***ALTERNATE ROUTE COURSE CALENDAR***

Alternate Route Current Course Listing Procedure:

1. **Only courses approved for Alternate Route R-DMT training can be posted**.
2. List only active courses e.g. courses that will be or are currently being offered and open to AR students.
3. Course submissions should be sent toChevon Stewart (cstewart5@antioch.edu) with “ARES course listing” in subject line)
4. Course submissions must be brief and comply with the following information format:
* Name and email/phone number of the person submitting course information
* Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
* Dates and times of course
* Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
* Location (City/State or City/Country)
* Primary Instructor’s name; Institution (if applicable)
* Email/phone contact for additional information
1. Course submission with incomplete or additional information will be returned to the submitter for revisions.
2. Courses will be posted three times a year, see below for dates.
3. Any changes or corrections to the submitted information should be sent to fbenordstrom.loeb@gmail.com.
4. Courses will be removed from the published list after the listed date of the first class session.

**Due dates send to Chevon (cstewart5@antioch.edu):**

 **November 30th (posting  Jan 1 )**

 **Mar. 29th (posting April 1 )**

 **June 30th (posting Aug 1)**

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| **USA EAST COAST**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website** **(if applicable)** |
| August 20-23,20249:00am-5:00pm EST | Introduction to the Kestenberg Movement Profile | Lehigh Valley, PAIn-person | Suzanne Hastie, MA, BC-DMT, NCC, LPCCertified KMP Analyst | suzannehastie@aol.com610-417-0831 |
| June 21st- June 25th, 2026In PersonSaturday-WednesdayTime: TBD\*Some synchronous virtual meetings pre and post residencyTime: TBD | Psychomotor Assessment of Adults3 Credits/45 hoursAsynchronous work and assignments throughout the summer Semester | Keene, New Hampshire | TBD | Dr. Tomoyo KawanoTkawano@antioch.edu  |
| June 26th- June 29th, 2026Thursday- SundayTime: TBD\*Some synchronous virtual meetings pre and post residencyTime:TBD | Psychopathology and Treatment Planning: DMT Perspectives3 Credits/45 hoursAsynchronous work and assignments throughout the summer Semester | Keene, New Hampshire | TBD | Dr. Tomoyo KawanoTkawano@antioch.edu  |

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| **USA CENTRAL**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website** **(if applicable)** |
| August 19 -December 2nd, 2024Saturdays 9am -12 pm EST | Observation and Assessment of Movement 23 credits, 45 hrs | Gainesville GA, United States & Online  | Amy Jacques, BC-DMT & Ingrid Lacey, BC-DMTBrenau University | ajacques1@brenau.edu<https://www.brenau.edu/programs/certificate-dance-movement-therapy/>individual classes are possible |
| August 19th- December 2nd, 2024Saturdays12-3 pm EST | Specialty Practicum 2 (to be take in conjunctions with a practicum or internship)3 credits, 45 hrs | Gainesville, GA United States & Online | Charné Furcron, BC-DMTBrenau University | ajacques1@brenau.edu<https://www.brenau.edu/programs/certificate-dance-movement-therapy/>individual classes are possible |
| Sept. 4- Dec.11, 2024Wednesdays 12:20-2:05 pm-CST | Intro to Dance/Movement Therapy DNCE 5334 2 Credits/30 hrs. | University of MN-TCMinneapolis MNUSA | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP MN Alternate Route Training (MNART) | Barbara Nordstrom-LoebFbenordstrom.loeb@gmail.com#612-916-1829 |
| Sept. 7 & 8, 2024Saturday & Sunday9am-6 pm CST | LMA I: Observation1 credit/15 hours | In person w/online optionsChicago IL USA | Stacey Hurst, BC-DMTEEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Sept. 6, Oct. 11 and Nov. 15, 20246-9pm CST virtual; Sept. 21& 22, Nov. 2&3, Dec. 7 & 8, 2024 Saturday & Sunday9-4pm CST in person | Group methods of Dance/Movement Therapy3 credits/45 hours | Hybrid Chicago, IL, USA | Eve Chalom, BC-DMTEEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Sept. 16-Nov. 19, 2024Tuesdays 5-8pm CSTIn person on Oct. 22 | DMT: Intro & Invitation2 credits/30 hours | HybridChicago, IL, USA | Kim Rothwell, BC-DMTEEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Sept. 27-29 & Nov. 8-10, 2024Fridays 6-9pm CSTSat/Sun 9-4pm CST  | LMA III: Shape, Space & Application2 credits/30 hours | In person w/online optionsChicago, IL, USA | Stacey Hurst, BC-DMTEEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| October 8th, 15th, 22, 2024TuesdaysOnline4-8pm CST (see note below) October 26-27th, 2024 Saturday & SundayIn person9:30-5pm CST**Asynchronous: 3 Hrs.** (Note: The On-line sessions can be adjusted to different days and/or times TBD by class participants- Contact Barbara for details) | Dance/ Movement Therapy 1: The Power of Movement2 cr/30 hrs no prerequisites | The Arena 711 W. Lake St, Studio 308 Minneapolis, MN USA | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEPMN Alternate Route Training (MNART) | Barbara Nordstrom-LoebFbenordstrom.loeb@gmail.com#612-916-1829 |
| October 18-20 & Dec. 6-8, 2024Friday 6-9pmCSTSat/Sun 9-4pm CST | Whitehouse Approach2 credit/15 hours | In personChicago, IL, USA | Kim Rothewell, BC-DMTEEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| November 1 – 3, 2024Fri-Sun.9:00 am - 4:30 pm CT | Embodied Neurobiology: Engaging Neurophysiological Intelligences through Dance/Movement Therapy2 credits (30 hours)  | Austin, TX | Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology | **Contact email:**registration@embodiedneurobiology.com**Website (registration & course details):**[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| November 12th & 19th, 2024TuesdaysOnline4-8pm CST(see note below)November 23rd-24thIn PersonSaturday & Sunday9-5pm CSTDecember 3rd &10thOnline(Note: The On-line sessions can be adjusted to different days and/or times TBD by class participants- Contact Barbara for details) | Movement Observation 1: Introduction to Laban Movement Analysis/Laban/Bartenieff Movement System 2 crs./30 hrs. no prerequisites  | The Arena 711 W. Lake St, Studio 308 Minneapolis, MN USA | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP MN Alternate Route Training (MNART) | Barbara Nordstrom-LoebFbenordstrom.loeb@gmail.com#612-916-1829 |
| May 10th- August 9th, 2025 Saturdays9am-12pm ESTSummer 2025Fully in-person or hybrid | DMT Theory and Practice 1: History and the Originators (Hybrid)3 credits, 45 hrs | Gainesville, GA, United States& Online | Amy Jacques, BC-DMTBrenau University | ajacques1@brenau.edu <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>individual classes are possible |
| August 23rd- December 6th, 2025 Saturdays9AM-12pm ESTFully in-person or hybrid | DMT Theory and Practice 3: Multicultural and Diverse Populations (Hybrid) 3 credits, 45 hrs | Gainesville, GA, United States & Online | Charné Furcron, BC-DMT Brenau University | ajacques1@brenau.edu <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>individual classes are possible |
| January 12th- April 24th, 2026Saturdays9AM-12pm ESTFully in-person or hybrid | DMT Theory and Practice 2: Theoretical Frameworks(Hybrid)3 credits, 45 hrs | Gainesville, GA, United States & Online | Amy Jacques, BC-DMTBrenau University | ajacques1@brenau.edu <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>individual classes are possible  |
| May 11th- August 14th, 2026Saturdays12-3pm ESTFully in-person or hybrid | Specialty Practicum 1 (to be taken in conjunction with a practicum or internship)3 credits, 45 hrs | Gainesville GA, United States & Online | Charné Furcron, BC-DMT Brenau University | ajacques1@brenau.edu<https://www.brenau.edu/programs/certificate-dance-movement-therapy/> |

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| **Distance /On-Line Format (non-hybrid)**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Primary Instructor/****Institution** | **Email/phone contact/organization website** **(if applicable)**  |
| August 1 – October 3, 2024Thursdays7:00 PM – 10:00 PM EDT | An Experiential and Theoretical Introduction to the Kestenberg Movement Profile — KMP I(2 credits/30 hours) | Online via Zoom fromNew York, NY USA  | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| August 16, 17, 18, 23, 24, 25, 2024 Friday- Sunday9:30am-6pm PT | Dance/Movement Therapy Theory & Practice   3 credits - 45 hrs.DMT For the Higher Functioning Client: The Methods of Blanche Evan | Zoom synchronous experiential course | Bonnie Bernstein, LMFT, BC-DMT, REAT “Life Is Movement” Dance/Movement Therapy Institute: In The Methods Of Blanche Evan |  Contact Institute Director:Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified SupervisorFor Course Flyer, Institute Application, and Phone Interview contact: Email: bon4dance@gmail.comWebsite: [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| August 27-October 29, 2024Tuesdays 10am-12 noon EST | Introduction to the Kestenberg Movement Profile2 credits/30 hours | Primary Instructor in Lehigh Valley, PAOnline via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | suzannehastie@aol.com610-417-0831 |
| August 28th to Oct 30, 2024 weeklyTimes: 5:30-8pm Pacific Time Zone (plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part I: Theory, Methods and Techniques - beginner level.(2 credits/30 hrs)Category: DMT Theory & Practice | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: <https://themovementarc.com/dmt__3_years/introduction-to-dance-movement-therapy-i-2-credits-2/> |
| September 4 – November 13, 2024 Wednesdays(no class 11/23)7:00 PM – 10:00 PM EST | Introduction to Laban Movement Analysis (2 credits/30 hours) | Online via Zoom fromNew York, NY USA  | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| September 8 – October 26, 2024SundaysTime: TBD | Ethics in Dance/Movement Therapy. (1 credit/15 hours) | Online via Zoom from Rock Hill, SC USA  | Leslie Armeniox, Ph.D., MCAT, LCMHC, BC-DMT | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| October 14 —November 18, 2024 Mondays6:30 PM- 10:30 PM EST   | Anatomy & Kinesiology Part I (1.6 credits/24 hours) | Online via Zoom fromNew York, NY USA  | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| October 17, 2024 – January 9, 2025Thursdays and Some Sundays6:30 PM – 9:30 PMEST | Dance/Movement Therapy Theory & Practice I: LivingDance~LivingMusic: Where Dance is the Star and Psychology the Supporting Actor (3 credits/45 hours)  | Online via Zoom from New York & New Mexico, USA  | Danielle Fraenkel Ph.D., LCAT, LMHC, BC-DMT CGP & Michele Iemolo, PsyD., BCBA, R\_DMT, RYT-200, Licensed Psychologist | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| November 1 –3, 2024Friday-Sunday10:00 am - 4:30 pm CTSynchronous 12 hours Asynchronous | EmbodiedNeurobiology:EngagingNeurophysiologicalIntelligencesthroughDance/MovementTherapy2 credits (30 hours) | Online from Austin, Texas | Kalila Homann, LPC-S,BC-DMTEmbodied Neurobiology | Contact email:registration@embodiedneurobiology.comWebsite (registration & course details):[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| November 13th to December 11th , 2024 weeklyWednesdaysTimes: 5:30-8pm Pacific Time Zone(plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part II: Clinical Applications - beginner level(1 credit/15hrs)Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: https://themovementarc.com/dmt\_\_3\_years/introduction-to-dance-movement-therapy-ii-1-credit-2/ |
| November 15, 16, 17, 11, 22, 23, 24, 2024  Friday-Sunday 9:30am-6pm PT |  Dance/Movement Therapy Theory & PracticePart A- (30 hours)Prevention, Treatment, Aftercare, and Self CarePart B- (15 Hours)Advanced Clinical Skills: Blanche Evan3 credits - 45 hrs. | Zoom synchronous experiential course | Bonnie Bernstein, MFT, BC-DMT, REAT “Life Is Movement” Dance/MovementTherapy Institute: In The Methods Of Blanche Evan | Contact Institute Director:Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified SupervisorFor Course Flyer, Institute Application, and Phone Interview contact: Email: bon4dance@gmail.comWebsite: [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| November 25 —November 18th, 2024 Mondays6:30 PM- 10:30 PM EST every other week + 1 hour for final presentations | Anatomy & Kinesiology Part II (1.4 credits/21 hours) | Online via Zoom fromNew York, NY USA  | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| January 8th to February 5th, 2025 weeklyWednesdaysTimes: 5:30-8pm Pacific Time Zone(plus .5hr asynchronous)  | The Moving Child Part I: DMT with Infants and Children - intermediate level.(1 credit/15hrs)Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-i-dmt-with-infants-and-children-1-credit-4/ |
| January 23 —April 10, 2025Sundays and Thursdays 6:30 PM – 9:30 PM EST  | Dance/Movement Therapy Theory and Practice II: Foundations & Principles (3 credits/45 hours)  | Online via Zoom from New York & New Mexico, USA  | Danielle Fraenkel Ph.D., LCAT, LMHC, BC-DMT CGP & Michele Iemolo, PsyD., BCBA, R\_DMT, RYT-200, Licensed Psychologist | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| February 12th to March 12th WeeklyWednesdays Times: 5:30-8pm Pacific Time Zone(plus .5hr asynchronous) | The Moving Child Part II: DMT with Youth and Teens - intermediate level.(1 credit/15hrs)Category: DMT Theory & Practice,) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest instructor)of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-ii-dmt-with-youth-and-teens-1-credit-3/ |

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| **INTERNATIONAL**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Primary Instructor/****Institution** | **Email/phone contact/organization website** **(if applicable)**  |
| September 7-10, 2024 | Transference and Resistance in Dance/Movement Therapy:Recognizing and Working with Various Populations (2 credits/30 hours) | Beijing, China | Cara Gallo-Jermyn, BC-DMT, Creative Arts Therapist | education@inspirees.com[www.inspirees.com](http://www.inspirees.com) |
| September 13-16, 2024 | Theory and Practice of Dance/Movement Therapy – Developing Awareness of One’s Own Experience (2 credits/30 hours) | Shanghai, China | Cara Gallo-Jermyn, BC-DMT, Creative Arts Therapist | education@inspirees.com[www.inspirees.com](http://www.inspirees.com) |