

**The Palmer House Hilton
17 E Monroe Street, Chicago, IL 60603**

**Early Bird Registration Closes
Friday, August 30, 2024**

	Full Conference	Full Conference + Half Day Intensive	Full Conference + Full Day Intensives OR (2) Half Days	Thursday Only	Saturday Only	Banquet Only Guest
Student	\$350.00	\$400.00	\$435.00			
Member	\$545.00	\$610.00	\$645.00			
Non Member	\$695.00	\$775.00	\$815.00			

**Regular Registration Closes
October 14, 2024**

	Full Conference	Full Conference + Half Day Intensives	Full Conference + Full Day Intensives OR (2) Half Days		Saturday Only	Banquet Only Guest
Student	\$400.00	\$450.00	\$485.00			
Member	\$595.00	\$660.00	\$695.00			
Non Member	\$745.00	\$825.00	\$865.00			

The American Dance Therapy Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5739. Programs that do not qualify for NBCC credit are clearly identified. The American Dance Therapy Association is solely responsible for all aspects of the programs. The American Dance Therapy Association is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Creative Arts Therapists #CAT-0035.

Start	End	Track	Event	Speakers	CE Hours: ADTA NBCC NY LCAT
Tuesday, October 22					
12:00 PM	8:00 PM		Board Meeting - Open to ADTA Members as silent observers Only		
Wednesday, October 23					
8:00 AM	4:00 PM		Board Meeting - Open to ADTA Members as silent observers only.		
12:00 PM	7:00 PM		Conference Check-In & Information Desk		
6:00 PM	7:00 PM		Approved Program Educators Only Meeting (Closed)		
Thursday, October 24					
7:00 AM	5:00 PM		Conference Check-In & Information Desk		
9:00 AM	11:30 AM		Exhibitor Set-Up		
PRE-CONFERENCE INTENSIVES					
8:00 AM	3:00 PM	EDUCATION	IS1. Intensive - Full Day <i>Introduction to Dance/Movement Therapy</i> The goal of this workshop will be to communally share and RE-GENERATE a deeper understanding and definition of informed clinical decision making in DMT. This will begin with a review of current literature on therapeutic outcomes and mechanisms of change to RENEW our understanding. Terminology that will be defined includes: components, substances, bio-psycho-socio-cultural and spiritual domains, goals, objectives, outcomes, interventions, rationale, and mechanisms. Drawing upon their own clinical experiences, participants will share their treatment planning and informed clinical decision making processes to better understand the aspects that assist in activating the mechanisms of change. (26-50% Movement; All Levels)	E. Connor Kelly, MA, BC-DMT, LPC Eleanor DiPalma, PhD, BC-DMT, LCAT, NCC Susan Imus, MA, LCPC, BC-DMT, GL-CMA Jessica Young, MA, LCPC, BC-DMT, GL-CMA	6 ADTA NBCC NY LCAT
		DEI/SOCIAL JUSTICE	IS2. Intensive - Full Day <i>Dance/Movement Therapy as an Agent of Social Change to End Oppression and Marginalization of Sex/uality</i> Sex/uality has been relegated to the abject self — a relic of power and control over the body seen across cultures which marginalizes eroticism outside phallic-centrism and a gender-binary perspective. Sex Therapy has done much to advance our understanding and inclusiveness of sex/uality yet its perspectives are largely behavioral and cognitive-based. Meanwhile, the field of dance/movement therapy has done very little to integrate an inclusive view of sex/uality for the clients and communities that we support. DMT can now participate in embodied social change and advocate for “body equity” by integrating sex/uality into our theory, movement systems, bodyful practices, and training. (<25% Movement; All Levels)	Melissa Walker, MA, LPC, CST, R-DMT Kim Rothwell, BC-DMT, LCPC, GL-CMA	6 ADTA NBCC NY LCAT

<p>MIND-BODY</p>	<p>IS 3. Intensive - Full Day <i>Polyvagal-informed Dance/Movement Therapy Pathways for Resilience, Regeneration and Emergence</i></p> <p>In this intensive, we will explore the soft edge of science and Spirit through the facilitators Polyvagal-informed Dance/Movement Therapy framework. Weaving the presenters Body of Change Eco-somatic work and Right to Embody Human Rights framework with science, the sacred, and our human responsibility in "the world of all things" inspires themes of displacement & belonging; separation & connection; fear & love, and more. We will explore this PVIDMT concept and practice through simple somatic and movement-based structured practices, theory, clinical evolution, case sharings and a little dancing at the edge. Participants are encouraged to bring case material to share. (51-75% Movement; All Levels)</p>	<p>Amber Gray, PhD, MPH, LPCC, BC-DMT, NCC</p>	<p>6 ADTA NBCC NY LCAT</p>
<p>MIND-BODY</p>	<p>IS4. Intensive - Full Day <i>Rituals for Elder Empowerment: Jungian and Indigenous Wise Women Practices</i></p> <p>Indigenous and earth-based cultures revere elder women for the wisdom amassed through life experiences. Western patriarchal cultures devalue this knowledge as well as nature informed practices. This workshop empowers participants to transform their western perception of aging. Collective rituals are explored and developed which consider the tasks of successful passage to "elder wise women" status. Borrowing tools from earth-based cultures and from Jungian psychology, this workshop empowers women to reclaim what has been lost. Although theme-based for elder women, tools are adaptable for other marginalized voices. Explorations include movement, guided imagery, music, elder stories, visual imagery and writing. (51-75% Movement; All Levels)</p>	<p>Dicki Johnson Macy, PhD, LMHC, BC-DMT</p>	<p>6 ADTA NBCC NY LCAT</p>
<p>MIND-BODY</p>	<p>IS5. Intensive - Full Day <i>A Collaboration between Psychology and Dance/Movement Therapy: DBT Skills Embodiment</i></p> <p>A brief description of Dialectical Behavioral Therapy (DBT) and skills training coursework and how the DBT curriculum is taught at a forensic psychiatric state hospital. The combination of the psychological instruction, coupled with DMT interventions, bring an embodied approach to the learning and the internalization of complex material. Case studies will be discussed as well as a brief movement experiential to practice bringing a DBT skill into movement and action. Currently this group is facilitated by two board certified dance/movement therapists and one licensed forensic clinical psychologist for patients making progress towards discharge in one of the country's largest state hospitals. (26-50% Movement; All Levels)</p>	<p>Kali Skodack, MA, BC-DMT, APCC Alicia Brewster, MA, BC-DMT, Brittany Cunningham, PhD</p>	<p>6 ADTA NBCC NY LCAT</p>

		MIND-BODY	<p>IS6. Intensive - Full Day <i>Dance/Movement Therapy for Trauma from an Internal Family Systems Perspective</i></p> <p>This experiential workshop will explore using dance/movement therapy to treat trauma from an Internal Family Systems Therapy (IFS) perspective. IFS is a non-pathologizing evidence-based form of therapy which assists clients in accessing their core strength and inner wisdom (SELF). The workshop will examine unburdening trauma and the extreme roles protective parts take on around trauma which can include, addictions, eating disorders, self-harm, OCD and more. Dance/Movement Therapy (DMT), when integrated with IFS can assist the individual in discovering how the parts show up in the body. DMT can also assist individuals in reclaiming their bodies from trauma. (51-75% Movement; All Levels)</p>	Amy Jacques, BC-DMT, LPC	6 ADTA NBCC NY LCAT
8:00 AM	11:00 AM	MEDICAL	<p>IS7. Intensive - Half Day <i>Dance/Movement Therapy for Individuals with Eating Disorders and Trauma: Reclaiming Connection with Feelings, Actions and Thoughts.</i></p> <p>Individuals with eating disorders and big or little t trauma often ignore the experience of living in their bodies, instead, focusing on emotionally driven behaviors that provide an illusion of control. The clarity inherent in physicalizing interoceptive experiences, allows insights to spring to the surface, thereby increasing understanding of what is driving their disordered coping mechanisms. This presentation will explore how dance/movement therapy, paired with specific evidence-based practices, can help these individuals reclaim connection with their feelings, actions, and thoughts. Attendees will learn to trust their innate ability to “attend” empathically, respond authentically and translate non-verbal experiences into cognitive insights. (51-75% Movement; All Levels)</p>	Susan Kleinman, MA, BC-DMT, NCC, CEDS Elise Billock Tropea, MCAT, BC-DMT	3 ADTA NBCC NY LCAT
		DEI/SOCIAL JUSTICE	<p>IS8. Intensive - Half Day <i>Black Magic: Leaning Into Black Bodied Responses to Understand Trauma and Facilitate Healing</i></p> <p>This presentation will use Black African Diaspora tradition of storytelling, combined with contemporary narrative dance/movement therapy to examine therapeutic interventions for those who identify within the Black African Diaspora. Presenters will discuss the cultural considerations of somatic healing processes, historically overlooked coping strategies from a strengths-based lens, and how one can identify and navigate the body’s wisdom to promote emotional regulation and well-being. Presenters will discuss how community is a vital component in healing and well-being by sharing the work of Black MAGIC affinity group and Black dance/movement therapists. Participants will be invited to engage in embodied activities. (26-50% Movement; All Levels)</p>	Mynasha Whyte, MA, LPC Ebony Nichols, LCAT, BC-DMT, Stefanie Belnavis, BC-DMT, LMHC Bria Campbell, LPC, BC-DMT Breanna Davis, MS, BC-DMT, LMHCA Jasmine Dowery, R-DMT, LMHC	3 ADTA NBCC NY LCAT

11:00 AM	12:00 PM		Lunch on Your Own		
11:00 AM	12:30 PM		Approved Program and Alternate Route Educators Meeting (Closed)		
12:00 PM	5:00 PM		Exhibits Open		
12:00 PM	3:00 PM	EDUCATION	<p>IS9. Intensive - Half Day <i>Marketing Dance/Movement Therapy: Effective, Ethical, and Inclusive Promotional Decisions</i></p> <p>With so much information being shared on the internet, including social media, blogs/vlogs, and streaming, there is space and a need for dance/movement therapy (DMT) content. Although our field centers human connection, we can not ignore the reach and value of digital spaces. This intensive workshop will discuss best practices for promoting and marketing DMT and your business, while also addressing the importance of diversity, accessibility, and professional boundaries. Through a combination of information sharing, group discussion, and movement experientials, participants will learn how to effectively and ethically utilize online presence as a tool for growth and inclusivity. (<25% Movement; All Levels)</p>	<p>Sara R. van Koningsveld, MA, BC-DMT, NCC/LPCC, GL-CMA, RYT 200 Morgan (Ose) Aros, MS, LCAT, R-DMT</p>	<p>3 ADTA</p>
		EDUCATION / ADVOCACY	<p>IS10. Day of Service</p> <p>This is an opportunity for conference attendees to participate in local advocacy by introducing DMT to the community at a site near the conference hotel. There is no cost to participate in Day of Service but space is limited and pre-registration is required. More details coming soon!</p>	<p>Stacey Hurst, LCPC, BC-DMT, GL-CMA Eve Chalom, BC-DMT</p>	<p>3 ADTA</p>
3:00 PM	4:00 PM		Alternate Route Educators Meeting		
			Men's Caucus		
3:00 PM	4:00 PM		BREAK		
4:00 PM	10:00 PM		Dedicated Shared Space Room (Sponsored by the Multicultural and Diversity Committee)		
			Dedicated Sensory Room (Sponsored by the Disability Access Affinity Group)		
4:00 PM	7:00 PM	DEI/SOCIAL JUSTICE	<p>A1. Plenary <i>Icons, Issues and Innovations in the Creation of ADTA: Moving into the Future</i></p> <p>This presentation focuses upon the critical elements in the creation of ADTA; how these provided for the establishment of the dance movement therapy profession and how they will lead us into our future. Honor will be paid to those dance/movement therapy icons whose theories and methods, guided by the healing power of dance, influenced subsequent generations of dance/movement therapists. (51-75% Movement; All Levels)</p>	<p>Nana Koch, Ed.D., BC-DMT, LCAT, NCC, LPC, CMA Elissa White, BC-DMT, CMA, LCAT Miriam Berger, BC-DMT, LCAT Judith Bunney, MA, BC-DMT Marcia Leventhal, Phd, CMA, BC-DMT, NCC</p>	<p>3 ADTA NBCC NY LCAT</p>
7:00 PM	8:00 PM		Dinner on Your Own		
8:00 PM	9:30 PM		Opening Ceremony		

Friday, October 25

6:30 AM	7:00 AM		Movement Warm-up		
7:00 AM	6:00 PM		Conference Check-In & Information Desk		
7:00 AM	5:00 AM		Exhibits Open		
7:00 AM	10:00 PM		Dedicated Shared Space Room (MDC)		
			Dedicated Sensory Room (DAAG)		
7:15 AM	9:00 AM		ADTA Business Breakfast Meeting	Dr. Angela Grayson, President	
9:00 AM	10:00 AM		Research Poster and Thesis Project Poster Session		
10:15 AM	11:30 AM	DEI/SOCIAL JUSTICE	B1. Marian Chace Foundation Lecture A Journey of the Creative Rebel: An Embodied Experience. As a creative rebel, dance has played a significant role in my life. It has empowered me to express myself, challenge stereotypes, and advocate for inclusivity. Through representation, intersectionality, and authentic relationships, dance has the power to challenge societal norms and bring people together. I hope that sharing my story will inspire others to embrace their own creativity and intersectional identities to create a world that is more inclusive and equitable by embracing the power of dance.	Dr. Charné Furcron, LPC, BC-DMT, NCC, BCC, ACS, MAC, CPCS	1.25 ADTA
11:30 PM	12:30 PM		Lunch on Your Own		
11:45 PM	12:45 PM		Affinity Group Meeting - Native American Affinity Group		
			Affinity Group Meeting - BLACK Magic		
			Affinity Group Meeting - LGBTQIA+		
12:30 PM	1:30 PM		Regional Caucus Western	Western Member-at-Large	
			Regional Caucus Central	Central Member-at-Large	
			Regional Caucus Eastern	Eastern Member-at-Large	
			Joint Approved Program and Alternate Route Educators meeting (Closed)		
1:45 PM	4:45 PM	MIND-BODY	C1. A DMT-Informed Whole-Person Sexual Response Cycle: An Inclusive Model to Support Assessment and Treatment Planning for Sexual Issues Masters and Johnson created the human sexual response model (SRC). It now determines the diagnosis of sexual dysfunctions and influences treatment in the Western world. While revolutionary, this model narrowly defines sex, pathologizing human variability of arousal anatomy. Application of body/movement observation and Dance Therapy supports whole-person assessment, treatment planning, and interventions when working with clients' sexual issues. The Whole-Person Sexual Response Model presented includes the sociocultural context of the client and a DMT perspective on the SRC. It is trauma-informed and includes embodied consent for a securely attached relationship with arousal anatomy, and an improved ability to self-advocate. (<25% Movement, All Levels)	Melissa Walker, MA, LPC, CST, R-DMT Anna Mayer, MA, LPC, R-DMT	3 ADTA NBCC NY LCAT
		MEDICAL	C2. Giving Voice to the Journey of Menopause through Chi for Two®--an Inter-generational Collaboration This workshop honors the legacy of various dance/movement therapists and explores how their work is synthesized into Chi for Two® – The Energetic Dance of Healthy Relationship. The purpose of this presentation is to illustrate how Chi for Two provides a supportive, resonant “The Mother” voice for the momentous journey of menopause. Accompanied by my co-presenter/mentor, we ‘dance’ four Chi for Two partner practices designed to offer symbolic re-dos of the Circles of Support through inter-generational collaboration. These practices highlight my supported navigation of the biopsychosocial challenges of menopause through each of the Four Emanations of Embodiment. (51-75% Movement; All Levels)	Ingrid J Lacey, MA, LPC, BC-DMT, GLCMA, CPCS, NCC Dee Wagner, MS, LPC, BC-DMT	3 ADTA NBCC NY LCAT

<p>DEI/SOCIAL JUSTICE</p>	<p>C3. <i>Dance/Movement Therapy for Assessing and Treating the Adult-Diagnosed Neurodivergent Woman</i></p> <p>There is no “right” way to be neurodivergent (e.g. autistic). And let’s face it, original research regarding Autism focused on little boys. Now that science is catching up, more women (female identifying and/or assigned female at birth) are being diagnosed on the Autism Spectrum in their 20s, 30s, and even 40s (Hello, Millennials!). This workshop will explore intersectionality of identity, implications of trauma and lived experience, and nuances of neurodiversity in women. Inclusive research, interactive activities, and movement experientials will be implemented to expose the nuance of diagnosing and treating a neurodivergent woman with care and consideration for all presentations. (<25% Movement; All Levels)</p>	<p>Sara Rose van Koningsveld, MA, LPCC, BC-DMT, GL-CMA, RYT</p>	<p>3 ADTA NBCC NY LCAT</p>
<p>MIND-BODY</p>	<p>C4. <i>The Wisdom of Water</i></p> <p>The human body, like earth, is 70-80% water. Water may be one of the most taken-for-granted gifts of our planet and universe. This workshop will provide participants a unique opportunity to explore relationship with water, internally and externally, through Aquatic DMT and Continuum. Both presenters will teach from personal and professional healing journeys, demonstrating how water supports deep healing and sharing practices that are immediately adaptable. To participate, it’s essential you are comfortable breathing in chest deep water. This playshop includes optional contact. Participants are asked to wear something (NOT cotton) comfortable for the water. Options include swimsuits, water leggings, rashies, swim shorts, sports bra, wetsuit etc. (51-75% Movement; All Levels)</p>	<p>C. Voniè Stillson, MA, LPC, BC-DMT Amber Elizabeth Gray, MA, MPH, LPCC, BC-DMT, NCC, PhD</p>	<p>3 ADTA NBCC NY LCAT</p>
<p>DEI/SOCIAL JUSTICE</p>	<p>C5. <i>Firebirds: Dancing our Differences, Mapping our Minds, Rekindling our Radiance! A Transgenerational Journey of Mutual Shaping, Co-creation, and Renewal.</i></p> <p>As we grow, change, and mature, so must our profession. Old ways of seeing and being are confronted by urgent new questions. The Firebirds workshop invites all voices, all bodies, into a journey of co-creation. Integrating nonverbal and verbal processes, we carve dynamic pathways through time and space, in an inclusive, embodied exploration of our differences. First we sharpen distinctions, then we align. Together, we hold and fill a space in which to learn and potentize our practice. The carefully-crafted score supports us in rekindling our radiance, individually, together with peers, and collectively - as a reinvigorated and sustainable profession. (26-50% Movement; All Levels)</p>	<p>Sara "zora" Boas, MA, MCC, RDMP</p>	<p>3 ADTA</p>
<p>EDUCATION</p>	<p>C6. <i>Shape-shifting and Tension-shifting: Navigating Modern Challenges with the Kestenberg Movement Profile (KMP)</i></p> <p>This panel represents multiple generations of KMP practitioners and trainers. We will present current applications of the Kestenberg Movement Profile (KMP) with an emphasis on honoring the legacy of the KMP while integrating its present and future evolution. Topics include: A model for working with couples to embody compromise; KMP-informed infant mental health work including parent-infant psychotherapy the use of video feedback, and visions for future KMP teaching methods. We will draw from the Tension-Flow Attributes category of the KMP as an anchor for understanding temperament, harmony or clashes between people, and a simple descriptive language for identifying movement patterns.(26-50% Movement; All Levels)</p>	<p>Susan Loman, MA, BC-DMT, NCC K. Mark Sossin, PhD, MA Yukari Sakiyama, Ph.D, BC-DMT Melanie French, PH.D., BC-DMT, RYT-200</p>	<p>3 ADTA NBCC NY LCAT</p>

1:45 PM	3:00 PM	MIND-BODY	<p>C7. <i>Moving Through: Exploring and Gaining Confidence with Improvisation Skills in DMT</i></p> <p>Emerging Dance/Movement Therapists often find themselves building skills and comfortability with improvisation. An in-depth understanding and mastering of creativity, on-the-spot thinking, and self-trust can be some of the most powerful tools in DMT sessions. If you have ever experienced a “deer in headlights’ moment during session, then you may know that improvisational skillfulness may help. Trust in the process and self-confidence can assist with answering the question: ‘How do I know what to do next in session?’ This session will support the emerging and experienced dance/movement therapist learn, practice, and apply improvisational techniques in DMT. (26-50% Movement; All Levels)</p>	Erin Howe, MA, BC-DMT	1.25 ADTA NBCC
		EDUCATION	<p>C8. <i>Ethics, Embodiment, Connection: Professional Regeneration through Group Consultation</i></p> <p>In this lecture panel led by six credentialed dance/movement therapists, presenters will describe a model for DMT group consultation, including details around structure, meetings, communication, and facilitation. In addition, the presenters will address key factors that have made their existing, shared group successful. Next, participants will explore clinical consultation as an ethical imperative through the lenses of both the ADTA Code of Ethics and multiple state licensing boards. Lastly, the panel will address how DMT group consultation can regenerate professionals through ongoing relational connections with colleagues, including conversations around self-care and the prioritization of embodied practices in clinical work. (26-50% Movement; All Levels)</p>	<p>Mariah LeFeber, PhD, LPC, BC-DMT Deanna James, MA, LPC, R-DMT Tara Rollins, MA, LPC, BC-DMT Kimberly S. Bevans, MA, LMHC, BC-DMT Brooke M. Miller, MA, LPC, LCPC, DTRL Jess White, MA, R-DMT, LCA</p>	1.25 ADTA NBCC NY LCAT
		EDUCATION	<p>C9. <i>The Economics of Dance/Movement Therapy: How Financial Status Impacts the Dance/Movement Therapist's Ability to Rest</i></p> <p>Graduate thesis research from 2023 explores the economics of the field of dance/ movement therapy, and the central question: how does financial status impact the dance/movement therapist's ability to rest? In order for DMT to survive in today's quickly-evolving psychotherapy landscape, this research makes clear that the way finances and rest are addressed (or not addressed) in the context of the field is not currently sustainable. Through this presentation, current and future dance/ movement therapists will be empowered to change the narrative, carving a path forward for practitioners that integrates meaningful therapeutic work, financial wellbeing, and rest. (<25% Movement; All Levels)</p>	Lexie Thrash, MS, LCAT, R-DMT	1.25 ADTA NBCC NY LCAT
		EDUCATION	<p>C10. <i>Online Synchronous vs In-Person Learning: Preliminary Explorations by the Education Committee and Research & Practice Committee</i></p> <p>ADTA's Education and Research & Practice Committees collaborate to present a workshop comparing online synchronous and in-person learning for dance/movement therapy (DMT). Despite DMT's emphasis on embodiment and interpersonal connection, the ADTA temporarily shifted in-person coursework to online during the COVID-19 pandemic. Insights gleaned from surveys and testimonies of educators from approved programs and alternate routes provide initial findings. We delve into essential elements of in-person DMT learning, exploring themes and theories emerging from this comparison. Join us as we discuss the significance of embodiment and relational dynamics in the educational context of DMT. (<25% Movement; All Levels)</p>	<p>Tomoyo Kawano, PhD, BC-DMT, LCAT, NCC Cecilia Fontanesi, PhD, BC-DMT, CMA, RSME Christina Devereaux - PhD, LPC, LMHC, LCAT, BC-DMT, NCC Laura Allen, LCPC, BC-DMT, GL-CMA Valerie Blanc, PhD, BC-DMT, LMHC, CMA Eri Millrod, PhD, LPC, NCC, BC-DMT Chevon Stewart, PhD, BC-DMT, LCSW Heather Sutton, LPC, ACS, R-DMT Robyn Flaum Cruz, PhD, BC-DMT Rebecca Barnstaple, PhD</p>	1.25 ADTA NBCC NY LCAT

		<p>DEI/SOCIAL JUSTICE</p> <p>C11. <i>Sweet Home Chicago: A Celebration and Exploration of Black Chicago Dance Styles through the Lens of Post-Traumatic Slave Syndrome (PTSS)</i></p> <p>This presentation aims to explore the connection of using healing building blocks from Dr. Joy DeGruy's theory of PTSS and healing properties of movement depicted in black Chicago-styled dances. After an embodied experience of each dance, presenter will discuss movement qualities of each dance and synthesize its use as a DMT intervention. Presenter will identify basic movement qualities that depict unity, connection, grounding, and mindfulness in the following Chicago dances: Stepping, footworking, House, and Slides/Shuffles. (51-75% Movement; All Levels)</p>	Bria Campbell, LPC, R-DMT	1.25 ADTA NBCC NY LCAT
3:00 PM	3:15 PM	BREAK for 75 Minute Workshops		
3:15 PM	4:30 PM	<p>DEI/SOCIAL JUSTICE</p> <p>C12. <i>(Re)humanizing: A Culturally Informed Approach to Coping with the Manifestation of Super Woman Schema in Black Women with Trauma Exposure</i></p> <p>In this presentation, the presenter aims to educate attendees on Post-Traumatic Slave Syndrome (PTSS) in as it relates to the formation of maladaptive techniques such as Super Woman Schema while providing a historical context on the cultural significance of Rhythm and Blues music and Dance/Movement Therapy and ties it to the importance of healing for the community at-large. As this work was developed from the presenter's Capstone Thesis, in which she used self as instrument to explore their own relationship with the symptoms of Super Woman Schema, while utilizing the culturally significant forms of improvisational dance and Rhythm and Blues (RnB) music, the objective here is to create an intentional space, "a sensual sanctuary" to encourage the awareness and expression of emotions for attendees experience the healing effects of utilizing the community, expressing vulnerability, and actively exploring a relationship with one's emotions as a strength as a re-humanizing experience. (51-75% Movement; All Levels)</p>	Jasmine Dowery, R-DMT, LMHC	1.25 ADTA NBCC NY LCAT
		<p>EDUCATION</p> <p>C13. <i>Dance/Movement Therapy Courses at the Undergraduate Level: Educating Students on Mental Health through the Higher Education Curriculum</i></p> <p>This presentation focuses on the development of undergraduate DMT course curriculum which allows students to have conversations and DMT-based experiences about mental health in an educational and supportive environment. An overview of the curriculum is presented with student responses about their experiences through video and written reflection. Anecdotal and evidence-based data is shared on the effect DMT coursework has on the students' overall sense of well-being. Discussion includes engaged-learning theories, integration of civic engagement projects, and research-based collaborations. Workshop participants will formulate a unit of study to understand, explain, and experience how to develop DMT curriculum at the undergraduate level. (<25% Movement; All Levels)</p>	Carol Kaminsky, MA, BC-DMT, NCC Jorge Morejon, PhD, MA	1.25 ADTA

		EDUCATION	<p>C14. Inquiry into Relational Supervision Using Embodied Approaches</p> <p>This experiential-based workshop explores two models that support a developmental approach in supervisory training. It will support relational supervision that serves the development of the trainee. We will explore how embodied supervision supports the use of embodied psychotherapy using DMT and the arts. Participants will learn the following models to support embodied supervision: Life Cycle of the Intern Model (Stages of development in supervisee are explored in movement, integrating the use of Attachment Theory); P R E S E N C E Model (Development of the therapeutic relationship is explored through modeling.) (26-50% Movement; All Levels)</p>	Terri Halperin-Eaton, LMHC, REAT, ATR-BC, BC-DMT Miranda Cox, BA	1.25 ADTA NBCC NY LCAT
		MIND-BODY	<p>C15. Connection and Transformation Through Breath: Using Breathwork in Individual and Group Therapy Settings to Deepen Intra- and Inter-personal Connection</p> <p>Discover the potential of incorporating breathing and breathwork in dance/movement therapy. This presentation offers experiential breathwork practices and practical insights to deepen intra- and inter-personal connections. Through guided breathwork exercises, participants will explore self-awareness, emotional regulation, and group cohesion. Learn to integrate breathwork techniques into individual and group therapy to enhance client outcomes and foster profound transformation. This session illuminates the power of conscious breathing, inviting therapists to harness its capacity for connection and healing in their practice and in their self care routines. (<25% Movement; All Levels)</p>	Kerri Phillips, MS, LCAT, R-DMT	1.25 ADTA NBCC NY LCAT
3:15 PM	5:30 PM	ADVOCACY	Site Specific Dance / DMT Advocacy at Cloud Gate "The Bean"	Susan Imus	2.25 ADTA
5:30 PM	7:30 PM		Research & Practice Committee (Closed)		
5:30 PM	7:00 PM		Dinner on Your Own		
6:00 PM	7:00 PM		Shabbat Candlelighting Ceremony (OPEN) (Please bring a scarf.)	Sponsored by the Spirituality and Religion Affinity Group	
			Students & New Professionals Meeting (OPEN)	Siyao Violet Li, ADTA Secretary	
7:00 PM	9:00 PM		MultiCultural Diversity Committee (MDC) - OPEN	Chae Reid, MDC Chairperson	
			Group Social Activities in Chicago - Details TBA (OPEN)		
7:15 PM	9:00 PM		International Panel Meeting (Closed)		
Saturday, October 26					
6:30 AM	7:30 AM		Movement Warm-up		
7:00 AM	10:00 PM		Dedicated Shared Space Room (MDC)		
			Dedicated Sensory Room (DAAG)		
7:30 AM	4:30 PM		Conference Check-In & Information Desk		
8:00 AM	5:00 AM		Exhibits Open		
8:30 AM	10:00 AM	DEI/SOCIAL JUSTICE	<p>D1. KEYNOTE PRESENTATION <i>We Are the Medicine the World Needs Now</i></p> <p>Movement and storytelling both link us to our past and present. Dance and story have the same artistic primal origins: we began to dance to express and communicate, worship and feel. We tell stories for the same reasons. As artists-practioners in these fractious times, can we harness our skills to build a better society? In this lecture-workshop, we will explore how movement and story can be used as a bridge to a more just and equitable world.</p>	Willa J. Taylor, ME, MFA	1.5 ADTA

10:15 AM	12:15 PM	MIND-BODY	<p>E1. Embodied Harmony: Nurturing Ethics in the Dance/Movement Therapy Community through Our Multiple Ways of Knowing (Plenary)</p> <p>The Standards & Ethics Committee acknowledges that we are struggling as a community with our sense of connectedness and need to become more unified as an organization. The goal of this plenary is to move towards harmony within ourselves and then within the community; the Committee invites participants to attune through diverse embodied conversations and have dialogue among themselves. This shared experience is the first step towards mutual understanding. The Committee aims to co-create an inclusive space to reckon with how diving into unconscious processes can lead to greater ethical awareness. We will invite integrated knowledge from different inner perspectives (i.e., gut-brain, heart-brain) and explore the Embodied Ethical Decision-Making Model through experientials. (26-50% Movement; All Levels)</p>	<p>Douglas Cornman, MA, BC-DMT Meg Chang, EdD, BC-DMT, LCAT, NBCC Jennifer Whitley, MS, BC-DMT, LCAT, CMA Lauren Milburn, LMHC, BC-DMT XaHara MeGod MA, R-DMT, G-RMT, CPT</p>	<p>2.0 ADTA NBCC NY LCAT</p>
12:15 PM	1:45 PM	Lunch on Your Own			
12:30 PM	1:30 PM		Chapter Leaders Meeting		
			Affinity Group Meeting - Spirituality and Religion Affinity Group		
			Affinity Group Meeting - Ritmo De Vida		
			Affinity Group Meeting - Disability Access Affinity Group		
1:45 PM	4:45 PM	EDUCATION	<p>F1. Dancing Toward the Light: DMT and Violence Prevention in Schools and Communities</p> <p>During this time of increased division, racism, and violence in schools and communities as reflected in the larger US population; five committed dance/movement therapists will share experiential activities to support relational connections and build community in addressing these pervasive issues in elementary, middle, and high school. This is an opportunity and invitation to explore embodied experientials through movement and the arts for a range of populations in the schools and communities. Collectively we believe dance/movement therapists provide a vital role in the schools. (51-75% Movement; All Levels)</p>	<p>Nancy Beardall, PhD, BC-DMT, LMHC, CMA Bria Campbell, LPC, R-DMT Rena Kornblum, MCAT, BC-DMT, DTRL Nalini Prakash, Ph.D., BC-DMT, CMA Charné Furcron, Ed.D, LPC, NCC, BC-DMT, ACS, MAC, BCC</p>	<p>3.0 ADTA NBCC NY LCAT</p>
		EDUCATION	<p>F2. Integrating Culturally Responsive Assessment and Therapeutic Support into the Dance/Movement Therapy Field</p> <p>As the Dance/Movement Therapy field continues to grow, it is important to continue to plant the seeds of inclusion to contribute to collective growth. Inclusive practices in Dance /Movement Therapy can offer a space that moves towards a more equitable, safe, and client- centered approach which can lead to therapeutic support that is accessible, affirming, and empowering for individuals. Through discussion and experiential, this presentation will highlight the integration of a culturally responsive assessment and inclusive practices in order to create renewal of Dance/Movement Therapy assessment. (26-50% Movement; All Levels)</p>	<p>Breanna Davis, LMHC, BC-DMT</p>	<p>3.0 ADTA NBCC NY LCAT</p>

<p>MEDICAL</p>	<p>F3. <i>The Unique and Vital Role of Dance/Movement Therapists in Dementia Care</i></p> <p>Over six million Americans are living with Alzheimer's disease and over 11 million are unpaid caregivers for people living with dementia. Dance/movement therapists offer invaluable clinical skills; however, there will never be enough clinicians to meet our aging population's needs. Dance/movement therapists have a unique, vital role in the future of dementia care that goes beyond providing direct clinical services. We must advocate for the power of dance as a matter of public health and offer embodied training methods in nonverbal communication and improvisation that can make an immediate positive impact on the lives of all persons impacted by dementia. (51-75% Movement; All Levels)</p>	<p>Donna Newman-Bluestein, M.Ed., BC-DMT, CMA, LMHC Lora Wilson, MA, BC-DMT</p>	<p>3.0 ADTA NBCC NY LCAT</p>
<p>EDUCATION</p>	<p>F4. <i>Renewal of Confidence for Dance/Movement Therapists: Integration of Dance/Movement Therapy Frameworks, Interventions and Theory within Non-Dance/Movement Therapy Employment Settings</i></p> <p>This presentation supports Dance/Movement Therapists (DMT's) in adapting DMT for clientele within non-creative arts employment. Within these environments DMT's may be challenged on how to integrate DMT theory and interventions confidently. As DMT's, we need to increase our ability to adapt and create inclusive and accessible ways to bring movement into the therapeutic healing of outpatient practices and client care. This presentation will highlight ways that DMT practitioners can develop personal confidence and offer more inclusive and accessible movement approaches to their clients and work environments. Presentation will include: lecture, experiential and creating accessible theoretical frameworks. (26-50% Movement; All Levels)</p>	<p>Suzanne Mueller, LCMHC, BC-DMT, NCC, PMH-C</p>	<p>3.0 ADTA NBCC NY LCAT</p>
<p>MEDICAL</p>	<p>F5. <i>Embodied Image: Utilizing DMT to Facilitate Body Connectivity in Eating Disorder Recovery</i></p> <p>The human body has evolved to withstand starvation. When a person suffers from malnutrition due to an eating disorder, the body employs mechanisms to conserve energy and prolong life. The body "mutes" hormones, emotions and sensory input, which can feel relieving. However, as starvation sets in, the person may find their disconnection extends past the body to social relationships and spiritual connections. Dance/movement therapists (DMT's) are uniquely qualified to support clients in eating disorder recovery. The use of breath, sound, mindfulness, mirroring, group rhythmic action and Bartenieff Fundamentals provide present-moment opportunities for body connection. (26-50% Movement; All Levels)</p>	<p>Kristen Mennona, MA, LPC, BC-DMT, CEDS</p>	<p>3.0 ADTA NBCC NY LCAT</p>
<p>DEI/SOCIAL JUSTICE</p>	<p>CANCELLED F6. <i>Anger and Brilliance: A DAAG Journey of Moving Through Ableism to Access</i></p> <p>The Disability Access Affinity Group of the Multicultural and Diversity Committee emerged through dedicated community building since 2020, however disabled dance/movement therapists have always been members of the ADTA. This workshop will educate about DAAG; outlining our history, guiding principles, and advocacy efforts within the ADTA. Sharing lived experience and disabled/crip theory, we provide an overview of our approach to anti-ableism and vision for access-based dance/movement therapy. It is ethically imperative for practitioners of the bodymind to confront ableism along with other systems of oppression. We encourage attendees to bring curiosity, openness, and desire to practice alongside us. (<25% Movement; All Levels)</p>	<p>Sabrina Washington, MA-D/MT, GL-CMA, R-MPA Karen Linafelter, MA, LCMHC, BC-DMT Lauren Milburn, LMHC, BC-DMT</p>	<p>3.0 ADTA NBCC NY LCAT</p>

1:45 PM	3:00 PM	EDUCATION	<p>F7. <i>Becoming the Mosaic: DMT Evolution and its Legacy Pedagogy</i></p> <p>The passage of time has required many shifts and changes in the profession of DMT, to keep up with developments in the US from healthcare and medicine, to technology and social policy. In this workshop we will use discussion and experiential to engage participants in focusing on the impact of some key cultural shifts in our organization and review recent perspectives on practice and pedagogy offered by research. Recognizing change as individuals and as a profession, we will explore how we can appreciate and extend the notion of the mosaic into DMT pedagogy, practice, and research. (26-50% Movement; All Levels)</p>	<p>Chevon Stewart, PhD, BC-DMT, LCSW, E-RYT Tomoyo Kawano, PhD, BC-DMT, LCAT, NCC Meg Chang, EdD, BC-DMT, LCAT, NBCC Robyn Flaum Cruz, PhD BC-DMT</p>	<p>1.25 ADTA NBCC NY LCAT</p>
		DEI/SOCIAL JUSTICE	<p>F8. <i>It's Not Always About Sex: Exploring Embodied Gender and Sexuality from a Queer Perspective</i></p> <p>How does one identify as being "queer-informed"? It's more than just knowing the definitions of LGBTQ+ terms or Queer & Trans history. As dance/movement therapists, we know one of our greatest sources of information is our bodies - so we cannot be content with learning about gender expansiveness and sexuality through books or videos. Queer people's bodies are being policed, oppressed, discriminated against, violated and killed. It is not enough to know the terms, watch queer shows, or know a queer person. Gender and sexuality are not hypersexualized topics, they are immutable facets of human existence. It is time to embody their validity and visibility. (51-75% Movement; Mid Levels)</p>	<p>Kristen Crowe, LPCC, BC-DMT</p>	<p>1.25 ADTA NBCC NY LCAT</p>
		MIND-BODY	<p>F9. <i>Camera as Collaborator in the Therapeutic Setting</i></p> <p>Co-researchers from the dance/movement therapy and technology lab will share results from an ongoing exploration of integrating Dance for Camera and dance/movement therapy. Dance for camera can be defined as any creative embodied work where technology plays a "key role" rather than an adjunctive or subsidiary one (Dixon, 2007). The research project will explore the use of film and camera through arts-based inquiry, self-reflective journaling, and researcher dialogue. We will integrate DMT concepts in our presentation such as witnessing, performance, and movement observation. Using a camera in therapeutic applications offers potential expanded access to the self generative process and can be a regenerative therapeutic tool for multiple populations and applications. (26-50% Movement; Mid Levels)</p>	<p>Valerie Blanc, PhD, BC-DMT, LMHC, CMA Ruth Evelyn Hoffman, BS, Sophia Pray, BA</p>	<p>1.25 ADTA NBCC NY LCAT</p>
		MIND-BODY	<p>F10. <i>Witnessing the Ever-growing Wisdom: Using Touch and Moving Journey to Echo our Histories</i></p> <p>This workshop is to provide a space for dance/movement therapists to reflect on their journeys prior to entering and during this field through the multicultural lens. Upon embodied individual reflections using movement and touch, participants will have the opportunity to engage in collective reflections and wisdom sharing on the basis of individual understanding. This is a workshop that aims to experience and inspire, not to teach and judge. (51-75% Movement; All Levels)</p>	<p>Wei-Chiung Chen-Martinez, LCPC, BC-DMT, GL-CMA Chih-Hsien Lin, LCPC, BC-DMT</p>	<p>1.25 ADTA NBCC NY LCAT</p>

2:00 PM	4:30 PM	EDUCATION	<p>F11. <i>The Past, Present, and Future of Dance Movement Therapy: The ADTA International Panel Celebrates 29 Years</i></p> <p>From its inception in 1994, the International Panel has been on the forefront of presenting the history of the growth of DMT, exploring the current accomplishments in the field, and consistently looks forward to the future potential of our global dance therapy community. Thus far, over 38 countries have been represented on the Panel featuring over one hundred participants. As we celebrate 29 years, the 2024 International Panel will unite some of the original pioneering presenters who will share both their personal and professional evolution as dance therapists and describe the ways in which the DMT field has grown and progressed in their respective countries. (Minimal Movement; All Levels)</p>	<p>Miriam Roskin Berger, BC-DMT, LCAT - Chair Patricia Capello, BC-DMT, LCAT - Associate Chair</p> <p>The 2024 International Panelists</p>	<p>2.5 ADTA NBCC NY LCAT</p>
3:15 PM	4:30 PM	MEDICAL	<p>F12. <i>Fostering Regeneration for Veterans with TBI and PTSD through an Integrated Somatic Approach</i></p> <p>Veterans recovering from TBI (traumatic brain injury) regularly experience adverse physical symptoms, including headaches, dizziness, and sensory overstimulation, as well as insomnia. Posttraumatic stress, which often accompanies TBI, adds emotional pain and dysregulation, leading to overall distress for individuals. This workshop will present a thorough understanding of the clinical picture of veterans with TBI and PTSD and offer an integrated approach that uses elements of psychoeducation, dance/movement therapy, narrative exposure therapy, and EMDR to foster regeneration and rehabilitation for clients in an intensive outpatient setting. Participants will engage in experientials that explore the combined elements that provide conditions for healing. (<25% Movement; Mid Level)</p>	<p>Rebekka Dieterich-Hartwell, PhD, MA, BC-DMT, LPC</p>	<p>1.25 ADTA NBCC NY LCAT</p>
		MIND-BODY	<p>F13. <i>Mindful Movement-Expression: Reflecting in Self and Cultural Identity, Sustainability, and Community Interconnectedness for Regeneration and Transformative Change.</i></p> <p>Participants delve into the transformative power of Mindful Movement-Expression as a catalyst for personal and communal growth. Through Mindful presence, participants reflect on self-identity and cultural-identity, cultivating a deeper understanding of their core and purpose as DMT's. We explore sustainability, examining this delicate balance between selfcare, and the service to others. Additionally, we investigate community interconnectedness, recognizing the profound impact of collective constructive interaction and collaboration imbedded in our role as agents of change. By integrating mindful-movement practices with reflective dialogue, participants may embark on a journey of regeneration, fostering positive individual inner change, among themselves, and their global communities. (26-50% Movement; Mid Level)</p>	<p>Rosa Granadillo-Schwentker. PhD, R-DMT</p>	<p>1.25 ADTA NBCC</p>
		MIND-BODY	<p>F14. <i>Forging Resilience and Renewal: A Post-Pandemic Exploration of Burnout through a Dance/Movement Therapy Lens</i></p> <p>Many of us can relate to the emotional and physical exhaustion of burnout. The pandemic's heightened demand for caretaking of family, clients, and each other, frequently pushed people beyond their coping resources. The journey out of burnout and toward a renewed existence calls for self-compassion and acceptance as well as a resilient approach to redefining personal boundaries and commitments. This session blends didactic material with self-appraisal and experientials. Participants will gain helpful perspectives on burnout and resiliency, clinical tools they can offer to clients and use themselves, and a shared experience of self-expression within a supportive movement container. (26-50% Movement; All Levels)</p>	<p>Sandra Beggs, LMHC, R.Psych.(AB), BC-DMT, RCC</p>	<p>1.25 ADTA NBCC NY LCAT</p>

		MIND-BODY	F15. <i>Improvisation is/in Everything: Facilitating Creative Agility and Range through DMT</i> Improvisation is a core aspect of DMT, although it is seldom explicitly named in education or clinical practice. Improvisation is emerging as a transdisciplinary field of study with roots in dance and links to social justice. This workshop invites participants to explore key elements of improvisation as it informs our practice as therapists while elucidating skills we may implicitly be sharing with clients such as creativity, agility, and range of response. These experiences will be framed by a brief history of improvisation in DMT and an overview of research on the neurobiology of improvisation and critical studies in this field. (>76% Movement; All Levels)	Rebecca Barnstaple, PhD, MA, CMA Cecilia Fontanesi, PhD, BC-DMT, CMA, RSME	1.25 ADTA NBCC
4:30 PM	5:30 PM		BREAK		
5:30 PM	6:30 PM		Alternate Route Educators/Alumni/Students Meet & Greet		
			School Alumni Meeting - Antioch University		
			School Alumni Meeting - Drexel University		
			School Alumni Meeting - Lesley University		
			School Alumni Meeting - Naropa University		
			School Alumni Meeting - Pratt Institute		
			School Alumni Meeting - Rider University		
			School Alumni Meeting - Sarah Lawrence College		
			School Alumni Meeting - NYU		
			School Alumni Meeting - Hunter College		
6:30 PM	11:00 PM		Awards Banquet and Dance		
Sunday, October 27					
6:30 AM	7:30 AM		Interfaith Worship Dance Service		
			Movement Warm-up		
7:00 AM	1:00 PM		Dedicated Shared Space Room (MDC)		
			Dedicated Sensory Room (DAAG)		
8:00 AM	12:00 PM		Exhibits Open		
8:00 AM	2:00 PM		Conference Check-In & Information Desk		
8:30 AM	11:30 AM	DEI/SOCIAL JUSTICE	G1. <i>The Kumbaya Circle: A Healing Experience for African American Clients</i> The Kumbaya Circle (based on an African American folk song) is a culturally familiar treatment intervention that could be used to enhance holistic healing with African Americans and other marginalized clients. Conference participants will observe an experiential dance/movement therapy process group from beginning to end. The value of facilitating culturally familiar DMT treatment interventions to process diverse client's intrapersonal concerns will be discussed. In addition, the efficacy of The Kumbaya Circle will be evaluated from qualitative and participant-observer perspectives; questions will be answered, and specific methods to promote culture- informed dance movement therapy as an evidenced-based model of psychotherapy will be identified. (51-75% Movement; All Levels)	Consuelo V. Davis, LMFT, BC-DMT	3.0 ADTA NBCC NY LCAT

<p>DEI/SOCIAL JUSTICE</p>	<p>G2. <i>Moving Toward Neuro-Affirming Care: Exploring Supportive Pathways in Clinical Practice</i></p> <p>This presentation is dedicated to providing information on the broader scope of neurodiversity, with particular focus on autism and attention deficit hyperactivity disorder (ADHD). We will explore past and current research in dance/movement therapy and neurodiversity to navigate paths toward expanding neuro-affirming practices. Presenters will discuss personal and professional experiences that guide their clinical decision-making as both neurotypical and neurodiverse clinicians working with neurodivergent clients. Participants will engage in experiential learning that explores specific, strengths-based, and accessible interventions and strategies for neuro-affirming care, as well as self-care practices within the context of the clinical environment. (26-50% Movement; Mid Level)</p>	<p>Emma Mamis, MA, BC-DMT, LPCC Stephanie Kilper, LCPC, BC-DMT Katy O'Hanlon Bruns, LPC, R-DMT Cara Spilsbury, LCMHC, R-DMT Stacey McGinn Hurst, MA, BC-DMT, LCPC, GL-CMA</p>	<p>3.0 ADTA NBCC NY LCAT</p>
<p>MIND-BODY</p>	<p>G3. <i>Moving Through Ancient Wisdom to Current Needs and Development with Mindfulness-Based Dance/Movement Therapy</i></p> <p>Mindfulness-Based Dance Movement Therapy (MB-DMT), a model developed by the presenter, integrates mindfulness and DMT to complement missing parts of each approach. MB-DMT brings into renewed existence the healing power and ancient deep psychological wisdom of mindfulness practices by way of adding embodiment, interpersonal interactions, and vitality of DMT. Participants practice three exercises that demonstrate three modes of integrating mindfulness practices and dance/movement improvisation within the therapeutic framework and reflect on implications/application on clients. The presenter shares examples of how teaching MB-DMT to dance therapists and other professionals in China contributes to expanding their skills and therapeutic repertoire and horizon. (51-75% Movement; All Levels)</p>	<p>Yael Schweitzer, LCSW, BC-DMT</p>	<p>3.0 ADTA NBCC NY LCAT</p>
<p>EDUCATION</p>	<p>G4. <i>Informed Clinical Decision Making: A Fundamental Mechanism of Change</i></p> <p>The goal of this workshop will be to communally share and RE-GENERATE a deeper understanding and definition of informed clinical decision making in DMT. This will begin with a review of current literature on therapeutic outcomes and mechanisms of change to RENEW our understanding. Terminology that will be defined includes: components, substances, bio-psycho-socio-cultural and spiritual domains, goals, objectives, outcomes, interventions, rationale, and mechanisms. Drawing upon their own clinical experiences, participants will share their treatment planning and informed clinical decision making processes to better understand the aspects that assist in activating the mechanisms of change. (26-50% Movement; Advanced Level)</p>	<p>Susan Imus, MA, LCPC, BC-DMT, GL-CMA Jessica Young, MA, LCPC, BC-DMT</p>	<p>3.0 ADTA NBCC NY LCAT</p>
<p>EDUCATION</p>	<p>G5. <i>The Roots & Future of Child DMT 21th Early Childhood Forum: Renewing and Growing Internationally</i></p> <p>In its 21th year, this forum explores DMT with children and families. It is the 5th year concentrating on tracing the international roots and evolution of DMT with this demographic. Aligning with the conference theme, the panel presents their adaptation, integration, renewal and innovation, inspired by an international DMT post-graduate training, developed by an early innovator in the field. Through discussion, case studies and experientials, participants explore how DMT in eastern European countries, South America, and the USA are advancing the field of DMT for children with learning differences, ADHD, neurodiversity and in a pediatric palliative care residential setting. (26-50% Movement; All Levels)</p>	<p>Suzi Tortora, LCAT, LMHC, EdD, BC-DMT Ashley Ervin, LCAT, BC-DMT Carolina Mateos, BA, Dance/Movement Therapist Advanced Registry Argentina, Educational Psychologist Sorina Petrescu, Master Political Science/ DMT Romania</p>	<p>3.0 ADTA NBCC NY LCAT</p>

		MEDICAL	<p>G6. <i>Dancing Through Severe Cognitive Impairment: Navigating Meaning-Making and Integration</i></p> <p>This workshop will examine integration as a vital process in older adults with limited verbal expression and severe cognitive impairment. We will discuss integration through multiple sensory modalities, communication preferences, music, and movement. We will consider how using songs that trace the participants' life histories may provide a framework for exploring archetypes of life themes, revealing deeper expressions of meaning beyond verbal communication. We will consider non-verbal cues and gestures, which lead to an understanding of participants' meaningful expressions. Through dance's symbolic potential, such as embodying metaphors like "wings," we uncover profound insights into participants' unspoken narratives and existential reflections. (26-50% Movement; All Levels)</p>	<p>Donna Newman-Bluestein, MEd, BC-DMT, CMA, LMHC Cecilia Fontanesi, PhD, BC-DMT, CMA, RSME</p>	<p>3.0 ADTA NBCC NY LCAT</p>
8:30 AM	9:45 AM	DEI/SOCIAL JUSTICE	<p>G7. <i>Benefits of Social Media and Biracial Identity Development</i></p> <p>This presentation is a literature review that combines scholarly articles, personal experiences, and social media content to explore, support, and define dance movement therapy (DMT) and Latinx identity. Social media posts from YouTube, Twitter, Instagram, Tik Tok, Facebook, and Zoom are analyzed to heal and evoke social change. The social media posts analyzed are from celebrities such as America Ferrera, Becky G, Heidi Rojas, and Selena Gomez. There needs to be more research for Black Indigenous People of Color (BIPOC) communities, social media, and DMT. The conclusion is social media positively impacts mental health within Latinx communities. (<25% Movement; Entry Level)</p>	<p>Ambrie Sward, MA, R-DMT</p>	<p>1.25 ADTA NBCC</p>
		EDUCATION	<p>G8. <i>Embodied Pedagogy for All Bodies: Extending Universal Design to DMT Education</i></p> <p>Embodied pedagogy is a teaching discipline that incorporates the body as a necessary component of learning. Additionally, experiential learning can be understood as a tool of embodied pedagogy that has the potential to facilitate creativity, reflection, and real-world application. However, embodied experiential learning strategies are often designed for small, White, able-bodied students and faculty, ignoring the complexities of bodies, particularly those that are marginalized. By combining elements of Universal Design (UD) and experiential learning into the educational setting, DMT educators can invite in the experiences of all bodies, creating the space for integrated, holistic learning experiences. (<25% Movement; All Levels)</p>	<p>Mariah LeFeber, PhD, LPC, BC-DMT</p>	<p>1.25 ADTA NBCC NYLCAT</p>
		DEI/SOCIAL JUSTICE	<p>G9. <i>Decolonizing Dance Movement Therapy through Pleasure-based, Sensual Movement</i></p> <p>Explore the benefits of sensual movement as a therapeutic intervention. Sexuality is an essential part of health. It is vital that DMT's feel competent addressing issues of sexuality as they arise with clients. Creating safe enough spaces that encourage regulated nervous system states, safe tension levels, the practice of embodied consent, and freedom to enhance embodied pleasure provide rich grounds for exploring sexual self-concept and various issues related to sexuality. The avoidance of sexuality in DMT perpetuates values of White supremacy, patriarchy, and capitalism. DMT's must examine biases and expand skillsets in working with sexuality to provide ethical, integrated care. (26-50% Movement; All Levels)</p>	<p>Audrey Steele, MA Melissa Walker, MA, LPC, CST, R-DMT</p>	<p>1.25 ADTA NBCC NYLCAT</p>

		<p>DEI/SOCIAL JUSTICE</p> <p>G10. Pole Dance in Dance/Movement Therapy (DMT): Ethics, Empowerment, and Inclusive Perspectives</p> <p>This workshop aims to convene dance/movement therapists, scholars, and students to engage in a meaningful discussion on the integration of pole dance within DMT. It seeks to challenge stigmas, explore therapeutic benefits, and promote diversity, equity, and inclusion (DEI) in therapeutic settings. Presenters will share their lived experiences with pole dance as a transformative and empowering tool for personal growth, trust, self-advocacy, and healing. Participants will have opportunities to discuss their perspectives and insights into considerations for various forms of non-dominant movement, as well as ethical considerations when introducing pole dance to clients in clinical settings. (Minimal Movement; All Levels)</p>	<p>Danielle Kasoff, MA, R-DMT, NCC, CTP Kitty McLeod, BA Stephanie Wilson</p>	<p>1.25 ADTA</p>
		<p>MEDICAL</p> <p>G11. Collaborative Healthcare: Integrating Dance/Movement Therapy in Centering Group Visits</p> <p>Primary care providers at the University of Cincinnati Medical Center facilitate Centering® group medical visits (CGV) for a diverse, low-income patient population. Dance/movement therapy experientials were incorporated into group visits for patients with chronic pain and diabetes that included accessible movement, developing bodily awareness, building self-confidence, and group connection through movement. This presentation will educate the ADTA community about the CGV program and interactively showcase the DMT curriculum used in these sessions. The goal is to demonstrate the potential benefits of dance/movement therapy in integrative medicine spaces. (26-50% Movement; All Levels)</p>	<p>Sneha Bray, MS, R-DMT</p>	<p>1.25 ADTA NBCC</p>
9:45 AM	10:00 AM	BREAK (for 75 minute workshops)		
10:00 AM	11:15 AM	<p>DEI/SOCIAL JUSTICE</p> <p>G12. Indigenous Psychologies of Flourishing and Wellbeing</p> <p>Moving beyond the patient-client therapeutic relation, many indigenous communities around the globe integrate multidimensional understandings of health and wellbeing that include familial, communal, spiritual, ecological, and societal dimensions. It is imperative for clinicians to consider how they can make space within the therapeutic process to integrate cultural relevance and traditional healing practices to support holistic health. Together we will explore how cultural revitalization is a regenerative and healing force within and beyond indigenous communities that supports biopsychosocial wellbeing. Acknowledging indigenous psychologies as the most ancient holistic healing methodologies that support emotional, mental, ecological, physical and social integration and transformation. (Minimal Movement; All Levels)</p>	<p>Krystal Elizabeth Garcia-Deras, MA, R-DMT</p>	<p>1.25 ADTA NBCC</p>
		<p>MIND-BODY</p> <p>G13. The Influence of Confucianism and Taoism on Dance Mind-Body Therapy in China</p> <p>While Confucianism emphasizes the social value of dance as a tool for moral and aesthetic education, Taoism advocates the balance of yin and yang, conforming to nature, and returning to the basics. Dance mind-body therapy in China, integrates the Confucian ideas of benevolence, courtesy, righteousness, and the golden mean. It also integrates the Taoist ideas of the dialectic of yin -yang, combining movement and static, and designing experience modules such as Tai Chi Dance. There are imitation exercises and freedom creative dancing, in order to relieve anxiety and reduce physical and mental stress. (26-50% Movement; All Levels)</p>	<p>Wen Zhang, PhD, MS</p>	<p>1.25 ADTA</p>

		<p>EDUCATION G14. <i>All Hands On Deck: A Dance/Movement Therapy Response to the National Epidemic of Loneliness and Isolation</i></p> <p>In 2023, the US Surgeon General declared an “Epidemic of Loneliness and Isolation” in the United States. Loneliness and social isolation have quantifiable effects on individual health outcomes through biological, psychological, and behavioral processes. As a part of the National Strategy to Advance Social Connection, the Surgeon General has identified six foundational pillars that must be addressed to effect systemic change. The expertise of the dance/movement therapist in facilitating interpersonal connection and embodied empathy is needed now more than ever. Dance/movement therapists have a vital role in the community-building, research, advocacy, education, and healing called for in the national strategy. (<25% Movement; All Levels)</p>	Lora Wilson, MA, BC-DMT	1.25 ADTA
		<p>MEDICAL G15. <i>Where Did My Belly Button Go? The Body Knows the Way: Surviving Necrotising Fasciitis Through DMT</i></p> <p>This workshop explores how the integration of Dance/Movement Therapy, the practice of Authentic Movement and participation in West African dance classes supported my recovery from necrotising fasciitis, a life threatening infection of the skin, subcutaneous tissue and muscle. Through a personal narrative, I will demonstrate how these disciplines nurtured my social connections, kinesthetic awareness and personal resiliency, ultimately saving my life. I will share DMT techniques that were beneficial during my 3 month stay in an ICU and principles from Authentic Movement and West African Dance classes that supported my self care, bringing forth a renewed existence. (26-50% Movement; Mid)</p>	Laura Hayes-Meerman, MS, BC-DMT	1.25 ADTA NBCC
		<p>MIND-BODY G16. <i>The Point of Contact: Distilling Contact Improvisation into Clinical Interventions</i></p> <p>The field of dance/movement therapy has long acknowledged the transformative nature of touch. This workshop aims to cultivate an embodied sensitivity to the complexities of incorporating touch in clinical work. Participants will learn how, when, and why elements of contact improvisation can be used to clarify and focus touch-based interventions. Facilitators will guide participants in improvisational movement exercises in which participants decide if, when and how they engage in physical contact with others. Participants will reflect upon their own relationship to touch and determine their readiness for ethically incorporating touch-based interventions. (51-75% Movement; All Levels)</p>	Kellyn Jackson, LPC, BC-DMT, CYT Julie Brannen, LCPC, R-DMT, GL-CMA Katherine Scott, MA, LCPC, BC-DMT, GL-CMA	1.25 ADTA NBCC NYLCAT
11:15 AM	11:45 AM	BREAK		
11:45 AM	1:00 PM	Closing Ceremony		
12:00 PM	2:00 PM	Exhibitor Tear-Down		

