

## ALTERNATE ROUTE COURSEWORK

### **COLLEGES/UNIVERSITIES** (College Credit)

Note: Graduate DMT courses offered through ADTA approved programs are automatically approved for Alternate Route.

#### **Antioch University New England**

40 Avon Street, Keene, NH 03431-3516

Telephone: 603-283-2151

Contact: Chevon Stewart, Coordinator -- [cstewart5@antioch.edu](mailto:cstewart5@antioch.edu)

Low Residency Dance/Movement Therapy Certificate

#### **Lesley University**

29 Everett Street Cambridge, MA 02138

Telephone: 617-349-8413

Contact: Nancy Beardall, PhD, BC-DMT, LMHC, CMA, Program Coordinator ---

[beardall@lesley.edu](mailto:beardall@lesley.edu)

Valerie Blanc, PhD, BC-DMT, LMHC, CMA, [vblanc@lesley.edu](mailto:vblanc@lesley.edu)

Master of Arts in Mental Health Counseling and Dance/Movement Therapy

Expressive Therapies Division, Graduate School of Arts and Sciences

Graduate Certificate in Dance/Movement Therapy—Alternate Route (on campus and low residency)

Certificate of Advanced Graduate Study in Expressive Therapies—Alternate Route, January and Summer Intensive courses

#### **Pratt Institute**

North Hall 237

200 Willoughby Avenue

Brooklyn, NY 11205

Telephone: 718-636-3428

Contact: Julie Miller, LCAT, LCSW, BC-DMT, Director

Email: [jmiller2@pratt.edu](mailto:jmiller2@pratt.edu)

Pratt also offers the 60-credit master's program in a Low Residency Format which will accommodate Alternate Route Students seeking to obtain credits of Dance/Movement Therapy and Movement Observation courses as part of an academic cohort.

#### **University of Minnesota**

Minneapolis, MN 55410

Contact: Barbara Nordstrom-Loeb

Email: [loebx001@umn.edu](mailto:loebx001@umn.edu)

Telephone: 612-916-1829

Graduate-level approved Alternate Route courses; advising for R-DMT and assistance with fieldwork and internship sites.

### **FREESTANDING COURSEWORK** (Non-college credit)

Note: The ADTA only approves individual Alternate Route courses toward the R-DMT not Alternate Route Institutes or programs. Please check to make sure the courses you take are Alternate Route approved.

### **Apollo Education China**

Location: Based in in Beijing, China.  
Contact information: Dr. Li Weixiao  
Founder of Apollo Education China  
Founder of Beijing CATE Consulting  
BTD dance movement therapist  
Cell: 0086 15801578241  
Email: [mail@chinadmt.com](mailto:mail@chinadmt.com)

### **Beyond Words/Embodied Neurobiology (part of the Southwest Collaborative)**

Location: Austin, Texas.  
Contact: Kalila Homann, LPC-S, BC-DMT, Program Director: [kalila@themindbody.net](mailto:kalila@themindbody.net)  
[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com)  
Telephone: 512.441.8334  
Intensives and ongoing courses approved by the ADTA.

### **Body As Voice: Restorative Resources Training and Consulting (part of Southwest Collaborative)**

Location: Santa Fe, New Mexico, Austin, Texas, and Oceania  
Contact: Dr. Amber Elizabeth Gray, PhD., MPH, BC-DMT, LPCC, Program Director  
[www.ambergray.com](http://www.ambergray.com)  
Email: [amber@ecentral.com](mailto:amber@ecentral.com)  
Phone: 505-603-7021  
Trauma-informed and polyvagal-informed dance/movement therapy courses approved by the ADTA. Workshops, intensives, and ongoing courses.

### **Dance/Movement Therapy for Older Adults and People with Dementia**

Westwood, MA (and other locations TBD)  
Email: [donna@danceforconnection.com](mailto:donna@danceforconnection.com)  
Website: [www.danceforconnection.com/upcoming-events](http://www.danceforconnection.com/upcoming-events)  
Approved for Alternate Route, 15 hours, 1 CEU  
Offered periodically. Check website for calendar of upcoming training.

### **Dancing Dialog**

Location: Cold Spring, NY and New York, NY  
Contact: Dr. Suzi Tortora ED.D, CMA, BC-DMT, LCAT, LMHC  
Email: [suzi@suzitortora.com](mailto:suzi@suzitortora.com) or [assistant@dancingdialogue.com](mailto:assistant@dancingdialogue.com)  
Phone: 845-265-1085  
Website: [www.suzitortora.com](http://www.suzitortora.com)  
Approved Alternate Route courses offered in-person and online. Ways of Seeing International Webinars.

### **Embodied Education Institute of Chicago**

Chicago, IL, USA [www.eeichicago.com](http://www.eeichicago.com)  
[embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com)  
773-359-3097

EEIC offers a sequential course curriculum—ongoing classes throughout the year with student advisement and internship supervision.  
Courses approved by the ADTA.

### **Harkness Dance Center of the 92nd Street YMHA-YWHA**

1395 Lexington Ave  
New York, NY 10128

Telephone: 212-415-5555

Contact: Tina Erfer, BC-DMT [tedance@live.com](mailto:tedance@live.com) or Dr. Miriam Roskin Berger, BC-DMT [mb33@nyu.edu](mailto:mb33@nyu.edu)

Dance/Movement Therapy Courses and Summer Alternate Route Courses approved by the ADTA

### **Inspirees Institute**

Location: China/The Netherlands

Program Manager, Katee Yan Shen

Inspirees Education Group (IEG)

Email: [y.shen.inspirees@outlook.com](mailto:y.shen.inspirees@outlook.com)

T: +31.15.879.5501 (Europe) | +86.10.8446.7947 (China) | +86.15911509565 (China)

[www.inspirees.com](http://www.inspirees.com)

Inspirees Institute – Innovator in Body-mind training

### **Kinectons**

718 University Avenue Rochester, NY 14607

Telephone: 585-473-5050

Contact: [kinectonsinfo@kinectons.com](mailto:kinectonsinfo@kinectons.com) or Danielle Fraenkel, PhD, BC-DMT, NCC, LCAT, LMHC, CGP at [daniellefraenkel@kinectons.com](mailto:daniellefraenkel@kinectons.com)

Offer all the courses required for the alternate route to certification. All have been approved by the American Dance Therapy Association.

Kinectons is an NBCC-Approved Continuing Education Provider (5767) and may offer NBCC-approved clock hours for events that meet NBCC requirements.

Kinectons Creative Arts Therapies is an approved provider of continuing education for Licensed Creative Arts Therapists # CAT-0033.

[www.kinectons.com](http://www.kinectons.com)

### **“Life is Movement” Dance Movement Therapy Institute in the Methods of Blanche Evan**

Palo Alto, CA & Berkeley, CA

Director: Bonnie Bernstein, MFT, BC-DMT, REAT; Contact: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)

All courses have been approved by the American Dance Therapy Association as meeting requirements for the Alternate Route (R-DMT) credential.

### **Minnesota Alternate Route Training**

Minneapolis, MN

Contact: Barbara Nordstrom-Loeb

Email: [loebx001@umn.edu](mailto:loebx001@umn.edu)

Approved Alternate Route courses (intensive format) throughout the year; advising for R-DMT and assistance with fieldwork and internship sites.

### **Movement Observation & Assessment Courses**

Twin Ponds Integrative Health Center

Lehigh Valley, PA

Contact: Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst

Email: [suzannehastie@aol.com](mailto:suzannehastie@aol.com)

Telephone: 610-417-0831

Website: [www.kestenbergmovementprofile.org](http://www.kestenbergmovementprofile.org)

Approved Alternate Route courses (intensive format) on the Kestenberg Movement Profile (KMP) offered each summer and fall.

### **National Centre for Dance Therapy**

Les Grands Ballets Canadiens de Montreal

1435, De Bleury, suite 500, Montréal (Québec) H3A 2H7

Contact: Amy Eloise Mailloux; [aemailloux@grandsballets.com](mailto:aemailloux@grandsballets.com)

514 849-8681 poste 272

C: 514-969-8293

### **The Movement Arc: Dance Therapy and Somatic Education Centre**

Location: Vancouver and Tatlayoko Lake, BC, Canada

Contact: Hana Kamea Kemble, MA, RCC, BC-DMT, CLMA, RYT and Tannis Hugill MA, RCC, RDT, BC-DMT

Email: [info@themovementarc.com](mailto:info@themovementarc.com)

Website: [www.westcoastdmt.com](http://www.westcoastdmt.com)

T: 604-781-6040 or 250-476-1161

Emphasis on embodied learning, deeply somatically attuned and trauma-informed methodology that is cross-culturally sensitive. Offering 28 credits in the full spectrum of DMT Alt Route ADTA Approved coursework. Courses, intensives, consulting, and supervision.