***ALTERNATE ROUTE COURSE CALENDAR***

Alternate Route Current Course Listing Procedure:

1. **Only courses approved for Alternate Route R-DMT training can be posted**.
2. List only active courses e.g. courses that will be or are currently being offered and open to AR students.
3. Course submissions should be sent toChevon Stewart (cstewart5@antioch.edu) with “ARES course listing” in subject line)
4. Course submissions must be brief and comply with the following information format:

* Name and email/phone number of the person submitting course information
* Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
* Dates and times of course
* Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
* Location (City/State or City/Country)
* Primary Instructor’s name; Institution (if applicable)
* Email/phone contact for additional information

1. Course submission with incomplete or additional information will be returned to the submitter for revisions.
2. Courses will be posted three times a year, see below for dates.
3. Any changes or corrections to the submitted information should be sent to fbenordstrom.loeb@gmail.com.
4. Courses will be removed from the published list after the listed date of the first class session.

**Due dates send to Chevon (cstewart5@antioch.edu):**

**November 30th (posting  Jan 1 )**

**Mar. 29th (posting April 1 )**

**June 30th (posting Aug 1)**

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| **USA EAST COAST**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website**  **(if applicable)** |
| August 20-23,  2024  9:00am-5:00pm EST | Introduction to the Kestenberg Movement Profile | Lehigh Valley, PA  In-person | Suzanne Hastie, MA, BC-DMT, NCC, LPC  Certified KMP Analyst | [suzannehastie@aol.com](mailto:suzannehastie@aol.com)  610-417-0831 |
| June 21st- June 25th, 2026  In Person  Saturday-Wednesday  Time: TBD  \*Some synchronous virtual meetings pre and post residency  Time: TBD | Psychomotor Assessment of Adults  3 Credits/45 hours  Asynchronous work and assignments throughout the summer Semester | Keene, New Hampshire | TBD | Dr. Tomoyo Kawano  [Tkawano@antioch.edu](mailto:Tkawano@antioch.edu) |
| June 26th- June 29th, 2026  Thursday- Sunday  Time: TBD  \*Some synchronous virtual meetings pre and post residency  Time:TBD | Psychopathology and Treatment Planning: DMT Perspectives  3 Credits/45 hours  Asynchronous work and assignments throughout the summer Semester | Keene, New Hampshire | TBD | Dr. Tomoyo Kawano  [Tkawano@antioch.edu](mailto:Tkawano@antioch.edu) |

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| **USA CENTRAL**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website**  **(if applicable)** |
| August 19 -December 2nd, 2024  Saturdays  9am -12 pm EST | Observation and Assessment of Movement 2  3 credits, 45 hrs | Gainesville GA, United States & Online | Amy Jacques, BC-DMT  &  Ingrid Lacey, BC-DMT  Brenau University | ajacques1@brenau.edu  <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>  individual classes are possible |
| August 19th- December 2nd, 2024  Saturdays  12-3 pm EST | Specialty Practicum 2 (to be take in conjunctions with a practicum or internship)  3 credits, 45 hrs | Gainesville, GA United States & Online | Charné Furcron, BC-DMT  Brenau University | ajacques1@brenau.edu  <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>  individual classes are possible |
| Sept. 4- Dec.11, 2024  Wednesdays  12:20-2:05 pm-CST | Intro to Dance/Movement Therapy  DNCE 5334  2 Credits/30 hrs. | University of MN-TC  Minneapolis MN  USA | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP  MN Alternate Route Training (MNART) | Barbara Nordstrom-Loeb  [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| Sept. 7 & 8, 2024  Saturday & Sunday  9am-6 pm CST | LMA I: Observation  1 credit/15 hours | In person w/online options  Chicago IL USA | Stacey Hurst, BC-DMT  EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Sept. 6, Oct. 11 and Nov. 15, 2024  6-9pm CST virtual;  Sept. 21& 22, Nov. 2&3, Dec. 7 & 8, 2024  Saturday & Sunday  9-4pm CST in person | Group methods of Dance/Movement Therapy  3 credits/45 hours | Hybrid  Chicago, IL, USA | Eve Chalom, BC-DMT  EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Sept. 16-Nov. 19, 2024  Tuesdays  5-8pm CST  In person on Oct. 22 | DMT: Intro & Invitation  2 credits/30 hours | Hybrid  Chicago, IL, USA | Kim Rothwell, BC-DMT  EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| Sept. 27-29 & Nov. 8-10, 2024  Fridays 6-9pm CST  Sat/Sun 9-4pm CST | LMA III: Shape, Space & Application  2 credits/30 hours | In person w/online options  Chicago, IL, USA | Stacey Hurst, BC-DMT  EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| October 8th, 15th, 22, 2024  Tuesdays  Online  4-8pm CST  (see note below)  October 26-27th, 2024    Saturday & Sunday  In person  9:30-5pm CST  **Asynchronous: 3 Hrs.**  (Note: The On-line sessions can be adjusted to different days and/or times TBD by class participants- Contact Barbara for details) | Dance/ Movement Therapy 1:  The Power of Movement  2 cr/30 hrs  no prerequisites | The Arena  711 W. Lake St, Studio 308 Minneapolis, MN USA | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP  MN Alternate Route Training (MNART) | Barbara Nordstrom-Loeb  [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| October 18-20 & Dec. 6-8, 2024  Friday 6-9pmCST  Sat/Sun 9-4pm CST | Whitehouse Approach  2 credit/15 hours | In person  Chicago, IL, USA | Kim Rothewell, BC-DMT  EEIC | [www.eeichicago.com](http://www.eeichicago.com)  [embodiededucationinstitute@gmail.com](mailto:embodiededucationinstitute@gmail.com) |
| November 1 – 3, 2024  Fri-Sun.  9:00 am - 4:30 pm CT | Embodied Neurobiology: Engaging Neurophysiological Intelligences through Dance/Movement Therapy  2 credits (30 hours) | Austin, TX | Kalila Homann, LPC-S, BC-DMT  Embodied Neurobiology | **Contact email:**  [registration@embodiedneurobiology.com](mailto:registration@embodiedneurobiology.com)  **Website (registration & course details):**  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| November 12th & 19th, 2024  Tuesdays  Online  4-8pm CST  (see note below)  November 23rd-24th  In Person  Saturday & Sunday  9-5pm CST  December 3rd &10th  Online  (Note: The On-line sessions can be adjusted to different days and/or times TBD by class participants- Contact Barbara for details) | Movement Observation 1: Introduction to Laban Movement Analysis/Laban/Bartenieff Movement System  2 crs./30 hrs.  no prerequisites | The Arena  711 W. Lake St, Studio 308 Minneapolis, MN USA | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP  MN Alternate Route Training (MNART) | Barbara Nordstrom-Loeb  [Fbenordstrom.loeb@gmail.com](mailto:Fbenordstrom.loeb@gmail.com)  #612-916-1829 |
| May 10th- August 9th, 2025  Saturdays  9am-12pm EST  Summer 2025  Fully in-person or hybrid | DMT Theory and Practice 1: History and the Originators (Hybrid)  3 credits, 45 hrs | Gainesville, GA, United States  & Online | Amy Jacques, BC-DMT  Brenau University | ajacques1@brenau.edu  <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>  individual classes are possible |
| August 23rd- December 6th, 2025  Saturdays  9AM-12pm EST  Fully in-person or hybrid | DMT Theory and Practice 3: Multicultural and Diverse Populations (Hybrid)  3 credits, 45 hrs | Gainesville, GA, United States & Online | Charné Furcron, BC-DMT  Brenau University | ajacques1@brenau.edu  <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>  individual classes are possible |
| January 12th- April 24th, 2026  Saturdays  9AM-12pm EST  Fully in-person or hybrid | DMT Theory and Practice 2: Theoretical Frameworks  (Hybrid)  3 credits, 45 hrs | Gainesville, GA, United States & Online | Amy Jacques, BC-DMT  Brenau University | ajacques1@brenau.edu  <https://www.brenau.edu/programs/certificate-dance-movement-therapy/>  individual classes are possible |
| May 11th- August 14th, 2026  Saturdays  12-3pm EST  Fully in-person or hybrid | Specialty Practicum 1 (to be taken in conjunction with a practicum or internship)  3 credits, 45 hrs | Gainesville GA, United States & Online | Charné Furcron, BC-DMT  Brenau University | ajacques1@brenau.edu  <https://www.brenau.edu/programs/certificate-dance-movement-therapy/> |

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| **Distance /On-Line Format (non-hybrid)**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Primary Instructor/**  **Institution** | **Email/phone contact/organization website**  **(if applicable)** |
| August 1 – October 3, 2024  Thursdays  7:00 PM – 10:00 PM EDT | An Experiential and Theoretical Introduction to the Kestenberg Movement Profile — KMP I  (2 credits/30 hours) | Online via Zoom from  New York, NY USA | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| August 16, 17, 18, 23, 24, 25, 2024  Friday- Sunday  9:30am-6pm PT | Dance/Movement Therapy Theory & Practice    3 credits - 45 hrs.  DMT For the Higher Functioning Client:  The Methods of  Blanche Evan | Zoom synchronous experiential course | Bonnie Bernstein, LMFT,  BC-DMT, REAT  “Life Is Movement” Dance/Movement Therapy Institute: In The Methods Of Blanche Evan | Contact Institute Director:  Bonnie Bernstein, LMFT, BC-DMT, REAT,  CAMFT Certified Supervisor  For Course Flyer, Institute Application,  and Phone Interview contact:  Email: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)  Website:  [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| August 27-October 29, 2024  Tuesdays  10am-12 noon EST | Introduction to the Kestenberg Movement Profile  2 credits/30 hours | Primary Instructor in Lehigh Valley, PA  Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | [suzannehastie@aol.com](mailto:suzannehastie@aol.com)  610-417-0831 |
| August 28th to  Oct 30, 2024  weekly  Times: 5:30-8pm Pacific Time Zone  (plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part I: Theory, Methods and Techniques - beginner level.  (2 credits/30 hrs)  Category: DMT Theory & Practice | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: <https://themovementarc.com/dmt__3_years/introduction-to-dance-movement-therapy-i-2-credits-2/> |
| September 4 – November 13, 2024  Wednesdays  (no class 11/23)  7:00 PM – 10:00 PM EST | Introduction to Laban Movement Analysis  (2 credits/30 hours) | Online via Zoom from  New York, NY USA | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| September 8 – October 26, 2024  Sundays  Time: TBD | Ethics in Dance/Movement Therapy.  (1 credit/15 hours) | Online via Zoom from Rock Hill, SC  USA | Leslie Armeniox, Ph.D., MCAT, LCMHC, BC-DMT | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| October 14 —  November 18, 2024  Mondays  6:30 PM- 10:30 PM EST | Anatomy & Kinesiology Part I  (1.6 credits/24 hours) | Online via Zoom from  New York, NY USA | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| October 17, 2024 – January 9, 2025  Thursdays and Some Sundays  6:30 PM – 9:30 PM  EST | Dance/Movement Therapy Theory & Practice I: LivingDance~LivingMusic: Where Dance is the Star and Psychology the Supporting Actor  (3 credits/45 hours) | Online via Zoom from New York & New Mexico, USA | Danielle Fraenkel Ph.D., LCAT, LMHC, BC-DMT CGP  &  Michele Iemolo, PsyD., BCBA, R\_DMT, RYT-200, Licensed Psychologist | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| November 1 –  3, 2024  Friday-Sunday  10:00 am - 4:30 pm CT  Synchronous  12 hours Asynchronous | Embodied  Neurobiology:  Engaging  Neurophysiological  Intelligences  through  Dance/Movement  Therapy  2 credits  (30 hours) | Online from Austin, Texas | Kalila Homann, LPC-S,  BC-DMT  Embodied Neurobiology | Contact email:  [registration@embodiedneurobiology.com](mailto:registration@embodiedneurobiology.com)  Website (registration & course details):  [www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| November 13th to December 11th , 2024  weekly  Wednesdays  Times: 5:30-8pm Pacific Time Zone  (plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part II: Clinical Applications - beginner level  (1 credit/15hrs)  Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: https://themovementarc.com/dmt\_\_3\_years/introduction-to-dance-movement-therapy-ii-1-credit-2/ |
| November 15, 16, 17, 11, 22, 23, 24, 2024    Friday-Sunday    9:30am-6pm PT | Dance/Movement Therapy Theory & Practice  Part A- (30 hours)  Prevention, Treatment, Aftercare, and Self Care  Part B- (15 Hours)  Advanced Clinical Skills: Blanche Evan  3 credits - 45 hrs. | Zoom synchronous experiential  course | Bonnie Bernstein, MFT,  BC-DMT, REAT  “Life Is Movement” Dance/MovementTherapy Institute: In The Methods Of Blanche Evan | Contact Institute Director:  Bonnie Bernstein, LMFT, BC-DMT, REAT,  CAMFT Certified Supervisor  For Course Flyer, Institute Application,  and Phone Interview contact:  Email: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)  Website:  [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| November 25 —  November 18th, 2024  Mondays  6:30 PM- 10:30 PM EST  every other week + 1 hour for final presentations | Anatomy & Kinesiology Part II (1.4 credits/21 hours) | Online via Zoom from  New York, NY USA | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| January 8th to February 5th, 2025 weekly  Wednesdays  Times: 5:30-8pm Pacific Time Zone  (plus .5hr asynchronous) | The Moving Child Part I: DMT with Infants and Children - intermediate level.  (1 credit/15hrs)  Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-i-dmt-with-infants-and-children-1-credit-4/ |
| January 23 —April 10, 2025  Sundays and Thursdays    6:30 PM – 9:30 PM EST | Dance/Movement Therapy Theory and Practice II: Foundations & Principles  (3 credits/45 hours) | Online via Zoom from New York & New Mexico, USA | Danielle Fraenkel Ph.D., LCAT, LMHC, BC-DMT CGP  &  Michele Iemolo, PsyD., BCBA, R\_DMT, RYT-200, Licensed Psychologist | [kinectionsinfo@kinections.com](mailto:infokinections@kinections.com)  (585) 473.5050; (585) 295-3312  [www.kinections.com](http://www.kinections.com)  daniellefraenkel@kinections.com  www.facebook.com/kinections |
| February 12th to March 12th  Weekly  Wednesdays  Times: 5:30-8pm  Pacific Time Zone  (plus .5hr asynchronous) | The Moving Child Part II: DMT with Youth and Teens - intermediate level.  (1 credit/15hrs)  Category: DMT Theory & Practice,) | Primary Instructor in British Columbia, Canada  -Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest instructor)  of The Movement Arc: Dance Therapy and Somatic Education | [info@themovementarc.com](mailto:info@themovementarc.com)  Tel: 604-781-6040 (Hana)  [www.themovementarc.com](http://www.themovementarc.com)  Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-ii-dmt-with-youth-and-teens-1-credit-3/ |

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| **INTERNATIONAL**  Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses | | | | |
| **Dates/Times** | **Title of Course/**  **(credits/hours)** | **Location (City, State or City, Country)** | **Primary Instructor/**  **Institution** | **Email/phone contact/organization website**  **(if applicable)** |
| September 7-10, 2024 | Transference and Resistance in Dance/Movement Therapy:  Recognizing and Working with Various Populations  (2 credits/30 hours) | Beijing, China | Cara Gallo-Jermyn, BC-DMT, Creative Arts Therapist | [education@inspirees.com](mailto:education@inspirees.com)  [www.inspirees.com](http://www.inspirees.com) |
| September 13-16, 2024 | Theory and Practice of Dance/Movement Therapy – Developing Awareness of One’s Own Experience  (2 credits/30 hours) | Shanghai, China | Cara Gallo-Jermyn, BC-DMT, Creative Arts Therapist | [education@inspirees.com](mailto:education@inspirees.com)  [www.inspirees.com](http://www.inspirees.com) |