

ALTERNATE ROUTE COURSE CALENDAR

Alternate Route Current Course Listing Procedure:

- 1) **Only courses approved for Alternate Route R-DMT training can be posted.**
- 2) List only active courses e.g. courses that will be or are currently being offered and open to AR students.
- 3) Course submissions should be sent to Chevon Stewart (cstewart5@antioch.edu) with "ARES course listing" in subject line)
- 4) Course submissions must be brief and comply with the following information format:
 - Name and email/phone number of the person submitting course information
 - Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
 - Dates and times of course
 - Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
 - Location (City/State or City/Country)
 - Primary Instructor's name; Institution (if applicable)
 - Email/phone contact for additional information
- 5) Course submission with incomplete or additional information will be returned to the submitter for revisions.
- 6) Courses will be posted three times a year, see below for dates.
- 7) Any changes or corrections to the submitted information should be sent to fbenordstrom.loeb@gmail.com.
- 8) Courses will be removed from the published list after the listed date of the first class session.

Due dates send to Chevon (cstewart5@antioch.edu):

November 30th (posting Jan 1)

Mar. 29th (posting April 1)

June 30th (posting Aug 1)

USA EAST COAST

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
March 14 – June 27, 2024 Thursdays 6:30 PM – 9:30 PM	Dance/Movement Therapy for Children and Adolescents 3 credits/45 hours	Online via Zoom from Rochester, NY and Albuquerque, NM USA & in-person June 27- June 30, 2024	Danielle Fraenkel, PhD. LCAT, LMHC, BC-DMT. NCC, CGP Michele Lemolo, PsyD., BCBA, R_DMT. RYT-200, Licensed Psychologist.	kinnectionsinfo@kinnections.com (585) 473.5050; (585) 295-3312 www.kinnections.com daniellefraenkel@kinnections.com www.facebook.com/kinnections
April 5 th -7 th , 2024 Friday-Sunday 6:30pm-9:30pm EST	Dance/Movement Psychotherapy with Infants and Children 1 credit/15 hours	The 92nd Street Y, New York 1395 Lexington Avenue (between 91st & 92nd street) New York, NY 10128	Dr. Suzi Tortora, EdD, BC-DMT, LCAT, NCC, CMA	dmtcoordinator92y@gmail.com https://www.92ny.org/dance/dance-therapy- program
May 28th to July 29th, 2024 In person mtg. 6/10-6/14 9am -5pm EST	DMT and Systemic Approaches to Crises and Trauma 3 credits/ 45 hours	In person residency @ Otterbein University 1 South Grove St., Westerville, OH	Tomoyo Kawano, PhD, BC-DMT Giselle Ruzany, PHD, LPC, R-DMT	Email: cstewart5@antioch.edu

June 1 st - 2 nd , 2024 9-5:30pm EST	Bringing Dance to older adults and people with dementia All levels 1 credit (15 hours)	Dedham, Massachusetts	Donna Newman-Bluestein Dance for Connection	Email: donna@danceforconnection.com
August 20-23, 2024 9:00am-5:00pm EST	Introduction to the Kestenberg Movement Profile	Lehigh Valley, PA In-person	Suzanne Hastie, MA, BC-DMT, NCC, LPC Certified KMP Analyst	suzannehastie@aol.com 610-417-0831

USA CENTRAL				
Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.				
Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
April 19-21 & April 26-28 Fri. 6-9 pm CST Sat & Sun 9am-4pm CST	Neuroscience of Embodied Presence 2 credits/30 hours	In person Chicago, IL, USA	Kris Larsen/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com

<p>May 17-19 & June 7-9, 2024</p> <p>Fri. 6-9pm CST</p> <p>Sat & Sun 9am-4pm CST</p>	<p>DMT: The Chace Approach</p> <p>2 crs/30 hrs</p>	<p>Hybrid first weekend virtual, second weekend</p> <p>in person Chicago, IL, USA In person w/virtual options Chicago, IL USA</p>	<p>Laura Allen/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>May 24,2024 Fri. 4-7:30 pm CST</p> <p>May 25-26th, 2024 Sa & Sun 9am-5pm CST</p> <p>May 27th, 2024 Mon. 9am-12 pm CST</p> <p>(plus 7.5 hrs. asynchronous hours) CST</p>	<p>Moving the story- healing the person: Movement Based Interventions for Treating Trauma in Children</p> <p>2 Crs / 30 Hrs</p>	<p>Beautiful Studio 214 (2nd floor) 2242 University Ave. W. St Paul MN</p>	<p>Mariah Meyer LeFeber, PhD, LPC, BC-DMT</p> <p>Robyn Lending Halsten, MA, LPCC, BC-DMT Minnesota Alternate Route Training (MNART</p>	<p>Barbara Nordstrom-Loeb Fbenordstrom.loeb@gmail.com #612-916-1829</p>

<p>June 3-Aug. 5</p> <p>Every Monday</p> <p>6-9pm CST</p> <p>10 weeks</p>	<p>Human Development: Interpersonal Neurobiology</p> <p>2 credits/30 hours</p>	<p>In person w/Online options</p> <p>Chicago, IL, USA</p>	<p>Kris Larsen/EEIC</p>	<p>www.eeichicago.com</p> <p>embodiededucationinstitute@gmail.com</p>
<p>June 8 & 9th, 2024</p> <p>Sat/Sun.</p> <p>9:30 am-5 pm CST</p>	<p>Authentic Movement 1: Listening to the Body</p> <p>(5 cr/22.5 hrs)</p>	<p>The Arena</p> <p>711 W. Lake St, Studio 308 Minneapolis, MN USA</p>	<p>MN Alternate Route Training (MNART)</p> <p>Barbara Nordstrom-Loeb</p> <p>MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP</p>	<p>Barbara Nordstrom-Loeb</p> <p>Fbenordstrom.loeb@gmail.com</p> <p>#612-916-1829</p>
<p>July 12 – 14 & September 13 – 15, 2024</p> <p>Fri.- Sun.</p> <p>9:00am - 4:30pm CST</p>	<p>Group Process in Dance/Movement Therapy</p> <p>3 credits (45 hours)</p>	<p>Austin, TX</p>	<p>Jacelyn Biondo, PhD, BC-DMT</p> <p>Embodied Neurobiology</p>	<p>Contact email:</p> <p>registration@embodiedneurobiology.com</p> <p>Website (registration & course details):</p> <p>www.embodiedneurobiology.com</p>
<p>July 13 & 14</p> <p>Sat/Sun</p> <p>9-6pm CST</p>	<p>DMT in Substance Use Recovery</p> <p>1 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL, USA</p>	<p>Jessica Young/EEIC</p>	<p>www.eeichicago.com</p> <p>embodiededucationinstitute@gmail.com</p>

<p>July 25, 2024 Fri 3 -9 pm CST</p> <p>&</p> <p>July 26 & 27, 2024 Sat/Sun</p> <p>9:30 am-6 pm CST</p>	<p>Authentic Movement 2: Seeing and Being Seen</p> <p>(1.5cr/22.5 hrs)</p>	<p>Beautiful Studio 214 (2nd floor) 2242 University Ave. W. St Paul MN USA</p>	<p>MN Alternate Route Training (MNART)</p> <p>Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP</p>	<p>Barbara Nordstrom-Loeb</p> <p>Fbenordstrom.loeb@gmail.com #612-916-1829</p>
<p>August 23-25</p> <p>Friday 6-9pm CST</p> <p>Sat/Sun 9-4pm CST</p>	<p>Experiential Anatomy/Kinese</p> <p>1 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL USA</p>	<p>Kristina Fluty/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>Sept. 4- Dec.11, 2024</p> <p>Wednesdays</p> <p>12:20-2:05 pm- CST</p>	<p>Intro to Dance/Movement Therapy DNCE 5334</p> <p>2 Credits/30 hrs.</p>	<p>University of MN-TC Minneapolis MN USA</p>	<p>MN Alternate Route Training (MNART)</p> <p>Barbara Nordstrom- Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP</p>	<p>Barbara Nordstrom-Loeb</p> <p>Fbenordstrom.loeb@gmail.com #612-916-1829</p>

<p>Sept. 7 & 8, 2024 Sa & Sun</p> <p>9am-6 pm CST</p>	<p>LMA I: Observation</p> <p>1 credit/15 hours</p>	<p>In person w/online options Chicago IL USA</p>	<p>Stacey Hurst/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>Sept. 6, Oct. 11 and Nov. 15, 6- 9pm CST virtual;</p> <p>Sept. 21& 22, Nov. 2&3, Dec. 7 & 8</p> <p>Saturday/Sunday</p> <p>9-4pm CST in person</p>	<p>Group methods of Dance/Movement Therapy</p> <p>3 credits/45 hours</p>	<p>Hybrid</p> <p>Chicago, IL, USA</p>	<p>Eve Chalom/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>Sept. 16-Nov. 19 Tuesdays</p> <p>5-8pm CST</p> <p>In person on Oct. 22</p>	<p>DMT: Intro & Invitation</p> <p>2 credits/30 hours</p>	<p>Hybrid</p> <p>Chicago, IL, USA</p>	<p>Kim Rothwell/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>Sept. 27-29 & Nov. 8-10, 2024</p> <p>Fridays 6-9pm CST</p> <p>Sat/Sun 9-4pm CST</p>	<p>LMA III: Shape, Space & Application</p> <p>2 credits/30 hours</p>	<p>In person w/online options Chicago, IL, USA</p>	<p>Stacey Hurst/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>

<p>October 18-20 & Dec. 6-8</p> <p>Friday 6-9pmCST</p> <p>Sat/Sun 9-4pm CST</p>	<p>Whitehouse Approach</p> <p>2 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL, USA</p>	<p>Kim Rothewell/EEIC</p>	<p>www.eeichicago.com</p> <p>embodiededucationinstitute@gmail.com</p>
<p>November 1 – 3, 2024</p> <p>Fri-Sun.</p> <p>9:00 am - 4:30 pm CT</p>	<p>Embodied Neurobiology: Engaging Neurophysiological Intelligences through Dance/Movement Therapy</p> <p>2 credits (30 hours)</p>	<p>Austin, TX</p>	<p>Kalila Homann, LPC-S, BC-DMT</p> <p>Embodied Neurobiology</p>	<p>Contact email: registration@embodiedneurobiology.com</p> <p>Website (registration & course details): www.embodiedneurobiology.com</p>

Distance /On-Line Format (non-hybrid)

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Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
May 14th to July 16th, 2024 Tuesdays 10am-12noon	Introduction to the Kestenberg Movement Profile	Online via Zoom	Suzanne Hastie, MA, BC- DMT, NCC, LPC Certified KMP Analyst	suzannehastie@aol.com 610-417-0831
Registration Aug. 1,2024 Academic study begins Aug. 10, 2024 6 day Intensive Course Sept. 13th- 15th & Sept.20th- 22nd, 2024 Fri.-Sun. 9:30am-6pm, PT	Dance/Movement Therapy Theory & Practice 3 credits - 45 hrs. DMT For the Higher Functioning Client: The Methods of Blanche Evan	Onlin Zoom Course synchronous group learning	Instructor: Bonnie Bernstein, MFT, BC-DMT, REAT, CAMFT Certified Supervisor Life Is Movement” Dance/MovementTherap y Institute: In The Methods Of Blanche Evan	Contact Institute Director: Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor For Course Flier, Institute Application, and Phone Interview contact: Email: bon4dance@gmail.com Website: dancetherapyinstitute.com

<p>August 28th to Oct 30 weekly</p> <p>Times: 5:30-8pm Pacific Time Zone</p> <p>(plus .5hr asynchronous)</p>	<p>Introduction to Dance/Movement Therapy Part I: Theory, Methods and Techniques - beginner level.</p> <p>(2 credits/30 hrs)</p> <p>Category: DMT Theory & Practice)</p>	<p>Primary Instructor in British Columbia, Canada</p> <p>-Online using Zoom</p>	<p>Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor) of The Movement Arc: Dance Therapy and Somatic Education</p>	<p>info@themovementarc.com Tel: 604-781-6040 (Hana) www.themovementarc.com</p> <p>Course description: https://themovementarc.com/dmt_3_years/introduction-to-dance-movement-therapy-i-2-credits-2/</p>
<p>November 13th to December 11th weekly</p> <p>Wednesdays</p> <p>Times: 5:30-8pm Pacific Time Zone</p> <p>(plus .5hr asynchronous)</p>	<p>Introduction to Dance/Movement Therapy Part II: Clinical Applications - beginner level</p> <p>(1 credit/15hrs)</p> <p>Category: DMT Theory & Practice)</p>	<p>Primary Instructor in British Columbia, Canada</p> <p>-Online using Zoom</p>	<p>Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor) of The Movement Arc: Dance Therapy and Somatic Education</p>	<p>info@themovementarc.com Tel: 604-781-6040 (Hana) www.themovementarc.com</p> <p>Course description: https://themovementarc.com/dmt__3_years/introduction-to-dance-movement-therapy-ii-1-credit-2/</p>
<p>January 8th to February 5th weekly</p> <p>Wednesdays</p>	<p>The Moving Child Part I: DMT with Infants and Children - intermediate level.</p> <p>(1 credit/15hrs)</p>	<p>Primary Instructor in British Columbia, Canada</p> <p>-Online using Zoom</p>	<p>Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT of The Movement Arc: Dance Therapy and Somatic Education</p>	<p>info@themovementarc.com Tel: 604-781-6040 (Hana) www.themovementarc.com</p> <p>Course description: https://themovementarc.com/dmt__3_years/t</p>

Times: 5:30-8pm Pacific Time Zone (plus .5hr asynchronous)	Category: DMT Theory & Practice)			he-moving-child-i-dmt-with-infants-and- children-1-credit-4/
February 12th to March 12th Weekly Wednesdays Times: 5:30-8pm Pacific Time Zone (plus .5hr asynchronous)	The Moving Child Part II: DMT with Youth and Teens - intermediate level. (1 credit/15hrs) Category: DMT Theory & Practice,)	Primary Instructor in British Columbia, Canada -Online using Zoom	Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest instructor) of The Movement Arc: Dance Therapy and Somatic Education	info@themovementarc.com Tel: 604-781-6040 (Hana) www.themovementarc.com Course description: https://themovementarc.com/dmt__3_years/t he-moving-child-ii-dmt-with-youth-and-teens- 1-credit-3/

INTERNATIONAL

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
April 12-15, 2024	Dance/Movement Therapy with Children: Moving Theory into Practice (2 credits/30 hours)	Beijing, China	Rosa Maria Govoni, Psychotherapist, BC- DMT, DMT Teacher Supervisor ATI	education@inspirees.com www.inspirees.com

June 6-11, 2024	Group Dance/Movement Therapy (3 credits/45 hours)	Beijing, China	Joan Wittig, MS, BC- DMT, LCAT	education@inspirees.com www.inspirees.com
June 14-17, 2024	Theory and Practice of Dance/Movement Therapy – Improvisation (2 credits/30 hours)	Shanghai, China	Joan Wittig, MS, BC- DMT, LCAT	education@inspirees.com www.inspirees.com
September 7-10, 2024	Transference and Resistance in Dance/Movement Therapy: Recognizing and Working with Various Populations (2 credits/30 hours)	Beijing, China	Cara Gallo-Jermyn, BC- DMT, Creative Arts Therapist	education@inspirees.com www.inspirees.com
September 13-16, 2024	Theory and Practice of Dance/Movement Therapy – Developing Awareness of One’s Own Experience (2 credits/30 hours)	Shanghai, China	Cara Gallo-Jermyn, BC- DMT, Creative Arts Therapist	education@inspirees.com www.inspirees.com