

DMTCB

Dance/Movement Therapy Certification Board

DANCE/MOVMENT THERAPY CERTIFICATION BOARD, INC.

230 Washington Avenue Extension, Suite 101; Albany, NY 12203

dmtcb@adta.org; dmtcbchair@adta.org

518-704-3636

Dear BC-DMT Applicant:

The Dance/Movement Therapy Certification Board (DMTCB) is pleased that you are applying to become a Board-Certified Dance/Movement Therapist (BC-DMT). We understand the commitment you have made, and the hard work it took to arrive at this point in your career.

This handbook was created to support and guide your application process. Please read carefully through all sections of the handbook before getting started. If you have questions or need assistance, please contact the DMTCB Office at 518-704-3636 (dmtcb@adta.org).

The BC-DMT credential signifies your attainment of advanced level professional DMT proficiency. It allows you to work privately and to assess and implement DMT interventions independently. It also reflects that you know when to seek consultation to ensure ethical and effective treatment. (Note: R-DMT with an additional clinical license that allows private practice, may use DMT in their private practice, but if they are working toward the BC-DMT, they are required to have ongoing BC-DMT supervision.)

Additional benefits of this status include that as a BC-DMT you may teach ADTA approved courses, provide DMT supervision to R and BC-DMT supervisees, and advise Alternate Route Students. (See more specific details in the ADTA Standards for Education and Training on the Education<Become a DMT> <Alternate Route> landing page)

The application process for the BC-DMT assesses the applicant's understanding, awareness, and skills in integrating DMT and psychology through a culturally aware lens. It is grounded in the ADTA Code of Ethics and scope of practice. The two required essays, focus on the applicant's capacity to (a) articulate a personal framework that integrates DMT and psychology in a culturally attuned manner; (b) provide clinical treatment for a range of individual and systemic issues, (c) assess, diagnose, and implement clinical goals; and (d) provide treatment that is culturally appropriate and reflects sensitivity to the diverse world we live in. The essays are assessed using a set of scoring rubrics and the essays are reviewed by a minimum of two readers to minimize bias.

We wish you good luck and encourage you to reach out with any questions you might have.

Sincerely,

Dance/Movement Therapy Certification Board

TABLE OF CONTENTS

[GENERAL INFORMATION](#)

[DANCE/MOVEMENT THERAPY COMPETENCIES](#)

[BOARD CERTIFICATION REQUIREMENTS](#)

- R-DMT maintenance
- Clinical BC-DMT Internship
- Supervision
- General proficiencies
- ADTA Code of Ethics Compliance

[REQUIREMENT DETAILS](#)

- Clinical BC-DMT Internship Supervision
- Tracking Supervision:

[LETTER OF RECOMMENDATION](#)

[ESSAY INSTRUCTIONS](#)

- Format
- Theoretical framework essay
- Session analysis essay

[APPLICATION SUBMISSION PROCESS](#)

[EVALUATION OF BC-DMT APPLICATION](#)

- Accepted Status*
- Pended Status*
- Rejected Status*

[ADDITIONAL INFORMATION](#)

[CHECKLIST FOR BC-DMT APPLICANTS](#)

[APPEAL PROCEDURES](#)

GENERAL INFORMATION

The BC-DMT credential signifies the attainment of an advanced level of professional DMT proficiency. As a BC-DMT, practitioners are deemed competent to assess and implement DMT interventions independently or through consultation to ensure effective treatment.

The BC-DMT status is also a prerequisite for teaching ADTA approved courses, providing DMT supervision to DMT students working toward the R-DMT, R-DMTs working toward the BC-DMT and to advise Alternate Route Students. (See more specific details for these roles in the ADTA Standards for Education and Training <https://adta.memberclicks.net/alternate-route-training>)

DANCE/MOVEMENT THERAPY COMPETENCIES

Individuals achieving the BC-DMT level have attained the following competencies:

- Able to integrate dance/movement therapy theory into professional practice.
- Able to make interventions within sessions that are goal oriented, serve needs of clinical populations and reflect an underlying theoretical framework.
- Able to communicate clearly on the issues surrounding their professional role, clinical work, and dance/movement therapy knowledge base.
- Able to demonstrate responsibility for professional self-evaluation.

BOARD CERTIFICATION REQUIREMENTS

Requirements for Board Certification are set by the American Dance Therapy Association and evaluated by the Dance/Movement Therapy Certification Board. The following requirements must be met to be eligible to apply for BC-DMT certification:

Current maintenance of the R-DMT

1. All BC-DMT applicants **MUST** have maintained their R-DMT credential for a minimum of 1 full year (a minimum of 12 months) **prior** to applying for the BC-DMT.
2. The R-DMT is attained either through receiving a master's degree from an ADTA Approved Program or through the Alternate Route. Applicants must be R-DMTs before they begin accruing supervised clinical hours for the BC-DMT.
3. Applicants must maintain their R-DMT by renewing their credential every year and complying with the Recertification Continuing Education requirement, every 5-years.
EXCEPTION: Approved Program applicants who have completed all coursework towards their DMT degree except thesis, and who become employed prior to thesis completion and graduation, may begin to accrue BC-DMT Internship hours. When these individuals complete their degree, they must apply for the R-DMT and maintain it for a minimum of one year prior to applying for the BC-DMT.

Clinical BC-DMT Internship

1. Complete 2,400 hours of supervised clinical BC-DMT Internship hours; 600 of the hours may be volunteer work, the remaining 1800 hours must be paid clinical employment. Of the total required clinical internship hours, 1,000 hours must be direct client contact and 500 hours must be providing DMT sessions. (see Paid Clinical BC-DMT Internship

Requirements). At least half of the BC-DMT Internship hours must have been accrued within seven years prior to application for the BC-DMT.

Supervision:

1. Complete at least fifty (50) hours of clinical supervision by a BC-DMT spread throughout the 2400 hours of the clinical BC-DMT Internship.
2. For applicants using private practice clinical hours for their BC-DMT Internship requirements, see additional supervision requirements below.
3. At least 10 hours of the supervision hours must have been accrued within two years of the application to become a BC-DMT.

Dance/Movement Therapy Theory and Practice Proficiency:

1. Demonstrate knowledge, understanding and ability to work independently as a DMT.
2. Proficiency is determined through assessment of two required essays focusing on the applicant's capacity to (a) articulate a personal theoretical approach that integrates DMT theories, psychology theories and a movement observation framework, in a culturally attuned manner; (b) provide clinical treatment for a range of individual and systemic issues, (c) assess, diagnose, and implement clinical goals; and (d) provide treatment that is culturally appropriate and reflects sensitivity to the diverse world we live in.
3. The essays are assessed using a set of scoring rubrics and the essays are reviewed by a minimum of two readers to minimize bias. The applicant must receive a passing score to be granted the BC-DMT.

ADTA Code of Ethics Compliance:

1. All applicants must agree to abide by the DMTCB Code of Ethics and Standards of Practice

REQUIREMENT DETAILS**CLINICAL BC-DMT INTERNSHIP**

1. Includes all direct and indirect clinical work but must include leading clinical DMT sessions.
2. Clinical BC-DMT Internship Site(s) requirement: sites should be a licensed, accredited, or otherwise regulated, mental health, medical, educational, or social services agency, correctional facility, NGO, or community-based program. Clinical BC-DMT Internships do not include apprenticeship, or in-training experience.
3. Job Title: It is not required that the job title be specifically "dance/movement therapist." However, the applicant must verify that at least 500 hours of dance/movement therapy services are being provided. This can be verified either by the BC-DMT Internship Verification Form or the Supervision Hours Verification Form.
4. Clinical hour requirements: A total of 2400 clinical work is required for the BC-DMT. Of the total required clinical internship hours, 1,000 hours must be direct client contact and 500 hours must be providing DMT sessions. This can include a maximum of 600 of the required hours as an unpaid volunteer within a licensed, accredited, or otherwise regulated, mental health, medical, educational, or social services agency, correctional facility, NGO or

community-based program. Clinical BC-DMT Internships do not include apprenticeship, or in-training experience.

5. R-DMT applicants with a license in a clinical mental health profession may accrue hours in private practice under the following guidelines:
 - Applicants who will be using Private Practice hours towards the Clinical BC-DMT Internship requirements, must submit a Letter of 'Intent to Use Private Practice' **prior** to accruing those hours. The Letter of Intent can be downloaded from the DMTCB web page.
 - Applicants using Private Practice hours, must use the designation "R-DMT, Board Eligible" in announcing services and adhere to state and federal license requirements.
 - A maximum of 1800 supervised clinical hours may be accrued towards the BC-DMT through private practice, consultation, or independent contract work settings. (Additional supervision is required; see below.)
 - The remaining hours (minimum 600) must be accrued in a licensed, accredited, or otherwise regulated, mental health, medical, educational, or social services agency, correctional facility, NGO, or community-based program. Clinical BC-DMT Internships do not include apprenticeship, or in-training experience.
 - At least half of the BC-DMT Internship hours must have been accrued within seven years prior to the application.
6. The following do not count toward clinical practice hours:
 - BC-DMT Internships, work/study programs, and fieldwork (this is considered dance/ movement therapy training, not clinical practice)
 - Conducting workshops or courses
7. On the application form, you will be asked to record dates or duration of employment for each position listed. If work hours per week vary over the period of employment at the same job, the Dance/Movement Therapy Certification Board may request a letter of explanation.

SUPERVISION

1. Supervision should comply with the criteria outlined in the Supervision Verification and Evaluation form and the ADTA Supervision Guidelines.
2. The BC-DMT supervisor may or may not be on-site with the supervisee. If the BC-DMT is not on site, there must be another master's level clinician supervising the R- DMT's day-to-day work.
3. BC-DMT Supervision details:
 - **For institutional, agency, or clinical BC-DMT Internship:** fifty (50) hours of supervision throughout the 2400 hours of the clinical internship.
 - **For private practice clinical BC-DMT Internship:** (Maximum total of 1800-private practice hours, of the total 2400-required employment hours)
 - Accrue private practice supervision hours at a rate of 1 hr. of BC-DMT supervision for every 40 hours of private practice work.
 - A minimum of 1 hr. of supervision for every 300 hours of private practice must be observed on-site, live streamed, or video-taped sessions. (For example, for 1800

- hours in private practice, you will need to have 45 hours of supervision, including 6 hours of 'live' session observation supervision).
- A minimum of two hours of observed session supervision must be accrued annually.
4. Supervision may be provided individual or group consultations in-person; off-site or on-site supervision; observation time during dance/movement therapy sessions and post-session processing; electronic or other virtual means of supervision as follows:
- At least twenty-five (25) hours of BC-DMT supervision with the same supervisor.
 - A minimum of twenty-five (25) hours of supervision must be as individual, one-on-one supervision, in an in-person or electronic or in-session observation format.
 - A maximum of four (4) hours for any single group or individual supervisory session will be accepted.
 - At least 10 hours of the supervision hours must have been accrued within two years of your application to become a BC-DMT.
 - Electronic or virtual supervision can include the review of digitally recorded sessions, email consultations, telephone, or videoconference consultations.
 - Digitally recorded session supervision hours are determined by the length of time that it takes for the supervisor to view the video and for the supervisor and the supervisee to process the session together.
 - Supervision hours accrued through telephone, electronic mail and videoconference consultations are determined by the length of time supervisor and supervisee are engaged in phone or on-line consultations. No more than two (2) hours of phone, email, or videoconference supervision may be counted for any individual consultation. (If a telephone conversation lasts 4 hours, only two may be used.)

Tracking Supervision:

- The supervisee is responsible for keeping track of supervision hours. They may use the [Supervision Tracking Form](#) on the web or create their own form to track the amount and type of supervision they received. Do not upload this form with the other documents for your application.
- If there is a discrepancy between supervisors' and applicant's hours of supervision, the application will be pended, and the form will be requested for further verification.
- Both the supervisor(s) and the supervisee should sign the Supervision Tracking Form.

LETTER OF RECOMMENDATION

1. Three (3) Letters of Recommendation are required. The applicant must list the names and contact information of three individuals who will be writing a letter of recommendation for them.
2. The letters should be from:
 - A BC-DMT supervisor who has provided a minimum of 25 supervision hours and has observed the supervisee's clinical work within the last two years.
 - A current clinical supervisor

- Another BC-DMT, a clinical supervisor or a mental health professional familiar with the applicant's work.
3. The applicant is responsible for entering the reference contacts into the application. After the candidate submits the application the references will be emailed the **DMTCB - Application Reference Request Email**. References can complete their requests by clicking the link in the email, filling out the reference fields, and then clicking the "Submit" button. Once all reference requests have been completed the application will be submitted for review and the candidate will receive the **DMTCB - BC-DMT Application Received** email.

INSTRUCTIONS FOR ESSAYS

Both the Theoretical Essay and Single Session Essay are intended to communicate your clinical knowledge, understanding and competency to assess your readiness to become a Board-Certified Dance/Movement Therapist.

BC-DMT ESSAY FORMAT REQUIREMENTS:

Essays will also be evaluated on content, documentation of competency, documentation of understanding, and documentation of readiness to become a BC-DMT, as well as consistency, clarity, format, grammar, and organization. (Refer to BC-DMT Handbook for additional details)

- Do NOT include your name or other similar identifying information in either essay unless it is a significant factor in relationship to your essay content (e.g., how your identity is different from that of your client(s))
- Do NOT include non-relevant identifying information about the client or group you discuss.
- **EACH essay should be a maximum of four (4) double-space typed pages in 12-point type (excluding references).**
- EACH essay should have 1-inch margins, indent paragraphs .5" from left margin, cite sources appropriately, use correct formats for all quoted material, and include only cited sources in the reference list. It is not necessary to include a cover page or running header. Use American Psychological Association Style Guidelines.
(<https://apastyle.apa.org/style-grammar-guidelines/paper-format>)
- EACH essay should be written using correct grammar, sentence structure, and spelling.
- Proofread so that the essay is error-free. (Asking someone to help with structural clarity, organization or editing is encouraged).

Note: If the page limits or font size are exceeded, the DMTCB will not review the application. The applicant will be notified and given 10 days from the time they are notified to resubmit essays. If the revised essay is received after the 10-day window, they will need to reapply the following year.

THEORETICAL FRAMEWORK ESSAY CONTENT REQUIREMENTS:

Your Theoretical essay should discuss the following topics:

1. **The primary dance/movement therapy and psychological theories** that provide a basis for your work, using your own words whenever possible and providing brief clinical examples.
 - Identify at least 2 psychological theories. The core concepts & principles of those theories should be clearly explained, and descriptions included on how they relate to and guide your clinical work. (We recommend discussing no more than 2 theories).

- Identify at least 1 DMT theory/framework. The core concepts and principles of that theory should be clearly explained and how it relates to and guides your clinical work. (We recommend identifying no more than 2 theories).
2. **The movement observation framework(s)/system(s)** you use to observe, guide, and assess your interventions.
- Identify at least 1 movement assessment method (Kestenberg Movement Profile, Laban Movement Analysis, etc.). The core concepts & principles of those methods/systems should be clearly explained and discussed in relation to how they guide your observations & actions in your clinical work.
3. **Your personal theoretical approach.**
- Discuss how your clinical approach integrates the DMT and psychological theories you discuss in relationship to the movement observation system(s) you use. Please include how your personal approach is informed by your analysis and assessment of clinical sessions and how that guides your interventions.
4. **How you adapt and/or adjust your approach with different client(s).** Please discuss how your approach can be used when working with different and/or diverse populations and your awareness of your own identities in relationship to those populations.

Theoretical Essay -Additional Suggestions:

- The Theoretical essay is different from a research paper or case study. The primary focus should communicate your understanding and use of the theories and frameworks that ground your clinical work as a DMT. This also means using your own words whenever possible and providing brief clinical examples.
- You are encouraged to limit your discussion to a few (1-2) of the primary approaches that guide your clinical work, so that your discussion is more deeply thoughtful and less superficial.
- The discussion of the DMT and Psychological theories, should specifically and succinctly describe their underlying core clinical assumptions, concepts, or principles rather than merely identifying partial aspects or elements of the theory. If relevant, you may also include a brief discussion of other cultural perspectives or approaches that expand on relationship to those theories.
- The Movement Observation framework(s) you identify need to be ones that focus on providing structure and language for describing specific, concrete movement and body patterns. Your discussion should include a brief description of the underlying core assumptions that are clinically relevant to the practice of DMT, rather than merely identifying terminology or categories.
- Your Personal Theoretical Approach should succinctly describe how you integrate all the theories and frameworks you have identified. This could include the relationship between the DMT and Psychological theories you discussed and how they are observed using the lens

of your Movement Observation framework. You must also briefly discuss how your interventions are guided by how you combine these various elements.

- The discussion of how you adapt/modify your Personal Theoretical approach should demonstrate cultural/diversity awareness with specific (brief) examples as well as identifying relevant factors in your own identity awareness in relationship to your clients.

SINGLE SESSION ANALYSIS CONTENT REQUIREMENTS:

Describe a specific Dance/Movement Therapy session you conducted in a licensed, accredited or otherwise regulated, mental health, medical, educational agency, social services agency, correctional facility, NGO, or community-based program. It may be a group or an individual session.

Your essay should address the following areas (not necessarily in the order listed):

1. Clinical setting description:

- Characteristics of the population, including sociocultural backgrounds, diagnoses, ages, gender, race, religion, and other relevant demographic/identity details
- If you are discussing a group session, include the number of people in the group
- The session duration
- The length of time working with the individual/group
- At least 3 specific goals related to the group.

2. Session description and discussion:

- Describe the significant aspects of the session in relationship to its goals, and in relationship to your DMT and Psychological core concepts and principles.
- Your description should also include descriptions of significant movement patterns that you observed during the session.
- Discuss briefly, your movement intervention choices and their rationale (e.g., what you observed in their movement that supported your intervention choice); the client's response and your assessment/interpretation of those interventions.
- Discuss your own internal responses to the movement you were observing, as well as how you adjusted your own movement in response to your observations.
- Select one individual and describe their actions and responses in more depth. Include not just movement descriptions but also how their movement expressed underlying emotional, psychological, cultural, relational, or spiritual meaning.
- Discuss how your interventions were informed by your awareness of diversity, power, and other significant aspects of the session.

- Discuss how the session and your understanding of what occurred, related to your personal theoretical approach (as described in your Theoretical Essay).

3. Self-evaluation- Strengths and Challenges

- Evaluate two (2) challenges and two (2) strengths in relation to the session you described.
- Cite specific examples from the session to illustrate your statements.
- Discusses how your personal experiences of comfort or discomfort supported or interfered with your efficacy as a clinician.
- Discusses actions you might take to address these strengths and challenges in your professional development.

Single Session Essay -Additional Suggestions:

- The purpose of this essay is to communicate not just WHAT you DID, but what you OBSERVED (related to movement and body patterns); WHY you chose your interventions and HOW you assessed the results of those interventions.
- You are encouraged to focus on significant sections of the session rather than providing an entire detailed narrative.
- As you discuss the session, please identify the relevant theories or frameworks that underlie your interventions and assessments.
- There should be a correlation between the theories and frameworks discussed in your Theoretical Essay and the ones you use in your Single Session Essay.
- For the section of strengths and challenges- be sure to include your future plans to continue to grow as a clinician.

APPLICATION SUBMISSION PROCESS

In the application, please be sure to have all required details, information, and materials accessible prior to entering any information into the application form.

We are using a new application program and like any new process there might be some unexpected kinks that occur. We are here to assist those who may experience any difficulties or have questions regarding the electronic form process. Please contact the ADTA National Office at DMTCB@ADTA.ORG or (518) 704-3636.

Applications and supplemental materials must be submitted by January 15 of the submission year. Refer to the BC-DMT Application Instructional Guide for specific information, forms, and submission details.

The Applicant is responsible for:

- Submitting the completed application form & essays online.
- Ensuring that supplemental materials and forms (letters of recommendation, employment verifications, supervision forms etc.) are completed .

- It is the applicant's responsibility to ensure that all individuals submitting supplemental materials submit them accurately and in a timely manner.
- **Do not submit the Supervision Tracking Form with your application.** It will only be requested if there is a discrepancy between records and those of their supervisor.
- All submitted materials must be accurate, complete, and legible.
- Incomplete applications will be automatically pended.
- All documentation must be in English.
- All applications must be signed.
- Paying the non-refundable application fee of \$200 by clicking on the electronic payment button.

All official communications *must* be in writing.

Clarification of issues is handled by the Dance/Movement Therapy Certification Board Chair only.

EVALUATION OF BC-DMT APPLICATIONS

The BC-DMT Panel reviews all applications for the BC-DMT. Applicants will receive notification of the Panel's decision approximately 4 – 5 months after the application due date.

Evaluated applications are either **PASSED, PENDED, OR FAILED**. See below for specific details about the specific evaluation criteria.

PASS STATUS

An application that is **PASSES**, results in the applicant becoming a BC-DMT.

PEND STATUS

An application that is **PENDED**, may be revised, and resubmitted to the DMTCB office (dmtcb@adta.org) within 1 month of receipt of the Pend notification. If the pended essay is resubmitted and is passed the applicant becomes a BC-DMT. If the revised essay is pended or if the applicant does not resubmit a revised essay in the allowed time, the applicant will need to apply the following year and will be expected to pay a new application fee.

Applicants may be pended for the following:

- Not maintaining R-DMT for a minimum of one full year (12 months), prior to applying for the BC-DMT
- Insufficient clinical BC-DMT Internship hours
- Insufficient supervision hours
- Low Score (<42) on Evaluation Forms

In any of the examples listed above, the panel will request additional documents that provide proof of meeting the application requirements. If the documentation is received, the panel will continue to review the application essays. If not, the application will be **FAILED**.

- Applicants also may be pended for insufficient demonstration of expertise. Pended applications will receive a detailed explanation of the reasons for the PENDING, which may be revised and resubmitted, once.

- Revised essays must be submitted within one month of receiving the evaluation notification (An extension of up to 3-months total may also be requested)
- Only one re-write of an essay is allowed per application. If the re-written essay(s) does not receive a passing score, the application is FAILED, and the applicant may re-apply and submit a new application fee the following year.
- It is at the panel's discretion to extend the assessment of the application beyond the deadline to meet its own evaluation requirements if unexpected problems arise, which makes it impossible to review material or to meet as a panel.
- There is an appeal procedure available to individuals whose revised application did not pass.

FAIL STATUS

An application may be **FAILED** for the following reasons:

- The applicant has not been granted the R-DMT or has let their R-DMT credential lapse for at least one year (12 months) prior to applying for the BC-DMT.
- The applicant has fewer than 2400 total clinical hours (including 1000 direct client contact and 500 leading DMT sessions) as of January 15th of the application year.
- The applicant has fewer than fifty (50) supervision hours as of January 15th of the application year.
- The applicant fails to demonstrate expertise in DMT, as evidenced by a failing score on either or both required essays. The reasons for the rejection score will be included in a letter to the applicant.
- The applicant provides unsatisfactory letters of recommendation.

A Failed application may apply again the following year.

There is an appeal procedure available to individuals whose application has been FAILED.

ADDITIONAL INFORMATION

- BC-DMT Applicants must comply with the requirements and guidelines in this Handbook.
- The Dance/Movement Therapy Certification Board considers all applications and related materials confidential. All materials are the property of the DMTCB.
- BC- DMT status must be maintained by paying the annual maintenance fee, complying with Recertification requirements every 5-years, and complying with the ADTA Code of Ethics and Standards of Practice.

CHECKLIST FOR BC-DMT APPLICANTS

Before entering any application information, please make sure you have completed all the tasks on the checklist below and have all required details accessible.

Forms available online www.adta.org/dmtcb

Application must be submitted by midnight Eastern Time of January 15th

A complete application folder contains:

- [Completed BC-DMT Application](#)
- Theoretical Framework essay
- Single Session Analysis essay
- **Clinical BC-DMT Internship Verification Form(s).** The applicant is responsible for entering the reference contacts into the application. After the candidate submits the application, the references will be emailed the **DMTCB - Application Reference Request Email**. References can complete their requests by clicking the link in the email, filling out the reference fields, and then clicking the “Submit” button. Once all reference requests have been completed the application will be submitted for review and the candidate will receive the **DMTCB - BC-DMT Application Received** email.
- **Supervision Verification & Evaluation Form(s).** The applicant is responsible for entering the reference contacts into the application. After the candidate submits the application, the references will be emailed the **DMTCB - Application Reference Request Email**. References can complete their requests by clicking the link in the email, filling out the reference fields, and then clicking the “Submit” button. Once all reference requests have been completed the application will be submitted for review and the candidate will receive the **DMTCB - BC-DMT Application Received** email. Each clinical BC-DMT Supervisor is to complete and submit, documenting a minimum of 50 hours of BC-DMT supervision.
- **Letters of Recommendation Forms:** The applicant is responsible for entering the reference contacts into the application. After the candidate submits the application, the references will be emailed the **DMTCB - Application Reference Request Email**. References can complete their requests by clicking the link in the email, filling out the reference fields, and then clicking the “Submit” button. Once all reference requests have been completed the application will be submitted for review and the candidate will receive the **DMTCB - BC-DMT Application Received** email. Three (3) Letters of Recommendation (LOR) are required (one each) to each of the following:
 - a BC-DMT supervisor who has provided a minimum of 25 supervision hours and has observed your clinical work within the last two years.
 - a current clinical supervisor
 - another BC-DMT, a clinical supervisor or a mental health professional familiar with the applicant’s work.
- Completed and signed agreement to abide by the Code of Ethical Practice
- \$200.00 application non-refundable application fee.

DO NOT SUBMIT - Supervision Hours Tracking Form - unless requested by the DMTCB due to a question or discrepancy.

APPEAL PROCEDURES

The applicant may choose to appeal the DMTCB's decision if they feel that there are compelling reasons for a different outcome.

FIRST APPEAL SUBMISSION PROCESS

- The applicant has 30 days to send a written appeal to the DMTCB Chair (DMTCBchair@adta.org).
- Appeals must be in a written document format and not relayed by phone or email.
- General questions about the appeal or the appeal process should be directed to the DMTCB Chair. (dmtcbchair@adta.org)
- The appeal should state why the decision is being appealed and provide additional evidence or explanations to support a reevaluation of the application. This might include:
 - Evidence that the applicant's eligibility was incorrectly reviewed and denied.
 - Evidence that the application was incorrectly scored or evaluated.
- The appeal should include a signed and dated letter stating:

"I understand that this appeal is a confidential proceeding between myself and the DMTCB Appeal Board. I also release the DMTCB and any other third parties from any liability claims related to the credential evaluation or appeal process. "
- Within 30 days of receipt of the appeal, the DMTCB Chair reviews and reevaluates the appeal and sends an explanation of the decision to the Appellant/Applicant.

SECOND APPEAL SUBMISSION PROCESS:

- The applicant has 30 days from being notified of the first appeal decision to file a second appeal to the DMTCB Chair (DMTCBchair@ADTA.org). Appeals received after this date will not be reviewed or considered.
- A second appeal is limited to the submission of new or previously unknown information that is directly relevant to the applicant's eligibility (e.g., current BC-DMT status).
- The appeal must be written and contain the following information:
 - The identity and signature of the applicant submitting the appeal.
 - Evidence of new or previously undiscovered information that was not reasonably available to the applicant prior to the first appeal.
- The appeal should also include a signed and dated letter stating,

"I understand that the outcome of this second appeal is final, and I will accept its decision. I also understand that this is a confidential proceeding and I release the DMTCB and any other third parties from any liability claims related to the credential evaluation or appeal process. "
- Upon receipt of the second appeal, and within 45 days, a review panel is convened by the DMTCB Chair.

The Panel consists of three (3) members including:

 - One DMTCB member from the original review process.
 - Two additional DMTCB-connected panel members who have not yet been involved in the application or appeal process for this applicant- e.g., a past or present DMTCB Board member and/or a past DMTCB Chair.
- Within 30 days, the Panel reviews and evaluates all relevant materials related to the appeal and sends a summary of its decision to the DMTCB Chair.
- The DMTCB Chair informs the applicant of the final decision.

END OF APPEAL PROCESS

Appeals are closed, and considered final when any of the following occurs:

- The stated time for any of the steps in the appeal process for which the applicant is responsible has been exceeded.
- The appeal is withdrawn or terminated by the applicant.

The decision on a second appeal has been determined and communicated to the applicant.

CODE OF ETHICS

Before signing the application, **ALL APPLICANTS MUST READ THE CODE OF ETHICS AND STANDARDS OF THE AMERICAN DANCE THERAPY ASSOCIATION (ADTA) AND THE DANCE/MOVEMENT THERAPY CERTIFICATION BOARD (DMTCB).**