

ALTERNATE ROUTE COURSE CALENDAR

Alternate Route Current Course Listing Procedure:

- 1) **Only courses approved for Alternate Route R-DMT training can be posted.**
- 2) List only active courses e.g. courses that will be or are currently being offered and open to AR students.
- 3) Course submissions should be sent to **Kelsey Eidson (kelsey@embodiedwillow.com)** with “ARES course listing” in subject line)
- 4) Course submissions must be brief and comply with the following information format:
 - Name and email/phone number of the person submitting course information
 - Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
 - Dates and times of course
 - Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
 - Location (City/State or City/Country)
 - Primary Instructor’s name; Institution (if applicable)
 - Email/phone contact for additional information
- 5) Course submission with incomplete or additional information will be returned to the submitter for revisions.
- 6) Courses will be posted three times a year, see below for dates.
- 7) Any changes or corrections to the submitted information should be sent to kelsey@embodiedwillow.com.
- 8) Courses will be removed from the published list after the listed date of the first class session.

Due dates send to Kelsey (kelsey@embodiedwillow.com):

November 30th (posting Jan 1st)

February 28th (posting April 1st)

June 30th (posting Aug 1st)

USA EAST COAST/HYBRID

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

April 18 th & 19 th 9am-5:30pm ET	Bridging Dance to Older Adults and People with Dementia 1 credit/15 hours	Westwood, MA	Donna Newman Bluestein, M.Ed, BC-DMT, CMA, LMHC Dance for Connection	donna@danceforconnection.com https://danceforconnection.com
July 24 th & 25 th 2026 9am-5pm ET in-person August 25 th -September 22 nd , 2026 10am-12noon ET (online synchronous) *for those who cannot attend the morning zoom class, an evening zoom class is an option	Introduction to the Kestenberg Movement Profile 2 credits/30 hours	Lehigh Valley, PA & online synchronous	Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst	suzannehastie@aol.com

USA CENTRAL/HYBRID

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
May 8th-August 8 th , 2026 3 Sat. per month 12 pm - 3 pm EST Hybrid with a required in-person day at the end of the class.	Group DMT (Hybrid) PY 773 3 credits, 45 hr	Gainesville, GA, USA & Online	Dr. Charne Furcron, BC-DMT, LPC, CPCS Brenau University	ajacques1@brenau.edu Phone: 770-531-3149 https://www.brenau.edu/programs/certificate-dance-movement-therapy/ Can take individual classes or do the full certificate.
May 8th-August 8 th , 2026 3 Sat. per month 9am-12 pm EST Hybrid with a required in-person weekend at the end of the class.	Observation and Assessment of Movement I (Hybrid) 3 credits/ 45 hrs	Gainesville GA, USA & Online	Amy Jacques, BC-DMT, LPC, CPCS Ingrid Lacey, BC-DMT, LPC, CPCS And guest presenters	ajacques1@brenau.edu Phone: 770-531-3149 https://www.brenau.edu/programs/certificate-dance-movement-therapy/ Can take individual classes or do the full certificate

<p>May 15-17, 2026</p> <p>Friday 6-9pm Sat/Sun 9-4pm CST</p>	<p>DMT with Older Adults</p> <p>1 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL, USA</p>	<p>Laura Allen/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>June 5-7 virtual & July 10-12 in person</p> <p>Fri 6pm-9pm Sat/Sun 9am-4pm CST</p>	<p>DMT I: The Chace Approach</p> <p>2 credits/30 hours</p>	<p>Hybrid</p> <p>Chicago, IL, USA</p>	<p>Laura Allen/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>June 12-14</p> <p>Friday 6pm-9pm Sat/Sun 9am-4pm CST</p>	<p>Intro to KMP</p> <p>1 credit/15 hours</p>	<p>In person</p> <p>Chicago, IL, USA</p>	<p>Stacey Hurst/EEIC</p>	<p>www.eeichicago.com embodiededucationinstitute@gmail.com</p>
<p>August 22nd to December 5th, 2026</p>	<p>DMT Theory and Practice 5: Specialty Practicum I (Hybrid)</p>	<p>Gainesville, GA, USA & Online</p>	<p>Dr. Charne Furcron BC_DMT, LPC, CPCS</p>	<p>ajacques1@brenau.edu Phone: 770-531-3149</p>

<p>3 Saturdays per month</p> <p>12-3 pm EST</p> <p>Required in-person day at the end of the class.</p>	<p>This is a theory & practice class where the student needs to be in a practicum or internship site</p>			<p>https://www.brenau.edu/programs/certificate-dance-movement-therapy/ Can take individual classes or do the full certificate</p>
<p>January 4th to April 24th 2027</p> <p>3 Saturdays per month</p> <p>12-3 pm EST</p> <p>Required in-person day at the end of the class.</p>	<p>DMT Theory & Practice 6: Specialty Practicum II</p> <p>(Hybrid) This is a theory & practice class where the student needs to be in a practicum or internship site</p>	<p>Gainesville, GA, USA & Online</p>	<p>Dr. Charne Furcron BC_DMT, LPC, CPCS Brenau University</p>	<p>ajacques1@brenau.edu</p> <p>Phone: 770-531-3149</p> <p>https://www.brenau.edu/programs/certificate-dance-movement-therapy/ Can take individual classes or do the full certificate</p>
<p>January 4th to April 24th, 2027</p> <p>3 Saturdays per month</p> <p>9am-12pm EST</p> <p>Required in-person day at</p>	<p>Observation and Assessment of Movement II (Hybrid)</p> <p>3 credits, 45 hrs</p>	<p>Gainesville, GA, USA & Online</p>	<p>Amy Jacques, BC-DMT, LPC, CPCS</p> <p>Ingrid Lacey, BC-DMT, LPC, CPCS</p> <p>And guest presenters</p>	<p>ajacques1@brenau.edu</p> <p>Phone: 770-531-3149</p> <p>https://www.brenau.edu/programs/certificate-dance-movement-therapy/ Can take individual classes or do the full certificate</p>

the end of the class.				
April 2 nd -4 th , 2027 Friday-Sunday 9am-4pm	Embodied Neurobiology: How DMT Awakens Neurophysiological Intelligences 30 hours, 2 credits	Austin, Texas	Kalila Homann, LPC-S, BC-DMT and emerging faculty at Embodied Neurobiology	registration@embodiedneurobiology.com www.embodiedneurobiology.com

USA WEST COAST/HYBRID

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)

Distance /On-Line Format (non-hybrid)

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
January-December r 2026	Professional Identity and Internship Supervision 3 credits, 45 hours	Online	Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology	www.embodiedneurobiology.com registration@embodiedneurobiology.com
January 21 st , 2026 Every other Wednesday from 12-1:30 PM EST starting on 01/21/26 2 year Course (4 semesters) Registration open now- end of	Ways of Seeing International Training Program (120 hrs. CE for ADTA: R-DMT, BC- DMT) (8 Alt Rt credits for ADTA) (60 CE credits: NY LCSW, LMHC,	New York Online	Suzi Tortora, Ed.D, BC- DMT LCAT LMHC CMA, NCC	assistant@dancingdialogue.com (845)265-1085 https://www.dancingdialogue.com/ways-of-seeing-international-training

December	LMSW, LCAT)			
<p>April 15th —June 3, 2026,</p> <p>Wednesdays & Tuesdays, May 19, & 26, 2026</p> <p>On-line</p> <p>6:30 PM – 9:30 PM EST</p>	<p>Music for the Dance/Movement Therapist</p> <p>(2 credits, 30 hours)</p>	Online	<p>Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/ Kinnections</p> <p>Jeffrey D. Mehr, MA, MLP</p>	<p>kinnectionsinfo@kinnections.com</p> <p>(585) 295-3312</p> <p>www.kinnections.com</p>
<p>June 8th</p> <p>10 week course</p> <p>Begins June 8th Mondays</p> <p>5:30-8:30pm</p>	<p>Human Development: Interpersonal Neurobiology</p> <p>2 credits/30 hours</p>	<p>Virtual</p> <p>Chicago, IL, USA</p>	Kris Larsen/EEIC	<p>www.eeichicago.com</p> <p>embodiededucationinstitute@gmail.com</p>
<p>August 21st-23rd & August 28-30th</p> <p>9:30am-6pm Pacific Time</p>	<p>DMT Theory & Practice</p> <p>DMT for the higher functioning client: The methods of Blanche Evan</p> <p>3 credits- 45 hours</p>	<p>Zoom Course Synchronous Experiential Study</p>	<p>Instructor: Bonnie Bernstein, LMFT, BC-DMT, REAT</p> <p>“Life is movement” Dance/Movement Therapy Institute in the Methods of Blanche Evan</p>	<p>Contact Instructor/ Institute Director Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor For Course Flyer, Institute Application</p> <p>Email: bon4dance@gmail.com</p> <p>Website: dancetherapyinstitute.com</p>

Sept. 15-Nov. 17 Mondays 4-7pm CST	DMT: Intro & Invitation 2 credits/30 hours	Virtual Chicago, IL, USA	Kim Rothwell/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com
October 13 th - December 15 th , 2026 Tuesdays 10am-12pm ET	Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow, & Unipolar Shape Flow 2 credits/30 hours	Online, synchronous	Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst	suzannehastie@aol.com
December 5 th - 6 th & December 12 th - 13 th , 2026 Saturday and Sunday 9:30am-6pm Pacific time	DMT Theory and Practice Prevention, treatment, aftercare, and self-care 2 Credits/30 hours	Zoom Course Synchronous Experiential Study	Instructor: Bonnie Bernstein, LMFT, BC-DMT, REAT “Life is movement” Dance/Movement Therapy Institute in the Methods of Blanche Evan	Contact Instructor/ Institute Director Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor For Course Flyer, Institute Application Email: bon4dance@gmail.com Website: dancetherapyinstitute.com

<p>September 23rd-26th ,2027</p> <p>Thursday- Sunday</p> <p>12-4:30pm Eastern Time</p>	<p>Embodied Neurobiology: How DMT Awakens Neurophysiological Intelligences</p> <p>2 Credits/30 hours 18 hours</p> <p>synchronous online, and 12 hours asynchronous learning modules.</p>	<p>Online from Amherst, Massachusetts</p>	<p>Kalila Homann, LPC-S, BC-DMT</p> <p>Embodied Neurobiology</p>	<p>registration@embodiedneurobiology.com www.embodiedneurobiology.com</p>

INTERNATIONAL

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
June 27, 2026 – July 11, 2026 In Person	Group Processes in LivingDance~ LivingMusic (3 credits, 45 hours)	Corfu, Greece	Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/Kinections	kinectionsinfo@kinections.com (585) 295-3312 www.kinections.com
June 27, 2026 – July 11, 2026 In-person	LivingDance~Living Music: Where Dance is the Star and Psychology the Supporting Actor —offered nowhere else in Europe (3 credits, 45 hours)	Corfu, Greece	Danielle L. Fraenkel, Ph.D. BC-DMT, LCAT, LMHC, NCC, CGP/Kinections	kinectionsinfo@kinections.com (585) 295-3312 www.kinections.com