

Queer-Friendly vs. Queer-Informed: How to Make Your Private Practice

Monday, March 24, 8:15AM – 9:30PM EDT

PRESENTATION DESCRIPTION

How does one identify as being “queer-informed”? It is not enough to know the terms, watch queer shows, or know a queer person. Queer people’s bodies are being policed, oppressed, discriminated against, violated and killed. It is time to embody their validity and visibility. People are seeking out therapists whom they feel safe with, don’t have to explain or validate their existence to, and can help them understand their personal, embodied experiences. Dance/movement therapists are in the unique position with an understanding of embodiment and are primed to be able to sit with folks. How do we extract ourselves from the lens of heteronormativity and cisgender biases?

LEARNING OBJECTIVES

1. The participant should be able to identify 3 ways to make their private practice queer affirming
2. The participant should be able to identify personal biases related to gender and sexuality
3. The participant should be able to compare and contrast cisgender/heteronormative and gender expansive/queer experiences

CONTINUING EDUCATION

1.25 ADTA, 1.25 NBCC, 1.25 NYLCAT

PRESENTER INFORMATION



Kristen Crowe (they/she) BC-DMT, LPCC a graduate of Pratt Institute living in Southern California. They are the Clinical Director of Open Space Therapy Collective - a LGBTQIA+ group practice in Los Angeles. She sees individuals and people in relationship who are part of the queer community; and provides off-site supervision for DMT students, R-DMTs, and associate clinicians through a LGBTQIA+ affirming, anti-oppressive, and anti-racist lens. She provides DEI, crisis intervention, and DMT trainings. They are the founder of Soul on Fire Dance, a specifically queer-friendly adult dance studio that promotes inclusivity, diversity, and social justice through trauma-informed dance instruction



Renae Johnson (they/them), LPCC, ATR-BC, CCTP the founder of Open Space Therapy Collective (OSTC), a group practice that focuses on mental health for and by the LGBTQIA+ communities and their allies. Renae has long been a mental health community leader and educator, and is working to build a foundation of awareness and resources in the mental health community for providing queer- and trans-informed care. Renae also hosts a podcast called My Therapist is Out!, which features conversations on mental health topics from a queer perspective. Renae is an art therapist who specializes in treating complex trauma, identity and gender, and artistic development. Prior to founding OSTC, Renae spent a decade in

community health services for people experiencing complex co-occurring diagnoses, first as a therapist and later as an Operations Director. Renae is a Licensed Professional Clinical Counselor, Board Certified Art Therapist, and a Certified Clinical Trauma Professional.