

| Wednesday November 4               |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                     |                         |
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|                                    |          | Workshop                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Presenter(s)                                        | CE Credits              |
| 8:00 AM                            | 4:00 PM  | Board Meeting: Open to ADTA Members as silent observers (8am-12pm ONLY)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                     |                         |
| 6:00 PM                            | 7:00 PM  | Approved Program Education Meeting                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                     |                         |
| 12:00 PM                           | 7:00 PM  | Conference Check-In & Information Desk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                     |                         |
| Thursday, November 5               |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                     |                         |
| Start Time                         | End Time | Workshop                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Presenter(s)                                        | CE Credits              |
| PRE-CONFERENCE FULL DAY INTENSIVES |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                     |                         |
| 9:00 AM                            | 4:00 PM  | <b>Introduction to Dance/Movement Therapy</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                     |                         |
|                                    |          | Throughout time and cultures dance has been an expressive resource for health and healing. In contemporary times when our world seems dominated by computers and new technologies, therapies that connect the body, mind, emotions and spirit are more essential than ever. This six-hour workshop for community members with all levels of dance or therapy experience, provides an experiential and didactic exposure to the power of dance/movement therapy. Participants will learn about the history of dance/movement therapy (DMT), contributions of early innovators and their methods, contemporary clinical applications in diverse populations and how expressive dance and movement enhance therapy practices and personal growth.                                                                                                     | Bonnie Bernstein<br>Anne Krantz<br>Nana Koch        | 6 (ADTA; NBCC; NY LCAT) |
| 9:00 AM                            | 4:00 PM  | <b>"...And move between the earth and the sky" Embodying poetry with Interactive Dance Improvisation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                     |                         |
|                                    |          | Poetry helps express emotions, gain insights, and enhance empathy. Integrating poetry with dance/movement therapy enriches therapeutic processes and healing. Selected poems from different cultures and periods, that emphasize presence and resiliency, are introduced, embodied and expressed in dance/movement improvisation. Without music, poems' words and phrases permeate the body and inspire authentic movement that emerges from within, clarifying their rich meaning. Following Mettler-based dance principles, participants dance together, deepening the sense of shared humanity and closeness that poetry evokes. Creating embodied poems in small groups, Q&A, guidance for choosing poems and implementing embodied poetry in participants' work conclude the workshop.                                                        | Yael Schweitzer                                     | 6 ADTA, NBCC, NY LCAT   |
| 9:00 AM                            | 4:00 PM  | <b>Embodied Treatment: Eating Disorders &amp; Beyond</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                     |                         |
|                                    |          | Individuals with eating disorders, trauma, and related conditions often experience a profound disconnection from their bodies, relying instead on emotionally driven behaviors that offer an illusion of control. These behaviors can become entrenched coping mechanisms that obscure access to bodily felt experience, emotional awareness, and authentic self-connection. This workshop presents an embodied framework that supports reawakening interoceptive awareness and connecting with the body as a source of meaning, regulation, and relational engagement. Participants will be invited into interactive dialogues drawn directly from their experiences, supporting the emergence of a clearly defined DMT approach grounded in relational embodiment and empirical reflection.                                                      | Susan Kleinman<br>Audrey King                       | 6 (ADTA; NBCC; NY LCAT) |
| 9:00 AM                            | 4:00 PM  | <b>Gurruṭu</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                     |                         |
|                                    |          | Participants gain an embodied understanding of the evolving role of dance (bungul) in knowledge transmission for Yolngu people in East Arnhem land Participants experience and reflect on the deep wisdom carried through Gurruṭu and traditional life practices in support of wellbeing and connection, and how these practices are changing and adapting across generations. Participants will reflect and gain a deeper insight into the way their own heritage/ ancestry plays out in the way we are sustained and what we bring forward into our practices and rituals in both the personal and professional realm.                                                                                                                                                                                                                           | Sylvia Nulpinditj<br>Alexandra Jordan<br>Amber Gray | 6 (ADTA; NBCC; NY LCAT) |
| HALF DAY INTENSIVES                |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                     |                         |
| 9:00 AM                            | 12:00 PM | <b>Developmental Connectivity and Professional Identity</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                     |                         |
|                                    |          | Though clinical supervision is an expected aspect of training for all dance/movement Within the larger system of Laban's method of movement analysis, Irmgard Bartenieff became well-known for articulating several body-organization principles that continue to mobilize and inspire a variety of movers and movement facilitators even today. This presentation offers a framework for understanding professional development across the career span for dance/movement therapists, using the Bartenieff Fundamentals as a template for facilitating personal and professional growth and development. In so doing, participants are invited to strengthen and celebrate their own embodied wisdom as a sustainable resource that travels with them across time, supporting them, their clients, and the communities they serve.                | Ryan Kennedy<br>Francisca Mix                       | 3 (ADTA; NBCC; NY LCAT) |
| 9:00 AM                            | 12:00 PM | <b>From Polarities to Possibilities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                     |                         |
|                                    |          | This workshop examines how privileged and marginalized identities live in the body, while exploring AI as both mirror and creative partner in dance/movement therapy today. Rather than framing AI as a replication of dominant norms, participants will consider its potential to surface bias, support cross-cultural translation, and expand our capacity to imagine what has not yet been possible. Drawing inspiration from frameworks that center marginalized wisdom and reimagine technology as a site of liberation, we will explore how embodied practice and emerging technologies might converge to support equity, relational complexity, and shared humanity.                                                                                                                                                                        | Wendy Allen<br>Marcia Bonato Warren                 | 3 (ADTA; NBCC; NY LCAT) |
| 9:00 AM                            | 12:00 PM | <b>Queering Dance/Movement Therapy</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                     |                         |
|                                    |          | Dance/movement therapists (DMTs) often balance their own intersectionality while promoting and encouraging exploration in the individuals they serve. This presentation, led by queer-identifying DMTs, provides a platform to define distinctive needs of lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and otherwise identifying (LGBTQIA+) clients. The intersections of racial, cultural, religious, socio-economic, age, neurodiverse and additional identities, alongside LGBTQIA+ identities, have unique considerations to be supported. This panel invites collaborative conversation and consideration of the ways both clinician and client identity informs and impacts the therapy process. We aim to facilitate an opportunity to advocate for and elevate LGBTQIA+ driven and knowledgeable practices. | Stephanie Kilper<br>Amber Supernor<br>Kristen Crowe | 3 (ADTA; NBCC; NY LCAT) |
| 9:00 AM                            | 12:00 PM | <b>Brainspotting and Authentic Movement</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                     |                         |
|                                    |          | This intensive will remind participants of foundational concepts of Authentic Movement and introduce them to the fundamentals of Brainspotting, a potential "tidal change" when integrated with Authentic Movement. It will highlight the similarities of both interventions, as well as their differences, to indicate viable points of integration, and will include experiences of both interventions, a demonstration, and the opportunity for participants to experience the integrated approach. Brainspotting integrated with Authentic Movement extends the healing possibilities, changing the healing tide. This integration is an additional tool to support dance/movement therapists in their efforts to care for clients, communities, and themselves.                                                                               | Virginia Hill                                       | 3 (ADTA; NBCC; NY LCAT) |

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| 12:00 PM                                   | 1:00 PM  | Approved and Alternate Route Joint Educators Meeting (Closed)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                   |                           |
| 1:00 PM                                    | 4:00 PM  | <b>Returning Home: An Embodied Artistic Inquiry Process</b><br>This workshop explores the embodied artistic inquiry process as a pathway to self-awareness, belonging, and relational support. Grounded in Dance Movement Therapy, Gestalt Therapy, and expressive arts, as well as culturally sensitive and anti-oppressive practices, participants will engage in movement-based creative exploration to reclaim their bodies and deepen their embodied sense of self. Using their own choice or guided prompts, participants will reflect on personal narratives through movement and multimodal artistic expression. By co-creating and witnessing within a supportive environment, participants will cultivate resilience and attunement. They will leave with tools for application in therapeutic settings, education, and personal self-care.                                                                         | Giselle Ruzany<br>Chevon Stewart                                                                                                  | 3 (ADTA; NBCC; NY LCAT)   |
| 1:00 PM                                    | 4:00 PM  | <b>Documenting the Body</b><br>This presentation explores the essential role of body observation documentation in mental health systems and its significant impact on patient care. DMTs have a unique skill set in providing niche observation that includes data beyond verbal expression of the client. This presentation will explore how the DMT can effectively communicate their unique clinical perspective to demonstrate their expertise and promote inclusion of the observed data into the clinical record within medical models of large mental health systems. The presentation will address the unique perspective of DMTs, large mental health systems record keeping and ethics in documentation.                                                                                                                                                                                                            | Sara McIntyre                                                                                                                     | 3 (ADTA; NBCC; NY LCAT)   |
| 1:00 PM                                    | 4:00 PM  | <b>Creating Connections: A Dance/Movement Therapy Response to the National Epidemic of Loneliness and Isolation</b><br>This experiential intensive interweaves movement, rhythm, discussion, and reflection to explore the role of dance/movement therapy in addressing the national epidemic of loneliness and isolation. Participants will engage in practices that foster connection, empathy, and belonging while examining applications beyond clinical settings. As specialists in embodied relationship, dance/movement therapists have both an opportunity and a responsibility to contribute to broader public health conversations. Together, we will consider how the principles of movement, rhythm, and embodied connection can be applied to foster social connection, strengthen communities, and support public health.                                                                                       | Lora Wilson                                                                                                                       | 3 (ADTA; NBCC)            |
| 1:00 PM                                    | 4:00 PM  | <b>Dancing Connection Across Dementia Care</b><br>Dance/Movement Therapy (DMT) offers unique opportunities to support people living with dementia and their care partners through movement, creativity, and embodied relationship. This experiential intensive explores how DMT fosters connection, agency, co-regulation, and vitality across both in-person and virtual settings. Drawing from decades of clinical and community-based practice, participants will engage in movement experiences and discussion informed by person centered dementia care, neurorehabilitation, and contemporary understandings of neuroplasticity. Special attention will be given to nonverbal communication, therapeutic attitude, and adaptations for videoconference-based practice. The workshop highlights strengths-based approaches that promote participation, meaning-making, resilience, and human flourishing.                | Donna Newman-Bluestein<br>Cecilia Fontanesi                                                                                       | 3 (ADTA; NBCC; NY LCAT)   |
| Site-Specific Performance: Free to Attend! |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                   |                           |
| 4:05 PM                                    | 5:10 PM  | <b>“Listening to the Land” ~ a Site-Specific Performance/Movement Choir in nearby park</b><br>All Conference attendees are invited to this year’s Site-Specific Performance!<br><br>As we walk to the park, we will create movement patterns. At the park, we will use our embodied listening as we create a Movement Choir. The park itself carries the history of the Tongva presence, the people who stewarded this coastline for the past ten thousand years. This park was once a Tongva village, and holds grief and persistence in its very ground. Our intention is to create beauty and to honor this land through our dancing, coregulating with the site and with each other.<br><br>Meet at the hotel front entrance shortly after 4:00. We will leave at 4:10 pm. We will be back around 5:10 pm. We would love to have you join us. Rain or shine.                                                              | Marylee Hardenbergh                                                                                                               | 1 (ADTA)                  |
| 4:15 PM                                    | 5:15 PM  | Men's Caucus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                   |                           |
| 4:15 PM                                    | 5:15 PM  | DMTCB Committee Meeting (Closed)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                   |                           |
| 4:15 PM                                    | 5:15 PM  | Chapter Leaders Meeting                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                   |                           |
| 5:30 PM                                    | 6:45 PM  | MultiCultural Diversity Committee (MDC) Open Meeting                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                   |                           |
| 5:30 PM                                    | 6:15 PM  | Research Poster and Thesis Project Poster Session                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                   |                           |
| 7:00 PM                                    | 9:00 PM  | Welcome & Opening Ceremony                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Contra-Tiempo: Activist Dance Theater                                                                                             |                           |
| Friday November 6                          |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                   |                           |
|                                            |          | Workshop                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Presenter(s)                                                                                                                      | CE Credits                |
| 7:00 AM                                    | 6:00 PM  | Conference Check-In & Information Desk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                   |                           |
| 7:30 AM                                    | 8:20 AM  | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                   |                           |
| 7:15 AM                                    | 5:00 PM  | Exhibits Open                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                   |                           |
| 8:30 AM                                    | 10:00 AM | KEYNOTE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Ana Maria Alvarez                                                                                                                 | 1.5 (ADTA)                |
| 10:15 AM                                   | 11:45 AM | <b>PLENARY: Ethics: What's Race (And Other Differences) Got to Do With It?</b><br>Practicing effective ethical behavior involves more than abiding by the ADTA's Code of Ethics and Standards to the letter. There is also the spirit to consider when applying the Code to ethical behavior. This presentation looks at the concept of being “ethics intentional” and what this concept means as clinicians, educators, and practitioners, and our everyday efforts to be good citizens who can own and share a broad array of identities as professionals. Members of the Standards & Ethics Committee will present on how owning and sharing our own identities is central to making ethically intentional decisions both professionally and personally. Attendees will have an opportunity to review various hypothetical situations involving ethical decision-making, identity and discussing their own considerations. | Douglas Cornman<br>Cathy Peek<br>Jenn Whitley<br>Liz Powers<br>Meg Chang<br>Pamela Faith Lerman<br>Selena Coburn<br>Lauren Mickle | 1.5 (ADTA; NBCC; NY LCAT) |
|                                            |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                   |                           |
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| <b>12:00 PM</b> | <b>1:30 PM</b> | <b>Annual Business Meeting Lunch &amp; Award Ceremony</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                    |                            |
| 1:45 PM         | 4:45 PM        | <b>Data Collection to Clinical Practice</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                    |                            |
|                 |                | How does one lay the foundation to do meaningful and innovative research within one's clinical practice? This workshop will provide an overview of dance/movement therapy approaches with military-connected individuals and detail different forms of data collection that are currently in process including: creating note templates that link interventions with movement observation, movement analysis as part of a case study, and the use of biomechanics to assess movement and track clinical progress in DMT. Through group movement experiences and discussions, participants will critically examine how to apply these and other approaches to data collection in their individual practice.                                                                                                                | Liz K Freeman<br>Rebekka Dieterich-Hartwell<br>Dr. Elizabeth Bell<br>Kristine Chieko<br>Lilia Keliiliki                                                                            | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 4:45 PM        | <b>Undoing Shame Through Burlesque Embodiment</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                    |                            |
|                 |                | Sexuality and sensuality are inherently somatic experiences of all humans, yet many are disconnected from them due to oppression, marginalization, stigma, and trauma. For centuries, burlesque has offered an avenue to explore sensuality and has been central to the presenters' personal growth. White supremacy, patriarchy, and capitalism thrive on the stigmatization of sex work, while burlesque challenges this shame and reclaims natural, healthy aspects of identity. This workshop explores how burlesque can be utilized as a therapeutic intervention to examine sexuality, sensuality, pleasure, confidence, embodiment, and gender norms in a supportive, consent-centered space.                                                                                                                      | Kali Skodack<br>Kristen Crowe                                                                                                                                                      | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 4:45 PM        | <b>Shaping the Future of Dance/movement Therapy Supervision</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                    |                            |
|                 |                | Clinical supervision is a foundational component of training and professional development in dance/movement therapy. As the field continues to evolve, supervision practices are also shifting in response to changes in professional standards, technology, and sociocultural considerations in clinical practice. This interactive session invites participants into a collaborative exploration of supervision across time, highlighting both historical foundations and emerging practices. Presenters will share insights from the ADTA subcommittee currently exploring supervision practices and preliminary data gathered from the field. In the spirit of collective inquiry, the session will create space for participants to contribute their own perspectives related to supervision.                        | Dr. Chevon Stewart<br>Dr. Wendy Allen<br>Dr. Robyn Flaum Cruz<br>Dr. Darci Nelsen                                                                                                  | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 4:45 PM        | <b>Using Fairytales in DMT</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                    |                            |
|                 |                | Physical Storytelling (PS) is a dance/movement-based clinical method grounded in improvisation, witnessing, and embodied metaphor-making. The Improvised Fairytale is a core practice within PS, integrating spontaneous storytelling and movement dialogue without predetermined outcome, allowing relational themes to emerge through shared improvisation. This presentation includes material from Dance/Movement Therapy supervision and family dance therapy, demonstrating how the form synthesizes complex clinical material into embodied narrative form. Examples from international arts-based research show cross-cultural applicability. The method supports diversity, equity, and inclusion by engaging participants in shared improvisation that allows all voices to influence the co-created narrative. | Steven A. Harvey<br>E. Connor Kelly                                                                                                                                                | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 4:45 PM        | <b>Dance/Movement Therapy of Blanche Evan</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                    |                            |
|                 |                | This experiential workshop highlights the newly published book, "The Dance/Movement Therapy of Blanche Evan: Life is Movement." This book details Evan's evocative performance history and a dance philosophy informing her lifelong innovative therapeutic process. Participants will experience Evan's creative dance pedagogy, system of Functional Technique for health and rehabilitation, depth-oriented dance/movement therapy methods developed for the "normal neurotic" client, and the authors' contemporary applications of Evan's methods addressing chronic illness and trauma recovery. In our contemporary world dominated by rapidly evolving computer technologies, Evan's methods connecting body, mind, emotions and spirit, provide invaluable resources for therapy and personal growth.            | Bonnie Bernstein,<br>Anne Krantz                                                                                                                                                   | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 4:45 PM        | <b>Exploring the Tide Pools of Identity</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                    |                            |
|                 |                | This presentation focuses on grief as a central, and often overlooked, tenet of neurodivergent identity. Attendees will use the neuro-affirming care framework as a guide to explore how grief, pride, and self-discovery intersect. Discussion will address how the journey of neurodivergent identity development includes concurrent and ever-evolving experiences of grief and pride throughout life. Embodied experientials will support the co-creation of interventions for neurodivergent clients that enhance positive self-identity and self-care practices amidst the grief and unmasking processes. Participants will leave with an enhanced understanding of how grief and pride can support self-discovery and compassionate therapeutic care for the neurodivergent community.                             | Emma Mamis<br>Stephanie Kilper<br>Katy Hanlon Bruns<br>Cara Spilsbury                                                                                                              | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 4:45 PM        | <b>Invited: Ways of Seeing™: Embodied Observation Across Cultures, Communities, and Virtual Space - 23rd Childhood Forum</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                    |                            |
|                 |                | As DMT enters new horizons shaped by emerging technologies and global connection, clinicians are called to deepen their capacity for embodied observation and relational attunement. This workshop presents Ways of Seeing™ (WOS), Tortora's international online training that cultivates advanced observational skills for understanding the nonverbal communication of infants and caregivers, focusing on how to support cultural humility across diverse populations. Co-presenters from the training share their experiences learning in a virtual global community and demonstrate how WOS living- curriculum provides principles that inform their clinical work with populations including neurodivergence, physical disabilities and children and adults with early childhood trauma.                           | Suzi Tortora<br>Maria Ioannidou<br>Sarah Koerner<br>Jung-Hsu (Jac) Wan<br>Elaine de Bois Brillant<br>Flora Fang Xiong<br>Alenka Lin Vrbančič Simonič<br>Fabiana dos Reis Marchiori | 3 (ADTA; NBCC; NY LCAT)    |
| 1:45 PM         | 3:00 PM        | <b>Restoring Movement in Autistic Catatonia</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                    |                            |
|                 |                | This presentation examines the use of Dance/Movement Therapy (DMT) in addressing the psychomotor and relational sequelae of autistic catatonia in a neurodivergent adult diagnosed with Autism Spectrum Disorder and Tourette Syndrome. Grounded in principles of diversity, equity, and inclusion, the case illustrates embodied interventions targeting movement initiation, motor rigidity, and social engagement, adapted to sensory and relational differences. Clinical progression, movement analysis, and shifts in agency are discussed. The presentation also explores the cautious, ethical use of artificial intelligence to support literature synthesis and clinical reasoning, inviting critical dialogue on integrating emerging technologies into relational DMT practice.                               | Tania Lazuk                                                                                                                                                                        | 1.25 (ADTA; NBCC; NY LCAT) |
| 1:45 PM         | 3:00 PM        | <b>Demand for Introductory DMT Education</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                    |                            |

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|         |         | <p>Rising undergraduate student demand for Introductory Dance Movement Therapy (DMT)</p> <p>This presentation offers hands-on guidance, encouragement and inspiration to DMT practitioners who design and deliver “Introductory Dance Movement Therapy” courses for students in higher education at the undergraduate level or who are considering doing so. Student demand for “Introductory DMT” courses has increased since Covid. While many students prefer to enroll in fully-online courses, a significant number of students still appreciate and are drawn toward courses that provide learning opportunities involving physical and artistic expression, creativity and connection.</p> <p>Participants in this presentation/workshop will learn the core topics covered in the course; methods of instruction designed to engage students in dance movement experiential learning; the process of evaluating student progress; and the use of technological tools and mentoring to reinforce classroom community learning as well as extracurricular related activity.</p> | Eleanor M. DiPalma                           | 1.5 (ADTA; NBCC; NY LCAT)  |
| 1:45 PM | 3:00 PM | <p><b>Embodied Affirmative Staff Training</b></p> <p>This presentation introduces an embodied staff training that prepares non-clinical frontline workers to facilitate Affirmative Moving, a movement-based support group for LGBTQ+ people in homelessness-service settings. Informed by dance/movement therapy, trauma-informed principles, and minority stress theory, the training responds to the somatic and relational demands placed on staff working with communities disproportionately affected by stigma and structural violence. Diversity, equity, and inclusion are addressed through a somatic lens by examining how oppression is embodied and by equipping frontline staff with accessible practices that support emotional regulation, relational safety, and identity-affirming group facilitation within their professional roles.</p>                                                                                                                                                                                                                          | Sujin Ma                                     | 1.25 (ADTA; NBCC; NY LCAT) |
| 1:45 PM | 3:00 PM | <p><b>Wearables and VR-Assisted DMT Research</b></p> <p>This presentation explores emerging applications of wearable and immersive technologies in dance/movement therapy (DMT) research. Drawing on our recent projects, we highlight the use of accelerometry to assess interpersonal synchrony with children in group DMT, offering objective metrics of rhythmic alignment and co-regulation, and physical activity with adults with chronic pain. We also introduce a virtual reality-supported DMT intervention for older adults designed to enhance cognitive health as well as psychological well-being. Participants will examine methodological and ethical considerations to consider how technology can complement core DMT values of embodiment, attunement, creative expression, and relational presence.</p>                                                                                                                                                                                                                                                           | Nalini Prakash<br>Minjung Shim               | 1.25 (ADTA; NBCC; NY LCAT) |
| 3:00 PM | 3:15 PM | <b>BREAK for 75 Minute Workshops</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                              |                            |
| 3:15 PM | 4:30 PM | <p><b>Embodied Wisdom in Artificial Times</b></p> <p>Artificial intelligence is reshaping knowledge production, relational presence, and therapeutic practice. This session asks what forms of intelligence remain irreducible to algorithmic systems. Drawing on embodied cognition, transcultural consciousness, and critiques of technological capitalism, it explores embodied wisdom as culturally inscribed, multisensory, and relational knowing that defies computational capture. Ethical and political tensions between abstraction and lived embodiment are examined alongside issues of bias, digital inequity, surveillance, and power. Through lecture, discussion, and movement exploration, participants cultivate their own embodied wisdom so as to navigate integration, resistance, and responsibility in the context of increasingly technologically mediated therapeutic practice.</p>                                                                                                                                                                          | Sara 'Zora' Boas                             | 1.25 (ADTA; NBCC)          |
| 3:15 PM | 4:30 PM | <p><b>Embodied Reflections on Emergent Technosexuality</b></p> <p>As AI increases in availability, our clients are turning to chatbots and avatars for relationship concerns, erotic imagery, and companionship. With the use of AI comes benefits as well as negative consequences, and much of its impact on our hearts and bodies is still unknown. In this experiential presentation we will present some common ways that your clients may engage with AI for purposes of emotional and sexual intimacy, and explore participants' embodied responses and emergent biases. Through this, we hope to begin a conversation around how we, as dance/movement therapists, can meet our clients' emerging relationships with technology.</p>                                                                                                                                                                                                                                                                                                                                          | Anna Mayer<br>Melissa Walker                 | 1.25 (ADTA; NBCC; NY LCAT) |
| 3:15 PM | 4:30 PM | <p><b>The Absent Body: Presence, Distance, and Digital Environment</b></p> <p>The Absent Body is an experiential workshop, exploring how presence is disrupted, negotiated, and reclaimed when therapeutic relationships are mediated by screens, algorithms, and distance. The workshop positions the moving body as both the subject and method of inquiry. The Absent Body workshop is responding creatively, ethically, and somatically to the current and future environmental conditions of conducting private dance/movement therapy treatments. By bridging embodied wisdom with innovation, this workshop invites participants to deepen their understanding of presence, or immediate absence of the client's body connection, and care in times of profound transition.</p>                                                                                                                                                                                                                                                                                                | Elissaveta Iordanova                         | 1.25 (ADTA; NBCC; NY LCAT) |
| 3:15 PM | 4:30 PM | <p><b>Abolitionist Group Facilitation Through Embodiment</b></p> <p>This panel introduces the Survivor Reclamation Expressive Arts (SR-EXA) framework, an abolitionist, embodied approach to group facilitation grounded in expressive arts and dance/movement therapy principles. Panelists explore survivor-centered group counseling methods that translate social justice values into practice, including power-sharing leadership, collective nervous system regulation, and culturally responsive facilitation. Through discussion and applied examples, presenters highlight strategies for holding complex group dynamics where grief, rage, resilience, and joy coexist. SR-EXA centers the lived experiences of marginalized survivors and offers transferable group facilitation skills for clinicians and facilitators working in diverse community and clinical settings.</p>                                                                                                                                                                                            | Vanessa Rae De Leon<br>Gabriela Starr Rosete | 1.25 (ADTA; NBCC; NY LCAT) |
| 3:15 PM | 4:30 PM | <p><b>Continuing the Conversation-Interrogating Identity</b></p> <p>Returning to a question posed at the 2025 Raleigh Conference—what is the thorn the ADTA must currently resolve?—this dialogic forum asks, can we talk about it? Using our own life story as data, we will investigate how personal belief systems established at an early age continue to function below consciousness. We will consider the influence of social and historical context on identity development. By exploring our own story and the environment that generated it, we gain a deeper understanding of race, gender, socioeconomic, and country of origin identity. Such embodied knowledge serves us both personally and interpersonally, in work and intimate relationships.</p>                                                                                                                                                                                                                                                                                                                  | Meg Chang                                    | 1.25 (ADTA; NBCC; NY LCAT) |

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| 5:00 PM                    | 6:00 PM        | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                   |                            |
| 5:00 PM                    | 6:00 PM        | Shabbat Candle Lighting Ceremony (bring a scarf)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                   |                            |
| <b>5:30 PM</b>             | <b>7:30 PM</b> | <b>Dinner on Your Own</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                   |                            |
| 6:00 PM                    | 7:00 PM        | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                   |                            |
| 7:00 PM                    | 8:00 PM        | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                   |                            |
| <b>Saturday November 7</b> |                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                   |                            |
|                            |                | <b>Workshop</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Presenter(s)</b>                                                                                                                               | <b>CE Credits</b>          |
| 7:30 AM                    | 8:20 AM        | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                   |                            |
| 8:30 AM                    | 10:30 AM       | <b>Embodied Safety in the Digital Space</b><br><br>This experiential workshop centers Dance/Movement Therapy in virtual and hybrid spaces, integrating polyvagal-informed and Somatic EMDR principles to support co-regulation and relational attunement. Participants will engage in movement explorations, improvisational responsiveness, and micro-attunement practices, including bilateral stimulation adaptations for telehealth. Cultural humility, accessibility, equity, and ethical use of AI will be addressed, including digital access, camera-off participation, and visibility norms. Attendees will leave with adaptable, trauma-informed, culturally responsive movement frameworks to sustain embodied presence, co-regulation, and relational depth in screen-mediated environments.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Erin Howe                                                                                                                                         | 2 (ADTA; NBCC; NY LCAT)    |
| 8:30 AM                    | 10:30 AM       | <b>Bearing and Being Witnessed</b><br><br>Authentic Movement is a relational practice where a mover follows impulses arising internally in the presence of a witness. Although the practice emphasizes nonjudgmental presence and attuned witnessing, there is limited attention to how social identities, power, and cultural context may shape the experience of being seen. Is it time for a change? Reporting on preliminary results from a phenomenological study, co-investigators aim to explore a significant gap in Authentic Movement literature and discuss implications for practice, training, supervision and further research. Participants are invited to deepen their reflections around identity and power within the practice of bearing and being witnessed.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Joan Wittig<br>Virginia D Hill<br>Christina Devereaux                                                                                             | 2 (ADTA; NBCC; NY LCAT)    |
| 8:30 AM                    | 10:30 AM       | <b>Moving from Culture to Clinic</b><br><br>This presentation introduces a multi-step model for ethically incorporating cultural forms into dance/movement therapy practice. Grounded in decolonial frameworks, the model recognizes embodied cultural traditions as carriers of ancestral knowledge, historical memory, and communal resilience. Using Soualiga's Ponum Dance Tradition (est. 1848) as a case study, the presenter examines how this ritual form emerged as an embodied response to colonial trauma and analyzes its movement sequencing as a progression from activation toward collective regulation and empowered expression. Participants will engage in a brief experiential and explore pathways for translating cultural ritual into responsible clinical application.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Jonathan van Arneeman<br>Clara E. Reyes                                                                                                           | 2 (ADTA; NBCC)             |
| 8:30 AM                    | 10:30 AM       | <b>Staying Embodied Across Digital Distance</b><br><br>This workshop centers telehealth dance/movement therapy practice, with clinical considerations for ethical AI use interwoven throughout. Through embodied exercises and applied frameworks, participants practice strategies to sustain attunement, address movement resistance, and repair telehealth ruptures through rapport-building and low-pressure participation pathways. Using an equity lens, we examine how camera use, participation, and access are shaped by culture, disability, neurodiversity, trauma, language, privacy, and digital access. Participants explore how AI-assisted documentation and metrics can inform practice while introducing ethical and relational risks. AI is positioned as a supportive mirror rather than replacement for clinical judgment, exploring tools for ethical integration.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Lauren Mickle<br>Krystal Batista                                                                                                                  | 2 (ADTA; NBCC)             |
| 8:30 AM                    | 10:30 AM       | <b>DMT Voices Within Interdisciplinary Teams</b><br><br>This presentation explores how embodied awareness and internal knowledge can support resilience, professional presence, and effective collaboration within interdisciplinary teams. Grounded in a dance/movement therapy lens, participants will engage in accessible experiential practices that strengthen self-regulation, communication, and confidence in taking up space at the table. The session emphasizes translating movement-informed insights into interdisciplinary-appropriate language to support whole-person centered client care. Participants will leave with practical strategies to reduce burnout, increase professional visibility, and contribute embodied perspectives that enhance mutual respect and integrative team functioning.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Victoria Budesa                                                                                                                                   | 2 (ADTA; NBCC)             |
| 8:30 AM                    | 10:30 AM       | <b>Supervision as Reflective Liberation</b><br><br>As dance/movement therapy evolves within increasingly complex sociopolitical landscapes, training programs are called to prepare clinicians who can practice with embodied cultural humility, structural awareness, and relational accountability. This experiential workshop introduces an Embodied Liberation Pedagogy framework that integrates liberation health, cultural genograms, somatic abolitionism, movement-based inquiry, and creative storytelling into DMT education and supervision. Rather than treating anti-oppressive practice as a theoretical add-on, this model positions cultural humility as an embodied discipline cultivated through movement labs, reflexive supervision, and relational witnessing. Participants will explore how supervision can function as a site of liberation, supporting trainees in examining power, privilege, bias, and internalized systems of oppression through embodied and creative processes.<br><br>Attendees will engage in experiential movement reflection, relational mapping exercises, and narrative-based supervision practices designed to strengthen ethical decision-making, clinical presence, and culturally responsive intervention. This workshop offers a replicable pedagogical framework for DMT educators and supervisors seeking to integrate anti-oppressive, decolonial, and liberation-centered approaches into training environments. | Stefanie Belnavis                                                                                                                                 | 2 (ADTA; NBCC; NY LCAT)    |
| 9:00 AM                    | 10:15 AM       | <b>Embodied Leadership in AAPIDA DMT</b><br><br>This interview-style panel convenes AAPIDA dance/movement therapists to examine how lineage, migration, and cultural identity shape embodiment, clinical presence, and leadership. Panelists reflect on collectivism, ritual, power-sharing, and diasporic experience as they influence somatic practice, trauma work, and representation within the field. By centering culturally grounded perspectives, the discussion highlights service gaps, challenges hierarchical models, and advances multicultural competency in dance/movement therapy. Through relational dialogue, this panel models equity-centered leadership and invites participants to consider how identity informs therapeutic relationships and professional visibility.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Vanessa De Leon<br>Shreya Dabeer<br>Siyao (Violet) Li<br>Sindhu Thogarchedu<br>Chih-Hsien Lin<br>Maria Patricia Misha Bernas<br>Hang Yin Candy Lo | 1.25 (ADTA; NBCC; NY LCAT) |
| 10:45 AM                   | 12:15 PM       | <b>Marian Chace Foundation Lecture: The Dance of Dialectics in Dance/Movement Therapy: Recovering and Discovering Possibilities at the Intersection of Tradition and Innovation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                   |                            |

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|                          |          | <p>In a time of rapid cultural, clinical, and institutional change, a dialectical approach can offer dance/movement therapists a valuable framework for navigating complexity, strengthening connection, and expanding possibilities in both clinical practice and professional identity. This approach centers on integrating perspectives, experiences, and truths that may seem to conflict, creating greater flexibility, balance, understanding, and transformation. Dance/movement therapists are already familiar with this way of thinking through our work with polarities, developmental integration, expressive range, and the connection between mind and body. Still, cultivating a dialectical approach on one's own can be challenging, and sustaining it within broader communities and contexts can be even more difficult. In this talk, we will consider how dialectical thinking can help the field of dance/movement therapy hold the tension between honoring its foundations and welcoming new ideas, identities, and approaches.</p> | Ryan Kennedy                                                                                                                                                                                                                          | 2 (ADTA; NBCC; NY LCAT) |
| 12:15 PM                 | 1:15 PM  | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                       |                         |
| 1:00 PM                  | 1:45 PM  | <b>Research Poster and Thesis Project Poster Session</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                       |                         |
| 12:45 PM                 | 1:15 PM  | Students & New Professionals Meeting - (Open Meeting)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                       |                         |
| 12:45 PM                 | 1:45 PM  | Alternate Route Educators meeting (Closed)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                       |                         |
| 12:45 PM                 | 1:45 PM  | Regional Caucus Western                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                       |                         |
| 12:45 PM                 | 1:45 PM  | Regional Caucus Eastern                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                       |                         |
| 12:45 PM                 | 1:45 PM  | Regional Caucus Central                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                       |                         |
| 1:15 PM                  | 2:00 PM  | Affinity Group Meeting TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                       |                         |
| 2:15 PM                  | 4:15 PM  | <b>Mapping the Living Continuum of Global Dance/Movement Therapy:<br/>Honoring the Past - Engaging the Future</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Amber Gray<br>Suzi Tortora<br>Corinne Ott<br>Elissaveta Iordanova<br>Iveta Koblic<br>Flora Fang Xiong<br>Alex Jordan<br>Fabiana Marchiori<br>Jung Hsu Wan<br>Alenka Simonic<br>Karen Bradley<br>Bui Tuyet Minh<br>Linda Mdena-Thibedi | 2 (ADTA; NBCC; NY LCAT) |
| 4:30 PM                  | 5:30 PM  | Affinity Group TBD                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                       |                         |
| 5:30 PM                  | 6:30 PM  | School Alumni Meetings                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                       |                         |
| 6:30 PM                  | 11:00 PM | <b>Credentialing Ceremony, Banquet and Dance</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                       |                         |
| <b>Sunday November 8</b> |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                       |                         |
|                          |          | <b>Workshop</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Presenter(s)</b>                                                                                                                                                                                                                   | <b>CE Credits</b>       |
| 9:30 AM                  | 11:30 AM | <b>Dancing between Worlds of AI</b><br><br>This presentation advocates for epistemic justice, cultural safety and ethical considerations within cross-cultural relation building and knowledge bridging practices, expanding between Ancestral Intelligence and Artificial Intelligence. The offering integrates auto-ethnographic sharing, literature review, open dialogue, ritual arts and eco somatic experientials to support multidimensional curiosity, learning and praxis. Inviting wonder about potential implications for developing theories and practices in the international emergent field of DMT.                                                                                                                                                                                                                                                                                                                                                                                                                                           | Krystal Elizabeth Garcia-Deras                                                                                                                                                                                                        | 2 (ADTA; NBCC; NY LCAT) |
| 9:30 AM                  | 11:30 AM | <b>Embodied EMDR</b><br><br>For dance/movement therapists seeking a structured, trauma-informed framework that amplifies their somatic expertise, EMDR therapy creates a container within which embodied interventions flourish. This workshop explores integrating dance/movement therapy with EMDR's preparation and reprocessing phases, demonstrating how movement enhances resourcing and deepens processing for sustainable outcomes. The presentation overviews EMDR's eight phases, training requirements, participant suitability, and how embodiment grounds these complementary modalities. Practical application through experiential learning facilitates listening to inner impulses, increasing capacity and choice, and embodying adaptive information processing. Case examples and discussion will also support understanding of this integrative trauma therapy approach.                                                                                                                                                                 | Genevieve Fuller                                                                                                                                                                                                                      | 2 (ADTA; NBCC; NY LCAT) |
| 9:30 AM                  | 11:30 AM | <b>Choreographing Collective Regulation</b><br><br>This experiential workshop examines structured collective movement as a regulated response to large-scale societal stressors that affect group nervous system functioning. Grounded in trauma-informed dance/movement therapy and regulation theory, the session explores how choreographic elements—repetition, rhythm, spatial sequencing, and shared breath—facilitate containment of heightened affect within therapeutic settings. Participants will analyze how collective activation manifests somatically and apply movement-based interventions to transform dysregulation into organized, relational expression. The presentation situates embodied resistance within professional DMT practice, emphasizing clinical containment and ethical facilitation.                                                                                                                                                                                                                                     | Saman Hajimohammad                                                                                                                                                                                                                    | 2 (ADTA)                |
| 9:30 AM                  | 11:30 AM | <b>Culture of Dance: Black &amp; White</b><br><br>This workshop stands at the confluence of shifting tides where ancestral intelligence within cultural movement practices meets contemporary therapeutic approaches. As dance/movement therapy enters new horizons shaped by emerging technologies and evolving cultural consciousness, we explore how embodied wisdom from diverse cultural traditions guides us towards inclusive, healing futures. This proposal bridges the gap between Ancestral Intelligence (inherited wisdom of movement, rhythm, and cultural expression) and innovative tools of today, creating space for connection across difference. Together, we will explore how racism may be embedded in our cultural idealizations and denigrations, and how these hinder verbal and non-verbal cross-cultural communication.                                                                                                                                                                                                            | Tannis Hugill<br>Dr. Angela M Grayson                                                                                                                                                                                                 | 2 (ADTA; NBCC; NY LCAT) |
| 9:30 AM                  | 11:30 AM | <b>DMT for Dementia Caregivers</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                       |                         |

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|          |          | <p>Informally caring for a loved one with dementia can negatively impact well-being. Strengths-based interventions which build in positive experiences are underexplored, and very few prior DMT interventions for caregivers have been designed. This presentation will describe the development and implementation of a theory-driven DMT program, guided by a model of caregiver resilience. The program aimed to enhance self-efficacy, positive emotions, cognitive flexibility, and meaning-making. Participants will have the opportunity to explore several movement activities that were designed for the program, such as creating a self-care movement poem. Suggestions for future iterations of this protocol will also be discussed.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <p>Eden Champagne<br/>Rebekka Dieterich-Hartwell</p>                              | <p>2 (ADTA; NBCC; NY LCAT)</p> |
| 9:30 AM  | 11:30 AM | <p><b>Liberatory Ancestral Awakening</b></p> <p>As creative arts therapies expand into digital, AI-supported, and virtual care spaces, the field is invited to reconsider how knowledge, regulation, and relational attunement are understood. This experiential workshop introduces Liberatory Ancestral Awakening as a decolonial clinical framework grounded in Afro-Caribbean embodied epistemologies.</p> <p>Drawing from Caribbean art and dance movement therapy scholarship, spiritual therapeutic interplay frameworks, diasporic movement traditions, and Afro-Caribbean dance healing systems, the presenters explore how rhythm, polycentrism, ritual, storytelling, and visual symbolism function as relational technologies that predate Western clinical systems. Afro-Caribbean dance traditions, understood as multidimensional healing systems, provide access to four interwoven levels of empowerment: the power of the body, the collective, the sociopolitical, and the spiritual. Rather than positioning ancestral knowledge in opposition to technological innovation, this session expands the field's understanding of therapeutic innovation to include embodied cultural memory, spiritual attunement, communal regulation, sociopolitical consciousness, and intergenerational knowledge transmission.</p> <p>Participants will engage in polycentric movement exploration, call-and-response co-regulation, symbolic art-making, and reflective witnessing practices that demonstrate how Afro-Caribbean creative traditions function as liberatory clinical interventions. The workshop offers a rigorous and experiential framework for integrating ancestral awakening into contemporary DMT and AT practice while maintaining cultural humility and ethical responsibility.</p> | <p>Stefanie Belnavis<br/>Lesli-Ann Belnavis Elliott<br/>Kim Valdejuell</p>        | <p>2 (ADTA; NBCC; NY LCAT)</p> |
| 9:30 AM  | 11:30 AM | <p><b>You're Safe Now</b></p> <p>Presenters will describe the process used to develop an original patient musical at the California Department of State Hospitals in Napa and how principles of trauma-informed care were applied throughout. Attendees of the presentation will be invited to experience the production by performing scenes, dance numbers and songs from the musical created by DSH-N patients.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <p>Alicia Brewster<br/>Jennifer Deterville<br/>Camille Gentry<br/>Chris Welch</p> | <p>2 (ADTA; NBCC; NY LCAT)</p> |
| 9:30 AM  | 11:30 AM | <p><b>A Cybernetic Movement Self-Observation Lens</b></p> <p>Universal Body-Informed Therapy (UBIT), a fusion of cybernetics and dance/movement therapy (DMT), is a de-anachronized framework, a DMT 2.0, blending embodied ethics, timely PPO work, and structured self-assessment, thus supporting our clients in becoming agentic self-witnesses. Grounding in cybernetics, (the ancient Greek <i>kybernētēs</i>) meaning the person who steers a ship, UBIT treats therapy as a living system, much like the way a steersman senses the elements—shifting tides and changing winds—and adjusts the ship accordingly. This presentation culminates in the offering of a cybernetic-UBIT movement self-assessment tool and conceptualizing the therapeutic relationship as a series of recursive embodied exchanges.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <p>Holly Herzfeld<br/>Selena Coburn<br/>Tory Eichler</p>                          | <p>2 (ADTA; NBCC; NY LCAT)</p> |
| 9:30 AM  | 11:30 AM | <p><b>IACO in Clinical and Supervisory Practice</b></p> <p>This experiential workshop introduces the IACO Framework (Integrity, Authenticity, Compassion, Open Heart), an embodied reflective inquiry developed through personal ethical conflict and refined into a supervision toolkit. Participants will engage in guided embodied reflection and apply the framework to clinical and supervisory scenarios. Ongoing graduate research at Long Island University explores IACO's relevance in post-COVID professional spaces, particularly in restoring reciprocity, presence, and ethical alignment. IACO offers a structured, culturally adaptive approach to strengthening reflective practice and relational depth in dance/movement therapy.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p>Renee Ortega</p>                                                               | <p>2 (ADTA; NBCC; NY LCAT)</p> |
| 9:30 AM  | 11:30 AM | <p><b>IFS, DMT and Body Image</b></p> <p>This workshop will demonstrate the value of combining Internal Family Systems (IFS) therapy and dance/movement therapy to address the relationship we have with our bodies. The presenter will bring her experience as a therapist who works with eating disorders, disordered eating, and negative body image to this session. The workshop will explore protective parts that restrict, binge, or purge, as well as inner critics who constantly criticize. The workshop will also address the systemic factors that shape how different bodies are treated and valued based on race, gender identity, ability, body size, and more.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>Amy Jacques</p>                                                                | <p>2 (ADTA; NBCC; NY LCAT)</p> |
| 11:45 AM | 12:15 PM | <p><b>Closing Ceremony</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                   |                                |