

# Clinical Supervision with Creative Arts Therapists

## *Moving Beyond Narrative Self-Reporting and Case Presentation*

Wednesday, April 26, 8:30PM - 9:45M EDT

### PRESENTATION DESCRIPTION

Though clinical supervision is an expected aspect of professional training for all creative arts therapists, very few of us receive any direction on how to maximize the experience of receiving supervision and even fewer of us receive any training on how to provide effective supervision. Indeed, for many of us, we can find ourselves in supervisory roles soon after becoming credentialed because the demand for supervisors is so high, and in many cases, our own supervision is reduced or even discontinued at that point because it's often viewed as no longer necessary.

Clinical supervision, however, would be better seen as a vital resource available throughout our careers, not just at the beginning. Additionally, it is important to recognize that it is a specialty within the creative arts therapies provided by an experienced practitioner whose aim is to facilitate the growth and development of supervisees using models and tools specific to the practice of supervision. When these concepts are in place, clinical supervision shifts from simply focusing on whatever topic or theme is brought up each week, to intentionally situating the supervisee in an arc of training that not only addresses immediate concerns but also locates them in a trajectory that supports the supervisee's emerging identity as a creative arts therapist.

One way to support this shift from accidental intervention to deliberate oversight is for clinical supervisors to invite self-disclosure and openness to feedback in developmentally structured ways. In so doing, supervisors can use direct observation and experiential tools to aid emerging creative arts therapists in better seeing themselves. Supervisors facilitate this by first keenly seeing and bearing witness to their supervisees as they practice and strengthen their skills in gathering assessment data, finding meaning in it, and coherently applying that meaning to interventions that reflect the creative art therapist's theoretical framework.

### LEARNING OBJECTIVES

1. Participants learn the basic elements of effective clinical supervision and how it differs from narrative self-reporting and case consultation.
2. Participants explore the four dimensions of the Noeticus Counselor Training and Practice Triangle™ as a tool for transforming accidental intervention into deliberate oversight.
3. Participants apply the Noeticus Counselor Training and Practice Triangle™ to experiential forms of clinical supervision designed to deepen their conceptualization skills and strengthen their professional identity.

### CONTINUING EDUCATION

1.25 ADTA CE, 1.25 NBCC CE, 1.25 NYLCAT CE

## PRESENTER INFORMATION



**Ryan Kennedy, PsyD, LP, BC-DMT, CLMA, RSME/T** has been a psychotherapist since 1993 and a counselor educator and clinical supervisor since 1996. He served on the faculty of the Somatic Counseling Psychology Program at Naropa University in Boulder, Colorado for almost 20 years and currently is the Executive and Training Director for Noeticus Counseling Center and Training Institute in Denver, Colorado. Ryan has extensive background in the areas of expressive arts therapies, body-centered approaches, experiential learning, movement observation, clinical assessment, complex trauma, and systemic therapy. His clinical approach is deeply rooted in developmental, humanistic, existential, and transpersonal principles and practices.