

GUIDELINES FOR BC-DMT CONTINUING EDUCATION CATEGORIES:

Continuing Education hours must be accrued in more than one activity area. Please seek opportunities to continue your education in areas that would most benefit you and your clients.

CE CATEGORY BCDMT: 100 CE hours minimum in 5-yrs BCDMT-RP: 10 CE hs minimum in 5-yrs (RP= Reduced Practice)	TOTAL CE HOURS ALLOWED	REQUIRED DOCUMENTATION
EDUCATION Content for Education CEs includes but is not limited to: DMT Theory & Practice, individual, family, & group dynamics, specific populations; treatment approaches, movement interventions, movement observation & analysis, administration, research methodology & design, evaluation, ethics, private practice, licensure preparation, diversity, equity, inclusion, justice, and multicultural topics.	100 hr. max. in 5- years	
CONTINUING EDUCATION Courses in work settings; in professional institutes; professional conferences (includes ADTA conference & chapter workshops) clinical licensure preparation; Clinical therapy courses.	100 hrs total/5 years Determined by provider (1 class hr= 1 CE hour)	Participation certificate
ACADEMIC EDUCATION Enrollment for credit with passing grade	100 hrs total/5 years Determined by provider (1 class hr= 1 CE hour)	Transcript(s)
PUBLISHING	50 hrs. max. in 5- years	
Authoring/editing professional development/academic book	50 CE hours	Copy of cover page
Authoring a refereed article or chapter	25 CE hours	Copy of cover page
Authoring a non-refereed article or chapter	5 CE hours	Copy of cover page
Serving on an editorial board for one year	10 CE	Confirmation Letter
Producing/authoring a DMT educational or informational video	25 CE hours	Copy of credits

RESEARCH	50 hr. max. in 5- years	
Research team member actively engaged in project	20 CE hours each	Confirmation Letter
Primary or co-author of a new research proposal or grant	50 CE hours each	Confirmation Letter
ADVOCACY	50 hrs. max in 5 years	
Advocating for dance/movement therapy or providing expertise to institutions or allied associations (NCCATA officer, non-paid consultant, delegate to special interest group)	10 CE hours each year	Confirmation Letter
Advocating for dance/movement therapy to prospective dance/movement therapists at career/college days or other contexts	2 CE hours each year	Confirmation Letter
Serving as state government affairs liaison to monitor laws and bills pertaining to dance/ movement therapists for one year	10 CE hours each year	
ADTA Leadership services (each year) including: <ul style="list-style-type: none"> • ADTA/DMTCB Board member • ADTA/DMTCB Committee, Subcommittee, task force member • ADTA Conference chair, co-chair • ADTA Chapter Officer 	10 CE hours each year	Template
Teaching a course or presenting a workshop for the first time	1 hr.= 1 CE hours 2 CE hours each year	Confirmation Letter
SUPERVISION	20 hrs. max in 5 years	
Providing. supervision for RDMT or BCDMT Interns	4 hrs supervision = 1 CE hour	Template
Receiving supervision (peer, group, individual)	4 hrs. supervision = 1 CE hour	Template

OTHER	20 hr. max. in 5- years	
Reading professional literature or research/year	4 CE hrs.	Template
Structured dance, movement, ethnic, body therapy classes) for one year	4 CE hrs.	Participation Certificate