

GUIDELINES FOR R-DMT CONTINUING EDUCATION CATEGORIES:

Continuing Education hours must be accrued in more than one activity area. Please seek opportunities to continue your education in areas that would most benefit you and your clients.

CE CATEGORY	TOTAL CE HOURS ALLOWED	DOCUMENTATION
RDMT: 50 CE hours minimum in 5-yrs RDMT-RP: 5 CE hours minimum in 5-yrs (RP= Reduced Practice)		
EDUCATION Content for Education CEs includes but is not limited to: DMT Theory & Practice, individual, family, & group dynamics, specific populations; treatment approaches, movement interventions, movement observation & analysis, administration, research methodology & design, evaluation, ethics, private practice, licensure preparation, diversity, equity, inclusion, justice, and multicultural topics.	35 hr. max. in 5-yr period	
CONTINUING EDUCATION Courses in work settings, professional institutes; professional conferences (includes ADTA conference and chapter workshops) clinical licensure preparation; Clinical therapy courses.	Determined by provider (1 class hr= 1 CE hour)	Participation certificate
ACADEMIC EDUCATION Enrollment for credit with passing grade	Determined by provider (1 class hr= 1 CE hour)	Transcript(s)
PUBLISHING	25 hr. max. in 5-year period	
Authoring/editing professional development/academic book	25 CE hours	Copy of cover page
Authoring a refereed article or chapter	25 CE hours	Copy of cover page
Authoring a non-refereed article or chapter	5 CE hours	Copy of cover page
Serving on an editorial board for one year	10 CE hours	Confirmation Letter
Producing/authoring a DMT educational or informational video	25 CE hours	Copy of credits
RESEARCH	25 hr. max. in 5-year period	
Research team member actively engaged in project	20 CE hours each project	Confirmation Letter
Primary or co-author of a new research proposal or grant	25 CE hours each project	Confirmation Letter

ADVOCACY	10 hr. max. in 5-year period	
Advocating for dance/movement therapy or providing expertise to institutions or allied associations (NCCATA officer, non-paid consultant, delegate to special interest group)	10 CE hours each year/each situation	Confirmation Letter
Advocating for dance/movement therapy to prospective dance/movement therapists at career/college days or other contexts	2 CE hours each year	Confirmation Letter
Serving as state government affairs liaison to monitor laws and bills pertaining to dance/ movement therapists for one year	10 CE hours each year	
ADTA Leadership services including: <ul style="list-style-type: none"> • ADTA Board member • ADTA Subcommittee or task force member • ADTA Conference co-chair • ADTA Chapter Officer 	10 CE hours each year	Template
Teaching a course or presenting a workshop for the first time	1 hr = 1 CE hours 2 CE hrs each year	Copy of workshop proposal or syllabus cover page
SUPERVISION	30 hrs. max in 5 years	
Receiving DMT group or individual supervision (Receiving supervision may not be accepted for CE credit by various state or national licenses such as the NBCC. Check with your state licensing board for additional information on their requirements.)	30 CE hour	Template
OTHER	10 hr. max. in 5-years	
Reading professional literature or research/year	4 CE hrs.	Template
Structured dance, movement, ethnic, body therapy classes) for one year	4 CE hrs.	Participation Certificate