*ALTERNATE ROUTE COURSE CALENDAR*

Additional Alternate Route course offerings and information are listed below:

CALENDAR - NOTE: due to COVID-19 many Alternate Route Courses are being offered on line. Please refer to the tables (below) for options and details.

Also please contact the instructor or organization for any changes from what is listed below.

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| USA WEST COAST  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| Dates/Times | Title of Course/  (credits/hours) | Location (City, State or City, Country) | Instructor/Institution | Email/phone contact/ organization website  (if applicable) |
| Fri ,Sat, Sun  Sept. 24-,26 & Oct.1-3 2021  Time: 9:30-6 | DMT For Children and Adolescents:In the Methods of Blanche Evan  3 credits - 45 Hours | ONLINE  ZOOM COURSE | Life Is Movement” DMT Institute: In The Methods Of Blanche Evan  Bonnie Bernstein, MFT,  BC-DMT, REAT | [bon4dance@gmail.com](mailto:bon4dance@gmail.com) |
| Fri, Sat , Sun  Dec 3-, 5, & 10,- 12 2021  Time: 9:30-6 | DMT Theory & Practice  DMT For the Higher Functioning Client: The  Methods of Blanche Evan  3 Credits-45 hours | ONLINE  ZOOM COURSE | “Life Is Movement” DMTInstitute: In The Methods Of Blanche Evan  Bonnie Bernstein, MFT,  BC-DMT, REAT | [bon4dance@gmail.com](mailto:bon4dance@gmail.com) |
| Fri, Sat , Sun  Feb. 4 -6 & 11- 13 2022  Time: 9:30-6 | DMT Theory and Practice:  Theoretical Origins, Foundations and Principles  3 credits -45 Hours | ONLINE  ZOOM COURSE | “Life Is Movement”DMT Institute: In The Methods Of Blanche Evan  Bonnie Bernstein, MFT,  BC-DMT, REAT | [bon4dance@gmail.com](mailto:bon4dance@gmail.com) |
| Ap. 1-3 & 8-10 2022  Time: 9:30-6 | DMT Theory & Practice  3 credits - 45 hrs.  Part A-30 hours  DMT For Prevention, Treatment, Aftercare And Self Care  Part B-15 Hours  Advanced Clinical Skills: Blanche Evan | ONLINE  ZOOM COURSE | “Life Is Movement” DMT Institute:  In The Methods Of Blanche Evan  Bonnie Bernstein, MFT, BC-DMT, REAT | [bon4dance@gmail.com](mailto:bon4dance@gmail.com) |

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| USA EAST COAST  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| Dates/Times | Title of Course/  (credits/hours) | Location(City, State,Country) | Instructor/Institution | Email/phone contact/ organization website (if applicable) |
| April 28-June 30, 2021 Wednesdays, 8:00-10:00 am EST | Constructing Kestenberg Movement Profiles II: Tension Flow Attributes, Pre-efforts, Efforts, Shaping in Directions, & Shaping in Planes (2 cr/30 hrs | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | suzannehastie@aol.com/610-417--0831 |
| June 16-October 13, 2021; Every other Wednesday 1-3pm EST | Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow, & Unipolar Shape Flow (2 cr/30 hours) | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | suzannehastie@aol.com/610-417-0831 |
| August 24-October 26, 2021; 6-8pm EST | Introduction to the Kestenberg Movement Profile (2cr/30 hours) | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | [suzannehastie@aol.com/610=417-0831](mailto:suzannehastie@aol.com/610=417-0831) |
| Fall 2021 | Psychomotor TherapyLiljan Espenak’s Dance Therapy Approach | Online via Zoom | Nana Koch, Ed.D, LCAT, BC-DMT, LPC, NCC, LMA | Kinections  [Kinectionsinfo@kinections.com](mailto:Kinectionsinfo@kinections.com)  (585) 473.5050  [www.kinections.com](http://www.kinections.com)  (585) 295-3312  [www.facebook.com/kinections](http://www.facebook.com/kinections) |

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| USA CENTRAL  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| Dates/Times | Title of Course/  (credits/hours) | Location (City, State or City, Country) | Instructor/Institution | Email/phone contact/ organization website  (if applicable) |
| Aug. 27-29, 21-- 11am-5pm CST | Experiential Anatomy/Kinesiology  1 credit | On-line | Madeleine Reber/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Sept 8-Dec 15  Wed. weekly 2:05-3:35 CST | Introduction to Dance/Movement Therapy  2 cr/30 hrs | ZOOM/ON-LINE FORMAT | Barbara Nordstrom-Loeb  Dance Dept. University of MN- Twin Cities | [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| Begins Sept. 10, 2021  Fri. 3-6 CST | DMT: Intro & Invitation  2 cr. | ON-LINE | Kim Rothwell/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| September 16-19 2021 | Trauma & Polyvagal-informed DMT | Austin TX | Dr. Amber E Gray  Embodied Neurobiology/  SW Collaborative | https://embodiedneurobiology.com/ |
| Sept. 11 & 12, 2021  9am-6pm | LMA1: observation  1 cr.hr/15 hours | ON-LINE | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Fall, 2021  Exact dates TBA | Neuroscience of embodied presence  2 credits/30 hours | In person Chicago | Kris Larsen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Begins Sept. 13  Mon, 6-9CST | LMA2: Body & Effort  3 credits/45 hours | ON-LINE | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Sept. 24-26  Fri (1-8:30 CST)-Sun (9-4:30 CST | Dance/Movement Therapy and Trauma  2.5 cr/22.5 hrs | ZOOM/ON-LINE FORMAT | Barbara Nordstrom-Loeb  Minnesota Alternate Route Training (MNART) | [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| Sat./Sun -Oct 9-10 & 23-24 (9-2:30 CST + 4 hours asynchronous) | Dance/Movement Therapy 1- The Power of Movement  2 cr/30 hrs | ZOOM/ON-LINE | Barbara Nordstrom-Loeb  Minnesota Alternate Route Training (MNART) | [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| Fr-Su -Nov. 12-14, 2021  F:1-8:30 CST  Sa/Su 9-4:30 CST | Dancing Difference: Diversity & Multicultural Awareness  1.5 cr/22.5 hrs | Minneapolis MN (in person) | Kyla Marie Gilmore  Barbara Nordstrom-Loeb  Minnesota Alternate Route Training (MNART) | [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| Th 6:30-9:30  Sat. 9-5 CST  Dec. 9 &11, Dec.16 &18,  Jan 6 & 8 (2022) | LMA/LBMS 3- The Language of Movement  2 cr/30 hrs | ON-LINE/ZOOM | Barbara Nordstrom-Loeb  Minnesota Alternate Route Training (MNART) | [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| March 24-27, Th-Su: Mar 24-27 &  Fr-Mn May 27-30, 2022  9am-5pm CST | Moving through the Cycles of Life  4 credits, 60 hours  (1 cr. Kinesiology, 3 cr. DMT Theory) | Austin, Texas | Kalila Homann, LPC-S, BC-DMT/  Embodied Neurobiology | [kalila@embodiedneurobiology.com](mailto:kalila@embodiedneurobiology.com)  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |

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| INTERNATIONAL  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| Dates/Times | Title of Course/  (credits/hours) | Location (City, State or City, Country) | Primary Instructor/  Institution | Email/phone contact/organization website  (if applicable) |
| July 2021 | DMT Group Process (3 crs / 45 hrs) | Montreal, QC, Canada | Judith Bunney | [www.grandsballets.com/voiealternative](http://www.grandsballets.com/voiealternative) |
| Oct 1- 4, & 15-18, 2021  10am-1:30pm, PDT | Introduction to DMT I: Theory, Methods, and Techniques  (2 Credits/30 hours) | ONLINE ZOOM COURSE: 24 hours synchronous learning and 6 hours asynchronous learning | Hana Kamea Kemble, MA, BC-DMT, CLMA, RCC, RYT | Hana Kamea Kemble/Instructor or Melissa Flagg/Administrative Coordinator [westcoastdancemovementtherapy@gmail.com](mailto:westcoastdancemovementtherapy@gmail.com)  +1 604 781 6040  <https://westcoastdmt.com> |
| NoV 12-14: & 27, 28, 2021  10am-1:30pm, PDT | Introduction to DMT II: Clinical Applications  (1 credit/15 hours) | ONLINE ZOOM COURSE: 15 hours synchronous learning | Tannis Hugill RCC, RDT, BC-DMT (Part II)/West Coast Dance Movement Therapy | Hana Kamea Kemble/Instructor or Melissa Flagg/Administrative Coordinator [westcoastdancemovementtherapy@gmail.com](mailto:westcoastdancemovementtherapy@gmail.com)  +1 604 781 6040  <https://westcoastdmt.com> |

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| NOTE: due to COVID-19 many Alternate Route Courses are being offered on-line. Please refer to the tables (above) for options and details.  Distance /On-Line Format (non-hybrid)  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| Dates/Times | Title of Course/  (credits/hours) | Location (City, State or City, Country) | Primary Instructor/Institution | Email/phone contact/organization website  (if applicable) |