



Le Centre Sheraton Montreal Hotel
1201 Boulevard Rene-Levesque West, Montreal, Quebec H3B 2L7 Canada

Early Bird Registration
Until Sept 19th, 2022

	Full Conference	Full Conference + Half Day Intensives	Full Conference + Full Day Intensives OR (2) Half Days
Student	\$300.00	\$350.00	\$380.00
Member	\$475.00	\$540.00	\$575.00
Non Member	\$625.00	\$705.00	\$745.00

Regular Registration
Until Oct 27th, 2022

	Full Conference	Full Conference + Half Day Intensives	Full Conference + Full Day Intensives OR (2) Half Days
Student	\$325.00	\$375.00	\$405.00
Member	\$500.00	\$565.00	\$600.00
Non Member	\$650.00	\$730.00	\$770.00

The American Dance Therapy Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5739. Programs that do not qualify for NBCC credit are clearly identified.

The American Dance Therapy Association is solely responsible for all aspects of the programs. The American Dance Therapy Association is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Creative Arts Therapists #CAT-0035.

Wednesday, October 26

Start Time	End Time	Event	Presenter(s)	CE Credits
12:00 PM	7:00 PM	Conference Registration		
8:00 AM	4:00 PM	Board Meeting		

Thursday, October 27

Start Time	End Time	Event	Presenter(s)	CE Credits
7:00 AM	7:00 PM	Conference Registration		
8:00 AM	4:00 PM	Board Meeting		

PRE-CONFERENCE INTENSIVES

8:00 AM	3:00 PM	<p>Intensive - Full Day: Movement Observation and Assessment in Dance/Movement Therapy</p> <p><i>Sara R. van Koningsveld, MA, LPCC, BC-DMT, GL-CMA, RYT 500</i></p> <p><i>Guests</i></p> <p>As the field of Dance/Movement Therapy (DMT) continues to evolve, the American Dance Therapy Association (ADTA) and Dance Movement Therapists Association in Canada (DMTAC) have engaged in critical conversations about movement observation and analysis tools used in the training and practices of the field for the past several years. During this all-day intensive, hosts will share: the histories and theories that dominate the narrative of movement observation and analysis and how reconciliation may be possible; their individual research, pedagogical approaches, and applications; as well as invite meaningful discussion about working with and expanding the systems taught across DMT studies.</p> <p>Through intentional sharing of knowledge and experience, this session aims to: foster exploration and discussion regarding the early history of community-building dance practices that led to movement analysis systems now identified as Laban-Bartenieff Movement Studies (LBMS); the evolution of movement analysis research and publication leading to comprehensive and inclusive DMT education; efficacy and limitations of LBMS in various DMT settings; and decentering LBMS, in order to promote diverse teachings and lenses for the observation and assessment of movement in DMT education and practice.</p>	<p><i>Sara R. van Koningsveld, MA, LPCC, BC-DMT, GL-CMA, RYT 500</i></p> <p><i>Guests</i></p>	6 (ADTA; NBCC; NY LCAT)
		<p>Intensive - Full Day: An Introduction to Dance Movement Therapy</p>	<p><i>Patricia P. Capello, MA, BC-DMT, NCC, LCA</i></p>	6 (ADTA; NBCC; NY LCAT)

ADTA 57 Conference - Agenda at a Glance

This all-day introductory workshop in Dance/Movement Therapy experience is geared to those who are interested in discovering some of the basic constructs of DMT. The session will integrate the methods of Marian Chace and provide an overview of Effort/Shape movement analysis, group process, and leadership techniques. Participants will be involved in an interactive process through kinesthetic and personal involvement. Participants will explore their own movement repertoires by learning several parameters of the Effort/Shape System to observe, pick-up, and develop group and individual dynamic qualities of movement. They will also explore their own dynamics as a group, learning simple group process skills. This workshop is designed for students and allied professionals new to ADTA conferences. This full-day workshop is divided into two sessions. The Morning Session will briefly describe the beginnings of DMT as a profession both in the US and Canada. Participants will be introduced to the methodology of the Five-Part Session, exploring themes in DMT, and the creative use of music and voice in sessions. The Afternoon Session will continue the exploration and experience of concepts introduced in the morning and begins by moving in the room and taking time to let the information find a form and an expression.

*Joanabbey Sack, MA, BC-DMT, RDT
Tania Lazuk, PhD, R-DMT
Zuzana Sevcikova, MA, BC-DMT, RDT
Paula Duffy*

8:00 AM	11:00 AM	<p>Intensive - Half Day: Come as You Are: Undoing the Obvious: An Interactive and Experiential Workshop with Cultural Stripper, Farah Fancy</p> <p>Come as you are to an interactive workshop that is a "revelation" of some of the layers of internalized colonization of our bodies, minds, and spirits. Together we will create an embodied manifesto that shifts towards new awareness and possibilities for change to undo the obvious norms, assumptions and stereotypes that have created barriers in the way we work and interact. Let's strip down to the core of JEDI leadership.</p>	<i>Farah Fancy</i>	3 (ADTA; NBCC)
		<p>Intensive - Half Day: Action, Space, and Abstraction: How Movement Shapes Thought</p> <p>The line between action and thought is blurred; movement shapes the perception of our environment and sense of spatial relationships, which are closely linked to the structure of abstract concepts. How does embodied experience become instantiated in cognitive and biological structures that determine how we make sense of our worlds? How can movement inform the development of spatial skills? How are interoceptive (internal) and exteroceptive (external) senses shaped by what we see, feel, learn, and how we respond to the world around us? We will engage with these provocations and questions through exploration of recent neuroscientific research and movement practices.</p>	<i>Cecilia Fontanesi, PhD, R-DMT, CMA Rebecca Barnstaple, PhD</i>	3 (ADTA; NBCC)
		<p>Intensive - Half Day: Umfundalai Essentials: Pan-African Dance for Mirroring and Strengthening Diverse Communities</p>	<i>Erin Holmes, MS, LCAT, BC-DMT</i>	3 (ADTA; NBCC; NY LCAT)

This workshop begins with an introduction to finding someone whom you connect with, non-verbally, that seems to be a "match". Participants will then define and investigate phenomena such as present day stereotypes, social constructs and mandates on what is considered by Brenda Dixon Gottschild to be the "black dancing body" in the Americas. Participants will have the opportunity to engage in a structured, in person, 30 minute Umfundalai (Welsh, 1970) dance class that leads into a 30 minute dance movement therapy session. Afterwards, participants will investigate and compare healing processes (Schmais, 1985) which occur within each of those group experiences. The discussion to follow defines the ways in which this technique is used as both an assessment tool and cultural resource for African-Americans. Lastly, participants will gain an understanding about how to apply this technique as a holistic and healing approach within the field of dance movement therapy.

11:00 AM 12:00 PM Lunch on Your Own

12:00 PM 3:00 PM **Intensive - Half Day: Synchronization in DMT: Finding Homebase in Culturally Informed Movement Patterns** 3 (ADTA; NBCC; NY LCAT)

In a globalizing world, international connectivity and conflicts leave their traces in migration and refuge. Coping, resilience as well as one's capacity to transition between cultures is challenged. Transcultural psychiatry addresses how to support those suffering from psychological adversities after cultural transition. DMTs, experts in non-interpretative movement observation and design of interventions, may be well-equipped to support transcultural connectivity, diversity and interaction. The workshop will focus on specific dance and movement aspects of transcultural therapeutic work. Participants are invited to bring dance and movement structures from their personal cultural background (e.g., folkloristic dances, movement sub-cultures in urban societies etc.) to explore how culture informs the dance movement therapist's personal movement repertoire when interacting with others. Structures are offered to explore how i) dance movement therapists can contribute to resilience and recovery during cultural transition and ii) to create awareness of how people move and connect across cultures through movement articulation and dance-informed identity.

Rosemarie Samaritter, PhD
Simone Kleinloch, PhD Candidate

Intensive - Half Day: Heartbeat of the Earth: Connecting through Native American Storytelling as a DMT practice 3 (ADTA; NBCC; NY LCAT)

Creation stories, ancestral stories, and teaching stories are all flowing with Indigenous ways of knowing and tradition. These stories are spoken, prayed, breathed, danced and lived. This experiential Native American dance/movement therapy offering will engage participants in the various ways members of the Multicultural and Diversity Committee Native American Affinity Group share individual and collective experiences of connection to earth, heritage, community, and storytelling informing their work as dance/movement therapists. Indigenous ways of knowing and being in harmony with the earth, nature, and all inhabitants of the universe will serve as the basis of our storytelling embodiment experiences.

Selena Coburn, BC-DMT, LMHC, LCPC
Amanda Williams, LAC, R-DMT
Amber Elizabeth Gray, MPH, LPCC, BC-DMT, NCC
Vonie Stillson, BC-D/MT, ACS, LPC, NCC, ATRIC
Angela Grayson, PhD, BC-DMT, LPC, NCC
Jean Dili, BC-DMT, LPC, LISC
Wesley Johnson-Klein, BC-DMT, LCAT

CONFERENCE WORKSHOPS

4:00 PM 7:00 PM **The Healing Power of Compassion – Cultivating Compassion in Dance/Movement Therapy (Mid, 51-75%)** 3 (ADTA; NBCC; NY LCAT)

Yael Schweitzer, LCSW, BC-DMT

Compassion has been increasingly researched and acknowledged for its contribution to the health and well-being of individuals, groups, and communities. Feeling compassion connects us to our shared humanity and promotes tolerance and acceptance of human differences and uniqueness. The presentation demonstrates through theory and practice how to cultivate compassion in Dance/Movement Therapy. The presenter will share examples of the healing effects of this integration with different populations. The experiential part includes Mindful Self-Compassion and Loving-Kindness meditations practiced in dance and movement, following Mettler-Based dance principles. A concluding discussion guides participants how to implement these practices with their clients and communities.

Trauma-Informed Care for Dance/Movement Therapists: Transforming the Well-Intentioned Therapist with Effective Skills and Tools (Entry, <25%)

Ryan Kennedy, PsyD, LP, BC-DMT, CLMA, RSME/T

3 (ADTA; NBCC; NY LCAT)

When working with clients presenting with histories of acute or chronic trauma, sometimes the practitioner's desire to reduce suffering can prevent the client from being able to do the work necessary for healing. This is why it's so necessary to have a trauma-informed lens that fits within a larger trauma-sensitive environment with access to trauma-specific treatments. During this session, we unpack what each of these elements are and apply them to the field of dance/movement therapy. We also explore how trauma can be located and addressed in ways that recognize its presence and impacts on individual, interpersonal, institutional, ideological levels.

Allies and Collaborators: Building Relationships Through Social Action (Mid, 51-75%)

Melody Gamba, LMHC, BC-DMT

3 (ADTA; NBCC; NY LCAT)

This workshop builds upon racial identity, unrealized bias, privilege, and challenges participants to examine their roles of engagement when building relationships. The research discussed will support the core concept of building relationships to foster community dialogue, bring awareness to racial identity, and create more empathetic and compassionate communities necessary to lay the foundation for social action and anti-oppressive allyship. Through self-reflection, embodiment, and expressive arts experientials this workshop investigates how applying Knapp's Relational Model in conjunction with the Oppressive Action Model may strengthen collective liberation while dismantling the helper/beneficiary model to support equitable and just social change.

Ebony Nichols, MA, BC-DMT, CAT-LP

Angela Grayson, PhD, BC-DMT, LPC, NCC

Charne Furcron, LPC, BC-DMT, NCC, BCC, ACS, MAC, CPCS

Applying Ethical Decision-Making Models to Ethical and Legal Issues in Dance/Movement Therapy (Mid, <25%)

Leslie Armeniox, Ph.D., MCAT, LPC, LCMHC, BC-DMT

3 (ADTA; NBCC; NY LCAT)

The measure of the integrity of a profession is its ability to self-regulate; to describe and define measures of professional behavior; to dialogue and come to agreement on standards of practice in an evolving world; and to thoughtfully consider culture-contextual dynamics while prioritizing the well-being of clients. Most ethical dilemmas can be adequately addressed by applying ethical decision-making models. It is vital to the development of the profession that we teach ethical decision-making models to assist DMTs. Most critical in our evolution as a profession is the consideration of culture, diversity, context and other ecological variables when applying ethical decision-making models.

4:00 PM

5:15 PM

From Self to Interpersonal Emotion Regulation: DMT group for Female Inmates at Detention Center (Mid, 26-50%)

Pei-shan Tsai, MA, NCC, BC-DMT, GLCMA

1.25 (ADTA; NBCC; NY LCAT)

ADTA 57 Conference - Agenda at a Glance

The ability to regulate emotions is essential for maintaining physical well beings, mental health and social functioning, and enormous research on emotional regulation has been conducted in recent years. Gross's Process Model of Emotional Regulation is one of significant frameworks among them. To add the elements of Positive psychology, a dance therapy group was designed and conducted based on positive self-emotional regulation model to promote emotional regulation and stress reduction among female inmates at detention center in middle region of Taiwan. Five emotional regulation strategies were transformed into DMT practice. A review and moderated DMT activities will be presented and experienced.

A Dynamic Adaptation (Mid, <25%)

Dance is a way to enter the world of others, to understand them. In a recreative context with specialized population as ASD children, it is useful to be aware of their needs. A clear structure helps them to stay in touch with us and the group, but this has to be dynamic as we adapted our classes to the participants from week to week. They are invited to explore movement in a safe environment, to connect with themselves and others.

Elysa Cote-Seguin

Emilie Barrette

1.25 (ADTA; NBCC; NY LCAT)

5:30 PM 6:45 PM

Embracing Caregivers: Fortifying Nursing Professionals through Workplace Wellness (Mid, 0%)

Nurses are the backbone of the American healthcare system. Emergency, Critical Care and Operating nursing staff have experienced significant workplace stress, crisis and chaotic workload changes that have driven an epidemic of burnout. Stigma surrounding seeking mental health support is one of many hurdles to providing care to hospital nursing staff. This seminar seeks to discuss the aforementioned nursing vocations, hurdles to providing support and how dance/movement therapists and body-based clinicians can help reduce stigma by providing somatic skills and education, mental health support and burnout prevention techniques for nurses, specifically within their workplace environments.

Melissa Schleicher, LCPC, BC-DMT, GL-CMA, iRest® Level 2 Teacher

1.25 (ADTA)

7:00 PM 8:00 PM Dinner on Your Own

8:00 PM 9:30 PM Opening Ceremony

Friday, October 28

Start Time	End Time	Event	Presenter(s)	CE Credits
7:00 AM	6:00 PM	Conference Registration		
7:15 AM	9:00 AM	Business Breakfast Meeting		
9:30 AM	11:15 AM	Keynote Presentation Healing and Transformation through the Embodied Power Flower in Dance/Movement Therapy	<i>Enid Lee</i>	1.5 (ADTA; NBCC)
		In this interactive keynote, Enid Lee will engage us in examining our systems and ourselves as we use a justice-centered approach in the therapeutic arts to free our minds and enrich our lives.		
11:30 AM	12:45 PM	WORKSHOP CANCELED What Connects Us in the Movement of Proximities and Distances (Adv, 50-75%)	<i>Valeria Alejandra Agostinetti</i>	1.25 (ADTA)

Aguilar, Chillemi and Coido (2018) emphasize that human development is never individual, "everything is with, by and through others" (p1). Learning with others "occurs (...) above all because of the differences that nourish and enrich us" (Agostinetti and Gros, 2021). María Lugones (2016) suggests the need to create spaces in which it is possible to "seek in others what resonates with us" (p2). We learn to speak the words of others. The body has another language, that of the senses and emotions. Is it possible through movement to develop a dynamic of bonding that exceeds the mandates of language?

The Africanist Aesthetic in Movement Observation (Mid, 26-50%)

Ebony Nichols, M.A., BC-DMT, CAT-LP

1.25 (ADTA; NBCC; NY LCAT)

As a cultural expression, dances of the African diaspora represent the diverse nature of African derived movement. Many traditions were passed down through oral history, generation to generation and are transformed by Africans' experiences throughout the diaspora as ways of speaking, moving, and approaching artistic expression has roots firmly planted in Africa. Social and vernacular dances such as Afro House, Afrobeat, Hip Hop, various Afro-Latin and Caribbean styles are representations of African diasporic dance and cultural expressions. These dances in relation to cultural identity can be considered part of ones being. Cultural humility requires that dance/movement therapists become aware of their own personal movement repertoire and invite cultural rhythmic patterns and movement styles that reflects the client's culture in therapeutic practice for greater healing potential.

MIRROR ME: The Dance of Tech-Assisted Interventions for Neurodiverse Populations (Mid, <25%)

Karen DeHaven, MA, BC-DMT, LPC

1.25 (ADTA; NBCC; NY LCAT)

Come learn about current research on attunement, mirroring and Virtual Reality (VR) for improving social skills and learning outcomes in neurodiverse populations. Building attunement and mirroring skills is very challenging for these population, but is necessary for improved personal connections and academic success. VR technology may help greatly with this by keeping clients engaged, and by providing a comfortable, scaffolded environment to develop these skills. Participants will learn about a new VR-based tool for adjunctive therapy called Mirror Me that addresses these issues. Come see and experience this first hand!

Michael Stauffer

Rhythm and Reward: The Significance of Neural Synchrony in DMT(Adv, 51-75%)

Rebecca Barnstaple

1.25 (ADTA; NBCC; NY LCAT)

Connection to self and others is a vital concept in dance/movement therapy. In this workshop, we present the neuroscientific understanding of rhythmic synchrony both within the brain and between other brains, a phenomenon that leads to reward perception and interpersonal connection. We introduce a scientific perspective on entrainment, the alignment of brain oscillations and externally perceived rhythms that is promoted by rhythmic music and dance. Through group experiences and discussions, participants will increase their understanding of these neuroscientific concepts and gain practical insights into using different types of rhythm in their clinical work with varying populations and cultures.

Rebekka Dieterich-Hartwell, PhD, BC-DMT, LPC

Moving our Collective Healing (Mid, 75%)

Jessica Young, MA, BC-DMT, LCPC, GL-CMA

1.25 (ADTA; NBCC; NY LCAT)

Healing centered engagement (HCE) offers a culturally responsive approach for understanding trauma. While a trauma informed approach supports the whole person, instead of maintaining a focus on symptoms and behaviors, a healing centered approach also includes culture, spirituality, collective healing, and civic action. This workshop introduces key principles of HCE and focuses on collective healing. Sharing our individual survival dances to culminate in a collective dance of healing, we will discuss ways that HCE can be applied in education, research, and practice and extend a call to action to carry this work forward within our own communities.

*Robyn Flaum Cruz, Ph.D., BC-DMT, LPC
Aisha Robinson, BC-DMT, LCPC*

CANCELED

~~Virtual DMT Groups in the Pandemic: Insights and Experiences of Indian Dance/Movement Therapists (Entry, 0%)~~

1.25 (ADTA; NBCC)

~~*Deepa Sai Avula, BC-DMT
Sanjini Kedia, RDMP (ADMPUK)*~~

~~A mental health epidemic has been paralleling alongside the global pandemic and making its impact individually and collectively. Amidst its second wave in 2021 in India, a collective of dance/movement therapists practicing in a mental healthcare organization, Dance for Mental Health (dMh), have responded by creating a digital community space, contained by a group therapy format for collective healing. There were a total of five such groups based on various mental health needs, such as anxiety, procrastination etc.. Through this workshop, we'll share the clinical embodied experiences of the facilitating Indian Dance/Movement Therapists. This research is on-going and this presentation aims to provide cultural specific insights, virtual movement interventions, and inclusive experiences to the larger global DMT field. DMT field.~~

Demystifying the Process of Addressing Questionable Ethics (ALL, 25-50%)

1.25 (ADTA; NBCC; NY LCAT)

*Selena Coburn, BC-DMT, LMHC, LCPC
Lauren Milburn, BC-DMT, LMHC, LCPC
Jennifer Whitley, M.S., BC-DMT, LCAT, CMA
Megz Roberts, MA, R-DMT, RMT, CPT
Nancy Herard-Marshall, MS, LCAT, BC-DMT
Hang Yin Candy Lo, MA, BC-DMT, RDT/BCT, CCLS,
Neha Christopher, MS, BC-DMT
Douglas Cornman, MA, BC-DMT*

The Standards & Ethics Committee members spent the past year clarifying the current policies and procedures in filing an ethical issue to make the process more easily understandable and accessible. This workshop will invite participants to understand in depth what updates have been made to the procedures that involve an ethical awareness, matter, concern, or complaint. The document titled "How to Resolve Situations Involving Questionable Ethics" details specific measures that ADTA consumers and members can take in reporting, differentiating what each ethical category is and the corresponding procedures for them. The Standards & Ethics Committee members will also facilitate an experiential related to this process.

Watery Embodiment - The Watery Therapist; Posthuman Feminist Phenomenology Informed Therapeutic and Care Practice (Mid, 100%)

Janka Kormos, PhD candidate

1.25 (ADTA; NBCC)

The practice proposes to view the therapist and the therapeutic space as a body of water that holds and mobilizes. The workshop brings forth questions of difference, collective creaturehood, continuous figuring of non-fixed identities. The workshop explores processes of creating relationships in movement through spilling, leaking, overflowing, freezing, transfusing. Attuning to human and non-human bodies of water expands the boundaries of the individual and the self into the hydro-commons. Inter-and transcorporeality, inter and between subjectivities, somatic transference, bodily containing, fluid boundaries, kinesthetic attunement and holding will be explored through guided movement improvisation.

12:45 PM 1:45 PM Lunch on Your Own

12:45 PM 1:45 PM Affinity Group Meetings

ADTA 57 Conference - Agenda at a Glance

1:30 PM	3:00 PM	DMTAC Meeting		
1:35 PM	2:45 PM	Regional Caucuses		
3:00 PM	4:30 PM	Marian Chace Foundation Lecture		
		HEARTLINES: Gathering Wisdom from Many Streams	<i>Dr. Amber Gray, MPH, MA, Ph.D, BC-DMT, NCC, LPC, LPCC</i>	1.5 (ADTA; NBCC; NY LCAT)
		How do we know that dance is universal as it is so often claimed to be? How do we as DMT's prepare ourselves to be wholly present and engaged in clinical and therapeutically diverse spaces? How do we help unwind years of oppression and moral injury in the body? How do we show up in our own bodies so that we transmit a "safe enough" presence to clients? How do we know what we know and lean into the unknown as we hold all of this in a restorative space? Sourcing 25 years of work, this lecture explores the wisdom of many voices: Survivors of human rights violations and oppression. Human and non-human persons. The earth and ocean body. Embodied perspectives on Polyvagal Theory. Ancestors. Drawing from a body of heart-centered work dedicated to "uprising" the voices of the silenced, DMT is centered as a pathway towards restoration, belonging, connection, and dignity.		
4:30 PM	5:30 PM	Research and Thesis Project Poster Session		1.0 (ADTA)
5:15 PM	6:15 PM	Shabbat Candle Ceremony		
5:30 PM	7:00 PM	Dinner on Your Own		
7:00 PM	9:00 PM	Movie Night: <i>The Moving Child II: Dance Therapy in Action</i>		2.0 (ADTA)
		A unique film made by Canadian Dance Therapist Hana Kamea Kemble (BC-DMT) featuring 10 North American BC-DMTs in their applications of DMT with Infants, Children, Youth and parents in a variety of different school, community and private practice settings. The Moving Child Film II supports our DMT and allied communities with more understanding of the efficacy of DMT and the importance of relational movement as well as emotional expression harnessed through movement for healthy child development. After an introduction and 10 minutes of movement/ body-centered connectivity, we will share the 80-minute film, then finish with a brief movement practice and concluding Q&A session.	Suzi Tortora, ED.D., BC-DMT, C.M.A., LCAT, LMHC Renee Ortega, PhD, BC-DMT, LCAT, COTAI/L Dr. Miriam Roskin Berger, BC-DMT, LCAT Patricia P. Capello, MA, BC-DMT, NCC, LCAT Mariah Meyer LeFeber, PhD, LPC, BC-DMT Megan English, MA, RDMP (ADMPIUK) Miriam Schacter, Registered Psychotherapist (CRPO)	
7:00 PM	9:00 PM	MultiCultural Diversity Committee (MDC) Open Meeting		

Saturday, October 29

Start Time	End Time	Event	Presenter(s)	CE Credits
7:00 AM	4:30 PM	Conference Registration		
8:15 AM	11:15 AM	Extending Connections through Aesthetic Mutuality (Adv, 26-50%)	<i>Susan Imus, LCPC, BC-DMT, GL-CMA</i>	3 (ADTA; NBCC; NY LCAT)

Creative arts therapies are interdisciplinary, relying on many theoretical frameworks and language from allied professions to describe themselves and make connections. This workshop will examine language and theory through aesthetic mutuality, a fundamental mechanism of the creative arts therapies as conceptualized by Imus (2018, 2021), and joint therapeutic factors described by deWitt, Orkibi, Zarate, et al. (2021). Aesthetic mutuality will be explored through didactic, experiential learning and case studies. Participants will take the Creative Interest Inventory to develop an aesthetic experience with another. They will examine how the developing therapeutic factors evolve into empathic reflection and inform clinical decision making.

*Jessica Young, MA, BC-DMT, LCPC, GL-CMA
Laura Allen, MA, LCPC, BC-DMT, GL-CMA*

Clinical Supervision as a Restorative Practice During a Time of Collective Stress (Mid, 51-75%)

From the perspective of one supervisor/supervisee dyad, this workshop will explore the dance/movement therapy supervisory relationship through a contextually sensitive lens, considering how the state of the world influences both the supervisor and supervisee's lived experiences. Participants will engage in experiential exploration of the parallel process in clinical supervision, re-examine the concept of "self-care" as community care, and emphasize supervision as a restorative practice. The workshop will provide participants an opportunity to build awareness of the impact of the current historical context and collective stress on both the supervisee and supervisor.

*Christina Devereaux, PhD, LCAT, LMHC, BC-DMT, NCC
Lauren Harrison, MA, LMHC, R-DMT*

3 (ADTA; NBCC; NY LCAT)

The Roots & Future of Child DMT 19th Early Childhood Forum: Telehealth Video Animation Healing (Mid, 51-75%)

This forum is dedicated to tracing the roots and evolution of DMT with children, focusing this year on the leap we made moving our deeply embodied work to a virtual platform. What we learned by entering family environments of this youngest population is highlighted. Through discussion and experientials, participants explore the strengths, challenges, and innovations we discovered, including creating new video and animation props to engage children and how intercultural communication/competency from the diversity, equity and inclusion lens bridged the gap in understanding and supporting caregiver/child relationships by attuning to the lived experiences of the families and children we support.

*Suzi Tortora
Renee Ortega*

3 (ADTA; NBCC; NY LCAT)

Mindful Movement: Dance, Yoga, and Human Connection through Spirituality (Mid, 26-50%)

Dance is innately healing; and like yoga, it can offer an opportunity for increased consciousness and connection. As a Dance/Movement Therapist, I intertwine yoga and to provide clients an opportunity to experience growth intra- and interpersonally. Using the framework of mindfulness, this workshop will explore the integrative application of yoga practices and dance/movement therapy approaches. Through an introduction of the eight limbs, experiential in various lineages, and discussion on decolonization of our practices, this workshop provides a foundation for healing. Weaving together mindfulness, dance/movement therapy, and yoga this session will be an opportunity for personal self-care and advanced professional skills.

Sara R. van Koningsveld, MA, LPCC, BC-DMT, GL-CMA, RYT 500

3 (ADTA; NBCC; NY LCAT)

Creative Systems Theory: A Powerful Framework for Engaging the Creative Process Therapeutically and Pedagogically (Mid, <25%)

Ryan Kennedy, PsyD, LP, BC-DMT, CLMA, RSME/T

3 (ADTA; NBCC; NY LCAT)

Creative Systems Theory (CST) is a deepening of contemporary systems theory that was developed by psychiatrist Charles Johnston. CST takes General Systems Theory and adds to it a discussion about how the formative process of inspiration, creation, manifestation, and integration affect all systems in an organic, nonlinear, non-mechanistic way. Creative Systems Theory can be used as a framework for assessing a client's therapeutic journey. It can also be a helpful tool for framing dance/movement therapy pedagogy. This experiential workshop acquaints participants with CST and invites an appreciation for the gifts and challenges that are associated with each of the phases.

8:15 AM	9:30 AM	<p>History and Critique of Therapeutic Culture within the Context of Dance/Movement Therapy (Mid, 0%)</p> <p>Psychotherapy, generically understood, is more than a development of medicine or science; it is a phenomenon of culture, an aspect of the Zeitgeist of twentieth-century America. Therapeutic buzzwords: "personal responsibility," "recovery," and "adapting." Such linguistic markers indicate that the text is working to personalize and privatize responses to crisis. Certainly, therapy has its place: as an enabler of individual healing after personal trauma and as a prepolitical precursor to public engagement. There has been among psychologists and psychiatrists a challenge to the individualist, apolitical limits of traditional psychotherapies.</p> <p>It seems to have become increasingly important to consider the question of how Dance-Movement Therapy contributes to social cohesion, social mobility and social change. What is the premise from which it acts, what language/tools does it employ and what are the discourses that its practices enable, promote and create.</p>	<i>Janka Kormos, PhD candidate</i>	1.25 (ADTA; NBCC)
		<p>Renewing Connections and Recalibrating Embodiment in Hybrid DMT Pedagogy and Supervision (Adv, <25%)</p> <p>Adapting to hybrid dance/movement therapy educational and supervisory delivery methods has come with both challenges and new discoveries. How have these shifts impacted the assumed norms of the profession and what embodied education means? This presentation offers approved program and alternate route DMT educators' thoughts, feelings, and observations of the educational experiences over the pandemic with a focus on identifying the holes in embodiment and renewing embodied connections. We address the relationship between various pandemic-related stressors such as wearing masks and perceptions of the body as a contagion, and the creative ways in which embodied learning was upheld and also limited.</p>	<i>Tomoyo Kawano, PhD, BC-DMT, NCC Mariah Meyer LeFeber Valerie Blanc, PhD, LMHC, BC-DMT, CMA</i>	1.25 (ADTA; NBCC; NY LCAT)
10:00 AM	11:15 AM	<p>Dance Therapy and Jewish Roots (Adv, 0%)</p> <p>The panel will focus on the role of Jewish women in the development of dance therapy in the United States, present interviews with some of these women, and explore the themes uncovered in the chapter. In addition, the panel will consider the role of intergenerational legacy by including panelists who are carrying on and developing new traditions. Being Jewish is a factor that has influenced many dance movement therapists, from an identification with values of social justice (tikkun olam), to an appreciation of communal folk dance, rituals and traditions, through the calling to be healers through the healthcare professions.</p>	<i>Ilene Serlin, PhD, BC-DMT Marsha Perlmutter Kalina, PhD, BC-DMT Mimi Berger, BC-DMT, LCAT Aliza Rivka, BC-DMT</i>	1.25 (ADTA; NBCC; NY LCAT)
		<p>Research Rumble: Wrestling with Ideas (ALL, <25%)</p>	<i>Cecilia Fontanesi, PhD, R-DMT, CMA</i>	1.25 (ADTA; NBCC; NY LCAT)

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How do we negotiate aspects of the research process from inception to completion? This workshop invites participants at any stage of their research process to engage with each other in a (non-violent) rumble of abstract concepts, ideas, strategies and concrete tools, methods, and measures. Pitch your process, problem, or passion to colleagues at various career stages and get exposed to the unfolding delights of research development in action in real time.

Rebecca Barnstaple, PhD
Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E
Robyn Flaum Cruz, PhD, BC-DMT, LPC
Kyung Soon Ko, PhD, BC-DMT, LCPC, GL-CMA, NCC
Tal Shafir, PhD, R-DMT, CMA
Minjung Shim, PhD, BC-DMT
Chevon Stewart, BC-DMT, LCSW

11:15 AM	12:45 PM	Lunch on Your Own		
11:30 AM	12:30 PM	MEETING CANCELED Dance/Movement Therapy Certification Board (DMTCB) Meet & Greet Affinity Group Meetings		
12:45 PM	2:15 PM	Multicultural Diversity Committee (MDC) Shared Space		
2:30 PM	5:00 PM	International Panel Adapting and Transforming: The Immigrant Experience of Dance/Movement Therapists Dance/Movement Therapists are part of the global community. Hailing from all continents, some DMT's are born, educated, and practice in the countries in which they are born. Others choose to move to other countries to train and then return home; and yet others make the bold move to immigrate to another country to live and practice their profession. The 2022 International Panel will investigate the journeys of dance/movement therapists who have experienced some of the challenges and realities of the immigrant experience: learning a new language, leaving a familiar culture, uprooting families, leaving friends, and becoming a member of a new community. By listening to their unique stories and observing their personal dance/movement expression, we will have the valuable opportunity to see the resilience of adaptation and transformation that is inherent in dance/movement therapists from around the world.	<i>Panelists: Thania Acaron, Zeynep Catay, Cecilia Fontanesi, Grace Ho, Elissaveta Iordanova, Tanya Lazuk, Deborah Montalvo, Corrine Ott, Zuzana Sevcikova</i> <i>Panel Chair Dr. Miriam Roskin Berger;</i> <i>Associate Chair Patricia P. Capello</i>	2.0 (ADTA, NBCC, NYLCAT)
6:00 PM	7:00 PM	Alternate Route Educators Meet & Greet Alumni Gatherings		
7:00 PM	11:00 PM	Awards Banquet and Dance		

Sunday, October 30

Start Time	End Time	Event	Presenter(s)	CE Credits
7:00 AM	2:00 PM	Conference Registration		
8:30 AM	11:30 AM	Moving Within the Medical Model: An Embodied Exploration of Opportunities and Challenges in Medical DMT (Mid, <25%) In this workshop, participants will gain an embodied and culturally sensitive understanding of the unique goals, techniques, and possibilities of utilizing DMT in a medical setting. Facilitators will discuss such topics as adapting to the medical environment, exploring the dance therapist's professional identity in a medical setting, and addressing the existential questions that arise. This workshop will be organized into three main sections: 1) presentation of real-world medical DMT experiences; 2) a guided experiential in which participants will explore client and therapist perspectives in the medical DMT setting; and 3) ample time for Q & A and discussion.	<i>Minjung Shim, LCPC, BC-DMT, GL-CMA, iRest® Level 2 Teacher</i> <i>Eri Millrod, PhD, LPC, NCC, BC-DMT</i>	3 (ADTA; NBCC; NY LCAT)

Moving Gracefully with Life's Ultimate Concerns: Dance/Movement Therapy, Existential Psychology, and the Creative Process (Mid, <25%)

Ryan Kennedy, PsyD, LP, BC-DMT, CLMA, RSME/T

3 (ADTA; NBCC; NY LCAT)

Many Dance/Movement Therapists have learned to focus on assisting clients in developing strong egos, greater self-esteem, and increased interpersonal connection. Though these are admirable goals; when clients experience trauma, loss, or other threats to identity; they are often left struggling to create meaning in their lives without enough tools. Existential psychotherapy provides a foundation for Dance/Movement Therapists to meet clients facing these types of issues with more grace and skill. By exploring the "ultimate concerns" that lie under the surface of many presenting problems, Dance/Movement Therapists can support clients in engaging their lives with more choice, balance, and creativity.

Group Dynamics from a Multicultural and Multimodal Expressive Therapy Perspective (Mid, 51-75%)

Talia Bendel-Rozow, PhD

3 (ADTA; NBCC; NY LCAT)

Eliza Homer, PhD, ATR-BC, LCPC-C, NCC

This workshop aims to deepen participants' understanding of key considerations for facilitating groups. Aspects of cultural humility will be examined to explore specific adaptations needed to honor group diversity, while acknowledging the unique attributions of individual participants' personal growth processes. Two inclusive and international studies (Mexico, Israel) conducted by the presenters will be briefly presented, highlighting cultural humility in action. Through the intermodel movement and art activities, participants will find common grounds for culturally adaptive group work as well as experience the potential for increasing the opportunities for multicultural expression and presence of diverse voices within the group.

In Vulnerability and Delight: An Integrated Model of Dance Movement Therapy, Sensorimotor Psychotherapy (SP) and Internal Family Systems (IFS) for the Closing Stages of Therapy (Adv, 26-50%)

Megan English

3 (ADTA; NBCC)

Miriam Schacter

This workshop, facilitated by Megan English, RDMP-RP, and Miriam Schacter, RP/danceABILITIES, explores the relational experiences and clinical considerations in the closing stages of therapy through an integrated model of Dance Movement Therapy, Sensorimotor Psychotherapy (SP) and Internal Family Systems (IFS). Participants will have the opportunity to explore SP phase three experientials with a focus on the following: attunement and positive attachment, breathwork and psychoneurology, IFS concepts of the "Self" including curiosity, commitment and confidence, interoception and dance improvisation, and the elements of dance, as they relate to clients' new relational pathways and experiences of self-leadership.

8:30 AM

9:45 AM

Attending to the Sacred in DMT: Integrating Body, Mind and Spirit (Mid, <25%)

Dr. Rev Ouida Pihulyk, CSDS, EAP BFA (Dance), MTS, DMIN

1.25 (ADTA; NBCC)

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This conversation will survey the intersection of spirituality and dance/movement therapy by engaging in learning that answers the overarching question How to attend to the Sacred in DMT.

It is noted that for some attention to the spiritual can be an essential step towards integrating their whole. For them the lingering question is body, mind and what's missing? For this reason, it will be suggested that if DMT's can enhance their body of knowledge to be more inclusive of sacred orientations this can increase the comfort level of spiritually centric clients and this may lead to better therapeutic outcomes.

This session will include invitations to practically engage experientially with somatic exercises such as: centering breath, ecumenical and universal meditations, music, poetry and sacred texts. The sacred will be shown to offer a complimentary bridge for movement to journey to the clarifying space that encourages wholeness and inner healing.

Ximena Vidal-Seifert, BFA (Dance), B.Ed., MDiv (Counseling)

Person to Person: DMT Competency Evaluation through Encounters in the Standardized Patient Lab (Mid, 0-25%)

How do we truly know the experiences of the clients we serve, especially considering the question, "how does it feel to be in my care?" How might Standardized Patient (SP) actors assist DMT students in understanding these perspectives, and developing insights about their developing skills? This presentation describes the use of both virtual and in-person SP Lab experiences for evaluation of competencies required in the new ADTA Approval standards. We will explore possible relationships between student self-reflective experiences, SP feedback, evaluator feedback, intercultural learning encounters, new competency-focused ADTA Standards, and how these processes might inform training models and evaluation goals.

Christina Devereaux, PhD, LCAT, LMHC, BC-DMT, NCC

1.25 (ADTA; NBCC; NY LCAT)

*Sherry Goodill, Ph.D., BC-DMT, NCC, LPC
Dawn Morningstar, MA, BC-DMT, NCC, LPC*

10:00 AM 11:15 AM

Embodied Integration of the Non-Ordinary: Altered-states, Psychedelics, and Trauma (Mid, <25%)

Non-ordinary states of consciousness, long revered as a profound part of the human experience, offer portals into the unknown of the bodymindspirit interface and its transformative potential. This presentation will explore responsive witnessing approaches to embodied integration of trauma, psychedelic experiences, and other altered-states of consciousness. By practicing within relatively safe containers of intention and forming right-relationship with the medicine or process, we can access our inherently healing intelligence of restoration and growth, allowing for reconnection to the wholeness of our being.

Lauren Milburn, BC-DMT, LMHC, LCPC

1.25 (ADTA; NBCC; NY LCAT)

Dance/Movement Therapy as An Agent of Social Change to End Oppression and Marginalization of Sexuality (Adv, <25%)

Sexuality has been relegated to the abject self — a relic of power and control over the body seen across cultures which marginalizes eroticism outside phallic-centrism and a gender-binary perspective. Sex Therapy has done much to advance our understanding and inclusiveness of sexuality yet its perspectives are largely behavioral and cognitive-based. Meanwhile, the field of dance/movement therapy has done very little to integrate an inclusive view of sexuality for the clients and communities that we support. DMT can now participate in embodied social change and advocate for "body equity" by integrating sexuality into our theory, movement systems, bodyful practices, and training.

Melissa Walker, MA, LPC, R-DMT

1.25 (ADTA; NBCC; NY LCAT)

Kim Rothwell, LCPC, LMHC, CADC, BC-DMT, GL-CMA

12:00 PM 1:15 PM Closing Ceremony