

## **ALTERNATE ROUTE COURSE CALENDAR**

Alternate Route Current Course Listing Procedure:

- 1) **Only courses approved for Alternate Route R-DMT training can be posted.**
- 2) List only active courses e.g. courses that will be or are currently being offered and open to AR students.
- 3) Course submissions should be sent to **Kelsey Eidson (kelsey@embodiedwillow.com)** with “ARES course listing” in subject line)
- 4) Course submissions must be brief and comply with the following information format:
  - Name and email/phone number of the person submitting course information
  - Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
  - Dates and times of course
  - Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
  - Location (City/State or City/Country)
  - Primary Instructor’s name; Institution (if applicable)
  - Email/phone contact for additional information
- 5) Course submission with incomplete or additional information will be returned to the submitter for revisions.
- 6) Courses will be posted three times a year, see below for dates.
- 7) Any changes or corrections to the submitted information should be sent to [kelsey@embodiedwillow.com](mailto:kelsey@embodiedwillow.com).
- 8) Courses will be removed from the published list after the listed date of the first class session.

**Due dates send to Kelsey (kelsey@embodiedwillow.com):**

**November 30th (posting Jan 1<sup>st</sup> )**

**February 28<sup>th</sup> (posting April 1<sup>st</sup> )**

**June 30th (posting Aug 1<sup>st</sup> )**

## USA EAST COAST/HYBRID

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

April 15 <sup>th</sup> —June 3, 2026  Wednesdays & Tuesdays, May 19, & 26, 2026  On-line  6:30 PM – 9:30 PM EST	Music for the Dance/Movement Therapist  2 credits, 30 hours	Online and In-person,  TBA in Rochester, NY or Olde Forge, NY in the Adirondack Mountains	Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/ Kinnections  Jeffrey D. Mehr, MA, MLP	<a href="mailto:kinnectionsinfo@kinnections.com">kinnectionsinfo@kinnections.com</a> (585) 295-3312 <a href="http://www.kinnections.com">www.kinnections.com</a>
April 18 <sup>th</sup> & 19 <sup>th</sup>  9am-5:30pm ET	Bridging Dance to Older Adults and People with Dementia  1 credit/15 hours	Westwood, MA	Donna Newman Bluestein, M.Ed, BC-DMT, CMA, LMHC  Dance for Connection	<a href="mailto:donna@danceforconnection.com">donna@danceforconnection.com</a>  <a href="https://danceforconnection.com">https://danceforconnection.com</a>
July 24 <sup>th</sup> & 25 <sup>th</sup> 2026  9am-5pm ET in-person  August 25 <sup>th</sup> - September 22 <sup>nd</sup> , 2026  10am-12noon ET	Introduction to the Kestenberg Movement Profile  2 credits/30 hours	Lehigh Valley, PA & online synchronous	Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst	<a href="mailto:suzannehastie@aol.com">suzannehastie@aol.com</a>

<p>(online synchronous)</p> <p>*for those who cannot attend the morning zoom class, an evening zoom class is an option</p>				
<p>September 23rd,2026- January 13th, 2027</p> <p>Wednesdays</p> <p>6:15-9:30pm ET</p>	<p>Dance/Movement Therapy Theory and Practice II: Foundations &amp; Principles</p> <p>3 credits/45 hours</p>	<p>Online and In-person, TBA in Rochester, NY or Olde Forge, NY in the Adirondack Mountains.</p>	<p>Danielle Fraenkel Ph.D., LCAT, LMHC, BC-DMT NCC, CGP</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a> (585) 295-3312 <a href="http://www.kinctions.com">www.kinctions.com</a></p>
<p>November 10th, 2026- January 12th, 2027</p> <p>Tuesdays</p> <p>6:15-9:30pm</p> <p>November 14th, 2026 &amp; December 12th, 2026</p> <p>Saturday</p> <p>10am-5:30pm ET</p>	<p>LivingDance~LivingMusic: Where Dance is the Star and Psychology the Supporting Actor (offered nowhere else in USA)</p> <p>3 credits/45 hours</p>	<p>Online and In-person, in Rochester, NY or Olde Forge, NY in the Adirondack Mountains.</p>	<p>Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/ Kinctions</p> <p>Michele Iemolo, PsyD, R-DMT, BCBA, RYT-200, Licensed Psychologist</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a> (585) 295-3312 <a href="http://www.kinctions.com">www.kinctions.com</a></p>

**USA CENTRAL/HYBRID**

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

<b>Dates/Times</b>	<b>Title of Course/ (credits/hours)</b>	<b>Location (City, State or City, Country)</b>	<b>Instructor/Institution</b>	<b>Email/phone contact/ organization website (if applicable)</b>
May 8th-August 8 <sup>th</sup> , 2026  3 Sat. per month  12 pm - 3 pm EST  Hybrid with a required in-person day at the end of the class.	Group DMT (Hybrid)  PY 773  3 credits/ 45 hrs	Gainesville, GA, USA & Online	Dr. Charne Furcron, BC-DMT, LPC, CPCS  Brenau University	<a href="mailto:ajacques1@brenau.edu">ajacques1@brenau.edu</a>  Phone: 770-531-3149  <a href="https://www.brenau.edu/programs/certificate-dance-movement-therapy/">https://www.brenau.edu/programs/certificate-dance-movement-therapy/</a> Can take individual classes or do the full certificate.
May 8th-August 8 <sup>th</sup> , 2026  3 Sat. per month  9am-12 pm EST  Hybrid with a required in-person weekend at the end of the class.	Observation and Assessment of Movement I (Hybrid)  3 credits/ 45 hrs	Gainesville GA, USA & Online	Amy Jacques, BC-DMT, LPC, CPCS  Ingrid Lacey, BC-DMT, LPC, CPCS  And guest presenters	<a href="mailto:ajacques1@brenau.edu">ajacques1@brenau.edu</a>  Phone: 770-531-3149  <a href="https://www.brenau.edu/programs/certificate-dance-movement-therapy/">https://www.brenau.edu/programs/certificate-dance-movement-therapy/</a> Can take individual classes or do the full certificate

<p>May 15-17, 2026</p> <p>Friday 6-9pm Sat/Sun 9-4pm CST</p>	<p>DMT with Older Adults</p> <p>1 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL, USA</p>	<p>Laura Allen/EEIC</p>	<p><a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a></p>
<p>June 5-7 virtual &amp; July 10-12 in person</p> <p>Fri 6pm-9pm Sat/Sun 9am-4pm CST</p>	<p>DMT I: The Chace Approach</p> <p>2 credits/30 hours</p>	<p>Hybrid</p> <p>Chicago, IL, USA</p>	<p>Laura Allen/EEIC</p>	<p><a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a></p>
<p>June 12-14</p> <p>Friday 6pm-9pm Sat/Sun 9am-4pm CST</p>	<p>Intro to KMP</p> <p>1 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL, USA</p>	<p>Stacey Hurst/EEIC</p>	<p><a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a></p>
<p>August 22nd to December 5<sup>th</sup>, 2026</p> <p>3 Saturdays per month 9-12 pm EST</p> <p>Synchronous online with an optional in-person</p>	<p>PY 674 - DMT Theory &amp; Practice 4: Children and Adolescents.</p>	<p>Online &amp; Gainesville, GA</p>	<p>Amy Jacques, BC-DMT, LPC, CPCS &amp; Guest Speakers</p>	<p><a href="mailto:ajacques1@brenau.edu">ajacques1@brenau.edu</a></p> <p>Phone: 770-531-3149 <a href="https://www.brenau.edu/programs/certificate-dance-movement-therapy/">https://www.brenau.edu/programs/certificate-dance-movement-therapy/</a> Can take individual classes or do the full certificate.</p>

class every month and a required in-person weekend at the end of the class.				
<p>August 22nd to December 5th, 2026</p> <p>3 Saturdays per month</p> <p>12-3 pm EST</p> <p>Required in-person day at the end of the class.</p>	<p>DMT Theory and Practice 5: Specialty Practicum I (Hybrid)</p> <p>This is a theory &amp; practice class where the student needs to be in a practicum or internship site</p>	Gainesville, GA, USA & Online	Dr. Charne Furcron BC_DMT, LPC, CPCS	<p><a href="mailto:ajacques1@brenau.edu">ajacques1@brenau.edu</a></p> <p>Phone: 770-531-3149</p> <p><a href="https://www.brenau.edu/programs/certificate-dance-movement-therapy/">https://www.brenau.edu/programs/certificate-dance-movement-therapy/</a> Can take individual classes or do the full certificate</p>
<p>January 4th to April 24th 2027</p> <p>3 Saturdays per month</p> <p>12-3 pm EST</p> <p>Required in-person day at the end of the class.</p>	<p>DMT Theory &amp; Practice 6: Specialty Practicum II</p> <p>(Hybrid) This is a theory &amp; practice class where the student needs to be in a practicum or internship site</p>	Gainesville, GA, USA & Online	Dr. Charne Furcron BC_DMT, LPC, CPCS Brenau University	<p><a href="mailto:ajacques1@brenau.edu">ajacques1@brenau.edu</a></p> <p>Phone: 770-531-3149</p> <p><a href="https://www.brenau.edu/programs/certificate-dance-movement-therapy/">https://www.brenau.edu/programs/certificate-dance-movement-therapy/</a> Can take individual classes or do the full certificate</p>

<p>January 4th to April 24th, 2027</p> <p>3 Saturdays per month</p> <p>9am-12pm EST</p> <p>Required in-person day at the end of the class.</p>	<p>Observation and Assessment of Movement II (Hybrid)</p> <p>3 credits, 45 hrs</p>	<p>Gainesville, GA, USA &amp; Online</p>	<p>Amy Jacques, BC-DMT, LPC, CPCS</p> <p>Ingrid Lacey, BC-DMT, LPC, CPCS</p> <p>And guest presenters</p>	<p><a href="mailto:ajacques1@brenau.edu">ajacques1@brenau.edu</a></p> <p>Phone: 770-531-3149</p> <p><a href="https://www.brenau.edu/programs/certificate-dance-movement-therapy/">https://www.brenau.edu/programs/certificate-dance-movement-therapy/</a> Can take individual classes or do the full certificate</p>
<p>April 2<sup>nd</sup>-4<sup>th</sup>, 2027</p> <p>Friday-Sunday</p> <p>9am-4pm</p>	<p>Embodied Neurobiology:</p> <p>How DMT Awakens Neurophysiological Intelligences</p> <p>30 hours, 2 credits</p>	<p>Austin, Texas</p>	<p>Kalila Homann, LPC-S, BC-DMT and emerging faculty at Embodied Neurobiology</p>	<p><a href="mailto:registration@embodiedneurobiology.com">registration@embodiedneurobiology.com</a></p> <p><a href="http://www.embodiedneurobiology.com">www.embodiedneurobiology.com</a></p>

**USA WEST COAST/HYBRID**

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

<b>Dates/Times</b>	<b>Title of Course/ (credits/hours)</b>	<b>Location (City, State or City, Country)</b>	<b>Instructor/Institution</b>	<b>Email/phone contact/ organization website (if applicable)</b>

**Distance /On-Line Format (non-hybrid)**

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<b>Dates/Times</b>	<b>Title of Course/ (credits/hours)</b>	<b>Location (City, State or City, Country)</b>	<b>Primary Instructor/ Institution</b>	<b>Email/phone contact/organization website (if applicable)</b>
January- December 2026	Professional Identity and Internship Supervision  3 credits, 45 hours	Online	Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology	<a href="http://www.embodiedneurobiology.com">www.embodiedneurobiology.com</a>  <a href="mailto:registration@embodiedneurobiology.com">registration@embodiedneurobiology.com</a>
January 21 <sup>st</sup> , 2026  Every other Wednesday from  12-1:30 PM EST starting on 01/21/26  2 year Course (4 semesters) Registration open now- end of December	Ways of Seeing International Training Program  (120 hrs. CE for  ADTA: R-DMT, BC- DMT)  (8 Alt Rt credits for ADTA) (60 CE credits: NY LCSW, LMHC, LMSW, LCAT)	New York Online	Suzi Tortora, Ed.D, BC- DMT LCAT LMHC CMA,  NCC	<a href="mailto:assistant@dancingdialogue.com">assistant@dancingdialogue.com</a> <a href="tel:(845)265-1085">(845)265-1085</a>  <a href="https://www.dancingdialogue.com/ways-of-seeing-international-training">https://www.dancingdialogue.com/ways-of-seeing-international-training</a>
June 8 <sup>th</sup> 10 week course  Begins June 8 <sup>th</sup> Mondays  5:30-8:30pm	Human Development: Interpersonal Neurobiology  2 credits/30 hours	Virtual  Chicago, IL, USA	Kris Larsen/EEIC	<a href="http://www.eeichicago.com">www.eeichicago.com</a> <a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a>

<p>July 7th- August 25th, 2026</p> <p>Tuesdays</p> <p>7pm-10pm ET</p>	<p>Anatomy &amp; Kinesiology Part I</p> <p>1.6 credits/24 hours</p>	<p>Online via Zoom from New York, NY USA</p>	<p>Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a></p> <p>(585) 295-3312</p> <p><a href="http://www.kinctions.com">www.kinctions.com</a></p>
<p>August 21<sup>st</sup>-23<sup>rd</sup> &amp; August 28-30<sup>th</sup></p> <p>9:30am-6pm Pacific Time</p>	<p>DMT Theory &amp; Practice</p> <p>DMT for the higher functioning client: The methods of Blanche Evan</p> <p>3 credits- 45 hours</p>	<p>Zoom Course Synchronous Experiential Study</p>	<p>Instructor: Bonnie Bernstein, LMFT, BC-DMT, REAT</p> <p>“Life is movement” Dance/Movement Therapy Institute in the Methods of Blanche Evan</p>	<p>Contact Instructor/ Institute Director Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor For Course Flyer, Institute Application</p> <p>Email: <a href="mailto:bon4dance@gmail.com">bon4dance@gmail.com</a></p> <p>Website: <a href="http://dancetherapyinstitute.com">dancetherapyinstitute.com</a></p>
<p>September 1st- October 13th, 2026</p>	<p>Anatomy &amp; Kinesiology Part II</p> <p>1.4 credits/21 hours</p>	<p>Online via Zoom from New York, NY USA</p>	<p>Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E</p>	<p><a href="mailto:kinctionsinfo@kinctions.com">kinctionsinfo@kinctions.com</a></p> <p>(585) 295-3312</p> <p><a href="http://www.kinctions.com">www.kinctions.com</a></p>
<p>Sept. 15-Nov. 17</p> <p>Mondays 4-7pm CST</p>	<p>DMT: Intro &amp; Invitation</p> <p>2 credits/30 hours</p>	<p>Virtual</p> <p>Chicago, IL, USA</p>	<p>Kim Rothwell/EEIC</p>	<p><a href="http://www.eeichicago.com">www.eeichicago.com</a></p> <p><a href="mailto:embodiededucationinstitute@gmail.com">embodiededucationinstitute@gmail.com</a></p>

<p>October 13<sup>th</sup>- December 15<sup>th</sup>, 2026</p> <p>Tuesdays</p> <p>10am-12pm ET</p>	<p>Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow, &amp; Unipolar Shape Flow</p> <p>2 credits/30 hours</p>	<p>Online, synchronous</p>	<p>Suzanne Hastie, MA, BC- DMT, NCC, LPC, Certified KMP Analyst</p>	<p>suzannehastie@aol.com</p>
<p>December 5<sup>th</sup>- 6<sup>th</sup> &amp; December 12<sup>th</sup>- 13<sup>th</sup>, 2026</p> <p>Saturday and Sunday</p> <p>9:30am-6pm Pacific time</p>	<p>DMT Theory and Practice</p> <p>Prevention, treatment, aftercare, and self-care</p> <p>2 Credits/30 hours</p>	<p>Zoom Course Synchronous Experiential Study</p>	<p>Instructor: Bonnie Bernstein, LMFT, BC- DMT, REAT</p> <p>“Life is movement” Dance/Movement Therapy Institute in the Methods of Blanche Evan</p>	<p>Contact Instructor/ Institute Director Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor For Course Flyer, Institute Application</p> <p>Email: <a href="mailto:bon4dance@gmail.com">bon4dance@gmail.com</a></p> <p>Website: <a href="http://dancetherapyinstitute.com">dancetherapyinstitute.com</a></p>
<p>September 23<sup>rd</sup>- 26<sup>th</sup>, 2027</p> <p>Thursday- Sunday</p> <p>12-4:30pm Eastern Time</p>	<p>Embodied Neurobiology: How DMT Awakens Neurophysiological Intelligences</p> <p>2 Credits/30 hours 18 hours</p> <p>synchronous online, and 12 hours asynchronous learning modules.</p>	<p>Online from Amherst, Massachusetts</p>	<p>Kalila Homann, LPC-S, BC-DMT</p> <p>Embodied Neurobiology</p>	<p><a href="mailto:registration@embodiedneurobiology.com">registration@embodiedneurobiology.com</a> <a href="http://www.embodiedneurobiology.com">www.embodiedneurobiology.com</a></p>

**INTERNATIONAL**

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses

<b>Dates/Times</b>	<b>Title of Course/ (credits/hours)</b>	<b>Location (City, State or City, Country)</b>	<b>Primary Instructor/ Institution</b>	<b>Email/phone contact/organization website (if applicable)</b>
June 27, 2026 – July 11, 2026  In Person	Group Processes in LivingDance~ LivingMusic  3 credits/45 hours	Corfu, Greece	Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/Kinections	<a href="mailto:kinectionsinfo@kinections.com">kinectionsinfo@kinections.com</a> (585) 295-3312 <a href="http://www.kinections.com">www.kinections.com</a>
June 27, 2026 – July 11, 2026  In-person	LivingDance~Living Music: Where Dance is the Star and Psychology the Supporting Actor — offered nowhere else in Europe  3 credits/45 hours	Corfu, Greece	Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/Kinections	<a href="mailto:kinectionsinfo@kinections.com">kinectionsinfo@kinections.com</a> (585) 295-3312 <a href="http://www.kinections.com">www.kinections.com</a>