

GUIDELINES FOR BC-DMT CONTINUING EDUCATION CATEGORIES:

Continuing Education hours must be accrued in more than one activity area. Please seek opportunities to continue your education in areas that would most benefit you and your clients.

NOTE: Please be sure to retain all CE documentation for 5-years following the date you recertify. You may delete them following that 5-year period.

CE CATEGORY BCDMT: 100 CE hours minimum in 5-yrs BCDMT-RP: 10 CE hs minimum in 5-yrs (RP= Reduced Practice)	TOTAL CE HOURS ALLOWED	REQUIRED DOCUMENTATION
EDUCATION Content for Education CEs includes but is not limited to: DMT Theory & Practice, individual, family, & group dynamics, specific populations; treatment approaches, movement interventions, movement observation & analysis, administration, research methodology & design, evaluation, ethics, private practice, licensure preparation, diversity, equity, inclusion, justice, and multicultural topics.	100 hr. max. in 5-years	
CONTINUING EDUCATION Courses in work settings; in professional institutes; professional conferences (includes ADTA conference & chapter workshops) clinical licensure preparation; Clinical therapy courses.	100 hrs total/5 years Determined by provider (1 class hr= 1 CE hour)	Participation certificate
ACADEMIC EDUCATION Enrollment for credit with passing grade	100 hrs total/5 years Determined by provider (1 class hr= 1 CE hour)	Transcript(s)
PUBLISHING	50 hrs. max. in 5-years	
Authoring/editing professional development/academic book	50 CE hours	Copy of cover page
Authoring a refereed article or chapter	25 CE hours	Copy of cover page
Authoring a non-refereed article or chapter	5 CE hours	Copy of cover page
Serving on an editorial board for one year	10 CE	Confirmation Letter
Producing/authoring a DMT educational or informational video	25 CE hours	Copy of credits

RESEARCH	50 hr. max. in 5- years	
Research team member actively engaged in project	20 CE hours each	Confirmation Letter
Primary or co-author of a new research proposal or grant	50 CE hours each	Confirmation Letter
ADVOCACY	50 hrs. max in 5 years	
Advocating for dance/movement therapy or providing expertise to institutions or allied associations (NCCATA officer, non-paid consultant, delegate to special interest group)	10 CE hours each year	Confirmation Letter
Advocating for dance/movement therapy to prospective dance/movement therapists at career/college days or other contexts	2 CE hours each year	Confirmation Letter
Serving as state government affairs liaison to monitor laws and bills pertaining to dance/ movement therapists for one year	10 CE hours each year	
ADTA Leadership services (each year) including: • ADTA/DMTCB Board member • ADTA/DMTCB Committee, Subcommittee, task force member • ADTA Conference chair, co-chair • ADTA Chapter Officer	10 CE hours each year	Template
Teaching a course or presenting a workshop for the first time	1 hr.= 1 CE hours 2 CE hours each year	Confirmation Letter
SUPERVISION	20 hrs. max in 5 years	
Providing supervision for RDMT or BCDMT Interns	4 hrs supervision = 1 CE hour	Template
Receiving supervision (peer, group, individual)	4 hrs. supervision = 1 CE hour	Template

OTHER	20 hr. max. in 5- years	
Reading professional literature or research/year	4 CE hrs.	Template
Structured dance, movement, ethnic, body therapy classes) for one year	4 CE hrs.	Participation Certificate