oh so grateful to report that our focus these many months in our service to you, our ADTA Community, has been to create, and form our upcoming 58th Annual Conference being held November 9-12 in Denver, Colorado. Of course, by now most of you have already registered and are as excited about this event as we have been in its development and preparation. It is our first, in-person, Stateside Conference in four years!!!

So many firsts will be shared at the Conference with so many innovative and caring choices that have been developed to offer you an exciting and edgy, creative, supportive and life altering event.

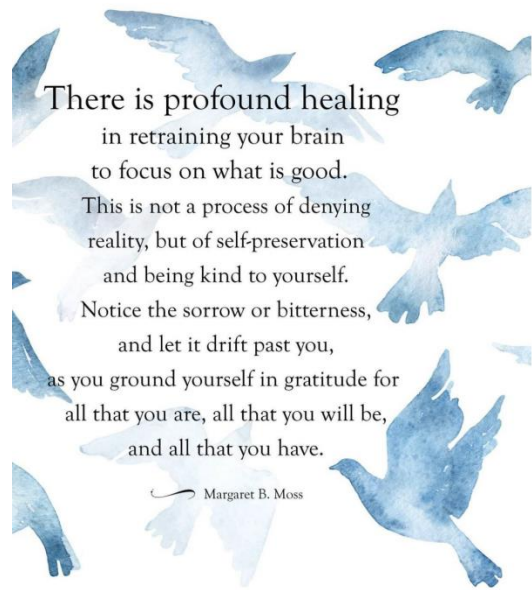
But of course, we must share how grateful we are to have a dedicated team both from CapHill and from our Conference Committee who have created many new possibilities for us at this year’s Denver Conference. Let me name but just a few of some of the newest offerings :1. A very crucial and appreciated lower hotel rate, which in itself is amazing based upon our rising economic challenges, but so appreciated by our members; 2. New as well this year is the offering of an exciting DJ

rather than a Band for our much-anticipated Banquet /Dance. Now we will be able to satisfy many eras of music from the “soundtracks “of all our member’s varied decades! 3. Another new and unique first time offering will be a dedicated Plenary experience on opening day as a special tribute to our Members, in place of Day of Service and Day of Advocacy.

Holding a collective focus upon the three pillars underlying all reported change in the healing professions, Positivity, Kindness and Gratitude, and honoring all the specificity and nuance of DEI already outlined and being honored by the ADTA, thisConference offers many choices for a multitude of areas of development , support, and acknowledgment. To mention a specific pre-conference workshop, or one of the scheduled daily choices, would be unfair to all of the Presenters. Each scheduled presentation will offer our Conference attendees stimulation, validation, and growth opportunities galore.

For myself, these past few months since our last communication have been productive and spirit lifting despite the often chaotic and challenging environments in which many of us have been living (Covid, employment upheavals, loss and grief, world crises, etc.).

Yet, move forward we do; learning to embrace each moment of light and kindness, and living in gratitude for the smallest, conscious, altering changes and the largesse of the kindness and care in our community of change agents.



There is profound healing
in retraining your brain
to focus on what is good.
This is not a process of denying
reality, but of self-preservation
and being kind to yourself.
Notice the sorrow or bitterness,
and let it drift past you,
as you ground yourself in gratitude for
all that you are, all that you will be,
and all that you have.

— Margaret B. Moss

LIFE'S A DANCE  © 2023 Margaret B. Moss

Respectfully Submitted,
Dr. Marcia B. Leventhal, PhD, BC-DMT, CMA
President Elect and Conference Chair, 2023
American Dance Therapy Association

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Multicultural & Diversity Committee

ADTA 58 Conference Spotlight

We are excited to host the MDC Shared Space Room and the Disability Access Affinity Group (DAAG) Sensory Room again this year during the conference. These rooms will be open throughout the conference experience for those who need a respite to dance and release or chill and contemplate.

The MDC annual meeting mixer will be held on Friday, November 10th and is open to all MDC members as well as conference attendees interested in joining the MDC or an Affinity Group. Speaking of Affinity Groups, lunchtime meet and greets will be held on Friday, November

10th and Saturday, November 11th (check the conference schedule for more information). Our Affinity Groups include:

- Asian American, Pacific Islander, and Desi American Affinity Group (AAPIDA)
- Black Moving Affinity Group in Community (Black MAGIC)
- Spirituality and Religion Affinity Group
- LGBTQIA+ Affinity Group
- Native American Affinity Group (NAAG)
- Disability Access Affinity Group (DAAG)
- Ritmo de Vida Latinx Affinity Group

Since we had such a huge turnout last year, there will be mini workshop experiences held in the Shared Space room so be sure to check them out. The schedule includes:

- Nikki Li – Chinese traditional dance
- Kristine Keliiliki - Samoan group dance
- Erin Holmes - Umfundalai dance class
- Kim Robles - MBSR and DMT movement exchange
- Voniè Stillson - Spirituality experiential

We look forward to seeing you at the conference!

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Standards & Ethics Committee

Submitted by Selena Coburn, BC-DMT, LMHC, LCPC

I hope you are all surviving the weather, time, and space you are in. Our committee is very excited to be with those of you that are attending the conference this Fall in Denver. We will be conducting a training on Sunday morning addressing the latest research around social media and ethics. We look forward to your feedback on this subject over the course of the next year and will be integrating this feedback into an improved version in 2024.

We are also so pumped to be moving towards a shared leadership model within the Standards & Ethics Committee.

We are currently looking to recruit from our membership a taskforce that would assist in updating the code of ethics. If this is something you are interested in, please email ethics@adta.org for the application process.

Rock on & Be Well,

Selena Coburn

Current DEI Self-Study:

- Processing my life experiences while living in Montana, the Blackfeet tribe's homeland and surviving all the systems that I am living within.

Join our Standards & Ethics Committee

Our excellent group of dedicated colleagues are seeking new professional members to join our committee, as well as many professional members to join our Code of Ethics taskforce!

We're recruiting!

If you are a **DMT professional member** interested in continuing the work of the ethics committee please apply. Commitment is approximately 2 hours per month for virtual meetings, and 1-2 hours of additional work on your own time as needed. If interested, please email Standards & Ethics at ethics@adta.org with a brief statement of interest along with your CV.

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Education

**Submitted by Tomoyo Kawano, PhD, BC-DMT, LCAT,
NCC**

ADTA Conference

The conference is fast approaching and I am looking forward to being in community.

ADTA Conference Education Committee Meetings:

Education Committee meetings will be held on Thursday, November 9th:

- Approved Master's Program: 9:00 am -10:45 am (MT)
- Joint - Approved Master's Program & Alternate Route Education: 11:00 am -12:30 pm (MT)
- Alternate Route Education: 1:30 pm - 3 pm (MT)

We will review the standards revision process, AR webinar, forms, handbook, as well as the AR portal and advising for AR students, and expectations for future DMT educational developments.

These are closed meetings for educators only.

Open to all AR students and educators: Alternate Route Education Meet and Greet, 5:30-6:30 pm (MT) on Saturday, November 11th.

ADTA Conference Education Committee and Research and Practice Presentation: "Integrating Research and Education in Dance/Movement Therapy: Bridging the Gap for Future Growth"

In this joint workshop, the Education Committee and the Research and Practice Committee of the American Dance Therapy Association (ADTA) present a collaborative initiative aimed at addressing key questions in the field of dance/movement therapy (DMT). Focused on the intersection of education and research, our workshop seeks to explore innovative approaches for teaching the next generation of dance/movement therapists, while incorporating cutting-edge research findings. By examining emerging areas such as social justice and neuroscience among others, we aim to foster a dynamic dialogue that promotes growth and ensures the integration of new knowledge into DMT education. This will be offered on Saturday, November 11th, 8:30-11:30 am (MT).

Approved Master's Program Subcommittee (AMPS) and Alternate Route Education Subcommittee (ARES) Updates

The refinement of the Approved Master's Programs and Alternate Route Training core curriculum and competencies of the Standards of

Education and Training continues by AMPS. The four broad core curriculum content areas: History, Theory, Practice, and Professional Development. The format begs some restructuring so that knowledge and application are captured. We still aim to have these reviewed by the BOD next April, 2024, with an anticipated implementation in 2025.

In the ARES front, we thank Barbara for her years of service as the AR Course Calendar Coordinator. She has been sending out reminders and compiling the course schedule for years now, running a tight ship and navigating the changing currents. Barbara passed the baton to Dr. Chevon Stewart as of August 1st. As per Barbara, "Chevon brings many wonderful abilities, skills and qualities to this role and I know she will be wonderful at it." The email to use for submissions and questions is: cstewart5@antioch.edu

The work on the AR portal continues (led by Laura Allen, Chair of the Alternate Route Education Subcommittee (ARES) and Barbara Nordstrom-Loeb) as we prepare for a beta testing phase of it very soon.

DEI and Accountability Work

Neurodiversity is not new to DMT communities, and I believe that neurodivergence is more prevalent than we think. I have family members who are on the Autism spectrum (Are Temple Grandin's books and Nobody Nowhere by Donna Williams still classics?), have synesthesia, and ADHD. Families learn to navigate relationships, but being educated with new understandings can be helpful and affirming:

<https://neurodiversitypodcast.com/home/2023/7/27/episode-183-its-not-you-its-adhd>

<https://neurodiversitypodcast.com/home/2023/8/10/episode-185-life-with-synesthesia-does-this-color-smell-funny-to-you>

<https://podcasts.apple.com/us/podcast/adhd-rewired/id849400337?mt=2>

<https://podcasts.apple.com/podcast/id1413583065>

Last week, I was in a committee meeting at my place of employment. Our topic was on how to move the committee forward in the midst of a massive structural shift. A well-respected white male member brought

up the importance of understanding the shifting needs of our stakeholders. “That’s so true, thank you for bringing that up,” said the CEO, emphatically and with enthusiasm. This was a frustrating but familiar moment for the Asian, Latino, and Black leadership team, who had specifically requested a meeting with this CEO to address this point, two months earlier. The training that we engage in needs to serve some purpose. I am made aware in these instances of the responsibility to use my privileges in having the back of others who may be similarly, and differently, disregarded. And if I am distracted, I hope someone will call me in.

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Research & Practice Committee

Submitted by Cecilia Fontanesi, PhD, MS/MPhil, BC-DMT, CMA, RSME

Dear members of the American Dance Therapy Association, As the Chair of the Research and Practice Committee (R&P), I am delighted to bring you exciting updates and opportunities within our vibrant community.

1) Congratulations to Molly Arney - Our New Continuing Education Manager!

First and foremost, please join me in extending our heartfelt congratulations to Molly Arney, a dedicated member of our R&P Committee, who has taken on the role of ADTA Continuing Education Manager. Molly's passion for dance/movement therapy and her commitment to professional development make her the perfect fit for this important position. We have no doubt that she will contribute significantly to the growth and enhancement of our continuing education offerings. We look forward to seeing Molly excel in this role!

2) Celebrating Our Poster Presenters

The ADTA Annual Conference is just around the corner, and we are thrilled to announce this year's Poster Presenters for the Research

Poster and Thesis Project Poster Session. This session is scheduled on Friday, November 10th at 04:45 PM, following the inspiring Marian Chace Foundation Lecture. These talented individuals have been diligently working on their research projects and theses, and they are eager to share their findings and insights with you. Join us in celebrating their dedication to advancing our field through research.

3) An Invitation to a Special Workshop

As part of our ongoing efforts to foster the integration of research and education in dance/movement therapy, the R&P Committee is collaborating with the Education Committee to present a workshop titled "Integrating Research and Education in Dance/Movement Therapy: Bridging the Gap for Future Growth." This workshop promises to be an enriching experience, offering valuable tools and strategies for educators and practitioners alike. Join us on Saturday, November 11th at 08:30 AM to explore innovative ways to bridge the gap between research and education in our field. We believe that by strengthening this connection, we can further the growth and impact of dance/movement therapy.

Stay tuned for more details and looking forward to seeing you at the ADTA Annual Conference in Denver, Colorado!

As always, we are grateful for your unwavering support and dedication to the field of dance/movement therapy. If you have any questions, ideas, or would like to join the R&P Committee or Education Committee, please feel free to reach out. Your contributions are vital to our community's continued growth and success.

Wishing you all a wonderful autumn season filled with creativity and inspiration.

Warm regards,

Cecilia Fontanesi, PhD, MS/MPhil, BC-DMT, CMA, RSME

Chair of the Research and Practice Committee

American Dance Therapy Association

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Credentials Corner from the DMTCB: Limited Time Amnesty Offer for Lapsed BC-DMT and R-DMT Credentials

WELCOME NEW CERTIFICANTS:

The DMTCB is pleased to present the names of our newly credentialed R-DMT and BC-DMTs. Congratulations!!! (NOTE: The names of new certificants who receive their credential after 9/5/23 will be listed in a future newsletter.)

NEW R-DMT's

Rachel Alford

Anastasia Ayala

Natalie Black

Alisha Borges

Karen Bradley

Michelle Burns

Alexis Britford

Madison Brown

Rebeccah Brown

KaiYue Chen

Zengyan Cheng

Yarmisha Cofield

Teagan Collis

Sara Earl

Nicolette DiCosola

Jenifer Duff

Max Gayford

Laura Gerber

Alexandra Graf

Victoria Haigh

Aaleyah James

Hannah Johnson

Lindsey Jones

Leela Kelley

Kosta Kostorzy
Cassandra Laskowski
Virginia Lauterback
Huijin "Nikki" Li
Jillian Loyas-Stryker
Grace Lutrull
Nataile Maddrey
Lizzy Tyler Majka
Lauren Marcus
Heidi Martinez
Allyssa Millar
Pauline Michelle Moll
Jennifer Noboise
Eliza Owen-Smith
Kayleah Jane Pensalfini
Erin Perry
Andrea Peterson
Melody Elizabeth Plastow
Tik Yee "Teresa" Poon
Alexandra Juliana Potinteu
Zoe Reddig
Chae Reid
Kirsten Rios
Andrea Rivera
Lauren Imlay Rosario
Melinda Salisbury
Chloe Sammartino
Bianca Shemankewitz
Rodney Simpson
Julie Silverman
John Stellard
Vararom Tavivoradilok
Jordan Terzo

Sindhu Thogarchedu

Lexi Thrash

Jessica Tokarchuk

Helen Turnball

Elisha White

Aubrey Workman

New BC-DMTs

Anna Andahazy

Molly Arney

Purna Bajekal

Amanda Bravo

Chu-Chun Chen

Natalia Rosado Confresi

Briana Cravens

Breanna Davis

Angelina DeVengencie

Ashley Ervin

Cecilia Fontancesi

Sandra Gines-Gonzales

Nicole Grigonis

Cara Hazel

Kellyn Jackson

Caroline Kinsley

Sandra Knighton

Sarah Kocz

Jacklyn Kostichka

Tania Lazuk

Rebecca Lermsider

Ja'Nae Lewis

Emma Mamis

Julie Marinucci

Jacqueline McNally

Kandice Moss

CheukYin Joseph Ng

Roshni Patel

Anisabel Perez

Erin Robinson
Belen Rodas
Rosalind Rogers
Sandy Ross
Sara Schmidt
Katherine Scott
Kali Skodack
Lauren Zampieri

In my first year as Chair of the DMTCB, I also want to express deep appreciation to DMTCB Board members for their commitment and efforts throughout the application process. With so many new Board members I was impressed by their ability to bring themselves to the process in a rigorous and open-minded manner. Thanks, and appreciation to: Malini Nagpal-Compliance Coordinator; Lynda Naimoli and Maritza Matias (Eastern Region); Heidi McCardell Wentworth and Susan Kierr (Central Region); and Elizabeth Fluck and Deva Connett (Western Region).

IMPORTANT UPDATES AND CHANGES FOR ALL CURRENT AND FUTURE CERTIFICANTS:

We are in the middle of updating and streamlining both the R and BC-DMT application and credential recertification processes. Be on the lookout for revised Handbooks, credential applications, forms and processes as well as how you will be asked to document the CEs for recertification. If you have concerns or questions, please contact the office (dmtcb@adta.org), the Chair of the DMTCB (dmtcbchair@adta.org) or the Compliance Coordinator (dmtcbaudit@adta.org). We also ask for your patience as we work through some of the inevitable glitches that will happen with these new processes.

CREDENTIAL RENEWAL AMNESTY:

All of us have worked hard to qualify for our R or BC Credential. But if you don't renew your credential every year, it becomes lapsed and if you continue to identify yourself as an R-DMT or BC-DMT (or a DTR or ADTR), you are in violation of the ADTA Code of Ethics. If this is you, we want to

welcome you back!!! You can renew easily without any penalty (until Dec. 1, 2023) by taking advantage of the credential amnesty. Just follow the instructions using the website link. (Such a deal!!!)

SEE YOU AT THE CONFERENCE:

Do you have questions about credential applications? Recertification? Or anything else related to the DMTCB- join us Saturday Nov. 11 at 11:30-12:30 to meet DMTCB Board Members and ask your questions live!!

Hope to see you there. (Check the schedule at the Conference for location- bring your own lunch)

CERTIFICATION BOARD MEMBERS NEEDED:

We are looking to appoint a few new board members to serve out terms on the R-DMT and BC-DMT panels. Any candidates must be BC-DMTs. If you would like to serve or would like to nominate someone for this position, please let the DMTCB know soon: dmtcbchair@adta.org.

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Committee on Approval (COA)

I know what busy bees you all are... so this is a quick update on what's going on in the Committee on Approval (COA).



COA Members:

The committee has a few new members who are starting an orientation to the committee this fall. Among them is our newest member, Ashley Absamera, who will be representing Lesley University starting in October. Ashley will be succeeding Valerie Blanc who has served on the committee for an astounding 10 years. We are so grateful for Valerie's dedicated involvement on the committee as both a supervisor representative and a program representative. Valerie has brought so much clarity, pragmatism, and expertise to her role as a reviewer on the team and will be missed.

If the work of the committee interests you, let us know! We are recruiting reviewers for the COA and the Subcommittee for the Approval

of Alternate Route Courses (SAARC). The work of these two teams is very interesting; email approval@adta.org if you want to know more!



DEI Work:

My professional area of focus for the past year has been around post-pandemic issues related to ageism and ableism. These are areas that need a lot of attention as we heal from our global experience of covid. I am honored to partner with the Education Committee to work on issues of accessibility advocacy in ADTA education. Based on the recommendations from the DEI Task Force, the COA is also taking the following actions:

- * Efforts to recruit diverse committee members
- * Removing financial barriers to being on the committee
- * New and enhanced data collection
- * Revisions to the approval review process
- * Encouraging exploration of international relationships
- * Developing better tools to onboard potential new programs
- * Increasing transparency regarding the role of the COA



Approval Status:

All aspects of the approved master's programs, from admissions to course content to job development, are assessed for compliance with the ADTA's comprehensive educational standards. There are 6 approved master's programs and one program in Candidacy. For more information on approved programs, click [HERE](#). The COA is currently reviewing a 6-year Self-study, a Candidacy report, and 5 annual maintenance reports at this time. Results of the reviews will be available in late fall.

Alternate Route Approved Courses are reviewed by members of SAARC. The ADTA does NOT approve alternate route "programs." Singular courses are reviewed every 5 years for compliance with standards. All new courses must be submitted in compliance with revised standards effective immediately. If you currently offer a course that was approved in 2015 & 2016, please submit a course revision to SAARC by December 31, 2023. There is no fee for revisionary approval.

The following Alternate Route courses have been approved or re-approved since the last newsletter:

Dance/Movement Therapy & Trauma: An Informed Approach, taught by Melissa Schleicher-Park

Dance/Movement Therapy with Psychiatric Clients, taught by Patricia Capello

The Movement Psychodiagnostic Inventory, taught by Jacelyn Biondo & Martha Davis

Authentic Movement: Psychotherapy and Embodied Expression, taught by Barbara Nordstrom-Loeb

DMT with Older Adults, taught by Laura Allen

Movement Observation and Assessment, taught by Cecilia Fontanesi & Karen Bradley

Advanced Group Dance/movement Therapy, taught by Kalila Homann

Group Process in Living Dance/living Music, taught by Danielle Fraenkel & Jeffrey Mehr

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Members at Large

Submitted by Central MAL Bria Campbell, LPC, R-DMT; Eastern MAL Rebekka Dieterich-Hartwell, PhD, BC-DMT, LPC; Western MAL Voniè Stillson

Hello everyone!

Happy fall to you all and many greetings from your MALs, Bria, Voniè, and Rebekka! We hope you and your loved ones are doing well and taking time to dance, move, and make art!

We are excited to be joining with Cashel Campbell, Annette Suriani and Stina Hoberecht to bring a new approach to events with our presentation at ADTA the conference (November 9-12 in Denver, CO) Embodied Past, Present, and Future of the ADTA. Voniè continues to work with the

Annual Conference Committee. She also presented at Fort Collins Comic Con in August about fandom and mental health.

We continue to be committed to continuing to do our work in relationship to privilege, social justice, diversity, equity, and inclusion. We look forward to connecting in November. Please reach out to us with any questions, victories, and challenges!

Warmly,

Bria Campbell, Central MAL centralmal@adta.org

Rebekka Dieterich-Hartwell, Eastern MAL easternmal@adta.org

Voniè Stillson, Western MAL westernmal@adta.org

Carolina Chapter of the ADTA



Pictures of Jody Cassell before the presentation, during

Summer Workshops

On Saturday, July 22nd, Angela Wiley shared an impulse reduction model she developed based upon KMP concepts. She also presented a private practice workshop on Sunday, July 23rd. Additionally, Angela presented a workshop on August 5th about supervision, particularly sharing insight on the transition from supervisee to peer.

August Hangout

Six members joined our virtual hangout on Friday August 18th. Jody Cassell presented “Self-Care for the Workplace: Mind, Body, and Spirit.”. Jody shared Anne Green Gilbert’s Brain Dance, the value of an accountability buddy, and ways to increase oxygen to the brain – at work. We discussed ways to implement these techniques within our practices across populations as well as our own experience after engaging in an experiential led by Jody.

Annual Chapter Meeting

We held our Annual Chapter Meeting on June 11th, 2023. At this meeting, we engaged in an opening movement, reviewed the yearly financials, and heard reviews from the association committees which included alternate route, government affairs, and BC-DMT. The Carolina chapter elected Virginia Hill as President, Heather Waters as President Elect, and Christina Motley as Secretary/Treasurer. In addition, Sarah Arnett was elected as founders day committee chairperson.

Potential Upcoming Events

- Founders Day Weekend from January 26th-28th, 2024
- Quarterly Hangouts (on 3rd Fridays)
 - November 17th
 - February 16th
 - May 17th
- Annual Meeting on June 9th, 2024
- Chapter workshop dates are to be announced

Well wishes to all!

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Public Relations Committee

**Submitted by Sara R. van Koningsveld, MA, BC-DMT,
NCC/LPCC, GL-CMA, RYT 200 Public Relations
Committee Chairperson**

Happy Pumpkin Spice Season, to all those who are indulging.